



CNCA COMMENTS



September 2013
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

PREVIEW OF THE AREA COMMITTEE MEETING

September 2013

Hello Panel 63 Trusted Servants

At the August 24 ACM we approved a bid for District 10 Marin, to host the next Summer Assembly on August 9, 2014. I've been made aware of an early setup fee that will increase the cost to host this Assembly, therefore Marin's bid has now become invalid and all districts are welcomed to submit a bid in September's ACM. We also passed a House Keeping Motion that CNCA reimburse Past Pacific Region Trustee Madeleine P. for her travel expenses to facilitate the 2013 CNCA Inventory Assembly at a cost not to exceed \$700.

"A business which takes no regular inventory usually goes broke... If the owner of a business is to be successful, he cannot fool himself about values." (P.64, Alcoholics Anonymous)

September's ACM will be the deadline to submit inventory questions. Please submit suggested inventory questions to any Area Officer. We will also begin to have discussion topics in our business meetings, as the need was brought up in last month's ACM. Here are a couple of suggested topics from our Area:

Inventory-A Guiding Tool to Our Future:

Using an inventory to encourage improved participation; are we emphasizing all the steps, particularly Step 12 regarding Service, in order that our GSR ratio to membership may improve?

How can the inventory help a District, Area Committee, or Area assembly?

Feel free to share this information with your groups.

Also we will have an item of Old Business at the Fall Assembly on November 9th;

"That CNCA cease production, copying and mailing of hardcopy versions of CNCA Comments/Comentarios except when individually requested." -Web Committee

Don't forget to bring your FM radios

With Gratitude in Service,
Raymundo L, Area Chair

Greetings Fellow Trusted Servants and AA Friends,

I am so excited to be writing to tell you about all the news this month!

Before I start I would like to express my gratitude to the AA community of District 15 Humboldt-Del Norte counties. The Summer Assembly was wonderful! Your district really showed us how a large geographic area, with so few AA members can come forward to support this beautiful and intimate event. It was a great opportunity to reach out to our most remote community in our Area, thank you to all members that attended. The workshops were full of information and great discussions, the translators worked very hard to keep us informed, and all the area standing committees had terrific participation. You all shared your love for AA through your excellent service and going that EXTRA Mile to be a part of it!

The 63rd General Service Conference Final reports are in! The area officers have each been given reports to take on their district visits. Please attend your district meeting to get your copy.

I have come to love every bit of these conference reports. Tidbits from the presentations, how other Areas operate, and all on AA's finances. There's even a report from each of AA's three boards: the General Service Board, the A.A.W.S Board, and the Grapevine Board. There are Trustee and Staff reports, and all Conference Advisory Actions- Additional Committee Considerations. You can share what your group discussed right from this report!

Reading through the report, I found more information on this year's Conference Inventory and Summary. This may be helpful in your upcoming Group, District or Area Inventory. It was interesting to note that the number of groups in AA has increased, yet it seems the number of members have decreased. Why do you think that is? I also saw that there are AA activities in over 170 Countries and there are 63 GS offices around the World. The Conference report is about AA through the year and there is a lot of information to share.

I want to give a shout out to our Panel 61 Past Delegate, and all the CNCA districts, groups and members. It is because of everyone's efforts to carry the "Spiritual" message of self-support, that CNCA improved group contributions to GSB/AAWS in 2012. CNCA had the most groups making contributions and was the largest contributor of all the areas in Canada and the US. I know that each "Dime and Dollar" made the difference and is significant to AA's ability to carry the message. Like someone said at this years Conference- "Every time I touch the 7th Tradition basket, I think of the AA services this money provides. And how our message of "Hope" can be carried to someone, somewhere, that I will never meet, who will get the same chance at recovery that I got!"

I really look forward to more conference reports over these next few months and our Area Fall Assembly November 9th in San Francisco.

I am forever grateful you are traveling this wonderful journey in service to AA with me!

Padee

ASSEMBLY BUSINESS MEETING MINUTES FOR AUGUST 2013

CALIFORNIA NORTHERN COASTAL AREA ASSEMBLY BUSINESS MEETING MINUTES SUMMER ASSEMBLY AUGUST 10, 2013

The CNCA summer assembly was held at the Del Norte County Fairgrounds. Raymundo L opened the meeting at 10:03 AM followed by the Serenity Prayer. Mary R of District 13 read the AA Preamble. Gustavo G of District 17 read the 12 Traditions, and Nicole Mabley of District 04, the 12 Traditions. There were 4 past delegates: Diane O (P35), Nancy H (P49, past trustee GSB, current trustee, GV/LV), David N (P59) and current non-trustee director of WSB, and Ken M (P61). The post-conference assembly minutes were accepted and the financial report was accepted as printed in the CNCA Comments. Registered attendance: Voting: 181 Non-voting: 85: total: 286

OFFICER REPORTS:

DELEGATE Padee M: Welcome. Thanks to D15 for all they did. I've lost my folder, so if you find it let me know. Even without it I do know a little about what's going on. I'm having so much fun going to unity days, especially eating extra cheesecake. Most important is the gleam in your eyes. Our fall assembly is in San Fran on Nov 9; there are flyers available. We are expecting our conference reports; they will be green. It's likely I'll be handing them out at the ACM so DCMs please take cases to share. Nancy Haynes is going to share some info on what's happening with GV/La V. The La V anniversary was fantastic. We were able to grow our subscriptions. AT GSO, our staff members have finished their positions and have rotated to a new office and a new job and they are on the learning curve, so have patience. Our theme is available and some groups and our workshops today will begin discussing some of these. You can access the general report from the Conference, both in English and Spanish. I have been watching GSRs grow as I go around. In Oct I am going to the NCCAA conference in Modesto and will participate on a Gen Service panel. At fall assembly we will be electing our CNCA candidate for regional trustee: this happens once every 4 years. It will be part of the business mtg. I have sent out resume request to those members who are available and we will hear this at the fall assembly. This will be something very exciting.

ALTERNATE DELEGATE Jeff O: Thanks to all who participated in assemblies this year and welcome to Crescent City. I really caught the bug for assemblies by being towed along by my sponsor. Our new GS class A chairperson is Terry B; he has lots of great experience, and has served on many non-profit boards. He is a trusted and loyal friend. David M is a class A also, as is Judge Ivan L. All come to us with lots of experience and love for AA. GSO was made aware of several non-AA organizations who have petitioned the USPS to develop a Bill W commemorative

stamp. GS has written to the USPS discussing our principal of anonymity: to avoid politicking, prestige and power-driving.

AREA CHAIR Raymundo L: Lost and found: have a nice jacket here.

TREASURER Agustin L: Thanks to all the groups for sending contributions to the area to keep our service going. The cost of the assembly is 6600, (approx \$22/per person). First 6 months: income 57673.85; expenses \$48089.47 I have some birthday envelopes in the back: come to see me if interested. Thanks to area for allowing me to be of service.

REGISTRAR Michael Q: 180 voting, 65 non-voting so far: (245). I am so blessed. Thanks to the registration crew: they are really helping funnel people to registration as we have people coming through 3 entrances. We need to know how many lunches to serve, please register if you have not already done so.

RECORDING Secretary Judy W: Hi everybody and welcome. Thanks to D15 for hosting this wonderful assembly. I looked at my map and saw how far away Crescent City was and then I realized how far I'd already come in order to actually be here: this is the furthest I've driven in sobriety. We drove through the Redwoods and I looked at their strength and majesty and realized how small a part I am of God's world, and how large a part you all are. Summer Assembly is so fun and informative; I am looking forward to hearing great things from our wonderful speakers. I am here to capture your voices, so when you go to the mike, please speak clearly. Thank you for allowing me to serve.

ASSEMBLY COORDINATOR Phil B: Boy what a show this is. Happy to serve as your assembly coord. I think I have the best job in Area. Took a lot of hard work to make this work. Thanks to D15: special thanks to Ron and Sue. 2014 summer assembly is still open for bid. San Francisco Events Center is the locale of our fall assembly in Nov. This is an inventory assembly and is very interesting. Madeleine P, our past trustee, will serve as facilitator.

LITERATURE/GV/LV Ray W: La Viña conference in Fullerton was so much fun. We got 671 new subscriptions, 97 of them from CNCA members. I have lots of subscription forms. See the latest GV: it's important that the GV and LV exist as they are taken into prisons and other places. Last night our speaker told us one of the things AA gave her is that AA goes all around the world. Working on another 16-18 translations of Big Book. Look at our lit display to learn what we do/have done worldwide. If you can afford 8 cents a year, that's what the deficit was to publish La Viña last year. The profit is not in money but in people. Many of you will be getting an email from GV/La V to be added to their mailing list. Hoping to generate interest.

Looking for Something?

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ASSEMBLY BUSINESS MEETING MINUTES (Cont.)

AREA STANDING & SUB-COMMITTEES

ARCHIVES Laura W: Looking forward to attending some of the wonderful unity days; thanks to those districts which have invited us. Working on creating new bilingual display boards with material never translated before. We are cataloguing some misc. information following the model of the Oregon Area Archives. Looking forward to the National Archives workshop in September where there is so much info to bring back to our area.

BRIDGING THE GAP Claudia N: 900+ for contact. Wow! So grateful to be part of this service. Our districts continue to grow. Looking forward to our forum in San Jose on Oct 20. We have flyers and newsletters on our table, come and see us. Take the Save the Day Flyers to your groups; spread the word so we can keep stepping into action. We actually bridged a gap from here to France last year.

FINANCE Bob K (Ginger O): Have two other members here: Jennifer B and Chauncey H: they are the people taking the money from around the room. Thank you for being here and filling up those buckets. It helps We have collected proposed budget wishes from all committees and will be sharing them with the officers in Sept. Our treasurer says we are doing well financially.

PI/CPC Jeff O: I look at how we need to be grateful for all the non-alcoholic friends/supporters we have had and continue to have: let's be friendly to our friends. Let's lead by example. Observe anonymity: don't take pictures here today. Good Box 459 (fall 2012, spring 2013) articles that explain more about anonymity. We do not contact the media; we don't wish to be personally punitive and we don't wish to break our own anonymity. The media doesn't break our traditions: we do. Consider lovingly informing someone privately about breaking anonymity. Don't contact someone you don't know; inform me instead. I wish every group to be informed about PI/CPC. Many pamphlets are of interest to all of us. We had a past GSO manager/past trustee visit us at our April meeting: his message suggested we should look at how we carry the message and he feels we are too focused on the physical media: we'll be discussing our message at our next committee meeting. GSB continuing to welcome videos from young people: no faces. Thank you for allowing me to serve.

WEBSITE Mary Lou M: We have been redoing the web site to make it easier for you to find things. We have three goals: enhance communication, disseminate information to the general public, promote unity and include info in Spanish. We are now archiving past issues of our Comments. You can also use our website to access GSO links. Check it out and tell us what you think. Fall assembly flyers have been posted on the website.

INTERPRETATION & TRANSLATION Richard H: thank you D15 for hosting this assembly. We provide interpretation for Area and at assemblies; we are working on translating the BTG workbook and the motions book. I bought 6 radios last night and sold them all. We will continue to provide and look for quality radios. Thank you for allowing me to be of service.

AREA BUSINESS

PRESENTATION OF NEW BUSINESS: NONE

OLD BUSINESS: That CNCA cease production and copying of hard copy versions of CNCA Comments/Commentarios except when individually requested. – Web Committee

(Total cost of producing and mailing Comments Commentarios/ per mo: 852.10 = 63 cents per copy).

Discussion: Area should pay for this. Every month I get one in the mail, it fills my heart and reminds me why I am in AA. Sometimes my friends and I get together to talk about it.//We think the wording is an opt-in rather than an opt-out. We want to get this info out. Having a physical copy in hand now really helps me and others here and now. The concern was that an opt-out option would be better: not about saving money but about getting the info out.//We like to save the trees, so let's electronically send this out to do so. I don't have a computer but I'm going to get one, but until then mail is very useful to me.//My district asked if I could make a motion to change the wording from production, to printing and if so, they want to vote yes.//There were questions from people who have no access to a computer and they feel this lack of access may keep some from becoming a GSR.//People might be more likely to read them if printed; a good way to get groups the message; people use the printed copy to generate conversation.// Not in favor of this motion. First, many people in service do not have access to computers as they have to travel by bus to even get to meetings, and it makes a burden on me to print copies to distribute; opting out is far better than opting in.//

Most of my group in favor to save money; some abstained as they were concerned as they were confused as to how we would get them out to people who did not have computers.//Any change that will save money and trees is a good thing; there's already a subscription form that comes so we could use that to make a transition.//My group agreed and not going to get it all taken away but given to people who ask for it; people who don't get can still receive it in the mail.//I visited Shelter Cove; there were 3 people at mtg. They felt the best investment is to stop sending the Comments/Commentarios as they can receive them by internet.// Motion is confusing: it's two motions, one in another. In the case of Spanish speakers, there are a lot of people without skills of technology: it's a practical matter.//\$6 per year is 60cents a month; maybe it's our responsibility to pay for that.//Most are in favor of motion but with qualifications of how it is to be implemented and at whose cost; we need to make sure that everybody who can't receive it electronically can receive it. If this motion passes, will people fall through the cracks?//Entire area: I need to have more access to communicate with dist. I was able thus to meet and communicate 20% can use computer. 50% of young people do, but not older ones. 60% favor. In the past my home group after each mtg would socialize to talk about the Comments, and that was a good idea. We might have more communication locally to figure out our needs.//Key part of motion is "except": this looks like it creates problems for those who cannot get this through the internet. What is the message and who is to receive it?//I think it is important to see this as a service to get this out and not look at money. We need to trust our trusted servants.//As a logistical point, if the primary form is digital, there is little practical way to opt in to get a paper copy. If the primary form is paper, it is easy to make the option easy to request out of paper and into digital. More people would get info.//It seemed appropriate to ask

ASSEMBLY BUSINESS MEETING MINUTES (Cont.)

people when they register, how they wish to obtain their comments: think about it: to get to the point is rational, but the process needs to be slower and more methodical.//We explained the reasons to eliminate the mailing. The majority wants to eliminate and ask people to request a paper copy. People who have computer access, can print. It's to save money.//I can take an educated guess of the conscience of my group: I do not need the area to spend money on my behalf. I think this is a no-brainer: opt in not out.//In general I'm in favor but my concern is when something is out of sight it's out of mind. It took a while for me to become interested in reading it. When in the mail it takes less time to get "into it".//Leave the opt-in/opt-out up to the individual.//Our district opted out and we use the ACM mins which are sent out on a timely basis as part of our dist mtg.//Other parts of the world bend over backwards to exclude those who do not have the electronic ability to receive. The spirit toward which this need be approached is that we do not want to exclude anyone: this is primary, money is second.//If it's about saving money that's good but for me when I think of service as a GSR I don't have that ability. The exception is to give it when requested.//There is no time frame specified in this motion and the concern is HOW to implement this. We need to trust our trusted servants in this. It needs to be done in an appropriate manner so no one is excluded. It's a great idea to try and save money.//Our primary purpose is to carry the message, and the worst thing that can happen is that someone not get the message.//Thanks to everyone who helps to translate the Commentarios. Having them available here is helping us carry the message. If I had a computer here for people to look at, it might not be carried.//Losing the translation should be part of our consideration. How do we make copies available for people who did not opt out?//We should not disrupt the flow of communication. The role of communication to the GSRs should not be interrupted. They need to get the information not have to look for it.//One of our considerations: aren't we shifting the expense of the Comments to the dist rather than to the area?//I had to think about the person that needs it: it's not coming out at the mike and I had to think about it. It's like La Viña: we are getting out of deficit, but we're getting there. I'm against it.//Personally I don't care; I use both; I'm against the motion as to how it was made; it was a reaction to a crisis scare: we need to implement change in a more mindful manner.//Our group is for motion, how many are no longer in need of receiving those Comments?

This will be old business at Inventory Assembly in November.

Nancy H: La Viña/Grapevine It's nice of you all to listen to more about GV/La V while waiting for lunch. When I introduce myself as a trustee, I'll give you some perspective: we are at the bottom of the service triangle: 14 alcoholic trustees, and 7 non alcoholic. We need a non-trustee director of the GV. I was a non-trustee director before I became a trustee. GV has been mandated by years to maintain a working capital: it's the first time in years that we have achieved that goal. We have two new committees: governance to keep on track grass roots; special events committee just formed and has not established its scope. As we have more to share, we will tell you more. La Vina generated many new subscriptions in Fullerton and we are happy to see such new interest. We love to see our growth. One of the reasons the La V

loses, is because the editor and editorial assistant are paid. That's the nature of how are employees are. We are looking for more volunteers. We are now over 20,000 getting the Grapevine quote of the day: we are now looking forward to doing a La V quote of the week. We have 70 yrs of published articles to use as a source and now have enough La V quotes to start. One on One, our new book on sponsorship, has really hit a chord. It is already doing well in sales. I told you about the non trustee director; I will be in back of room so come and talk to me. Thank you to all of your who subscribe. I keep a subscription to help keep the life-saving going on. It is nice to Thank you very much for your support.

Discussion Topic/Report Backs:

Carry the message to the AA member with special needs:

Sponsorship and the traditions: anonymity, safety and self support: At first this seemed like a lot of separate items to include in one session, but as we talked about working steps with our sponsors and learning and practicing the traditions, we realized how all of these are so interwoven to provide unity and to insure our common welfare.

Love and Tolerance: Practicing humility in service: The value of humility is service; this is how I forget myself. We are here to be sober and help one another. We need to let go of control and give it to God.

La Viña and The Grapevine: What more can we do?: The cost of the publications is trivial when considering the benefits. Ideas for improvement: have a lending library for those who need issues and cannot afford; provide La Viña to immigrant workers; provide copies to regular hospitals and perhaps sober living homes.

Participation in our common welfare through contributions and distributions: Lots of concern about how we can present information to our groups: where the money goes and how it impacts our local groups. Concern also about how we can discuss contributions and spirituality without upsetting people: Patience and one on one contact, education and enthusiasm are vital.

Inventory: a valuable tool at all levels: Two things the alcoholic doesn't like: The way things are now, and change. Traditions and concepts checklist are tools for inventory. We are responsible to listen to responses to the questions. We are responsible to AA, not for AA.

What's On Your Mind:

There will be volleyball on the beach.//Facebook came, the young used it, now the old are learning and using it: with the Comments/Commentarios on line, the young will use it and the old will learn.

Meeting adjourned at 4:40 with the responsibility pledge.

Submitted with love and gratitude by:

Judy W
CNCA Panel 63 Recording Secretary

Profit and Loss Budget vs. Actual January—July 2013

	Jan - Jul 13	Budget	\$ Over Budget
Ordinary Income/Expense			
Income			
Assembly Contributions	5,372.57		
Group Contributions	57,715.19	44,916.70	12,798.49
District Contributions	2,062.56	3,500.00	(1,437.44)
Tradition 7, Area Committee	1,992.06	1,750.00	242.06
H & I Archives Rent	500.00		
CNCA Comments Subscriptions	18.00	30.00	(12.00)
Personal/Misc. Contributions	(396.27)	2,129.20	(2,525.47)
Interest Income/Prudent Reserve	0.30	4.10	(3.80)
Total Income			0
Gross Profit	67,264.41	57,275.75	9,988.66
Expense			
DCM Sharing Session Copies			
DCMC Sharing Session Copies			
Delegate Expense	4,079.77	5,065.75	(985.98)
Officer Expense	17,020.37	23,641.70	(6,621.33)
Committee Expense	11,809.16	24,713.20	(12,904.04)
General Expense	22,151.65	46,097.00	(23,945.35)
Total Expense	55,060.95	65,804.08	(10,743.13)
Net Ordinary Income	12,203.46	(8,528.33)	
Other Income/Expense			
Net Other Income	(127.06)		
Net Income	12,076.40	(8,528.33)	20,604.73

Balance Sheet July 2013

	Jul 31, 13	Jul 31, 12	\$ Change
ASSETS			
Current Assets			
Checking/Savings			
B of A Checking	11,953.60	9,155.44	2,798.16
B of A Savings	9,485.16	8,889.51	595.65
Total Checking/Savings	21,438.76	18,044.95	3,393.81
Other Current Assets			
Assembly Deposits	9,148.00	8,431.25	716.75
Prepaid Insurance		491.04	(491.04)
Total Other Current Assets	9,148.00	8,922.29	225.71
Total Current Assets	30,586.76	26,967.24	3,619.52
TOTAL ASSETS	30,586.76	26,967.24	3,619.52
LIABILITIES & EQUITY			
Equity			
3900 · Operating Funds - Adjusted	9,025.20	14,282.48	(5,257.28)
Prudent Reserve	9,485.16	8,887.00	598.16
Net Income	12,076.40	3,797.76	8,278.64
Total Equity	30,586.76	26,967.24	3,619.52
TOTAL LIABILITIES & EQUITY	30,586.76	26,967.24	3,619.52

AREA COMMITTEE MEETING MINUTES AUGUST 2013

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES AUGUST 24, 2013

The monthly committee meeting of CNCA was held on August 24, 2013, at the Petaluma Community Center. Raymundo L opened the meeting, followed by the Serenity Prayer, 12.34PM. The AA Preamble was read by Ben W of District 6. Jennifer F of District 13 read Tradition 8, and Leonel H of D 40 read Concept 6. There were 3 past delegates present: Bob K, P47, Sharon A, P57, and David N, P59, and current non-trustee director of AAWS board. There was 1 new GSR and 2 DCMs. July minutes and financial statement were accepted as printed in CNCA Comments. Birthdays 16/210. Registered attendance: Voting=75; Non-voting =37.

OFFICER REPORTS:

DELEGATE Padee M: Our past area officer, Greg T passed away due to cancer. He brought us a lot of cheerful dedicated service. I've sent out many emails to our DCMCs: the final conference reports, quarterly finance, and theme requests and special needs questionnaire. Published price of the anniversary issue of the Big Book is set at \$12. Work in place for a large print Big Book as requested by inmates. Final conference reports have been shipped out; hoping to receive them next week. These are confidential reports: World Service Meeting Conference Reports have been received and I have some for the DCMCs and a couple extra. Conference theme requests have been sent out: deadline is Dec 13. See your DCMC. We are at 43.85% of contribution rate (-.9% since last year). There is a special needs questionnaire; how many have chairs in your district? In this month's GV there is ordering info for special needs pamphlets and the DVD. Oct 11-13: NCCAA conference in Modesto. See me if you are interested in serving on panel. Summer assembly was magnificent. Almost 200 in attendance at dinner/speaker meeting. Everyone did a terrific job in the workshops. Please make plans to attend all our assemblies. PRAASA is in San Diego March 7-9: keep your eyes open. Will be bringing an HKM to the floor later.

ALTERNATE DELEGATE Jeff O: Thank you for a great summer assembly in Crescent City: it holds a special place in my heart. Several anonymity breaks have been brought to my attention; this is how we handle them, so thank you. I continue to try to help.

Chair: Raymundo L: Still have a few lost and found items: I have a data machine here that belongs to Rick P. We have an FM radio, a briefcase, an umbrella, a jacket, and we have the regular jacket still waiting for its owner. Lost and Found sign is still lost. We will be taking our inventory in Nov. Madeleine P will be our facilitator; give your questions to any area officer before the next ACM meeting.

TREASURER Agustin L: Thanks to D15 for a great assembly. Total income in July: \$2550.95; Expenses: \$6971.48. PR is intact. We will have \$11,137.8 in checking. Thanks to all groups for supporting our services; it's been great; thanks to the volunteer interpreters for the assembly: although paid, they returned the money to our account.

REGISTRAR Michael Q: Blessed to be serving as your registrar. I

got about 150 fewer requests for Comments this month; thank you all creating less work. 181 voting members/85 non-voting for assembly. Total of 266. Thanks to D15 for hosting a wonderful assembly. Am trying to track down duplicate recipients of copies of Comments, so give me both labels to help.

RECORDING Secretary Judy W: Thanks to D15 for a truly marvelous assembly. Summer assembly is always so much fun as we get to learn and share with our peers on important, interesting, and timely topics. It is also a time to make new friendships and cement old ones. I hope you all did; I know I certainly did.

ASSEMBLY COORDINATOR Phil B: Thank you for a great assembly. News on the DCM: Last month's topic was continued this month. Summer 2014 assembly is still open; bid for Marin is still pending. November Inventory is in San Francisco. D06/16 is busy planning. Fliers are on tables. Take them and pass them around.

LIT/GVLV Ray W: Great time in Crescent City: passing out a lot of GV/LV subscription forms. Received some add'l info from Fullerton: 140 more subscriptions were purchased with funds raised and they will be given to areas that need them. "No Matter What": a new GV book is coming out this month; discusses experiences dealing with adversity. Spanish language: "Best of Bill" in paper and ebook. 15 titles now available in ebooks. 3 pieces of lit now available in ASL. Sent out advisory actions of the GSC: I have pdf and electronic copies.

DISTRICT REPORTS:

01 MONTEREY Scott P: PI/CPC working with Intergroup. BTG making contacts with community and treatment center; getting ready for spring conference in Monterey. Having a potluck with delegate on Nov 2.

02 SALINAS/SAN BENITO Mark C: Had a mini-conference last weekend. Seemed to get a good positive response. Discussed our second annual gratitude dinner in Nov: all proceeds to be sent to General Service. Dist 01 will be hosting the preconf; we will be helping.

03 SANTA CRUZ Scott B: No report.

04 SANTA CLARA NORTH Robert E: Lots of discussion on what we want our GSRs to be; we don't want to be just a data dump. Motion passed to redraw subdistrict boundaries. Palo Alto group having its 72nd anniversary. Fliers available. Unity Day was a tremendous success.

40 SANTA CLARA SOUTH Jim A: Unity Day was a great success and well-attended. Presentations of workshops from assembly were given at district. Asking for GSR volunteers to create inventory questions. Working on next year's budget.

05 SAN MATEO Joseph D: We've got 5 new GSRs and 1 new DCM. Incredible Unity Day last week. Interesting and lively meetings and discussions.

06 SAN FRANCISCO Teddy B-W: We look forward to welcoming you to San Francisco on Nov 9 and will be working with D16. Dinner with Madeleine P on Nov 8. July was the most robust month on record for contributions.

AREA COMMITTEE MEETING MINUTES AUGUST 2013 (Cont.)

07 ALAMEDA NORTH Eric A: (Kris W): 7 at assembly; approved a budget and dispersing funds to Area, GSO. Looking for new mtg. locale; considering a website; have subdist mtgs at dist mtg; Unity Day today.

70 ALAMEDA SOUTH Byron B: Great participation at the summer assembly; discussing inventory process for Nov. inventory ; continuing discussion of raising prudent reserve.

08 CONTRA COSTA Robert S: Continued loving discussion about balancing budget; hope to have a working budget for 2014 soon. Hoping to vote soon on a liaison with D18. Round table discussion between service entities to promote unity is upcoming.

09 SOLANO SOUTH Renee S: (Vern M): Have moved to new location and day: 2nd Mon, Presb. Church, Vallejo.

90 SOLANO NORTH Laurie J: New motion coming to district; will take advantage of officers to help. Will take a dist inventory. Having discussion about our financial report. Unity Day small, but very successful.

10 MARIN Rebecca C (Alan G): Unity Day coming. Purchasing 2 subscriptions to La Viña; taking a dist inventory in Nov. Hoping to increase GSR participation, enthusiasm; redistricting helped a lot. Enthusiastic new archivist.

11 NAPA Thom H: Had a great meeting. Have changed format from having a roll call of GSRs to Questions and Concerns: more lively discussion about business and able to discuss area topics to be better informed.

12 SONOMA Joann L: Filled Archives and Newsletter editor positions. Unity Day coming on Oct 12. Preparing for all inventories in Nov. Special needs committee hosting workshop Nov 2.

13 LAKE John O: Recently attended 3 different mtgs around lake. Recovery Happens on Sept 21; fliers available. Lakeport Fellowship now holding a Spanish speaking meeting. Thanks for donations/help. Unity Day, Sept 29.

14 MENDOCINO Robin T: (Mark D): Planning process for hosting post conf assembly next year.

15 HUMBOLDT/DEL NORTE John L: Thank you all for coming to Crescent City and making it a success. Received a lot of messages of gratitude. It gave us in a remote area a chance to be of service. Roundup in Fortuna next weekend. Sobriety by Sea in Crescent City in Sept.

16 SPANISH CENTRAL Mario S: Thank you to D15. Good experience. Celebrated 28 anniversary of dist. Delegate gave conf report. Business mtg. on Aug 17; motion to send contributions to area and dist. Doing inventory: Nov 24. Intradistrictal Nov 17 in Salinas. Thanks to officers and web committee for support.

17 SPANISH SOUTH Eric M: 30 groups. No PI contact. Crescent City was a good experience for 7 GSRs and 1 alternate who came back with lots of good info; continuing to work with bettering communication with area.

18 SPANISH NORTH Hector A: 2 new GSRs. Aug 31 we will cele-

brate 20 years, counting on the presence of our delegate. GSRs are helping with translation. 7 members went to summer assembly. Motivating groups with no GSR.

19 SPANISH SOUTH SOUTH Adrian C: 3 attended summer assembly. Had a LV story workshop and sending stories. Jeff guided me on how to talk to someone about an anonymity break. We missed our area officers.

20 SPANISH EAST Martin V: Numbers from assembly convinced us services are good. PI is outreaching for new members. Visiting groups to motivate GSRs.

Area Sub-Committees:

ARCHIVES Laura W: We welcome more participation. Several ongoing projects and are discussing oral history and how to do at dist level. May have a special workshop on Nov 2. Discussing workday on Sept 14.

BRIDGING THE GAP Claudia N: 12 dists reporting, 31 presentations and 138 requests for contact. A lot of loving discussion about our upcoming local BTG forum: had to change the date to Nov 3: more fliers and info next month. Will do an inventory of our committee.

FINANCE COMMITTEE Bob K: Thanks to all the standing committees for getting info back: working diligently on budget for 2014. Draft budget ready for area officers in Oct; proposed budget in Nov; approval in Dec. Talked about our favorite topic, the tax ID#. Two districts have their own number; you cannot use ours. Email me for help you to obtain your own.

PI/CPC Jeff O: Different local committees doing outreach. One dist is working closely with another 12 step group. One of our Spanish speaking groups is making presentations at a Mexican embassy. What kind of impression are we making when dealing with alcohol vs drugs? Thank you Larry M for coordinating a booth in Santa Clara for the American Indian physicians.

WEBSITE COMMITTEE Mary Lou M: Old email addresses are going away. Discussed various approaches to best disseminate group mtgs for Spanish speaking groups.

INTERPRETATION AND TRANSLATION Richard H: Thanks to dist 15 for wonderful assembly. Due to lack of radios, we had to do a couple of old fashioned translations. Bought and sold 6 radios. Equipment is being loaned out; if you need, please contact us.

CNCA COMMENTS Richard W: Lick and stick met before assembly and mailed out over 1100 Comments. You are all welcome to attend our next lick and stick: free pizza.

COMENTARIOS DE CNCA Ramon G: Thank you to all who helped to translate, fold, stamp. 175 copies mailed; took some to summer assembly for distribution.

DCM SHARING SESSION Barbara S: We continued our discussion of last month: Our triangle is not broken. Encourage your sponsees to serve through the 12th step.

Lit/Grapevine: Ray W: Talked about next year's La Viña anniversary in Las Vegas and the possibility of renting a bus. talked

AREA COMMITTEE MEETING MINUTES AUGUST 2013 (Cont.)

about AA lit and guidelines from AA.org.

NCCAA Diane O: (Padee M): There are some NCCAA fliers for conference in Modesto.

H&I Diane O: (Padee M): Pink pamphlet revisions going along very well and may see new version on Oct 13. Still discussing reimbursement for travel.

HOUSEKEEPING MOTIONS:

That CNCA reimburse our past Pacific Region Trustee, Madeleine P, for her travel expenses to facilitate the 2013 CNCA Inventory Assembly at a cost not to exceed \$700.00 (Padee M, Area Delegate).
No objection. **MOTION PASSES**

Assembly Bids: Dist 10
Marin: Final bid; met with someone to clarify insurance. Discussion: Q.Were there any additional costs?//A. No//Q. Could you remind me what the other \$675 is for?//A. Stage technician; how to work things, how to use the facility. We did talk about not having this and facility requires it.//Q. There seems to be a lot of additional item expenses. Has there been a negotiating process with the site?//A. We did and made sure that they deem these necessary. Trash disposal is for us to rent a dumpster.//Q. Are there reasonably priced accommodations near the venue?//A. There are plenty of places, but I don't know. Deferred to Jennifer K: last time we had a woman in charge of hospitality. Still a possibility. Decided to vote by simple majority: Yes: 44, No: 4, Abstentions: 2 **Bid accepted.**

(SEVENTH TRADITION AND BREAK 2:15 to 2:30)

NEW BUSINESS: None

OLD BUSINESS: None

WHAT'S ON YOUR MIND? We never have anything written on the agenda for discussion. Is this the job of the officers or the districts? We need more than just reports. We're not talking about what's happening and need to discuss things. Perhaps we could have more discussion in these reports. Usually the discussion comes from you guys//I would like all of you to come see us Sept 13-15 in San Jose for Our Oficina Central Hispana Costa Norte de AA 8th anniversary: lots of guest speakers and lots of surprises, in both English and Spanish//I liked the comment about discussion and at our last dist meeting we asked our GSRs what they wanted the meeting to be, we are just a data dump and need to do more. People don't know what to say or how to make it short and interesting.//My service sponsor and I have talked for a lot of years on how to get people interested in GS and we tried to ask our area officer to share their recovery story with an assembly on service, so we call it bringing a recovery component to the service meeting. It just occurred to me that we could do that here.//The traditions play, "Our Experience Has Taught Us" is sensational; playing in San Fran from Sept 12-22 Thurs-Sat at 8pm and Sun at 3: aasf.org/play. //Don't forget your fm radios wherever you go.//Earlier I heard someone mention a workshop on alcoholism and mental health, please see me after the meet-

ing//I just got the deposit from the preconf assembly, so rec'd \$900.00 today.

Meeting closed at 2:43 pm with Responsibility Declaration.

Submitted with Love and Gratitude,
Judy W
CNCA Panel 63 Recording Secretary

DCM SHARING SESSION

August 24 2013 Phil B opened the meeting at 10:00 with the serenity prayer. Continued the discussion from last month "How to Bridge the gap between General Service and the membership" Started with recap from Ester D. – District 12 of the presentation given already last month.

- District needs to focus on the new GSR, maybe assign a service sponsor.
- Triangle not broken-sometimes we act a lot like Bill W. always trying to fix things. This provides us with no spiritual growth.
- The final report has a lot of information to throw out at the groups. This can attract new members to General Service.
- Encourage people to service through our 12th step. Encourage service sponsorship. This will help the member work on the fear around serving the groups.
- Study the history of AA. Helps to explain why we need the conference. Brings down to the individual member.
- Try to encourage groups to participate in local events. I share my personal experience with service in my chair. I also approach individuals for service.
- Encourage the GSR to area meetings. Carpool to keep cost down. Attending area will fire up the GSR to stay.
- There seems to be a lot of participation through the post conference assembly. Districts need to help educate the GSR to share the information of the final report.
- Listen to the individual reasons given not to serve, try to help solve these issues. Remember some are not able to serve.
- AA is only here because someone has always stood up to serve.
- Encourage carpools to assemblies that are far away. Rides like these will form friendships. They will have fun in service. Share your experience with GSR's about your service and how it has helped you stay sober.
- Attitudes are projected to the group. If we are down / bored with the announcements what are we passing on? If we are positive about service people will respond in time.

Next month "How to do a group/district inventory – presented by Mauricio – District 12.

Submitted with Love and Service
Barbara S
Recording Secretary- DCM Sharing Session

CNCA CALENDAR

2013—Panel 63
January 26— Area Committee Mtg
February 23 — Area Committee Mtg
March 1, 2, 3— PRAASA, Boise, Idaho
23— Area Committee Mtg
April 6&7— Pre Conference Assembly,
 Antioch (Hosted by District
 08&20)
21-27, General Service Conf, NY
27— Area Committee Mtg
May 18— Post Conference Assembly
 Livermore (Hosted by District 70)
25— Area Committee Mtg
June 22— Area Committee Mtg
July 27— Area Committee Mtg
August 10— Summer Assembly,
 Crescent City (Hosted by District
 15)
24— Area Committee Mtg
September 28— Area Committee Mtg
October 26— Area Committee Mtg
November 09— Fall Assembly,
 San Francisco (Hosted by Dis
 tricts 06&16)
23— Area Committee Mtg
December 21— Area Committee Mtg

2014—Panel 63
January 25— Area Committee Mtg
February 22— Area Committee Mtg
March 03/07-03/09-PRAASA San Diego
22— Area Committee Mtg
April 5,6— Pre Conference Assem
 bly, Monterey (Hosted by
 District 01)
26— Area Committee Mtg
4/27-5/3 General Service Conf, NY
May 10— Post Conference Assembly
 Ukiah (Hosted by District 14)
24— Area Committee Mtg
June 28— Area Committee Mtg
July 26— Area Committee Mtg
 7/11-7/13 Pacific Regional Forum
 Area 18,Idaho)
August 09— Summer Assembly
23— Area Committee Mtg
September 27— Area Committee Mtg
October 25— Area Committee Mtg
November 8th — Election Assembly
 San Jose (Hosted by District
 40 & 04)
November 22— Area Committee Mtg
December 20— Area Committee Mtg

ASSEMBLY DATES CALENDAR

2013 Fall Assembly
 Nov. 9; St. Mary's Cathedral
 1111 Gough St. San Francisco, CA
 Hosted by District 6 and 16

2014 Pre-conference Assembly
 April 5-6; Monterey Fairgrounds
 2004 Fairground Rd. Monterey, CA
 Hosted by District 01

2014 Post-conference Assembly
 May 10; Redwood Empire Fairgrounds
 1055 N. State St. Ukiah, CA
 Hosted by District 14

2014 Summer Assembly
 August 2 or August 9.

2014 Fall Election Assembly
 Nov. 8; San Jose Scottish Rite Center
 2455 Masonic Dr. San Jose, CA
 Hosted by District 40

If your District is considering making a bid for an assembly please contact the Assembly Coordinator Phil B at ac.p63@cnca06.org

INVENTORY ASSEMBLY

CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS Presents: **“THE AREA INVENTORY” FALL ASSEMBLY**

Saturday November 9, 2013

The Event Center at St. Mary's Cathedral 1111 Gough Street
 San Francisco, CA 94109

Registration: 8:30-9:30 a.m.
 Orientation: 9:30-10:00 a.m.
 Business Meeting: 10:00 -12:00 p.m.
 Lunch: 12:00-1:00 p.m.
 Area Inventory: 1:00-2:45 p.m.
 Serenity Break: 2:45-3:00 p.m.
 Area Inventory (continued): 3:00-4:30 p.m.
 What's On Your Mind? 4:30-5:00 p.m.

BRING YOUR FM RADIO FOR SIMULTANEOUS TRANSLATION

Panel 63 Area Officers & Area Meeting Information

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CNCA Standing Committee & Sharing Session Meetings

are the 4th Saturday every month. Sharing Sessions -10 am
 Standing Committee Meetings - 11 am
 Area Business Meeting 12:30 - 3:30 pm

Archives Committee meets at 11:00 am. For information contact Laura W at archiveschair.p63@cnca06.org. The CNCA Archives are located at 193 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap meets at 11:00 am. For information contact Claudia N at btgchair.p63@cnca06.org.

Public Information/ Cooperation with the Professional Community (PICPC)

meets at 11:00 am. For information contact Jeff O at Altdelegate.p63@cnca06.org.

Interpretation & Translation Committee meets at 11:00 am. For information contact translation.p63@cnca06.org.

Web Committee meets at 11:00 am. For information contact webcom.p63@cnca06.org.

DCMs & DCMCs Sharing Sessions meet at 10 am.

Grapevine/La Vina/ Lit. Sharing Session at 10 am.
 www.aagrapevine.org



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