

CNCA COMMENTS



A.A. Confidential -- March 2016 www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Preview of the Area Committee Meeting March 2016

The Area Committee Meeting (ACM) on February 27 was full of thoughtful consideration. The updates to the Financial Guidelines was voted on and passed with substantial unanimity. The Web Committee made an amendment to their motion to increase members of their committee. It now reads: "That the Web Committee adds two members, increasing from 5 to 7". There were questions and some discussion and it will be an item of Old Business next month at the March ACM. Please discuss this with your groups. There is also an opening on the Interpretation and Translation Committee. If anyone is interested in serving on this committee, please give your name and service information to any Area Officer. We heard a report from BTG, on the status of the Short Term Correspondence Program. BTG Committee had promised to report back to the ACM after 6 months as per their motion. BTG will make that report available to the Area.

Copies of the Agenda Topic Summaries were available to the Area. Final copies of the Spanish version of the Agenda Topics Summaries shall be available shortly. Please be patient.

Our Delegate, Raymundo, gave a report on the Feasibility Study that was requested from the Board of Trustees. That report has been made available to all the DCMCs to make available to all the AA groups. Raymundo has asked us to get feedback and suggestions from our group before the General Service Conference in April.

As I said there is a lot here for thoughtful consideration. I know I will be looking forward to PRAASA in Spokane. I have a lot questions to take to the mike this year and a lot of conversations I hope to have with other trusted servants about the future of Alcoholics Anonymous. For some reason this year I am very appreciative of the General Service Conference and this process we have to participate in it. I feel very blessed. I want these blessings to be felt by others, now and in the future. I look forward to seeing you in Spokane.

In service and gratitude, Joann L. Panel 65 CNC Area Chair

Please bring your FM Radios! To the Area Committee meeting and to all Assemblies!

DELEGATE'S CORNER

MARCH 2016

Greetings from Spokane, Washington PRAASA 2016,

We just had our picture taken, at 7:30 a.m. this morning and it was a great idea from our chair to bring us all together and take our picture under and on top of the Red Wagon, and even thought it was a little slippery we managed not to fall off the wagon. PRAASA has been a wonderful opportunity for all our pacific region areas to share experiences, strength and hope. We had some great panels on Friday and I heard a lot of good feedback from people that attended the round tables last night. I had my opportunity to meet with all the 14 areas Delegates Panel 65 and Panel 66; our Regional Trustee asked us to share about some of our experiences and that made me feel like if I was back at last year's Conference. Next PRAASA will be in 2017 in Sacramento!

One of the concerns that I think is going to take a lot of participation at the 66th General Service Conference is "The Feasibility Study." I have sent you all the information in English and Spanish but if for some reason you have not received it please contact your DCMC, or any Area Officer and we'll make sure that we get you this information. I would like to mention a few of the topics that I think you can possibly share with your groups, however you can choose any topic that your group might want to consider. I am just mentioning a few examples. I will start with the Items in my committee, and then I will mention a few more, including Public Information Item E, that came from our Area at the last Inventory Assembly in Calistoga, November 14th 2015.

- 1. Grapevine -- Item B: Consider the list of suggested Grapevine topics for 2017 or later.
- 2. Grapevine -- Item C: Review AA Grapevine workbook.
- 3. Finance -- Item C: Review the Conference approved maximum annual contribution to the General Service Board from an individual AA member of \$3000.00.
- 4. Literature Item A: Consider developing a Plain Language Book version of the Big Book, *Alcoholics Anonymous.*
- 5. Public Information Item E: Discuss a request to reconsider the 2011 Advisory Action regarding the "Policy on Actors Portraying AA Members or Potential AA Members in Videos Produced by the General Service Board or Its Affiliates."
- 6. Report and Charter Item A6: The AA Service Manual 2016-2017 Edition: Consider request to revise text in the Concept Eleven essay regarding "male /female" distinctions in the *Twelve Concepts for World Service*.

Maybe by the time that you received this you probably already had your agenda topic workshop; I hope that was very useful for you to get your group conscience. I encourage you not to be afraid to ask questions. Remember you are the link to AA as a whole; your participation is vital. I would love to see you at the mic, sharing how your group feels about any of the topics, so when we meet at the Pre-Conference Assembly April 9th and 10th in San Rafael you will give me the opportunity to inform myself and to make the best decisions for AA as a whole when I go to the Conference.

"Only when a GSR keeps the group informed, and communicates the group conscience, can the Conference truly act for AA as a whole" (pg S26)

With Spirit of Love in Service Raymundo L. CNCA 06 Panel 65 Delegate

AREA COMMITTEE MEETING MINUTES FOR FEBRUARY 2016

The monthly committee meeting of CNCA was held February 27, 2016 at the Petaluma Community Center. Joann L. opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Lori of District 4. Mary of District 4 read Tradition 2 and Shelly of District 5 read Concept 2. There were 3 past delegates present: Diane O. (Panel 35), Doug G. (Panel 53) and current committee member of GSO Trustee Literature Committee, David N. (Panel 59), and current non-trustee director of AAWS Board. There was 1 new GSR present and 1 new DCM present. The January 2016 minutes and financial report were accepted as printed in *CNCA Comments.* Birthdays: 103/8.

Registered attendance: Voting= 67, Non-voting= 50.

Officer Reports

DELEGATE Raymundo L.: The 66th Conference is around the corner. I found out that the CD I sent by mail does not have the ability to use the search feature. We have sent out emails to all of you that are separate files for each committee that you are able to use the search feature. We also have the summaries in an audio file for those that need them in our area. I sent out cards for you that are intended for the GSR's to use for the pre-conference. It has a place for their name and group name and room for their group's opinion. We have a workshop coming up in San Ramon for the GV/LV at the NCCAA Conference. fliers are up front. Amy B. from the GV office in New York will be attending the workshop. We have translated the agenda for PRAASA in Spanish. I am waiting for the chair of PRAASA to approve. Once approved, I will send to you all.

ALTERNATE DELEGATE *Phil B.*: I am still praying for Raymundo. Next month starts job descriptions. Agustin will be giving his job description at the beginning of the DCM sharing session at 10. Each month till October each officer will give their job description. If you have interest in becoming an area officer, please attend.

AREA CHAIR *Joann L.:* We only have two items left in lost and found. I am in need of a photographer for our group picture in PRAASA. If you can help please see me at the break or after the meeting.

TREASURER *Teddy BW*: We received \$10,944.91, and written \$10,220.05 which includes all the remaining expenses for the Pre-Conference, which leaves us with \$12,439.91 in the bank, plus our prudent reserve of \$9,194.39. We have migrated all our data to QuickBooks online. We have also issued any necessary tax forms 1099, along with the minimum amount to GSO for our Delegate's expense at the conference.

REGISTRAR Ray W.: Make sure that your District Registrars are providing me with all changes 2 weeks before your district meeting, so I can give you an upto-date sign in sheet for your District Meeting. RECORDING SECRETARY Barbara S .: Standing committee 4th quarter reports are due. Please send as soon as possible to include in the Comments before the pre-conference minutes. I am still in need of translators for the motions book. If you can help please see me after the meeting or at the break. ASSEMBLY COORDINATOR Michael Q .: Copies of the Pre Conference Flyers in English and Spanish on the table. The original flyer had an incorrect email address for Hospitality. ASL has been requested for the Post Conference. The DVD of that report will be available for your groups shortly after the assembly. There are 7 assemblies still open for 2017. If any District is interested, I am glad to help. Remember to bring your FM radios to the assembly so that you can hear all group consciences at the assembly. Our Post Conference follows rather quickly this year. It will be held in Burlingame, San Mateo County on Saturday

Looking for Something?

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May 14, hosted by Districts 04 & 05.

LITERATURE/GV/LV Agustin L.: LV has a new book "One Day at a Time." It will be available in April. You can order by phone at 800-640-8781, or online at <u>www.aagrapevine.org/espanol</u>. La Viña is accepting stories in Spanish for "Unity at the Hispanic Convention," due March 27. The Grapevine is inviting us to stay connected, meeting with groups, districts, or area and activities. The area with the greatest number of cards submitted will be featured online and in the magazine.

District Reports

01 MONTEREY *Susan G.:* Good turnout at meeting. We added a new GSR and still have many positions available. We had a great presentation on the Agenda Process.

02 SALINAS/SAN BENITO *Eliyah H.:* We have officially moved our meeting. We concluded the details at our last meeting and will be meeting the first Wednesday of each month at 7:00 in the Garden Room of the First Baptist Church at 1330 San Vicente Street. We had 11 GSR's in attendance this month. We conducted a sharing session for GSR's to have the experience; to equip and empower them in gathering their group conscience. Feedback was positive and everyone is excited to be involved in this vital conference process.

03 SANTA CRUZ Murias O .: We awarded 4 scholarships to attend PRAASA at our last meeting; 2 DCMs and 2 GSR's serving in their first panel. 04 SANTA CLARA NORTH Eric L .: At our February district meeting, we elected two new DCMs and a new registrar, and all commitments at the district are again filled. We discussed steps AA is taking in reaching out to older alcoholics, with our visiting area officer sharing about the numerous resources and literature available. As a district, we reviewed some of the Agenda Topics this year; GSRs were passionate about the 'plain language' translation of the Big Book and – surprisingly – also passionate about the publication schedule of the Service Manual. Planning for the Post-Conference Assembly, which we are cohosting with District 05, continues.

40 SANTA CLARA SOUTH *Miguel H.:* We had a presentation on the difference between an agenda topic and area business. We collected District Conscience on three of the motions at the assembly.

We are planning next month to break out into groups and discuss at least 8 topics. We have budgeted \$1,000 for the District, to help members and GSR's that are planning to go to PRAASA. 05 SAN MATEO Erica S.: Our GSR's have been actively obtaining group consciences on Assembly Business and sharing them at our District meeting. Everyone is excited about the Agenda Topics, gathering information and asking lots of guestions. 06 SAN FRANCISCO Rhys G .: Good meeting; our visiting officer talked about the benefit of PRAASA and GSR's attending our Agenda Topic Workshop. We also talked about attending the Pre Conference Assembly. Looking forward to attending PRAASA. 07 ALAMEDA NORTH Thomas V.: Our visiting officer talked about everything you need to know about agenda topics. We did a practice sharing session on an agenda topic, and had GSR's share about their experience with collecting group conscience. Next month we will have a practice session.

70 ALAMEDA SOUTH *Kathleen L.:* We had lots of new GSR's this month, from groups that have not had representation for a number of years. We talked about the conference process, passed out background information on CD's and the agenda topics. We filled an officer vacancy and elected a new Newsletter chair.

08 CONTRA COSTA *Laura W.:* We continued our inventory and passed a motion to send a member to PRAASA. Our Agenda Topic Workshop had great participation. Next month we will be discussing the Agenda topic process and have time for GSR's to practice getting an informed group conscience. 09 SOLANO SOUTH *John M.:* Inter-district workshop was held and our 3 panels gave great talks on the 2016 Conference Theme "Staying Connected." We are sponsoring two GSR's to PRAASA this year. The GSR's are working on getting their groups conscience and several have asked for background material, always a good sign,

90 SOLANO NORTH *Evelyn O.:* Our DCM's have been working hard this panel and we have a few new GSR's that have stepped up this year. Our BTG committee is dark again. Our PI/CPC held a training workshop and they were very happy with the attendance.

10 MARIN Chris H.: Our agenda topic workshop is

tomorrow. Our pre-conference planning committee continues to meet and everything seems to be in order. Pre- Conference dinner deadline is March 26th. We had a great meeting and continue to encourage our GSR's through the agenda topic process. 11 NAPA *Mary S.*: We have voted to form an ad-hoc committee with other service entities to create suggested guidelines during emergency situations. We also approved our 2016 budget. We are working to fill three officer positions that have become vacant. Our area officer shared on "Why we do all of this agenda topic stuff," and a member of District 12 gave a presentation on how to read the "2015 Final Report." Looking forward to PRAASA.

12 SONOMA Jennifer B.: We had our Agenda Topic workshop and our speakers were very informative. Our GSR's got to meet our Delegate and are now ready to get all their group consciences. BTG did a group inventory and several members are considering serving next year. Access committee continues to grow and help alcoholics overcome a variety of barriers. PI/CPC is looking forward to doing more presentations for law enforcement groups. 13 LAKE Mary Ellen R.: We held elections last month for all open positions and none were filled. We had a presentation to change the wording of steps 3 and 4 to read "God as we understood God" instead of "God as we understand Him." This has since been rescinded. Motion to change our mileage reimbursement to the volunteer rate of \$0.14. This will be new business in March. Soberfest planning is in full swing. 14 MENDOCINO Tim D .: We continue to have good turnout out our monthly meeting. Great turnout at our second Secretary's workshop, and planning has started to have a Service Workshop. 15 HUMBOLDT/DEL NORTE Bruce P .: We gave out

the self-support package to all our GSR's that were present in Crescent City. One lucky GSR received a scholarship to attend PRAASA. Mock agenda topic sharing sessions are planned for next month to help all in getting an informed group conscience. 16 SPANISH CENTRAL *Reynaldo M.:* Thanks to the area officer who shared about the agenda topics and PRAASA. We continue visiting groups in District 16; also we are having a workshop in March on the agenda topics. We are ready for PRAASA – see you there.

17 SPANISH SOUTH Benito C .: On January 28 we visited the group Transmitelo (Pass It On) with the topic "our general service office." We also attended the meeting of Sub-district 001 on Feb. 5th. On February 7 we had a Service Manual study meeting, on Feb. 8 a District officers meeting, and on Feb. 10 we attended the 3 Legados (3 Legacies) group meeting. On Feb. 12 we also attended the "Bien Estar" group, with the topic of "district responsibilities," and on Feb. 19 we had our District business meeting. District 17 will host an agenda topics workshop organized by 5 Spanish speaking Districts. On March 20th, we are hosting the Inter-districtal meeting. 18 SPANISH NORTH Ramiro A .: We are ready to travel to PRAASA on Thursday. At our last meeting the visiting officer talked to us about the agenda topics, and the importance of attending PRAASA. We attended the District 12 Agenda Topic Workshop and had 13 members from our District. 19 SPANISH SOUTH SOUTH Fermin M.: We talked about the Agenda Topics and the GSRs had lots of guestions. We had two new GSR's and we will be having an agenda topic workshop next month. 20 SPANISH EAST Enrique E .: We are having an Agenda Topic Workshop in March. We will be having at two groups, one in the East bay and one in Contra

Costa. After much discussion we have decided to stay at our present location.

Area Sub-Committees

ARCHIVES *Sheri W.:* We continued our group inventory this month. Our last workday was productive and we are continuing to progress in working out our new cataloging system and getting our Repository better organized. New workday is March 12th in Walnut Creek. We are also hosting the 2016 National AA Archives Workshop this September 8th -11th. Flyers on table, registration is open. BRIDGING THE GAP *Bill B.:* We had 9 districts reporting 30 presentations and 151 requests for contact. Correspondence Secretary received 11 contacts to be sent out of the area. Seven letters received: one was for the short term correspondence pilot program. Six-month report will be presented later in the agenda, for our pilot program.

FINANCE COMMITTEE *Russ A.:* We had a lively discussion this morning regarding "The intersection of

the 7th tradition self-support and the spirit of personal sacrifice in service to AA." The finance committee is also reflecting upon our level of contributions to GSO later this year, and in that spirit, how CNCA might consider other support to GSO and the conference PI/CPC *Phil B.*: Every year we get a letter from NY on what AA Does and Does Not Do. We received the Annual Anonymity letter from the PI desk in New York. It included lists of online resources, annual anonymity memo to media. We discussed Agenda Topics B1 and B2 from the PI section, and full face videos. Next month we will have a group conscience.

WEBSITE COMMITTEE *Cheryl G.:* We talked about a purpose statement for the committee. We also talked about amending our current motion and will be presenting later. The DCM sharing session minutes are posted on the website now.

INTERPRETATION & TRANSLATION COMMITTEE *Claudia N.:* Our translation chair has been busy translating documents for the agenda topics, and is now putting the finishing touches on. We are ready for the pre-conference and looking into getting ASL for the Post. We reviewed our inventory from last month about improvements we can make for reaching out. Talked about developing a survey to identify barriers/ language/hearing etc.

CNCA COMMENTS *Robin T.:* We mailed 955 Comments bulk & 41 first class on Feb 5. Our total cost was \$581.00 for 16 pages. We had 18 adults and one 4-year-old at the mailing party. Next mailing party is March 10th.

COMENTARIOS DE ACNC *Manuel R.:* We printed 198 and sent out 197. We sent out this month without the Pros and Cons for the area motions. They will be in next month's issue.

DCM SHARING SESSION *Claudia N*.: We discussed preparing GSR's for Agenda Topics. Educate and minority opinion. The vote is not as important as much as why or why not. Next month: mic and assembly etiquette.

GRAPEVINE/LA VIÑA Agustin L.: We discussed the agenda topics and we picked one from Literature and one from GV. We discussed the changing of the Big Book to plain language and some great comments were made. Suggested topics for Grapevine books were: mental illness would be interesting, combining the steps and traditions into our lives, and staying

sober through adversity. Next month: PRAASA. NCCAA Linda G .: I have a few flyers for the NCCAA conference here. The Spring conference will be in San Ramon on March 18-20th. Pre-registration ends March 1st. We need to fill 95 rooms for both nights or there is added costs to the conference. Al-Anon and Spanish participation at the conference. Inventory questions will be discussed at the business meeting. H&I Diane O.: Our general meeting in February was lengthy and productive. The entire steering committee was there, along with most of the institution coordinators. The fine tuning to our Policies and Procedures Manual that our ad-hoc committee has done was approved. I have copies here today. The smaller manual is for general use; the large one contains information pertinent to our Steering Committee but of interest to all. Our H&I Conference will be in Santa Rosa on April 29, 30 and May 1, 2016. LA VIÑA ANNIVERSARY Joshua H.: We have confirmed the steering committee for the 20th Anniversary of "La Viña" will be at the NCCAA Conference in San Ramon to give a more detailed report. The committee has a total of 145 sold registrations, the posters are ready and all the agendas are ready. They have set the place where the anniversary will take place. It will be at the Holiday Inn in Phoenix West. The steering committee will be visiting Area 93 on February 27, 2016. 2016 NATIONAL ARCHIVES WORKSHOP Laura W .: The National Archives Workshop will be held September 8-11th, 2016 in Concord. We have held our first business meeting and are working to make the event as open as possible to all. If you are interested in serving as the registration table or in the hospitality room, you can sign up now. If you are available to help with transportation let me know. Registration is open. Flyers are on the table. Please take back to your Districts. On-line registration will be available next week.

Housekeeping Motions: NONE

Area Business Old Business:

Motion: Updates to the Financial Guidelines:

<u>Discussion</u> Our district discussed this and our conclusion was that we did agree with the changes to lodging. They also agreed that the changes could be

done by guidelines, but if it was too controversial it should be done as a motion.// My sub-district was in favor of the motion and agreed that the finance committee was transparent in the presentations of the changes. This will be good for safety of the officers and they felt the officers would not abuse.// My district agreed to the changes in the financial guidelines and they felt it was good for the officers' safety and that it would not be abused.

>>The chair asked for a sense of the meeting. The Committee was ready to vote, and agreed to require a 2/3 majority to pass.

Vote: Yes= 61 No= 3 Abstain=1

Minority Opinion: None

No motion to reconsider. **Motion *PASSED***

New Business:

Motion: That the Web Committee add two members, increasing from 5 to 7. The added people to administer our servers, greatly increasing security (Amendment was made by the committee amending the motion to: "That the web committee add two more members, and be increased to seven members.") **Discussion:** Are you taking off that the two members would administer our servers ...? A. Yes, we are amending to the statement I just read.// Q. I don't have the guidelines in front of me, but I think they refer to the members having a position at large. Will they be at large members? A. The guidelines state that we have 5 members only. This does not address positions: it is just adding to the numbers of members to our committee only. We need more help to distribute the work evenly. This is a head count motion only.// Q. I believe the web committee members are selected by the officers. Would that remain the same? A. This is just changing the head count. We currently have one of the smallest committees out there. The committee has more to do and not enough time to do them. We just need more people to help with the large work flow.// I feel that if the committee feels this is best, it is worth a shot.// I think this is a good idea. I can't imagine the workload the 4 people have. I feel this would help the committee to get the work done and to complete the motions that are now passed. Q. Do you think 2 is enough? A. We were afraid to ask for more. Q. Why are you limiting yourself to 2? A. We wanted to only ask for a little at a time.// I was on the

committee before and was not one that could edit on the web page. The workload was large then, and it is a much more involved website now. I agree with increasing the committee.// Q. I know that some of the work on the web site is done in Spanish, would it be helpful to add a Spanish speaker? A. We already have a Spanish Speaker and the Spanish documents posted are received from the I & T committee.// I am in favor of the change, but the sub text of increasing security and changing a hosting of the web site, from previous conversations it sounded like we needed more of a professional help, and this would decrease the amount of people needed.

Motion moved to Old Business next month.

<u>Presentation by BTG: 6 month report back on the</u> <u>effectiveness of the Short Term Correspondence</u> <u>Program:</u>

The report was read and will be made available to all. The BTG reviewed the report and the committee had a motion in committee to extend the program for 6 more months. Next month they will be making a motion to the ACM to extend the program for 6 months. The link for the report is available at: <u>https://</u> app.box.com/s/6eyxhtxp9ofbs53vzpgq4fd29b5bac4l

Presentation on the Feasibility Study: Presented by Raymundo L.:

Raymundo shared with us some of the minutes of a meeting that was held with members regarding the study. He also shared some information from GSO that are explanations of the study. At the Conference, members will be divided into groups to discuss some of the questions that have been presented. He will forward the 11-page report from GSO, but would like feedback from CNCA regarding the 4 questions. Q. Should we be asking for input from others like GSR's etc...? A. Everyone.// Q. How can we get the ideas to you? A. Email, phone, writing, any way you can get to me.// Q. This study/minutes is to get ideas and information to you before the conference? A. We will not be making any decisions at the conference, but we will be discussing it.// Q. So we need to have input from GSR's to you before you go to the conference in April? A. Yes.// Q. You mentioned the conference report and using it as a tool to communicate what general service does. How does that translate to this study? A. All these questions are just ideas. The

Balance Sheet January 2016

California Northern Coastal Area Statement of Financial Position

As of January 31, 2016

	Total	
ASSETS	2,0	na naga Brian
Current Assets		
Bank Accounts		
B of A Checking		14,486.27
B of A Savings	7 <u>0</u>	9,195.18
Total Bank Accounts	\$	23,681.45
Accounts Receivable		
1200 Accounts Receivable	1000	1,599.78
Total Accounts Receivable	\$	1,599.78
Other current assets		
Assembly Deposits		1,881.90
Total Other current assets	\$	1,881.90
Total Current Assets	\$	27,163.13
TOTAL ASSETS	\$	27,163.13
LIABILITIES AND EQUITY		
Liabilities		
Current Liabilities		
Accounts Payable		
2000 Accounts Payable		245.26
Advance From Officer		940.12
Due to Districts	1000	121.43
Total Accounts Payable	\$	1,306.81
Total Current Liabilities	\$	1,306.81
Total Liabilities	\$	1,306.81
Equity		
3900 Operating Funds - Adjusted		16,079.65
Prudent Reserve		9,194.86
Net Revenue		581.81
Total Equity	\$	25,856.32
TOTAL LIABILITIES AND EQUITY	\$	27,163.13

Expense Report January 2016

California Northern Coastal Area Budget vs. Actuals: 2016 Budget - FY16 P&L _{January 2016}

er Budget 0.00 0.00 640.57 -1,179.24 0.00 0.00 0.00 3.00	Budget 123.29% 90.17% 100.86%
0.00 640.57 -1,179.24 0.00 0.00 0.00	90.17%
0.00 640.57 -1,179.24 0.00 0.00 0.00	90.17%
640.57 -1,179.24 0.00 0.00 0.00	90.17%
-1,179.24 0.00 0.00 0.00	90.17%
0.00 0.00 0.00	
0.00	100 86%
0.00	100 86%
	100 86%
3.00	100 86%
535.67	96.45%
535.67	96.45%
-833.99	60.97%
-52.90	77.77%
5,861.69	219.42%
-464.77	79.70%
4,510.03	147.11%
5,045.70	8.72%
100.00	
100.00	
100.00	
4,945.70	10.53%
	4,510.03 5,045.70 100.00 100.00 100.00

comment about the conference report was just my idea, I feel that it is our responsibility to let the groups know what is going on. All ideas are welcome.// I had an email exchange with a member that there was a study by GSO that groups are missing, or losing the address on where to send their contributions.// If the groups are losing their address, maybe the GSO could add a footer to the letters they send to groups about where to send the address.// The treasurer in my home group sent all the 7th tradition contributions to our Intergroup. I think it is a matter of education from treasurer to treasurer.// There are no GSR's in our District to follow up with our Treasurers. They are making decisions where to send the monies. For remote areas this is a big problem. I was taken back about the comment about changes to the GV staff and the staff would be demoralized if their jobs would be changed.// Meeting in New York about 3 million dollars. We need to do something now, the Conference needs to make hard decisions now.// We have been trying to implement a schedule in our district to visit at least 3 meetings a month. It has been working some and we have been getting some GSR's from dark sub-districts. Education of the groups seems to be a big problem.// The conclusion of this report bothered me some. Per Capita of CNCA06 in 2009 was \$4.00. Other areas is \$4.81 cents per member; we are 34th. We are one of the richest areas in the US, but we are 34th per capita.// I think when it comes to how much we give to AA it is about the responsibility statement. It's not the treasurer's job or the GSR's, it is my responsibility. It's the accountability.// I have seen the membership of AA is going flat. It would seem that if you would ask a group about this, it would be in the YPAA groups. Maybe they have some insight to the solutions.// Something I have been thinking about, because I volunteer at our local service center. I am surprised that many groups don't even have the discussion about sending monies to the GS structure. I don't think this is just my District.// When I first got all these numbers and I went out and was saying you are not being self-supporting, etc., I had to change my approach -- that some meetings just don't have any extra money.///

"What's On Your Mind?"

A number of years ago, we had a casual sponsorship with Area A in Australia, and some of our officers were

in touch with their officers and provided them some experience, strength and hope in service. As a result, Area A is flourishing and some of the things passed on are still being used. In the same spirit, we have gotten a request from the PI chair in Dubai to correspond with our PI chair as an informal sponsorship with their PI chair. I wanted to share with you that the reach of CNCA goes far beyond the coastal counties in the way we can support other structures.// This morning I participated in a phone meeting with the international YPAA's. We had connections from Ireland, Japan and several around the US. This is going to become a monthly meeting of YPAA's to do just what we were just talking about earlier, how can we find better ways to carry our message. One of the topics was about women in AA and attracting woman into service, and being able to maintain our unity but still maintain our anonymity at the same time. These conversations are being had by YPAA at a global level.// I saw a sign on a wall that said "People do not care how much you know until they know how much you care." I need to remember this.// We have dinner flyers for the pre-conference on the table. Deadline is March 26th. There will be no tickets sold at the event. We are not able to sell tickets at the facility and we will not be able to sell any water, so bring your bottled water with you. We will have tap water available.// Thank-you to the area officers for the summaries.// The BTG report will be sent to the chair to be sent to all members.// The Spanish summaries have not been sent out because there is some editing that needs to be done. They will be sent out soon.

The meeting was closed at 3:10 pm with the Serenity Prayer.

Submitted with Love and Gratitude, Barbara S. CNCA Panel 65 Recording Secretary

DCM SHARING SESSION

CNCA 06 DISTRICT COMMITTEE MEMBER SHARING SESSION

February 27, 2016 Chairperson: Michael Q.

The meeting opened with the Serenity Prayer

Thank you to Tony A. for translating

Introductions

Secretary Announcements: Limited copies of the presentation are available in English and passed around. These will also be emailed out to you. Spanish translations will be emailed following translation.

Presentation:

Preparing GSRs for Agenda Topics: Eric H., District 3 Santa Cruz

- Lead by example, sub-district conscience face to face and through email to show able to do in 2 different ways. Try different ways for gathering consciences.
- Question: Do we still encourage our GSR's to look at the committee he stands on? Michael answered: please review all topics and Grapevine.
- Appreciate the focus on the cards to use at the mic to remember the conscience I am to bring to the pre-conference.
- Delegate doesn't wasn't to know the vote as much as why. Minority opinion important. Let GSR's know they have an option of assigning a recording secretary. Read back what was heard and add something if needed.
- Informed group conscience so very important. Important to bring information back to our Delegate, both Pros and Cons, not just a vote.
- Making myself available for my GSR's and how to go to the mic with something new to say, not something we have heard.

- Safe environment for sharing was brought up as we did a mock sharing session at our ATW. Great place for GSR's to practice sharing sessions.
- Go up at least once for the experience!
- Blind Cc's to keep privacy in mind.
- Instead of writing he did an open recording on the phone. GSR's loved that idea and it was a lot easier to get the conscience.
- Anybody have experience with no GSR's in my meeting? Last month's topic was a great educator on that.
- Recording voices could be tricky depending on permissions being given.
- Agenda Topics workshop helped get the process started with a group that was hesitant.
- Michael reminded us we are a victim of our own success because our area is so well informed, we have to be careful with our time.

Agenda Handout (attached)

Topics for Next Month:

How Does an Agenda Topic become an Agenda Topic?

Assembly & Mic Etiquette

PRAASA Report Backs

How DCM's got their GSR's prepared: experience, strength & hope -- an open sharing session for help.

Small T Traditions at Area Meeting

Next Month's Topic: Assembly & Mic Etiquette – Maryann, District 04

Respectfully Submitted In the Spirit of Love and Service,

Claudia N. Interim Recording Secretary DCM Sharing Session ~ Panel 65 CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS Pre-Conference Assembly 2016 "Our Spiritual Way of Life: Steps, Traditions & Concepts." Saturday/Sunday April 9 & 10, 2016 Marin Center Exhibit Hall 10 Avenue of the Flags, San Rafael CA 94903

Saturday

8:00 - 9:00 AM Registration 9:00-9:15 Orientation and remarks from Delegate

Conference Process Review and Group Consciences 9:15 AM Business Meeting

Lunch 12:00 - 1:00 PM

1:00 PM Sharing on the Conference Theme

1:30 PM Group Consciences Agenda Grapevine Literature Trustees

> What's on your mind? 5:00 - 5:30 PM

Please clean up all your belongings

Sunday

8:00 - 9:00 AM Registration 9:00 AM Group Consciences Public Information Finance Report and Charter Policy and Admissions Corrections International Conventions // Regional Forums

> What's on your Mind? 12:30 - 1:00 PM

"If extra time is needed to hear group consciences, we will break for lunch and return at 2:00 PM to continue."

Please clean up all your belongings

BRING YOUR FM RADIO FOR SIMULTANEOUS TRANSLATION

CNCA AREA AND ASSEMBLY MOTIONS MARCH 2016

Area Committee:

Assembly Bids:

Housekeeping Motions:

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

• That the Web Committee add two members, increasing from 5 to 7.

New Business at Area Committee Meeting:

Discussion Topic:

Area Assembly Motions

Housekeeping Motions:

Presentation of New Business at Area Assembly:

Old Business at Area Assembly:

• "District 16 Spanish Central is requesting that CNCA 06 restructure District 16 by removing sub-district 02 from District 16."

• "That CNCA 06 expand the area officer eligibility to include Alternate District Committee Member Chairs and current members and chairs of Area standing committees and sub-committees who have served as a DCM and/or DCMC."

• "That the General Service Conference develop a pamphlet sharing experience, strength and hope on group safety."

New Business at Area Assembly:

• "That all Area business in CNCA be decided by substantial unanimity, usually 2/3."

• "That CNCA moves to reintroduce the following section (From page 6 of the AA Member – Medications & Other Drugs, Revised 2011 and also from the 1998 edition of Living Sober page 89) in "Appendix*" in Living Sober (2012 edition). Placement of the below text will follow the current section **Note to medical professionals** (page 90)":

"Some alcoholics require medication.

We recognize that alcoholics are not immune to other diseases. Some of us have had to cope with depressions that can be suicidal; schizophrenia that sometimes requires hospitalization; bipolar disorder, and other mental and biological illnesses. Also among us are diabetics, epileptics, members with heart trouble, cancer, allergies, hypertension, and many other serious physical

conditions.Because of the difficulties that many alcoholics have with drugs, some members have taken the position that no one in A.A. should take any medication. While this position has undoubtedly prevented relapses for some it has meant disaster for others. A.A. members and many of their physicians have described situations in which depressed patients have been told by A.A.s to throw away the pills, only to have depression return with all its difficulties, sometimes resulting in suicide. We have heard, too, from members with other conditions, including schizophrenia, bi-polar disorder, epilepsy and others requiring medication, that well-meaning A.A. friends discourage them from taking any prescribed medication. Unfortunately, by following a layperson's advice, the sufferers find that their conditions can return with all their previous intensity. On top of that, they feel guilty because they are convinced that "A.A. is against pills." It becomes clear that just as it is wrong to enable or support any alcoholic to become readdicted to any drug, it's equally wrong to deprive any alcoholic of medication, which can alleviate or control other disabling physical and/or emotional problems." Presented by District 07

• "That the following paragraph be added to the section "How Decisions Affecting A.A. Are Made" in "The A.A. Group" pamphlet at <u>the conclusion of the following</u> <u>sentence:</u> Annually, groups from the U.S. and Canada elect delegates (serving two-year terms) from their areas to the yearly meeting of the Conference in New York -- to hear the reports of the board's committees, G.S.O. and Grapevine staffs, and to recommend future directions, mainly in the form of Advisory Actions.

"Prior to the annual General Service Conference a list of important issues to be discussed during the Conference is published and made available to each and every Group in the U.S. and Canada. Because these issues make up a part of the entire General Service Conference Agenda, they are referred to as Agenda Topics. Every Group in the U.S. and Canada has the opportunity to review, discuss, and develop an informed Group Conscience on these Agenda Topics. The Group's GSR then carries the Group's Conscience on Conference Agenda Topics to the Area's Delegate, usually at an Area Assembly prior to the General Service Conference. The Area Delegate then represents the collective conscience of the Groups in the Area at the General Service Conference on these matters vital to A.A. as a whole." Presented by District 11

CNCA CALENDAR

<u>2016—Panel</u>	<u>65</u>	August	6—Summer Assembly
March	3-6—PRAASA Spokane, Wash. 26—Area Committee Mtg		Santa Cruz Fairgrnds, Santa Cruz (Hosted by Districts 03 and 40)
April	9, 10—Pre Conference Assembly Marin Civic Center Exhibit Hall, San Rafael (Hosted By District 10) 23—Area Committee Mtg	September	 27—Area Committee Mtg 8-11 20th National AA Archives Workshop in Walnut Creek 24—Area Committee Mtg 30 - Oct. 2—Pacific Regional Forum in Waikola, Hawaii 15—BTG Forum Hoover Theatre, San Jose 22—Area Committee Mtg 5—Election Assembly Scottish Rite Center, San Jose (Hosted by District 17) 26—Area Committee Mtg 17—Area Committee Mtg
Мау	14—Post Conference Assembly Machinist Hall, Burlingame (Hosted by Districts 04 and 05) 28—Area Committee Mtg	October	
June July	25—Area Committee Mtg 23—Area Committee Mtg 23-24—20th Anniversary La Viña Celebration Holiday Inn, Phoenix West, AZ	November December	

ASSEMBLY DATES CALENDAR

PANEL 65 ASSEMBLY DATES

2016 Pre-Conference Assembly

April 9-10; Marin Civic Center Exhibit Hall 10 Avenue of the Flags, San Rafael, CA 94903 (Hosted by District 10)

2016 Post-conference Assembly May 14; Machinist Hall, Burlingame (Hosted by Districts 04 and 05)

2016 Summer Assembly

August 6; Santa Cruz Fairgrounds, Santa Cruz (Hosted by Districts 03 and 40)

2016 Fall Election Assembly

November 5, Scottish Rite Center, San Jose (Hosted by District 17)

PANEL 67 ASSEMBLY DATES

2017 Pre-conference Assembly April 8-9

2017 Post-conference Assembly May 13, Lake County Fairgrounds, Lakeport (Hosted by District 13)

2017 Summer Assembly

August 5 or <u>August 12</u> 2017 Fall Inventory Assembly November 11

2018 Pre-conference Assembly April 7-8

2018 Post-conference Assembly

May 12 or <u>May 19</u>

2018 Summer Assembly August 4 or <u>August 11</u>

2018 Fall Election Assembly November 10

(Underline dates preferred)

If your District is considering making a bid for an Assembly, please contact the Assembly Coordinator Michael Q. by visiting the "contact us" tab on the www.cnca06.org website.

AA Grapevine / La Viña Subscription Information

AA Grapevine US Rate

1 Year: Printed \$28.97 1 Year: Digital \$34.97 1 Year Digital and Print \$49.97

Make check or money order payable to:

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La Viña -- Spanish Magazine

1 Year (6 issues) Within US Printed \$11.97

2 Years (12 issues) Within US Printed \$22.00

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Panel 65 Area Officers & Area Meeting Information

Feel free to contact the Area Officers by using the "Contact us" tab on the www.cnca06.org website.

Delegate Raymundo L.

Alternate Delegate Phil B.

Chair Joann L.

Treasurer Teddy BW Registrar Ray W.

Recording Secretary Barbara S.

Assembly Coordinator Michael Q.

Literature/Grapevine/La Viña Chair Agustin L.

Pacific Regional Trustee Joel C.

General Service Office P.O. Box 459 Grand Central Station New York, NY 10163 212-870-3400 www.aa.org

CNCA P.O. Box 884222 San Francisco, CA 94188-4222 www.cnca06.org

H&I www.handinorcal.org

CNCA Standing Committee & Sharing Session Meetings

are the 4th Saturday every month. Sharing Sessions - 10 am Standing Committee Meetings - 11 am Area Business Meeting 12:30 - 3:30 pm

<u>Archives</u> Committee meets at 11:00 am. For information contact Sheri W. by visiting the "contact us" tab on the www.cnca06.org website. The CNCA Archives are located at 185 Mayhew Way, Walnut Creek, CA 94597-2065

Bridging the Gap meets at 11:00 am. For Information contact Bill B. by visiting the "contact us" tab on the www.cnca06.org website.

Public Information/ Cooperation with the Professional Community (PI/CPC) meets at 11:00 am. For information contact Phil B. by visiting the "contact us" tab on the www.cnca06.org website.

Interpretation & Translation Committee meets at 11:00 am. For information contact Claudia N. by visiting the "contact us" tab on the www.cnca06.org website.

Web Committee meets at 11:00 am. For information contact Cheryl G. by visiting the "contact us" tab on the www.cnca06.org website.

DCMs & DCMCs Sharing Sessions meet at 10 am.

<u>Grapevine/La Vina/Lit.</u> Sharing Session meets at 10 am. <u>www.aagrapevine.org</u>

