



CNCA COMMENTS



A.A. Confidential -- September 2016

www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview -- September 2016

When I looked at the agenda for August, I thought "No way we'll get through all of this!" Not only did we get through all of it but there was time to spare. Another reminder that when I put things in HP's capable hands, it all works out.

Our day started with reports, and by the way, I have not wanded any one! Reports have been kept short, sweet and to the point.

We had a Housekeeping motion from our delegate, "That CNCA invite the Pacific Regional Trustee to facilitate the 2016 election assembly, Nov. 5, in San Jose and pay for his travel, lodging and meals at a cost not to exceed \$750." That passed without an objection.

We had two assembly bids that were passed. District 08 and 20 successfully bid for the Pre-Conference Assembly in 2017. District 12 bid for the Inventory Assembly in 2017 so we will be going to Petaluma. That leaves 4 assemblies for Panel 67 open for any districts that would like to host an assembly.

There were two presentations of new business:

- "Time and space be provided for an accessibilities meeting prior to each Area Committee Meeting to discuss problems, successes, strategies and share experience, strength and hope." Presented by Teddy BW.
- "That CNCA fund the BTG Chair or his designee to attend the NCCAA conferences when held within CNCA." Presented by Bill B.

The first motion will be new business at the September ACM and the second motion was withdrawn by the maker.

We had two items of Old business. The first "That CNCA fund one Website Committee person, at a cost not to exceed \$1200.00, to attend the National AA Technology Workshop to be held Friday November 18 through Sunday November 20th, in Winston-Salem, North Carolina." That was voted on and passed. The second motion "That CNCA accept contributions and payments electronically" had some good discussion but the committee was not yet ready to vote. This will be on the agenda in September as Old Business.

We had a special report on the Workshop for Spanish Women by Nancy. She has agreed to keep us informed on the progress of this workshop.

The reports of the 2016 General Service Conference were handed out by our delegate. All in all, it was a very productive meeting.

As always, please bring your AM/FM radios to all CNCA events, but in case you forget, the I & T committee is still lending radios before assembly and now before the ACM.

In service and gratitude,

Joann L.

CNCA Area Chair Panel 65

As I write my Delegate's Corner I realized how many things are going on around the world of Alcoholics Anonymous. This month we will be traveling to the Pacific Regional Forum in Hawaii, and also makes me feel very excited that our area will be hosting the same event in CNCA in 2018 since we have not hosted it in 26 years. This event is held every other year. When I went to Idaho 2 years ago I met our Trustee At-large and when I went to the Conference this year, I had the opportunity to discuss a few things with him. One of the services that I think is very unique from the Trustees At-large is the traveling they do around the world. In our conversation he emphasized the importance of the continuity of caring the message to other countries and to stay in touch as they grow through the process with our AA Spiritual Principles. In one of the previous Forums something that was very attractive is when the trustee was giving her report, every time she gives a report she will wear a different hat to represent that country. I'd like to mention too that, coming from a foreign country, when Harry O. went from Arizona to Guadalajara, Mexico back in 1961 it was one of the best things that happened to that City. He was there to carry the message for one year and a half until two alcoholics showed up. One stayed, the other one left. Years later my father came to AA, he was able to save our family and other families in our neighborhood. I could have said that around the whole country of Mexico it was a blessing as well as on their last National Convention that they celebrated, and I believe that there was about 70 thousand people attendance. So caring the message around the world is one of the most exiting services that we have in AA as a whole, and is interesting because in our upcoming Elections Assembly in November 5th in San Jose, we will be electing the nominee for US Trustee At-large. Because at the 67th General Service Conference he will be rotating out and we will be electing the new US Trustee At-large. Also it will be the Election of our Area Officers, and of course around all our Area we have Groups, Districts and Intergroup Elections. One question that probably all of us might have is "AM I GOING TO BE AVAILABLE?" I was suggested to discuss this answer with my family, my employer, my sponsees and especially with myself. One thing that I can say to you is that the best rewards that I have received in life have been done through service, and to me it has been a confirmation that, **"We will suddenly realize that God is doing for us what we could not do for ourselves."**

I would like to remind you that we will be recording the twelve concepts in English and Spanish. I have been in contact with our new Publisher Director and he sounded very excited that we will use diversity of our members when we do the recording. I would like to meet everyone who is willing to participate at our next September ACM at 9 am to make arrangements and to choose the most convenient weekend for all of us in October to do the recording. Joe is going to allow us to use his place in San Francisco, which is a central location for all of us.

A Note from our PRAASA 2017 Chair in Sacramento

"We're ready to begin booking hotel rooms for PRAASA 2017."

"I've done this because of the limited number of available rooms at the only hotel that is actually on the grounds of the McClellan Conference Center where PRAASA 2017 is to be held. That property is the Lions Gate Hotel." Phone: (916) 643-6222 (select 1 for reservations) Group Code: PRAASA2017 Rate: \$109.00 plus tax (double occupancy) – Breakfast included Cut-off date for bookings: February 15, 2017

I hope to see you all next week at the National Archives Workshop, for more information: www.naaaw2016.org

With Spirit of Love in Service
Raymundo L. CNCA 06
Panel 65 Delegate

AREA COMMITTEE MEETING MINUTES FOR AUGUST 2016

The monthly committee meeting of CNCA was held August 27, 2016 at the Petaluma Community Center. Joann L. opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Katie of District 90. Ann of District 12 read Tradition 8 and Mary Ann of District 04 read Concept 8. There was 1 past delegate present, Diane O. (Panel 35). There were 4 GSRs present and 2 new DCMs present. The July 2016 minutes and financial report were accepted as printed in *CNCA Comments*. Birthdays: 187/10

Registered attendance: Voting= **64**, Non-voting= **39**.

Officer Reports

DELEGATE Raymundo L.: I have 4 Delegate Reports left to do. I will do 3 and Phil will do one for me. He gave one of my reports already and he will be doing another in October. I have received the Conference Reports and I have them here with me today. Three items were forwarded to the 67th GSC: Retire "Too Young," and Questions and Answers on Sponsorship, and Spiritual Parity for the GV/LV. The Pacific Regional Forum in Hawaii is 9/30 to 10/2/16. Last date to book hotel is 9/8/16. You can make reservations by calling (808) 886-1234. Use code PRF for room pricing. I also had a conversation with David R., our new Publishing Director of AAWS, it's been approved that we record the long form of the 12 Concepts in audio. I will need your help. I shared with David the idea that I would like my whole Area to participate and he loved it.

ALTERNATE DELEGATE Phil B.: Thank you to Santa Cruz and Santa Clara South for hosting the Summer Assembly. Looking forward to the upcoming Fall Election Assembly on November 5th. Raymundo called me and asked if I could do the Delegate's Report for District 5, San Mateo. After my truck broke down in Watsonville and renting a car to get to a family wedding, I was concerned when I would get time to edit and study the report. After driving 14 hours from Watsonville to my home, I just did what was put in front of me. It was a wonderful Unity Day, and of course great food.

AREA CHAIR Joann L.: There is a correction to the agenda. The assembly bid from District 12 is for the 2017 Inventory Assembly. I would also like to thank Districts 03 and 40 for a wonderful Summer Assembly.

TREASURER Teddy BW: This month we received \$9,680.94 in revenue, including \$1,787.00 from the 7th Tradition at the Summer Assembly. I have written checks this month for \$11,068.70. This leaves us with \$20,641.70 in the bank plus our prudent reserve of \$9,195.73.

REGISTRAR Ray W.: The District Registrars are required to be at the Election Assembly. They are needed to be at the Assembly at 7:30. Please be sure that this information is passed on. If you do not have a District Registrar, please contact me so that we can make arrangements. We need to check our sign in sheets at the District level to be sure that the GSR's that are not active or have not been removed from the mailing list are removed. Please be sure to make the necessary corrections.

RECORDING SECRETARY Barbara S.: Raymundo and his team of translators has finished the Discussions and Reports section of the motions book into Spanish. It is going through its final editing and will be ready next month at the ACM.

ASSEMBLY COORDINATOR Michael Q.: Thanks to District 03 and 40 for a wonderful assembly. I think we now have a formula for lunch service, once again a new speed record, 12 minutes from start to finish. Looking forward to the Election Assembly. Orientation will start at 8:30. This year we will be electing our nominee for Trustee at Large for the US. We will open with that election starting at 9:00. We will then proceed to the Area Officers elections, starting with Delegate. Final Flyers are available in English and Spanish on the front table along with being posted on the web site.

LITERATURE/GV/LV Agustin L.: New Grapevine book of "Our Twelve Traditions" is available. Packs of the GV and LV magazines are available, 30 magazines for \$54.00

District Reports

01 MONTEREY Susan G.: We had a small but productive meeting. Adding 2 new GSR's. Our visiting officer shared on the Feasibility Study and answered questions on how best to respond to our groups' questions. Thanks to District 03 and 40 for a wonderful assembly.

02 SALINAS/SAN BENITO Eliyah H.: We had 9 in attendance at the summer assembly. We had our Delegate's Report last weekend, 14 more in attendance this year. We have begun our planning meetings for our annual Gratitude

Looking for Something?

Preview of the Area Committee Meeting, p. 1

Delegate's Corner, p. 2

Area Committee Meeting Minutes, p. 3-7

Area Officer Job Descriptions, p. 8

DCM Sharing Session, p. 9

Area Financial Reports, p. 10-11

Summer Assembly Business Meeting Minutes, p. 12-16

CNCA & Assembly Calendars, p. 17

CNCA & Assembly Motions, p. 18

Area Officers and Meeting Info., p. 20

AREA COMMITTEE MEETING MINUTES (Cont.)

Dinner in November. We also have an ad hoc committee working on budget recommendations as we are utilizing our prudent reserve. Attendance at our meeting continue to remain strong.

03 SANTA CRUZ *Jeff W.*: Thank you all for showing up at the Summer Assembly. Our District Committee Chairs are presenting their job descriptions at the District meeting. We are continuing discussions on the Feasibility Study and had some conversations around anonymity and Social Media regarding AA Birthdays.

04 SANTA CLARA NORTH *Eric L.*: We approved a motion to move the Secretary's workshop along with District 40 to be under the purview of our Intergroup. Two pieces of new business were introduced. One is an attempt to clarify who can vote at our district. Our guidelines are very vague. A second motion suggests that the inventory questions in the pamphlet "The AA Group" include an additional question pertaining to safety. We have had some talk, but no action regarding a potential assembly bid for next panel.

40 SANTA CLARA SOUTH *Miguel H.*: We are presenting our Officers Job Descriptions at District. We funded \$200.00 for 5 members' registration to attend the National Archives Workshop. We had our Unity Day with our Delegate's Report with over 400 people registered. We discussed new business, "That GSO provide email addresses to all registered groups for direct communication with our General Service Office.

05 SAN MATEO *Erica S.*: We held our Unity Day this month, and are still continuing our officers' Job Descriptions. We are sending 5 GSR's to the Archives Workshop and Dinner. HK motion to replace our leaking coffee pot so that in August we can have coffee inside the coffee pot. We also had a very lively discussion on what to do with our excess funds.

06 SAN FRANCISCO *Rhys G.*: Our meeting room is under construction and the church has found other spaces to have our meeting. We had an ad hoc committee presentation on more participation from our DCM's and representation of our sub districts. We are also doing job descriptions of our District officers for those who think they may make themselves available next panel.

07 ALAMEDA NORTH *Thomas V.*: We had a report back from the Summer Assembly, and it was wonderful to have a GSR describe the experience of seeing the minority opinion in action. Our visiting officer did a presentation on "Am I Available." We are doing our job descriptions at District and will start elections in October.

70 ALAMEDA SOUTH *Kathleen L.*: We had two district meetings since the last ACM. We have covered 4 job descriptions for our elections. We have 5 members going to the Archives Workshop. We are having an ad hoc committee on creating Financial Guidelines which will go in our District Handbook. We are actively engaged in discussions on hosting an assembly during Panel 67. A member made

themselves available to be an assembly coordinator and more will be revealed after we meet in September.

08 CONTRA COSTA *Laura W.*: We passed a motion to send 5 members to the Archives Workshop. We also passed a motion to co-host an assembly with District 20. The report was given from our ad hoc committee on redoing our sub districts to make the groups more balanced. We continued our discussion on our last inventory questions and will finish next month.

09 SOLANO SOUTH *John M.*: We have some corrections still on our guidelines, but hope to get approval next month. GSRs are looking at positions for next panel and also who in their groups can step up as GSR. The announcement of our District being approved to host the 2018 Post Conference Assembly has humbled and excited our District members. We have a new coordinator for the event and we've begun recruiting volunteers.

90 SOLANO NORTH *Evelyn O.*: We are thinking about turning over the web site to our intergroup office. Our PI/CPC committee will be attending a health fair in Fairfield in October. Our district is now working on our last Unity Day of the Panel and our Intergroup will be participating with us. We are going to share on the role of our Intergroup for our fellowship. Our goal is to provide a summary on AA Leadership to stir some interest with new and continuing members' participation.

10 MARIN *Chris H.*: We had a lot of time to devote this month to useful presentations and engaging roundtable discussions. Our visiting officer gave a presentation on his/her service history, discussed experiences with elections at both the district and area level, and talked at length about the concept of responsibility in AA. We then went to roundtable discussions with our GSR's to talk amongst themselves about their experience with AA election processes and how the concept of responsibility in AA applied to each of their lives.

11 NAPA *Mary S.*: We did not have an August District Meeting because of the Summer Assembly. We are having discussions on changing our District meeting date to avoid conflicts with the assemblies. The finance committee did meet to start work on our next year's budget and have discussions about some potential recommendations for changes to our financial guidelines.

12 SONOMA *Jennifer B.*: I have told you over the last couple of months what we have been discussing at our District, so I thought I would share a bit about the Sonoma County Intergroup Central Service Committee. They are a subcommittee of the Sonoma County Intergroup and provide oversight of the Bookstore and support its paid Manager. The committee has identified a need and is working on a new organizational chart which will serve the AA community better. It will show how the Intergroup is organized, who votes and when, who attends, etc.

AREA COMMITTEE MEETING MINUTES (Cont.)

13 LAKE *Judy W.*: We took a group conscience on the Safety Pamphlet motion for the assembly. We passed a HK Motion for \$150.00 for the chair of archives to attend the NAAAW in Concord. We had a report from our visiting officer on the Feasibility Study. We also discussed adding a new sub-district which was unanimously rejected.

14 MENDOCINO: *Mark D.*: We had a visiting officer presentation on Concept IX which generated positive discussion. Next CNCA mailing party is on September 8 in Ukiah. Our Intergroup is sponsoring a Day at the Lake on September 17.

15 HUMBOLDT/DEL NORTE *Candida W.*: We have a new DCM for Sub District 02. Summer is a busy time and our meetings are smaller. Our visiting officer gave a presentation on preparing a Pass it on and talked about the Summer Assembly. We had a presentation from a GSR on Concept VII. We tabled a motion regarding Intergroup members who think they are part of PI/CPC and want to make videos for public airing on TV. We passed a motion to simplify our District Web page by removing a "News" page. We are hosting a PI/CPC speaker training on October 8.

16 SPANISH CENTRAL *Reynaldo M.*: We attended the Summer Assembly. We are going to the Consulate on Mondays and Wednesdays. We continue to visit groups to encourage them. We will be having District Elections next month and will start reading the conference report.

17 SPANISH SOUTH *Benito C.*: We attended the District 18 anniversary. We attended the summer assembly and had a wonderful time. We continue to visit the groups and are encouraging the groups to volunteer for the Election Assembly in November. We have the pre assembly dinner ready for the Election Assembly. The information is on the table.

18 SPANISH NORTH *Ramiro A.*: We approved a motion to hold an assembly next panel. We had a presentation on GSR, having an alternate GSR. We continue to visit the groups and encourage them to participate in General Service. We are looking at the guideline for who is available to be the DCM. We also have received the information from the IRS for our non-profit status.

19 SPANISH SOUTH SOUTH *Fermin M.*: We discussed if the District should have an ID number from the IRS. We continue to visit the groups and encourage participation.

20 SPANISH EAST *Enrique E.*: We are encouraging our groups to attend the District Meeting. We have 4 Intra-District meetings 4 times a year. District 20 is holding the next Intra-District meeting in December. We will be making a bid for the pre-conference assembly next year.

Area Sub-Committees

ARCHIVES *Sheri W.*: We had a discussion on our group inventory results and while it came close to "loving

discussions," there were some good ideas thrown out as possible solutions for some issues around the workdays. Our last workday was spent being busy cleaning and organizing the repository to get ready for the open house tour during the National Archives Workshop. Thanks to all that have turned in Group Histories Reports.

BRIDGING THE GAP *Bill B.*: With 6 districts reporting we had 23 presentations and 115 requests for contact. Our Correspondence Secretary Larry received 5 letters, one of which was assigned to the short term pilot correspondence program. We have been invited to staff a table at the Unity and Service Conference held next weekend in Concord. We will also have a member of the committee participating in the Saturday 11 AM "Service Opportunities" panel. Today, after some discussion the BTG committee voted unanimously to continue the short term correspondence pilot program. We will be bringing this to the Area Committee in September. FINANCE COMMITTEE *Russ A.*: We received 7 visitors today to our meeting. Contributions continue to be healthy and we anticipate a surplus at the end of this panel. We are continuing discussion about how best to utilize that surplus. We are planning to make motions at the next committee meeting regarding increasing the budgeted amount for the General Service Conference Delegates expense. We have begun the process of formulating the budget for Panel 67. My personal thanks to all the committees for providing your budget request.

PI/CPC *Phil B.*: We discussed and viewed the new video "A New Freedom." It was well received by all. We followed with a discussion topic "Public Service Announcements."

WEBSITE COMMITTEE *Cheryl G.*: The web committee made a decision to revisit the discussion of the policies and procedures one more time before we present to the area. We are exploring solutions to create effective and reliable backups of all our data. We are currently collecting documents from previous panels for website digital archives. Our members are also beginning to compile Pass-It-On information to be collected in a training guide for the next panel.

INTERPRETATION AND TRANSLATION COMMITTEE *Claudia N.*: We discussed the radio lending program at the ACM and the assemblies. We translated 8 documents this month, with one which brought him to tears. Interpretation is set up for our election assembly in San Jose. We will be discussing the idea of translation of proposals and background material regionally as it becomes available. This was brought to us by the delegate, and we look forward to finding ways to help AA as a whole.

CNCA COMMENTS *Robin T.*: We mailed 1002 Comments this month. 962 bulk, and 40 first class. Next mailing party is September 8th in Ukiah. We will be sharing our Job Descriptions next month, with the Comentarios, at the ACM.

AREA COMMITTEE MEETING MINUTES (Cont.)

COMENTARIOS DE ACNC *Manuel R.*: We sent the Comentarios this month on time, and all issues have been sent to the web committee for posting. We mailed 176 copies this month.

DCM SHARING SESSION *Claudia N.*: We had a presentation on Concept 9 – Truly the language of the heart. Next month we will discuss “What is a Forum, what happens there and why do we go.”

GRAPEVINE/LA VINA *Agustin L.*: We had a topic today: “Having fun in Sobriety.” We had a lot of fun. One statement, “Before I could not go home on Friday because all I wanted to do is drink.” Next month, “What is great in LV.”

NCCAA *Linda G.*: Our fall conference is in Modesto on October 7-9th. This is the last conference of the year. Next year we go into our 70th year. Our General Service Office will be actively involved next year with workshops and speakers. Peter M., our archivist will be presenting at the National Archives Workshop in Concord.

H&I *Diane O.*: This past week along, Spanish Big Books were given to CTF Soledad’s North Yard, English Big Books went to Central Yard and the August Grapevines went to San Quinton yesterday. Our steering committee meeting is on Saturday September 10th in Sacramento and our next general meeting is in Modesto on Sunday October 9th.

LA VINA 20th ANNIVERSARY *Joshua H.*: It was 114 Degrees, but we were inside. The speakers were great. Our Area had 5-member speaking. We had a recording workshop for LV stories for the first time. The next anniversary went to Area 93. There were 836 registrations and CNCA had 189 registrations.

NAAAW *Laura W.*: The 20th NAAAW is September 8 to 11. Current and past trustees and current manager of GSO will be speaking. Registration is at 284 and we are hoping for 350 to cover our expenses. The deadline for registrations is 9/1, with online registrations to 9/5.

ASSEMBLY AD HOC *Erica S.*: We had some responses from our survey. We had feedback from the DCMC, and have finalized the questions that are going to the GSR’s. Please talk about this at your districts and get back to the ad hoc committee as soon as possible.

SPANISH WOMEN’S WORKSHOP IN AA:

Nancy R.: We received an invitation from Area 05 to attend this event. We met at PRAASA and talked about the idea of having this workshop for Hispanic Woman in AA. We met on August 13 in Commerce Ca. 27 women were in attendance from Areas 05, 06, 08, 93, 01, 13, 49, 09 and 03. The meeting was productive, we celebrated the unity among us and talked about the need to make more workshops. We chose from different topics, voted and selected 2. The next workshop will be in Area 08, San Diego. It will be on December 3; programming and schedule will be sent out soon.

Housekeeping Motions:

That CNCA 06 invite the Pacific Regional Trustee to facilitate the 2016 Election Assembly, November 5, 2016 in San Jose and pay for this travel, lodging and meals at a cost not to exceed \$750.00

Q. Have we always done it like that? Have we always reimbursed? A. Yes

No Objections: Motion Passes.

Assembly Bids:

District 20 and 08 bid for the Pre Conference 2017 Assembly on April 8 – 9 at Alameda County Fairgrounds. Total bid cost of \$7, 825.00. Q. Why is the outside use for only one day? We will need volunteers for Registration at 7:30. A. I think that is included, but at the worst case, it would be an additional cost of \$50.00. Vote: Yes: 60 No: 0.

Bid accepted by committee.

District 12 bid for the Fall Inventory Assembly 2017 on November 4, 2017 at Petaluma Veterans Hall. Total bid cost 5,085.00. Q. Will we be able to get in at 7:30? A. We can get in at 6:00 A.M. Q. Did we have the summer assembly at this location last year? A. Yes. Vote: Yes: 60 No 0. Bid accepted by committee.

(Seventh Tradition and BREAK) 1:50 to 2:00pm

Area Business

Presentation of New Business:

Motion:

Time and space be provided for an accessibilities meeting prior to each Area Committee Meeting to discuss problems, successes, strategies and share experience, strength and hope. -- Presented by Teddy BW – There has been a lot of discussion around this committee at the ACM. We were not quite ready to decide what the committee would look like and what it would do. I looked back at the motion that created the GV/LV sharing session in 2009. The motions are the same, except that I added “and share experience, strength and hope.” I think out of that something would come if something else is needed.

Motion was seconded from the floor.

Discussion: Q. Who would share this meeting? A. That is not the intent of the motion. Q. Would this be opened to anyone? A. The intent is to have anyone who would wish to attend be able to attend. Q. What kind of problems? A. I have no idea. Q. Is there an intention to have an Area Officer attend or facilitate it? A. If someone was needed, I think that we have someone available. Q. Is the intent to extend unity of Area 06. A. Yes. Q. What kind of problems would be discussed? A. I worded the motion as broadly as possible so that members could bring any accessibility problems. Q. Would this have a report at the ACM Business Meeting. A. That is a question for the Chair, but my understanding is that if we have any sharing session, there is a report back.

AREA COMMITTEE MEETING MINUTES (Cont.)

Q. Are we going to have interpretation to make this more accessible? A. I have not considered that, but yes.
>>Committee voted motion should be Committee business.

****Motion moved to New Business at the next Area Committee Meeting ****

Motion:

That CNCA Fund the BTG Chair or his/her designee to attend the NCCAA Conferences when held within CNCA
— Presented by the BTG Committee

Questions: Q. Is this for ongoing and future conferences?
A. This would be a policy change. Q. Is this to reimburse for someone that has already been attending? A. Part of the chair's job description is to participate at the NCCAA events that are within the area. Q. This would not include when the conference is in CNIA? A. Yes. Q. Would you take an amendment to include CNIA? A. I have not looked at the financial impact of that. I'm not sure what to say. Q. When I chaired the committee, there were extra funds for travel. Can't we just take the monies out of the funds that are already set? A. We are projecting that the monies set have already been spent. Q. As the motion reads now, it would be requiring the chair to attend the workshop. Can we add that this would only be for local travel? A. If there was someone else that was willing to go, I think the chair would be happy to let them go. Q. I see that the PI/CPC Chair is reimbursed to go to the NCCAA and H & I Conference when needed. Is it your intent to have reimbursement something that is already done? A. I think that we would provide services when needed. Q. You are currently projected to be under budget by about \$200.00 for travel. May I suggest that we just increase the amount of travel for the chair instead of creating another line item. A. Yes, I could agree. I will withdrawal the motion and just add to the cost of the travel in the budget.

Old Business:

Motion: That CNCA fund one Website Committee person, at a cost not to exceed \$1200, to attend the 3-day National AA Technology Workshop to be held Friday November 18th through Sunday November 20th, in Winston-Salem, North Carolina.

Discussion: My district was in favor of this motion. In the translation it does not show the amount. A. \$1,200.00 is the total amount.

>>The chair asked for a sense of the meeting. The Committee was ready to vote, and agreed to require a substantial unanimity and or 2/3 majority.

Vote: Yes= 55 No= 1 Abstain= 0

Minority Opinion: None given

No motion to reconsider. ****Motion Passed****

Motion: That CNCA accept contributions and payments electronically.

Discussion: My District was in favor of this motion.// My District was also in favor of this motion.// My District thought this would streamline the process of the envelopes being opened.// My District though this would be a faster process rather than getting a money order or sending a check.// The finance committee has been talking about this for a long time. We will take care to be sure that this is safe for CNCA. We would like to get the area's approval for considering this.// I have not talked to my district about this, and I would like to get more information from my district before I vote.// There is no requirement that a group or individual cannot contribute in the same way they are doing it now.//

****Motion to remain as Old Business for next month. ****

"What's On Your Mind?"

I would like to invite you all to the assembly dinner and we will be taking reservations today. Flyers are on the front table.// The reason I asked the questions I asked for the BTG motion, is because there are systems in place in our financial guidelines. I'm not sure that not making a motion is the correct way or not.// We made major changes to the Financial Guidelines this panel. We feel that we will leave any more changes to the next panel.// You do not have to pay for parking at the AAAWS. Dinner is full as of this moment. // I am asking for 3 members from each District to read the Concepts in English, French and Spanish. We will be going to a studio to have this done professionally.

The meeting was closed at 3:00 pm with the Responsibility Statement.

Submitted with Love and Gratitude,
Barbara S.
CNCA Panel 65 Recording Secretary



AREA OFFICER JOB DESCRIPTIONS -- AREA CHAIR

Chair's Rules- Because of the spiritual aspect of our program, we do not conduct business quite like other businesses. Going slow and not rushing seems to produce a better outcome rather than just getting the job done. Keeping in mind that we strive for an informed group conscience and substantial unanimity, the chair must decide if all voices have been heard before going to a vote.

Area Chair Job Description

Prior to the Area Committee Meeting

One week before: 1 hour

- Create Agenda for meeting
- Send to translation

Day Before: 4 hours

- Make copies of Agenda in English (100) and Spanish (35)
- Create officer meeting agenda – make 8 copies
- Create District visit report- make 8 copies
- Update Area Officer visit sheet- make 8 copies
- Write report for ACM if needed
- Pack car with: Lost and found tree and bag of lost and found articles, blue roller box which contains agenda, copy of past CNCA Comments, Motions book, Service manual, timing devices, Dry Ease pens and erasers, radio and extra batteries, phone and charger
- Make Chair's Agenda

Day of ACM 12 hours

- Arrive early enough to set up podium
- Attend assign committee meeting
- Finds readers for ACM
- Run ACM
- Help clean up afterwards
- Set up for officers meeting
- Run officers meeting

Day after ACM 1 hour

- Update Area Officer Visit sheet and email to all officers
- Start writing Chairs Preview
- Update Motion page and Calendar
- Make note of any action items made at the officer's meeting

One week after ACM 2 to 3 hours

- Remind officers to turn in their reports for the Comments
- Coordinate with CNCA Comments

Editor about creations of the Comments

- Review final version of Comments
- Send appropriate documents to Web Chair for posting on the Web page

Prior to an Area Assembly

Two weeks before 1 hour

- Create the Agenda
- Send to Translation
- Other duties depending on what Assembly it is

One week before

- Make copies of agenda in English and Spanish
- Create Chairs agenda
- Pack car

Day before the Assembly 2-4 hours

- Arrive at site and set up podium and lost and found
- Help as needed with set up

Day of the Assembly 9-10 hours

- Find reader and timers
- Introduce yourself to the Assembly chair, coordinate how to do lunch, where are bathrooms, smoking area and any other important announcements
- Be aware of visitors and introductions
- Run the Assembly
- Keep meeting flowing and on time

Duties as Assigned

- After February 15, meeting with all officers and divide up the Agenda topic. Receive all input from other officers and organized document and edit. Send to Delegate for printing. Email to District Chairs final copy of Agenda Topics
- District Visits 3- 4 each month. If an officer cannot make a visit, find someone to cover for them.
- At the beginning of the Panel, notify new members of standing committees
- Answer all email and phone calls from the fellowship
- Notify those chosen for Panels at the Post conference and Workshop speakers for the Summer Assembly
- Notify those chosen to write Pros and Cons for motions
- Notify person chosen to do the Orientation for each assembly

About 20 -25 hour a month on Chair's duties

About 20- 25 hours a month on District Visits and travel

DCM SHARING SESSION

CNCA 06 DISTRICT COMMITTEE MEMBER SHARING SESSION

August 27, 2016

Chairperson: Michael Q.

The meeting opened with the Serenity Prayer Introductions.

Secretary Report: Minutes and presentation are available in English and Spanish.
Thank you for translating: Tony A.

Job Descriptions: Area Chair – Joann L.

The only job with furniture, chair & coat rack!
Chair's rules: Going slow and not rushing seems to produce a better outcome, rather than just getting the job done. Keeping in mind that we strive for an informed group conscience and substantial unanimity, the chair must decide if all voices have been heard before going to vote.

(**See job description in your CNCA Comments or Comentarios**)

Presentation: Concept IX – Nicole C. District 04

Discussion:

- We all make it personal. Concept study in our district. Leading by example not by mandate. We all need to find our niche. Find a skill match the individual has.
- Learned about an informed group conscience through a tough experience in a business meeting which helped me learn and grow.
- Common welfare in our life and in A.A. is considered in our personal lives and our fellowship
- Listening to our intuition in regards to our service
- Leadership is not about doing everything perfectly but jumping in and getting messy and doing what is best for the fellowship as a whole, not just my agenda
- We can be a back room leader, a bleeding deacon or elder statesman. Do we ask questions? Do we rally with others or work hand in hand with someone.
- What does it look like in the way I carry myself in my AA life? Passing service onto our sponsees, choosing a home group with a GSR. In my home life how am I helping someone grow?
- When I hear the language of the heart it reminds me

why I stay in service. Humility in action helps me become a better person. Fear can crop up and then I have to be reminded about service and humility and to remain teachable.

- Control was my 1st defect of character and after getting into General Service I got to learn how to let others run the meeting and give up control. Asking questions is how we can lead our GSR's to learn and grow. That's good service leadership
- Practicing inclusiveness in all aspects of life as a "we" decision
- AA is the only organization where we come in as big shots that work ourselves up into being of service – from the Grapevine
- We are blessed with the Area officers we have that are in service to the extent they are to our fellowship.
- What do you look for in a leader? Winston Churchill – persistence. Another is vulnerability. Demonstrated in the presentation today. Talk to someone about leadership in groups of 2 and follow up.
- In regards to taking a position, qualities were learned through practice in the position. Connections that happen in our service enlarges our world.
- In new jobs/service we need to help new people as well as our own path. Follow up, follow up.
- Personalizing our teaching helps others to really understand.
- Our area is so blessed and seeing our servants from New York that have repeatedly answered the same questions with grace and patience and love. Forums and PRAASA are great vehicles for all of these.

Next Month's Presentation:

What is a Forum? What happens, who's there? Why do we go there? – **Nicolas G., District 40**

Topics for Next Month:

Election Assembly – Available Not available process
Conference Report and how to share with your groups
How to bring on new GSRs in our district

Submitted in Love and Service,
Claudia N.
Recording Secretary
DCM Sharing Session – Panel 65

Balance Sheet July 2016

**California Northern Coastal Area
Statement of Financial Position**

As of July 31, 2016

| | <u>Total</u> |
|-------------------------------------|---------------------|
| ASSETS | |
| Current Assets | |
| Bank Accounts | |
| B of A Checking | 22,972.87 |
| B of A Savings | 9,195.73 |
| Total Bank Accounts | <u>\$ 32,168.60</u> |
| Other current assets | |
| Assembly Deposits | 1,751.90 |
| Total Other current assets | <u>\$ 1,751.90</u> |
| Total Current Assets | <u>\$ 33,920.50</u> |
| TOTAL ASSETS | <u>\$ 33,920.50</u> |
| LIABILITIES AND EQUITY | |
| Liabilities | |
| Total Liabilities | |
| Equity | |
| 3900 Operating Funds - Adjusted | 16,802.66 |
| Prudent Reserve | 9,194.86 |
| Net Revenue | 7,922.98 |
| Total Equity | <u>\$ 33,920.50</u> |
| TOTAL LIABILITIES AND EQUITY | <u>\$ 33,920.50</u> |

Expense Report July 2016

California Northern Coastal Area Budget vs. Actuals: 2016 Budget - FY16 P&L January - July, 2016

| | Actual | Budget | Total over Budget | % of Budget |
|---------------------------------|---------------------|---------------------|----------------------|-----------------|
| Revenue | | | | |
| Assembly Contributions | 5,602.00 | 4,900.00 | 702.00 | 114.33% |
| CNCA Comments Subscriptions | 6.00 | 60.00 | -54.00 | 10.00% |
| District Contributions | 10,121.38 | 8,500.00 | 1,621.38 | 119.08% |
| Group Contributions | 56,693.91 | 53,000.00 | 3,693.91 | 106.97% |
| H & I Archives Rent | 1,100.00 | 500.00 | 600.00 | 220.00% |
| Interest Income/Prudent Reserve | 1.07 | 3.00 | -1.93 | 35.67% |
| Personal/Misc. Contributions | 317.95 | 910.00 | -592.05 | 34.94% |
| Tradition 7, Area Committee | 2,060.45 | 2,140.00 | -79.55 | 96.28% |
| Total Revenue | \$ 75,902.76 | \$ 70,013.00 | \$ 5,889.76 | 108.41% |
| Gross Profit | \$ 75,902.76 | \$ 70,013.00 | \$ 5,889.76 | 108.41% |
| Expenditures | | | | |
| Committee Expense | 10,792.33 | 15,879.25 | -5,086.92 | 67.96% |
| Delegate Expense | 5,746.06 | 5,911.00 | -164.94 | 97.21% |
| General Expense | 35,737.92 | 33,249.50 | 2,488.42 | 107.48% |
| Officer Expense | 16,950.83 | 17,683.75 | -732.92 | 95.86% |
| Total Expenditures | \$ 69,227.14 | \$ 72,723.50 | -\$ 3,496.36 | 95.19% |
| Net Operating Revenue | \$ 6,675.62 | -\$ 2,710.50 | \$ 9,386.12 | -246.29% |
| Other Revenue | | | | |
| Refunds/Rebates | 1,247.87 | | 1,247.87 | |
| Total Other Revenue | \$ 1,247.87 | \$ 0.00 | \$ 1,247.87 | |
| Other Expenditures | | | | |
| Reconciliation Discrepancies-1 | 0.51 | | 0.51 | |
| Total Other Expenditures | \$ 0.51 | \$ 0.00 | \$ 0.51 | |
| Net Other Revenue | \$ 1,247.36 | \$ 0.00 | \$ 1,247.36 | |
| Net Revenue | \$ 7,922.98 | -\$ 2,710.50 | \$ 10,633.48 | -292.31% |

CNCA SUMMER ASSEMBLY BUSINESS MEETING MINUTES

CALIFORNIA NORTHERN COASTAL AREA ASSEMBLY BUSINESS MEETING MINUTES FOR 2016 SUMMER ASSEMBLY

The Assembly Business meeting of CNCA was held on August 6, 2016 at the Santa Cruz County Fairgrounds, Watsonville, CA. The meeting was opened at 9:00 by Joann L., followed by the Serenity Prayer. The AA Preamble was read by George of District 05. Ryan of District 03 read the Traditions in English and Jose of District 40 read the Traditions in Spanish. There were 3 past delegates present: Diane O. (Panel 35), Doug G. (Panel 53) and current committee member, GSO Trustees Literature Committee, and David N. (Panel 59) and current non-trustee Director. The minutes from the Summer Assembly were approved as written with correction made to the date of the meeting. Date should read May 14, 2016.

Registered attendance: Voting members = **218**, Non-voting= **128**.

Officer Reports

DELEGATE Raymundo L.: I have given 19 Delegate's Reports and have 4 more to go. Thank you all for your wonderful hospitality. Thanks to the staff at GSO, in a couple of weeks we are going to receive the conference report in 3 languages, English, Spanish and French. Hopefully they will be available by the next ACM. Pacific Regional Forum in Hawaii is 9/30 – 10/2/16. You can make reservations at the hotel @ 808-886-1234. Use discount code PRF. I sent out this morning our Pacific Regional Trustee's Report. He just came back from the Board weekend and he already sent us his report. Please share this information with care since we have some of our members' last names. Some of the highlights are Dave R. has been hired as Public Director. We will be talking about combining the twelve traditions with the 12 concepts. 2500 over budget and about 300 over next year. The committee for the feasibility study met in June to review the summaries from the sharing session at the conference. We will receive copies of this later.

ALTERNATE DELEGATE Phil B.: Thanks to Districts 40 and District 03 for their work and volunteers to put this assembly together. I am looking forward to participate in today's events. Thank you to our hosts, District 03 Santa Cruz and District 40 Santa Clara South. Thanks to all the volunteers that made this event possible. The big decision today for you is, which two workshops do you attend. The Summer Assembly is considered the "Fun Assembly" so keep the tradition alive and have fun today.

AREA CHAIR Joann L.: Thank you to Districts 03 and 40 for this assembly. If you are a presenter at the workshops today, please give a copy of your presentation to the translator. There is also free Wi-Fi in the building today if you need to connect.

TREASURER Teddy BW: The state of the CNCA Treasury is sound. As of today we have \$24,065.38 in the bank plus our prudent reserve of \$9,195.65. Financial reports are published in the *CNCA Comments* each month. It's not the Treasurer's role to tell anyone what they should or should not put in the bucket – but to provide pertinent information so that you can make an informed decision. If the total cost of

today's Assembly is divided by attendance – that would be \$16.80. The food cost is \$4.50 per member. On one end of spectrum is the AA member whose opinion is that s/he should put \$17 in the bucket plus another \$17 for the person who can't afford to. On the other end of the spectrum is the AA member whose opinion is that the group contributions should pay for 100% of the business of the Area. And then, there is everything in between. All I know is that there is never a shortage of money in AA, only a shortage of good information... And one final piece is that we accept cash and checks made payable to "CNCA."

REGISTRAR Ray W.: If you have not registered yet, please be sure to register before lunch. We use these numbers for lunch preparation. There have been many people arrive after 9:00 so please be sure to register soon.

RECORDING SECRETARY Barbara S.: Please remember that you are being translated by our translators today and I am trying to record what you are saying from the microphone. Please remember to speak clearly and slowly so that you can be translated and recorded.

ASSEMBLY COORDINATOR Michael Q.: Thanks to Districts 03 and 40. There was a lot of fun setting up yesterday. Everyone seems to remember the food at each assembly. You will remember this one. There are flyers for the election assembly in San Jose in November 2016 on the front table by registration.

LITERATURE/GV/LV Augustin L.: LV new book, "One Day at a Time" came out in May. First ever publication on the Traditions. Senior editor was very excited about the stories of personal experience. Work has started on "Young People in AA" by the literature committee in NY.

Area Sub-Committees – SECOND QUARTER REPORTS

ARCHIVES Richard W.: The Archives Committee has been continuing our work on several projects. Our project of reorganizing the Archives Repository has been going well, and we are on track to reach the next stage of this project in September. We have been collecting group histories for the Group History Drive to be both archived in our repository and displayed at the 20th National AA Archives Workshop. Thank you to those groups who have sent them in! We are preparing for the upcoming 20th National AA Archives Workshop September 8-11, 2016 in Concord. We are so grateful CNCA has the opportunity to host a workshop that is held all over the US and Canada. Participating at the NAAAW has been essential to the work the Area Archives Committee has been doing over the last few years and we are so grateful our whole area has an opportunity to attend.

BRIDGING THE GAP Kelly H.: Gave 206 presentations and received 871 requests for help during the first 7 months of the year. Looking forward to the annual BTG Workshop Weekend, Sept. 9-11 in Tucson, AZ. Tom F. of Dist. 12 will represent us & report back. We continue discussions internally and with trusted servants from H&I regarding the need, scope, availability of correspondent volunteers and tools for the Short Term Corrections Correspondence pilot. Our report & suggestions will be presented at the Sept. 24 ACM.

CNCA's 11th annual BTG forum is Sat. Oct. 15 at historic Hoover Theatre, San Jose; hosted by Districts 4 and 40. A former Class A Trustee will anchor the Corrections panel.

CNCA SUMMER ASSEMBLY BUSINESS MEETING MINUTES (Cont.)

FINANCE Russ A.: Both the Pre-Conference and Post-Conference Assemblies were very well attended and we sincerely appreciate the generous 7th Tradition contributions we received at both events. We have presented a new motion to the Area Committee: **"That CNCA accept contributions and payments electronically."** Through the normal process, this motion is currently under discussion and will likely be so for another few months. We encourage and welcome your consideration of this motion and appreciate hearing your thoughts. Committee Chairs have received the Budget Worksheets for the coming panel. Thanks to those who have already returned these to the Finance Committee and we would appreciate receiving the remaining Budget Worksheets by the Summer Assembly. We are grateful to all the Committee Chairs for your careful consideration in helping us plan for the next panel. Contributions have been modestly better than expected through the second quarter of this panel. The Finance Committee has been carefully monitoring cash-flow projections and it appears that we will continue this year operating well within budget. On behalf of the Area we extend our gratitude to all the groups and individuals who have continued to provide your generous support for CNCA to help us to carry the message.

PI/CPC Phil B.: The Public Information and Cooperation with the Professional Community committee within our Area offer member volunteer positions and a wide variety of service opportunities. We speak at local high schools and colleges, DUI classes, treatment facilities etc. We also attend health fairs, and staff Professional conferences in and around the Area. We give presentations to Police and Sheriff departments. We put Big Books in libraries and distribute Public Service Announcements to radio and TV stations. We put literature racks in Doctors' offices, police stations and schools. Your PI/CPC committee staffs literature tables at Unity Days and picnics. We also handle Anonymity breaks at the level of press, radio, TV, Internet and social media. As our PI workbook states, "Fight apathy within the Fellowship..." Sound exciting. Sound important? We have a service opportunity for you! To find out more feel free to contact me or better yet attend our Area PI/CPC committee meeting, which is held every fourth Saturday at 11:00 in Petaluma Community Center.

WEBSITE Cheryl G.: During the quarter ending June 30, 2016, the Website Committee has added two techs to the Committee to manage the servers. We had an email issue that began last November, caused by Bluehost who also restored our accounts. Those issues are now resolved. Part of the resolution was just changing hosting but the rest of the issues have now resolved as well. Our Policies, Procedures, Guideline document passed in Committee on June 25 with 100% unanimity. The documents will now be sent to translation for the Spanish translation. Next we will present to the ACM for approval. We invite anyone interested to please come talk to one of the committee members before lunch to ask us your question.

INTERPRETATION AND TRANSLATION Claudia N.: Our I & T committee continues to try to keep up with the needs of the Area for translation, interpretation and equipment lending. We have noticed that many people buy radios but leave

them at home and implemented in this quarter a "lending program" for radios at Assemblies. This has been a huge success and we have had all radios returned in a timely manner. Because the lending program has gone so well, we are looking into implementing it on a smaller scale at the Area Committee Meeting in Petaluma. Our Interpreters are continuing to work with us at our assemblies and we have filled any gaps at our subcommittee and committee meetings as needed.

Our translation team is working at looking into a software package that may benefit the committee as well as the Area as a whole for the future. We have formed an Ad-Hoc committee that will report back its findings later in the year for the next panel to consider. We have had topics come up out of our Inventory surrounding barriers to Area meetings, Assemblies, etc. As a result, we have brought to the Area the possibility of an Access Committee and this has been brought as a formal motion.

NATIONAL AA ARCHIVES WORKSHOP – Laura W.: September 8-11 2016. This is a service workshop for AA Archivists and anyone interested in AA history in general. We have our program schedule back on the Archives workshop. Please stop by when you have a chance.

Housekeeping Motions:

None

Area Assembly Business

Old Business:

Motion:

That the General Service Conference develop a pamphlet sharing experience, strength and hope on group safety.

Discussion: Majority of group was in favor. Most of the discussion was around violent behavior and the minority option was that this was a group's issue at the local level.// Our group was in favor of this motion.// Our group was in favor of this motion. The minority felt that AA was going to be policed.// Our group is not in favor of this motion, the group felt that this was a group issue.// Our group is grateful that this discussion is being brought up. What will safety mean in this pamphlet. The minority in our district was that this issue should be handled at group level. This could not cover all the safety issue. This may also cause a legal issue, but the remainder of our district was in favor that AA needs to be a safe place. This is experience/strength and hope and not guidelines.// My group is not in favor of this motion. The expense was one issue due to AAWS financial issues at this moment. They also felt that good sponsorship and secretary workshops would be most helpful.// How compensative could this be based on the broad safety issues. We felt that this could be a conversation that could take place in the GV.// We are in favor of this motion, and it could be great support for secretaries. // This is a good idea. Safety needs to be defined. We need to focus on tradition 1 and 2 and issues that would disrupt the group and how they were handled inside the group.// We are in favor of this motion.// We are in favor of this pamphlet.// We are in favor of this motion.// We have concerns how this will be passed on to the secretary, and would this be rules for AA? // We like this motion, but be sure

CNCA SUMMER ASSEMBLY BUSINESS MEETING MINUTES (Cont.)

it is experience, strength and hope and not guidelines. Stories from the fellowship on how they handled safety issues successfully. Safety needs to be defined better.// We are in favor of this pamphlet.// Most pamphlets are not necessary; If the group was healthy this is handled at group level.// Different areas have different safety issues and would be handled different. I got a lot of pamphlets when I was new, and did not read any.// This could be handled at the group level and the information in the Group Pamphlet under inventory. Our group was against this 100%.// Our group was in favor of this motion, but the minority said, let's not call it safety, it could scare the newcomer away.// We are not in favor of this motion. There is always going to be conflicts between members, the traditions are for the groups to help them work together. // My group has group safety guidelines in our group. We think it would be helpful to give groups an AA group conscience on how the fellowship feels about safety.// My group was in favor of this pamphlet. Not rules, but sharing information about how others have handled group safety. Those not in favor stated the groups and individuals need to look at this on a personal level. This needs to be handled through the traditions and steps.// Our group felt this motion was a little too broad, maybe a book would be better to represent all of AA. They thought it should be at a more local level.// We then forward a motion to our local office for some information.// What about the liability, maybe these issues belong at the District or local level.// We are in favor of this pamphlet. It could help many groups to have guidance on safety issues. Sometimes it is hard for the group to start this conversation and maybe this would help start the conversation.// We are in favor of this motion. We agree with everything that has been said, except if we issue guidelines is AA, issuing guidelines to override the groups conscience. Could this bring up legal issues for the fellowship? // One group that I helped get a group conscience is a fellowship with some issues around safety. They would like some guidance from GSO in general about who to call and when to call about these issues. The Assembly was asked if they were ready to vote, and the Assembly was ready to vote. 2/3rd was required to pass.

Vote: Yes: 95 No: 87 Abstained: 4

Minority opinion: When I think why we need this and believe we do need this pamphlet. I think it is not good for our area to cut off this discussion and believe this would be good for AA as a whole.// This is a sharing of experience, strength and hope, with stories rather than guidelines. It would not handle all areas of safety, but could be a catalyst for discussion at the group level to have the group develop their guidelines.// No one talked about the content of the pamphlet. We need guidelines for the violent member that enters the meeting, guidelines are suggestions not orders.// This motion is about sharing and not guidelines.// We have had two fellowships that are facing serious issues around group safety. Bill W. always said our experience shows. This should be groups' experience with safety issues.// This could help us develop a safe place to have this discussion.// I have seen violence in groups myself. Newcomers that see this will never come back to a meeting. We need this as general suggestions for the group to have this conversation.// This issue has

been around for a long time. This is one avenue that our experience, strength and hope can be voiced for others to hear.// Members that come in with behavior issues are still to be welcome in our group. We would like to stop members from coming in with guns and knives.// I have heard expressed fears that the traditions are just an excuse for us to be abused. This would be a great avenue for us to have a conversation about safety in AA and how should they heal.// We need this education for our group. My group does not have women to be sponsors. This is a safety issue that we need to address as a community.// This pamphlet would be experience of the fellowship. This would be a guide and not rules.// AA is everywhere, there are different meetings, this is not about policing or guidelines. This would not put AA into legal situation. We are talking about experience, strength and hope from our members.// My group had a young secretary; I would love to be able to give them a pamphlet to help them understand group safety.// A vote on this pamphlet, does not create the pamphlet, it creates a discussion on a national level.// It is clear to me there are many meetings that are not healthy. They need this for direction.// When I discuss my experience as a newcomer, there is some violence and demands that I did not feel were correct. We need this to let the newcomer know what could happen.// We have a large fellowship that is not in the best part of town. This pamphlet would help us to see what the rest of AA does about these problems. We would like to hear other opinions.// When I was a new secretary I felt it was my responsibility to take care of issues. This would have been helpful to me to have some experience of the members to lean on.

Motion to reconsider was made and was seconded:

Vote = Yes 126, No 47

This motion will stay as Old Business at the Pre Conference Assembly in 2017.

New Business:

Motion:

'That all Area business in CNCA be decided by substantial unanimity, usually 2/3.

Discussion: We are not in favor.// In general we are in favor of the concept but do not like the word "usually."// My district was not in favor of this.// We are not the General Service Conference, we can solve issues more quickly and need to trust our chair to make the correct decision on motions that should require 2/3 majority.// We don't think everything requires 2/3.// This would slow business down and would be controlling; this sounds like someone that did not get their way.// We need to trust our chair.// Time is not a tool, the need for efficiency is not a principle.// I don't like the wording of all business. Discussing all issues till a 2/3 majority is obtained might mean we could not move on with our business.

This motion will be Old Business at the Pre Conference Assembly in 2017.

Motion:

'That CNCA moves to reintroduce the following section (From page 6 of the AA Member – Medications and Other Drugs, Revised 2011, and also from the 1998 edition of Living Sober page 89) in "Appendix" in Living Sober (2012 edition). Placement of the below text will follow

CNCA SUMMER ASSEMBLY BUSINESS MEETING MINUTES (Cont.)

the current section **Note to medical professionals (page 90).** [Full Motion printed in the 2015 Fall Assembly Minutes.]

Discussion: Our District made this motion. There was an Old Version of the Living Sober Book "Yellow Book," and an updated version of the book "Blue Book." To understand this motion, you should look at both versions. The Conference called for minor changes, but this change was not minor.// We are in favor of this motion, it shared experience around this topic for our members.// There are members that have other problems other than alcoholic; members have times where pain medication needs to be prescribed by your doctor, so this give members some experience. It also is education for our doctors. We need to be careful on the advice to members.// We are not in favor of this motion. Motion is too detailed, tries to cover too many issues.// We are in favor of this motion. We have members that are on medication, we have lost members that are in need of medication, and sponsors sometimes don't have knowledge of these issues.// It is common to hand to newcomers the Living Sober Book, not the pamphlet for AA and medication. It is important to educate newcomers on AA's position on medication.// It is important that we add this back to our literature. We need to let members know the position of AA regarding these issues.// We are in favor of this motion. We do not play doctors, and we need to direct newcomers to Doctors.// We are in favor of this motion. AA's program does not replace the use of a doctor. We should not be giving members medical advice.// AA is a spiritual program, not a medical program. We are not professions.// We are in favor of this motion. Medication is necessary at some times in our life. Some members have been told that they can't take medication and this has caused them to leave the fellowship.// We are in favor of this. There is going to be a pamphlet on mental issues. We need to address members with other issues. This would be helpful for members to understand these issues better.// If this was not agreed to by the Conference, it should be put back in.// I have been told not to take medication, and have had members tell me to take medication. I was directed to the Living Sober Book and this section helped me to understand my recovery and medication.// Medication has saved my life. I was told when I came in that I should not take my medication for my depression issues. My sponsor knew about the section in Living Sober Book and I was able to understand my medication and my recovery program.// I have been of service to H&I facilities that the patients were medicating their mental illness issues with alcohol and drugs. This would help them understand that is it important to follow the doctor's direction when it comes to their medication; AA has no opinion.// I have to remind myself that the only requirement for membership is a desire to stop drinking.// When I got sober I stopped taking my medication and became suicidal. There was a member that explained to me the position of AA and medication. I have been taking medication ever since. I would not be here if not for that information.// I have been able to take pain medication over the years successfully.// There are members in 12 step programs that tell members to stop taking all mental medication, and this can be harmful to our members and put them at great risk.// I know a member that stopped taking

her medication and ended up in an institution. After returning to taking her medication, she was able to return to meetings.// We need to be open and understanding to all members that require medication.// This issue about medication is serious. We as members cannot say who can and who cannot take medication. Professionals need to make that decision. Sometimes when we are stop drinking we no long need medication, but this is not true to all members. Some members require medication to continue their lives.// Page 411 talks about this issue. We need to look at how we are taking our medication.// When I got sober I came in with another condition that required medication. I was afraid to share this to anyone, including my sponsor. I believe this is all about education to our members. // I have a sponsee that requires medication. When I was working with him it came to my attention that he was not taking the necessary medication. I went with him back to get his medication and he still is sober.// The answer is in sponsorship.// I was told to talk to my doctor and take my medication as prescribed.// We need to stay out of the medical field and put the language back in the book.// Not only meetings give out this book. Many programs also give out this book. From the profession side there is some lack of education. This causes the members to have the wrong impression of AA.// I take medication as prescribed. One spiritual principle of our program is honesty. My sponsor helps me with the honesty part.// We are not deciding AA's policy about medication. I feel that there are misunderstandings in the fellowship around this issue. I think we are trying to be sure that AA makes its position clear.// Why was this done in the first place? There should be a documents that shows this. We have a primary purpose and it is not to play doctor.// There is no documentation as to why this got removed, so I would treat this like an editorial issue.// We seem to be talking about the wording and not the motion that has been presented. When the book was updated, this was probably agreed that the information was in other places of our literature. I live with conditions that sometimes require I take medication. I have had older members share what AA's position is on medication. I would rather trust AA's literature and not another's opinion.// If this was done without conference approval, it needs to be corrected. //

This motion will be Old Business at the Pre Conference Assembly in 2017.

Motion:

'That language similar be added to the section "How Decisions Affecting A.A. Are Made" in "The A. A. Group" pamphlet at the conclusion of the following sentence...' [Full Motion printed in the 2015 Fall Assembly Minutes]

Discussion: We are in favor of this motion. "Why not?" This helps us understand the process, keeps it simple.// This motion came from our district. We had a member that was looking for this information in our literature. Some areas do not understand how this information is available, so this is to have in our literature the way AA does business.// For my understanding, the information is sent to the delegate, and it is up to the delegate to give out the information. Can a group get this information direct from GSO?// Each area is autonomous. Currently there is a dashboard and each delegate

CNCA SUMMER ASSEMBLY BUSINESS MEETING MINUTES (Cont.)

gets the information, and there have been groups that have asked to have direct access, but most receive direct from the Delegate.// I like the spirit of this motion and it does say "language similar." This is not how all areas follow this process.// My experience with this is not what the AA Group does, this is more for what AA does as a whole. Don't think it belongs in the pamphlet.// This information is not anywhere else in our literature. We all know how this works but the average member does not. This should be available in the literature somewhere for the average member.

This motion will be Old Business at the Pre Conference Assembly in 2017.

"What's On Your Mind?" Thank you for \$1,821.00 in contributions today.// Thank you to the Translation team today.// There are flyers on the table for our Unity and Service in Concord.// Palo Alto group is celebration 75 years on

September 17th. // NAAAW is September 8 - 11 2016, Concord Hilton, Concord, CA// Archives is Experience, Strength and Hope across time.// I live in Russia, and we are always looking for experience with Steps, Traditions and Concepts. We are looking for people to speak via Skype. Please see me after the meeting for more information.// I would like to thank Julia and Cory for putting this assembly together.// Numbers today are: 320 registered. Final numbers will be given out in a couple of days.// District 17 is preparing for the election assembly in November. See you all there.//

The meeting closed at 11:48 am with the Responsibility Declaration.

Submitted by Barbara S.
CNCA Panel 65 Recording Secretary

**CALIFORNIA NORTHERN
COASTAL AREA 06
OF THE GENERAL SERVICE
CONFERENCE
PRESENTS:**

**THE 2016 FALL ELECTION
ASSEMBLY**

**Saturday NOVEMBER 05, 2016
SCOTTISH RITE CENTER
2455 MASONIC DRIVE
SAN JOSE, CA 95125**

Registration: 8:00 - 8:30 a.m.

Orientation: 8:30 - 9:00 a.m.

**What Makes an AA Leader?
The Third Legacy Procedure
Area Officer Qualifications**

Officer Elections/US Trustee at large nominee: 9:00 a.m. - 12:00 p.m.

Pacific Regional Trustee Report

Lunch: 12:00 - 1:00 P.M.

Area Officer Elections (continued) 1:00 - 5:00 P.M.

What's On Your Mind?: 5:00 - 5:30 pm

Other Reports and Sharing Will Occur Throughout the Day

**REMEMBER TO BRING YOUR FM RADIOS FOR SIMULTANEOUS TRANSLATION
and assisted listening.**

CNCA CALENDAR

2016—Panel 65

September **8-11 20th National AA Archives Workshop in Walnut Creek**
24—Area Committee Mtg
30 - Oct. 2—Pacific Regional Forum in Waikoloa, Hawaii

October **15—BTG Forum**
 Historic Hoover Theatre, San Jose

November **22—Area Committee Mtg**
5—Election Assembly
 Scottish Rite Center, San Jose
 (Hosted by District 17)

December **26—Area Committee Mtg**
17—Area Committee Mtg

May

June

July

August

September

October

November

December

22—Area Committee Mtg
13—Post Conference Assembly
Lake County Fairgrounds, Lakeport
 Hosted by Dist 13

27—Area Committee Mtg
24—Area Committee Mtg
22—Area Committee Mtg
5 or 12 —Summer Assembly
26—Area Committee Mtg
23—Area Committee Mtg
28—Area Committee Mtg
4—Fall Inventory Assembly,
Petaluma Veteran's Hall
 Hosted by Dist 12

25—Area Committee Mtg
16—Area Committee Mtg

2017—Panel 67

January **21—Area Committee Mtg**

February **25—Area Committee Mtg**

March **3,4 and 5 PRAASA 2017**
 McClellan Conference Center
 Sacramento, hosted by CNIA

April **25—Area Committee Mtg**
8-9,—Pre Conference Assembly
Alameda County Fairgrounds,
 Hosted by Dist 8 and 20

23-29—General Service Conf, NY

2018—Panel 67

January **27—Area Committee Mtg**

February **24—Area Committee Mtg**

March **24—Area Committee Mtg**

April **7,8—Pre Conference Assembly**
22-28 General Service Conf., NY
28—Area Committee Mtg
12—Post Conference Assembly
Solano County Fairgrounds
 Hosted by District 09

May **26—Area Committee Mtg**

ASSEMBLY DATES CALENDAR

PANEL 67 ASSEMBLY DATES

2017 April 8-9 Pre-conference Assembly
 Alameda Fairgrounds
 (hosted by Districts 20 and 08)

2017 May 13th -Post-conference Assembly
 Lake County Fairgrounds
 (hosted by District 13)

2017 Summer Assembly
 August 5 or August 12

2017 November 04 Fall Inventory Assembly
 Petaluma Veterans Hall
 (hosted by District 12)

2018 Pre-conference Assembly
 April 7-8

2018 May 12 Post-conference Assembly
 Solano County Fairgrounds Vallejo
 (hosted by District 09)

2018 Summer Assembly
 August 4 or August 11

2018 Fall Election Assembly
November 03 or November 10

(Underlined dates preferred)

If your District is considering making a bid for an Assembly, please contact the Assembly Coordinator Michael Q. by visiting the "contact us" tab on the www.cnca06.org website.

CNCA AREA AND ASSEMBLY MOTIONS SEPTEMBER 2016

Area Committee:

Assembly Bids:

Housekeeping Motions:

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

- That CNCA accept contributions and payments electronically.

New Business at Area Committee Meeting:

- Time and space be provided for an accessibilities meeting prior to the Area Committee Meeting to discuss problems, successes, strategies and share experience, strength and hope.

Discussion Topic: None

Area Assembly Motions

Housekeeping Motions:

Presentation of New Business at Area Assembly:

Old Business at Area Assembly:

- "That the General Service Conference develop a pamphlet sharing experience, strength and hope on group safety."
- "That all Area business in CNCA be decided by substantial unanimity, usually 2/3."
- "That CNCA moves to reintroduce the following section (From page 6 of the AA Member – Medications & Other Drugs, Revised 2011 and also from the 1998 edition of Living Sober page 89) in "Appendix*" in Living Sober (2012 edition). Placement of the below text will follow the current section **Note to medical professionals** (page 90)":

"Some alcoholics require medication.

We recognize that alcoholics are not immune to other diseases. Some of us have had to cope with depressions that can be suicidal; schizophrenia that sometimes requires hospitalization; bipolar disorder, and other mental and biological illnesses. Also among us are diabetics, epileptics, members with heart trouble, cancer, allergies, hypertension, and many other serious physical conditions. Because of the difficulties that many alcoholics have with drugs, some members have taken the position that no one in A.A. should take any

medication. While this position has undoubtedly prevented relapses for some it has meant disaster for others. A.A. members and many of their physicians have described situations in which depressed patients have been told by A.A.s to throw away the pills, only to have depression return with all its difficulties, sometimes resulting in suicide. We have heard, too, from members with other conditions, including schizophrenia, bi-polar disorder, epilepsy and others requiring medication, that well-meaning A.A. friends discourage them from taking any prescribed medication. Unfortunately, by following a layperson's advice, the sufferers find that their conditions can return with all their previous intensity. On top of that, they feel guilty because they are convinced that "A.A. is against pills." It becomes clear that just as it is wrong to enable or support any alcoholic to become readdicted to any drug, it's equally wrong to deprive any alcoholic of medication, which can alleviate or control other disabling physical and/or emotional problems." *Presented by District 07*

- "That language similar to the following be added to the section "How Decisions Affecting A.A. Are Made" in "The A.A. Group" pamphlet at the conclusion of the following sentence: Annually, groups from the U.S. and Canada elect delegates (serving two-year terms) from their areas to the yearly meeting of the Conference in New York -- to hear the reports of the board's committees, G.S.O. and Grapevine staffs, and to recommend future directions, mainly in the form of Advisory Actions.

"Prior to the annual General Service Conference a list of important issues to be discussed during the Conference is published and made available to each and every Group in the U.S. and Canada. Because these issues make up a part of the entire General Service Conference Agenda, they are referred to as Agenda Topics. Every Group in the U.S. and Canada has the opportunity to review, discuss, and develop an informed Group Conscience on these Agenda Topics. The Group's GSR then carries the Group's Conscience on Conference Agenda Topics to the Area's Delegate, usually at an Area Assembly prior to the General Service Conference. The Area Delegate then represents the collective conscience of the Groups in the Area at the General Service Conference on these matters vital to A.A. as a whole."
Presented by District 11

New Business at Area Assembly: None

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1 Year: Printed \$28.97
 1 Year: Digital \$34.97
 1 Year Digital and Print \$49.97
 Make check or money order payable to:
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La Viña -- Spanish Magazine

1 Year (6 issues)
 Within US Printed \$11.97
 2 Years (12 issues)
 Within US Printed \$22.00
 Make check or money order payable to:
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Panel 65 Area Officers & Area Meeting Information

Feel free to contact the Area Officers by using the "Contact us" tab on the www.cnca06.org website.

Delegate
Raymundo L.

Alternate Delegate
Phil B.

Chair
Joann L.

Treasurer
Teddy BW

Registrar
Ray W.

Recording Secretary
Barbara S.

Assembly Coordinator
Michael Q.

Literature/Grapevine/La Viña Chair
Agustin L.

Pacific Regional Trustee
Joel C.

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P.O. Box 459
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CNCA
P.O. Box 884222
San Francisco, CA 94188-4222
www.cnca06.org

H&I
www.handinorcal.org

CNCA Standing Committee & Sharing Session Meetings

are the 4th Saturday every month. Sharing Sessions - 10 am
Standing Committee Meetings - 11 am
Area Business Meeting 12:30 - 3:30 pm

Archives Committee meets at 11:00 am. For information contact Sheri W. by visiting the "contact us" tab on the www.cnca06.org website. The CNCA Archives are located at 193 Mayhew Way, Walnut Creek, CA. The mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap meets at 11:00 am. For Information contact Bill B. by visiting the "contact us" tab on the www.cnca06.org website.

Public Information/ Cooperation with the Professional Community (PI/CPC) meets at 11:00 am. For information contact Phil B. by visiting the "contact us" tab on the www.cnca06.org website.

Interpretation & Translation Committee meets at 11:00 am. For information contact Claudia N. by visiting the "contact us" tab on the www.cnca06.org website.

Web Committee meets at 11:00 am. For information contact Cheryl G. by visiting the "contact us" tab on the www.cnca06.org website.

DCMs & DCMCs Sharing Sessions meet at 10 am.

Grapevine/La Vina/Lit. Sharing Session meets at 10 am.
www.aagrapevine.org

