



CNCA COMMENTS



A.A. Confidential -- October 2016

www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview -- October 2016

I think it is accurate to say we worked hard at the September 24 Area Committee meetings. After our usual reports from Area officers, District chairs and standing committees and such, there were two housekeeping motions that passed, three presentations of new business (all of which will stay at the ACM), one item of old business that was approved and discussion on an item of new business that will move to old business in October.

The housekeeping motions were as followed:

- That the BTG short term correspondence pilot program be extended for one more year. Presented by the BTG Committee
- That CNCA creates a bi-lingual 2018 Pacific Regional Forum "Save the Date" flyer in letter-size, postcard size and business card size formats at a cost not to exceed \$40. Presented by Raymundo

The three items of new business that were presented were:

- To add to future budgets an annual item to send of sending one individual to the National Technology Workshop at a cost not to exceed \$1200. Presented by the Web Committee
- Starting in 2017, CNCA increase the budgeted amount for the annual Delegate contribution for the General Service Conference from \$1600 to \$3500. Presented by the Finance Committee
- At its discretion, the Finance Committee of CNCA present a housekeeping motion at the December Area Committee meeting each year (starting in 2016) to finalize the annual Delegates contribution by CNCA to the General Service Board in respect to the following year's General Service Conference in an amount no less than the minimum suggestion by the General Service Conference and no greater than the anticipated full cost per Conference member. Presented by the Finance Committee.

The item of old business that passed was:

- That CNCA accept contributions and payments electronically.

This will be discussed by the Finance Committee and the Web Committee to see what is the best way to implement this request in accordance with our principles.

There was some discussion on the item of new business:

- Time and space be provided for an accessibilities meeting prior to each Area Committee Meeting to discuss problems, successes, strategies and share experience, strength and hope.

This will be old business at the October ACM.

We heard an inspiring report back from Tom F. about the national BTG Workshop held in Tucson, Arizona this year. Robin and Manuel gave job descriptions for CNCA Comments Editor and Comentaros Editor. These commitments are available for Districts to bid for the next panel. For more information you can ask Robin or Manuel or any area officer.

In service and gratitude,

Joann L.

CNCA Area Chair Panel 65

Aloha CNCA!

As I was writing my delegates corner, I could feel the inspiration of our Pacific Regional Forum. I had dinner with all the delegates from our region and I've noticed that one of the delegates was not there, but his alternate took his place. That reminded me of the principle of rotation.

Traditionally, rotation ensures that service positions, like nearly everything else in A.A., are passed around for all to share. Many positions have alternates who could step into the service of positions if needed.

Many outgoing service position holders find it rewarding to take time to share their experience with the incoming person. Rotation helps to bring us spiritual rewards far more enduring than any fame. With no A.A. "status" at stake, we needn't compete for titles or praise -- we have complete freedom to serve as we are needed. (S24 Service manual)

I'm having a wonderful experience among all our members that came into the event. The moment I arrived in Hawaii it took my breath away. From the airport, to the taxi driver, and the hotel personnel, everyone has been very welcoming. I've seen a lot of familiar faces, and one thing I'm going to say is when the chair asked members attending the forum for the first time I was happy to see a lot of people getting up. I'm not sure how many people are here already, but I've seen quite a few. I saw many members getting excited and asking questions. One thing that I really liked was that no one was wearing suits, including our trusted servants from GSO, Grapevine, and the General Service Board. It was suggested to go for a casual look.

I will be giving a presentation tomorrow about "*Carrying the A.A. Message with the Grapevine.*" It's interesting because I just found out last week that there is over 100 inmates waiting to be sponsored with a Grapevine or La Viña subscription. What a "coincidence."

Our Twelfth Step -- carrying the message -- is the basic service that A.A. Fellowship gives; this is our principle aim and the main reason for our existence. Therefore, A.A. its more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die. (S1 Service Manual)

Last year our area sponsored over 30 subscriptions for inmates. This year it's been only a week since we've found out, and you guys already covered 8 subscriptions. I have no words to describe how fortunate I am to be part of CNCA 06. You have taught me by example. You give me the strength when I needed it the most. You have made me feel deep in my heart that all of us together can reach out to the alcoholic who still suffers.

"Concerning any given service, we therefore pose but one question: "Is this service really needed?" If it is, then maintain it we must, or fail in our mission to those who need and seek A.A." (S1 Service Manual)

With Spirit of Love in Service
Raymundo L. CNCA 06
Panel 65 Delegate

Looking for Something?

Chair's Preview, p. 1

Delegate's Corner, p. 2

Area Committee Meeting Minutes, p. 3-7, 10

Area Financial Reports, p. 8-9

DCM Sharing Session, p. 11

Assembly Dates Calendar, p. 11

Area Officer Job Descriptions, p. 12

Comments & Comentarios Job Descriptions, p. 12

CNCA & Assembly Motions, p. 13

CNCA Calendars, p. 14

Area Officers and Meeting Info., p. 16

AREA COMMITTEE MEETING MINUTES FOR SEPTEMBER 2016

The monthly committee meeting of CNCA was held September 24, 2016 at the Petaluma Community Center. Joann L. opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Katie of District 90. Ann of District 12 read Tradition 9 and Mary Ann of District 04 read Concept 9. There were 3 past delegates present: Ken M. (Panel 61), Diane O. (Panel 35), and David N. (Panel 59) and current non trustee Director of AAWs Board. There were 2 GSRs present and 0 new DCMs present. The August 2016 minutes and financial report were accepted as printed in *CNCA Comments*. Birthdays: 267/14. Registered attendance: Voting= 54, Non-voting= 43.

Officer Reports

DELEGATE Raymundo L.: Thank you all to the Districts for allowing me to give my report. I will give my last report on 10/12/16. I have a date for the recording of the 12 Concepts in audio. It will be on 11/19/16, it's on a Saturday. Our publishing Director sent us a Narrator release form for all volunteers to sign. I received an e-mail from Doug, our past Delegate, about the Pacific Regional Forum in 2018. I have brought with me a save the date flyer that has been made available to us in three different formats: Full size, postcards and business cards. I will be presenting a housekeeping motion later for the cost of printing the flyers. One of our district GV reps asked if there were any gift certificates available for inmates at GSO. I called and they have over 100 requests. They will be sending me the list soon and I will share with you all when I receive.

ALTERNATE DELEGATE Phil B.: As you know one of my responsibilities is to pass out Birthday envelopes each month at the ACM. I feel this gives us an opportunity to show our gratitude directly to GSO in a very special way. Some of you have asked me when did the birthday plan start and when did it come about. I came across this piece of history in the 2016 Fall issue of Box 459. The Birthday plan was conceived during a coffee break at the Oklahoma State Convention in 1954. Delegate AB A. was inspired, he later said, to fellow AA Ted R., who had the great idea that members might like to celebrate their sobriety by giving it away to GSO, at the rate of a dollar for every sober year on their AA birthday. Ab checked out the suggestion with members back home in Tulsa; the idea took hold and snowballed with spectacular results: Contributions nearly doubled in the first year. This quickly spread across the US and Canada, and in 1956 the GS Conference approved the Anniversary Fund Plan where older members would remind other AA's of their responsibility to GSO. Birthday envelopes are free for the asking from GSO. Give them a call or go online.

AREA CHAIR Joann L.: Remember that the December ACM is on the 3rd Saturday of December. Also the January ACM will be on the 3rd Saturday, due to conflict of schedules with this facility. Also if you are thinking about making yourself available for an ACM Committee, please let one of the officers know.

TREASURER Teddy BW: We received \$6,319.12 in revenue this month, and I have written checks totaling \$7,119.65, which leaves us with \$17,518.47 in the bank, plus the prudent reserve of \$9,195.73.

REGISTRAR Ray W.: Districts are starting their elections in October- December. As soon as you elect an officer, please send me the information as soon as possible. We get quite a bit of changes at the beginning of the panel, so the sooner you send it, the better. When sending your changes for Panel 67, please mark on the change form. Also District Registrar needs to be at the Election Assembly at 7:30. If you don't have a registrar, DCMC's please give me a call to work

something out. Please also look at the mailing lists for your District and be sure that any positions that are vacant, show as vacant.

RECORDING SECRETARY Barbara S.: Just a little note from today, we have over 267 years of sobriety this month in birthdays. The Spanish version of the motion books Reports and Discussions has been completed. Raymundo had lots of help with the translation. I would like to thank you all that participated in the well needed service.

ASSEMBLY COORDINATOR Michael Q.: I visited District 17 this month, and planning for the Election Assembly is well on track. Flyers in Spanish and English are available on the front table, and there is also a downloadable version on the area website, at CNCA06.org. The Summer Assembly in 2017 is available for bid, as are assemblies for 2018, except the Post Conference.

LITERATURE/GV/LV Agustin L.: Each year GV holds a photo contest for members. If you would like to take pictures, the photos will be featured in our wall calendar. Send photos by December 1st to aagravevine.org/photo contest. GV is looking for stories: "My home group: How much I loved my home group" (Oct 5), "AA in treatment centers" (Nov 5), "Diversity" (Dec 5). LV is looking for stories: "Woman in AA: Stories from Spanish speaking women who recovered in AA." The GV new book: "Our Twelve Traditions" is available at aagravevine.org and then click on store, or call 800-631-6025.

District Reports

01 MONTEREY Susan G.: Our September meeting was well attended. We tiptoed into the idea of hosting a conference again, recalling pitfalls of using the Monterey County Fairgrounds and exploring where we could accommodate a large number of people. Many thanks to our visiting officer who talked about the spiritual experience of making yourself available for service.

02 SALINAS/SAN BENITO Eliyah H.: We remain encouraged by continued strong attendance at both our GSR orientation and District meetings. Plans are on the way for our annual Gratitude Dinner and it is in very capable and enthusiastic hands. We're anticipating recommendations from our ad-hoc committee on budget and finances as we experience a growth curve in our District. It's apparent & wonderful that we have more questions than answers at this point, as we enter into discussions to refine and establish services to our district; as well as some much needed supporting guidelines.

03 SANTA CRUZ Murias O.: Slow business month, we were recovering from hosting the assembly. We had a presentation on how to read the conference report and discussed the assembly motions. We also filled one of our vacant DCM positions.

04 SANTA CLARA NORTH Eric L.: At our last district meeting, we finished presenting district job descriptions. We continue discussing two pieces of business, one clarifying who is eligible to vote in the district and a second requesting that an inventory question in the pamphlet "The AA Group: Where It All Begins" include an additional question pertaining to safety. Discussion on both items of business will be ongoing. We heard enthusiastic reports back from the National AA Archives Workshop. Nine people from District 04 were in attendance, and they shared about a re-discovered love for AA history. Our district is also continuing to discuss a potential bid for an assembly next panel, with a small group of GSRs currently looking for potential venues. On a personal note, it was a bittersweet district meeting for me. When I started as DCMC, it didn't dawn on me how much I would grow in this role. Next month, my district will elect the next

AREA COMMITTEE MEETING MINUTES (Cont.)

DCMC, and my time will be almost up. At our district meeting, we heard about the joys of service in AA. My experience has been joyful.

40 SANTA CLARA SOUTH *Miguel H.*: Thank you to our visiting officer for the presentation on the 2016 Conference Theme. We are continuing with roundtables to help us have direct interaction with GSR's. We had the opportunity to work and study on how to read the "Conference Report. We finished our job descriptions for District Officers and will be holding our elections in October. Luggage ready to attend the Regional Forum next week with a bunch of members full of enthusiasm.

05 SAN MATEO *Erica S.*: We continue to hear job descriptions in preparation for our November elections. We also distributed and learned about the conference report. Our annual budget committee was formed this month to work on next year's budget. One of our members will have a story published in the November/December issue of LV. Our GSRs that were sent to the Archives workshop reported back and they were absolutely on fire for AA. The future of our District is in great hands.

06 SAN FRANCISCO *Dennis H.*: Our Visiting Officer gave some tips on how to read the Conference Report. We are set for Unity Day in October. If you are not going to the forum, come spend some time with us. We discussed the item of business regarding an accessibility sharing session before the ACM. We had more district officer job descriptions for those who will make themselves available. District elections for Panel 67 will start next month.

07 ALAMEDA NORTH *Tom V.*: We have not met this month yet, but there has been activity around an assembly bid. I have the privilege of being personally involved in two local group challenges around insurance and non-profit status. Pleased to witness GSRs, groups trusted servants, intergroup and special worker and area officers advise toward solutions.

70 ALAMEDA SOUTH *Wesley S.*: Last month, we reviewed some job descriptions for district officer positions. Shared member's experiences with the National Archives Workshop. Will discuss CNCA Assembly Effectiveness at our September business meeting. Also will be discussing hosting an assembly in 2017. Welcomed 1 new GSR and 2 new Alt. GSRs.

08 CONTRA COSTA *Laura W.*: We finished our inventory, and had a discussion around sending 20 members to PRAASA in 2017. We are working on District Officer job descriptions. Our Unity Day will be in November in Pleasant Hill. We will have a special focus on using technology in service. Free lunch will also be provided.

09 SOLANO SOUTH *John M.*: We finished our discussions around District Guidelines and have approved a final version. This is a big step for our members and will be helpful in our "pass it on." We are all set for our 2016 Service Day; flyers are up on the table. As we get members interested in taking our service positions for next panel, we are starting to see people step up, we had a new volunteer for our District's H & I liaison. We confirmed our new Assembly chair person, Erin. She is organized the various committee chairs. We have not yet finalized the contract for the fairgrounds; the main contact person is on vacation. Hopefully by next month we will be done.

90 SOLANO NORTH *Katie S.*: We are busy planning our last Unity Day of Panel 67, on Oct. 15. The theme will be Concept 9. We have found that many of our members in our District are confused about what General Service does and what Intergroup does, so we have invited the chair of Intergroup to come and speak. We had a presentation from our

visiting officer about the finances at the area and GSO.

Thanks to the Archives Committee for a great workshop.

10 MARIN *Chris H.*: No new or old business this month, but had informative and thoughtful presentation. We finished our last 2 officer job descriptions. Two GSR's gave report-backs on the National AA Archives Workshop. Our treasurer did a small presentation on Area Old Business as to the possibility of accepting electronically 7th tradition contributions from groups. Our Visiting officer shared a comprehensive overview of his service history. We are also considering having the district pay for a male and female room for the Friday night before the Fall Election Assembly so more GSR's are encouraged to attend.

11 NAPA *Mary S.*: We continue discussions on the results of our district inventory. We are also having discussions regarding changing the day of our district meeting to avoid conflicts with our area assemblies, and had a discussion on a motion to redistrict Sub-District 001 by adding a DCM. We also had a presentation from our visiting officer on reading the conference report.

12 SONOMA *Jennifer B.*: We have our Unity Day October 15th, and will have translation. In response to the request from the area ad hoc committee on assemblies, our DCM's are working on collecting information from the GSR's in their sub-district meetings. Every quarter, District 12's Treasurer and DCMC review the district finances and any money in our bank account above the prudent reserve that isn't earmarked for something approved by the district is forwarded on to CN-CA. While there is some science involved, it's mostly an act of faith. We will be sending a check to area at the end of this month.

13 LAKE *Mary Ellen R.*: We spent some time this month with a planning meeting for Unity Day; our turnout was low, only about 30 people. Besides the Delegate report, we heard short service reports on "General Service and why every group needs a GSR. Also, what is Intergroup and how are contributions spent. We heard what is PI/CPC, where does all the money go and a report from an H & I rep. Our visiting officer made a presentation on how to read the Conference Report. Approval of financial guidelines postponed due to low turnout of GSR's at the last district meeting. Our visiting officer made a great presentation on how to read the conference report. Our Lakeport GSR talked about 20 meetings and needs some support.

14 MENDOCINO: *Tim D.*: We are beginning work on our 2016 budget and pass it on for our District Officers. We had a presentation from our visiting officer on AA relevance, looking toward the future. Our Intergroup had an annual Day on the Lake. We are missing a longtime AA member who was very active in service and passed away this month.

15 HUMBOLDT/DEL NORTE *Bruce P.*: Our PI/CPC workshop has been postponed but we will put it back on the schedule at some later date. We will be having a sub-district meeting for our GSR's right before our next District meeting to support our two new DCM's. Our website is being revamped to be more appealing when viewed on a phone. We had quite a few Del Norte AA updates to our directory which comes out in print four times a year. We are looking into the formula used to reimburse the DCMC for travel with the understanding that the health of our resources fluctuates and our expenses need to take that into account. We have 5 people attending the Forum in Hawaii and our BTG Chair is attending the BTG Forum in October.

16 SPANISH CENTRAL *Reynaldo M.*: We will have our district elections on October 19. We continue to visit the groups to motivate around General Service. We had 2 new GSR's and one alternate this month. We continue to visit the

AREA COMMITTEE MEETING MINUTES (Cont.)

consulate of Mexico through one of our group's PI service. We will have our Delegate's report on October 12th.

17 SPANISH SOUTH *Benito C.*: We visited the groups and encouraged service. We tried to get volunteers for the Election Assembly that is coming up. We will have our District elections in October. We have the pre assembly dinner flyers ready for the Election Assembly. The information is on the table.

18 SPANISH NORTH *Ramiro A.*: We had a presentation on how to read the conference report. We approved the date to have our elections. We are still having discussions regarding hosting an assembly. We approved guidelines on who can vote at our District Elections. We also changed our DCMC requirements to say that to be available for the next DCMC, you must be in service on the current panel.

19 SPANISH SOUTH SOUTH *Fermin M.*: We continue to visit the groups, and had presentations on the workshops. We discussed if the District should have an ID number from the IRS. We continue to visit the groups and encourage participation.

20 SPANISH EAST *Enrique E.*: We will be attending the regional forum. District 20's 5th Anniversary will be celebrated on November 13. We will host the inter distrital on December 11. Our Elections will be on November 14, for our new District Officers. We also participated in the National AA Archives workshop. We are visiting the groups to thank them for their support through Panel 65 and encouraged their support for Panel 67.

Area Sub-Committees

ARCHIVES *Richard W.*: We had a full agenda today. We planned for sending displays to upcoming Unity Days, and our Election Assembly. We discussed committee motions, our upcoming open house and our upcoming workday, and some of our experiences at the National AA Archives workshop. There are a few items that will stay with our archives from the workshop. We have a copy of all the recordings, a board that was signed in the hospitality room. It is filled with names of members from all over the US and Canada. We also have a sign in book from the repository tour. Thank you to all the groups that have sent in group histories. We have felt a tremendous gratitude because of all the participation and support that we had for this event. Next month we will be going over job descriptions to get ready for our committee elections in November. Most importantly, we have room in the archives for all district minutes. Please pass this information on to your District Archives chairs.

BRIDGING THE GAP *Bill B.*: We had a total of 27 presentations and 96 requests for contact with 7 Districts reporting. Our correspondence secretary, Larry, received 5 letters. I am pleased to report that as part of the BTG short term correspondence pilot, one inside member who corresponded has been released and made contact with AA members on the outside and has been taken to his first meetings. So, that gap has been bridged. We will have a housekeeping motion to extend the pilot program for one year, later today. We began our elections for next panel, and all but 2 positions were filled. Kelly will be the Panel 67 BTG Chair. Our BTG forum on Oct. 15, at the Historic Hoover Theater in San Jose, will have panels from PI/CPC, H & I, and BTG, with Past Trustee Judge Flores speaking on Corrections. Translation will be provided. The event is free and lunch is provided.

FINANCE COMMITTEE *Russ A.*: We are still working on the budget for next panel, and we will have completed and ready to present to you at the November ACM. How we plan to utilize our surplus remains a subject of continuing discussion. Later the finance committee will be presenting motions regarding use of excess funds going forward. CNCA remains

deeply grateful for the generous contributions made by individuals and groups in our area.

PI/CPC *Phil B.*: At the PI/CPC meeting this morning our monthly topic was "How to give a Public Information Presentation." It included a mock Public Information presentation, which was all in Spanish. It created interest and ideas to how to improve local committee presentations. Next Month, "Full Face PSA's." Australia and the UK have developed some wonderful full face PSA's. We will be treated with a video review.

WEBSITE COMMITTEE *Don Z.*: In August we had almost 14,000 visits with over 60,000 pages viewed. So far in September we have averaged 71 visits per day, averaging just over 7 minutes per visit. We had a report from our ad hoc committee with the result of discussions on an improved format and content for the next version of CNCA06.org. The committee approved the creation of a "Sandbox" to develop the new site with a prototype to be ready for initial consideration at next month's meeting. We also are continuing discussions to finalize our policies and procedures documents. We are today submitting a motion to fund future participation at the National AA Technology workshop. Finally, the committee actively encourages members of the fellowship to consider joining us. Let the area chair know if you or others are interested.

INTERPRETATION AND TRANSLATION COMMITTEE

Claudia N.: We had a light meeting today. We reviewed how lending the radios are going and will be making a recommendation at the end of the panel. We also heard from our Interpretation chair, and everything is ready for our election assembly. Our translation chair took in 5 documents this month for translation. A few members will be attending a free workshop on a translation software. Putting together our pass it on for next panel. Also had some discussion on access sharing session. All those who can translate, please consider to make yourself available for next panel.

CNCA COMMENTS *Robin T.*: We mailed 948 bulk and 40 first class this month. We were at 20 pages so print cost went up, and we were \$59 over budget for the increase in pages. We should be back to 16 pages in October. There is an error on page 3 in the Table of Contents (print version). Should read "Summer Assembly Business Meeting."

COMENTARIOS DE ACNC *Manuel R.*: We send out the Comentarioros next week. Sorry for the delay. I sent to the web committee on Sunday to post. It is available there if you need it.

DCM SHARING SESSION *Claudia N.*: We had a presentation today on What's a Regional Forum, who's there and why do we go. We heard that they originated in 1975 at the suggestion of Dr. Jack Norris, the chair of the GS Board. There was a question about overlap from PRAASA. The Forum helps GSO get closer to the fellowship, and also explain what is happening in New York and how it relates to the fellowship, where PRAASA is a conference related to our specific region. Next Month: Election Assembly, Available or not available.

GRAPEVINE/LA VINA *Agustin L.*: In our sharing session we had a visit from Raymundo with questions from the editorial committee. Looking at how the text message are working and ideas on how to get better on LV. Questions about subscriptions and gift certificates. He took ideas and concerns to inform and improve LV Communication. Raymundo mentioned about the gift certificate and informed the group of what is available to make this happen in the Districts. Our topic next month will be Safety in AA.

NCCAA *Linda G.*: The 69th Annual Conference will be October 7, 8 and 9th in Modesto. Pre-registration is \$15 or \$20 at

AREA COMMITTEE MEETING MINUTES (Cont.)

the door. Peter M. has secured a ticket to the first conference held March 7th, at the Coliseum Bowl on 11th St. off Market in SF. The guest speaker was Bill W. According to my math, the year would be 1947. This March in Foster City will mark our 70th Anniversary. I will bring you more information about special events planned for the celebration.

H&I *Diane O.*: We had our steering committee meeting and approved our budget which will be presented for approval at our general meeting in October at Modesto. Bill D. our Major Facilities Chair reported that he met with the new head of the C.D.C.R. He is very supportive with our H & I work. He wrote a powerful letter of support to us after the meeting which our General Chair is sharing with our Northern California Central Offices. The Area 63 Chair from SF gave a report on how his area is using our H & I Literature in a prudent, transparent manner.

LA VINA 20th ANNIVERSARY: *Nicolas G.* We are coming up on our 21st Annual Anniversary. It will be held in Area 93. They are starting to form their committee. We have invited them to attend the NCCAA conference in October and will receive a report from them there. They will have registration available.

NAAAW *Laura W.*: The 20th NAAAW is finished and all the workshops went off very well. We are so grateful that somewhere around 477 were in attendance. We will leave the workshop in good financial health. It was the first workshop to have translations. We also are the first to have this kind of a structure to the program. I am grateful for all that supported this event from the Districts, Area officers and our area members. I am grateful to GSO for all their support. Thanks to all the planning committee and all the volunteers that made themselves available.

ASSEMBLY AD HOC COMMITTEE *Erica S.*: We sent some questions out to all the Area Delegates and have received 27 responses from different areas from US and Canada. We also sent to all the DCMCs and are hoping to get all their responses back for next month. We are hoping for as much participation as possible, so that every district has an opportunity to give input during this process. We will be addressing those & work on finalizing our report at our October meeting, the morning of the ACM. There seems to be some confusion as to what our committee is doing. If you have any questions, please see myself or any member of the committee to have your questions answered.

Housekeeping Motions:

Motion:

That the short term correspondence pilot program be extended for one year. Presented by the BTG Committee

Q. None
No Objections. Motion Passed.

Motion:

That CNCA creates bilingual 2018 Pacific Regional Forum "Save the Date" flyers in Letter-Size, Postcard size and Business Card size formats at a cost not to exceed \$40.00

Q. None
No Objections. Motion Passed

(Seventh Tradition and BREAK) (1:50 to 2:00pm)

Area Business

Presentation of New Business:

Motion:

To add to future budgets an annual item to authorize sending one individual to the National AA Technology Workshop at a cost not to exceed \$1,200. Presented by Don Z. – Web Committee

Q. Will you be putting in anything about the person that at-

tends will be available for the next panel? A. No. Q. Will the Web Committee be making a Housekeeping motion still every year? A. Yes. Q. Would you be willing to make an amendment to add "with the approval of a housekeeping motion?" Q. Why are you limiting to \$1200.00? A. We have a motion for someone to attend this year. Based on the last two years of expenses, that seems to be a good number. Q. Can you remove a cost of \$1200.00? A. No. Q. Each year your committee states that you will put the amount in each budget, so why is the amount needs to be in the motion? A. For the finance committee. Q. If it was in the motion, could we do a housekeeping motion to increase the amount if necessary? A. Yes, but I see the dollar amount of for the next couple of years. **Amended Motion: To add to future budgets, with the approval of a housekeeping motion an annual item to authorize sending one individual to the National AA Technology Workshop at a cost not to exceed \$1,200.00.**

** Committee agreed this should stay as New Business for the Area Committee. Motion moved to New Business next month**

Motion:

Starting in 2017, CNCA increase the budgeted amount for the Annual Delegate contribution for the General Service Conference from \$1,600.00 to \$3,500.00. -- Presented by Russ A., Finance Committee. The General Service Conference every year that the minimal contribution of \$1,600.00, and the actual costs are considerably more than that. Some send the full cost, some send the minimal and some send something in between. The intent of the motion is to put CNCA somewhere in the middle. The current costs will be somewhere around \$6,000 to \$8,000 per delegate.

Q. Where does the rest of the money come from? A. It is covered by GSO. Q. Why is it not more? A. We figured somewhere in the middle for the moment. Q. When was the last time we adjusted this? A. I don't know. Q. Why only \$3,500.00 and not the full cost? A. We wanted to get somewhere in the middle to start. Q. Is this for budget purposes only? A. Yes. Q. You are asking only to budget? Is this the amount you would send? A. If the money is there we would send the \$3,500. Q. Would you require a housekeeping motion or would you just send the money? That I think will be covered by the next motion.

** Committee agreed this should stay as New Business for the Area Committee. Motion moved to New Business next month**

Motion:

At its discretion, the finance committee of CNCA present a housekeeping motion at the December Area Committee meeting each year (starting in 2016) to finalize the annual Delegate contribution by CNCA to the General Service Board in respect to the following year's General Service Conference in an amount no less than the minimum suggested by the General Service Conference and no greater than the anticipated full cost per conference member. -- Presented by Russ A., Finance Committee.

This motion would mean that every year the finance committee would discuss and discuss with officers the amount that should be sent. This would allow the finance committee to present a housekeeping motion to the Area Committee.

Q. Since the amount may go up to say \$10K, would you bring a new motion at that time. A. We may. Q. Why did you put at its discretion at the beginning of the motion? A. Maybe some years the finance committee would not want to bring an amount to the committee based on funds. Q. My understanding is that you would bring a motion whether you

AREA COMMITTEE MEETING MINUTES (Cont.)

are going to send the minimum or the maximum? A. I can understand your question, but this make the finance committee responsible to bring a motion to the committee if it was more or less than \$3500.00 budgeted amount. Q. Can you change the motion to not read "at the December?" A. We may not have the information before that. Q. Why do we have a motion that says that we are going to make a motion? A. It is a guideline motion for the finance committee and how they interpreters this budget item in the future. Q. If the first motion passes, why do we need the next motion? Can't that just be in the guidelines? A. The intent is to have the finance committee take this into consideration every year in December. Just like the conference is directed, this would have the area look at this every year. This would have us mirror the conference. Q. It's about the timing. If your motion in December is objected to, it would be that the new panel, in January would be having discussions about this. A. Every panel at the beginning is having discussions about that and most of the motions then are from a previous panel. I don't see that this should be any different. Q. Could you just take out December from the motion? A. Yes, we can take the word "December" out of the motion. Q. Why does it have to say "At its discretion?" Why can't it say they would do it every year? A. The finance committee would only bring the motion if the funds were available. Q. Would you only bring a motion if you were going to reduce it? A. No, the motion states at the minimum of \$1,600 but we will have a budget amount of \$3,500. Q. If you decide in December that there is the possibility to send more, would you make the housekeeping motion at that point? A. Yes. Q. Is it possible that some years we would only send the minimum from the GSO office? A. Yes, we are raising the bar to say we can send more if it is available. Q. How much time do we have to discuss this motion? A. We would have next month as new business so it would go for 3 months at the minimum. Q. Since this is new business and finance, and the contributions come from the groups, I would like to have time to take this back to the groups. A. Generally, we don't go to the groups for line items in the CNCA budget. You can make that decision as their DCM or DCMC. Q. You said that it would take 3 months for this motion, it says that it will start in December 2016, should it not be 2017? A. We may make the motion in December even if the motion is not voted on yet.

Amended Motion: At its discretion, the finance committee of CNCA present a housekeeping motion at the Area Committee meeting each year (starting in 2016) to finalize the annual Delegate contribution by CNCA to the General Service Board in respect to the following year's General Service Conference in an amount no less than the minimum suggested by the General Service Conference and no greater than the anticipated full cost per conference member.

**** Committee agreed this should stay as New Business for the Area Committee. Motion moved to New Business next month****

Old Business:

Motion:

That CNCA accept contributions and payments electronically.

Discussion: Our District talked about this last month. The majority were in favor; one noted that individual contributions are easier to track rather than the check in the mail. 20% were not in favor because of security and anonymity.// Caution, transparent. // The majority were in favor of us furthering this discussion. We would like to have some of the ques-

tions answered and the finance committee should investigate. This might be an issue for someone to put money in the basket that they could not afford.// My district was 100% in favor of this. Many don't even have checks and this would make it easier to contribute at the area level // My sub-district thought that this was a good thing. It would reduce costs for groups and would make better accounting.// I would rather make a few swipes of my card a year rather than write a check.// How is this going to increase contributions at the meeting level? Is it just the treasurer that is the only one that needs to have this ability?// This is at the option for groups and individuals to contribute to CNCA.// I don't think that people would think in that manner. I don't think that someone would not support their group if they were contributing to CNCA.// The idea is that the monies that the groups send to CNCA could be sent electronic.// I spoke to the person that runs the intergroup in our area, and they are finding that the members put their phones in the basket that goes around, and the amount is approved.// I have a grandson in his 20's and everything is on his phone and that is the only way we are going to get them to contribute.// My experience is that when I first started going to assemblies, I didn't carry cash. I have learned since then to carry cash. It would be more convenient and I would be able to contribute more at the assembly.// I don't think my group would contribute electronically, I understand that the increase would be at the assembly level.// We need to remember that this is just a transaction as to how CNCA collects money. We can't decide how a group, Intergroup or District accepts monies. This is just for CNCA contributions only. I think that it is a good idea that we should allow members to contribute to CNCA.// I would not use my own credit card to make a donation to the group, but I would use my credit card to contribute to CNCA.// The way I understand this motion is that it is still a discussion as to how a group's treasurer would make the contributions to CNCA. This has nothing to do with groups. It's about the treasurer being able to make contributions to CNCA.// I think this is a good idea for individuals and groups to make contributions electronically. It saves time. I was able to send my contribution to GSO annually for my birthday. If we can do this at the area level, it may increase participation.// I would think that this would decrease the amount of monies that would be put in the basket if they were able to contribute to CNCA direct. We need to make sure the groups know that this is just for the treasurer to contribute to CNCA.// I'm hearing some confusion about the intent of this motion. This is not about the groups accepting electronic payments. This is just about contributions to CNCA electronically.// Should this motion pass, our finance committee would still be discussing the process of how this would be done. This motion is just to let the finance committee investigate the possibility.// Would the anticipated increase offset the charges of the cost for this?// What I understand from GSO, the contribution increase was enough to cover. We are not sure that this will be the case in CNCA, but all indications show that it will. Committee was ready to vote and decided that this would be decided by 2/3rd or substantial unanimity

Vote: Yes: 50 No: 0 Abstained: 1

Minority Opinion: None given

No motion to reconsider. ****Motion Passed****

New Business:

Motion:

Time and space be provided for an accessibilities meeting prior to each Area Committee Meeting to discuss problems, successes, strategies and share experience,

Balance Sheet August 2016

**California Northern Coastal Area
Statement of Financial Position**

As of August 31, 2016

	<u>Total</u>
ASSETS	
Current Assets	
Bank Accounts	
B of A Checking	20,096.42
B of A Savings	9,195.81
Total Bank Accounts	<u>\$ 29,292.23</u>
Other current assets	
Assembly Deposits	1,751.90
Total Other current assets	<u>\$ 1,751.90</u>
Total Current Assets	<u>\$ 31,044.13</u>
TOTAL ASSETS	<u>\$ 31,044.13</u>
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
3900 Operating Funds - Adjusted	16,802.66
Prudent Reserve	9,194.86
Net Revenue	5,046.61
Total Equity	<u>\$ 31,044.13</u>
TOTAL LIABILITIES AND EQUITY	<u>\$ 31,044.13</u>

Expense Report August 2016

California Northern Coastal Area Budget vs. Actuals: 2016 Budget - FY16 P&L January - August, 2016

	Actual	Budget	Total over Budget	% of Budget
Revenue				
Assembly Contributions	7,389.00	6,950.00	439.00	106.32%
CNCA Comments Subscriptions	6.00	60.00	-54.00	10.00%
District Contributions	10,508.38	10,000.00	508.38	105.08%
Group Contributions	62,910.47	59,000.00	3,910.47	106.63%
H & I Archives Rent	1,100.00	500.00	600.00	220.00%
Interest Income/Prude	1.37	4.00	-2.63	34.25%
Personal/Misc. Contributions	472.95	1,060.00	-587.05	44.62%
Tradition 7, Area Committee	2,420.45	2,420.00	0.45	100.02%
Total Revenue	\$ 84,808.62	\$ 79,994.00	\$ 4,814.62	106.02%
Gross Profit	\$ 84,808.62	\$ 79,994.00	\$ 4,814.62	106.02%
Expenditures				
Committee Expense	13,244.48	18,066.00	-4,821.52	73.31%
Delegate Expense	6,155.76	7,908.00	-1,752.24	77.84%
General Expense	41,872.07	41,187.00	685.07	101.66%
Officer Expense	19,737.06	21,006.00	-1,268.94	93.96%
Total Expenditures	\$ 81,009.37	\$ 88,167.00	-\$ 7,157.63	91.88%
Net Operating Revenue	\$ 3,799.25	-\$ 8,173.00	\$ 11,972.25	-46.49%
Other Revenue				
Refunds/Rebates	1,247.87		1,247.87	
Total Other Revenue	\$ 1,247.87	\$ 0.00	\$ 1,247.87	
Other Expenditures				
Reconciliation Discrepancies-1	0.51		0.51	
Total Other Expenditures	\$ 0.51	\$ 0.00	\$ 0.51	
Net Other Revenue	\$ 1,247.36	\$ 0.00	\$ 1,247.36	
Net Revenue	\$ 5,046.61	-\$ 8,173.00	\$ 13,219.61	-61.75%

AREA COMMITTEE MEETING MINUTES (Cont.)

strength and hope.

– Presented by *Teddy BW*

Discussion: Our I/T Committee discussed this motion, and we had a member share about the committee in Sonoma. I live in a big city and it has never crossed our minds. As we discussed it created an interest in our committee; I can't imagine what it would be like at the area level.

****This motion will move to Old Business at the October 2016 ACM. ****

Report Back from BTG National Workshop: *Tom F.* I am the BTG chair from District 12, Sonoma, and I can't express how much I enjoyed going to this event. I have not flown since 9/11 and did not realize that I was going to get a full body massage on the way. It started on Friday night and there were people from all over the US and Canada. They call BTG different names in different areas, but we were all there for the same purpose, to bridge the gap between release and a meeting. We all share the same problems, but it was great to hear how different areas handle situations. The hallway conversations that took place were wonderful. The agenda can't tell you the feeling I got from being there. The face to face time with other members was great. I have been mailing items out to different parts of the areas as to what we do here. CNCA's finance of a member going to this workshop is wonderful. It needs to continue.

CNCA Comments and Comentarioros Job Descriptions:
Robin T. and Manuel R.

[Job Descriptions were read to the committee and will be printed in a section of the Comments and Comentarioros in the month of October.] Q. What software do you use? A. We both are using different kinds. We are both using publisher, one in windows and one in apple.// I would like to thank my district for the help and support that I received. Q. What is the process of the bid? A. We had a lot of help from the pre-

vious district and updated some of the costs. There is no form, we just made a word document, that I could make available. Comentarioros, we did the bid by finding a place to do the copies as little as possible. That seems to be the only place that you can save the area money. We also just did a word document for the bid.// On the CNCA06 website, under forms you can see a bid for both newsletters. When you are working on the bid, you need to take into consideration if you are going to have the newsletter folded and stapled, or if you are going to have that done from the committee.

“What's On Your Mind?”

Our unity Day is October 15, not October 10th (District 12).// Would like to invite you to the pre-conference dinner before the election assembly. Flyers are on the table.// There are missing minutes for all the District meeting minutes. If you have access to them or can send them, please get in touch with the archives committee so we can place them in the proper place.// I had people telling me about experiences of members that attended the Archives workshop; we were sitting around the fire at 11 PM and someone was going to fly out early in the morning, and she had one regret that she did not get to see the Golden Gate Bridge. So we all hopped in the car and did some great tourist things in SF. We had a great time.// For those that are coming to the Forum, would someone like to volunteer to take a picture of us while we are there?// I went to the Archives workshop and the organization seemed seamless. It was amazing.

The meeting was closed at 3:00 pm with the Responsibility Statement.

Submitted with Love and Gratitude,
Barbara S.
CNCA Panel 65 Recording Secretary

<p>CALIFORNIA NORTHERN COASTAL AREA 06 OF THE GENERAL SERVICE CONFERENCE PRESENTS:</p> <p>THE 2016 FALL ELECTION ASSEMBLY</p> <p>Saturday NOVEMBER 05, 2016</p> <p>SCOTTISH RITE CENTER 2455 MASONIC DRIVE SAN JOSE, CA 95125</p>	<p>Registration: 8:00 - 8:30 a.m. Orientation: 8:30 - 9:00 a.m.</p> <p>What Makes an AA Leader? The Third Legacy Procedure Area Officer Qualifications Officer Elections/US Trustee at large nominee: 9:00 a.m. - 12:00 p.m. Pacific Regional Trustee Report Lunch: 12:00 - 1:00 P.M. Area Officer Elections (continued) 1:00 - 5:00 P.M. What's On Your Mind?: 5:00 - 5:30 pm Other Reports and Sharing Will Occur Throughout the Day</p>
<p>BRING YOUR FM RADIOS FOR SIMULTANEOUS TRANSLATION AND ASSISTED LISTENING</p>	

DCM SHARING SESSION

CNCA 06 DISTRICT COMMITTEE MEMBER SHARING SESSION

September 24, 2016

Chairperson: Michael Q.

The meeting opened with the Serenity Prayer Introductions.

Secretary Report: Minutes and presentation are available in English and Spanish.

Thank you for translating: Nicolas G.

Job Descriptions: Alternate Delegate - Phil

Doing double duty as Alternate delegate & PICPC Chair!
Double the duty, double the pleasure!

Presentation: What is a Regional Forum? What happens, who's there, why do we go there?

By Nicolas G. Please see presentation attached

Discussion:

- Thanks for doing double duty.
- Eyes have been opened regarding translation
- Phoenix Arizona Forum, GSR got picked out of the hat to go to forum. New to GS and was scooped up by members from our Area and got really connected.
- Safety in AA in first forum, touched by the information that was brought to our society. Impressed that GSO really wanted to know how we felt as a fellowship. Another feeling of being connected. Spanish forum great experience as well.
- Questions to bring to the forum. Staying in touch with the fellowship still walking side by side as a fellow alcoholic. Would like that discussed at the forum.
- Business at the forum was very informative and moving

especially regarding Grapevine deficit at the time. Being able to talk to the people that make these reports was nice.

- Felt uninformed about the Forums until today's presentation. Inspired for next year's forum in San Jose.
- Will be 1st forum. Motivated to get involved. Going to learn and service sponsor guiding.
- Considering making a list of questions or a survey to share with the group. Safety in AA in the home group is my biggest concern. How can we help each other?
- Helped me see Tradition 1 in action at the Forum. Great sharing session and great for the public to find out what really goes on. Learned more about how the individual does their job in the GSO.
- Torrence Forum, impressed with diplomacy. Eva S. bilingual and a big part of our Special Forum.
- Forums help GSO get closer to the fellowship. Does this overlap with PRAASA? Forum more of a broad experience to explain what happens in New York and how it relates to us and our service. PRAASA is conference related in our specific region.

Next Month's presentation:

Election Assembly – Available Not available – Susan, District 01

Remaining Topics for Consideration

**Conference Report and how to share with your groups
How to bring on new GSRs in our district**

Submitted in Love and Service,

**Claudia N., Recording Secretary – DCM Sharing Session
– Panel 65**

ASSEMBLY DATES CALENDAR

PANEL 65 ASSEMBLY DATES

2016 Fall Election Assembly

November 5, Scottish Rite Center, San Jose
(Hosted by District 17)

PANEL 67 ASSEMBLY DATES

2017 Pre-conference Assembly

April 8-9, Alameda County Fairgrounds
(Hosted by Districts 8 and 20)

2017 Post-conference Assembly

May 13, Lake County Fairgrounds, Lakeport
(Hosted by District 13)

2017 Summer Assembly

August 5 or August 12

2017 Fall Inventory Assembly

November 4, Petaluma Veterans Hall

(Hosted by District 12)

2018 Pre-conference Assembly

April 7-8

2018 Post-conference Assembly

May 12, Solano County Fairgrounds, Vallejo
(Hosted by District 09)

2018 Summer Assembly

August 4 or August 11

2018 Fall Election Assembly

November 10

(Underline dates preferred)

If your District is considering making a bid for an Assembly, please contact the Assembly Coordinator Michael Q. by visiting the "contact us" tab on the www.cnca06.org website.

AREA OFFICER JOB DESCRIPTIONS -- ALTERNATE DELEGATE

Alternate Delegate Responsibilities: Be available to substitute for the Delegate when asked. This includes being prepared to attend the General Service Conference during Conference week. Be prepared to give the Delegate's Conference report where necessary. As Alternate Delegate you also serve as the Area PI/CPC Chair. You're required to attend twelve Area Committee meetings per year. Prepare twenty-four reports per year. Attend four Area Assemblies per year and prepare eight reports each year. Allow one to two hours for each report to prepare. Set up the PI/CPC tabletop display, TV and other display items at each Assembly. This includes storing and transporting. Chair and facilitate the PI/CPC Committee meeting before the Area Committee meeting. Attend twelve Area Officer meetings immediately after the Area Committee meeting from 4:00 to 8:00. Visit an average of three Districts each month. You will be requested to participate in various workshops/Unity Days as requested. This includes Spanish language Inter-Districtals, and PI/CPC workshops and the Area BTG Forum. Be available to help GSR's, DCM's, DCMC's and other AA trusted servants. You may be asked to conduct group inventories and facilitate 3rd Legacy elections during officer District visits. As Alternate Delegate you are funded to attend PRAASA.

Public Information/Cooperation with the Professional Community: As Area PI/CPC Chair you are responsible to handle Anonymity breaks at the level of press, radio, TV and the internet and social media. Chair the monthly area PI/

CPC meeting, e-mail agenda, minutes, maintain roster, have everything translated into Spanish etc.) Visit district and/or intergroup PI/CPC meetings as requested. Be a resource of PI/CPC information and activities for the Area; here is where hands on experience is invaluable. Coordinate services for GSO displays at national conventions held within our Area. For National Conventions GSO provides fees, literature, and booth. Use Local committees to staff booths with volunteers. Become familiar with the issues facing the local committees, such as what is an anonymity break and how do we deal with them. Participate in the conference wide email discussion with other Area PI/CPC trusted servants. Most importantly educate yourself about what PI/CPC work is by studying the PI and CPC workbooks, the manuals, guidelines and other available material; being trained and participating at a local level is invaluable. Store and coordinate the loaning out of the Area PI/CPC TV/DVD, the Area CPC tabletop display to PI and CPC committees within our Area.

Officer Travel: Depending where you live. I travel 1000 to 1500 miles per month for required Officer travel. That does not cover travel Unity Days, Inter-Districtals, and other events you may be invited to.

Approximately hours:

Expect to spend 20-25 hours per month on Alternate Delegate responsibilities

Expect 20-35 hours a month for required Officer travel
-- Phil B.

COMMENTS AND COMENTARIOS EDITORS -- JOB DESCRIPTIONS

Comments Job Description

Receive articles from Area Officers.
Forward all articles to Comentarios Editor for translation.
Lay articles out in the Comments newsletter. Minimal proofreading; no editing. **(5 hours)**
Email draft to Comments Advisor (Area officer), and make corrections as needed.
Email finished Comments to printer.
Pick up (or ask someone to pick up) print copies of Comments when complete, and take to mailing party hosted by District. **(2 hours)**
Stuff and seal envelopes with other alcoholics (good 12-step opportunities). **2 hours (depending on number of volunteers)**
Take stuffed envelopes to post office. **(1 hour)**
Remove last names from print version, and email web version to Web Chair. **(2 hours)**
Give monthly Comments report at ACM.

Total time: 12 hours/month (approximately – it took longer in the beginning).
Most of the time is over a period of about a week.

Comentarios Job Description

Receive the documents for translation
Translate the document
Create the document for the Comentarios
Make sure to change the dates from month to month
When finish to the translation work with the document
Send it to the consultant when is done (The Area Officer in charge to revise the document)
Wait for the consultant for the appropriate corrections to be made
After is sent to print it starts the process of sanitation to remove last names, e-mails and phone numbers
Send it for revision to the consultant and send to the coordinator of the website
Pick up the address labels from the registrar
Pick up the copies
Buy postage stamps
Bring them to the assign day with the committee to fold and to apply the address labels
Take them to the post office
Give a monthly report to the Area

Approximately 25 hrs just for the translation
40 hrs for the Comentarios and assembly

CNCA AREA AND ASSEMBLY MOTIONS OCTOBER 2016

Area Committee:

Assembly Bids:

Housekeeping Motions:

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

- Time and space be provided for an accessibility meeting prior to the Area Committee Meeting to discuss problems, successes, strategies and share experience, strength and hope.

New business at Area Committee Meeting:

- To add to future budgets, with the approval of a housekeeping motion, an annual item to send one individual to the National Technology Workshop at a cost not to exceed \$1200.
- Starting in 2017, CNCA increase the budgeted amount for the annual Delegate contribution for the General Service Conference from \$1600 to \$3500. Presented by the Finance Committee
- At its discretion, the Finance Committee of CNCA present a housekeeping motion each year (starting in 2016) to finalize the Annual Delegate Contribution by CNCA to the General Service Board in respect to the following year's General Service Conference in an amount no less than the minimum suggested by the General Service Conference and no greater than the anticipated full cost per conference member.

Discussion Topic: None

Area Assembly Motions

Housekeeping Motions:

Presentation of New Business at Area Assembly:

Old Business at Area Assembly:

- "That the General Service Conference develop a pamphlet sharing experience, strength and hope on group safety."

New Business at Area Assembly:

- "That all Area business in CNCA be decided by substantial unanimity, usually 2/3."
- "That CNCA moves to reintroduce the following section (From page 6 of the AA Member – Medications & Other Drugs, Revised 2011 and also from the 1998 edition of Living Sober page 89) in "Appendix*" in Living Sober (2012 edition). Placement of the below text will follow the current section **Note to medical professionals** (page 90)":
"Some alcoholics require medication.
We recognize that alcoholics are not immune to other

diseases. Some of us have had to cope with depressions that can be suicidal; schizophrenia that sometimes requires hospitalization; bipolar disorder, and other mental and biological illnesses. Also among us are diabetics, epileptics, members with heart trouble, cancer, allergies, hypertension, and many other serious physical conditions. Because of the difficulties that many alcoholics have with drugs, some members have taken the position that no one in A.A. should take any medication. While this position has undoubtedly prevented relapses for some it has meant disaster for others. A.A. members and many of their physicians have described situations in which depressed patients have been told by A.A.s to throw away the pills, only to have depression return with all its difficulties, sometimes resulting in suicide. We have heard, too, from members with other conditions, including schizophrenia, bi-polar disorder, epilepsy and others requiring medication, that well-meaning A.A. friends discourage them from taking any prescribed medication. Unfortunately, by following a layperson's advice, the sufferers find that their conditions can return with all their previous intensity. On top of that, they feel guilty because they are convinced that "A.A. is against pills." It becomes clear that just as it is wrong to enable or support any alcoholic to become readdicted to any drug, it's equally wrong to deprive any alcoholic of medication, which can alleviate or control other disabling physical and/or emotional problems." -- *Presented by District 07*

- "That language similar to the following be added to the section "How Decisions Affecting A.A. Are Made" in "The A.A. Group" pamphlet at the conclusion of the following sentence: Annually, groups from the U.S. and Canada elect delegates (serving two-year terms) from their areas to the yearly meeting of the Conference in New York -- to hear the reports of the board's committees, G.S.O. and Grapevine staffs, and to recommend future directions, mainly in the form of Advisory Actions.

"Prior to the annual General Service Conference a list of important issues to be discussed during the Conference is published and made available to each and every Group in the U.S. and Canada. Because these issues make up a part of the entire General Service Conference Agenda, they are referred to as Agenda Topics. Every Group in the U.S. and Canada has the opportunity to review, discuss, and develop an informed Group Conscience on these Agenda Topics. The Group's GSR then carries the Group's Conscience on Conference Agenda Topics to the Area's Delegate, usually at an Area Assembly prior to the General Service Conference. The Area Delegate then represents the collective conscience of the Groups in the Area at the General Service Conference on these matters vital to A.A. as a whole."
-- *Presented by District 11*

CNCA CALENDAR 2016 -- Panel 65

<p>October</p> <p>15—BTG Forum Historic Hoover Theatre, San Jose</p> <p>22—Area Committee Mtg</p>	<p>December</p> <p>17—Area Committee Mtg</p>	<p>26—Area Committee Mtg</p>
<p>November</p> <p>5—Election Assembly Scottish Rite Center, San Jose (Hosted by District 17)</p>		

CNCA CALENDAR -- PANEL 67

2017—Panel 67

<p>January</p> <p>February</p> <p>March</p>	<p>21—Area Committee Mtg</p> <p>25—Area Committee Mtg</p> <p>3,4 and 5 PRAASA 2017 McClellan Conference Center Sacramento, hosted by CNIA</p> <p>25—Area Committee Mtg</p> <p>8-9,—Pre Conference Assembly Alameda County Fairgrounds, Hosted by Dist 8 and 20</p> <p>23-29—General Service Conf, NY</p> <p>22—Area Committee Mtg</p> <p>13—Post Conference Assembly Lake County Fairgrounds, Lakeport Hosted by Dist 13</p> <p>27—Area Committee Mtg</p> <p>24—Area Committee Mtg</p> <p>22—Area Committee Mtg</p> <p>5 or 12 —Summer Assembly</p> <p>26—Area Committee Mtg</p> <p>23—Area Committee Mtg</p> <p>28—Area Committee Mtg</p> <p>4—Fall Inventory Assembly, Petaluma Veteran’s Hall Hosted by Dist 12</p> <p>25—Area Committee Mtg</p> <p>16—Area Committee Mtg</p>
<p>April</p> <p>May</p> <p>June</p> <p>July</p> <p>August</p> <p>September</p> <p>October</p> <p>November</p> <p>December</p>	<p>8-9,—Pre Conference Assembly Alameda County Fairgrounds, Hosted by Dist 8 and 20</p> <p>23-29—General Service Conf, NY</p> <p>22—Area Committee Mtg</p> <p>13—Post Conference Assembly Lake County Fairgrounds, Lakeport Hosted by Dist 13</p> <p>27—Area Committee Mtg</p> <p>24—Area Committee Mtg</p> <p>22—Area Committee Mtg</p> <p>5 or 12 —Summer Assembly</p> <p>26—Area Committee Mtg</p> <p>23—Area Committee Mtg</p> <p>28—Area Committee Mtg</p> <p>4—Fall Inventory Assembly, Petaluma Veteran’s Hall Hosted by Dist 12</p> <p>25—Area Committee Mtg</p> <p>16—Area Committee Mtg</p>

2018—Panel 67

<p>January</p> <p>February</p> <p>March</p> <p>April</p> <p>May</p> <p>June</p> <p>July</p> <p>August</p> <p>September</p> <p>October</p> <p>November</p> <p>December</p>	<p>27—Area Committee Mtg</p> <p>24—Area Committee Mtg</p> <p>24—Area Committee Mtg</p> <p>7,8—Pre Conference Assembly 22-28 General Service Conf., NY</p> <p>28—Area Committee Mtg</p> <p>12—Post Conference Assembly Solano County Fairgrounds Hosted by District 09</p> <p>26—Area Committee Mtg</p> <p>23—Area Committee Mtg</p> <p>28—Area Committee Mtg</p> <p>4 or 11—Summer Assembly</p> <p>25—Area Committee Mtg</p> <p>22—Area Committee Mtg</p> <p>27—Area Committee Mtg</p> <p>10—Election Assembly</p> <p>24—Area Committee Mtg</p> <p>15—Area Committee Mtg</p>
---	--

AA Grapevine / La Viña Subscription Information

AA Grapevine US Rate

1 Year: Printed \$28.97
 1 Year: Digital \$34.97
 1 Year Digital and Print \$49.97
 Make check or money order payable to:
The Grapevine

La Viña -- Spanish Magazine

1 Year (6 issues)
 Within US Printed \$11.97
 2 Years (12 issues)
 Within US Printed \$22.00
 Make check or money order payable to:
La Viña

Grapevine/La Viña Subscription Form

www.aagrapevine.org

Please send _____ *Grapevine/La Viña*
 copies for _____ years

Mail to _____

Street/PO Box _____

City _____

State _____ Zip Code _____

Mail this form & check or money order
 payable to:

The Grapevine
 P.O. Box 16867
 North Hollywood, CA 91615-6867

La Viña
 P.O. Box 15635
 North Hollywood, CA 91615-5635

CNCA Comments/Comentarios de ACNC Subscription Information

CNCA Comments Editor

To contact Robin T. visit the "contact us" tab on the
www.cnca06.org website

CNCA Comments Advisor

To contact Joann L. visit the "contact us" tab on the
www.cnca06.org website

CNCA Comentarios Editor

To contact Manuel R. visit the "contact us" tab on the
www.cnca06.org website

CNCA Comentarios Advisor

To contact Agustín L. visit the "contact us" tab on the
www.cnca06.org website

If you are not receiving the Comments or have
 questions about your subscription, please contact your
 District Registrar

CNCA Comments Subscription Form

For a one-year subscription, make a \$6.00
 check or money order payable to "CNCA"
 and mail it with this form to:

CNCA Comments
PO Box 884222
San Francisco, CA 94188-4222

Mail to _____

Street/PO Box _____

City _____

State _____ Zip Code _____

English _____ Español _____

Panel 65 Area Officers & Area Meeting Information

Feel free to contact the Area Officers by using the "Contact us" tab on the www.cnca06.org website.

Delegate
Raymundo L.

Alternate Delegate
Phil B.

Chair
Joann L.

Treasurer
Teddy BW

Registrar
Ray W.

Recording Secretary
Barbara S.

Assembly Coordinator
Michael Q.

Literature/Grapevine/La Viña Chair
Agustin L.

Pacific Regional Trustee
Joel C.

General Service Office
P.O. Box 459
Grand Central Station
New York, NY 10163
212-870-3400
www.aa.org

CNCA
P.O. Box 884222
San Francisco, CA 94188-4222
www.cnca06.org

H&I
www.handinorcal.org

CNCA Standing Committee & Sharing Session Meetings

are the 4th Saturday every month. Sharing Sessions - 10 am
Standing Committee Meetings - 11 am
Area Business Meeting 12:30 - 3:30 pm

Archives Committee meets at 11:00 am. For information contact Sheri W. by visiting the "contact us" tab on the www.cnca06.org website. The CNCA Archives are located at 193 Mayhew Way, Walnut Creek, CA. The mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap meets at 11:00 am. For Information contact Bill B. by visiting the "contact us" tab on the www.cnca06.org website.

Public Information/ Cooperation with the Professional Community (PI/CPC) meets at 11:00 am. For information contact Phil B. by visiting the "contact us" tab on the www.cnca06.org website.

Interpretation & Translation Committee meets at 11:00 am. For information contact Claudia N. by visiting the "contact us" tab on the www.cnca06.org website.

Web Committee meets at 11:00 am. For information contact Cheryl G. by visiting the "contact us" tab on the www.cnca06.org website.

DCMs & DCMCs Sharing Sessions meet at 10 am.

Grapevine/La Vina/Lit. Sharing Session meets at 10 am.
www.aagrapevine.org

