



CNCA COMMENTS



A.A. Confidential -- February 2017

www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview -- February 2017

Our January Area Committee meeting met early on January 21st and it was wonderful to see so many GSRs present, as well as meet our new DCMs, DCMCs, and Standing Committee and Subcommittee members. I think we're going to have a lot of fun this panel! Don't forget to check out the new Accessibilities Sharing Session starting in February.

We had a presentation of new business from our PI/CPC committee and viewed some Public Service Announcements (PSAs) from the U.S. and Australia. After a vote, we decided that the following motion will become presentation of new business at our Pre-Conference Assembly: *"That the General Service Board of Alcoholics Anonymous and the General Service Conference of Alcoholics Anonymous approve the development of a new public service announcement in video format that utilizes full-face actors (not members of A.A.)."* Background information on the motion from the District 90 PI/CPC committee was provided and is available by email (please contact our Alternate Delegate, Teddy).

After we heard an H&I liaison report submitted by email from Diane O., who was at that very moment attending an AA conference inside Soledad State Prison, a member came up to the microphone during What's on Your Mind to share that when he was an inmate at Soledad, he was part of the group that first brought the idea of having that conference to the warden! Magical, goosebumpy moments like that are what keep me coming back. We also had some lively and thoughtful sharing on the 2017 Conference Theme: "Supporting Our Future." Next month's discussion topic is: "What are the technological needs of the Area?"

What we did not see in January was a bid for the *Comentarios*. Approximately 900 issues of the *Comments* are mailed out to our English-speaking trusted servants each month, and another 200 go out in Spanish. If no one steps up, those 200 people may start missing out, as one district cannot be expected to do all the work as they are doing now—though they are happy to lend a hand to help another district get started! You do not have to be a linguistic district in order to bid. You just need someone who can oversee the translation and printing, and a group of volunteers to do the folding and mailing.

I got introduced to General Service when my sponsor invited me to a "lick and stick" party, where we would eat pizza and fold Area newsletters. It was so much fun! That was the first time I ever did service outside of the recovery meetings I attended and I finally started to feel "a part of." Thanks to the lick and stick, I became a GSR, my heart has opened to new possibilities in sobriety and I feel connected to AA as a whole. I have traveled all over, met so many amazing people I probably never would have met (including my husband—awww...), and made lifelong friends. You too can bring that joy and camaraderie to members of your district and your sponsees. Please contact Miguel H. or any other Area officer for more information on putting together a bid for the *Comentarios*.

In service and gratitude,
Jennifer B, Area Chair

Hi Folks, Panel 67 is now officially started with our first Area Committee meeting on January 21st. What a wonderful sight to see all the new DCMCs, DCMs and committee members that I have the privilege to serve with. The next few months will be packed with lots to do to prepare for the General Service Conference in April.

Already we have received some exciting news. AAWS released some new service material on January 27th called Safety and A.A.: Our Common Welfare. You may check it out on G.S.O. website at http://www.aa.org/assets/en_US/smf-209_en.pdf

We are all anxiously awaiting the release of the 2017 Agenda Topics and background material about February 15th. The Area Officers plan to meet the following day and start the work of creating the Agenda Topic Summaries. We will work hard to have these done for you by the end of February. CDs with all the background information for the Agenda Topics will be given to all DCMCs.

I hope you have already made hotel reservation for the Pacific Regional Alcoholics Anonymous Service Assembly on March 3, 4 and 5 at the McClellan Conference Center in Sacramento. For more information about hotels and registration go www.praasa.org Thank you to all of you who volunteered to be of service at PRAASA.

If you are a new GSR this panel, ask if there is an Agenda Topic Workshop in your district. Information about all the Agenda Topic Workshops within the Area is available at the Area Committee meeting. Many Districts invite neighboring Districts to attend theirs. Ask your DCM or DCMC for information about these. If you are feeling a bit overwhelmed right now, just know you are not alone. Yes- this all seems like a lot to do, but somehow every year it all gets done. When I get overwhelmed, I like to read S20 in the service manual, "Why do we need a conference?" This short piece by Bernard B. written in 1954 reminds me that I am part of a greater whole and that my work has special value. I received the message of hope from someone who received it from someone before them. I believe the work we are all doing is to ensure that this wonderful message of hope is carried on for years to come. When I read S20 in the service manual, it doesn't feel overwhelming anymore. It all feels right.

With Deep Gratitude,
Joann L
Panel 67 Delegate CNCA 06

Looking for Something?

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AREA COMMITTEE MEETING MINUTES FOR JANUARY 2017

The monthly committee meeting of CNCA was held January 21, 2017 at the Petaluma Community Center. Jennifer B opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Ken (District 09). Diana (District 14) read Tradition 1 and Joe (District 12) read Concept 1. There were 3 past delegates present: David N (Panel 59), Ken M (Panel 61), and Raymundo L (Panel 65). David N currently serves as a non-trustee director on the AAWS Board. There were 11 GSRs present, 21 new DCMs and 9 new DCMCs present, along with 4 new Alternate DCMCs. The December 2016 minutes and financial report were accepted as printed in the *CNCA Comments. Birthdays: 183/13*.

Registered attendance: Voting= 54, Non-voting= 65.

Officer Reports

DELEGATE JOANN L: Agenda Topics and background material will be sent in mid-February, and we hope to have Agenda Topic summaries by the end of February. I have sent out preliminary Agenda Topics. Please schedule a General Service Conference report for your district, and if you would like to volunteer to be of service at PRAASA, please let me know. Also of note, the quarterly report from GSO notes that two temporary employees have been hired to process the increased volume of increased contributions.

ALTERNATE DELEGATE TEDDY B-W: I have received my pass-it-on, and look forward to serving all of you. I have added the health of the delegate and those close to her to my morning practice. I have also received a large quantity of reading material from GSO, which I have read, and which I suspect I will get to read again, many times, over the course of this panel.

CHAIR JENNIFER B: If you or your committee would like to add something to the agenda, please try to inform me at least one week prior to the ACM. If something is time-sensitive and needs to be added the day of the ACM, let me know ASAP and complete the motions forms. If your motion involves money, it is a good idea to inform the finance committee ahead of time as well.

TREASURER CHRIS H: As of December 31, CNCA has \$33631.95 in the bank. Contributions in December included \$828.91 in district contributions, \$8041.42 in group contributions and \$308 in Seventh Tradition contributions at the ACM. Expenditures totaled \$7356.34.

REGISTRAR LAURA W: It has been a busy month; I have been updating the database for Panel 67, and it is won-

derful to see so many people in service to AA. If you have a new position or need to make changes, fill out the appropriate paperwork. Registrar forms will soon be available as fillable PDFs so they can be submitted electronically or by mail.

RECORDING SECRETARY ERIC L: I am so grateful for the opportunity to serve. To ensure the accuracy of minutes and voting member count, please use the sign-in sheets at your tables today. Blank forms for district and committee reports are available at the front. The motions book will be available next month.

ASSEMBLY COORDINATOR ERICA S: The Pre-Conference Assembly will be held April 8 and 9 at the Alameda County Fairgrounds in Pleasanton. Preliminary flyers are now available, which include hotel information. We still have three assemblies during this panel available for bidding. I am happy to provide information to anyone interested in exploring a potential assembly bid.

LITERATURE/GRAPEVINE/LA VIÑA MIGUEL H: The Grapevine App is available, and you can subscribe to the Grapevine magazine through the app and access the magazine on your smartphone monthly. You can archive past issues, get a sample audio story and a video, and email favorite articles to friends. Here at the ACM, we have a literature table; most of the material is for display, and if you need help with anything, feel free to ask

District Reports

DISTRICT 01 (MONTEREY) SUSAN G: We are beginning 2017 with a small band of dedicated leaders ready to listen to the concerns of our local groups. Safety and respect at meetings is a primary focus, and visiting meetings without representation continues to be our current action step.

DISTRICT 02 (SALINAS/SAN BENITO) ELIYAH H: We elected a district treasurer, and look forward to resuming regular officer meetings. Projects include prioritizing our ad-hoc committee recommendations, district guidelines and job descriptions.

DISTRICT 03 (SANTA CRUZ) MURIAS O: Turnout was low due to rain. A landslide prevented our visiting area officer and our DCMC from getting to the meeting. Even with low turnout, we filled our last two DCM positions, and all positions are now filled. Our district is enthusiastic about service.

AREA COMMITTEE MEETING MINUTES (Cont.)

DISTRICT 04 (SANTA CLARA NORTH) MARIANNE G: The district filled a couple of liaison positions and two DCM positions, and is gearing up for the Pre-Conference Assembly and trying to prepare and inform GSRs. District officers are taking a first run at their new service commitments. The Agenda Topics Workshop (with District 40) will be March 18.

DISTRICT 40 (SANTA CLARA SOUTH) COREE H: We heard a presentation on getting started in General Service, followed up by roundtable discussions facilitated by our DCMs. We also held a lottery for partial PRAASA scholarships providing eight members of our district with \$125 each.

DISTRICT 05 (SAN MATEO) COLLEEN G: Our first meeting had good attendance, active participation and a sense of unity. We are sending two GSRs to PRAASA with full scholarships, and have started electing DCMs to our sub-districts. The Agenda Topics Workshop will be March 18.

DISTRICT 06 (SAN FRANCISCO) DENNIS H: Despite torrential rain, 30 GSRs braved the weather and arrived at the district meeting. We passed a resolution to send four GSRs to PRAASA, and a new motion to move our meeting time up 30 minutes was introduced. Our Agenda Topics Workshop will be March 18 and will have Spanish interpretation.

DISTRICT 07 (ALAMEDA NORTH) BRENDAN M: Our district will meet next week; we will raffle off a scholarship for a member of our district to go to PRAASA and report back to us. A GSR has asked for suggestions on how to encourage his group to make contributions to GSO rather than on 'better cookies,' and has been given suggestions on where in the literature to point members of his group.

DISTRICT 70 (ALAMEDA SOUTH) DON Z: Our district is healthy, but has room to grow. All but one of our officer and liaison positions are filled, and we are actively looking for members willing to stand for open DCM positions.

DISTRICT 08 (CONTRA COSTA) DON L: We had an energetic first meeting of the new panel, with 21 new GSRs and alternates. We heard presentations on General Service and the Conference process, elected a liaison to District 20, and passed a motion for initial funding for the Pre-Conference Assembly dinner. A motion to financially support members of the district to attend PRAASA continues to be discussed. Our Agenda Topics Workshop will be February 11.

DISTRICT 09 (SOLANO SOUTH) CLAUDIA K: Our district budget was presented; GRs will now get input from their groups and the district will finalize the budget in February. We will be participating in the 10th annual Inter-District General Service Workshop in Middletown on January 28.

DISTRICT 90 (SOLANO NORTH) TONY W: District 90 currently has no DCMC, but hopes to elect one by February.

DISTRICT 10 (MARIN) CATHY P: District 10 had a fun, interactive meeting with several visitors and a heartfelt and moving presentation on serving in CNCA. The writer/director of a play about our third legacy of service gave a presentation, and six scholarships for PRAASA (including one night shared lodging) were approved. The Agenda Topics Workshop will be February 11.

DISTRICT 11 (NAPA) JEFF D: We have started our new panel with great enthusiasm and four new GSRs. We passed our budget, held a training session for new GSRs, and have passed a motion to request the area to allow District 11 to split Sub-District 001 into two sub-districts, adding a third sub-district to the Napa Valley. This request will be presented at the Pre-Conference Assembly.

DISTRICT 12 (SONOMA) ROBERT F: We awarded eight scholarships for PRAASA, and we held our quarterly joint meeting with the chairs of General Service, H&I, BTG and PI/CPC who were able to attend.

Our Agenda Topics Workshop will be February 18 and will feature simultaneous translation. We also provided SOCYPA with a letter of support for their ACYPAA bid; these young members of AA never cease to amaze us with their endless energy and dedication to carrying the message.

DISTRICT 13 (LAKE) MARY ELLEN R: We filled most remaining open positions for Panel 67, and heard an update on the Inter-District Workshop hosted by our district next Saturday in Middletown. We also heard an update on progress for the Post-Conference Assembly, which is going well.

DISTRICT 14 (MENDOCINO) ROBIN T: We had good turnout and lots of enthusiasm at our first meeting of the new panel. Most of our positions are filled. Our district is excited about PRAASA and is funding a couple of hotel rooms. There is also considerable interest in the new accessibility sharing session here at the area.

AREA COMMITTEE MEETING MINUTES (Cont.)

DISTRICT 15 (HUMBOLDT/DEL NORTE) LINDA M: District 15 has no DCMC, so the duties are being divided amongst the Alternate DCMC, three DCMs and the district treasurer. The district is growing, with many members stepping up to do service. Finances are sound, and discussion is ongoing on how to spend extra money. The next district meeting will be in Crescent City.

DISTRICT 16 (SPANISH CENTRAL) FRANCISCO R: We had three new GSRs at our first meeting, and have started to motivate groups without GSRs and are encouraging participation from our district at PRAASA. We look forward to receiving the Agenda Topics.

DISTRICT 17 (SPANISH SOUTH) MARIO S: We had our first district meeting of the new panel and have visited three meetings in our district to motivate new GSRs. We are looking forward to this new panel, and express thanks to our visiting officer for a presentation on his experience as a GSR.

DISTRICT 18 (SPANISH NORTH) HECTOR C: All positions in our district are filled after elections, and we elected a chair for the Summer Assembly we will be hosting. Our visiting officer spoke about upcoming General Service events including PRAASA.

DISTRICT 19 (SPANISH SOUTH SOUTH) MAGDALENO O: We continue to seek out volunteers for new positions, particularly for DCMC and other vacant service positions. We had new GSRs and continue to visit groups in our district to motivate GSRs. Our visiting officer spoke on Concept 1.

DISTRICT 20 (SPANISH EAST) TEODOMIRO S: We have started working together as a district, and still have one remaining vacant position (for PI). We are ready for and excited about PRAASA, and have reserved hotel rooms. GSRs look forward to attending. We are working with District 08 to prepare for the Pre-Conference Assembly.

Area Sub-Committees and Sharing Sessions

ARCHIVES RICHARD W: The area archives workday was held January 14, where we had district and area archives pass-it-ons. Thank you to all the groups that sent in group history forms. At our archives meeting, we had a warm and welcoming meeting to all who are interested in archives. We passed out welcome packets and had two presentations (one an overview of archives, and the second on the resources available from GSO). Our next workday is February 4 at the archives

repository in Walnut Creek.

BRIDGING THE GAP KELLY H: We had our inaugural meeting for the new panel, and we are excited to welcome new BTG chairs from many of your districts. If your district does not have a BTG chair, contact requests will be forwarded to your DCMC, so I have English and Spanish pamphlets and handbooks to help you. Since the December ACM, we have made 19 presentations and received 65 contact requests.

FINANCE LAUREN H: The finance committee elected a chair (Lauren H) and established liaisons to the different committees. We discussed the implementation of Square as an online payment tool, and discussed the finance committee statement to post on the CNCA website.

PI/CPC TEDDY B-W: We heard sharing on the subjects 'What is PI?' and 'What is CPC?' The American Counseling Association conference in San Francisco will be in March, and we will be staffing a booth on behalf of AA. There is a sign-up sheet for people willing to assist. We are updating our distribution list for agenda and minutes, and will be presenting an item of new business later today.

WEBSITE ROBERT E: The website committee elected a chair (Robert E) and all other committee positions. Discussion on our policies, procedures and guidelines continues, and we have a group of committed trusted servants.

INTERPRETATION AND TRANSLATION MICHAEL Q: The I&T committee elected a chair (Michael Q) and all other committee positions. Every election went to the hat, demonstrating the committee is full of involved and committed members. Our first project will be to translate the Agenda Topic Summaries into Spanish. If anyone has translation requests, please contact me.

CNCA COMMENTS JOSE A: We sent 893 Comments and paid \$215 for the annual permit for bulk mail. We did use stamps to be able to send the mail this month, and we bought envelopes and labels. There was a lot of participation at our lick and stick, with about 30 people helping us.

COMENTARIOS DE CNCA MANUEL R: We sent 164 Comentarios. We are waiting for updates to the mailing list, so please send updates to the area registrar so that the Comentarios you receive will be on time and sent to the correct person and address.

AREA COMMITTEE MEETING MINUTES (Cont.)

(DCM SHARING SESSION JACQUELINE P: Our first meeting was standing-room only, with 52 people in attendance. We chose a recording secretary (Jacqueline Perlmutter) and took a group conscience on the format of our upcoming sessions. We had brief sharing on the practice, challenges and rewards of the DCM position. February's topic will be Agenda Topics.

ACCESSIBILITIES ERIC L: The area's first-ever accessibility sharing session will be next month at 10:00 AM, just prior to the area committee meeting. Because this is a new sharing session, two area officers will be attending.

GRAPEVINE/LA VIÑA MIGUEL H: We talked about the preliminary agenda topics on Literature and Grapevine, and agreed to attend local Agenda Topics Workshops to get more information this conference season. Next month, we will have a presentation on Service Sponsorship.

NCCAA LINDA G: NCCAA is going into its 70th year, predating the General Service Conference. If you are interested in our history, there are revised history pamphlets at the next conference (in Foster City the weekend following PRAASA) or on our website. Make reservations now for NCCAA; at the last NCCAA, the hotel ran out of rooms, and the spring conference is historically the largest of the year. Al-Anon and Spanish participation continues to grow, and we will be hosting dances, speakers and panels.

H&I DIANE O (SUBMITTED ELECTRONICALLY): Diane is currently in prison (at the second annual conference within Soledad State Prison organized by inmates and H&I volunteers, featuring speakers from England, Florida, Oklahoma, Washington and California). Also, the H&I steering committee met and is grateful for the responses from groups regarding the motion on redistribution of excess funds; a vote could occur at the general meeting in February.

ACYPAA AVERY J: As of now, 800 people are pre-registered, and attendance is projected at between 2500 and 3000 people. ACCYPAA is so grateful for the area's support of ACPAA. Several past delegates will be speaking on panels, and the current area delegate will be speaking Friday evening. Upcoming events include a Resting on Your Laurels panel and event in San Jose, a scavenger hunt in Sonoma County, and a Rocketed into the Fourth Dimension trampoline and dodge ball event in Stockton.

LA VIÑA 21 ANNIVERSARY JUAN CARLOS S: 9 members

from our area are attending a planning meeting for the anniversary celebration today in Van Nuys, where the theme of the event will be chosen. See me if you would like to register.

Approval of the Finance Committee

The new finance committee was introduced (Chris H, Vince B, Nicolas G, Laura H and Lauren H (Chair)). Seeing no objections, the finance committee has been approved.

Seventh Tradition and Break (1:55 to 2:10 PM)

Area Business

PRESENTATION OF NEW BUSINESS:

That the General Service Board of Alcoholics Anonymous and the General Service Conference of Alcoholics Anonymous approve the development of a new public service announcement in video format that utilizes full-face actors (not members of A.A.). – *presented by the CNCA PI/CPC Committee*

Questions: Q: Is this a new way of asking for something that we have asked for repeatedly (and been told no repeatedly)? A: This motion is just a request to produce a video with full-faced actors. Q: Would this require only non-AA members to be in the video? A: Our 11th Tradition would preclude any AA-member, actor or not, from being in a PSA. Q: Is only one PSA being requested? A: Yes. Q: Can the background be e-mailed to DCMCs for distribution to districts? A: Yes. Q: Would you consider a change in wording to the motion ('replace the word approve with 'request the development' or 'consider the development'). A: No. Q: Are these videos already available to the general public? A: The first video is, and some of the others (the three full-faced ones) are produced by the General Service structure in Australia, not in the US and Canada. Q: I presume this arises over the ambiguity of the 2011 action, which has not been responded to? A: Yes. Q: Is it possible to translate the videos into Spanish? A: Yes, the video 'Doors' is already available in Spanish. Q: Is there specific intention to go with silent facial expressions or with vocalizations? A: It would be up to the General Service Conference and General Service Board regarding what they wanted to produce. The background is just what was discussed in District 90's PI/CPC committee. Q: Would this motion allow the possibility of the General Service Conference produce a video with full-faced actors and with a disclaimer stating these actors are not AA members? A: Yes.

AREA COMMITTEE MEETING MINUTES (Cont.)

Q: This motion assumes that a situation like a young actor would be in this video, become famous later, and become a raging alcoholic, would not happen? A: Yes.

Motion moved to Assembly Business. Will be presented as new business at the Pre-Conference Assembly. (*Clear majority by show of hands; no count taken*).

NO NEW BUSINESS/ NO OLD BUSINESS

DISCUSSION TOPIC

Sharing on the 2017 General Service Conference theme 'Supporting Our Future.'

Discussion: We are all currently very optimistic and patting ourselves on the back because finances are improving. We projected a deficit, and have a surplus. How do we make this thing that many of us have been feeling (of wanting to support our future) sustainable? // I have been here 10 years or so; so many people have substantial sobriety and do not want to give back. It's great we turned the corner financially, but it means more to me personally to give back in service. // I was the DCM for a sub-district with zero GSRs; I was an Intergroup rep for three years because no one would do it. Service is the best way to support our future. // Under Concept 7, the 'business model' used by the trustees is to give way to the spiritual principles that direct AA as a whole. What I heard at PRAASA was about AA 'marketing itself.' This suggests that the trustee's corporate, fiduciary duty to secure AA's future may be running into AA's spiritual tradition of attraction, not promotion and to its vow of corporate poverty. Maybe the solution is as simple of keeping the fellowship advised of the cost of things and doing the best with what is available. // I have a great deal of faith in AA, of people being available for service, and I saw this at my home group when four people at my home group competed to be a GSR. People do care, especially if we provide them good information. My role as a DCMC is to do everything possible to bring new leaders possible rather than to figure out the 'answer' for the future. // For the past eight months, we have been brainstorming and discussing the feasibility study, but I don't recall a single instance of an appeal for funds or that we support General Service. We were made aware of the outlook for the future, and that may have spurred individuals and groups to take action. The more we discuss finance, the more we will raise that awareness and instinctively motivate people to be concerned and generous. // The more we share and talk, the more people are inspired to reach out. They get interested, they ask questions, and we get new leadership (Concept 9). That is our future. // I stayed with General Service. I think it's great that we are here as an area.

We really are going somewhere. We are growing. The triangle keeps getting bigger. // It is my responsibility to go to newcomers at meetings and making them feel welcome. // At my first General Service meeting in the 1970s, two people were arguing about \$1.70. Discussion about money has always been happening, but we have to trust in God. But we have to put money in the basket (\$1 today is not \$1 in 1975). // Every person here is a video that shows that AA works. We may be the only Big Book someone ever sees. // I had so many ideas about how to 'fix' my home group, so they elected me a GSR to keep me quiet. I went to every sobriety event, and it made my life magical. // I'm a new GSR, and I'm pretty fired up. People are interested. Even people with a lot of sobriety may not know about the self-support plan, and they are interested. I have this self-support card that is pretty informative, and I am sharing it with my group in my small town. // I encourage sponsors to take their sponsees (and their sponsees) to take part in giving back. // One of the things that will help with supporting our future is a Fifth Edition that includes stories from people who are not yet in the back of our book. // There are countless people helping, supporting, and answering the 24-hour hotline. Thank you. // The problems we have in our future are more than just fiscal. The membership of AA is flat. We can continue to emphasize service, and getting people involved in service, and if we do that, the financial problems will solve themselves. // Support is not necessarily about the money.

WHAT'S ON YOUR MIND?

I was involved for a while, and have been gone for a while, and it's great to see how much things change and how much they stay the same. // Area Committee Fantasy Area Committee Meeting // I have 62 months clean and sober. The first 50 of them were behind the walls. I chaired on my yard at Soledad. Two years ago, we saw the warden and the director of community relations about the possibility of a convention behind the walls. It is happening, and it moves me. Volunteers from this program came in and brought meetings. // We have been working very hard (Districts 08 and 20) and the stars have been aligning – This will be an amazing Pre-Conference Assembly for everyone. I want to invite everyone to this event, and remind you about the dinner.

The meeting was closed at 3:18 PM with the Responsibility Statement.

Submitted with Love and Gratitude,

Eric L
CNCA Panel 67 Recording Secretary

California Northern Coastal Area Statement of Financial Position

As of December 31, 2016

	Total
ASSETS	
Current Assets	
Bank Accounts	
B of A Checking	24,435.90
B of A Savings	9,196.05
Total Bank Accounts	\$ 33,631.95
Other Current Assets	
Assembly Deposits	0.00
2016 Election	500.00
2017 Post Conference Assembly	375.00
2018 Post Conference	1,000.00
Total Assembly Deposits	\$ 1,875.00
Total Other Current Assets	\$ 1,875.00
Total Current Assets	\$ 35,506.95
TOTAL ASSETS	\$ 35,506.95
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
3900 Operating Funds - Adjusted	16,984.83
Prudent Reserve	9,194.86
Net Revenue	9,327.26
Total Equity	\$ 35,506.95
TOTAL LIABILITIES AND EQUITY	\$ 35,506.95

Expense Report 2016

California Northern Coastal Area Budget vs. Actuals: 2016 Budget - FY16 P&L January - December 2016

	Total			
	Actual	Budget	over Budget	% of Budget
Revenue				
Assembly Contributions	9,182.00	9,000.00	182.00	102.02%
CNCA Comments Subscriptions	6.00	60.00	-54.00	10.00%
District Contributions	16,700.91	12,000.00	4,700.91	139.17%
Group Contributions	92,948.70	85,000.00	7,948.70	109.35%
H & I Archives Rent	550.00	500.00	50.00	110.00%
Interest Income/Prudent Reserve	2.42	5.00	-2.58	48.40%
Personal/Misc. Contributions	1,179.99	1,510.00	-330.01	78.15%
Tradition 7, Area Committee	3,358.13	3,600.00	-241.87	93.28%
Total Revenue	\$ 123,928.15	\$ 111,675.00	\$ 12,253.15	110.97%
Gross Profit	\$ 123,928.15	\$ 111,675.00	\$ 12,253.15	110.97%
Expenditures				
Committee Expense	23,891.93	29,514.00	-5,622.07	80.95%
Delegate Expense	8,062.78	9,380.00	-1,317.22	85.96%
General Expense	55,494.90	54,837.00	657.90	101.20%
Officer Expense	28,398.64	31,153.00	-2,754.36	91.16%
Total Expenditures	\$ 115,848.25	\$ 124,884.00	-\$ 9,035.75	92.76%
Net Operating Revenue	\$ 8,079.90	-\$ 13,209.00	\$ 21,288.90	-61.17%
Other Revenue				
Refunds/Rebates	1,247.87		1,247.87	
Total Other Revenue	\$ 1,247.87	\$ 0.00	\$ 1,247.87	
Other Expenditures				
Reconciliation Discrepancies-1	0.51		0.51	
Total Other Expenditures	\$ 0.51	\$ 0.00	\$ 0.51	
Net Other Revenue	\$ 1,247.36	\$ 0.00	\$ 1,247.36	
Net Revenue	\$ 9,327.26	-\$ 13,209.00	\$ 22,536.26	-70.61%

For our Panel 67 kick off DCM Sharing session, the room was filled to Standing Room Only with 52 enthusiastic DCMs, GSRs and visitors. Erica S. facilitated. Translation by Nicolas.

New Business

We chose a recording secretary in Third Legacy process. Two DCMs made themselves available. Took a group conscience on the format of our sharing sessions for this panel. Speakers will present on a topic for 10 minutes, maximum 15 minutes. For open sharing, members will raise their hand and the group leader will ask if someone would like to share who hasn't

Held a brief sharing session from experienced DCMs on the practice, challenges and rewards of being a DCM. See *sharing below*. Some of the consistent messages from these experienced DCMs included: a) make sure you have a service sponsor b) listen, listen, listen to your sub-district groups c) experience the spiritual beauty and joy of helping meetings and members and d) this service will provide many spiritual growth opportunities

By acclamation, we decided on February's topic of Agenda Topics and the conference process. Paul W. will present.

Sharing Session Recap

Topic: Experience, strength and hope from experienced DCMs for new DCMs

It was useful to hold a sub-district meeting once monthly. This gave the GSRs time away from the area meeting to explain things, go over area and district business, motions, Twelve Concepts. Our first meeting was about what it is to be a GSR. If GSRs can't attend the Pre-Conference Assembly, they can give group conscience on agenda topics to DCM to relay to our delegate, Monthly sub-district meetings allowed us to discuss agenda topics, actions, the Concepts and Traditions and how we see them in play locally. As a DCM, take the lead to learn and discuss General Service as a DCM, I needed a Service Sponsor who I bounced questions off and talked to them about my "stupid" questions my primary responsibility was to visit to every single meeting in district to talk about the importance of having a GSR and to let them know I am willing to work with the GSRs. I established a sub-district meeting and it "Keep the chain" strong. In a weak sub-district, my job was to rig the General Service message to every meeting. It all added up to keeping the district more in touch with general service. I made a commitment during my panel to visit every group in my sub-district at least once. Many groups didn't want to have a GSR. I left my name, phone, and email and sometimes someone from

a meeting would get in touch with me. Even when a group is "dark" with no GSR, they could give a group conscience to bring back to the delegate. I saw how a DCM can kind of be a "coach" for GSRs. It's "just kind of awesome" to see how close we are to AA. A DCM can help groups know that the member and group is the most important thing in AA. My best experience as a DCM was that I got help sub-district groups, and to educate and help the GSRs to communicate with them and help them grow through the Traditions, and to watch a meeting become a group. I encourage DCMs to help GSRs grow their group into one that participates in the communication of AA. I really like watching a group's eyes open and begin to participate. Instead of going to every group, get an alternate to help you. I went thru the service manual and GSR pamphlet and wrote up a thing about why a group would want to have a GSR. It helped to get people more involved; it seemed very effective. I had not learned how to be a GSR but I attended my DCM meeting and I learned

As a DCM, I helped groups do a group inventory. If a meeting does not have a GSR, they may not do it. Often groups need a GSR from the outside as they sometimes feel like their GSR is "controlling" their meeting. My DCM meeting wasn't a meeting. Instead of answering questions, I tried to foster discussion and to go around in group conscience style to share on something we were talking about. As a DCM, I guided them to have business meetings; I find it's helpful to touch on business once a month. As DCM, if there is no business meeting, try to get it going. Keep it short - it starts forming the group. Being a DCM allowed me to help and help educate meetings. The groups have a vote, which is a gift to the group that instills a sense of responsibility. As DCM, my job is to bring the vote back to area, district and New York in a non-biased way. The internal piece about stepping up is huge. I could not do it without a service sponsor. I encountered not only my unwillingness, but also personalities more educated than me who seem to know what they're doing. I did find myself clashing with personalities. If it wasn't for a service sponsor, I would have "folded" a long time ago. I am talking about the internal, spiritual piece, where I want to be of service but I find my own imperfections trying to take me back. In my experience, every district and sub-districts are at all different levels. When I began, we didn't have enough participation to have a Third Legacy process, but now it does. We struggle with participation all over. I suggest to pick just one goal for one year rather than "have to" do so many tasks.

DCM SHARING SESION JANUARY 21 2017

Try to Keep It Simple. In any service position, I've gotten so much more than what I've given. It has been an experience of spiritual renewal. In a district with a lot of sub-districts, I think it's a good idea to give a presentation at the district meeting. And, at the sub-district meeting, give a presentation on the area meeting. At some point, I felt like I wasn't doing a great job. I had to shift my focus on the needs of the group and stop looking at what other DCMs were doing. I have a suggestion of what *NOT* to do. I industriously took notes at all district and area meetings and emailed them to the GSRs. Attendance at my DCM meeting fell off precipitously. My suggestions it to keep an open mind, open arms and an open heart. Focus on being enthusiastic and communication with GSR and groups, worry about the other problems later. I attended a "mystery" where I was told I couldn't make a general service announcement. I left with a resentment but I also left my phone number and made myself available.

I found it was best for the DCM to do a general service presentation to a "dark" meeting rather than the secretary. I have found some secretaries are biased about general service. This is my second round as DCM,

thank you for being here! The most important thing for me was to learn how to listen. I always felt like I had to have an answer. So, that's where my service sponsor came in. I talked to other DCMs and allowed the meetings to ask questions rather than me telling them. We had discussions on the questions; it was very beneficial.

Meeting adjourned at 10:50am with the Responsibility Statement and a reminder to bring radios in February to hear translations.

Respectfully submitted,
Jacqueline P
Recording Secretary
DCM, District 10, Sub-District 03

NOTES FROM CHAIR

Please remember to bring your FM radio to all Area Committee Meetings and Assemblies for Spanish/English interpretation and Assisted Listening for the hearing impaired.

PANEL 67 ASSEMBLY DATES CALENDAR

2017 Pre-Conference Assembly

April 8-9, Alameda County Fairgrounds
(Hosted by Districts 20 and 08)

2017 Post-Conference Assembly

May 13, Lake County Fairgrounds, Lakeport
(Hosted by District 13)

2017 Summer Assembly

August 5, Petaluma Community Center
(Hosted by District 18)

2017 Fall Inventory Assembly

November 4, Petaluma Veteran's Hall
(Hosted by District 12)

2018 Pre-Conference Assembly

April 7-8

2018 Post-Conference Assembly

May 12, Solano County Fairgrounds, Vallejo
(Hosted by District 09)

2018 Summer Assembly

August 4 or August 11

2018 Fall Election Assembly

November 03 or November 10

(Underlined dates preferred)

If your District is considering making a bid for an Assembly, please contact the Assembly Coordinator Erica Saephanh at assemblycoordinator.p67@cnca06.org

Area Committee:

Assembly Bids:

Housekeeping Motions:

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

New business at Area Committee Meeting:

Discussion topic:

What are the technological needs of the Area?

Area Assembly Motions:

Redistricting Requests:

Presentation of New Business at Area Assembly:

That the General Service Board of Alcoholics Anonymous and the General Service Conference of Alcoholics Anonymous approve the development of a new public service announcement in video format that utilizes full-face actors (not members of A.A.). – *presented by the CNCA PI/CPC Committee*

Old Business at Area Assembly:

“That the General Service Conference develops a pamphlet sharing experience, strength and hope on group safety.”

“That all Area business in CNCA be decided by substantial unanimity, usually 2/3.”

“That CNCA moves to reintroduce the following section (From page 6 of the AA Member – Medications & Other Drugs, Revised 2011 and also from the 1998 edition of Living Sober page 89) in “Appendix*” in Living Sober (2012 edition). Placement of the below text will follow the current section **Note to medical professionals** (page 90)”:

“Some alcoholics require medication.

We recognize that alcoholics are not immune to other diseases. Some of us have had to cope with depressions that can be suicidal; schizophrenia that sometimes requires hospitalization; bipolar disorder, and other mental and biological illnesses. Also among us are diabetics, epileptics, members with heart trouble, cancer, allergies, hypertension, and many other serious physical conditions. Because of the difficulties that many alcoholics have with

drugs, some members have taken the position that no one in A.A. should take any medication. While this position has undoubtedly prevented relapses for some it has meant disaster for others. A.A. members and many of their physicians have described situations in which depressed patients have been told by A.A.s to throw away the pills, only to have depression return with all its difficulties, sometimes resulting in suicide. We have heard, too, from members with other conditions, including schizophrenia, bi-polar disorder, epilepsy and others requiring medication, that well-meaning A.A. friends discourage them from taking any prescribed medication. Unfortunately, by following a layperson’s advice, the sufferers find that their conditions can return with all their previous intensity. On top of that, they feel guilty because they are convinced that “A.A. is against pills. It becomes clear that just as it is wrong to enable or support any alcoholic to become readdicted to any drug, it’s equally wrong to deprive any alcoholic of medication, which can alleviate or control other disabling physical and/or emotional problems.” —*Presented by District 07*

“That language similar to the following be added to the section “How Decisions Affecting A.A. Are Made” in “The A.A. Group” pamphlet at the conclusion of the following sentence: Annually, groups from the U.S. and Canada elect delegates (serving two-year terms) from their areas to the yearly meeting of the Conference in New York—to hear the reports of the board’s committees, G.S.O. and Grapevine staffs, and to recommend future directions, mainly in the form of Advisory Actions.

CNCA MOTIONS FEBRUARY 2017

“Prior to the annual General Service Conference a list of important issues to be discussed during the Conference is published and made available to each and every Group in the U.S. and Canada. Because these issues make up a part of the entire General Service Conference Agenda, they are referred to as Agenda Topics. Every Group in the U.S. and Canada has the opportunity to review, discuss, and develop an informed Group Conscience on these Agenda Topics. The Group’s GSR then carries the Group’s Conscience on Conference Agenda Topics to the Area’s Delegate, usually at an Area Assembly prior to the General Service Conference. The Area Delegate

then represents the collective conscience of the Groups in the Area at the General Service Conference on these matters vital to A.A. as a whole.” —Presented by District 11

New Business at the Area Assembly: None

CNCA CALENDAR -- PANEL 67

2017—Panel 67

February	25—Area Committee Mtg
March	3-5—PRAASA, McClellan Conference Center, Sacramento, Hosted by CNIA 07
April	25—Area Committee Mtg 8,9—Pre Conference Assembly, Alameda Fairgrounds, hosted by Districts 08 and 20
May	23-29—General Service Conf, NY 22—Area Committee Mtg 13—Post Conference Assembly, Lake County Fairgrounds, Lakeport, hosted by District 13
June	27—Area Committee Mtg
July	24—Area Committee Mtg
August	22—Area Committee Mtg 5 —Summer Assembly, Petaluma Community Center, hosted by District 18
September	26—Area Committee Mtg
October	23—Area Committee Mtg
November	28—Area Committee Mtg 4—Fall Inventory Assembly, Petaluma Veterans Building, hosted by District 12
December	25—Area Committee Mtg 16—Area Committee Mtg

2018—Panel 67

January	27—Area Committee Mtg
February	24—Area Committee Mtg
March	24—Area Committee Mtg
April	7,8—Pre Conference Assembly 22-28 General Service Conf., NY
May	28—Area Committee Mtg 12—Post Conference Assembly Solano County Fairgrounds, hosted by District 09
June	26—Area Committee Mtg
July	23—Area Committee Mtg
August	28—Area Committee Mtg 4 or 11—Summer Assembly
September	25—Area Committee Mtg
October	22—Area Committee Mtg
November	27—Area Committee Mtg 10—Election Assembly
December	24—Area Committee Mtg 15—Area Committee Mtg

**CALIFORNIA NORTHERN
COASTAL AREA 06 OF
ALCOHOLICS ANONYMOUS**

**PRE-CONFERENCE
ASSEMBLY 2017**

**“SUPPORTING OUR FUTURE”
SATURDAY/SUNDAY APRIL 8 & 9, 2017**

**Alameda County Fairgrounds, Building C
4501 Pleasanton Ave., Pleasanton, CA 94566**



Saturday

8:00 - 9:00am Registration

9:00 - 9:15am Orientation & remarks from Delegate
Conference Process review and Group Consciences

9:15am Business Meeting

12:00 – 1:00pm Lunch

1:00pm Sharing on the Conference Theme

1:30pm Group Consciences

5:00-5:30pm What's on your Mind?

Please clean up all your belongings

Sunday

8:00-9:00am Registration

9:00am Group Consciences

12:30-1pm What's on your Mind?

(If extra time is needed to hear group
consciences, we will break for lunch and
return at 2pm to continue)

**BRING YOUR FM RADIO FOR
SIMULTANEOUS TRANSLATION**

Local AA Meetings

Friday:

Friday Night Young People

222 W El Pintado Rm. 100, Danville
6:30 P.M.

Tri-Valley Fellowship

3701 Old Santa Rita Rd. Pleasanton
6:30 P.M.

Saturday:

Grupo No Estamos Solos

37045 Ash St., Newark
7:00 P.M.

Tri-Valley Fellowship

3701 Old Santa Rita Rd., Pleasanton
8:00 P.M.

Sunday:

Hayward Fellowship Group

16250 E. 14th St. San Leandro
3:00 P.M.

For additional meetings visit:

contracostaaa.org
trivalleyaa.org

Lodging in Pleasanton

Four Points by Sheraton

5115 Hopyard Road
Pleasanton, CA 94588
fourpointspleasanton.com
(925) 460-8800

(Mention CNCA06 for group rate- book by 3/17)

Courtyard Pleasanton

5059 Hopyard Road
Pleasanton, CA 94588
marriott.com/Pleasanton
(925) 463-1414

(Mention CNCA 06 Pre-conference assembly

- book by 3/11)

Hyatt House

4545 Chabot Drive
Pleasanton, CA 94588
pleasanton.house.hyatt.com
(925) 730-0070

Best Western Plus Pleasanton Inn

5375 Owens Court
Pleasanton, CA 94588
bestwestern.com/pleasanton

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Panel 67 Area Officers & Area Meeting Information

Feel free to contact the Area officers by using the “contact us” tab on the www.cnca06.org

Delegate
Joann L

Alternate Delegate
Teddy B-W

Chair
Jennifer B

Treasurer
Chris H

Registrar
Laura W

Recording Secretary
Eric L

Assembly Coordinator
Erica S

Literature/Grapevine Chair
Miguel H

Pacific Regional Trustee
Joel C

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San Francisco, CA 94188-4222
www.cnca06.org

H&I
www.handinorcal.org

CNCA Standing Committee & Sharing Session Meetings

are the 4th Saturday every month. Sharing Sessions - 10 am
Standing Committee Meetings - 11 am
Area Business Meeting 12:30 - 3:30 pm

Archives Committee meets at 11:00 am. For information contact Richard W by visiting the “contact us” tab on the www.cnca06.org website. The CNCA Archives are located at 193 Mayhew Way, Walnut Creek, CA. The mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap meets at 11:00 am. For Information contact Kelly H by visiting the “contact us” tab on the www.cnca06.org website.

Public Information/ Cooperation with the Professional Community (PI/CPC) meets at 11:00 am. For information contact Teddy B-W by visiting the “contact us” tab on the www.cnca06.org website. T

Interpretation & Translation Committee meets at 11:00 am. For information contact Michael Q by visiting the “contact us” tab on the www.cnca06.org website.

Web Committee meets at 11:00 am. For information contact Robert E by visiting the “contact us” tab on the www.cnca06.org website.

DCMs & DCMCs Sharing Sessions meet at 10 am

Literature/Grapevine/La Vina Sharing Session meets at 10 am. www.aagrapevine.org

Accessibilities Sharing session meets at 10 am. For information visit the “contact us” tab on the www.cnca06.org website.

