



CNCA COMMENTS



A.A. Confidential -- April 2017
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview

We had a light agenda at the March **Area Committee Meeting (ACM)**, which allowed everyone the opportunity to participate in our two discussion topics. And you had a lot to say! We will continue talking about the technological needs of the Area for at least another month before an ad hoc committee is formed to look deeper. And the finance committee asked to hear pros and cons of offering group treasurers the option to receive emailed contribution receipts rather than mailed hard copies. Not only were we all reminded of the spiritual value of self-support, but the discussion was helpful in terms of things to consider as this option becomes available. Stay tuned. And if you have any further thoughts to share, you can always do so under What's On Your Mind or directly with our Treasurer, Chris H.

By the time you read this, we will have had our first Assembly of the year where we fully informed our delegate, Joann L., before sending her off to the General Service Conference in NY. I absolutely love our process and all your participation is what makes it such a spiritual experience. Now is a good time to get group consciences on the motions that we will continue to discuss (and possibly vote on) during the business meeting at the Post-Conference Assembly in May.

In service and gratitude,
Jennifer B., Area Chair



2017 POST-CONFERENCE ASSEMBLY

Saturday, May 13, 2017, 8:00 am – 5:00 pm

401 Martin St., Lakeport, CA

ASL available for Delegate's Report 2:15-3:45 pm

See flyer on page 14

So I am now 20 days away from the adventure of a lifetime. As I have been telling people, I feel like a house has just dropped on me and I have these red shoes. Lately I have been having this strong feeling to go back to basics. So I asked my sponsor if we could read the Big Book together. I am really enjoying this time I spend with her, talking about the spiritual message contained in this book. I try to remember it is still just this simple. Don't drink, go to meetings, work the steps, read the book and be of service to others. The only part that has changed is my service work got a little bit bigger, and then it expanded to all parts of the country. So my insecurities make me want to feel the chain that is connected to the anchor of my sobriety: my sponsor and my home group. The chain is still in place and so is the anchor. Ok. I think I am ready to travel to New York.

My experience at PRAASA this year was very much feeling like a newcomer. The Delegates Roundtable was all about sharing on what to expect at the Conference and how important it is to take care of yourself that week. I have already had reminders from other past delegates to rest and drink water. Again – the message is so simple. I felt such kindness and love at these roundtables. As much as new experiences always play havoc with my insecurities, I have this strong sense that there will be nothing to be afraid of. There was such love in the room for Alcoholics Anonymous. There was a feeling of warmth and love from all the trusted servants.

So the job now is to show up, listen and be present for all of you. I know I have told you the story of how, as the chair, I was instructed to write the names of the GSRs down as they came to the microphone with their group consciences and then say "thank you" and their name. I still have the lined paper with all the names on it. When I touch it, I still feel the strong connection to the fellowship. I am wondering what I will experience this year. Whatever it is, I will have the opportunity this year to share it with you. I hope I will be able to describe every fabulous moment accurately. My instructions this year are: Don't Blink. Enjoy every moment. That is my intention.

In love and service,
Joann L.
CNCA Panel 67 Delegate

Looking for Something?

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AREA COMMITTEE MEETING MINUTES FOR MARCH 2017

The monthly committee meeting of CNCA was held March 25, 2017 at the Petaluma Community Center. Jennifer B. opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Scott W. (District 70). Allison S. (District 10) read Tradition 3 and Jenny M. (District 07) read Concept 3. There were 7 past delegates present: Diane O. (Panel 35), Woody R. (Panel 50, Area 07), Doug G. (Panel 53), Sharon A. (Panel 57), David N. (Panel 59), Ken M. (Panel 61), and Raymundo L. (Panel 65). David N. also currently serves as a non-trustee director on AAWS Board and Doug G. serves as an appointed committee member of the Trustee's Literature Committee. There were 8 GSRs present and 2 new DCMs present. The February 2017 minutes and financial report were accepted as printed in the *CNCA Comments. Birthdays: 118/9.*

Registered attendance: Voting (59) / Non-voting (48)

Officer Reports

DELEGATE – JOANN L.: PRAASA was a total spiritual experience for me. If this is a taste of what the Conference will be like, I am in for a complete transformation. In preparation for the Conference, I have re-read the GSC Inventory, the Feasibility Study, and the Strategic Plan. I know that when we do a group inventory, sometimes things are self-correcting just because we have started talking, but more times than not, we need to put a plan in place to make changes. I view the Feasibility Study as the Trustees saying to the fellowship, 'Here is a problem. Do you have any suggestions?' So far, we have responded with insightful sharing, and the Strategic Plan is, to me, a plan of action to address some of these issues. Some concerns include our lack of growth, a decrease in literature sales, and decreases in group contributions. Solutions mentioned include improving our communication with the fellowship and with the public and reaching out to groups that are not participating in General Service. Delegates have been asked to identify groups of alcoholics that we may not be reaching. If you have any thoughts on groups of folks we might be missing, please let me know. I encourage you all to re-read these documents as well, and if you have any feedback, please write or call me. I am looking forward to the Pre-Conference Assembly next month, and am ever so grateful for your support and love.

ALTERNATE DELEGATE – TEDDY B: Like many of you, I got to attend PRAASA and particularly enjoyed the Public Information Roundtable, at which the prospect of AA having a Twitter account was met with puzzlement. Thank you to everyone who joined me in staffing the booth for AA at the annual Conference of the American

Counseling Association in San Francisco; we were visited at our booth by approximately 800 of the 4,139 attendees and distributed 544 pieces of AA literature (and approximately 300 pieces of candy).

CHAIR – JENNIFER B.: I had a wonderful time at PRAASA, and learned some interesting things about how other areas do business in the Area Chair Roundtables. I am looking forward to the Pre-Conference Assembly, and want to remind you that you will have 90 seconds for sharing at the microphone; also, please don't forget FM radios. Finally, we have an opening on the finance committee for the rest of Panel 67. The finance committee prepares the annual budget for recommendation to the Area Committee and reviews financial matters brought to its attention.

TREASURER – CHRIS H.: As of today, our prudent reserve is bumped up to \$10,117.90 to reflect one-twelfth of this year's budgeted operating expense. We also ended the month with nearly \$34,000 in checking, leaving us with a combined total of over \$45,000 in both of our deposit accounts. Next month, we may present a motion to distribute \$10,000. Year-to-date, we are about \$4,000 ahead of where we anticipated ourselves to be.

REGISTRAR – LAURA W.: I am continuing to process changes as they come in, and have been working with some AA members with technology backgrounds to repair some of the problems with the database. I am optimistic that things will be running smoothly by next month. I am also working with the GSO Records Department to address the process of updating our area records. This should fix a few problems, including the delay in receiving GSR and DCM packets.

RECORDING SECRETARY – ERIC L.: I was also able to attend PRAASA and participated in the Newsletter Roundtable, and I have started to share with other areas our *Comments and been given access to other newsletters and minutes from our region. I would like to thank everyone who e-mailed me their reports and am grateful for your continued encouragement.*

ASSEMBLY COORDINATOR – ERICA S.: The Pre-Conference Assembly will be held April 8 and 9 at the Alameda County Fairgrounds in Pleasanton. It is a two-day assembly, so if you haven't made travel arrangements yet for hotels or carpools, this is a great time to start working on that. Some local hotel information is provided on the back of the flyer. ASL will be available at the Post-Conference Assembly on May 13 in Lakeport. We still have three opportunities to experience the joy of

AREA COMMITTEE MEETING MINUTES (Cont.)

hosting an assembly this panel. I have information I am willing to provide anyone interested in exploring the possibility of hosting an assembly.

LITERATURE/GRAPEVINE/LA VIÑA – MIGUEL H.: The Loners/International Meeting directories have been updated and mailed to LIM members. This service helps seagoing AAs and AA members in extremely remote areas of the world to stay connected. With the publication of the Rarotongan language Big Book (a dialect of Maori spoken in the Cook Islands in the South Pacific), AA is now available in 70 languages. Twenty-one translations remain pending, including the Navajo oral language translation.

District Reports

DISTRICT 01 (MONTEREY) – SUSAN G.: Several members were able to attend a nearby Agenda Topics discussion meeting to prepare for the Pre-Conference Assembly. We filled two positions that had been vacant for the past two years, and we have a good core of service-minded trusted servants. An inventory is our next goal.

DISTRICT 02 (SALINAS/SAN BENITO) – ELIYAH H.: One group in our district conducted a Secretary's Workshop that was enthusiastically received. We are hoping to expand that effort for our district. We held a productive officer's meeting to make plans for our direction in the near future. The district is currently operating in the red financially, which is of concern, but we are inspired to do the next right thing and depend on Higher Power for the result.

DISTRICT 03 (SANTA CRUZ) – ERIC H.: We continue experiencing fine attendance and lots of enthusiasm. We distributed background materials on CD and via snail mail. We chose to do that rather than distribute electronically. We also held a well-attended Agenda Topics Workshop, with many GSRs who hadn't attended any workshops in the past. The workshop focused on how to get a group conscience.

DISTRICT 04 (SANTA CLARA NORTH) – MARIANNE G.: Many thanks to: District 40 for facilitating a third-legacy election at our business meeting, our visiting area officer for facilitating a mock sharing session to prepare GSRs for the Pre-Conference Assembly, and the Alternate DCMCs for Districts 04 and 40 for putting on a great Agenda Topics Workshop last weekend (and thanks to the area officer who presented).

DISTRICT 40 (SANTA CLARA SOUTH) – COREE H.: This month's district meeting was quite possibly the busiest I've seen in my time in General Service. Our visiting area officer shared on the conference process, we held sub-district consciences and two district consciences on Agenda Topics, and discussed using Airbnb for district lodging at the Post-Conference Assembly. We also passed four housekeeping motions (three on reimbursements and one letter of recommendation for SCYPAA to host ACYPAA).

DISTRICT 05 (SAN MATEO) – COLLEEN G.: Our district had a well-attended Agenda Topics Workshop, and GSRs reported feeling more prepared to present topics to their groups. We continued that enthusiasm at our district meeting, with three new GSRs present. With no pending district business, we used our time to do a mock sharing session and talk about area business, and the differences between area business and the Agenda Topics.

DISTRICT 06 (SAN FRANCISCO) – DENNIS H.: The district voted to change the time of our meeting from 8:00 pm to 7:30 pm; we also moved the orientation for newcomers and our Concepts Study to 6:30 pm. Due to personal circumstances, the Alternate DCMC resigned; she has provided great service to the district over the last few years and she will be greatly missed. We will have a third-legacy election at our April meeting. In the meantime, a number of trusted servants have stepped up to handle her responsibilities.

DISTRICT 07 (ALAMEDA NORTH) – BRENDAN MCW.: After nine months of procedure and discussion (yielding almost fifty pages of background material) our district passed a motion with substantial unanimity to create a Google account for the district to facilitate communication with the district. We had a significant presence at PRAASA, which prepared us for co-hosting an Agenda Topics Workshop with District 70.

DISTRICT 70 (ALAMEDA SOUTH) – NORA H.: We presented a General Service workshop for the Tri-Valley Intergroup, and we now have a regular feature in the Valley View newsletter. We sponsored scholarships for three people to attend PRAASA, and are in the early planning stages of our Delegate's Night Post-Conference potluck dinner meeting. We also formed an ad-hoc committee to begin planning a bid to host an assembly in 2018.

DISTRICT 08 (CONTRA COSTA) – RICHARD W.: We continued to focus on Agenda Topics, with presentations on the Agenda Topic Summaries. The DCMs led

AREA COMMITTEE MEETING MINUTES (Cont.)

practice sharing sessions with GSRs; next month, GSRs will be presenting their group consciences at the mike as practice for the Pre-Conference Assembly we are co-hosting with District 20.

DISTRICT 09 (SOLANO SOUTH) – CLAUDIA K.: Kia Ora from New Zealand, where I spent the past five weeks. While I was away, our two DCMs kept the district rolling. Our district gave twelve scholarships to committee members, covering registration, mileage and the Saturday night banquet. GSRs were very excited by their PRAASA experience. We are still looking for an Alternate DCMC, one more DCM and an Archives chair.

DISTRICT 90 (SOLANO NORTH) – TONY W.: Our Agenda Topic Workshop was splendid, with 63 people in attendance, a chili and cornbread lunch, a mock agenda topic sharing session, a past DCMC panel, and the debut of the skit 'Black Jack Daniels vs. The Happy Destiny Kid.'

DISTRICT 10 (MARIN) – CATHY P: We shared the recent service material from GSO, 'Safety and AA: Our Common Welfare,' with the groups. GSRs are finding it helpful to read 'Why We Need a Conference' on page s20 in the Service Manual before group sharing sessions, and we are all grateful for the opportunity to continue learning about the Seventh Tradition and how money effects all of us.

DISTRICT 11 (NAPA) – CHITRA S.: We usually meet on the first Saturday of the month, so several times a year, we do not hold our district meeting so that we can participate at an assembly, at PRAASA, or at a Regional Forum. This month, we had a 'make-up session' on a Thursday, in part to discuss a motion to change the meeting to a weeknight. We are also discussing new ways of interacting at a deeper level with our Intergroup and NAPYPAA service entities, and our Alternate DCMC laid out an ambitious program to revitalize our outreach to the public, in part by utilizing NAPYPAA as a resource. Unity Day will be held July 8, location TBD.

DISTRICT 12 (SONOMA) – ROBERT F.: PRAASA was an incredible experience. When I asked how many people when to PRAASA at our district meeting, I was floored when I saw the show of hands; it looked like 75 percent of the room was there. The participation was amazing, but the effect on the participants was what really rocked me. People were asking how they could get more involved in service. We are so lucky to belong to a fellowship in Area 06. We are well-informed, and the level of participation amongst us is astounding.

DISTRICT 13 (LAKE) – MARY R: Our 2017 budget was approved with some adjustments, and a motion to increase our prudent reserve passed. A motion to distribute excess funds not spent in 2016 will continue to be discussed in April. District 13 may have a newsletter shortly, with possible reports on PRAASA, PI/CPC, General Service and Intergroup, and 'Where are the YPAAs in Lake County.' On the issue of how to compensate an organization that donates use of their facility when a fee for such use is waived, the district voted to make a donation to the Lakeport Senior Center with half of it anonymously paid in the name of Calpine Corporation. We held events in each location over the past year.

DISTRICT 14 (MENDOCINO) – ROBIN T.: Nine people from our district attended PRAASA, and came back enthusiastic about service. At our last district meeting, we approved a budget for 2017 and elected an Accessibilities chair.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – CHRISTOPHER C: We voted to give four GSRs scholarships for the Pre-Conference Assembly, but, so far, only one GSR has stepped forward. We are also exploring the possibility of hosting an assembly next year.

DISTRICT 16 (SPANISH CENTRAL) – FRANCISCO R: I obtained a lot of information and felt many emotions after my PRAASA experience. On March 8, we hosted an Agenda Topics workshop, and we continue visiting groups and encouraging participation in the conference process.

DISTRICT 17 (SPANISH SOUTH) – MARIO S.: Nine members from our district went to PRAASA, including three GSRs for whom this was the first PRAASA experience. We continue to encourage participation at our district and have been visiting groups to invite them to participate by sending GSRs.

DISTRICT 18 (SPANISH NORTH) – HECTOR C.: Our visiting area officer spoke about the motions at the area that will be discussed at the next assembly. 12 people from our district attended PRAASA – including five new GSRs. At our district, we have been discussing group inventories, and we continue to provide simultaneous translation between English and Spanish.

DISTRICT 19 (SPANISH SOUTH SOUTH) – MAGDALENO O.: Not many GSRs from our district will be able to attend the Pre-Conference Assembly because of a scheduling conflict. We are excited, however, to host

AREA COMMITTEE MEETING MINUTES (Cont.)

the Inter-district meeting (between the five Spanish-language districts in the area) in Seaside on April 16.

DISTRICT 20 (SPANISH EAST) – TEODOMIRO S: Our visiting area officer spoke about the role of a GSR at the Pre-Conference Assembly. We are very excited to be hosting (along with District 08) the Pre-Conference Assembly, and we want to invite everyone to purchase tickets for the Pre-Conference Assembly Dinner. The speaker meeting after the dinner will feature a Spanish-speaking past delegate, and translation into English will be provided – a first for the area.

Area Sub-Committees and Sharing Sessions

ARCHIVES – RICHARD W.: Your archives committee has been active and having a ton of fun. We brought a display to PRAASA, and, at our last workday, we had an Archives 101 training. At our meeting today, we heard a presentation about Conference-approved literature, non-Conference-approved literature, and how that relates to archives. We will be sending an archives display to the upcoming Past Delegates Reunion in San Jose in June, and we approved a housekeeping motion to send a member of our committee to the 21st National AA Archives Workshop; we will present a housekeeping motion at the ACM in the coming months.

BRIDGING THE GAP – KELLY H.: Your district committees reported 20 presentations since our last meeting and handled 125 requests for post-release contact (and three letters) in conjunction with our Correspondence Secretary. We will be purchasing a few extra copies of the 'It Sure Beats Sitting in a Cell' DVD, since this 17-minute DVD will be going out of print in favor of a new longer video called 'A New Freedom.' We continue making progress in the short-term correspondence project, and we are looking forward to the assembly.

FINANCE – CHRIS H.: Two people stepped down, including the chair, and we will need to elect a new chair next month. This month, we will be ordering two card readers to accept electronic contributions at the next area committee meeting, and we are now looking into streamlining the process of check requests.

PI/CPC – TEDDY B: We heard wonderful presentations from Luisa (from District 19) and Chitra (from District 11) about how to stimulate interest in PI/CPC work and set up a district committee. We were reminded that even professionals can be misinformed about AA, and that our work cooperating with them is vital.

WEBSITE – ROBERT E: Five people visited our meeting this morning. Currently, we are working on policies and procedures, addressing problems with the drop-down menu on the website, and addressing how to reduce spam mail. Because the National AA Technology Workshop will be in Sacramento this fall, we will be sending as many people as possible. We also had a great discussion on security with email.

INTERPRETATION AND TRANSLATION – MICHAEL Q: We experienced a miraculous start to the month at PRAASA. The PRAASA translation equipment was MIA, and we were able to retrieve our equipment in time to provide interpretation and assisted listening for the weekend. It was an amazing spiritual experience to observe more than 250 Spanish-speaking members follow along with headsets at PRAASA. I also re-learned the value of assisted listening, as acoustics in the main hall were poor and many members could participate as they could hear with FM assistance. I want to remind people to bring FM radios to the assemblies.

CNCA COMMENTS – JOSÉ A: More than 900 copies of the *CNCA Comments* were sent out on time. We used stamps this month.

COMENTARIOS DE CNCA – MANUEL R: We printed 180 copies of the *Comentarios* and sent 162. We are still working on the formatting to make the *Comments* and *Comentarios* look similar.

DCM SHARING SESSION – JACQUELINE P.: 57 people attended today's sharing session, which focused on a presentation on service sponsors. In April, the presentation will be on the care and tending of the GSR.

ACCESSIBILITIES – PAT N.: 15 people attended today's sharing session, with a presentation by two members from Pleasant Hill, who described their group's service bringing meetings to home-bound alcoholics. We also discussed how to best identify and address access issues in our groups to make sure message is reaching everyone who needs it. It is wonderful to see access being addressed at the area level.

LITERATURE/GRAPEVINE/LA VIÑA – MIGUEL H: Today, we shared news related to Grapevine, La Viña, literature, new publications and pricing, and we noted the increased price of Grapevine and La Viña materials. Next month, we will have a presentation on how

AREA COMMITTEE MEETING MINUTES (Cont.)

to do writing for the Grapevine and La Viña workshops at our districts.

NCCAA – SHAUN G: I want to thank CNCA for their continued support to NCCAA. AAWS and GSO have been participating in our conferences this year, where we are celebrating the 70th anniversary of NCCAA. Our next event will be in Sacramento in June, with the CNCA delegate and the Pacific Regional Trustee both speaking.

H&I – DIANE O.: The H&I team is grateful to have been a part of NCCAA and of PRAASA, and grateful for the spirit of cooperation between the service entities. Our excess funds have already been distributed to NCCAA and to the General Service committees, and we are employing every avenue available to distribute to each Intergroup/Central Office in Northern California the appropriate amount of money. This should be completed by the first week in April.

YPAA – DREW B.: ACYPAA is here. We are grateful for participation from the area. Three former trustees, one current trustee, the current delegate and five past CNCA delegates are all on the program. Please register at 2017.acypaa.org; you can also find the program on the website.

LA VIÑA 21 ANNIVERSARY – ARMANDO H: We had a workshop at NCCAA; friends from Areas 06, 07 and 93 attended. Currently, we only have 200 registrations for this event; if you know of any group or district that would want information on the La Viña anniversary, feel free to contact Rafael R.

Seventh Tradition and Break (1:45 to 2:00 PM)

Area Business

CNCA COMENTARIOS BID:

Manuel outlined the process of bidding for, and the translation, production and mailing process, for the *Comentarios*. *A bid to take over this service is needed, as Manuel is prepared to rotate out of the Comentarios service having already done it for a full panel.*

DISCUSSION TOPIC:

What are the technological needs of the Area?

Discussion: I prefer the phrase 'What are the technological opportunities.' We have the opportunity to leverage different technological tools. // It is possible we could explore using bulk purchase of software. // *The Comments and Comentarios editors could have their own computers with software. // A more appropriate set of*

questions could be what we want to be using and why we would be using it before determining what we need. // I had an experience a couple weeks ago in which I realized I hadn't received a digital copy of the full back-ground materials. In the past, it has worked to just attach individual files and just e-mail them out. This time, Google wanted the files to go in to Google Drive (because of their size). I think it is imperative that we develop a secure, password-protected area on the CNCA website to have information available to people in the area. // On YouTube, I learned that you can get an app for mobile phones that can interpret between oral language and ASL. We could look into this for accessibility reasons. // Our registration database does not work well. It is something we are actively trying to fix so that we can send GSO the correct information. The forms the database currently generates are sometimes inaccurate. // There are free, open-source software alternatives that are worthy of exploration. // In my district, we have used old technology for our database, experienced problems with that technology, and eventually lost a lot of information (registration lists, email addresses). I think it is a great idea to look in to everything we would want to be doing, but we have to remember to make it transferable from one panel to the next. Sustainability is important. // We have to trust our trusted servants. The other service entities that we talked to that implemented new technology without rancor trusted their trusted servants. // Last month, I talked about migration from floppy disks to CDs to digital files. It would also be nice to have some editing software in archive for recordings. // Since I served as *Comentarios* editor and now serve on the translation committee, the biggest issue we face is that no one has the same software programs. It would be nice if all documents were on the same software to make them more easily transferrable. // I look to younger people to help with technology. Most of it not within my grasp. I'm interested, but... // Maybe should figure out what our technological needs are prior to distributing excess funds. // Having talked with other areas and seeing things going on in other areas, many other places have an 'e-services' officer and a committee. // It is important to know the difference between our technological needs and our technological wants. // We have millennials and baby boomers. The issue is not in using technology, but in how to use technology. The questions that always come up involve anonymity. It's different from privacy. There is no anonymity once you put information out there. You can have a secure website and it can get hacked. That might be some of the discomfort out there.

Discussion continues next month.

**California Northern Coastal Area
Statement of Financial Position**

As of February 28, 2017

	<u>Total</u>
ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	33,872.32
Prudent Reserve - Savings	10,117.90
Total Bank Accounts	\$ 43,990.22
Other Current Assets	
Assembly Deposits	1,375.00
Total Other Current Assets	\$ 1,375.00
Total Current Assets	\$ 45,365.22
TOTAL ASSETS	\$ 45,365.22
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	24,527.99
Prudent Reserve ~ Savings	10,117.90
Net Revenue	10,719.33
Total Equity	\$ 45,365.22
TOTAL LIABILITIES AND EQUITY	\$ 45,365.22

Expense Report February 2017

California Northern Coastal Area

BUDGET VS. ACTUALS: 2017 BUDGET - FY17 P&L

February 2017

	TOTAL		
	ACTUAL	BUDGET	% OF BUDGET
REVENUE			
002 Group Contributions	5,206.23	9,000.00	57.85 %
003 District Contributions	519.00	2,500.00	20.76 %
005 Tradition 7, Area Comm.	310.05	320.00	96.89 %
006 H & I Archives Rent		575.00	
007 CNCA Subscriptions	12.00	12.00	100.00 %
008 Personal/Misc Contributions	131.00	100.00	131.00 %
010 Interest Income	0.36	0.00	
Total Revenue	\$6,178.64	\$12,507.00	49.40 %
GROSS PROFIT	\$6,178.64	\$12,507.00	49.40 %
EXPENDITURES			
012 EXPENSE			
013 Delegate Expense	1,120.32	1,206.00	92.90 %
038 Officer Expense	2,209.50	2,470.00	89.45 %
093 Committee Expenses	3,067.91	2,263.00	135.57 %
158 General Expenses			
177 Area Committee Expenses	1,317.36	1,213.00	108.60 %
187 Federal & State Tax Fees	60.00	60.00	100.00 %
188 Tax Return Preparation	594.00	550.00	108.00 %
192 Returned Check/Bank Fees		21.00	
Total 158 General Expenses	1,971.36	1,844.00	106.91 %
Total 012 EXPENSE	8,369.09	7,783.00	107.53 %
Total Expenditures	\$8,369.09	\$7,783.00	107.53 %
NET OPERATING REVENUE	\$ -2,190.45	\$4,724.00	-46.37 %
NET REVENUE	\$ -2,190.45	\$4,724.00	-46.37 %

AREA COMMITTEE MEETING MINUTES (Cont.)

DISCUSSION TOPIC:

Pros and Cons of offering to individual group treasurers the option to receive an e-mailed PDF group contribution receipt (in lieu of physically-mailed receipts) directly through QuickBooks.

Presentation: During the ACM, the finance committee spends the entire time mailing out receipts. We are also spending about \$200 a month in postage. Some treasurers have told us they would prefer to get electronic receipts, and we are considering accommodating this request but would like to hear some area sharing first.

Discussion: The only problem I see is that treasurers in groups sometimes change. I would not want us to keep emailing receipts to someone who is no longer the treasurer. // I served on the finance committee last panel, and I am now dating the current treasurer. There is a lot of postage, and the way we do things does not seem efficient. I think we could revise our current approach. When I was a district treasurer, we did not send receipts, but I would contact people to thank them for their contribution. There are alternatives to paper receipts. // I currently serve my home group as their treasurer. A couple years ago, I opted out of area receipts. I am all in favor of saving our finance committee the work, time and money. I requested the same from GSO, and never received a response from them. // I did receive a response from the GSO. I no longer receive paper receipts. // When I served as treasurer last panel, people would sometimes request email receipts, and I would email them a receipt. When we made the transition to QuickBooks, this became an opportunity for using technology in the area. // We are about to take electric payments, inferring electronic receipts. I thought we would be doing this already. // One advantage of sending mail receipts is that we include an envelope encouraging future contributions. // As GSRs, we would receive letters from GSO when our groups contributed. We could do the same thing at the area. // I am a Lud-dite millennial. I hate looking at a computer screen. I was encouraged by my service sponsor to make electronic contributions, but I would be saddened if I didn't receive a paper receipt. // I believe we can do both things: regular mail and electronic mail. Those of us who get electronic receipts can also print out the receipt to show our group. // I don't understand why we send receipts at all. If someone wants receipts, e-mail is a better alternative anyway. // Why don't we ask what kind of receipt people would want to receive – if any? // It should be up to a group how they want to receive

receipts. // I think we should offer treasurers three options. Do they want a receipt by mail, a receipt by email, or no receipt at all? Because groups change treasurers frequently, we should always default to mail and ask each new treasurer what they would prefer. // There is a concept in accounting called 'separation of duties.' The receipt gives me a comfort level that the money has been sent, and it serves as an acknowledgement. If we do away with receipts altogether, we risk the money getting lost or growing legs and walking away. The receipt does not need to go to the treasurer, though, but to someone other than the treasurer for a checks and balances system. If you have a bank account, that bank statement is an internal control that indicates that a check has been cashed. // What I am not hearing is that the purpose of money is spiritual. We are not trying to build up a company or produce a product. This is to help the still-suffering alcoholic. With that as a goal, to get tangled up in who will get a receipt, who will not get a receipt, seems misguided. It may be frustrating to spend time with paper and stamps, but we do it to make sure everyone has access to our finances that support our sobriety.

Discussion closed.

WHAT'S ON YOUR MIND?

I am the event organizer for the 2018 Post-Conference Assembly in Vallejo. We are starting to meet, and if anyone wants to be involved, talk to me after this meeting. I need bodies and people to get involved. / Q: Could someone explain the difference between the safety guidelines, the safety agenda topic, and the safety business motion before our area? It can be very confusing. I understand it, but I can't put it into words. (A: There have been many requests from areas regarding safety. AAWS has the authority to create service material without conference approval. The service material on safety arose that way and is available now. The Conference agenda topic on safety discusses suggestions from the fellowship to create new literature, add information about safety to already existing literature, or do nothing more. Here at the area, we have a motion to develop a pamphlet on safety that we have been talking about for a long time. We are continuing with that motion; if, at the conference, nothing happened, and we decided at the Pre-Conference to pass the area business motion, our delegate would send a letter requesting a pamphlet, becoming a possible agenda topic in 2018.) // If anyone wants to staff the PI/CPC table at the Pre-Conference, please let me

AREA COMMITTEE MEETING MINUTES (Cont.)

Google Drive? // I want to invite everyone to the Pre-conference Assembly. Districts 08 and 20 are working hard, and magic will happen. We still have dinner tickets. We will have splitters for headphones. Our speaker is from Area 05, he was a delegate, and he is "everything we are looking for in a General Service speaker." I invite everyone to the dinner, and to the speaker meeting. // I would like to welcome all who want to learn about General Service to our General Service trivia game. It is a trivia-based game with AA history, literature, and General Service questions. If you have any ideas on how to make this game, or General Service, more accessible, let me know. // The Past Delegates reunion will be held in San Jose this June. People have expressed interest in coming to hang out with us. There is no registration fee for visitors, but there is a fee for the banquet. // I went to my first PRAASA, and on Friday I had a hard time hearing. The next morning, I got to the assembly early, and Michael gave me a headphone tuned to the assisted listening frequency. It was one of the most spiritual experiences I have had in my life. I felt more taken care of by people in this group than I ever had in my life. So thank you! // I put my name to volunteer at PRAASA. When it came time for my panel, I was nervous. My friend reminded me that I took your love with me. I felt the love around me. It encircled me. This is a mountain top experience. // Safety seems broader an issue than someone coming to a meeting drunk. Safety includes sexual harassment, anonymity, being comfortable in meetings, gossip...I don't think a pamphlet could encompass the

whole thing, but directions from GSO could help.

FEATHER DUSTER

At the back table (where the Past Delegates sit), we have a few small-t traditions. We will have a send-off song for the delegate at the Pre-Conference Assembly. It has been customary that the immediate past delegate takes the current delegate to the airport. At PRAASA, the past delegates pass a basket for ice cream to feed the current delegate. Another one of our traditions, one that started a number of years ago, involves the role of the immediate past delegate. When you are delegate, you are always being seen, sort of like a peacock. But when you are no longer a delegate, the mail and the attention stop immediately. So what does the peacock do? Another small t-tradition is to remind the newest past delegate that they are now a feather duster. (Presentation of a feather duster)

Raymundo L. (Past Delegate, Panel 65): I was under the impression that I wasn't supposed to visit for the first few months. I was told I was wrong, that I can come and visit, but to not come to the microphone. So all I want to say is thank you very much.

The meeting was closed at 3:25 pm with the Responsibility Statement.

Submitted with Love and Gratitude,

Eric L.

CNCA Panel 67 Recording Secretary

PANEL 67 ASSEMBLY DATES CALENDAR

2017 Pre-Conference Assembly

April 8-9, Alameda County Fairgrounds
(Hosted by Districts 20 and 08)

2017 Post-Conference Assembly

May 13, Lake County Fairgrounds, Lakeport
(Hosted by District 13)

2017 Summer Assembly

August 5, Petaluma Community Center
(Hosted by District 18)

2017 Fall Inventory Assembly

November 4, Petaluma Veteran's Hall
(Hosted by District 12)

2018 Pre-Conference Assembly

April 7-8

2018 Post-Conference Assembly

May 12, Solano County Fairgrounds, Vallejo
(Hosted by District 09)

2018 Summer Assembly

August 4 or August 11

2018 Fall Election Assembly

November 03 or November 10

(Underlined dates preferred)

If your District is considering making a bid for an Assembly, please contact the Assembly Coordinator Erica Saephanh at assemblycoordinator.p67@cnca06.org

CNCA Motions – April 2017

Area Committee:

Assembly Bids:

Housekeeping Motions:

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

New Business at Area Committee Meeting:

Discussion topic:

What are the technological needs of the Area?

Area Assembly Motions:

Redistricting Requests:

“That Sub-District 001 of District 11 (Napa Valley) be allowed to split into two (2) Sub-Districts for a District total of three (3) Sub-Districts.”—*presented by District 11*

Presentation of New Business at Area Assembly:

That the General Service Board of Alcoholics Anonymous and the General Service Conference of Alcoholics Anonymous approve the development of a new public service announcement in video format that utilizes full-face actors (not members of A.A.). – *presented by the CNCA PI/GPC Committee*

Old Business at Area Assembly:

“That the General Service Conference develop a pamphlet sharing experience, strength and hope on group safety.”

“That all Area business in CNCA be decided by substantial unanimity, usually 2/3.”

“That CNCA moves to reintroduce the following section (From page 6 of the AA Member – Medications & Other Drugs, Revised 2011 and also from the 1998 edition of Living Sober page 89) in “Appendix*” in Living Sober (2012 edition). Placement of the below text will follow the current section

Note to medical professionals (page 90):

“Some alcoholics require medication.

We recognize that alcoholics are not immune to other diseases. Some of us have had to cope with depressions that can be suicidal; schizophrenia that sometimes requires hospitalization; bipolar disorder, and other mental and biological illnesses. Also among us are diabetics, epileptics,

members with heart trouble, cancer, allergies, hypertension, and many other serious physical conditions. Because of the difficulties that many alcoholics have with drugs, some members have taken the position that no one in A.A. should take any medication. While this position has undoubtedly prevented relapses for some it has meant disaster for others. A.A. members and many of their physicians have described situations in which depressed patients have been told by A.A.s to throw away the pills, only to have depression return with all its difficulties, sometimes resulting in suicide. We have heard, too, from members with other conditions, including schizophrenia, bi-polar disorder, epilepsy and others requiring medication, that well-meaning A.A. friends discourage them from taking any prescribed medication. Unfortunately, by following a layperson’s advice, the sufferers find that their conditions can return with all their previous intensity. On top of that, they feel guilty because they are convinced that “A.A. is against pills. It becomes clear that just as it is wrong to enable or support any alcoholic to become readdicted to any drug, it’s equally wrong to deprive any alcoholic of medication, which can alleviate or control other disabling physical and/or emotional problems.” —*Presented by District 07*

“That language similar to the following be added to the section “How Decisions Affecting A.A. Are Made” in “The A.A. Group” pamphlet at the conclusion of the following sentence: Annually, groups from the U.S. and Canada elect delegates (serving two-year terms) from their areas to the yearly meeting of the Conference in New York—to hear the reports of the board’s committees, G.S.O. and Grapevine staffs, and to recommend future directions, mainly in the form of Advisory Actions.

“Prior to the annual General Service Conference a list of important issues to be discussed during the Conference is published and made available to each and every Group in the U.S. and Canada. Because these issues make up a part of the entire General Service Conference Agenda, they are referred to as Agenda Topics. Every Group in the U.S. and Canada has the opportunity to review, discuss, and develop an informed Group Conscience on these Agenda Topics. The Group’s GSR then carries the Group’s Conscience on Conference Agenda Topics to the Area’s Delegate,

CNCA MOTIONS APRIL 2017

usually at an Area Assembly prior to the General Service Conference. The Area Delegate then represents the collective conscience of the Groups in the Area at the General Service Conference on these matters vital to A.A. as a whole." —Presented by District 11

New Business at the Area Assembly: None

CNCA CALENDAR -- PANEL 67

2017—Panel 67

April **8,9—Pre Conference Assembly,**
Alameda Fairgrounds, hosted by
Districts 08 and 20
23-29—General Service Conf,
NY
22—Area Committee Mtg

May **13—Post Conference Assem-**
bly, Lake County Fairgrounds,
Lakeport, hosted by District 13
27—Area Committee Mtg
24—Area Committee Mtg

June **22—Area Committee Mtg**

July **5 —Summer Assembly,** Peta-
luma Community Center, hosted
by District 18
26—Area Committee Mtg

August **23—Area Committee Mtg**

September **28—Area Committee Mtg**

October **4—Fall Inventory Assembly,**
Petaluma Veterans Building,
hosted by District 12
25—Area Committee Mtg

November **16—Area Committee Mtg**

December

2018—Panel 67

January **27—Area Committee Mtg**

February **24—Area Committee Mtg**

March **2-4, PRAASA,** Nugget Casino
Resort, Sparks, NV, hosted by
Area 42
24—Area Committee Mtg

April **7,8—Pre Conference Assembly**
22-28 General Service Conf.,NY
28—Area Committee Mtg

May **12—Post Conference Asseby,**
Solano County Fairgrounds,
hosted by District 09
26—Area Committee Mtg
23—Area Committee Mtg
28—Area Committee Mtg

June **4 or 11—Summer Assembly**

July **25—Area Committee Mtg**

August **7-9—Pacific Regional Forum,**
Doubletree by Hilton Hotel, San
Jose, CA
22—Area Committee Mtg
27—Area Committee Mtg

September **10—Election Assembly**
24—Area Committee Mtg

October **15—Area Committee Mtg**

November

December

NOTES FROM CHAIR

Please remember to bring your FM radio to all Area Committee Meetings and Assemblies for Spanish/English interpretation and Assisted Listening for the hearing impaired.

CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS

PRESENTS:

POST-CONFERENCE ASSEMBLY 2017

“Supporting Our Future”

Saturday May 13, 2017

Lake County Fairgrounds - Fritch Hall - 401 Martin St, Lakeport, CA 95453

Registration: 8:00-9:00 a.m.

Orientation: 9:00-9:10 a.m.

Business Meeting: 9:10-12:00 p.m.

Lunch: 12:00-1:15 p.m.

Discussion Panel on Conference Theme: 1:15-2:00 p.m.

Delegate's Report: 2:15-3:45 p.m.

(ASL Translation)

Question & Answer: 3:45-4:30 p.m.

What's On Your Mind? 4:30-5:00 p.m.

BRING YOUR RADIO FOR SIMULTANEOUS TRANSLATION AND ASSISTED LISTENING

Getting to Lakeport from the South: Take Hwy 101 North, 63 miles North of Petaluma, in Hopland turn right onto CA-175, proceed east to CA-29, turn left and head north, take ramp toward Lakeport, turn right on Lakeport Blvd., then left on Bevins St., right on Martin, to the Lake Co. Fairgrounds.

Getting to Lakeport from the North: Take Hwy 101 South, 20 miles south of Willits merge onto CA-20 East towards Upper Lake/Williams, proceed to CA-29 turn right, head south, take the ramp toward Lakeport, turn left onto 11th St./Scotts Valley Rd., follow 11th St. to Main St., turn right on to Main St. and proceed to Martin St., turn right onto Martin, to the Lake Co. Fairgrounds.

Lodging in Lakeport:

Anchorage Inn

950 N. Main St.
Lakeport, CA 95453
707-263-5417

www.anchorageinnlakeport.com

Konocti Vista Casino

2755 Mission Rancheria Rd.
Lakeport, CA 95453
707-262-1900

www.kvcasino.com

Rodeway Inn & Suites

1120 N. Main St.
Lakeport, CA 95453
707-263-6151

www.lakeportskylarkshores.com

Regency Inn

1010 N. Main St.
Lakeport, CA 95453
707-263-3551

www.regencyinnlakeport.com

Local AA Meetings: **Friday:**

Lakeport Fellowship Speaker

2630 S. Main St., Lakeport
7:00 P.M.

Bilingual Spanish

9800 State Highway 53 Wilson St.
Silver Dollar Plaza, Suite E, Lower Lake
6:00 P.M.

Saturday:

Kelseyville Saturday Night

Kelseyville Methodist Church
1st and Main, Kelseyville
7:30 P.M.

Bilingual Spanish

9800 State Highway 53 Wilson St.
Silver Dollar Plaza, Suite E, Lower Lake
6:00 P.M.

Sunday:

Lakeport Fellowship Came to Believe

2630 S. Main St., Lakeport
9:00AM

For additional meetings visit:

www.lakecountyyaa.org

AA Grapevine / La Viña Subscription Information

AA Grapevine US Rate

1 Year: Printed \$28.97

1 Year: Digital \$34.97

1 Year Digital and Print \$49.97

Make check or money order payable to:

The Grapevine

La Viña -- Spanish Magazine

1 Year (6 issues)

Within US Printed \$11.97

2 Years (12 issues)

Within US Printed \$22.00

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North Hollywood, CA 91615-5635

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Panel 67 Area Officers & Area Meeting Information

Feel free to contact the Area officers by using the "contact us" tab on the www.cnca06.org

Delegate
Joann L.

Alternate Delegate
Teddy B-W.

Chair
Jennifer B.

Treasurer
Chris H.

Registrar
Laura W.

Recording Secretary
Eric L.

Assembly Coordinator
Erica S.

Literature/Grapevine Chair
Miguel H.

Pacific Regional Trustee
Joel C.

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San Francisco, CA 94188-4222
www.cnca06.org

H&I
www.handinorcal.org

CNCA Standing Committee & Sharing Session Meetings
are the 4th Saturday every month. Sharing Sessions - 10 am
Standing Committee Meetings - 11 am
Area Business Meeting 12:30 - 3:30 pm

Archives Committee meets at 11:00 am. For information contact Richard W by visiting the "contact us" tab on the www.cnca06.org website. The Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap meets at 11:00 am. For Information contact Kelly H. by visiting the "contact us" tab on the www.cnca06.org website.

Public Information/ Cooperation with the Professional Community (PI/CPC) meets at 11:00 am. For information contact Teddy B.W. by visiting the "contact us" tab on the www.cnca06.org website.

Interpretation & Translation Committee meets at 11:00 am. For information contact Michael Q. by visiting the "contact us" tab on the www.cnca06.org website.

Web Committee meets at 11:00 am. For information contact Robert E. by visiting the "contact us" tab on the www.cnca06.org website.

DCMs & DCMCs Sharing Sessions meet at 10 am

Literature/Grapevine/La Vina Sharing Session meets at 10 am. www.aagrapevine.org

Accessibilities Sharing session meets at 10 am. For information visit the "contact us" tab on the www.cnca06.org website.

