



CNCA COMMENTS



A.A. Confidential—June 2018
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview

At our May Area Committee Meeting (ACM), we passed two housekeeping motions, one each from the Archives and Web committees, regarding attendance at the annual national AA workshops pertinent to their service work. Per previous regular motions, we always budget to send a member to these events, but we still do a housekeeping motion each year as a formality in case our financial situation has changed since the time the budget was prepared. This way we keep it simple yet transparent. Next month, Bridging the Gap (BTG) will make a similar housekeeping motion regarding travel to their annual workshop, as well as one to fund the annual CNCA BTG Forum.

Also at our May ACM, we had the following presentation of new business from the Hispanic Women's Workshop Host Committee: "That CNCA, as host Area, contribute no less than \$1200 and no more than \$2000 to the 3rd Annual Hispanic Women's Workshop to be held December 1, 2018 in San Francisco." We will have discussion on this motion in June.

In addition to continuing with our old and new business, it is highly likely that our June agenda will include the introduction of a motion based on the recommendations in the thoughtful report presented by the Ad Hoc Committee on Technology.

And, if time permits, we will open up the floor to feedback on two new discussion topics:

1. Guidance for the General Service Board: Should a legal remedy ever be initiated by AA?
2. How much is too much money in our CNCA checking account?

The first topic stems from questions raised by the two General Service Conference presentations our Delegate shared with us on "Fiduciary Responsibilities and Intellectual Property" (David N.) and "Protecting the Integrity of A.A.'s Message in Our Literature" (David R.). These were provided to all the DCMCs in English. Spanish translation is still pending (and possibly not available until the Final Conference Report comes out). Please review the reports if you can, as this should be a lively conversation. The second question comes from our Finance Committee and also promises to generate much loving discussion.

It's always a pleasure to see you on the 4th Saturday in Petaluma!

Jennifer B, Area Chair

The 68th General Service Conference came to a close on April 27th. I have returned home and started the journey of telling the story of what happened to all of the districts in the California Northern Coastal Area. This should keep me busy until the Election Assembly in November. One of the things that I find hard to keep up with is the questions that I did not answer during my Delegate's Reports. For this I need your help. If I promised you an answer and I did not follow up with you, please remind me of your question in an email. I have a tendency to write notes while I am speaking on whatever paper is close to me, then I lose track of all these pieces of paper. In fact I just found one this morning. So I need help here. I want to answer your questions.

I know how important it is to get the information about the conference out to the fellowship. Try as we may, communication is not always perfect. But one of the beautiful things about our way of life is when we make a mistake we can promptly admit it and make amends and move on. This has been the greatest gift I have received from service. I am not expected to be perfect. I can be myself, so wonderfully flawed by the disease of alcoholism, and still be accepted because there is a 10th step. I can clean up the messes I make as I go along. But as with everything else in Alcoholics Anonymous, I have learned that I don't do this alone. I need those who point out my failings, whether lovingly or not so lovingly, and I get the opportunity to look and see if there is any truth to them. As Bill points out in the Service Manual, if there is even a little bit of truth to it, we say thank you, correct the error and move on. Yes, we say thank you to our critics. That is the second blessing to this. I don't have to fear what people think of me. If there is truth to it, I can grow from it. If there is no truth to it, I do not have to be offended. But I always hope I will be open to looking. I pray to keep an open mind and an open heart.

I woke up Tuesday morning and noticed I had a less than loving attitude that day. When I had a few minutes of quiet time to examine that attitude, I found that I had a fixed idea of what I thought was happening and I would have proceeded with that fixed idea had I not been uncomfortable to begin with. My discomfort comes when I have a less than loving attitude towards others. That just doesn't sit well any more. The answer was to open my mind to other possibilities, to see things from another perspective. Thank you, General Service, for this wonderful gift. Thank you for this wonderful experience of service.

Thank you for letting me be of service to Alcoholics Anonymous,
Joann L
Panel 67 CNCA 06 Delegate

Looking for Something?

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AREA COMMITTEE MEETING MINUTES FOR MAY 2018

The monthly committee meeting of CNCA was held May 26, 2018 at the Petaluma Community Center. Jennifer B opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Sonia H (District 07). Marisol A-D (District 03) read Tradition 5 and Richard K (District 90) read Concept 5. There were 4 past Delegates present: Diane O (Panel 35), Doug G (Panel 53), Sharon A (Panel 57), and David N (Panel 59). David N currently serves as a General Service Trustee, and Doug G serves as an appointed committee member of the Trustee's Literature committee. There were 6 GSRs present and 1 new alternate DCM present. The April 2017 minutes and financial report were accepted as posted on the CNCA website. Birthdays: 128/5.

Registered attendance: Voting (57) / Non-voting (36)

Officer Reports

DELEGATE – JOANN L: A Class A (non-alcoholic) Trustee is needed to replace David M, who will be rotating out. It is the Fellowship who comes into contact with friends of AA who might have the qualifications to serve on the Board. I have been told that the digital Conference Report will be available in the summer. Five Districts have yet to schedule a Delegate's report; dates are available in the summer and fall.

ALTERNATE DELEGATE – TEDDY B-W: The purpose of the workshop on Legal, Tax, and Insurance Considerations for AA Groups is to provide groups and service committees with information that will inform their group consciences about what structure (or lack of structure) works for them. The content will be provided by experts in that field, but will be presented through the AA lens and in the AA context.

CHAIR – JENNIFER B: We still need suggestions for the workshops at our Summer Assembly; suggestions are due by the June ACM. We had a busy morning today, and there is still much to come, including the final report back from the ad-hoc committee on the technology needs of the Area. The ad-hoc committee examining our newsletters will now begin meeting and report back monthly starting in June.

TREASURER – CHRIS H: As of today, we have \$26,300 in our checking account (used for operating expenses) and \$11,140 in our savings account (which represents our prudent reserve). We had budgeted approximately \$11,800 in contributions and received \$14,000. We had budgeted \$25,000 in expenses, and spent \$12,600.

REGISTRAR – LAURA W: I have completed the process of restructuring our new database. This has allowed us to create a more effective way of organizing the information. The GSO Records department will be restructuring their database, and their system will be running soon.³

RECORDING SECRETARY – ERIC L: The Motions Book transcription project is ahead of schedule. About 10 percent of the 200-plus page document has been transcribed, and members from across our Area are hard at work typing up our history so that it can be preserved.

ASSEMBLY COORDINATOR – ERICA G: Though the Delegate's report recorder forgot to leave copies of pre-paid CDs when he left, the issue has been straightened out, and he mailed out the CDs to people who purchased them. If anyone else informs you that they forgot their CDs, please direct them to me. Bidding for next year's Pre-Conference Assembly remains open; the assembly is 10 months away, which is plenty of time to find a facility, put together a bid and plan.

LITERATURE/GRAPEVINE/LA VIÑA – MIGUEL H: Subscriptions to *Box 4-5-9* are available online; the most recent issue has an excellent article about how our literature creates unity. I also want to express my gratitude to all who attended the workshop on the *Comentarios* this morning. We heard about the importance of maintaining spiritual parity between our English- and Spanish-language newsletters and about the work required to put together a bid, to translate the content, and to put together the layout, print the newsletter and mail it out.

District Reports

DISTRICT 01 (MONTEREY) – SUSAN G: Our annual Desert with the Delegate night is scheduled in July. At our May meeting, we discussed the fifth edition motion.

DISTRICT 02 (SALINAS/SAN BENITO) – ELIYAH H: We have started planning our Gratitude dinner, and we continue discussing our prudent reserve (last month, I inaccurately reported we would maintain our prudent reserve at its current level). We have a robust and sound financial picture and are well-positioned to serve our District.

DISTRICT 03 (SANTA CRUZ) – MURIAS O: We discussed the decreased rate of group contributions to the District. A potluck next month will feature the Delegate's report.

DISTRICT 04 (SANTA CLARA NORTH) – JACOB S: Things are going well in the district.

DISTRICT 40 (SANTA CLARA SOUTH) – COREE H: A motion to accept digital contributions via Venmo (a digital currency exchanging app) was presented at the District.

DISTRICT 05 (SAN MATEO) – COLLEEN G: A motion to disburse \$2000 to the General Service Board passed. Our Unity Day will be in June; flyers are available.

AREA COMMITTEE MEETING MINUTES (Cont.)

DISTRICT 06 (SAN FRANCISCO) – DENNIS H: Our meeting, held before the Post Conference Assembly, focused on the meditation literature proposal and the fifth edition motion.

DISTRICT 07 (ALAMEDA NORTH) – PATRICK C: We discussed several motions, including one to create a pamphlet for the transgender community.

DISTRICT 70 (ALAMEDA SOUTH) – DON Z: We will hold our Delegate's Night this coming Monday, which will include the Delegate's report; at that meeting, we will also be voting on whether to merge efforts between the District 70 and District 07 BTG committees.

DISTRICT 08 (CONTRA COSTA) – DON L: We are discussing motions to purchase a one-year web-conferencing membership and to reduce the District's prudent reserve, as well as how a Finance committee could serve our GSRs, groups and the District.

DISTRICT 09 (SOLANO SOUTH) – CLAUDIA K: Thank you for entrusting us to host the Post-Conference Assembly. We now shift to focusing on the actions needed from our District inventory, and we are preparing for our Delegate's report in September. Interim elections at our May meeting filled three positions, including the Alternate DCMC role.

DISTRICT 90 (SOLANO NORTH) – TONY W: District Officers are updating our guidelines to reflect what we already actually do, as well as perhaps change a few things. Our 40th Anniversary Supernova Extravaganza Unity Day thingie is scheduled for September 29.

DISTRICT 10 (MARIN) – CATHY P: We are discussing whether to continue holding sub-district meetings before the monthly business meeting, and we are considering renting a large van to encourage attendance at the Summer Assembly.

DISTRICT 11 (NAPA) – JEFF D: Our Unity Day is in June. A motion to time reports was tabled again, and our Meeting in a Pocket project is moving ahead, with content now finalized and a target publication date in June.

DISTRICT 12 (SONOMA) – ROBERT F: We heard a wonderful presentation regarding Tradition 4. We discussed motions about contributing to the Hispanic Women's Workshop and for providing scholarships to the Regional Forum.

DISTRICT 13 (LAKE) – MARY ELLEN R: We have been discussing whether to bid to host an Assembly next panel. Our fairly new LKYPAA meeting is doing well, with a diverse crowd of between 30 and 75 in attendance.

DISTRICT 14 (MENDOCINO) – CONNIE P: Our Unity Day

is scheduled June 16 in Willits, and a group in Fort Bragg on the Mendocino coast is hosting a chili cook-off in July.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – DEVIN P: We have moved the Officer's meeting online on a month-by-month basis to give us an extra half-hour prior to the regular District meeting. Last month, we held a brief Concept study, which was met with rave review(s).

DISTRICT 16 (SPANISH CENTRAL) – FRANCISCO R: Our anniversary will be in July; we have not finalized a location, and hope to have information available soon.

DISTRICT 17 (SPANISH SOUTH) – MARIO S: We discussed the Foro Hispano. We also heard our Delegate's report, and we are looking forward to celebrating our anniversary in June.

DISTRICT 18 (SPANISH NORTH) – HECTOR C: A priest in Fortuna contacted us asking for help starting a Spanish-speaking meeting. We will celebrate our District anniversary in August.

DISTRICT 19 (SPANISH SOUTH SOUTH) – MAGDALENO O: We are looking forward to celebrating our anniversary in June, with workshops on the history of the Traditions in Spanish, the *Big Book* as a tool, and the need for the Conference.

DISTRICT 20 (SPANISH EAST) – JAVIER L: We will hold the next Inter-District meeting in July in Pittsburg. Invitations will be ready by the next meeting.

Area Sub-Committees and Sharing Sessions

ARCHIVES – RICHARD W: Today, we elected the person we would send to the National AA Archives Workshop using the Third Legacy procedure that went to the hat. We also discussed motions regarding digital storage and a scanner.

BRIDGING THE GAP – KELLY H: This month, your BTG committees gave eight presentations and handled 27 requests for contact. We also received six letters. Next month, we will introduce motions to fund the BTG Forum and travel to the National BTG Workshop Weekend.

BRIDGING THE GAP, PI /CPC, H&I JOINT COMMITTEE MEETING – KELLY H AND TEDDY B-W: Our usual meeting was turned over to the joint communication meeting of our 12th Step service committees. More than 50 members from Northern California H&I and CNCA's and CNIA's BTG and PI/CPC committees discussed the work we do, how it overlaps, and how we can clarify and coordinate our service eff-

AREA COMMITTEE MEETING MINUTES (Cont.)

orts. We have a lot of great service literature to share with one another, and we hope to familiarize ourselves with the other committees' guidelines.

PI/CPC – TEDDY B-W: The Conference voted to develop a page on LinkedIn to make it easier for professionals to find accurate information about AA. Changes to several CPC pamphlets also passed, which offer helpful information to professionals who come into contact with those currently serving in the Armed Forces and military veterans. Changes to the CPC workbook are also in the works.

FINANCE – CLAUDIA N: We reviewed the budget and discussed the housekeeping motion for Archives and the new business presentation regarding the Hispanic Women's Workshop. Budget worksheets were distributed and are due back by the Summer Assembly.

WEBSITE – KENDRA A: We continue working on the new Drupal website and on our guidelines.

INTERPRETATION AND TRANSLATION – MICHAEL Q: CD copies of the Delegate's report are available in English and Spanish, and a DVD of the Delegate's report is available in American Sign Language. Today, we discussed presenting a motion to compensate our translators for the expanding hours of English to Spanish translation, and we discussed providing assisted listening at the Pacific Regional Forum.

CNCA COMMENTS – RAFAEL R: 876 copies of the *Comments* were sent via bulk mail, and 89 were sent first class.

COMENTARIOS DE CNCA – ERIC HARRISON: At our lick and stick, four volunteers showed up and worked faster than the printer. Today, I attended the *Comentarios* workshop to find out how to better encourage District participation.

DCM SHARING SESSION – JACQUELINE P: We heard a presentation on using the Delegate's report to inspire and inform GSRs and members. People shared about being enthusiastic, making brief reports, and linking the report to the spiritual principles of the Steps, Tradition and Concepts.

ACCESSIBILITIES – CAROLYN M: We discussed the option to create a committee rather than sharing session. Things a committee could do include helping members at Assemblies with accessing the microphones, parking and accommodations. We will continue reviewing the Motions Book to see how other committees were formed.

LITERATURE/GRAPEVINE/LA VIÑA – MIGUEL H: We discussed Conference actions regarding literature, Grapevine and *La Viña*.

NCCAA – ROBERT G: The next NCCAA will be in Modesto in June. Flyers are available. NCCAA is an all-service conference with multiple panels from service entities.

H&I – KAREN B: Our general committee meeting will be in Modesto the same weekend as NCCAA. Thank you for your support of H&I; the money we receive from the pink cans provides vital literature to the confined alcoholic.

LA VIÑA 22ND ANNIVERSARY – JUAN MANUEL H: We continue collecting registrations for the event, and we count on the support of DCMs and GSRs to inform the groups about the magazine and its anniversary.

HISPANIC WOMEN'S WORKSHOP – MARIA LUISA S AND EMMA M: Several Areas are sending liaisons, and we will be contacting other Areas to send liaisons to our planning meeting on August 4.

2018 PACIFIC REGIONAL FORUM – DOUG G: The Regional Forum is 104 days away. Nearly 400 people have signed up to be notified when registration opens on July 9.

FORO HISPANO – JOSE G: We reviewed guidelines provided by neighboring Areas for this event, which has been held for many years. Our next planning meeting is in June.

Housekeeping Motions

That CNCA fund one member of the Area Archives committee to attend the 22nd Annual National AA Archives Workshop in Lombard, IL September 28-30, 2018 at a cost not to exceed \$1400. – *presented by the Archives committee*

Presentation: This is an annual event, which helps prepare Archivists and other AA members to preserve our AA history. The event this year will be in the Chicago area, making it slightly more expensive. Funding for this event is already budgeted.

Seeing no objections / Motion passes.

That CNCA fund one member of the Area Web committee to attend the National AA Technology Workshop in Round Rock, TX September 14-16, 2018 at a cost not to exceed \$1200. – *presented by the Web committee*

Presentation: We have been sending a member of the committee to the workshop for several years. The focus is on how we implement technology in AA. Funding for this event is already budgeted.

Seeing no objections / Motion passes.

AREA COMMITTEE MEETING MINUTES (Cont.)

Area Business

PRESENTATION OF NEW BUSINESS:

That CNCA, as host Area, contribute no less than \$1200 and no more than \$2000 to the 3rd Annual Hispanic Women's Workshop to be held December 1, 2018 in San Francisco. – *presented by the Hispanic Women's Workshop Host committee*

Presentation: Last year, we attended the workshop as liaisons from our Area. We have contacted other Areas to participate, to send liaisons, and to provide funding, as was done last year. But we do not know if other Areas will be able to participate financially. The workshop last year passed on money to us, and we hope to pass on our excess funds to the next workshop so that the event can continue. The intent of this motion is to provide \$1200 (same as the host area last year). More funds will only be disbursed if needed.

Questions: Q: What happens at the Hispanic Women's Workshop? A: The purpose of the workshop is to strengthen Hispanic women in their sobriety. One result of the workshop is that more Spanish-language women's meetings are now being formed.

Motion remains Area Committee Meeting Business. Motion will be New Business in June.

NEW BUSINESS:

That CNCA amend Motion 1008-3 from "provide professional simultaneous Spanish/English interpretation at Assemblies..." to read "provide professional quality simultaneous Spanish/English interpretation at Assemblies..." – *presented by the Interpretation & Translation (I&T) committee*

Discussion: Who would decide what professional quality meant? // Professional quality is a term that our Area applies to our volunteer interpreters (like the people providing interpretation at the ACM today). // I would want us to use interpreters who are involved in our Fellowship.

Motion moved to Old Business.

PRESENTATION:

Final report from the Technology Ad-Hoc committee – *presented by the Technology Ad-Hoc committee*

Presentation: We assessed the technology needs of the Area during the course of the next three to five years, and, as a result of our information gathering, we determined that the Area would best be served by establishing a structure for technology use. This structure could be carried from panel to panel and could help us avoid pitfalls. Everyone stated they wanted training on technology. One of the problems with technology is that it is something that requires time. Everyone comes with their own tools and abilities. We should assume people need to learn how to use the technology we already have. The training should focus on the things we assume people need to know how to do, based on the service commitment that they have (audio-visual training, database training, basic computing, web access and navigation, archival training, finance training and translation techniques). We want to encourage a uniform platform which is passed from panel to panel. We encourage cloud-based software, though we make no recommendations on which software or platform should be used. We recommended that our Area hire professionals to build and maintain databases and other critical tools. We should move away from the use of volunteers when developing mission critical applications. Serious thought should also be given to provide technical support and other assistance to District and Area committees as needed, including with information and file sharing. To carry out these recommendations, we suggest that the Area create a standing committee on technology to oversee and guide our technology efforts. This committee could rotate mid-panel in order to provide necessary technology support during the regular panel rotation.

Discussion: This makes a lot of sense. Training is important because we do have a lot of turnaround in General Service. // We may take a moment to digest the report, and motions may come. // Thank you to the committee for all this work. // My concerns are about storage, and cloud-based technology and access control are interesting topics. There is some great stuff

NOTES FROM CHAIR

Please remember to bring your FM radio to all Area Committee Meetings and Assemblies for Spanish/English interpretation and Assisted Listening for the hearing impaired.

The Interpretation and Translation Committee is always in search of more bilingual members to help with written translation.

Contact: translation.p67@cnca06.org

AREA COMMITTEE MEETING MINUTES (Cont.)

out there, and it would be beneficial to adopt cloud-based technology. // I am curious as to whether it was considered to fold this proposed Technology committee into the Web committee. // Technology can help with unity because it reduces miscommunication. // This report supports the creation of something that could help many people. // I am curious as to whether other Areas were approached regarding this topic. (Answer: No.) // The Web, to me, is a sub-portion of technology. // Would web development be a part of the critical tools turned over to professionals? (Answer: As a committee, we did not determine what would be mission critical.) // Times are changing, and technology is here and there is no way of getting around it. With change, there is always fear. But I do support this. // Training can help ease the accessibility issues to make participation possible. // What role would professionals play? (Answer: They would set up the tools, handle backups and maintenance, and our interactions would be minimal. Trusted servants would remain in charge of the information.) // To store everything in our Archives on the Cloud, it would cost approximately \$440 per month (on the high end). // There are issues we have experienced in our District. Currently, only a few people are available for a position because of the skills required. If the Area provided training, that would be helpful.

WHAT'S ON YOUR MIND?

To send money to the Hispanic Women's Workshop,

see the treasurer, Elvia P. // Our public relations policy (outside AA) is about attraction, not promotion. But announcing an event within AA is not a violation of our Traditions. // One group in our District adopted a sub-committee of our host committee for the Post-Conference Assembly, which made the job so much easier. // I read an article in *Box 4-5-9* which mentioned the spirit of rotation. I expected more participation at the *Comentarios* workshop from our Spanish-speaking Districts. // Two housekeeping motions to spend money happened today because they were already in our budget. // The Pacific Regional Forum will be held in September in San Jose. We are looking for hotel greeters for one hour shifts.

The meeting was closed at 3:35 pm with the Responsibility Statement.

Submitted with a Lot of Enthusiasm,

Eric L

CNCA Panel 67 Recording Secretary

CNCA MOTIONS JUNE 2018

Area Committee:

Assembly Bids:

Housekeeping Motions:

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

"That CNCA amend Motion 1008-3 from 'provide professional simultaneous Spanish/English interpretation at Assemblies...' to read 'provide professional quality simultaneous Spanish/English interpretation at Assemblies...' —*Interpretation & Translation Committee*

New Business at Area Committee Meeting:

"That CNCA, as host Area, contribute no less than \$1200 and no more than \$2000 to the 3rd Annual Hispanic Women's Workshop to be held December 1, 2018 in San Francisco." —*Hispanic Women's Workshop Host Committee*

Discussion topics:

Guidance for the General Service Board: Should a

legal remedy ever be initiated by AA?

How much is too much money in our CNCA checking account?

Area Assembly Motions:

Redistricting Requests:

Presentation of New Business at Area Assembly:

Old Business at Area Assembly:

"That literature be developed sharing experience, strength and hope on meditation."
—*District 90*

"That the Trustees' Literature Committee add to its agenda to consider publishing a Fifth Edition of the Big Book, *Alcoholics Anonymous*, with updated stories to more broadly reflect our current fellowship, as well as updates or additions to Appendices III and V." —*District 40*

New Business at the Area Assembly:

California Northern Coastal Area Statement of Financial Position

As of April 30, 2018

		Total
ASSETS		
Current Assets		
Bank Accounts		
Operating Funds - Checking		25,118.00
Prudent Reserve - Savings		11,140.09
Total Bank Accounts	\$	36,258.09
Other Current Assets		
Assembly Deposits		3,390.00
Undeposited Funds		349.72
Total Other Current Assets	\$	3,739.72
Total Current Assets	\$	39,997.81
TOTAL ASSETS	\$	39,997.81
LIABILITIES AND EQUITY		
Liabilities		
Total Liabilities		
Equity		
Operating Funds ~ Adjusted		35,525.55
Prudent Reserve ~ Savings		10,117.90
Net Revenue		-5,645.64
Total Equity	\$	39,997.81
TOTAL LIABILITIES AND EQUITY	\$	39,997.81

Expense Report March 2018

California Northern Coastal Area

BUDGET VS. ACTUALS: 2018 BUDGET - FY18 P&L

January - April, 2018

	TOTAL		
	ACTUAL	BUDGET	% OF BUDGET
Revenue			
002 Group Contributions	42,037.70	29,900.00	140.59 %
003 District Contributions	1,319.00	4,666.64	28.26 %
004 Assembly Contributions	2,591.21	2,650.00	97.78 %
005 Tradition 7, Area Comm.	1,407.51	1,090.00	129.13 %
007 CNCA Subscriptions		12.00	
008 Personal/Misc Contributions	461.70	400.00	115.43 %
010 Interest Income	1.55	1.51	102.65 %
Total Revenue	\$47,818.67	\$38,720.15	123.50 %
GROSS PROFIT	\$47,818.67	\$38,720.15	123.50 %
Expenditures			
012 EXPENSE			
013 Delegate Expense	3,013.03	3,720.25	80.99 %
038 Officer Expense	8,569.48	10,131.74	84.58 %
093 Committee Expenses	8,809.37	9,792.16	89.96 %
158 General Expenses	33,072.43	23,030.82	143.60 %
Total 012 EXPENSE	53,464.31	46,674.97	114.55 %
Total Expenditures	\$53,464.31	\$46,674.97	114.55 %
NET OPERATING REVENUE	\$ -5,645.64	\$ -7,954.82	70.97 %
NET REVENUE	\$ -5,645.64	\$ -7,954.82	70.97 %

2018 POST-CONFERENCE ASSEMBLY MEETING MINUTES

The Post-Conference Assembly Business meeting of CNCA was held May 12, 2018 at the Solano County Fairgrounds in Vallejo, California. Jennifer B opened the meeting at 9:30, followed by the Serenity Prayer. The AA Preamble was read by Jon H (District 10). Barbara Z (District 04) read the 12 Traditions in English and Justo T (District 18) read the 12 Traditions in Spanish. There were eight past Delegates present: Diane O (Panel 35), Bob D (Panel 36, Area 28), Woody R (Panel 50, Area 07), Doug G (Panel 53), Sharon A (Panel 57), Jim F (Panel 59, Area 38), and Ken M (Panel 61), and Raymundo L (Panel 65). Doug G currently serves as an appointed committee member of the Trustee's Literature committee. The minutes from the 2018 Pre-Conference Assembly were accepted as printed in the *CNCA Comments*.

Registered attendance: Voting (227) / Non-voting (84)

Officer Reports

DELEGATE – JOANN L: I do not have a lot to say this morning because I will tell you more this afternoon. Right now, 14 of 23 Delegate Reports are scheduled, so please see me to schedule one if you have not already done so.

ALTERNATE DELEGATE – TEDDY B-W: Earlier this panel, we discussed whether there was a need for a workshop on the topics of non-profit status and tax ID numbers for groups and Districts. We heard clearly that there was, so, as a result, the Area will be presenting a workshop on August 26 after the regular ACM in Petaluma. The workshop is designed for groups and service committees to get good information to decide which structure (or lack of structure) is best suited for them. It will answer questions about our legal responsibilities, personal liability, non-profit status, Traditions, and cost.

CHAIR – JENNIFER B: I think all assemblies are fun, but the one everyone calls the 'fun assembly' is our Summer Assembly this August. We will have our usual business meeting in the morning, but then we break out into smaller groups for workshops in the afternoon. And the ideas for those workshops come from all of you. What do you want to talk and learn about? Past topics have included Concepts, Service Sponsorship, Technology, Humor in Service, Safety, Traditions, and so much more. Please submit ideas on topics to me or any Area Officer by June 23.

TREASURER – CHRIS H: As of today, we have \$29,000 in our checking account (used for operating expenses) and \$11,140 in our savings account (representing our prudent reserve). Year to date, we received \$47,800 in contributions and spent \$53,400. Please thank your groups for their continued contributions.

REGISTRAR – LAURA W: We transitioned our Area database to new software. Although this has been a long process, it has allowed us to create a more effective way of organizing the information. The GSO Records department will be restructuring their database, and their new system will most likely be available by the end of this year.

RECORDING SECRETARY – ERIC L: Forty people signed up to participate in the Motions Book transcription project. By doing this, we hope to ensure that our history remains available, because the current file compiling all of our Area's motions and discussions operates on outdated software. Members from every English-speaking District in our Area and from two of the Spanish-speaking Districts are participating. By this fall, our Motions Book will be stored on current software, and a new volume of the Motions Book, which will include this current panel, will be available in early 2019.

ASSEMBLY COORDINATOR – ERICA G: We will hold our Summer Assembly on August 11 at the Fortuna River Lodge. There are save the date flyers with hotel information (including hotels offering group rates). Hotels fill up quickly in the summer, so please make plans soon. There are several assemblies available for bidding right now, including the Pre-Conference Assembly next April. Hosting is a great opportunity to increase unity, participation and enthusiasm locally.

LITERATURE/GRAPEVINE/LA VIÑA – MIGUEL H: The *Grapevine* subscription challenge is ongoing, with one prize being a special edition of the magazine featuring stories from the winning Area. The *Grapevine* YouTube channel is available online. And the *Grapevine* is seeking story submissions; more information is available online.

Area Standing Committees and Sub-Committees

ARCHIVES – RICHARD W: I would like to thank the groups for all of your support; your contributions and participation makes preserving the history of CNCA possible. Your Area Archives committee just had a wonderful workday on May 5, with an impromptu potluck that was so much fun. We have been working on several projects at the repository in Walnut Creek, and there is plenty we could use help with. Our next workday and quarterly training will be held June 9.

BRIDGING THE GAP – KELLY H: Area and District BTG committees continue to extend the hand of AA in treatment centers, jails and detox facilities. We have started reviewing officer job descriptions, and in the next few

2018 POST-CONFERENCE ASSEMBLY MEETING MINUTES (Cont.)

months, we will elect a representative to attend the BTGWW in Denver in September. We will also choose the location and speakers for our 13th annual CNCA BTG Forum

FINANCE – CLAUDIA N: We will be sending out to each Committee Chair the expense worksheet to start the process of the budget for 2019. If I took the total cost of the assembly today and divided it by the expected attendees, the cost would be between \$20 and \$23 per person. We are spending the rest of this panel reviewing our website verbiage, updating our current expense reimbursement guidelines, and, of course, working on the budget for 2019.

PI/CPC – TEDDY B-W: We get to staff the AA presence at national conventions of professionals in our Area, and should you not be able to attend the Summer Assembly in Fortuna, I have a service opportunity for you – at the annual convention of the American Psychological Association in San Francisco. This month, our Area PI/CPC committee meeting on May 26 is being dedicated to a joint meeting between BTG, H&I, and PI/CPC for CNCA and CNIA. We will be talking about the scope of our services and how they overlap to ensure that the hand of AA is always there for the still-suffering alcoholic.

WEBSITE – ROBERT E: We are using all of our technology today, including the Hot Spot, the projector and Zoom. We also continue working on the new Drupal website and on our committee guidelines.

INTERPRETATION AND TRANSLATION – MICHAEL Q: We welcome our interpreters, Mateo and Molly. English to Spanish and Spanish to English interpretation is available on FM channel 99.3. We also provide Assisted Listening on channel 104.3. We have a limited supply of radios available to loan for those who need them.

2018 PACIFIC REGIONAL FORUM– DOUG G: We are 118 days from the Forum, which will be held in San Jose in September. I met with GSO staff during the Conference, and they have been impressed with our work so far. We discussed translation equipment and food/coffee concessions. We have close to 400 people on the notification list, and our Attraction and Outreach committee has started establishing liaisons in other Areas, Intergroups and YPAAs.

HISPANIC WOMEN'S WORKSHOP – MARIA LUISA S, EMMA M AND ELVIA P: The goal of this workshop is to carry the message of AA to the Spanish-speaking woman. The workshop will be held December 1 in San Francisco. We have formed a committee and are meeting prior to the ACM. Tomorrow, we are also meeting in San Rafael to choose the logo and theme of the workshop this year. We are also seeking out help with Skype broadcasting,

and people are able to make contributions for the workshop.

Area Business

OLD BUSINESS:

That literature be developed sharing experience, strength and hope on meditation. – *presented by District 90*

Discussion: My group had reservations initially, but after more discussion, people wanted literature (ideally a book) that focuses on prayer and meditation. // Anything that is helpful to people as they seek out a Higher Power is beneficial. // A pamphlet would be preferable because it would be free. // This could make meditation more accessible to those with no experience with meditation. However, additional literature may just sit on the rack or fall short of our expectations. // Though the majority felt there is too much literature already, the minority was passionate that they were introduced to meditation in sobriety – and that this was a much-needed request. // A lot of members have found meditation helpful, and they want extra support. At our annual retreat, we practice meditation. We would prefer a pamphlet or book sharing experience rather than any literature that were to be instructive. // My group was totally opposed, which was a surprise to me. We are experts on alcoholism, not on meditation, and there is tons of literature available already about meditation. // Enough information is already available, and there are enough pamphlets already. // We have enough literature that people do not read. This would be a waste of money. Information about this is already available in *La Viña*. // Meditation is an instrumental part of our program. // We are not an authority on meditation, and this would narrow the spiritual openness of AA. Meditation is a personal thing. // When we focus on one specific thing, we may be ignoring our primary purpose. We would be providing information not specific to what we know – recovery from alcoholism. // There are so many opinions on mediation in AA. Most AA members never meditate, give up on meditation or meditate rarely. Information could help with the day-to-day frustration associated with meditation. Currently, outside literature is necessary because there is so little information in our own literature. // Meditation is an individual journey. Our literature is too instructive regarding prayer, and I would hate for us to do the same with meditation. // Meditation has changed since 1935, and the little information available in the *Big Book* is not enough. // A pamphlet reinforces the value of meditation. // If people shared their experience, strength and hope, that would be wonderful. I would not want literature that tells us how to meditate. Meditation changed my sobriety, and I want

2018 POST-CONFERENCE ASSEMBLY MEETING MINUTES (Cont.)

to share with others how it changed me and how it changes us. // One of the Agenda Topics states that the *Grapevine* will publish a book on meditation (and prayer). // I use meditation to recharge. I will go meditate now. // I have never read anything in our literature that claims we are experts. I have seen people share their experience, strength and hope. Meat room meditation worked for me. Literature costs money, but literature also saves lives. // I am still trying to find ways to meditate. // Sharing our tools – to help other people – is a part of our program. Sharing stories will help the still-suffering alcoholic meditate. // I will look up meditation articles in the *Grapevine*. I always want people to do the work for me, to put things together, but I can do this myself also. // Most newcomers were in favor, and the long-timers were opposed. // I went to a meditation meeting. No one gave me directions, but I have been given suggestions. I had a hard time at the meditation meeting, but I have gotten better, and my mind has been quieter.

Motion remains Old Business at the 2018 Summer Assembly.

NEW BUSINESS:

That the Trustees' Literature Committee add to its agenda to consider publishing a Fifth Edition of the Big Book, *Alcoholics Anonymous*, with updated stories to more broadly reflect our current fellowship, as well as updates or additions to Appendices III and V. – *presented by District 40*

Discussion: It is time to update the book to better reflect our current membership. // This would cost too much. The *Big Book* has served our Fellowship well for so many years, and we do not need to do this. // We would like to see more diversity, including stories from transgender alcoholics, lesbian alcoholics and Asian American alcoholics. // This process takes a long time, so it is a good idea to start now. If we start now, we might have a new edition in 20 years. // We should trust this process, and not put restrictions on what the stories would be. We must trust our trusted servants, not tell them how to do their jobs. // A Fifth Edition would benefit newcomers because there would be more diversity in new stories. We should also remember that older people also can be alcoholic newcomers. // I am excited to share with my group that this motion comes from our Area. Doing this shows how General Service works. // I was involved in General Service during the process discussing the fourth edition. It was a long process. Just do not change any of the commas in Dr. Bob's story. // If we try to put too much into the book, we will have a book that is too big. That is why we have other literature. // I use the third edition, my sponsees use the fourth, and we all go on along. // I hope that new stories reflect the experiences of the LGBT community, first-generation

Americans, immigrants, different faith experiences, Generation X and Millennials. I also hope it includes stories about social media. // We live in interesting times, and we might want to consider the text to make sure the book is relevant to others. // I got sober when the fourth edition was published. The rooms of AA have changed quite a bit, so it is time to begin this process. // When reading the stories in the back, I identified with everybody. I came from a different background, but I had the same feelings. Alcoholism has nothing to do with being gay, white, black, or whatever makes us unique. // It should not matter how much things cost, but whether it is necessary. But if cost is a concern, it is important to remember that the *Big Book* is our biggest seller, and a new edition would probably increase sales. // I look forward to the long discussion about what stories will be included and how our Fellowship will be represented. AA has changed, it keeps changing, and it is our duty to represent that and talk about it. // It is time to begin the process of updating our literature, considering the timeline of previous editions. // This reminds me of how unifying the process to create the fourth edition was. // Do not change the commas. When we discovered five commas were changed in Dr. Bob's story, all hell broke loose and they were then put back in. // We learn to trust the process. This is not a 20-year process (it has been roughly 20 years between editions). But it is time to start this process. // This room is so diverse. Our literature should reflect that. // We are in the business of communication, and we should be updating our sources. If I see a book that has not been edited in 20 years, I doubt the integrity of it. // I like the motion the way it is written because I am protective of the first 164 pages. But many alcoholics believe the core of the program (those first 164 pages) need some editing. We should be discussing this as well.

Motion moved to Old Business at the 2018 Summer Assembly.

DISCUSSION TOPIC:

How do you report back to your groups on what happened at the General Service Conference and/or encourage members not in General Service to attend the Delegate's report in your District?

Discussion: I make a written report and I discuss this at the business meeting. When I talk about it, people might look at the written report. // I try to capture the flavor of the event and not just the facts. I do give the facts. I like to take pictures. I know cameras are not allowed at CNCA events, so I bring a phone. I include photos in my report because people like pictures. It captures the flavor of the experience, with facts. // I take a small amount of time to summarize things at meeting level, and then I invite people to come to the business meeting to hear more. // We have limited information about General Se-

2018 POST-CONFERENCE ASSEMBLY MEETING MINUTES (Cont.)

vice in my community. So we are working on sharing about the structure of General Service, and about *La Vida*. While there is a lot of apathy, when someone new comes to the District, we welcome them and are excited to be able to help. // When I first got sober, my sponsor told me service work would keep me sober. I love General Service. When it comes to sponsorship, emphasizing the value of service, of getting out of self, is essential. // We got tired of people giving long reports, so now we ask questions and share briefer reports. At the end of the report, when there is time for questions, there is a long silence. People might not know what question to ask, so we prepare some questions for people. // By expressing my love for General Service, I make people interested. // State the facts and keep it brief (rather than giving too much information or providing extra details). I leave my group feeling that I am informed, and that if they have questions, they can ask more. // When I share at meetings, I talk about service. // I maintain two email lists, one of people involved at the District currently and one of people who want to stay informed (usually people who were involved in General Service in the past). // I appreciated getting the Advisory Actions and Additional Committee Considerations ahead of time this year. Other things that help communicate what happened at the Conference include the Intergroup newsletter, which gives me a couple of paragraphs to inform people about what happened, and Unity Day, which helps people build enthusiasm.

The morning business meeting was closed at 11:55 am with the Responsibility Statement.

WHAT'S ON YOUR MIND? (AFTERNOON)

I am collecting group histories from atheist/agnostic groups and meetings. // Hearing a Delegate's report brings back memories. This was a very productive Conference. // You can sign up to get notifications about registration for the Pacific Regional Forum. // I went to my first Delegate's report when Diane W was Delegate. Then I heard Nancy H. The ones that stick with me are the ones with drama. I like to hear this because I know it will be OK. Avoidance of pain is what I tried to do, and it did not work. So I am glad to hear this. // This was the first time I heard a Delegate's report. I expected not to understand most of it, but I understood. I took notes and I am excited for the opportunity to share with my group. I got emotional when you talked about Stepping Stones. I also want to thank whoever made the playlist for the music today. It was phenomenal. // I don't like things like taxes or words like insurance, but now that I am sober, I know that these are things I must consider so that I am responsible. // The manuscript sold for \$2.4 million to the owner of the Indianapolis Colts. It appears he wants to keep the manuscript on display at the General Service

Office, and it will travel the rest of the year. I hope that the General Service Office would refuse his offer. It has no archival value to us. We should also not be responsible for displaying it. // Opportunities for being in service at the Regional Forum are available. // The International Secular Conference of AA will be held in Toronto in August. Also, a play, written by AA members and performed by AA members, is available to be performed. // Hearing your share and how safety and inclusion were considered at the Conference, and hearing the emotions, it opens up safety for others. // The *Comentarios* workshop will be held prior to the next ACM at 9 AM, and will focus on what this valuable service entails. // Wow! It really does work. Slowly. // The Finance committee collected about \$1566 in voluntary contributions today. // The longer I stay in General Service, the more I realize how amazing this is. // The Unity and Service Conference will be in July. // This has been a tremendous gathering. I have an incredible sense of gratitude and awe for this process. // We are excited to host the Summer Assembly; save the date flyers are available. // I want to know why we did not clap when the red light came on for the chant that went past two minutes. // The Hispanic Women's Workshop committee has been meeting prior to the ACM each month. Women who want to participate can attend, and translation is available. // I want to thank all of you for trusting me with interpreting your communication for the past ten years.

Grateful for this opportunity,

Eric L

CNCA Panel 67 Recording Secretary

CNCA CALENDAR - PANEL 67 - 69

2018—Panel 67	2019—Panel 69
<p>June 23—Area Committee Mtg</p> <p>July 28—Area Committee Mtg</p> <p>August 11—Summer Assembly, River Lodge, Fortuna, hosted by District 15</p> <p>September 25—Area Committee Mtg 7-9—Pacific Regional Forum, Doubletree by Hilton Hotel, San Jose, CA</p> <p>October 22—Area Committee Mtg</p> <p>November 27—Area Committee Mtg</p> <p>December 3—Election Assembly, Robert Livermore Community Center, Livermore, hosted by District 70</p> <p>December 24—Area Committee Mtg 1—Spanish Speaking Women’s Workshop, ILW Union Hall, 4 Berry St., San Francisco</p> <p>December 15—Area Committee Mtg (Note: 3rd Sat)</p>	<p>January 19—Area Committee Mtg (Note: 3rd Sat)</p> <p>February 23—Area Committee Mtg</p> <p>March 1-3—PRAASA, Irvine Marriott, Irvine, CA</p> <p>April 23—Area Committee Mtg 13,14—Pre Conference Assembly, tbd</p> <p>April 27—Area Committee Mtg</p> <p>May 28-May 4—General Service Conf.,</p> <p>May 18—Post Conference Assembly, Ulatis Community Center, Vacaville (Hosted by District 90)</p> <p>June 25—Area Committee Mtg</p> <p>July 22—Area Committee Mtg</p> <p>August 27—Area Committee Mtg 10—Summer Assembly, tbd</p> <p>September 24—Area Committee Mtg</p> <p>October 28—Area Committee Mtg</p> <p>November 26—Area Committee Mtg 2—Inventory Assembly, St. Mary’s Cathedral, San Francisco (Hosted by District 06)</p> <p>December 23—Area Committee Mtg 21—Area Committee Mtg</p>

PANEL 69 ASSEMBLY DATES CALENDAR

2019 Pre-Conference Assembly
April 13-14

2019 Post-Conference Assembly
May 18, Ulatis Community Center, Vacaville
(Hosted by District 90)

2019 Summer Assembly
August 10

2019 Fall Inventory Assembly
November 2, St. Mary’s Cathedral, San Francisco
(Hosted by District 06)

2020 Pre-Conference Assembly
April 4-5

2020 Post-Conference Assembly
May 16

2020 Summer Assembly
August 8

2020 Fall Election Assembly
November 14

Bids have been accepted for all Panel 67 assemblies; see CNCA Calendar for dates and locations. If your District is considering making a bid for a Panel 69 Assembly, please contact the Assembly Coordinator Erica G at assemblycoordinator.p67@cnca06.org

I have spent a lot of time thinking about what to share with you about this position. The key part of the commitment is that you take the minutes for the Area, becoming, in some ways, a historian of what we did, how we thought, and why we made the decisions we made over the course of two years. You are also responsible for the Motions Book and have the opportunity to go on District visits (an average of three a month). Skills you may need include: typing, an ability to listen, an ability to condense and summarize, and some organizational skills. This service has been a highlight of my sobriety. It is time-consuming (somewhere between 19 hours and 45 hours a month, depending on District

visits and Assemblies), and can sometimes feel overwhelming (Saturday evening after the Pre-Conference Assembly has been mind-boggling). But there is a lot of support. And the benefits far outweigh any downsides. I am intimately familiar with the going-ons of the Area. As the person who takes all of the reports and tries to summarize them into a four-page document, I read (and re-read) all of the reports that are submitted, and I am always listening. I feel very connected to all of you. So thank you. Thank you. Thank you.

Eric L
CNCA Panel 67 Recording Secretary

AA Grapevine / La Viña Subscription Information

AA Grapevine US Rate

1 Year: Printed \$28.97 1

Year: Digital \$34.97

1 Year Digital and Print \$49.97 Make check

or money order payable to:

The Grapevine

La Viña -- Spanish Magazine

1 Year (6 issues)

Within US Printed \$11.97

2 Years (12 issues)

Within US Printed \$22.00

Make check or money order payable to:

La Viña

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Panel 67 Area Officers & Area Meeting Information

Feel free to contact the Area officers by using the “contact us” tab on the www.cnca06.org

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Alternate Delegate
Teddy B-W

Chair
Jennifer B

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Assembly Coordinator
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Pacific Regional Trustee
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CNCA Standing Committee & Sharing Session Meetings
are the 4th Saturday every month. Sharing Sessions - 10 am
Standing Committee Meetings - 11 am
Area Business Meeting 12:30 - 3:30 pm

Archives Committee meets at 11:00 am. For information contact Richard W by visiting the “contact us” tab on the www.cnca06.org website. The Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap meets at 11:00 am. For Information contact Kelly H by visiting the “contact us” tab on the www.cnca06.org website.

Public Information/ Cooperation with the Professional Community (PI/CPC) meets at 11:00 am. For information contact Teddy B-W by visiting the “contact us” tab on the www.cnca06.org website.

Interpretation & Translation Committee meets at 11:00 am. For information contact Michael Q by visiting the “contact us” tab on the www.cnca06.org website.

Web Committee meets at 11:00 am. For information contact Robert E by visiting the “contact us” tab on the www.cnca06.org website.

DCMs & DCMCs Sharing Sessions meet at 10 am

Literature/Grapevine/La Vina Sharing Session meets at 10 am. www.aagrapevine.org

Accessibilities Sharing session meets at 10 am. For information visit the “contact us” tab on the www.cnca06.org website

