



# CNCA COMMENTS



A.A. Confidential -- November 2018  
[www.cnca06.org](http://www.cnca06.org)

California Northern Coastal Area of Alcoholics Anonymous

## Chair Preview

At our October **Area Committee Meeting (ACM)**, the 2019 budget was presented, and it will be on the agenda again in November for disapproval, if any (like a housekeeping motion). As a reminder, every expense in the budget has already been voted on (or is a recurring cost, like rent), and so we are simply reviewing what the Area has already approved over the years in the way of spending. If you would like a copy, please contact your DCMC or the Treasurer/Finance Committee.

We approved three housekeeping motions from our Assembly Coordinator to replace some worn out equipment and to purchase two wireless microphones to have available for those who find it difficult to stand in line at the assemblies. We also passed the two items of old business with substantial unanimity: one to obtain an annual policy of Directors and Officers Liability Insurance (standard nonprofit practice), and the other to disburse \$7500 in excess funds to the General Service Board. Discussion will continue next month on the Archives committee motion: "That CNCA purchase a digital scanner with laser printer, power supply, and maintenance contract for the Archives committee at a cost not to exceed \$700."

Finally, we started a new discussion topic to gather feedback on the *A.A. Internal/External Communications Audit Report*. And we heard some fantastic reports from the 2018 National AA Technology Workshop and the 28th Annual Bridging the Gap Workshop Weekend.

Then, a week later on November 3rd, we held our Election Assembly. If you missed it, your Panel 69 officers will be: Teddy B-W, Delegate; Jennifer B, Alternate Delegate; Eric L, Chair; Laura W, Treasurer; Erica G, Registrar; Miguel H, Recording Secretary; Coree H, Assembly Coordinator; and Magdaleno O, Literature/Grapevine/La Vina Chair. Thank you to everyone who made themselves available! We are blessed to have such robust participation in CNCA.

It's a good time to start making plans for the Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) March 1-3, 2019 in Irvine, CA. Registration is open at [www.praasa.org](http://www.praasa.org) and the hotel is expected to sell out quickly.

In service and gratitude,  
Jennifer B, Panel 67 Area Chair

I'm not sure if this is my last or my second to last time I write the Delegate's Corner. I know it is three days before the election assembly. By the time you read this, we will have chosen our trusted servants for Panel 69. And I will be wearing my "Incoming Past Delegate" pin with pride and a little bit of sadness.

I am quite certain that next panel of Area Officers will serve our Area well. My certainty comes my own experience of making the decision to serve at the Area level. I was told that the ten years I served at the District level had prepared me for this. I was told I had experience, strength and hope to offer at Area. I had served at the District level out of my love for Alcoholics Anonymous and my desire to give back to A.A. what had been given to me. After all I had received from sobriety, how could I not try to give back.

All the people I have met along this journey of service have had that desire to serve. We all know that the more you give, the more you receive. What does the Big Book say? It's an endless lode in the mine that continues to give as long as I work it and give the entire product away. It is a joyful experience. Along the way I have met some bright-eyed people with the best laughs ever. Even better than mine.

So by the time you read this you yourself will have had the opportunity to decide what job you will do next Panel. You may be thinking like I did "Will I be able to do this job?" (Or maybe even the next thought which for me was "OMG how can I get out this gracefully?") Don't worry. We all felt like that at first. By the time you feel comfortable means it is time to rotate out. You will be learning new skills to add to your confidence. You will be allowing your Higher Power to you to places you never dreamed of. Enjoy your amazing journey. I have enjoyed mine!

Thank you for letting me be of service,  
Joann L  
Panel 67 Delegate CNCA 06  
October 30, 2018

### **Looking for Something?**

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## AREA COMMITTEE MEETING MINUTES FOR OCTOBER 2018

The monthly committee meeting of CNCA was held October 27, 2018 at the Petaluma Community Center. Jennifer B opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Nancy W (District 09). Kevin L (District 05) read Tradition 10 and Matt E (District 03) read Concept 10. There were four past Delegates present: Diane O (Panel 35), Bob D (Panel 36, Area 28), Woody R (Panel 50, Area 07), and Ken M (Panel 61). There were 12 GSRs present and two new DCMs present. The September 2018 minutes and financial report were accepted as printed in the *CNCA Comments*. Birthdays: 93/7.

Registered attendance: Voting (53) / Non-voting (52)

### Officer Reports

**DELEGATE – JOANN L:** I am now sporting my Incoming Past Delegate pin; I have given all of my Delegate reports for the panel. Printed copies of the Conference Reports are now available and are being distributed today.

**ALTERNATE DELEGATE – TEDDY B-W:** I attended the California Northern Interior Area Mini-PRAASA assembly on October 19-21 in Placerville. I facilitated their Area inventory, which focused on how the Area could support GSRs and DCMs in their service. I heard many things that reminded me of how much in common we have with our cousins to the East, but also how our Tradition of autonomy means that we are beautifully different too. For example, they passed a deficit budget, but called it a spending plan.

**CHAIR – JENNIFER B:** The deadline to submit your name to serve on a standing committee next panel is December 15, the date of the ACM. I have sign-up sheets. We meet a week early (on the third Saturday) in both December and January. In November, we still meet on the fourth Saturday, which is Thanksgiving weekend.

**TREASURER – CHRIS H:** As of today, we have \$22,000 in our checking account (used for operating expenses) and \$11,140 in our savings account (which represents our prudent reserve). We had budgeted approximately \$9800 in contributions and received \$6600. We had budgeted \$7000 in expenses, and spent \$10,800. Year to date, we are now about \$1,000 ahead of budget.

**REGISTRAR – LAURA W:** I have received some feedback that Districts would like to submit registration directly into the database; after the Election Assembly, this feature should go live. So far, we have removed more than 10,000 inaccurate or duplicate records.

**RECORDING SECRETARY – ERIC L:** Work on the Motions Book continues, and I am finalizing a pass-it-on document for the next Recording Secretary.

**ASSEMBLY COORDINATOR – ERICA G:** The Election Assembly will be November 3 in Livermore. As I prepare to pass on my commitment, I have been evaluating the condition of some of our equipment. And it has been brought to my attention that some people would prefer alternatives to standing at the microphones. So, I will be making a few motions today.

**LITERATURE/GRAPEVINE/LA VIÑA – MIGUEL H:** We have received the Navajo-language *Big Book*, which is now on display here. The latest issue of *La Viña* is also on display; it is very special, because it is the first one printed in full color.

### District Reports

**DISTRICT 01 (MONTEREY) – SUSAN G:** We are pre-paring for our elections. We have been discussing our group contributions, which are down significantly. We are looking at digital options for contributions; there is an entire generation in our Fellowship that does not carry cash.

**DISTRICT 02 (SALINAS/SAN BENITO) – ELIJAH H:** We held our Delegate's Report and breakfast, with 17 people in attendance. We are planning our Annual Gratitude Dinner November 10, with speakers from Australia and Iran.

**DISTRICT 03 (SANTA CRUZ) – ERIC H:** We heard our final job descriptions; next month, we will hold elections. We should also have a new website by the end of this panel.

**DISTRICT 04 (SANTA CLARA NORTH) – MARIANNE G:** We held elections; our new DCMC is Julie N. After we finish elections, we will start discussing the 2019 budget.

**DISTRICT 40 (SANTA CLARA SOUTH) – COREE H:** We held very exciting elections. Manuel R will serve as DCMC next panel. The election for Alternate DCMC ended up being decided by the hat, with three names going into the hat.

**DISTRICT 05 (SAN MATEO) – COLLEEN G:** District elections will be held next month. All job descriptions have been reviewed and updated. We are discussing the 2019 budget and travel reimbursement guidelines.

**DISTRICT 06 (SAN FRANCISCO) – CHELSEA W:** Our Unity Day was a great success. We held elections for Panel 69; Justin H will be the DCMC next panel. So many people made themselves available that voting

## AREA COMMITTEE MEETING MINUTES (Cont.)

took much longer than expected, so elections will continue next month.

DISTRICT 07 (ALAMEDA NORTH) – PATRICK C: We held elections; our new DCMC is Vivian K. Next month, we will discuss putting in a bid for the newsletters.

DISTRICT 70 (ALAMEDA SOUTH) – DON Z: This week we had our final job description presentations, and, at next month's meeting, we will begin filling those positions for the coming panel. We are hosting a great dinner and speaker meeting the night before the Election Assembly.

DISTRICT 08 (CONTRA COSTA) – DON L: We started our elections; Richard W is our incoming DCMC. Next month, elections continue, and our financial projection for 2019 will be presented.

DISTRICT 09 (SOLANO SOUTH) – CLAUDIA K-Y: We are considering creating a meeting, held weekly, about discovering service. District elections will be held next month.

DISTRICT 90 (SOLANO NORTH) – TONY W: We are ready for our elections; the Intergroup Chair will conduct them. We also hope to present our new guidelines next month. We have a tentative date for the Inter-District workshop next year but are having difficulty securing a place.

DISTRICT 10 (MARIN) – CATHY P: Our Unity Day was a great success. You could feel the love, spirituality and unity. Our Safety Workshop will be held November 10 in Marin City.

DISTRICT 11 (NAPA) – JEFF D: Two new GSRs attended. We passed our 2019 budget, and we have started discussing adding a liaison to Al-Anon. District elections will be held in December.

DISTRICT 12 (SONOMA) – CLAUDIA N: Job descriptions are being heard and elections in subdistricts for DCMs in Panel 69 have started. Our District will hold elections next month. Meanwhile, our planning committee for next year's Pre-Conference Assembly is starting their meetings next week.

DISTRICT 13 (LAKE) – MARY ELLEN R (SUBMITTED ELECTRONICALLY): We had four new GSRs at our business meeting, and two more have joined since. Someone has also expressed interest in serving as DCMC next panel.

DISTRICT 14 (MENDOCINO) – ROBIN T: Barbara D passed October 8, surrounded peacefully by family in Fort Bragg. Barbara would be happy to know we have three new GSRs.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – JOHN L: Our new Web Chair is fixing errors with our website and meeting listings. There is interest in placing a bid for the newsletter.

DISTRICT 16 (SPANISH CENTRAL) – FRANCISCO R: We held a workshop on the Concepts. We held District elections, and Emma M was elected to serve as DCMC.

DISTRICT 17 (SPANISH SOUTH) – MARIO S: We held District elections. All positions were filled.

DISTRICT 18 (SPANISH NORTH) – HECTOR C: We handed out Conference Reports to our GSRs, who really liked the cover. Our elections will be held in December.

DISTRICT 19 (SPANISH SOUTH SOUTH) – MAGDALENO O: We held our elections for next panel; only four commitments remain vacant. We will be hosting the next Inter-Districtal on December 9.

DISTRICT 20 (SPANISH EAST) – TEODOMIRO S: We approved a motion to put in a bid (with District 07) to host the *Comments* and *Comentarios*. We will hold our seventh District anniversary in November.

### Area Sub-Committees and Sharing Sessions

ARCHIVES – RICHARD W: We held elections for the Archives committee next panel; Denise G was elected to serve as the new Archives Chair. There is no doubt in my mind that she will serve the Area and this position well. And you can quote me on that... in the archives.

BRIDGING THE GAP – KELLY H: We held elections for the committee for next panel. Since our last meeting, your BTG committees gave 18 presentations and handled 61 requests for contact.

FINANCE – CLAUDIA N: We reviewed our committee guidelines and our current finances. We will present the budget today.

PI/CPC – TEDDY B-W: We heard two excellent presenters on the topic of how to engage young people in PI/CPC work and on how to carry the message into school. Next month, we will hold roundtables on rotation and sustainability.

WEBSITE – ROBERT E: We discussed the presentation of our new guidelines. Updated information on self-support is now on the website.

INTERPRETATION AND TRANSLATION – MICHAEL Q: We will be providing interpretation at the Hispanic Women's Workshop. We are discussing a motion regarding

## AREA COMMITTEE MEETING MINUTES (Cont.)

financial compensation for our volunteer written translators.

CNCA COMMENTS – JOSÉ A: The *Comments* were sent on time.

COMENTARIOS DE CNCA – ERIC H: 170 copies of the *Comentarios* were printed and mailed.

NEWSLETTER AD HOC – COREE H: We are in the process of finalizing our proposals to the ACM, possibly in December. We will be going over translation, content, design, production and distribution.

DCM SHARING SESSION – JACQUELINE P: We heard a presentation on passing on the DCM commitment. People shared about all of the DCM duties, about the importance of attracting an alternate DCM, and about educating GSRs on the 12 Traditions and Concepts. Next month, the topic will be 'How to Read the Conference Report.'

ACCESSIBILITIES – KRIS W: We had a wide-ranging discussion regarding whether to be a committee or remain a sharing session.

LITERATURE/GRAPEVINE/LA VIÑA – MIGUEL H: We discussed the importance of the *Grapevine*. We shared ideas about how to use literature commitments over the course of the panel.

NCCAA – ROBERT G: We held the Fresno conference. Our acting Chair was elected to continue serving for two more years as the Chairperson. The next NCCAA will be held in Foster City in March.

H&I – KAREN B: H&I is in good shape financially. Our Policy Manual revisions and budget for next year passed with substantial unanimity.

YPAA – CRYSTAL M: I am the liaison for our Northern California ICYPAA bid. Our committee wants to get involved and help out however we can.

LA VIÑA 23RD ANNIVERSARY – ABEL M: I attended the planning meeting for the event next year.

HISPANIC WOMEN'S WORKSHOP – EMMA M: All Areas in California have now contributed to the Workshop. We now have flyers. The workshop is almost here and I am so excited.

FORO HISPANO – JORGE O: Thanks to the support of the Area and our Area's linguistic Districts, the Foro Hispano is now a reality. Tomorrow, the event will occur in San Pablo.

### Housekeeping Motions

That CNCA purchase three replacement microphone

stands at a cost not to exceed \$175. – *presented by Erica G, Assembly Coordinator*

Presentation: The ones we have are not in great shape. I plan to replace these with ones that are easier to work with when being set up in narrow spaces.

**Seeing no objections / Motion passes.**

That CNCA purchase a replacement amplifier case at a cost not to exceed \$75. – *presented by Erica G, Assembly Coordinator*

Presentation: The bag we have is falling apart. The bag we would purchase is customized for our amplifier.

**Seeing no objections / Motion passes.**

That CNCA purchase two wireless handheld microphones at a cost not to exceed \$80. – *presented by Erica G, Assembly Coordinator*

Presentation: This could help people who find it hard to stand in lines.

Questions: Q: Could we purchase three instead of two?

A: All of the ones I looked at came in sets of two. Q: Would these be good quality? A: I looked at many, and read many reviews. I don't know how well the microphones will work, so I did not want to invest a lot of money. Q: Previously, we had wireless microphones, which did not work well and used a lot of batteries. How would these be different? A: These would be used sparingly.

**Seeing no objections / Motion passes.**

### Area Business

PRESENTATION:

2019 CNCA Budget – *presented by the Finance committee*

Presentation: The Finance committee emailed out the draft to the DCMCs. We have made two changes in the copies available today (taking out notes about the Hispanic Women's Workshop and adding Square fees, which have been approximately \$17 this year). Travel expenses for Area Officers will be adjusted next month, once we know who the Officers will be (after the Election Assembly).

Questions: Q: Could you explain why we project a deficit budget? A: A deficit budget is a plan for what it would cost if we did every single thing in the budget. That does not always happen. We tend to over-budget expenses. Q: Did you have discussions regarding the fires, and whether that impacted contributions?

## AREA COMMITTEE MEETING MINUTES (Cont.)

A: A little bit. Q: Do we have information on whether there is an increase or decrease between this year's budget and next year's budget? A: Our expenses decreased between last year and this year. Q: How have contributions from groups varied year by year? A: I see an upward trend in terms of actual contributions, but, sometimes, things (like the fires) effect contributions. (For other questions, please review the note sheet and/or contact the Finance committee.)

**The budget will be presented for disapproval, if any, in November.**

### PRESENTATION OF NEW BUSINESS:

That the CNCA Bridging the Gap subcommittee conclude its Pre-Release Contact Service pilot, and support this service on an ongoing basis. – *presented by the Bridging the Gap committee*

Presentation: In September 2015, the ACM authorized a pilot program to offer a “short term correspondence service” to members on the inside approaching eminent release. It allowed Districts who participated in the correspondence program to use the CNCA PO Box (though at least one District is now using their Intergroup mailing address instead). Since this was initiated, there have been no reports of issues regarding safety or security. We have seen a slight drop in requests for this service. We expect between 50 and 100 requests for contact. Not everyone who writes qualifies for the program we are seeking approval for now. But if someone writes to us, and they are more appropriate for a different service, we refer them to the appropriate place. We want to be able to write back and forth with people who are within six months of their release date. A full written report is available.

Questions: None

**Motion remains Area Committee Meeting Business. (45 to remain at ACM; 8 to forward to the assembly). Motion will be New Business at the November ACM.**

### OLD BUSINESS:

That CNCA purchase an annual policy of Directors and Officers Liability Insurance in line with standard nonprofit practice. – *presented by Chris H, Treasurer*

Discussion: This type of insurance is very common in most non-profits. It is surprising we have not had this in the past. // How would this differ from other types of insurance? (Answer provided later: CNCA already has General Liability ('Slip and Fall') and Auto Insurance (in case a volunteer is in an accident that isn't covered by their own insurance). Directors and Officers Insurance is for a different kind of claim, one made not because of

the accident itself, but because someone believes that the officer took an intentional and improper action and then sues them individually.) // You can never go wrong by having insurance. As long as the cost is reasonable, it seems like a no-brainer. // Not having this type of insurance was an oversight. It would behoove us to protect the people who serve us. // General liability insurance is the slip and fall type of accident. Directors and Officers cover the people who are serving the Area in case someone tries to sue the Area for anything that is not a general liability situation. // I cannot believe this has not been brought up before. // How much would this cost? (Answer: \$668 this year.)

The Area committee was asked if they were ready to vote, and members were ready to vote. Substantial unanimity (2/3) was required for the motion to pass.

**Vote: Yes (Substantial Unanimity, No Count Taken) / No (1) / Abstained (11). Motion passes.**

Minority Opinion: What concerns me is the tie-in to professionalism. What has changed in our organization that suddenly we need this? Is it a culture of litigiousness, or fear? This feels wrong.

No motion to reconsider. // **Motion passes.**

That, due to funds in our checking account that exceed established Area 06 7<sup>th</sup> Tradition needs, CNCA disburse \$7500 to the General Service Board of Alcoholics Anonymous. – *presented by the Finance committee*

Discussion: If this motion does not pass, where would the money go? // We may want to finalize our budget before making this decision. // Cash on hand is different than the budget. The budget is a plan, and motions in the budget are backed by the Area. Cash on hand is how much we have in our accounts. We have the funds to make this disbursement. // Money is hard to understand, and I am an accountant. Our checking account sometimes has a lot of money. We also have a prudent reserve. We have had gobs of extra cash with no stated purpose, and our Tradition tells us to distribute it.

The Area committee was asked if they were ready to vote, and members were ready to vote. Substantial unanimity (2/3) was required for the motion to pass.

**Vote: Yes (Substantial Unanimity, No Count Taken) / No (0) / Abstained (3). Motion passes.**

### NEW BUSINESS:

That CNCA purchase a digital scanner with laser printer, power supply, and maintenance contract for the Archives committee at a cost not to exceed \$700. – *presented by the Archives committee*

## AREA COMMITTEE MEETING MINUTES (Cont.)

Discussion: What would the maintenance contract include? (Answer: The warranty is a limited one-year warranty.) And did we look at leasing rather than purchasing? (Answer: We did not look into leasing as an option).

### **Motion will be Old Business at the November ACM.**

#### DISCUSSION TOPIC:

“AA shares what they want to tell audiences vs. what is relevant and meaningful to the audience.” – a member quoted in the *AA Internal/External Communications Audit Report*

Discussion: Reading the audit was eye-opening. There was some good stuff, but some stuff wasn't so good and stood out. The overall interactions between Areas and Intergroups range from working relationships to open hostility. Some reports contain too much AA jargon. And some language is alienating. // Everyone should read this report. // Many in the Fellowship are confused as to what GSO is. Many people think Central Offices are GSO. // Over the past ten years, the information that we get from GSO, especially Conference materials, spin the facts. The bias of the speaker is included. Reports should not spin the truth. // I like the report and it was eye-opening. Without diving into the really deep stuff, one thing I thought about, and one thing I am hyperaware of, is not using AA jargon. We say stuff that is weird and cult-like. Who are Bill and Bob, for example? We need to at least add context when speaking. // I consider how I am talking to an audience that does not know AA. I try to use terms that people not involved in AA can understand. // AA's primary purpose is sometimes getting lost at the Board level.

*Discussion continues next month.*

#### PRESENTATION:

Report from the 2018 National AA Technology Workshop – *presented by Murias O*

I was able to go to the National AA Technology Workshop, held this year in Round Rock, Texas. This was my fourth NAATW (there have been five), and it has been a wonderful experience to see NAATW evolve as a way of helping people in AA with technology questions, as well as a way of helping connect those of us who have a technology background that allows us to contribute to AA in this way. For people with that technology interest, the NAATW is sort of like PRAASA. A highlight for me was a presentation from Clement, from the General Service Office, who is in charge of the AA website at the moment. He shared about how the Meeting Guide app is now being integrated into the AA.org

website. We also discussed the pace of change in AA, and how sometimes, the technology we are voting on is already out of the date by the time a motion passes. Another discussion focused on how different Areas deal with technology. Some Areas have committees, some have Tech Officers, and some have separate technology and web committees. Next year, the NAATW will be held just outside of Nashville.

#### PRESENTATION:

Report from the 28<sup>th</sup> Annual Bridging the Gap Workshop Weekend – *presented by Robbie R*

The Bridging the Gap Workshop weekend was held September 7-9 in Denver. I met people from Canada and the United States. This workshop taught me that Bridging the Gap is done differently in different parts of the world, in part because H&I in Northern California is not a part of General Service, like Corrections is in some other parts of the country. In some places, BTG works more closely with Central Offices, or with H&I, or with PI/CPC. One thing we discussed is how the BTGWW website is becoming more mobile-friendly. What I liked about the website was that it made it easy for people to request a contact upon release. It is designed for people in charge of releasing people from prisons and institutions. You get a map of the United States and Canada, and you can click on the Area, and request a contact in the Area in which you are being released. I also learned that our Area has a reputation for having a very well-organized BTG committee. Next year's workshop will be held in Sacramento.

#### WHAT'S ON YOUR MIND?

I also attended the NAATW. I know very little about technology. But I came away hopeful that people are developing traditions for our use of technology. What concerned me, though, is one person who shared that our anonymity had to be subjected to a cost-benefit analysis. // District 70 will host the Election Assembly next weekend. We look forward to seeing everyone. The night before, the new Regional Trustee will be speaking prior to a nice dinner. The deadline is to sign up is “any minute.” // As we transition into our new Panel, help registration by providing information on new officers and DCMs. // Check out the Corrections website at [aa.org](http://aa.org) for more information on how to address mail. Some mail may be returned to sender (especially in Pennsylvania) due to changes in the distribution process. // We will hold a Safety Workshop, with speakers on a panel sharing about how we work with others. // At the BTG Local Forum, we will hear about a project in which AA members visit hospitals to provide Twelfth Step work. // The Foro Hispano will be held tomorrow.



**California Northern Coastal Area  
Statement of Financial Position**

As of September 30, 2018

	<u>Total</u>
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Bank Accounts</b>	
Operating Funds - Checking	18,439.53
Prudent Reserve - Savings	<u>11,140.09</u>
<b>Total Bank Accounts</b>	<b>\$ 29,579.62</b>
<b>Other Current Assets</b>	
Assembly Deposits	<u>1,475.00</u>
<b>Total Other Current Assets</b>	<b>\$ 1,475.00</b>
<b>Total Current Assets</b>	<b>\$ 31,054.62</b>
<b>TOTAL ASSETS</b>	<b>\$ 31,054.62</b>
<b>LIABILITIES AND EQUITY</b>	
<b>Liabilities</b>	
<b>Total Liabilities</b>	
<b>Equity</b>	
Operating Funds ~ Adjusted	33,063.45
Prudent Reserve ~ Savings	11,140.00
Net Revenue	<u>-13,148.83</u>
<b>Total Equity</b>	<b>\$ 31,054.62</b>
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$ 31,054.62</b>



## Expense Report September 2018

### California Northern Coastal Area

BUDGET VS. ACTUALS: 2018 BUDGET - FY18 P&L

January - September, 2018

	TOTAL		
	ACTUAL	BUDGET	% OF BUDGET
Revenue			
002 Group Contributions	68,260.63	66,075.00	103.31 %
003 District Contributions	9,652.81	10,499.94	91.93 %
004 Assembly Contributions	<b>5,452.56</b>	<b>6,200.00</b>	<b>87.94 %</b>
005 Tradition 7, Area Comm.	2,734.50	2,440.00	112.07 %
007 CNCA Subscriptions		12.00	
008 Personal/Misc Contributions	2,163.42	900.00	240.38 %
010 Interest Income	3.28	3.52	93.18 %
<b>Total Revenue</b>	<b>\$88,267.20</b>	<b>\$86,130.46</b>	<b>102.48 %</b>
GROSS PROFIT	<b>\$88,267.20</b>	<b>\$86,130.46</b>	<b>102.48 %</b>
Expenditures			
012 EXPENSE			
013 Delegate Expense	<b>8,087.46</b>	<b>7,308.88</b>	<b>110.65 %</b>
038 Officer Expense	<b>21,146.16</b>	<b>22,516.71</b>	<b>93.91 %</b>
093 Committee Expenses	<b>20,240.48</b>	<b>23,731.11</b>	<b>85.29 %</b>
158 General Expenses	<b>51,941.93</b>	<b>46,598.91</b>	<b>111.47 %</b>
<b>Total 012 EXPENSE</b>	<b>101,416.03</b>	<b>100,155.61</b>	<b>101.26 %</b>
<b>Total Expenditures</b>	<b>\$101,416.03</b>	<b>\$100,155.61</b>	<b>101.26 %</b>
NET OPERATING REVENUE	<b>\$ -13,148.83</b>	<b>\$ -14,025.15</b>	<b>93.75 %</b>
NET REVENUE	<b>\$ -13,148.83</b>	<b>\$ -14,025.15</b>	<b>93.75 %</b>

## AREA COMMITTEE MEETING MINUTES (Cont.)

// There are currently eight dual diagnosis meetings in the East Bay. Planning for Dual Diagnosis mini-conferences is now being turned over to the groups.

The meeting was closed at 3:31 pm with the Responsibility Statement.

Submitted with Love and Gratitude,

Eric L

CNCA Panel 67 Recording Secretary

### PANEL 67-69 CNCA CALENDARS

#### 2018—Panel 67

<b>November</b>	<b>3—Election Assembly</b> , Robert Livermore Community Center, Livermore, hosted by District 70 <b>17—Bridging the Gap Forum</b> , Good Shepherd Lutheran Church, 1180 Lynwood Dr., Novato, CA, hosted by District 10 <b>24—Area Committee Mtg</b>	<b>September</b>	<b>28—Area Committee Mtg</b>
<b>December</b>	<b>1—Hispanic Women’s Workshop</b> , ILW Union Hall, 4 Berry St., San Francisco <b>15—Area Committee Mtg</b> (Note: 3 <sup>rd</sup> Sat)	<b>October</b>	<b>26—Area Committee Mtg</b>
		<b>November</b>	<b>2—Inventory Assembly</b> , St. Mary’s Cathedral, San Francisco, hosted by District 06 <b>23—Area Committee Mtg</b> <b>21—Area Committee Mtg</b> (Note: 3 <sup>rd</sup> Sat)
		<b>December</b>	

#### 2019—Panel 69

<b>January</b>	<b>19—Area Committee Mtg</b> (Note: 3 <sup>rd</sup> Sat)
<b>February</b>	<b>23—Area Committee Mtg</b>
<b>March</b>	<b>1-3—PRAASA</b> , Irvine Marriott, Irvine, CA <b>23—Area Committee Mtg</b>
<b>April</b>	<b>13,14—Pre Conference Assembly</b> , Veterans’ Memorial Building, Santa Rosa, hosted by District 12 <b>27—Area Committee Mtg</b>
<b>May</b>	<b>19-25—General Service Conf.</b> , NY
<b>June</b>	<b>25—Area Committee Mtg</b> <b>15—Post Conference Assembly</b> , Ulati Community Center, Vacaville, hosted by District 90 <b>22—Area Committee Mtg</b>
<b>July</b>	<b>27—Area Committee Mtg</b>
<b>August</b>	<b>10—Summer Assembly</b> , tbd <b>24—Area Committee Mtg</b>

#### 2020—Panel 69

<b>January</b>	<b>18 or 25—Area Committee Mtg</b> (Likely 3 <sup>rd</sup> Sat)
<b>February</b>	<b>22—Area Committee Mtg</b>
<b>March</b>	<b>6-8—PRAASA</b> (Area 03, Arizona) <b>28—Area Committee Mtg</b>
<b>April</b>	<b>4,5—Pre Conference Assembly</b> , tbd <b>19-25—General Service Conf.</b> , NY <b>25—Area Committee Mtg</b>
<b>May</b>	<b>16—Post Conference Assembly</b> , tbd <b>23—Area Committee Mtg</b>
<b>June</b>	<b>27—Area Committee Mtg</b>
<b>July</b>	<b>2-5—International Convention</b> , COBO Center, Detroit, MI <b>25—Area Committee Mtg</b>
<b>August</b>	<b>8—Summer Assembly</b> , tbd <b>21-23—Pacific Regional Forum</b> , Las Vegas, NV <b>22—Area Committee Mtg</b>
<b>September</b>	<b>26—Area Committee Mtg</b>
<b>October</b>	<b>24—Area Committee Mtg</b>
<b>November</b>	<b>14—Election Assembly</b> , tbd <b>28—Area Committee Mtg</b>
<b>December</b>	<b>19—Area Committee Mtg</b> (Note: 3 <sup>rd</sup> Sat)

## CNCA MOTIONS NOVEMBER 2018

### Area Committee:

#### Assembly Bids:

#### Housekeeping Motions:

#### Guidelines:

#### Presentation of New Business:

#### Old Business at Area Committee Meeting:

"That CNCA purchase a digital scanner with laser printer, power supply, and maintenance contract for the Archives committee at a cost not to exceed \$700." —*Archives Committee*

#### New Business at Area Committee Meeting:

"That the CNCA Bridging the Gap Subcommittee conclude its Pre-Release Contact Service pilot, and support this service on an ongoing basis." —*Bridging the Gap Committee*

#### Discussion topics:

"A.A. shares what they want to tell audiences vs. what is relevant and meaningful to the audience." —a member quoted in the *A.A. Internal/External Communications Audit Report*

### Area Assembly Motions:

#### Redistricting Requests:

#### Presentation of New Business at Area Assembly:

#### Old Business at Area Assembly:

"That literature be developed sharing experience, strength and hope on meditation."

"That the Trustees' Literature Committee add to its agenda to consider publishing a Fifth Edition of the Big Book, *Alcoholics Anonymous*, with updated stories to more broadly reflect our current fellowship, as well as updates or additions to Appendices III and V."

#### New Business at the Area Assembly:

"That CNCA establish a standing committee on Technology."

## PANEL 69 ASSEMBLY DATES CALENDAR

### 2019 Pre-Conference Assembly

April 13-14, Santa Rosa Veterans Building, Santa Rosa  
(Hosted by District 12)

### 2019 Post-Conference Assembly

June 15, Ulatis Community Center, Vacaville  
(Hosted by District 90)

### 2019 Summer Assembly

August 10

### 2019 Fall Inventory Assembly

November 2, St. Mary's Cathedral, San Francisco  
(Hosted by District 06)

### 2020 Pre-Conference Assembly

April 4-5

### 2020 Post-Conference Assembly

May 16

### 2020 Summer Assembly

August 8

### 2020 Fall Election Assembly

November 14

Bids have been accepted for all Panel 67 assemblies; see CNCA Calendar for dates and locations. If your District is considering making a bid for a Panel 69 Assembly, please contact the Assembly Coordinator Erica Gonzales at [assemblycoordinator.p67@cnca06.org](mailto:assemblycoordinator.p67@cnca06.org)

## NOTES FROM CHAIR

Please remember to bring your FM radio to all Area Committee Meetings and Assemblies for Spanish/English interpretation and Assisted Listening for the hearing impaired.

The Interpretation and Translation Committee is always in search of more bilingual members to help with written translation.

Contact: [translation.p67@cnca06.org](mailto:translation.p67@cnca06.org)

## Panel 67 Area Officers & Area Meeting Information

Feel free to contact the Area officers by using the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org)

**Delegate**

Joann L

**Alternate Delegate**

Teddy B-W

**Chair**

Jennifer B

**Treasurer**

Chris H

**Registrar**

Laura W

**Recording Secretary**

Eric L

**Assembly Coordinator**

Erica G

**Literature/Grapevine Chair**

Miguel H

**Pacific Regional Trustee**

Kathi F

**General Service Office**

P.O. Box 459

Grand Central Station

New York, NY 10163

212-870-3400

[www.aa.org](http://www.aa.org)

**CNCA**

P.O. Box 884222

San Francisco, CA 94188-4222

[www.cnca06.org](http://www.cnca06.org)

**H&I**

[www.handinorcal.org](http://www.handinorcal.org)

### CNCA Standing Committee & Sharing Session Meetings

are the 4th Saturday every month. Sharing Sessions - 10 am

Standing Committee Meetings - 11 am

Area Business Meeting 12:30 - 3:30 pm

**Archives Committee** meets at 11:00 am. For information contact Richard W by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website. The Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

**Bridging the Gap** meets at 11:00 am. For Information contact Kelly H by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website.

**Public Information/ Cooperation with the Professional Community (PI/CPC)** meets at 11:00 am. For information contact Teddy B-W by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website.

**Interpretation & Translation Committee** meets at 11:00 am. For information contact Michael Q by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website.

**Web Committee** meets at 11:00 am. For information contact Robert E by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website.

**DCMs & DCMCs Sharing Sessions** meet at 10 am

**Literature/Grapevine/La Vina Sharing Session** meets at 10 am. [www.aagrapevine.org](http://www.aagrapevine.org)

**Accessibilities Sharing session** meets at 10 am. For information visit the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website

