



CNCA COMMENTS



A.A. Confidential—March 2019
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview: March 2019

And that busy, busy time of the year is now upon us. Much of General Service revolves around the annual Conference in New York, so these next two months, as our Area prepares to send our newly-elected Delegate to New York to represent us, are pretty exciting. And somewhat hectic. Navigating through PRAASA, multiple business meetings, Agenda Topics Workshops, and the numerous other things that help prepare all of us to ensure an informed group conscience can be a daunting chore to those new to General Service.

But that energy which emanates from these discussions will guarantee my sobriety for at least another 24 hours. These topics are the manifestation of the Fellowship identifying an unmet need, and attempting to find a solution to help save someone's life. In AA, the discussions we have today may not always be stimulating, but they do refocus our sobriety on how to ensure that our message is accessible to anyone that needs it.

I am writing this at PRAASA, thinking mostly about how we in AA carry the message – and about how our message saves lives. And also thinking about these next six weeks and the multiple business meetings we will now navigate – and how to remind myself that the business we discuss helps facilitate the ability to carry our live-saving message.

At our most recent Area Committee Meeting, we continued discussing two motions about compensating translators of our written material (including agendas, minutes, materials in the *Comments*, and the Agenda Topic Summaries), a motion about requesting the Delegate for specific events, and a motion about providing group consciences to the Delegate electronically. We also continued discussing potential changes to the structure of CNCA.

Those discussions will continue – along with the many discussions we will have at the Pre-Conference Assembly's business meeting. But one discussion we will very likely table is our current Area motion to request a Fifth Edition of the *Big Book*. Because it is currently an Agenda Topic – and we expect a lot of people to share group consciences on this topic – we will probably delay discussion on our specific Area motion until we see what happens at the Conference. Other business – including a request for literature regarding meditation and a request to form a Technology committee – remain on the agenda, and we might even vote.

The afternoon will be dedicated to the Agenda Topics; the Pre-Conference Assembly flyer lists what topics we will discuss each day. I can't wait to hear all the loving discussion on both area business and the Conference topics. This is an experience you absolutely must not miss.

If you are a new GSR, welcome again to Panel 69 and the adventure that is General Service. I think we will have a lot of fun, and that we will do a lot of good.

Thank you for your service,
Eric L.
CNCA Chair Panel 69

What remote communities exist in our Area and in our districts?

This question has been on my mind for a while and I share it as I sit here reflecting on the inclusive and loving experience many of us had attending the Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) in Irvine. The multiplicity of languages and experiences we received from the podium made me reflect on the enormous opportunity that faces us as we refine not our *message*, but the *methods*, by which we carry it.

What has become clear to us in California Northern Coastal Area 06 over recent years is the extent to which Spanish-speaking women are a remote community. What others exist and, how will we discover them, receive their input, and act upon it? In short, where does responsibility rest in our Area for remote communities?

At the most elemental level, the answer can be found in our Responsibility Declaration, which declares, "*I am responsible...*" For me, this means to be welcoming to all those who seek us out, whether they look like me, or not. But what then? Just as an individual and a home group lack the resources to meet all needs, how will these needs then be met?

One of the reasons we have districts, intergroups, areas, and other service committees is to coordinate services that members and groups cannot do by themselves.

Last year the Treatment and Accessibilities Committee for the Conference (which I now get to serve on) added Remote Communities to its scope of responsibilities. This year the Treatment and Accessibilities Committee gets to review the draft of the proposed Remote Communities Kit (Treatment and Accessibilities Committee: Item E). To help me do that I am asking you to let me know at our Pre-Conference Assembly, what your groups think about the contents of the kit. To do that requires us to think about what remote communities exist in our districts and Area.

So, I come full circle. What remote communities should we be serving? Once we know that, we can begin to figure out how our current structure facilitates that, or not.

In love and service,

Teddy B.-W.
CNCA06 Panel 69 Delegate

Looking for Something?

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AREA COMMITTEE MEETING MINUTES FOR FEBRUARY 2019

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES FOR FEBRUARY 2019

The monthly committee meeting of CNCA was held February 23, 2019 at the Petaluma Community Center. Eric L. opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Mark H. (District 13). Ashley J. (District 04) read Tradition 02. Josephine C. (District 90) read Concept 02. There were five past Delegates present: Joann L. (Panel 67), Bob D. (Panel 36, Area 28), Woody R., Doug G. (Panel 53), and David N. (Panel 59). David N. currently serves as a General Service Trustee. There were 7 new GSRs present, 9 new DCMs and 19 DCMCs present. The January 2019 minutes and financial report were accepted as printed in the CNCA Comments. Birthdays: 67years Registered attendance: Voting (52) / Non-voting (62)

Officer Reports

DELEGATE – TEDDY B.-W.: Agenda topics background arrived and then additional background for a Literature item and a Grapevine item both arrived this week. Area 06 will be participating in the Remote Communities meeting held prior to the official start of the General Service Conference this year.

ALTERNATE DELEGATE – JENNIFER B.: Area 09 (Mid-Southern CA) is hosting the next Hispanic Women's Workshop. The host committee has asked the other areas to appoint liaisons to the event and the officers are asking any interested women in your districts (preferably those who speak Spanish or are bilingual) to submit their names by the March ACM.

CHAIR – ERIC L.: Area Officers have started to prepare the Agenda Topic Summaries, which will be available by March 1. At the Pre-Conference Assembly business meeting Saturday morning, we will probably table the motion requesting a fifth edition of the Big Book until after we see what happens at the Conference.

TREASURER – LAURA W.: We have \$12,084 in our Checking Account for Operating Expenses, \$11,140 in our Savings Account, for our Prudent Reserve. Please thank your groups for their continued contributions.

REGISTRAR – ERICA G.: Last month I asked everyone to be patient with me. Everything that I have received is current now so you don't need have to be patient anymore.

RECORDING SECRETARY – MIGUEL H.: Reports on all formats are welcome. I'll continue recording our monthly Area business meeting as a tool for the typing of minutes; these will be deleted after used.

ASSEMBLY COORDINATOR – COREE H.: We're gearing up for the Pre-Conference Assembly. We still do not have a bid for the 2019 summer assembly. We haven't seen any actual bid forms.

LITERATURE/GRAPEVINE/LA VIÑA – MAGDALENA O.: Spanish speaking women stories submissions are doing great. The new La Viña issue "Mi peor día sobrio" suggested the topic for the next issue: "How are we treating others in AA."

District Reports

DISTRICT 01 (MONTEREY) – SUSAN G.: We continue to have an Agenda Topics discussion. There was a brief discussion concerning an anonymity break with a full face and name included in the local newspaper.

DISTRICT 02 (SALINAS/SAN BENITO) – BRIAN MCG.: We discussed co-hosting an assembly 2020. Elected a representative to attend PRRASA. We are planning an Agenda Topic sharing session, a Safety in AA workshop, and a Secretaries workshop.

DISTRICT 03 (SANTA CRUZ) – MURIAS O'C.: We are working with District 02 & 19 for an assembly. More to come. The Web Committee is finalizing password protection for distribution of background materials. Agenda Topic Workshop date is March 9th.

DISTRICT 04 (SANTA CLARA NORTH) – JULIE N.: We had a rousing and informative talk from our area officer about PRAASA we also broke in to Sub-Districts to ponder the upcoming assembly. Unity day will happen in Santa Clara this year; we have a date and venue. Our Agenda Topics Workshop coming up in March, translation will be provided.

AREA COMMITTEE MEETING MINUTES FOR FEBRUARY 2019 (Cont.)

DISTRICT 40 (SANTA CLARA SOUTH) – MANUEL R.: We had a busy month. We had a new business presentation “that literature be developed for the LGBTQ Spanish speaking alcoholic who is potential remote community within our fellowship.” We are giving scholarships to attend PRAASA with up to \$100.00 each.

DISTRICT 05 (SAN MATEO) – MATT D.: Received request from Area Member to bring a meeting to a homebound man in our district. Central Office forward request to Sunshine Group.

DISTRICT 06 (SAN FRANCISCO) – JUSTIN H.: District 06 met for the second time at our new location. We have a record number of DCMs registered as we start the Panel with 12, which is up from only 3 registered last panel. We voted to grant a scholarship for PRAASA and report back to the District.

DISTRICT 07 (ALAMEDA NORTH) – VIVIAN K.: Looking forward to the Agenda Topics Workshop in March. The Comments & Comentarios mailing happens on every 2nd Sat.

DISTRICT 70 (ALAMEDA SOUTH) – NORA H.: Our Agenda Topics Workshop is coming up on March 10th. This event is being organized by the amazing Alternate DCMCs from D07 and 70.

DISTRICT 08 (CONTRA COSTA) – RICHARD W.: We passed a housekeeping motion to purchase 20 of the CPC workbooks for an upcoming PI/CPC workshop that will be held on March 30th. An ad-hoc committee formed to see if there are any facilities that may serve our needs better.

DISTRICT 09 (SOLANO SOUTH) – STEVE M.: We conducted our meeting and it’s my second time standing in as the DCMC for our District. We had low attendance but we are sure it will increase.

DISTRICT 90 (SOLANO NORTH) – TERRI M.: We had a productive business meeting in Feb. This is a matter we plan to address throughout this panel, with topic discussions, Unity Days, as well sharing the meeting level. Attraction will be the key. DCMs are busy with our Agenda Topics Unity Day.

DISTRICT 10 (MARIN) – GUSTY M.: We will have a group of District 10 officers and GSRs attending PRAASA next week. We passed a motion to create a subcommittee to bid on an Assembly this panel.

DISTRICT 11 (NAPA) – CHITRA S.: Our Visiting officer presented on “the importance of service sponsorship.” Housekeeping motion on incorporate spending for the creation and printing of an educational trifold on BTG.

DISTRICT 12 (SONOMA) – CLAUDIA N.: Our BTG Committee has been having conversations about getting into more facilities and has been invited back into the jail again. Our PI/CPC Committee has some new young members that are excited about carrying the message into schools and to professionals. Our Access Committee has started planning meetings for their next Mental Health in Sobriety Workshop for later this year.

DISTRICT 13 (LAKE) – SHERRIE R.: Planning stages are in full swing for this summer’s Sober Fest in June. I am delighted at the enthusiasm from our panel to attend and be part of the Pre-Conference Assembly and PRAASA.

DISTRICT 14 (MENDOCINO) – AMY M.: Some service positions remain unfilled. We elected a new BTG chair.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – JERRY C.: Many activities planned for March. Our website aahumboldtdelnorte.net will soon to be change to .org. Our new Alt DCMC will be going to PRAASA representing Dist 15.

DISTRICT 16 (SPANISH CENTRAL) – EMMA M.: We had our business meeting and we are ready to attend PRAASA with a full van of members. We discussed on how make our district’s business meetings more attractive to the GSRs.

DISTRICT 17 (SPANISH SOUTH) – FERNANDO R.: We keep visiting groups in Santa Clara and San Mateo. We are having our Agenda Topics Workshop on March 10th at the intergroup location.

AREA COMMITTEE MEETING MINUTES FOR FEBRUARY 2019 (Cont.)

DISTRICT 18 (SPANISH NORTH) – JOSE F.: We discussed the possibility of electing alternates for the steering committee members of our District. Agenda Topic Workshop March 11th.

DISTRICT 19 (SPANISH SOUTH SOUTH) – JULIO F.: We had a PI booth at the Vista Verde school in Greenfield. We visited district 02 and district 03 to make our self to available to host the 2020 post-conference assembly.

DISTRICT 20 (SPANISH EAST) – JOSE M.: Inter-district March 31st. We received basic pamphlets from GSO. We count 28 groups in our district.

Area Sub-Committees and Sharing Sessions

ARCHIVES – DENISE G.: We received our new shelving that was approved last month. After a discussion the committee decided to create a new position of a System Architect/Technology Specialist. We are working on two poster displays.

BRIDGING THE GAP – LARRY B.: It's been a busy month, 11 districts reported 28 presentations and received 81 requests. We received 11 letters from inmates. We worked with H&I chair from Siskiyou county. The first request via permanent email address on the CNCA Website was received.

FINANCE – DENNIS H.: Our committee discussed the resolution on the agenda. At the appropriate time we will provide input on the motions. If you have a housekeeping motion please contact me or our committee. Members of the finance committee who are liaisons have been reaching out their assigned committees. We had a brief discussion "what we hope to accomplish in panel 69." Items of concern: 1. online contributions; 2. update financial section on website; 3. Area self-support.

PI/CPC – JENNIFER B.: We talked briefly about the GS Conference Agenda topics under PI and CPC. Item under Public Information came out of the Panel 67 PI/CPC committee here in CNCA. (Item C4 about creating a PSA using full face actors) It's always fun to see the full process when an item from here makes it onto the agenda at the Conference.

WEBSITE – DREW B.: We are still learning on how to work internally and externally. We will con-

tinue to use a collaboration tool. We are working on the update of the website vs the group site. We are continuing the discussion on work with the press side. Two members will work on adding the motions book to identify webs.

INTERPRETATION AND TRANSLATION –

JAMES B.: We had 12 requests for document translation related to area business, 13 documents for the Agenda Topics Workshop which are in progress. We are looking for another person to translate at 10:00am at the ACM. We have two items of old business on the agenda looking forward to hear from you.

CNCA COMMENTS / COMENTARIOS– KELLY

H.: Ten people worked hard at the lick & stick in February. We hope to see more volunteers Saturday March 9th. We mailed 87 first class and 940 copies of the *Comments & Comentarios* February 11th. Web versions of both were posted February 6th.

NEWSLETTER AD HOC – RAY W.: We met this month and discussed the preparation of the final committee report. We expect to have it ready to present and distribute by the April ACM. I will also be presenting a housekeeping motion.

DCM SHARING SESSION – SARAH B.: We had a presentation about "Everything you need to know about being a District Committee Member (DCM)."

ACCESSIBILITIES – KELLI E.: We had a great discussion on wheel chair accessibility after a really great presentation and check list from GSO from their website.

LITERATURE/GRAPEVINE/LA VIÑA:– MAGDALENO O.: We had a fun sharing session with 15 different representatives, and two visit. We had a presentation on how submit subscriptions for the GV & LV. In March we going to talk about Agenda Topics related to GV & Literature.

H&I – KAREN B.: Our new inmate volunteer sponsorship service program is starting up at San Quentin. Volunteers cannot also take meetings into the institution, per California Department of Corrections regulations, so these outside sponsor are non-cleared volunteers.

NCCAA– ROBERT G.: Foster City conference

AREA COMMITTEE MEETING MINUTES FOR FEBRUARY 2019 (Cont.)

coming up March 8th,9th & 10.

LA VIÑA 23RD ANNIVERSARY – ABEL M.: We keep supporting LV Anniversary. We distributed 70 subscriptions. We visited several areas and different events.

HISPANIC WOMEN'S WORKSHOP – ELVIA P.: I had the privilege to serve as the treasurer. Event was held on December 01, 2018: budget was \$4570.00; actual was \$4995.45. Total contributions were \$9422.69; including carry over from 2017 \$967.37. All the Areas contributed \$4200.00. Districts from Area 06 \$1575.00; different groups from Area 06 \$835.05; including \$420.27, from 7th tradition at workshops; and contributions from individual A.A. members totaling \$1425.

Area Business

HOUSEKEEPING MOTIONS:

That CNCA replace the printer for the Area Treasurer at a cost not to exceed \$185. –Presented by Laura W., Treasurer.

Presentation: This printer has as been falling, parts are broken, a has problems printing when the checks are in the right place with is very important, its time to move to get something able also to scan too this is helpful to keep information more organized, I looked for something newer similar to we have.

No objections, this motion passed

That CNCA extend the duration of the Newsletter Ad Hoc committee formed in Panel 67 until April 2019, by which point the final report will be presented. – Presented by the Newsletter Ad Hoc committee

Presentation: We were form last panel, basically is continuing and seem for the continuation and better informing.

Q: can we get a little history? A: we were form last year in July last year, to look things like production the format design, the appropriate content, that the comentarios get translate it. Sometimes we met up to three times a month. We are getting lots of people involve in this process. We seen content from other areas and see what they do.

No objections, motions passed

ASSEMBLY BIDS:

Post-Conference Assembly 2020 – presented by Districts 02, 03, and 19

Presentation: We put an assembly in 2014 alone with District 40, the available date at the Santa Cruz Fairgrounds date is may 09 of 2020, same location from few years ago, a has enough capacity a has restrooms, recently upgrade bathrooms, the capacity is up to 1,600 for an assembly, a counts with a commercial kitchen.

Q: Why you did stamen with 300 people instead of 350 lit the forum recommends? A: the record on post-conference has a record of 382 the last assembly we host were 346 and the three districts co-hosting specially having district 19 and we hope the number will be around 400. Q: how this could relate to other bids in the past of post-conference assemblies? A: it's similar for what I seen.

Substantial unanimity in favor, 1 opposed 3 abstentions, bid approved

COFFEE BID:

Coffee for Panel 69 – presented by District 40

Presentation: District 40 is willing to serve making coffee for the monthly area meeting with the expense of 80 dls at month.

Substantial unanimity in favor Opposed 0 abstentions 0, coffee bid passed

NEWSLETTER BID:

Update to the *Comments* and *Comentarios* bids – presented by District 07 & 20

Presentation: I represent a very hard work not just from our I&T committee but also our Web committee and the volunteers that help with the lick and stick meeting. We showing the bid that we presented in December, we requested travel cause our *Comments* and *Comentarios* been printing for us at cost by the Santa Clara intergroup central office, and to travel from Oakland and Alameda to pick those up, goods new is that we have saved in the mailing using our bulk mail permit even with the postage going up again. We made three trips to San Jose in the last 2 months, about \$37 each trip & about 80 miles. Supplies in January were about 80 dls. We are base on past bids. Contact our

AREA COMMITTEE MEETING MINUTES FOR FEBRUARY 2019 (Cont.)

Newsletter chair for more details

Q: Can you remind us what the actually amendments from the previous bid is? A: In line item number 33, for the *Comments*, with miscellaneous supplies, staples and things that we don't need now, but something that we now need are envelopes to make it little more anonymous.

Newsletter Bids Passed

OLD BUSINESS:

That CNCA compensate the translators of those written materials as are specified in the I&T committee guidelines – A. At the rate of \$180 per month for the complete translation of the *Comments/Comentarios*; the agendas, minutes, and presentations of the area's standing committees, subcommittees, and sharing sessions; and the agendas for the Area Committee Meeting and CNCA Assemblies. B. At \$20 a page for all other written materials. – Presented by the Interpretation and Translation Committee

Discussion: We are in favor on both we believe labor its worth as is a higher, we need this material cause our language is Spanish and we are in favor of this, has a finance member we don't have a opinion on this but I have an observation to stay in the budget and how this will impact, the budget calls for 10,800 short this year that will live us at the end of the year at 3000 in our checking account if this, motion passed along with the other motions, this will make us go to out prudent reserve, a could be variation this is just budget it's a big expense, basically giving our budget as it is and everything goes as a predictive we will go to our prudent reserve, what we will be paying is about 180 dls a month more in translation and 20 dls an addition total of 3,000 dls at year. What happened in the past we had problems getting translation done by compensating this to our translators will help us get the documentation done faster. They are not even charging even 30% of the total cost, every year we have a motion to send money to GSO we have to pay our servant to be able to demand a little be more. There's thing I cannot be train to do something like translating, this is a special skill that deserve some kind of compensation. This kind of skill cant b passed on. We are not going to be able to

compensate this at the level to get out there and get a translator I think this is a danger area by setting a precedent for our future panels. I not only think this is inappropriate for the I&T committee, we been compensating out interpreters for 15 years. We need more time its new in the panel, we need to do more research. I understand that if we have volunteers doing this work it's the law to have some one always doing it. We have employees doing this at the GSO, the far as I can see it's a only job that a could be done by some members only, not something a could be done by anyone that likes to help. When we start preparing this motion took us about two years to do all the research, base in the contributions coming to area the number that we came out with was 5,320 per panel, that's not the price for compensation so we area changing for this service, we are not getting pay this is just a compensation, the price for professional with a contract will be around 20,000 per two panels. This is not a question of economics or money it's more about quality and fairness. Us as Hispanics we need the translation we have the fortune of been part of Area 06.

Discussion will continue next month.

That CNCA compensate the translators of the Agenda Topic Summaries, pursuant to the I&T committee guidelines, at the total annual rate of \$500. – Presented by the Interpretation and Translation Committee.

Discussion: My District supports this motion. Has a GSRs needs to have this in two languages its crucial communication having it available. I'm in favor in of having translation, the summaries started it because the background was not translated, so we needed it for the Delegate to be able to have the information for all the groups that need Spanish version of it, now we have the background translated so the purpose changed a little be just something to think about. We do pay fro interpretation in our assemblies. This is a bilingual state and we should have this compensate, if they require mileage lets give it to them. My District not even know what an agenda topic summaries are, can we continue discussing these next month.

Q: It's there any area that does this job and how they do it? A: They do compensate for this service, Arizona is one of them.

Discussion will continue next month.

**California Northern Coastal Area
STATEMENT OF FINANCIAL POSITION**

As of January 31, 2019

	<u>TOTAL</u>
ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	
Prudent Reserve - Savings	
Total Bank Accounts	
Other Current Assets	
Assembly Deposits	
Undeposited Funds	
Total Other Current Assets	
Total Current Assets	
TOTAL ASSETS	
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	
Prudent Reserve ~ Savings	
Net Revenue	
Total Equity	
TOTAL LIABILITIES AND EQUITY	

CNCA 2018 Budget vs. Actual Expenses through January 2019

California Northern Coastal Area
BUDGET VS. ACTUALS: 2019 BUDGET - FY19 P&L
 January 2019
 TOTAL

	ACTUAL	BUDGET	% OF BUDGET
Revenue			
002 Group Contributions			
003 District Contributions			
004 Assembly Contributions			
005 Tradition 7, Area Comm.			
006 H & I Archives Rent			
007 CNCA Subscriptions			
008 Personal/Misc Contributions			
010 Interest Income			
Total Revenue			
GROSS PROFIT			
Expenditures			
013 Delegate Expense			
038 Officer Expense			
093 Committee Expenses			
158 General Expenses			
Total 012 EXPENSE			
Total Expenditures			
NET OPERATING REVENUE			
NET REVENUE			

DATA UNAVAILABLE

AREA COMMITTEE MEETING MINUTES FOR FEBRUARY 2019 (Cont.)

NEW BUSINESS:

That CNCA creates a web form for the submission of group consciences to the Delegate. – Presented by Teddy B.-W., Delegate

Discussion: when we mailed our delegate we are not getting the process together in the room to be able to hear other opinions. This is on the spirit of getting maybe remote district members to participate at this spiritual at the assemblies we don't like to lost people participating at the assemblies. Last year when I was trying to get the multitude group conscience at the assembly I was showed a website with all the information organized, this will make this easier for future delegates. If we have a drop off menu were we can submit our group conscience, this is really excited and give more opportunity to share information to those that are difficult to attend assemblies, the more opportunities to share information the better we are as a Area. Standing at the mic hurts me but id did it cause a was important, don't think barer is helpful.

Discussion will continue next month.

That CNCA creates a web form to request the Delegate for events. – Presented by Teddy B.- W., Delegate.

Discussion: I live this idea makes sense. Adopting technology it's accessible and when I don't like it but its necessary ill adopt new ways. Was presented as a organic way was done and if it's not intentionally to substitute the all way.

Discussion will continue next month.

DISCUSSION TOPIC:

Status of and Possible Change to CNCA Structure

Discussion: One thing I learned when I was applying for the mailing of the *Comments* and *Comentarios*, the postal rule is you have to have the full legal name of the organization if you are using a non profit permit, and we had a long discussion since CNCA of AA can not use its full legal name due to our anonymity, and luckily this particular supervisor has brother in AA so he gave us a break. But if we are looking for any kind of corporate or structural change, can I please make the request to save potential future complications that we just add a line to our articles of incorporation to say we are also using

the dba name of CNCA?

Discussion will continue next month.

PARTING WORDS FROM PAST DELEGATE:

Doug G.: I'm about to be part of the Oshawa group next Saturday my old home group, we boarding in 48 hours and live the for the next 5 years, I came to my first GS meeting in panel 45 cause I was noise, meeting people from all the counties was great, members drive hours and hours to make sure that AA was going to be safe and growing and continue to be relevant, with enthusiasm so capable, cause lots of people were here before me we got to observe AA working, I served as a Delegate and at the international level, I serve at the board on literature committee and had the opportunity to see things been done. If you ever you come and visit please don't forget about me. Thank you for all the love you gave me for all your experience.

WHAT'S ON YOUR MIND:

EBYPAA is hosting an event in August, Please return the radios and if you are regular please bring you radio next month for translation were missing two radios today. March Lake County its celebrating group anniversary in march 02 with potluck. Play "I'm responsible" June 16 San Jose and June 29 in Delta. Thank you district 12 for the awesome agenda topic workshop. Go in the cnca06.org website old comments issues for more information on current area business.

Thank You for my Service,

Miguel H.

CNCA Panel 69 Recording Secretary

AREA COMMITTEE & ASSEMBLY MOTIONS

CNCA Motions – March 2019

Area Committee:

Assembly Bids:

Coffee Bids:

Housekeeping Motions:

- That CNCA fund travel for the BTG Committee's H&I Liaison to the H&I General Conference to be held in Vallejo on May 3-5, 2019 in the amount of \$206.—*presented by the Bridging the Gap Committee*

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

- That CNCA compensate the translators of those written materials as are specified in the I&T committee guidelines – A. At the rate of \$180 per month for the complete translation of the Comments/Comentarios; the agendas, minutes, and presentations of the area's standing committees, subcommittees, and sharing sessions; and the agendas for the Area Committee Meeting and CNCA Assemblies. B. At \$20 a page for all other written materials. – *presented by the Interpretation and Translation Committee*
- That CNCA compensate the translators of the Agenda Topic Summaries, pursuant to the I&T committee guidelines, at the total annual rate of \$500. – *presented by the Interpretation and Translation Committee*
- That CNCA create a web form for the submission of group consciences to the Delegate.
- That CNCA create a web form to request the Delegate for events.

New Business at Area Committee Meeting:

Discussion topics:

Status of and Possible Change to CNCA Structure

Area Assembly Motions:

Redistricting Requests:

Presentation of New Business at Area Assembly:

- That CNCA continue the work of the Accessibilities Sharing Session by creating an Accessibilities Sub-committee. The main purpose is to continue the sharing session and support accessibilities work at the district level. – *presented by the Accessibilities Sharing Session*
- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – *presented by District 07*

Old Business at Area Assembly:

- That literature be developed sharing experience, strength and hope on meditation. – *presented by District 90*
- That the Trustees' Literature Committee add to its agenda to consider publishing a Fifth Edition of the Big Book, Alcoholics Anonymous, with updated stories to more broadly reflect our current fellowship, as well as updates or additions to Appendices III and V. – *presented by District 40*

New Business at the Area Assembly:

That CNCA establish a standing committee on Technology.

**CALIFORNIA NORTHERN COASTAL
AREA 06 OF ALCOHOLICS
ANONYMOUS**

**PRE-CONFERENCE
ASSEMBLY 2019**

"Our Big Book – 80 Years, 71 Languages"

SATURDAY/SUNDAY APRIL 13 & 14, 2019

**Santa Rosa Veterans Memorial Building
1351 Maple Ave, Santa Rosa, CA 95404**

Saturday

8:15 - 9:15am Registration

9:15 - 9:30am Orientation

9:30am Business Meeting

12:00 – 1:00pm Lunch

1:00pm Remarks from the Delegate
Conference Process Review
Sharing on the Conference Theme

1:30pm Group Consciences

**Agenda
Treatment/Accessibilities
General Sharing on Remote Communities
Literature
Finance
Intl. Conventions/Regional Forums
Trustees**

5:00-5:30pm What's on your Mind?

Sunday

8:00-9:00am Registration

9:00am Group Consciences

**Grapevine
Public Information
Report and Charter
Corrections
Policy/Admissions
Cooperation with the Professional Community
Archives**

12:30-1pm What's on your Mind?

**(If extra time is needed to hear group
consciences, we will break for lunch
and return at 2pm to continue)**

**BRING YOUR FM RADIO FOR
SIMULTANEOUS INTERPRETATION**

Sharing Session Opened with the Serenity Prayer by Coree H., Chair, Translation by Juan. Thank you for your service!

Introductions made. Our meeting is open to everyone to learn and participation on the topic.

Presentation – EVERYTHING YOU NEED TO KNOW ABOUT BEING A DISTRICT COMMITTEE MEMBER (DCM)– PRESENTER LINDA T. DISTRICT 10

Having been a GSR prepares you to be a DCM because your primary role is to support GSRs and keep them informed. Suggestions: get a service sponsor; attend PRAASA, explain acronyms; attend Assemblies, DCM Sharing Session, and Area Committee meeting; visit the General Service Office; read your minutes, newsletters, and other communications (Comments/ Comentarios, Box 459); read your service manual and study the concepts; let GSRs know how to get in contact with you; email GSRs in subdistricts regularly; support GSRs in facilitating agenda topic sharing session; support GSRs taking inventory for their groups; visit meetings in the subdistrict (both homegroups and meetings that are not represented); visit other districts and areas; orient GSRs to a panel calendar. Resources: Your DCM pamphlet, D.C.M. Kit from General Service Office, and Agenda Topics Timeline.

Members Share

Chair called on members who raised their hands to ask questions and share for no more than one minute.

The chair reminded members that everyone has something valuable to share.

Q: Is the DCM kit is provided to DCMs by GSO? A: It may not be, but you can order it yourself

Discussion about the role of DCM for groups that don't have GSRs

Someone shared that people sometimes don't understand that General Service needs the group, not the other way around, but some groups are just not interested in General Service.

Someone shared concern about the burden for GSRs supporting multiple meetings and having many meetings that are not represented.

Someone shared about the power of one alcoholic talking to another within the context of DCMs connecting with GSRs (e.g., going to coffee)

Members shared about possible formats for subdistrict sharing sessions (e.g., inviting area officers, a private Facebook group, GSR workshop)

Discussion about addressing the myths about being a GSR// GSRs losing enthusiasm for role due to being intimidated about the responsibilities;

Q: What's the agenda/schedule for PRAASA? A: It's not currently available

Suggestions:

Make yourself available as a source of information and/or mail contact to unrepresented groups

Do things in pairs

Use web-based communication through Slack Outreach in meetings for your district's Agenda Topics workshop and communicate that it is open to all – not just GSRs

Encourage GSRs to talk to their groups about asking for support to attend Assemblies

Attend PRAASA à Someone shared experience of attending PRAASA vastly changing their experience of service and recovery

Obtain GSR materials from PRAASA

Discussion of possible topics for next month: Agenda topics// Myth-busting and importance of involvement in assemblies// how to narrow down agenda topics // preparing GSRs to go to the mic at pre-conference assembly

Next Month's Topic – Preparing GSRs for Agenda Topics and the Pre-Conference Assembly – Presenter Cindi. W., District 12

What's on Your Mind

Someone shared that myth-busting starts with making general service attractive through our behavior and enthusiasm

Maps of districts can be helpful for understanding the geographics of one's subdistrict

Registrar can be a great resource for contacting GSRs in the subdistricts

Someone was curious about a means of communicating with others at the Area level in a way similar to Slack Someone shared about using a meeting guide to conduct outreach and take inventory of group representation

Someone shared about concerns about Facebook abusing user data and to be careful

Please bring radios. We need everyone to have an opportunity to share. Thank you, Juan, for interpreting.

Meeting adjourned at 10:50 AM with the Responsibility Statement.

Respectfully submitted,
Sarah B.

CNCA CALENDAR - PANEL 69

2019—Panel 69

March	23—Area Committee Meeting
April	13—14—Pre Conference Assembly , Veteran’s Memorial Building, Santa Rosa, hosted by District 12
May	27—Area Committee Meeting 19—25 General Service Conference, NY
June	25—Area Committee Meeting 15—Post Conference Assembly , Ulatis Community Center, Vacaville, hosted by District 90
July	22—Area Committee Meeting
August	27—Area Committee Meeting 10—Summer Assembly, tbd
September	24—Area Committee Meeting
October	28—Area Committee Meeting
November	26—Area Committee Meeting 2—Inventory Assembly , St. Mary’s Cathedral, San Francisco, hosted by District 06
December	23—Area Committee Meeting 21—Area Committee Meeting (Note: 3rd Saturday)

2020—Panel 69

January	tbd—Area Committee Meeting (Likely 3 rd Saturday)
February	22—Area Committee Meeting
March	6-8—PRAASA (Area 3, Arizona)
April	28—Area Committee Meeting 4-5—Pre Conference Assembly, tbd 19-25, General Service Conference, NY
May	25—Area Committee Meeting 9—Post Conference Assembly , Watsonville (Districts 2,3 & 19)
June	23—Area Committee Meeting
July	27—Area Committee Meeting 2-5—International Convention , COBO Center, Detroit, MI
August	25—Area Committee Meeting 8—Summer Assembly, tbd 21-23, Pacific Regional Forum , Las Vegas, NV
September	22—Area Committee Meeting (Note: possible date change)
October	26—Area Committee Meeting
November	24—Area Committee Meeting 14—Election Assembly, tbd
December	28—Area Committee Meeting 19—Area Committee Meeting (Note: 3rd Saturday)

PANEL 69 ASSEMBLY DATES

2019 Pre-Conference Assembly

April 13-14, Santa Rosa Veterans Building, Santa Rosa (Hosted by District 12)

2019 Post-Conference Assembly

June 15, Ulatis Community Center, Vacaville (Hosted by District 90)

2019 Summer Assembly

August 10

2019 Fall Inventory Assembly

November 2, St. Mary’s Cathedral, San Francisco (Hosted by District 06)

2020 Pre-Conference Assembly

April 4-5

2020 Post-Conference Assembly

May 9, Santa Cruz Event Center (Fairgrounds), Watsonville (Hosted by Districts 2,3 & 19)

2020 Summer Assembly

August 8

2020 Fall Election Assembly

November 14

If your District is considering making a bid for a Panel 69 Assembly, please contact the Assembly Coordinator Coree H. at assemblycoordinator.p69@cnca06.org.

CNCA Comments & Comentarios de ACNC Subscription Information

CNCA Comments/Comentarios

Subscription Request form: For a one-year subscription, send a \$6.00 check or money order payable to CNCA, with this form to:

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PO Box 884222
San Francisco, CA 94188-4222

Name: _____

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CNCA Comments **Comentarios de ACNC**

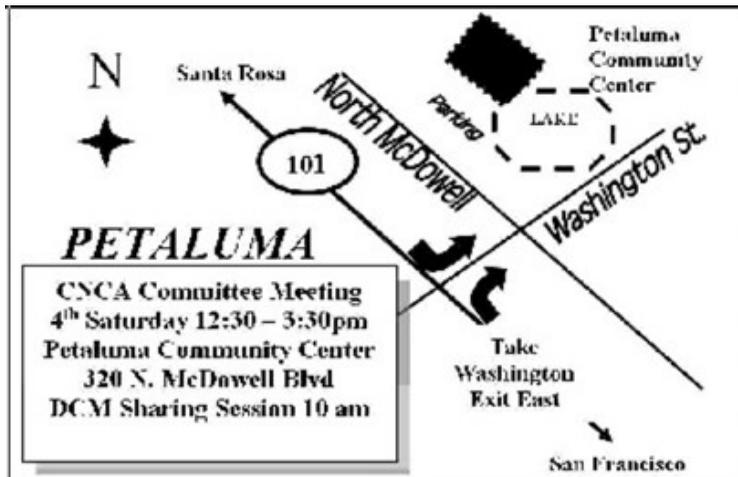
(please mark one)

If you are not receiving your copy of the Comments/ Comentarios or have questions about your subscription, please contact your District Registrar. Registered GSRs and DCMs receive a complimentary copy.

CNCA Comments Advisor
Eric L.

Comentarios de ACNC Advisor
Miguel H.

CNCA Comments/ Comentarios de ACNC Editor
Kelly H.



BRING YOUR FM RADIO TO AREA ASSEMBLIES AND AREA COMMITTEE MEETINGS FOR SIMULTANEOUS INTERPRETATION AND ASSISTED LISTENING

Panel 69 Area Officers & Area Meeting Information

Delegate

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delegate.p69@cnc06.org

Alternate Delegate

Jennifer B.
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Chair

Eric L.
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Treasurer

Laura W.
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Erica G.
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Recording Secretary

Miguel H.
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Assembly Coordinator

Coree H.
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Magdaleno O.
Grapevinelavina.p69@cnc06.org

Pacific Regional Trustee

Kathi F.
prtrustee@centurylink.net

General Service Office

P.O. Box 459
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New York, NY 10163
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CNCA

P.O. Box 884222
San Francisco, CA 94188-4222
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Northern California H&I Committee

P.O. Box 192490
San Francisco, CA 94119-2490
(Contributions)
www.handinorcal.org

CNCA Standing Committees & Sharing Sessions

are the 4th Saturday every month (3rd Saturdays in December, and often January)
Committees and Sharing Sessions meet in the mornings,
the Area Business Meeting is held from 12:30—3:30 pm.

Archives committee meets at 11:00 am. For information contact Denise G. at archiveschair.p69@cnc06.org. The Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597. Archives workday is at 193 Mayhew Way.

Bridging the Gap committee meets at 11:00 am. For information contact Larry B. at btgchair.p69@cnc06.org. The BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets at 11:00 am. For information contact Jennifer B. at altdelegate.p69@cnc06.org.

Interpretation & Translation committee meets at 11:00 am. For information contact James B. at translation.p69@cnc06.org.

Web committee meets at 11:00 am. For information contact Drew B. at webchair.p69@cnc06.org.

DCMs' & DCMCs' sharing sessions meet at 10:00 am.

Literature/Grapevine/La Vina sharing session meets at 10:00 am. www.aagrapevine.org

Accessibilities sharing session meets at 10:00 am; for information contact access@cnc06.org.

**BRING YOUR FM RADIO FOR SIMULTANEOUS SPANISH/ENGLISH INTERPRETATION
AND ASSISTED LISTENING**