



CNCA COMMENTS



A.A. Confidential—April 2019
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview: April 2019

By the time you receive this, we will have already experienced our first Pre-Conference Assembly of Panel 69 together. But I am writing this in late March, before the Assembly happened, so I can't predict what actually happened. But I am pretty sure that my mind will have changed a hundred different times as people shared at the microphones on a variety of Agenda Topics. The depth and breadth of sharing at the microphones is one of the things that kept me coming back into General Service.

I am so appreciative of the passion that people have to keep the AA message alive, accessible, and consistent – and our work in General Service is a small part of helping people find the rooms in which recovery is made possible. Everything we do here is aimed at helping facilitate a life-saving message that we each were given. So thank you for your participation in this process.

Meanwhile, at the Area Committee Meeting (ACM)...

We have spent the past few months discussing a number of motions, and this past month, we ended up voting on and approving seven different things. It was one of the most productive and exciting business meetings I've facilitated (to be fair, though, I have only facilitated three). We also got a lot of practice voting, heard our first minority opinion of the new panel, and ended up feeling pretty united (several proposals passed with no one opposed).

The motions we passed at the ACM included three housekeeping motions: to fund travel for a member of the Bridging the Gap committee to attend the H&I General Conference; to purchase containers to store our literature; and to fund booth rental at a state-wide conference of Marriage and Family Therapists.

We also approved a bid for the 2019 Summer Assembly, which will be held in Petaluma in September – instead of August, as previously expected. With this bid now in place, only three bids remain in 2020.

And after several months of discussion, we approved two motions to compensate translators of our written materials (who often spend many hours each month translating documents like the one you are reading now, our agendas, and our minutes, as well as the Agenda Topic Summaries each year). We also approved a motion to create a form on the CNCA website to request the Delegate for events.

Just one piece of old business remains on the docket, creating a form to allow people to submit group consciences to the Delegate electronically. And we continue discussion of potential changes to the structure of CNCA. It is very likely that additional motions will be introduced in the coming months, giving us much more to discuss as we strive to make AA the inclusive, welcoming place it can be.

Thank you for your service,
Eric L.
CNCA Chair Panel 69

Please ensure that your seats are in the upright position as we taxi towards the Pre-Conference Assembly in Santa Rosa!

I'm looking forward to hearing what you have to tell me about the thoughts, feelings, attitudes, and ideas of your groups towards the various Agenda Topics.

I made a decision at the beginning of the Panel that I would do my best to avoid forming any opinions of my own on the Agenda Topics. Why? Because I wanted to adhere to that most precious quality we share in sobriety, open-mindedness--a quality as vital an ingredient to my recovery today as it was when I arrived in the rooms of A.A. I owe it to all of you and the service you have poured into this effort to have my ears and my heart open on April 13 and 14 so that you can fill it. This is why I am so excited.

But it doesn't stop there. We still have time after April 14 for you to let me know how your groups feel. If you are unable to attend the Pre-Conference Assembly or have your proxy attend and deliver your group's conscience, you can email it to me at delegate.p69@cnca06.org, right up until Mother's Day, May 12. While the purpose of our Pre-Conference Assembly is to inform the Delegate, our Area is enriched when we share our perspectives and so, I will find a way to share the new things I hear via email with the rest of the Area.

Although it will be hard, my plan is to nurture my open-mindedness still further, through the Conference and until such time as I must vote my conscience, for the good of A.A. as a whole.

It's tempting to think that might be the end of the process, but it's really just another lay-over of A.A. Airways Flight 0062 that started in 1935. I am enjoying the start of my two-year stint as a flight attendant and if there's anything I can do to make your Panel 69 flight more enjoyable, please use the call button above your seat.

Fasten your seat belts for take-off!

Teddy B.-W.
CNCA06 Panel 69 Delegate

Looking for Something?

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AREA COMMITTEE MEETING MINUTES FOR MARCH 2019

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES FOR MARCH 2019

The monthly committee meeting of CNCA was held March 23, 2019 at the Petaluma Community Center. Eric L. opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Elliot M. (District 10). Wayne M. (District 13) read Tradition 3. Francine B. (District 40) read Concept 3. There were 6 past Delegates present: Joann L., (Panel 67) Ken M. (Panel 61) Woody R. (Panel 50 Area 07), Dianne O. (Panel 35), Bob D. (Panel 36 Area 28), David N. (Panel 59), David N. currently serves as a General Service Trustee. Six new GSRs present and one new DCM present. The February 2019 minutes and financial report were accepted as printed in the *CNCA Comments*: Birthdays:160 years; Registered attendance: Voting (68) / Non-voting (43)

Officer Reports

DELEGATE – TEDDY B.-W.: 2020 International Convention in Detroit coming up in July 2-5, Convention registration forms will be mailed to GSRs late August. Registration will be \$115, \$140 after April 14. I'd like to thank everyone who showed up to the NCCAA Conference in Foster City. The AA Grapevine is looking for stories by AA members who deal with Accessibilities issues. The deadline is April 15, 2019 and stories can range in length from 400 words to 1800 words. It's time to schedule you delegate report, if you want one at your district. Openings for non-trustee director on the GSB.

ALTERNATE DELEGATE – JENNIFER B.: I met with the other alternate delegates from the Pacific Region at PRAASA for lunch as well as our roundtables. A number of areas now do their own version of the summaries and/or have methods for paper or online balloting on the agenda topics, and we shared our various resources. We are looking for more Spanish speaking women who are available to be liaisons to the 4th Hispanic Women's Workshop. Openings for non-trustee director on the GSB. Thank you.

CHAIR – ERIC L.: The Pre-Conference Assembly is nearly here. On Saturday morning, we will hold our first business meeting of the new panel, and we will very likely table discussion on the Fifth Edition motion until after we see what happens at the Conference.

TREASURER – LAURA W.: Reviewed the treasurer's report from last month; hard copies were distributed.

REGISTRAR – ERICA G. (SUBMITTED ELECTRONICALLY): It is really weird not to be there with you guys. I don't have any big news to report. I have been actively registering people both with our Area and GSO. If anyone has any issues or questions, I'd love to hear from you.

RECORDING SECRETARY – MIGUEL H.: I attended PRAASA and it was a great experience. I shared with other recording secretaries on how they do their job and what's effective for other areas, they thank Area 06 for the summaries and how beneficial this is for them. Thank you so much for all the corrections we keep moving forward with improving your comments and Comentarios.

ASSEMBLY COORDINATOR – COREE H.: I'm really excited for the Pre-Conference Assembly coming up next month in Santa Rosa. I'm also excited for the Post Conference Assembly coming up in June, hosted in District 90. Currently, the pre-conference, summer, and election assemblies are available. If you're interested in an opportunity for the spiritual experience of hosting an assembly, please get in touch with me. Thank you for allowing me to be of service.

LITERATURE/GRAPEVINE/LA VIÑA – MAGDALENA O.: A new book *Our Great Responsibility: A selection of Bill W.'s General Service Conference Talks, 1951-1970*, is scheduled for publication in early May 2019. GV April issue special section is "Relapsing". In 2018 LV received a total of 443 manuscripts by mail. For the Nov-Dec La Viña issue GV is requesting stories on "Our sobriety during the holydays" deadline is June 18 2019.

District Reports

DISTRICT 01 (MONTEREY) – SUSAN G.: We shared our experience at PRAASA. We join with the Salinas Fellowship to celebrate the founding of Alcoholics Anonymous on June 9th. Intergroup will kickoff tickets for the annual Hawaii raffle. Thank you to our visiting area officer for the CNCA 06 overview presentation. We continue to work with Agenda Topics, thank you.

DISTRICT 02 (SALINAS/SAN BENITO) – BRIAN MCG.: We distributed and discussed agenda topics summaries and worked on collecting a group con-

AREA COMMITTEE MEETING MINUTES FOR MARCH 2019 (Cont.)

science; district treasurer resigned; we attended District 03 Agenda Topics Workshop. Many thanks to our visiting Area Officer

DISTRICT 03 (SANTA CRUZ) – MURIAS O'C.: Bad news first: our BTG chair had to step down. We do feel confident that there will be a replacement next month. Two DCM positions were filled. PI/CPC Chair is doing great work. Agenda Topics workshop was a success. 50 'thinking of you' cards circulated at meetings within Santa Cruz and being sent to the Chico InterGroup. We pray that this may bring smiles after all the fires.

DISTRICT 04 (SANTA CLARA NORTH) – JULIE N.: Thank you everyone I never thank lol, we had 5 new GSRs, Agenda Topics we explored the difference between a group conscience vs an informed group conscience. I have noticed on slack, our district's way of communication, that several GSRs are reaching out to each other. We looking forward for the Pre-Conference Assembly. Thank you.

DISTRICT 40 (SANTA CLARA SOUTH) – MANUEL R.: We attended PRAASA and brought back about 10 reports to our District. Great success about 60 members attended our Agenda Topics Workshop. We are ready for the Pre-Conference Assembly. Thank you.

DISTRICT 05 (SAN MATEO) – MATT D.: District focused on Agenda Topics and Pre-Conference Assembly

DISTRICT 06 (SAN FRANCISCO) – JUSTIN H.: We are seeing a lot of involvement by GSRs at the District. We are aiming for more participation as we share about getting into the GS structure. Went over what it means meant to be the link to AA as a whole, and also a presentation on what our delegate needs to know. We encourage members to participate in discussion. We had a successful Agenda Topics workshop. We collected a group conscience 5th edition of the Big Book.

DISTRICT 07 (ALAMEDA NORTH) – VIVIAN K.: We had a great success at the Agenda Topics Workshop thank you to our Alt DCMCs from districts 07 & 70 for helping GSRs. We starting friendly visits to our meetings bringing conference reports. The next comments Comentarios mailing will be on April 6th come and join us.

DISTRICT 70 (ALAMEDA SOUTH) – NORA H.: I attended PRAASA with two other ladies. Agenda

Topics Workshop with along with District 07 was amazing. Thank you to the visiting Area Officer for attending our district meeting. We are excited for the Pre-Conference Assembly. Thank you

DISTRICT 08 (CONTRA COSTA) – RICHARD W.: We are in the preparation for the Pre-Conference Assembly collecting group conscience. There will be planning workshop for PI/CPC March 30th. In our meeting in April we will have tips on microphone use for preparation and practice of our GSRs before the Pre-Conference Assembly; you are all welcome.

DISTRICT 09 (SOLANO SOUTH) – STEVE M.: I got elected the new DCMC. We're getting our central office to print an article on the open positions at the District. I visited Districts 70-07 Agenda Topics workshop. Thank you

DISTRICT 90 (SOLANO NORTH) – TERRI M.: DCMs hosting sharing sessions with GSRs, great turnout in our Agenda Topics Workshop, about 100 attendance. We are ready for Pre-Conference Assembly and we are preparing for the Post-Conference Assembly making the Dinner flyer available.

DISTRICT 10 (MARIN) – GUSTY M.: We had 23 members attending PRAASA. Thank you to our Visiting Area Officer for conducting Business sharing session on one area business item. Members from our District are working with District 18 to present a summer assembly bid. We are implementing time limits on reports in our District meeting and encouraging everyone to submit they're reports at day prior our meeting.

DISTRICT 11 (NAPA) – CHITRA S.: Our District meeting was at the same weekend of PRAASA and half of our members had the opportunity to attend. BTG is reviving a program that has been dark since last panel. Our GSRs are bee participating and attending workshops and conducting sharing sessions; we are excited to attend Pre-Conference Assembly and meet people. Thank you

DISTRICT 12 (SONOMA) – CLAUDIA N.: Our District meeting was the day after PRAASA full of enthusiasm. We got to hear some report backs from our scholarship winners. Thanks to our Area Officer who shared on the topic of An **Informed** Group Conscience. Our planning committee continues to work to provide the Area with a great Pre-

AREA COMMITTEE MEETING MINUTES FOR MARCH 2019 (Cont.)

Conference Assembly, Past Delegate Joann L will speak at the dinner speaker. Translation will be provided! Thank you

DISTRICT 13 (LAKE) – SHERRIE R.: We extremely grateful for our visiting officer who made an informative presentation regarding “What the Delegate needs to hear”. Our H & I committee has another Jail Orientation day scheduled for April 11th. Our annual Soberfest registration is open and flyers are on the table. Finally, our District is starting to investigate doing an Assembly bid for 2020. Humbled to be of service!

DISTRICT 14 (MENDOCINO) – AMY M.: We had 6 members attending PRAASA. MENDYPAAA is planning a strong showing at ACYPAA. As part of an out reach project, we been developing a package with material from GSO to inform groups in English and Spanish; we have 35 groups in Mendocino county. We are working with agenda topics and we are very excited to attend the Pre-Conference Assembly.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – TIMOTHY G.: Our Alt-DCMC attended PRAASA. Our Web & Directories chair has update redesign our site. We have a new district treasurer, our PI /CPC chair stepped down, we have an open DCM position, and we are working to make our registrations current and accurate.

DISTRICT 16 (SPANISH CENTRAL) – EMMA M.: We started visiting groups with our GSRs. We having local Agenda Topics workshop and we are working on collecting group consciences and bringing them to our Delegate at the Pre-Conference Assembly. Thank you to our Visiting Area Officer for sharing on “the possible changes in CNCA”.

DISTRICT 17 (SPANISH SOUTH) – FERNANDO R.: We are happy for attending PRAASA. We are working with our groups and the agenda topics process collecting group consciences. We have a new group and it has a GSR. We are ready for the Inter-district with district 18.

DISTRICT 18 (SPANISH NORTH) – JOSE F.: We had about 17 members attended PRAASA. We're supporting our groups with the agenda topics. We are having good unity with district 10 to make a bid for the 2019 summer assembly. We informing the GSRs the existence and function of the sub-districts. Hoping to see you all at the Inter-district on March 31st.

DISTRICT 19 (SPANISH SOUTH SOUTH) – JULIO F.: We had 5 members attending PRAASA. Thank you to our Visiting Area Officer for presenting on “how to work with the agenda topics summaries”, and David N. for presenting on the “Bylaws and their function”, we are helping groups to collect group consciences after attending District 04 & 40 Agenda Topics Workshop.

DISTRICT 20 (SPANISH EAST) – JOSE M.: All our committees are working hard, we had an agenda topics workshop with a presentation from one Past Delegate, and we had 14 members attending PRAASA with happiness as a result. We participated on the lick and stick for our newsletters.

Area Sub-Committees and Sharing Sessions

ARCHIVES – DENISE G.: Full house today at our committee meeting, we held our workday on 03/16 and was well attended; we installed the new shelving and organization of many boxes of materials. It was our quarterly training and we enjoined a presentation by archives past chair. We're pleased that we filled our two remaining positions for alternate archivist and historian. We passed a motion to add the position of the digital system administrator to our committee.

BRIDGING THE GAP – LARRY B.: This month our districts reported making 24 presentations resulting on 84 requests. Today we shared background information on p.49 about the agenda topic the BTG pamphlet. In addition two of our committee officers will be reviewing the treatment committee kit and reporting back next month. We will continue discussion on these topics next month.

FINANCE – DENNIS H.: We have about 19,000 in our checking account. This figure includes 6,900 in uncleared checks, leaving us with 12,300 in our account. Adjusting our prudent reserve was discussed. Working with Web Committee to allow online contributions and other updates to bring our website up to date. Finally members of the finance committee will be visiting the Area Committees next month (April). Thank you

PI/CPC – JENNIFER B.: We had a wonderful

AREA COMMITTEE MEETING MINUTES FOR MARCH 2019 (Cont.)

roundtable discussion about the composition and structure of our different district and intergroup committees. GSO has asked us to staff a presence at the American Psychiatric Association Conference in San Francisco in May. The PI/CPC committee in District 06 has graciously agreed to take the lead and I look forward to participating along with other volunteers.

WEBSITE – DREW B.: I went to PRAASA and I was disappointed that there were no round tables for web committees. Our committee is moving forward on the updating the current web work press. Including buttons related to finance. Currently not really easy to use so in the next 6 months you'll see changes and improvements. Security has been an issue – like, area officers are getting messages from Russia lol - that it's getting in the way of AA lol, stop and see us at the Pre-Conference Assembly web table.

INTERPRETATION AND TRANSLATION – JAMES B.: We translated the Agenda Topics Summaries; reimbursed \$60 to our interpreters. Please bring you FM radios to all the assemblies. Please speak clearly and slowly at the mic. Thank you.

CNCA COMMENTS / COMENTARIOS– KELLY H.: 8 people worked hard on the lick and stick March 09 all volunteers are welcome. We emailed 97 hard copies of first class and 924 bulk copies of the *Comments* and *Comentarios*. Both versions were posted on March 21st. Thanks to our I & T and Web Committees. Thank you.

NEWSLETTER Ad Hoc – RAY W.: We are patiently working on our final draft of the report in Spanish and English. We have been meeting since July 2018. We hope to present the final report in April.

DCM SHARING SESSION – SARAH B.: We had several presentations on preparing GSRs on agenda topics, collecting group conscience. Vital Activities, Responsibilities of District committee members; discussed sharing with GSRs about going to the microphone at the Pre-Conference Assembly. Attendees shared their experience on challenges and successes related to Agenda topics. In April we will have a presentation and discussion about “engaging groups that don't have GSRs”

ACCESSIBILITIES – JENNIFER K.: We filled our committees. We are planning to participate in a workshop at the Summer Assembly. Since our Delegate

is in the Accessibility Committee for the GSC we are planning a sharing session on remote communities topic. Please remember GV requested stories for accessibilities dead line April 15th.

LITERATURE/GRAPEVINE/LA VIÑA –MAGDALENO O.: We had a wonderful Sharing session, we discussed two different agenda topics and we will bring these to the Pre-Conference Assembly. About 14 members attendance half Spanish speakers and half English speakers.

H&I – KAREN B.: Our next general service will be June 09; we will be electing a new General chair. In there was a misprint in my report; said last years contributions came in at 10% over budget enabling us to purchase about \$40,000 more literature than we projected. Thank you for your contributions to H&I.

H&I CONFERENCE– CINDY L.: 46 annual Conference in Vallejo in Solano County Fairgrounds. None of the funds are used for the conference. Rogelio past trustee will be one of the speakers. We're having a comedy show. We're having a GS table there.

YPAA: KRYSTAL M.: SOCYPAA March 23rd - hosting a dance. EBYPAA April 20th - Casino night meeting at 7:00pm. EBYPAA July 12th - Yuba camping trip Putah Creek. Norcal Bid getting together a bid for ICYPAA.

LA VIÑA 23RD ANNIVERSARY – ABEL M.: On April 26 the hosting Committee will have a Workshop in San Jose at 222 Keyes St, San Jose 95112. We are available to go anywhere and help put together a workshop.

Housekeeping Motions:

“That CNCA fund travel for the BTG Committee's H&I Liaison to the H&I General Conference to be held in Vallejo on May 3-5, 2019 in the amount of \$206”. – *Presented by the Bridging the Gap committee*. Motion Passes

“That CNCA purchase containers to store literature at a cost not to exceed \$250”. –*Presented by Magdaleno O., Literature/Grapevine/La Viña Chair* What we have for our literature its not in good condition, we need new containers. Motion Passes

“That CNCA fund a booth rental at the California Association of Marriage and Family Therapists conference in Burlingame, April 25-26, 2019 in the

AREA COMMITTEE MEETING MINUTES FOR MARCH 2019 (Cont.)

amount of \$850". – *Presented by the PI/CPC committee* This would be a new avenue of Cooperation with the Professional Community. Though this conference would be new to us, it is not new—this is the 55th annual. CAMFT has over 32,000 members, and maybe 600-1000 attend the conferences each year to network and obtain required continuing education credits. Professionals in attendance could include marriage and family therapists, psychologists, clinical social workers, professional clinical counselors, or people working towards their licenses in those areas, and nurses working in mental health. The District 06 PI/CPC committee and others are available to help and GSO can get us literature in time. Q&A Q: Guesstimate on our share of conferences this year? A: No more than \$500; in 2018 it was \$225; in 2017 it was \$600-925 - some to help out other areas. This one, \$850 gets us a 6' table with skirt, 2 chairs, wastebasket and 3 badges. Q: \$850 just for the both rental? A: yes, we have permission to distribute literature. GSO will send everything we need. Motion passes

Assembly Bids:

Summer Assembly (September 2019) – presented by Districts 10 and 18

District 10 has not hosted an assembly since 2016, Trash 350, food 1750, coffee 100, decorations 100, deposit 250, total 5302.50 September 14, 2019. 400 people seated. One abstention, Assembly Bid approved

Old Business:

"That CNCA compensate the translators of those written materials as are specified in the I&T committee guidelines – A. At the rate of \$180 per month for the complete translation of the Comments/Comentarios; the agendas, minutes, and presentations of the area's standing committees, subcommittees, and sharing sessions; and the agendas for the Area Committee Meeting and CNCA Assemblies. B. At \$20 a page for all other written materials". – *Presented by the Interpretation and Translation Committee*

Group Conscience: District is in favor many believe that's still too low but using AA members protecting

the anonymity by using AA members is convenient. Personal Opinions: I want to make reference a comment from last month, we are already compensating interpreters as independent contractors / just like to mention that the interpreters are compensated and we can make it official / We talked about paying our translators; we would like to see this to continue and this motion should pass / Started as a service and its turning has a job / I feel fear like lots other members running out of money / I feel I heard lots of fear at the last area meeting but this is too important; this will help keeping participation from Spanish speaking members. Substantial unanimity Passes

"That CNCA compensate the translators of the Agenda Topic Summaries, pursuant to the I&T committee guidelines, at the total annual rate of \$500". – *Presented by the Interpretation and Translation Committee* Group Conscience: Substantial unanimity passes

"That CNCA creates a web form for the submission of group consciences to the Delegate". – *Presented by Teddy B.-W., Delegate*

Personal Opinions: is there going to be some way to registrar with GSO? What if a conscience is submitted but it isn't from a real group? / If this will help the delegate we should do it; and everything is changing, if we support this change, the we are supporting our delegate; this in addition to other existing methods. / this was created last year; in the hard copy; we can use this and we will work with web committee to create a web version of it. // Would it be able to be download in a spread sheet to be able to circulate that for DCMCs have access to it? // Q: We are not replacing the current methods right? A: correct. Similar to at the assembly using the time we will have folders to drop off the document. // Q: I had a concern we will have more individual and not group opinions. How can we control that?// Personal opinion: we can lose participation by having this method.// I think same way having web method we can try it and see how helpful and see how it work to benefit the fellowship, then if it works keep. // We have forms to submit and throw in box if I'm not able to attend. Discussion will continue next month

CNCA 2018 Budget vs. Actual Expenses through February 2019

California Northern Coastal Area
BUDGET VS. ACTUALS: 2019 BUDGET - FY19 P&L
 February 2019

	ACTUAL	BUDGET	OVER BUDGET	% OF BUDGET
Revenue				
002 Group Contributions	14,308.71	4,825.00	9,483.71	296.55 %
003 District Contributions	25.00	1,166.67	-1,141.67	2.14 %
004 Assembly Contributions		0.00	0.00	
005 Tradition 7, Area Comm.	252.50	265.00	-12.50	95.28 %
006 H & I Archives Rent		0.00	0.00	
007 CNCA Subscriptions		12.00	-12.00	
008 Personal/Misc Contributions		100.00	-100.00	
010 Interest Income		0.42	-0.42	
Total Revenue	\$14,586.21	\$6,369.09	\$8,217.12	229.02 %
GROSS PROFIT	\$14,586.21	\$6,369.09	\$8,217.12	229.02 %
Expenditures				
012 EXPENSE				
013 Delegate Expense	286.46	433.33	-146.87	66.11 %
038 Officer Expense	2,769.99	2,386.68	383.31	116.06 %
093 Committee Expenses	756.05	3,041.20	-2,285.15	24.86 %
158 General Expenses	2,317.44	1,372.00	945.44	168.91 %
Total 012 EXPENSE	6,129.94	7,233.21	-1,103.27	84.75 %
Total Expenditures	\$6,129.94	\$7,233.21	-\$ 1,103.27	84.75 %
NET OPERATING REVENUE	\$8,456.27	-\$ 864.12	\$9,320.39	-978.60 %
NET REVENUE	\$8,456.27	-\$ 864.12	\$9,320.39	-978.60 %

Balance Sheet February 2019

California Northern Coastal Area
STATEMENT OF FINANCIAL POSITION
As of February 28, 2019

TOTAL ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	14,331.53
Prudent Reserve - Savings	11,140.00
Total Bank Accounts	\$25,471.53
Other Current Assets	\$15,564.72
Total Current Assets	\$41,036.25
TOTAL ASSETS	\$41,036.25
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	14,470.69
Prudent Reserve ~ Savings	11,140.00
Net Revenue	15,425.56
Total Equity	\$41,036.25
TOTAL LIABILITIES AND EQUITY	\$41,036.25

AREA COMMITTEE MEETING MINUTES FOR MARCH 2019 (Cont.)

“That CNCA creates a web form to request the Delegate for events”. – *Presented by Teddy B.- W., Delegate*

Personal: I like online booking and see when some one is available and will help our delegate. With all ways to communicate and how keep everyone connected could be efficient but not helpful for unity, links to be connected are better in GS. // Fully support this; helps our delegate to take things to places and be well inform. // Minority opinion: thought the calendar idea will be very helpful specially planning in advance, but we are introducing just another way get to him and not all delegates get to have that many avenues you can email him and even when you do that you present a form seems complicated. Simple majority 3 opposed. Motion Passes by Simple majority

Discussion Topic:

Status of and Possible Change to CNCA Structure

Do we need a change in the Area structure and we have a template on how was before and how is it now? / Thinking in changing the structure of the area, could be very tedious, motion will going to assembly and do lots of work to figure what kind of a motion we like it to have, and relays that we have 8 area officers, relays in the areas has an entity I believe the correct one was that we find out was the California Public Benefit Corporation it's important if anything happens, it shouldn't be the people that are investing a lot of their time and leadership to our area who are the ones who get caught up in some scenario. You are welcome you to refer to the motions book for more history. Keep talking next month

What's On Your Mind?

FM radios please return them we missing 3 devices.// I was GSR we talked about safety, someone shared they had been date raped by another sober member of AA; and another person got raped by the same member; safety is an issue I heard one of these women share on the topic and it was very powerful; wanted to report a GSR shared on that literature item A / I like to expressed my excitement

for approving our summer assembly bid and you all invited to the Interdistrital / Assemblies bring your FM radios a all times / We like to invite you to our Unity and Service Conference in concord July 19th - 21st / NCCAA didn't know about accessibilities committee we should share those topics with central offices is very interesting / Santa Cruz group having 22 anniversary with Francisco A. as a Speaker April 07. 1:00pm-6:00pm. / I had the privilege to moderate roundtable at PRAASA we share lots of information went great I like to ask to send me the minutes / March 29 play “In Our Own Words” about early members of AA / May 5th SF will continue the “History of Women in AA” a includes early Latina pioneers / I had the Privilege and Honor to attended the Crossing campout in Lanai, Hawaii focused in bringing the AA message to remote communities with about 130 people attended from different Islands we got to hear the lords prayer in their native language the next Crossing will be in October 2019 on the Island of Molokai.

3:30 p.m. -Closing

Thank You for my Service,
Miguel H.
CNCA Panel 69 Recording Secretary

AREA COMMITTEE & ASSEMBLY MOTIONS

CNCA Motions – April 2019

Area Committee:

Assembly Bids:

Coffee Bids:

Housekeeping Motions:

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

That CNCA create a web form for the submission of group consciences to the Delegate.

New Business at Area Committee Meeting:

Discussion topics:

Status of and Possible Change to CNCA Structure

Area Assembly Motions:

Redistricting Requests:

Presentation of New Business at Area Assembly:

- That CNCA continue the work of the Accessibilities Sharing Session by creating an Accessibilities Sub-committee. The main purpose is to continue the sharing session and support accessibilities work at the district level. – *presented by the Accessibilities Sharing Session*
- That CNCA request that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – *presented by District 07*

Old Business at Area Assembly:

- That literature be developed sharing experience, strength and hope on meditation. – *presented by District 90*
- That the Trustees' Literature Committee add to its agenda to consider publishing a Fifth Edition of the Big Book, *Alcoholics Anonymous*, with updated stories to more broadly reflect our current fellowship, as well as updates or additions to Appendices III and V. – *presented by District 40*

New Business at the Area Assembly:

That CNCA establish a standing committee on Technology.

CALIFORNIA NORTHERN COASTAL AREA OF ALCOHOLICS ANONYMOUS

POST-CONFERENCE ASSEMBLY

“Our Big Book – 80 Years, 71 Languages”

Saturday June 15, 2019

**Ulatis Community Center
1000 Ulatis Drive, Vacaville, CA 95687**

Registration	8:00-9:00 a.m.
Orientation	9:00-9:10 a.m.
Business Meeting	9:10-12:00 p.m.
Lunch	12:00-1:15 p.m.

Panel for Sharing on the Conference Theme
1:15-2:00 p.m.

Delegate’s Report	2:15-3:45 p.m.
(ASL Interpretation provided)	
Questions and Answers	3:45-4:30 p.m.
What’s on Your Mind?	4:30-5:00 p.m.

BRING YOUR FM RADIO FOR SIMULTANEOUS INTERPRETATION

DCM Sharing Session Minutes, 3/23/2019

Presentation: Preparing GSRS for agenda topics, including selecting agenda topics, gathering group consciences, myth-busting about General Service, and attendance, going to the mic at the pre-conference assembly - Presenter Cindi W., District 12

Highlights: “How to Gather an Informed Group Conscience by Sharing Session” on page S40 in service manual; roles and responsibilities of a GSR; what an informed group conscience is (especially, everyone’s opportunity to participate); importance of conveying enthusiasm with, preparing, and educating groups; letting your group guide you on how to select agenda topics, hold sharing sessions, and presenting information; microphone etiquette at Pre-Conference Assembly; service as a vital part of recovery and carrying the message further than the group; becoming educated and familiar with upside down triangle

Members Share: Chair suggested going around the room starting from the back, & group was in favor. *Summary and highlighted comments:*

Many members thanked the presenter and shared gratitude for the presentation, suggestions, and guidance

A member reminded the group that our job is to inform our delegate not instruct them

Many participants shared their experiences (including struggles and successes) with sharing sessions, gathering group consciences on agenda topics, generating enthusiasm for and participation in General Service, and educating groups about the purpose and importance of involvement in General Service.

For example:

problems and solutions of where and when to hold a sharing session and how to encourage participation (e.g., at a Starbucks, at someone’s home, during a portion of the meeting, during the business meeting, a separate session; preparing flyers, preparing a tri-fold poster, making announcements and educating group members on what agenda topics are and why they matter in advance, allowing members to share their

thoughts in written form), challenges and successes with increasing group member participation in General Service (e.g., getting to know one’s group, being flexible, using humor, leveraging alcoholics’ desire to express their opinions, sharing of experience how involvement in General Service has changed their sobriety and how it expands the reach of carrying the message).

A member shared about groups having difficulty understanding the General Service Conference, shared that his group writes things down and uses a recorder

A member shared that he has found GSRs that have never been to a district meeting, and observation that some GSRs don’t have time to fulfill their commitment to the end

A member reminded the group that the job of the GSR is to carry the group conscience, not his own personal conscience

A member shared about the Agenda Topics workshop in San Jose and that he has audio cds to share with those interested; another member offered to try to share the audio files electronically

A member shared about an event April 20th - trusted servants workshop 2-5 MI 2020?

A member shared how he had success with making “empty threats” (e.g., changing every reference of God in the Big Book to Satan) with his group to generate participation in General Service

A member shared, in response to concerns about low participation, that even one person participating is better than none (as pointed out by our delegate)

A member shared about the power of the group conscience in answering the question of who is the most qualified member to serve as GSR

Next Month’s Topic: Engaging Dark Groups (i.e., groups that don’t have GSRs) – Presenter Stephen R., District 6

Respectfully submitted,
Sarah B., DCM Sharing Session
Recording Secretary

CNCA CALENDAR - PANEL 69

2019—Panel 69	2020—Panel 69
April 13 & 14—Pre-Conference Assembly, Veteran’s Memorial Building, Santa Rosa, hosted by District 12	January tbd—Area Committee Meeting (Likely 3 rd Saturday)
May 27—Area Committee Meeting	February 22—Area Committee Meeting
June 19—25 General Service Conference, NY	March 6-8—PRAASA (Area 3, Arizona)
July 25—Area Committee Meeting	April 28—Area Committee Meeting
August 15—Post Conference Assembly, Ulatis Community Center, Vacaville, hosted by District 90	May 4-5—Pre Conference Assembly, tbd
September 22—Area Committee Meeting	June 19—25, General Service Conference, NY
October 27—Area Committee Meeting	July 25—Area Committee Meeting
November 10—Summer Assembly, tbd	August 9—Post Conference Assembly, Watsonville (Districts 2,3 & 19)
December 24—Area Committee Meeting	September 23—Area Committee Meeting
January 14—Summer Assembly, Petaluma Community Center, Petaluma, hosted by Districts 10 & 18	October 2-5—International Convention, COBO Center, Detroit, MI
February 28—Area Committee Meeting	November 25—Area Committee Meeting
March 26—Area Committee Meeting	December 8—Summer Assembly, tbd
April 2—Inventory Assembly, St. Mary’s Cathedral, San Francisco, hosted by District 06	January 21-23, Pacific Regional Forum, Las Vegas, NV
May 23—Area Committee Meeting	February 22—Area Committee Meeting (Note: possible date change)
June 21—Area Committee Meeting (Note: 3rd Saturday)	March 26—Area Committee Meeting
	April 24—Area Committee Meeting
	May 14—Election Assembly, tbd
	June 28—Area Committee Meeting
	July 19—Area Committee Meeting (Note: 3rd Saturday)

PANEL 69 ASSEMBLY DATES

2019 Pre-Conference Assembly

April 13-14, Santa Rosa Veterans Building, Santa Rosa (Hosted by District 12)

2019 Post-Conference Assembly

June 15, Ulatis Community Center, Vacaville (Hosted by District 90)

2019 Summer Assembly

September 14, Petaluma Veteran’s Memorial, Petaluma (Hosted by Districts 10 & 18)

2019 Fall Inventory Assembly

November 2, St. Mary’s Cathedral, San Francisco (Hosted by District 06)

2020 Pre-Conference Assembly

April 4-5

2020 Post-Conference Assembly

May 9, Santa Cruz Event Center (Fairgrounds), Watsonville (Hosted by Districts 2,3 & 19)

2020 Summer Assembly

August 8

2020 Fall Election Assembly

November 14

If your District is considering making a bid for a Panel 69 Assembly, please contact the Assembly Coordinator Coree H. at assemblycoordinator.p69@cnca06.org.

CNCA Comments & Comentarios de ACNC Subscription Information

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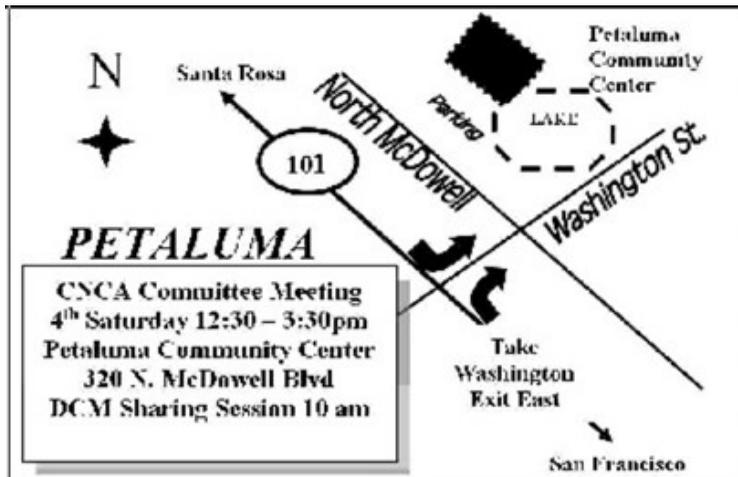
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CNCA Comments Advisor
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Comentarios de ACNC Advisor
Miguel H.

CNCA Comments/Comentarios de ACNC Editor
Kelly H.



BRING YOUR FM RADIO TO AREA ASSEMBLIES AND AREA COMMITTEE MEETINGS FOR SIMULTANEOUS INTERPRETATION AND ASSISTED LISTENING

Panel 69 Area Officers & Area Meeting Information

Delegate

Teddy B.-W.

Alternate Delegate

Jennifer B.

Chair

Eric L.

Treasurer

Laura W.

Registrar

Erica G.

Recording Secretary

Miguel H.

Assembly Coordinator

Coree H.

Literature/Grapevine Chair

Magdaleno O.

To send email to any CNCA Area Officer or Committee, please use the [web form](#).

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San Francisco, CA 94119-2490

(Contributions)

www.handinorcal.org

CNCA Standing Committees & Sharing Sessions

are the 4th Saturday every month (3rd Saturdays in December, and often January)

Committees and Sharing Sessions meet in the mornings,
the Area Business Meeting is held from 12:30—3:30 pm.

Archives committee meets at 11:00 am. For information contact Denise G. via the [web form](#). The Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597. Archives workday is at 193 Mayhew Way.

Bridging the Gap committee meets at 11:00 am. For information contact Larry B. via the [web form](#). The BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets at 11:00 am. For information contact Jennifer B. via the [web form](#).

Interpretation & Translation committee meets at 11:00 am. For information contact James B. via the [web form](#).

Web committee meets at 11:00 am. For information contact Drew B. via the [web form](#).

DCMs' & DCMCs' sharing sessions meet at 10:00 am.

Literature/Grapevine/La Vina sharing session meets at 10:00 am. www.aagrapevine.org

Accessibilities sharing session meets at 10:00 am; for information contact access@cnca06.org.

**BRING YOUR FM RADIO FOR SIMULTANEOUS SPANISH/ENGLISH INTERPRETATION
AND ASSISTED LISTENING**