## DCM SHARING SESSION

Sharing Session Opened with the Serenity Prayer by Coree H., Chair, Translation by Juan. Thank you for your service!

Introductions made. Our meeting is open to everyone to learn and participation on the topic.

Presentation - EVERYTHING YOU NEED TO KNOW ABOUT BEING A DISTRICT COMMITTEE MEMBER (DCM)- PRESENTER LINDA T. DISTRICT 10 Having been a GSR prepares you to be a DCM because your primary role is to support GSRs and keep them informed. Suggestions: get a service sponsor; attend PRAASA, explain acronyms; attend Assemblies, DCM Sharing Session, and Area Committee meeting; visit the General Service Office; read your minutes, newsletters, and other communications (Comments/ Comentarios, Box 459); read your service manual and study the concepts; let GSRS know how to get in contact with you; email GSRs in subdistricts regularly; support GSRs in facilitating agenda topic sharing session; support GSRs taking inventory for their groups; visit meetings in the subdistrict (both homegroups and meetings that are not represented); visit other districts and areas; orient GSRs to a panel calendar. Resources: Your DCM pamphlet, D.C.M. Kit from General Service Office, and Agenda Topics Timeline.

## **Members Share**

Chair called on members who raised their hands to ask questions and share for no more than one minute. The chair reminded members that everyone has something valuable to share.

Q: Is the DCM kit is provided to DCMs by GSO? A: It may not be, but you can order it yourself

Discussion about the role of DCM for groups that don't have GSRs

Someone shared that people sometimes don't understand that General Service needs the group, not the other way around, but some groups are just not interested in General Service.

Someone shared concern about the burden for GSRs supporting multiple meetings and having many meetings that are not represented.

Someone shared about the power of one alcoholic talking to another within the context of DCMs connecting with GSRs (e.g., going to coffee) Members shared about possible formats for subdistrict sharing sessions (e.g., inviting area officers, a private Facebook group, GSR workshop) Discussion about addressing the myths about being a GSR// GSRs losing enthusiasm for role due to being intimidated about the responsibilities; Q: What's the agenda/schedule for PRAASA? A: It's not currently available

## Suggestions:

Make yourself available as a source of information and/ or mail contact to unrepresented groups Do things in pairs

Use web-based communication through Slack Outreach in meetings for your district's Agenda Topics workshop and communicate that it is open to all – not just GSRs

Encourage GSRs to talk to their groups about asking for support to attend Assemblies

Attend PRAASA à Someone shared experience of attending PRAASA vastly changing their experience of service and recovery

Obtain GSR materials from PRAASA

Discussion of possible topics for next month: Agenda topics// Myth-busting and importance of involvement in assemblies// how to narrow down agenda topics // preparing GSRs to go to the mic at pre-conference assembly

**Next Month's Topic** – Preparing GSRs for Agenda Topics and the Pre-Conference Assembly – Presenter Cindi. W., District 12

## What's on Your Mind

Someone shared that myth-busting starts with making general service attractive through our behavior and enthusiasm

Maps of districts can be helpful for understanding the geographics of one's subdistrict

Registrar can be a great resource for contacting GSRs in the subdistricts

Someone was curious about a means of communicating with others at the Area level in a way similar to Slack Someone shared about using a meeting guide to conduct outreach and take inventory of group representation

Someone shared about concerns about Facebook abusing user data and to be careful

Please bring radios. We need everyone to have an opportunity to share. Thank you, Juan, for interpreting.

Meeting adjourned at 10:50 AM with the Responsibility Statement.

Respectfully submitted, Sarah B.