

CNCA Area Inventory 11.24.19

1. What is the basic purpose of CNCA?

- Image of gears-like a clock-some big and some small helping each other turn. Being a part of a greater whole. Serve each other. Love being a part of it all. Service to our group and AA as a whole.
- Forming true partnerships. All people want to be here.
- Supports the groups, listens to the groups. Very important. I know where to go when I need help. Steps Traditions and Concepts are so important.
- Very clear and specific purpose: link the groups of CNCA to New York so we can participate at the GS Conference and back to CNCA. Existing structure is to serve the groups.
- To better help one alcoholic working with another. Share our experience with each other. PI/CPC: get the word out. Deal with local anonymity breaks.
- Upside down triangle is the key. Get involved in service. Be the voice and channel. GSR takes group conscience. Coming together to carry the message.
- Information from members to groups to district, to GSB and the AA community. Then take the information back to the groups and to those still suffering.
- Website does not show what CNCA primary purpose is!
- Here to communicate message from groups to Area and back.
- Help facilitate all sub-committees to inform GSO.

2. Do we spend the Seventh Tradition contributions prudently?

- Area officer travel may not be a wise use of funds. Consider attending one district meeting a month. They do not need to go to every meeting every month.
- Not always, when we look at all the things we spend money on. Look at technology as a solution to cut spending. Put more thought into what we are spending, spend less. A way to cut it down.
- Area is very rich and other areas are envious. Every district every month is something to think about.
- Our Area is 473 miles from end to end. Keep in mind how to best spend. Be accessible to area officers. Visibility to those who serve us. Technology to help, but we must use it. Answer comes from within.
- Officer district visits are a small 't' tradition and we are very unusual as an area. Tradition was started when districts just were forming. Today, we are communicating by text, email, as well as in real time. We can find a better way to do this and take workload off the shoulders of Area officers.
- Invest in technology that would allow the district officers to do more. Works on money coming in as well as going out.
- Blessed Area CNCA We have \$. Contributions are flush. In 2008 things changed and we put safeguards in place, suspending district visits to save

money. Our area is stronger because of officer district visits. Consider the spiritual principal of prudence and ask, is this necessary?

- Appreciate the officers attending our district meetings. Guidance and calm is appreciated. CNCA Comments gives me time to reflect before I respond. Elect officers to the job need that face to face.
- Learn how to spend money inside the district. Explain how each dollar is spent from basket. How do we spend.?
- Very Good in our area with expenses. Meet our needs. All is fine. There has been something we have gone through recently which means we have dipped into our prudent reserve. Why are we doing this? If we spend there must be more coming in to avoid collapse.
- Electronic contribution services with small fees I'm good with it.
- If officers did not attend my district meeting, we would miss the answers they are able give.
- Committees frequently put projects into the spending plan, but many never get used. Tradition 8 allows us to continue with these projects and get outside help from special workers.
- I'm proud of how Area 6 spends the money. Archive could see an increase.
- Dip into reserve is not a problem if we encounter extraordinary conditions. That is what has happened and that is what it's for. District chair goes to Petaluma each month. Regional Forum will jump start us as GSRs. Thanks for attending our meetings Area Officers.
- We are prudent. We are blessed to have and could do better. We have many housekeeping motions and tend to get through them too quickly?
- Purpose of Officer Visits - eyes and ears of the delegate.
- Look at catastrophes in the future how we handle them.

3. What does it mean to be available for Area Service?

- Personal and spiritual for me. Each person has to decide if they are eligible. Available, is another question. Look at the time commitment and if you can make all the meetings.
- Showing my sponsees how to do this.
- Take position very seriously. I could do the job physically, but not emotionally. Did my best. Had nothing left to give following panel.
- Willingness to be available. Had to pray about it. Does this work for me? For my partner? Came with my group in a car. More here at the Area that look like us. Takes people to get this done. Boots on the ground. Stretching.
- Today I realize that I could do more, but I still don't do the little things.
- Sacrifice-I am the wife of a past delegate and when he served we had young children. Do you have to be retired, young, or without children to serve? We love the officers and want them to attend our unity days.
- Talk to your service sponsor-are you available every 4th Saturday? Check with family. Did not understand the commitment. Say "I don't know," when needed.

- Do I have the time? A car? Finances to get around? Dress appropriately? Why do we have to be a DCM before being eligible? That's crazy.
- Available? Why am I doing this? Ego? People Pleasing?
- Means to be knowledgeable, learn to be a GSR, then DCM, then DCMC, then Area Officer. Sit in on committees that don't require you to be DCM.
- More than a set of principles: it requires action. If you're available, it will come. Responsibility grows. Service sponsor. Take care of my needs as a servant.
- Enhances my sobriety. If I get bored, I know where I go.
- God qualifies the willing. I have learned that here where I'm with you here in this arena. Watch the past area officers. Their hearts are in the right place. It's ok to fail.
- A year from now will be our election assembly, but not all of us will be available. Family, work, tired - not going to be available. Freedom to see what God has in store for us. Essential for community of AA.
- Mind body and spirit all in one. Keep fit.
- Have to make a choice: family or service? It's a waste when a DCM or DCMC can't be available. Like to see that change.
- Area service. Everyone here today is participating in area service. Thank you for your service. Thank you to your groups.
- Personal inventory-willingness to learn, communicate, make bad decisions. Follow up with action.
- Fear has kept me from standing for area position. When the opportunity came available for the Treasurer, I asked myself can I do this? I stayed quiet. Then, when it became open again, I made the decision to stand. Wanted not to miss out again on this opportunity. Don't let this opportunity pass you by.
- Listed to job description closely and then ask am I available? Don't want to do anything but I do them.
- I don't have a car and don't know if I'm available. I made myself available. On committee now. I am meeting my commitments and God is in charge.
- Privilege to serve. Never felt so loved.

4. How can Area Officers and committees better serve our Area?

- Know impact of motion before we vote on them.
- I don't want officer visits go away. Committees open to new projects.
- What are the needs of the area? How can we improve the communication. Officers needs to know what our needs are. Groups are not therapy. We are alcoholics in action to carry the message.
- Limit area officers talking at district meetings so that district officers are doing most of the talking at local meetings. I like it when other committee chairs participate.
- Workshop about insurance and 501(c)3's. Broad based help with insurance.
- Maybe area officers could give up a district visit to go to a sub-district committee meeting or a local PI or BTG meeting.

- Make our needs known to area. Learn how to talk about service. Can all learn from service manual. AA comes alive through the people!
- Tell us what would happen if we passed motion and what would not happen if didn't pass motion.
- Area officer visits are where I learn so much from them. I'm wondering how we could record them to be put on website so that other GSRs can benefit.
- The language in the Comentarios is difficult. The translation needs to be clear for all.
- How to attract new GSRs. Workshops! How do we do that?
- Venmo and using it safely. Need to align our groups.
- Archives committee and web committee have more open meetings, keep it simple all the same font...

5. How do we avoid the tyranny of the majority – and the minority?

- Educate and how we conduct ourselves at service assemblies
- More people participate. More we can do as an area.
- Continue educating people of Steps Traditions Concepts. Back to basics.
- Facilitate the group conscience to help people speak about on what's on their mind. All to be heard.
- Do we go to fast, quickly, railroad process? Let group slow things down. Might take time for things to be heard. Don't go to fast.
- Do we feel safe sharing at assemblies? Make sure voice is going to be heard.
- Look how we are treating each other.
- Being relevant, picking your battles – being a part of – raising your hand.
- No one voice has the control. Only at group level old timers shoot everything down. Speak up against that – minority opinion. Be an example.
- Keep talking about topics: helps us reach an informed group conscience.
- Including all who attend to participate in discussions.
- Keeping everyone informed: what's been going on what's happening now.
- Balance is key: solicitation of other group consciences. Sponsorship.
- Allow the minority to speak: give them enough time. Opportunity: give everyone the chance to share information.
- Ask myself if I'm apart of the problem? Am I voting with my sponsor at the homegroup? We don't need more literature, we need help getting people to read it. Are we running competing group consciences in out of our home group? Make sure one vote.
- Recovery first then trusted service second. Responsibility is on me.
- Allow groups to make mistakes.
- Practicing principles and allowing everyone to speak once before anyone speaks twice.
- Trust the group's conscience. Live with vote. Move on from there and not to try to redo everything.

- I want to do my job well and sound good doing it and so, I come to the microphone no matter how I sound. Speak well of others. Even if the vote is not yours. Surround yourself with spiritual people.
- Humility. Let newcomers have their own experience. Let the group have its.

6. Is our Area accessible to all who want to participate?

- Glad we have a new committee. Like to see those that are not able to come.
- Transportation: bus, van, car carpooling with those who need a ride.
- Language and translation help me continue my service.
- Travel reimbursements for transportation cost to be there at unity days.
- Sub-committee now will be a part of the Area. Make sure there are meetings available for wheelchair users. Babysitting or those who are mono language other than Spanish.
- Would Sunday be a better choice for these Assemblies?
- Letting what we do here be open to all to participate like sponsees.
- Do I have to use my vacation time to be of service here? Are we expecting too much? If we can't even provide basics, like a suit and tie to be an area officer, are we open to everyone?
- Hospitality chair? Back to basic housing.
- Yes, it is accessible, but are we willing to go to any lengths? I'm still sober. People are more focused on carrying the Alcoholic these days and not the message.
- Rotating Area Committee meetings and locations may be useful.
- Many of us don't have a computer and we share a laptop in Spanish groups.
- Feedback from ASL would be good. Having more recordings of assemblies and events for hard of hearing.
- Who is not here?
- Live stream these assemblies? Commuting 2 hours both ways could be used for something else.
- Share message from your heart not from the color of your skin.
- Share about what general service is about. Share that message.