



CNCA COMMENTS



A.A. Confidential—February 2020

www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview

As many of you know, the Area is in the midst of financial difficulties. This is not a crisis, just a temporary setback, and the Area has always recovered from similar financial challenges in the past. When I was a GSR, the Area dipped into its prudent reserve (something we have now also done), and the Area Officers then reduced the number of District visits (which we now have done as well).

Over the course of the next decade, finances improved. By 2018, the Area had recovered fully, to the point that excess funds were distributed to GSO. Now, we tighten our expenses once again.

I expect more discussion, starting with a proposed 2020 budget being presented in February, a new financial plan that will better reflect our current financial health. A large part of our budget is the projection of all the expenses that have been approved by Area motions (that includes interpretation at assemblies and at the Area Committee meetings, translation of all of our written communication, insurance, and different software and hardware subscriptions). Also included in our budget are discretionary expenses (like District visits by Area officers). Our budget also includes projected costs for facility rental for the ACM and assemblies, and projected expenses associated with the printing and distribution of our Area newsletters.

It is important to remember that the Area does not exist to simply deal with money; we exist to help facilitate Twelfth Step work. So while we will talk about money—we will focus on how that money (from the Seventh Tradition contributions and distributions from members and groups) helps fund services to help save peoples lives.

The highlight of the January Area Committee meeting was, for me, a report from our Bridging the Gap committee, who described how a soon-to-be-released inmate reached out for help and will now be connected to his first meeting out of prison because of the committee's efforts. Our Area funded travel to the BTG Workshop Weekend, where the idea of pre-release contact service originated. And our Area then funded the service, paying for the pamphlets that allowed this inmate to ask for help and then receive it.

I enjoy General Service because of these stories of redemptive power and joy. When I got sober, the Ninth Step promises that we read in meetings seemed fantastical and impossible. Yet they came true for me then, and they remain true for me today. I am no longer afraid of you, and I am no longer afraid of financial challenges. Let's keep having fun and keep helping others. Recovery is not just possible, it is what we do.

Eric L.
CNCA Chair - Panel 69

The Deep Breath Before the Plunge

We're living our Sixth Warranty – keeping AA democratic in thought and action – whenever we participate in the Conference process, guided as always by our Steps, Traditions, and Concepts. We're about to do that at a much greater level of intensity and I feel myself drawing a deep breath before the plunge and hope that you too are also preparing.

If not done already, now is the time for GSRs to be scheduling Agenda Topics Sharing Sessions with their groups and for DCMCs to be scheduling Agenda Topics Workshops (and inviting presenters). The Area Officers have scheduled their meeting following the release of the Final Agenda Topics and Background Material, to parcel out the writing of the Agenda Topics Summaries. Expect to see those around March 1.

As soon as the Final Agenda Topics are available, I will email them to the DCMCs, together with a password protected link to the Background Material. That should happen around February 16.

As your delegate, I have already had conference calls with my Conference Committee colleagues to discuss the preliminary Agenda Topics and *proposed* Agenda Topics and whether we wish to see these on our Final Agenda. As the Chair of the Conference Committee for Treatment and Accessibilities, I will be off to New York at the end of January and beginning of February to assist the Trustees' Committee as they work through their agenda and finalize the Agenda for the Conference Committee. I will also attend the General Service Board Meeting at which the Agenda Topics for all the Conference Committees are finalized.

I have also spoken to my Conference Buddy, Shane from Area 42 (Tennessee), a Panel 70 delegate. We spoke on the phone the other evening and related to him how I survived the pace and intensity of the Conference last year, yes, but also how I thrived.

So, wherever you serve in our upside-down triangle, I hope you have your activities mapped out, but that you have also given some thought as to how you will prepare your body, your mind, and your spirit. My experience has been that when I nurture all three, my service has the potential to go further.

I wish you an amazing preparation for our 70th annual General Service Conference!

Teddy B.-W.
CNCA Panel 69 Delegate

Looking for Something?

Chair's Preview—p.1

Delegate's Corner—p.2

Area Committee Minutes, 1/11/20—pp. 3—7, 10-11

Area Financial Reports, 12/2019—pp. 8—9

Area and Assembly Motions—p. 12

CNCA Pre-Conference Assembly —p. 13

DCM Sharing Session, 1/11/19—p. 14

CNCA Calendar & Assembly Info.—p. 15

Area Officers & Meeting Times—p. 16

AREA COMMITTEE MINUTES—January 11, 2020

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES, JANUARY 11, 2020

The monthly committee meeting of CNCA was held January 11, 2020 at the Petaluma Community Center. Eric L. opened the meeting at 12:30pm, followed by the Serenity Prayer. The AA Preamble was read by Lidia V. (District 07) Tony W. (District 90) read Tradition 01, Veronica C. (District 40) read Concept 01. There were (8) New GSRs, and (1) New DCMs (3) past Delegates present: Bob D. (Panel 36, Area 28), David N. (Panel 59), Joann L. (Panel 67) David N. currently serves as a General Service Trustee. The December 2019 minutes and financial report were accepted as printed in the CNCA Comments. (The November financial report was published on the December's issue of Comments or Comentarios). Birthdays: 60 years.
Registered attendance: Voting (41) / Non-voting (50)

OFFICER REPORTS

DELEGATE – Teddy B.-W.: Email Registration for the 2020 International Convention in Detroit, July 2nd-5th is now open. Registration for PRAASA 2020 in Tucson March 6th-8th, www.praasa.org. January 15th is the revised deadline for new stories to be considered for the updated pamphlet A.A. for the Older Alcoholic. The new software for AAWS is functioning, but there are gaps and shortcomings. One of these is in the records department, which is dealing with a backlog of new GSR kits. Preparations have begun for the General Service Conference and my calendar is open if you would like to schedule a delegate report. As chair of the Conference Committee on Treatment and Accessibilities, I also get to take part in the board weekend coming up at the beginning of February, at which the final agenda topics are selected.

ALTERNATE DELEGATE – Jennifer B.: I'm all registered and booked for PRAASA, thank you for funding the Alternate Delegate every year. I've been seeing district flyers for Agenda Topics Workshops and hearing GSRs start announcing at group level that the sharing sessions are coming up. I've had a peek in the Conference Dashboard since our Delegate shares access with me and I'm eager to see how it all sorts out at the upcoming board weekend for our final Agenda Topics. I'm also helping Teddy by organizing the General Service Panel at the next NCCAA in March.

CHAIR – Eric L.: In March, the Area Committee Meeting will be run entirely in Spanish. Some reports might be in English, but quite a few will not be – so please remember to bring your radios that day, and at all other Area functions.

TREASURER – Dennis H.: We ended 2019 with \$4,209 in our checking account and \$8,140 in our prudent reserve. Removing the prudent reserve transfer to our account we have \$1,209. In December 2018 CNCA had \$14,603 in our checking account. Total reduction in assets was \$9,494. Contributions were slightly above budget. 2020 will be tough year financially, we need to cut \$21,000 from expenses or raise additional revenue.

REGISTRAR – Erica G.: Our new/old area database is up and running. I reached out to all district registrars to ask them to please verify the data and correct any mistakes so that we can move forward with a solid set of information. I've also continued to investigate missing packets and provide links to the digital copies of the GSR and DCM packets, all Area Registrars have been locked out of GSO's system for several months. This means my ability to immediately access registration statuses, get new group numbers, and make real time updates has been hampered.

RECORDING SECRETARY – Miguel H.: Please make sure you submit your report writing or email to make it available to be published in the minutes, I am for grateful for the members that are always available to help with the editing of the minutes.

ASSEMBLY COORDINATOR – Coree H.: Not much change since our last ACM, except that we have officially approved the bid for the Pre-Conference Assembly, which will be held in San Jose in April. We still have one more assembly available for bidding - the election assembly - and I would really like to see a bid ASAP. If you have questions or need support, please let me know.

LITERATURE/GRAPEVINE/LA VIÑA – Magdaleno O.: 2020 "Carry the Message" project, give a GV/LV to an alcoholic in need. Give a gift subscription to a friend or a sponsee, doctors' offices or to give away, go to store.aagrapvine.org.

AREA COMMITTEE MINUTES—JANUARY 11, 2020, Cont'd.

DISTRICT REPORTS

DISTRICT 01 (MONTEREY) – Susan G.: We reviewed our inventory questions and our focus is to reach our groups and assist our GSRs. Our 2020 budget is ready for approval and we are excited to start reviewing the agenda topics.

DISTRICT 02 (SALINAS/SAN BENITO) – Brian McC.: We discussed what to do with the Gratitude Dinner funds. We had 2 new GSRs and we keep working.

DISTRICT 03 (SANTA CRUZ) – Murias O'C.: We passed our 2020 budget. BTG picking up one more meeting. We voted the Al-anon liaison-ship motion to be reconsidering next month. Our inventory is driving our agenda in 2020, lots of safety discussion, we're leaning toward having a safety workshop including intergroup and District 19. Also having discussion about forming a safety committee with intergroup.

DISTRICT 04 (SANTA CLARA NORTH) – Julie N.: We welcome 4 new GSRs. We are trying something new having a GSR share their experience with a new GSR a buddy. We are moving to a new location in February.

DISTRICT 40 (SANTA CLARA SOUTH) – Manuel R.: We just had our preparation of our agenda. Agenda Topics Workshop will be on February 29th. At our District meeting we will be talking about Agenda Topics Process and have roundtables on what to expect in the upcoming year with Q&A.

DISTRICT 05 (SAN MATEO) – Matt D.: District 05 is grateful for the opportunity to host the upcoming Pre-Conference Assembly. San Mateo County Central Office had a motion from the Advisory committee passed changing the Suggested Meeting Contribution Percentage within the district from 60% central office & 30% GSO to 70% Central Office & 20% GSO.

DISTRICT 06 (SAN FRANCISCO) – Justin H.: We conducted our District Inventory to discuss how we could better serve the Groups in our District and more effectively. The goal for January's meeting is to discuss the Inventory and determine what actions might be needed. We are also going to be reviewing the Conference Calendar in anticipation for Agenda Topics coming out in the next couple of months.

DISTRICT 07 (ALAMEDA NORTH) – Vivian K.: We will continue to take advantage of the helpful information that we gained from the district inventory to create more action items for the second half of the panel. A member proposed the use of gender neutral language at our district. We might also investigate further to see if the use of gender neutral language could be applicable to other service materials.

DISTRICT 70 (ALAMEDA SOUTH) – Nora H.: Our district is getting ready for the agenda topics participating with District 07. We will choose some one to attend PRAASA. For the first time ever we have elected a finance committee.

DISTRICT 08 (CONTRA COSTA) – Leslie W.: We welcomed and added 16 GSR/Alternates to our meeting. Our Agenda Topics Workshop is scheduled for Saturday Feb 1st, Continental breakfast/lunch provided. We had a wonderful presentation from our visiting area officer on the topic "Why do I like General Service?" around the overall theme of 'creating/generating interest/enthusiasm'. Our manual/concepts committee chair also presented about the wealth of information.

DISTRICT 09 (SOLANO SOUTH) – Steve M.: We are selecting questions for our district inventory.

DISTRICT 90 (SOLANO NORTH) - Terri M.: District 90 started the new year with a great presentation from our Delegate on the current Area Budget. We had some good points raised as to the many missing contribution checks, versus a flat trend from group contributions. We enjoyed a wonderful slide show created by our very own Tony W., which covered the duties of the GSR as well as the structure of our upside-down pyramid in General Service We are excited about our upcoming Inter-District Workshop, with our fellow district this month in Dist 09. Our Agenda Topics Workshop will be in March.

DISTRICT 10 (MARIN) – Gabrielle J.: We approved our 2020 budget. We are preparing to host our Agenda Topics Workshop on Saturday Feb 29th at First United Methodist Church snacks will be provided.

DISTRICT 11 (NAPA) – Chitra S.: We have given away three scholarships to PRAASA. We made disbursements to CNCA 06 and GSO. We gave out homework to each of our district members, assign-

AREA COMMITTEE MINUTES—JANUARY 11, 2020, Cont'd.

ing each person to go to the aa.org. Our Inter-district Workshop will be on January 25th. We cleaned up our Registrar's list for 2020. Each month we are discussing a topic that came up from our District Inventory notes. We had some safety concerns occur at our NYE alcañon and at some meetings in the new year. We will bring this up as a discussion topic next month as there are so many questions on how to handle escalating situations. Any help or experience you may have is appreciated.

DISTRICT 12 (SONOMA) – Claudia N.: We had a scholarship drawing for PRAASA and 2 relatively new members to our General Service family won those scholarships. Annual Agenda Topics Workshop will be held February 15th at the Bethlehem Lutheran Church in Santa Rosa. English and Spanish as well as a potluck lunch! Interpretation will be provided as well. On a sadder note, we lost a member of our General Service family Katie O. touched a lot of people in our fellowship.

DISTRICT 13 (LAKE) – Sherrie R.: Our visiting area officer got our attendees engaged in future conversations regarding "costs vs needs" and the importance of the 7th Tradition. Our meetings have been challenged financially by higher rents & utilities. We even had to merge our Saturday Night Kelseyville meeting with our Lakeport Fellowship. We filled two more seats on our panel at January's meeting and are looking forward to participating with the Inter-district Workshop on the 25th. We welcomed 2 new GSRs.

DISTRICT 14 (MENDOCINO) – Amy M.: We will finalize our budget. We will discuss possibilities for our Unity Day or perhaps a traditions workshop in summer. I also like to echo the announcement of the passing of Leif J., a longtime member in Laytonville - we are grateful for his life and service.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – Timothy F.: We had District inventory. We created an ad hoc committee. Our finance committee is reviewing the Dist 15 spreadsheet format for monthly reports. Our district is discussing a financial contribution to the Area. We are making arrangements to help fund 2 GSRs to attend PRAASA.

DISTRICT 16 (SPANISH CENTRAL) – Emma M.: Thank you all for being my teacher in this journey and for your support. We have a new treasurer and a new GSR. We have lots of issues to work on with the

female members not feeling welcome when they walk into AA for the first time.

DISTRICT 17 (SPANISH SOUTH) – Fernando R.: We were present at our local central office's elections. We are planning on going to our next NCCAA conference in San Jose. We are also organizing to participate along with our brother district 05 for the 2020 pre-conference assembly.

DISTRICT 18 (SPANISH NORTH) – Jose F.: We are planning to go to PRAASA. Thanks to the enthusiasm, information, and the area agenda, we were able to create an agenda at our district for the whole year 2020.

DISTRICT 19 (SPANISH SOUTH SOUTH) – Julio F.: Will have our next meeting later this month, we will present our 2020 budget. We keep on visiting our local groups. We are working on a motion to fund GSRs to attend PRAASA. We're making PI presentations at special needs kids school.

DISTRICT 20 (SPANISH EAST) – Jose M.: We continued our second part of our district inventory and at the same time we continue to support our groups. We had really good attendance at our unity and service meeting. We are getting ready for PRAASA. We are working on a motion to review our district finance. We are starting to work with the Agenda Topics.

AREA SUB-COMMITTEES AND SHARING SESSIONS
ACCESSIBILITIES COMMITTEE – Jeff R.: We will meet informally for the discussion on the development of guidelines with an Ad hoc committee. Agenda topics related to accessibility will be reviewed when available. Diana D. led a presentation related to online meetings as a good alternative for members not physically able to attend a meeting. aaonlineintergroup.org & aa.org-online meeting guides.

ARCHIVES – Denise G.: Our visiting officer facilitated our inventory. We have several ongoing projects, the archives committee is here to serve districts in CNCA, please reach out to us for assistance.

BRIDGING THE GAP – Larry B.: We are reporting 33 presentations made this month and 71 request. As part of our inventory we received a new district chair orientation. We all discussed and reviewed our literature and what it is used for. We showed the video 'Hope' and discussed the possible develop a Power

AREA COMMITTEE MINUTES—JANUARY 11, 2020, Cont'd.

Point version of the orientation. We received a BTG request from someone who called San Quentin and Vacaville home for the last 36 years.

FINANCE – Don L.: The finance committee reviewed the 2019 results as well as the status of the prudent reserve. The latest version of the 2020 budget was presented. We have reviewed the financial motions. We will review budget for updates and the expense reimbursement, and we will review for updates to the mileage reimbursement which was at .43c will not change in 2020 based on the IRS guidelines. Electronic contributions are accepted.

PI/CPC – Jennifer B.: We spent some time looking at what topics we would like to explore as a group this second year of the panel. We also read from the Cooperation with the Professional Community Workbook. For anyone who doesn't know, the CPC, Public Information, Corrections, Treatment, Accessibilities and Archives workbooks are all available to download from the AA.org website, or hard copies can be ordered. If you have a new district chair for any for any of these positions, especially one who feels like a deer in the headlights, those workbooks are an invaluable resource. For that matter, anyone can benefit from reviewing the workbooks. There's guidance on how aspects of the various services are in keeping with our traditions—particularly issues around anonymity—as well as loads of practical examples to enlighten and inspire.

WEBSITE – Drew B.: A draft of the archives sub site is complete. Zoom is all set - you can now have a remote videoconference for area business. The committee will be developing a checklist for posting.

INTERPRETATION AND TRANSLATION – James B.: We began reviewing our guidelines with an eye towards updating them if necessary, based on how things are currently working. Since the last ACM 14 pages of documents were translated for the Area. Agenda Topics Summaries is one of the largest translation jobs we preform and guess what time of the Panel it is? We could use additional people who are can help perform translation services and there is compensation for the work. Please contact Juan or me with questions.

CNCA COMMENTS / COMENTARIOS– Kelly H.: 921 bulk Comments were mailed January 6th, and 175 first class on January 4th, I have handed out copies of the mailing label lists for the Comentarios at Districts 16-20's tables, and I ask you to please check off those names if

you're taking a copy for yourself or a friend. We must mail the rest via first class, so this will save the Area the cost of the extra stamp.

STRUCTURE AD-HOC COMMITTEE- Justin H.: Back when we talked about how we're structured as an Area legally in terms of liability; the only thing that remains is to type the report and present it next month to review what we can do about it.

DCM SHARING SESSION – Sarah B.: We had a presentation from Jackie B. of District 06 on Generous Orthodoxy and The Big Book of Alcoholics Anonymous. The term orthodox refers to being committed to one's tradition and generous means openness to change. The group received a thorough history lesson on the evolution of and origin of these seemingly opposed philosophies within A.A., encouraging us to reflect on what it takes for members who value tradition to be open to change and what it takes for those open to change to value tradition, members shared generally in favor of the idea of generous orthodoxy and the importance of flexibility. They discussed how open-mindedness allows us to better help other alcoholics and serve our groups and how orthodoxy may be more rigid. Next month we will have a presentation and discussion on reaching out to homeless and economically disadvantaged newcomers.

H&I LIAISON – Karen B.: Our General Committee Meeting was October 12th, 2019 in San Ramon. We approved the 2020 budget, increasing the funds allocated for Grapevine & La Viña. We also elected a finance committee member and approved the proposed changes to our policy manual. I encourage everyone who is interested in H&I to attend to our next General Committee 2020 in San Mateo. Thank you for your contributions to H&I.

LITERATURE/GRAPEVINE/LA VIÑA –Magdaleno O.: We agreed to collect Literature and old GV & LV issues to have available at the Pre-Conference Assembly. If you would like to contribute these are more than welcome, we will make sure to distribute them to the appropriate entities

NCCAA – Robert G.: ABSENT

YPAA – Vanessa: ABSENT

LA VIÑA 23RD ANNIVERSARY – Genaro G. : December 21st we selected the theme in Phoenix Arizona "Paso a Paso se va lejos", (step by step we'll go far) the winner

AREA COMMITTEE MINUTES—JANUARY 11, 2020, Cont'd.

drawing was done on one of our Skype workshops. We continue to have our meetings every 4th Saturday of the month here in Petaluma at 9:00am.

MUJERES WORKSHOP – Ana V., Sandra G.: When I got sober, as a Spanish speaking women, I never liked to share or talk or to interact with any other women, sometimes I tried to skip the meetings. This commitment gave me the opportunity to give more value to my group, I was able to see how much work needs to be done to help women that are trying to stay sober but also the women that are already sober in the rooms, I feel the responsibility. The 2020 women's workshop will be host by Area 93. Area 03 unified to participate for first the time. We were invited to WACYCAA in January and we had a space to participate as a Spanish speaking women's meeting for the first time.

FORO HISPANO- Ruben: Until now we have been meeting normally every first Thursday of the month formulating plans to get the service above 100% this Foro Hispano for promoting unity.

HOUSEKEEPING MOTIONS

"That CNCA provide MENDYPAA (Mendocino County Young People in Alcoholics Anonymous) with a letter of support for a bid to host the ACYPAA Round-up in the spring of 2021, at a date to be determined." – presented by MENDYPAA

Voted: no objections motion passes

BUDGET

Presentation of the 2020 Budget – presented by the Finance committee

Q: line 74 the percentage of this is mandate, can you make a different budget? A: that will be up to the area if we don't accept this budget we can re-evaluate. / Q: with all these actual figures and expenses, we always come under, I don't think we need to fear that won't be able to provide services. A: even if we expend the minimum amount we won't have enough money. / Q: line number 2, are we still missing money from groups contributions? A: yes, there are numerous contributions that we don't know what happened to, those contributions are essentially just lost; we're missing checks from several months. / Q: in a DCMC sharing session we had an Area Officer travel discussion which was very informative, am I hearing here that we're going to cut officers travel to offset our costs, is that right? A: it looks like the officers can stop doing

district visits to reduce expenses and this will be evaluated every month to see if we should do district visits or not. / Q: we're looking as a committee at expenses for the Comments and Comentarios, but are other committees also looking for ways to reduce expenses? A: we will have a discussion topic later on this issue and ask for ideas about adjustments or cuts. / Q: are district visits currently in the 2020 budget? A: yes / Q: Can we hear more from this finance committee about what they recommend that we do, like their proposals on cuts based on guidelines? / A: that's up to the Area to ask us to do that. / Q: if our expenses will be greater than the money we have to pay the expenses, we can't have that so we do need to hear proposals from the finance committee on ways to work to fix this. A: ok / Q: there's two sides expenses and the income, 5 years ago we had a long discussion about how to communicate to the fellowship about finances, it was thought that just saying we need more money isn't really the message we want to send so instead we decided to focus on services GSO provides, and we could do that here too, focus on what we do for our members in our Districts, members in our groups.

Voted: Discussion will continue next Month

PRESENTATION OF NEW BUSINESS

- "That CNCA add a line item to future budgets to authorize funding the travel expenses of two liaisons to the Hispanic Women's Workshop with the approved of housekeeping motion" – *presented by Sandra G. and Ana V.*

We want this to be considered on the budget every year. We didn't use all the money at the last workshop.

Q: will you accept a friendly amendment, adding "with the approval of housekeeping motion?" A: yes accepted / Q: this is a regional event? A: yes / Q: this motion is regarding the money reimbursed to travelers not the total expenses? A: correct / Q: why two liaisons? A: as this is a remote community, having two means we won't be isolated, but much expense is shared as we carpool and share hotel / Q: both members will be Spanish speakers always or this is just to elect two women? A: we are electing two liaisons as it reads in the motion / Q: how we elect the two liaisons? A: we ask for names of members available and officers will select them, similar to how officers select members of standing committees.

Voted: Stay at area / go to assembly: 1 person

CNCA 2019 BUDGET VS. ACTUAL EXPENSES THROUGH DECEMBER 2019

California Northern Coastal Area Budget vs. Actuals: 2019 Budget - FY19 P&L January - December, 2019

	ACTUAL	BUDGET	% of BUDGET
Revenue			
002 Group Contributions	74,909.20	95,474.00	78.46%
003 District Contributions	19,114.14	14,000.00	136.53%
004 Assembly Contributions	9,684.81	6,870.00	140.97%
005 Tradition 7, Area Comm.	3,294.31	3,620.00	91.00%
006 H & I Archives Rent	575.00	575.00	100.00%
007 CNCA Subscriptions	6.00	12.00	50.00%
008 Personal/Misc Contributions	285.88	1200.00	23.82%
010 Interest Income	7.05	5.04	139.88%
Unapplied Cash Payment Revenue	65.00	—	—
Total Revenue	\$ 107,941.39	\$ 121,757.04	88.65%
Gross Profit	\$ 107,941.39	\$ 121,757.04	88.65%
Expenditures			
012 EXPENSE			
013 Delegate Expense	7,525.84	8,270.00	91.00%
038 Officer Expense	27,396.00	33,860.00	80.91%
093 Committee Expenses	28,790.40	36,425.00	79.04%
158 General Expenses	53,722.77	54,080.00	99.34%
Total 012 EXPENSE	117,435.01	132,635.00	88.54%
Total Expenditures	\$ 117,435.01	\$ 132,635.00	88.54%
Net Operating Revenue	\$ -9,493.62	\$ -10,877.96	87.27%
Net Revenue	\$ -9,493.62	\$ -10,877.96	87.27%

Cash basis Wednesday January 15, 2020 11:32 AM GMT -8:00

CNCA STATEMENT OF FINANCIAL POSITION — DECEMBER 2019

California Northern Coastal Area Statement of Financial Position

As of December 31, 2019

	Total
ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	4,188.92
Prudent Reserve - Savings	8,140.68
Total Bank Accounts	\$ 12,329.60
Other Current Assets	
Assembly Deposits	3,900.00
Undeposited Funds	20.00
Total Other Current Assets	\$ 3,920.00
Total Current Assets	\$ 16,249.60
TOTAL ASSETS	\$ 16,249.60
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	14,603.22
Prudent Reserve ~ Savings	11,140.00
Net Revenue	-9,493.62
Total Equity	\$ 16,249.60
TOTAL LIABILITIES AND EQUITY	\$ 16,249.60

AREA COMMITTEE MINUTES—JANUARY 11, 2020, Cont'd.

- “That CNCA add a line item to future budgets with the approval of a housekeeping motion to authorize an annual contribution no greater than \$600 to the Hispanic Women’s Workshop.” – *presented by Sandra G. and Ana V.*

Suggested a friendly amend to add: “with the approval of a housekeeping motion & no greater than \$600” / amendment accepted. Q: How did you decide the \$600 number, do other areas contribute that amount? A: that’s the same amount we contributed and also other areas contribute \$600, I don’t know how that number was picked / Q: why if it’s budgeted, do we need a housekeeping motion? A: it’s just in case there is not enough money we can vote no.
Voted: stay at Area Business

NEW BUSINESS

- “That CNCA amend the motion “to provide two hours of professional Spanish/English interpretation, if requested, during the monthly Area Officer meeting at the rate of \$75 per hour” to “\$100 per hour and mileage reimbursement.” – *presented by Coree H., Assembly Coordinator*

PO: District 06 is in favor, want all to have the opportunity to understand and interact with GS.
Old business February

- “That CNCA contribute the minimum Delegate contribution of \$1800 for the 70th General Service Conference.” – *presented by the Finance committee*

PO: it’s stressful for our finances and I worry, but also our main purpose is to support our delegate so our groups are connected, I feel that we have to consider contributing more than \$1800. / Q: does the difference on the expenses comes from the delegate’s pocket? A: no, General Service Board budgets for the conference, to the extend the areas make voluntary contributions with the minimum suggestion or other figure that help the cost / if this is in the budget lets do it / we are going to reach the minimum, maybe in the future we can contribute more, we are in this together / we are in debt to contribute my personal opinion / this amount is requested, it’s not mandated, several areas can’t afford to contribute a penny and other area pay extra, this is funded by all AA not just the areas / if we don’t pass it we don’t have to contribute now, if we have money to do it in May then we can do it then, just offering that as something to think about.
Old business in February

- “That CNCA participate in the Pacific Region Hos-

pitality Suite at a cost not to exceed \$200.” – *presented by Teddy B.-W., Delegate*

PO: do it / PO: I was on the committee in the past, it will be wonderful to be part of.
Old business in February

DISCUSSION TOPICS

- “Agenda Topic Summaries: Purpose, Use, and Future”

I’d like to keep the discussion for the benefit of my district, each panel we always have members that are interested in this material / this helps to get well informed groups, this is a great tool / without the summaries this will force us to go through all the background material / topics are important, this could help inform in a simple way and get members attention and generate interest and without this it’s hard, this is powerful / the summaries are very important, to the point, it could be hard to work without them / thank you to all the members that do this for us, I can’t imagine doing this without this material / the purpose is to help, I’ve been reflecting on how can we get all the participation from our district and giving commitments to help with the summaries to the members, maybe having DCMCs help on this and make them part of this process can make it more effective / I still believe it’s a good tool, maybe we should request some one in GSO to work on this / there’s a time before and after these summaries were started in our Area, can we look at if their creation has increased the participation / we had several members asking for this already even from other areas.

- “Motion 9908-4 states: “That every five years the area committee review and determine whether or not the delegate will be funded to the International Convention.”

The reason this is on the agenda is because it has to be for the area to review and determine.

- “Discuss ideas and options to operate CNCA on a more financially prudent basis”

We talked about options for increasing contributions and not cutting services, but increase availability of electronic payments, and at assemblies locate the finance committee in a more visible way, with signs that have suggested donations amount, help offset assembly costs at least / we are lucky to not have registration fees at assemblies, maybe we need to try it once, or a registration donation before the assembly \$20 from 350 people can produce \$7000 / maybe dropping one assembly this year can help / Trying things at least once could be a good idea / we had a very efficient area and

AREA COMMITTEE MINUTES—JANUARY 11, 2020

we messed up the responsibilities of our trusted servants on this, who let the issue go so far and now we need to communicate to our districts, maybe I missed the direct request to put it out there that we need to request that members and groups re-send uncashed contributions, and it hurts cause we have to make sure the activities continue, we can help by informing our groups on the necessity of these services / maybe ask the groups to help the contributions to our area? / we prefer to show the information and have the groups decide what to do with the information on their own rather than tell them what to do / maybe if we consider to have the newsletter/comments distributed digitally and save money, even just temporarily / or we could look at re-organizing the schedule so we're not having two ACM meetings on the assembly months / what I can do to help as a DCMC is to communicate to my GSRs, and as an Area, we need to be careful not making motions left and right, also making the comments available digitally / personally not scared using the prudent reserve that is what it's for / practical idea, maybe have the District fund the officer to come to the District / it's time to increase the prudent reserve / I expend \$700 on envelopes and stamps I encourage you to give me your email and we'd save a lot if we also had the right address for comments and comentarios / we have to be careful on creating barriers to help / it's good to know where I'm putting my money, will be good to talk about this in our districts / I take seriously how we expend the money, I'll ask everyone to do the same / things are going to get back to normal and that allows all the General Service members to be a part of / I think some of those numbers are little wrong, we didn't spend that much money / similar things have happened in the past and the solution is cutting the travel of the officers, not rent or assemblies, we can use more technology too, this could be the year to use something like our own zoom account / this is not a poor area we do pretty well / we are concerned to keep the prudent reserve / many months we keep the money, using it to be more inclusive / by asking our groups for money are we sending the right message? we have expenses and we have income we have a way to inform our groups and members 'what do we do?' and 'what GSO does' this will encourage members / it is necessary that we watch how we use money in better ways / it is a bad time at the area, we going to be ok, we are hurt but not dying.
Will Continue in February

Discuss content available on the Area website, and

what might be added to improve communication - February

WHAT'S ON YOUR MIND?

Don't forget to return radios every month./ We discussed using zoom for remote meeting, we can try in our district in January (district 03) / thank you district 18 for marking out the list of members so we don't send copies of *Commentarios* that aren't needed - will save us money./ H & I is conducting a pilot program seeking male sponsors for inmates in San Quentin, it's an amazing experience, monthly orientation first Wednesday of each month at 1st Christian Church 111 Fairmont Ave in Oakland. / I'll miss the service that Life J. did, preparing the list of atheist and agnostics conferences and meetings in our area, if any one has knowledge or is carrying on that work I'd like to hear from you maybe talk about modifying that list to distribute / one project was to host an international atheist and agnostics conference locally, let me know (Jackie B) / in Marin January 25 Saturday we will have a speaker name Billy N with the topic traditions in today's world / agenda topics workshop will held on January 29 with districts 04-40 12:00-3:30 / Larry's report talking about member who got sober by as a H & I and now it's reaching out to our Area, when I was GSR I heard about a member that only spoke Chinese and Doug gave a Big Book, this guy said I need help and this letter got here with the money our groups put in the basket. / lost and found jacket

3:30 p.m. -Closing

- Miguel H.
CNCA Panel 69 Recording Secretary

CNC AREA COMMITTEE & ASSEMBLY MOTIONS—February 2020

AREA COMMITTEE

HOUSEKEEPING MOTIONS

- That CNCA provide GGYPA (Golden Gate Young People in Alcoholics Anonymous) with a letter of support for a bid to host the ACYPAA Round-up in the spring of 2021, at a date to be determined. – *presented by GGYPA*

ASSEMBLY BID

Election Assembly 2020

PRESENTATION OF NEW BUSINESS

- That California Northern Coastal Area accept the rotation to host the Pacific Region Alcoholics Anonymous Service Assembly in 2024.

OLD BUSINESS

- That CNCA amend the motion “to provide two hours of professional Spanish/English interpretation, if requested, during the monthly Area Officer meeting at the rate of \$75 per hour” to “\$100 per hour and mileage reimbursement.”
- That CNCA contribute the minimum Delegate contribution of \$1800 for the 70th General Service Conference. – *presented by the Finance committee*
- That CNCA participate in the Pacific Region Hospitality Suite at a cost not to exceed \$200.

NEW BUSINESS

- That CNCA add a line item to future budgets, with the approval a house-keeping motion, to authorize funding

the travel expenses of two liaisons to the Hispanic Women’s Workshop.

- That CNCA add a line item to future budgets, with the approval a house-keeping motion, to authorize an annual contribution no greater than \$600 to the Hispanic Women’s Workshop.

DISCUSSION TOPICS

- Discuss ideas and options to operate CNCA on a more financially prudent basis
- Discuss content available on the Area website, and what might be added to improve communication
- Discuss how we can best strengthen the composition and leadership of our future trusted servants

AREA ASSEMBLY MOTIONS

OLD BUSINESS AT AREA ASSEMBLY

- That CNCA establish a standing committee on Technology.
- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – *presented by District 07*
- That AAWS publish a one-page summary of the six warranties. – *presented by District 08*

NEW BUSINESS AT AREA ASSEMBLY

- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Spanish-speaking LGBTQ Alcoholic" be produced. – *presented by District 40*

CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS

PRE-CONFERENCE ASSEMBLY 2020

"2020 – A Clear Vision for You"

SATURDAY/SUNDAY APRIL 4 & 5, 2020

**Santa Clara County Fairgrounds
344 Tully Rd., San Jose, CA 95111**

Saturday

8:00 - 9:00am Registration
9:00 - 9:15am Orientation
9:15am Business Meeting
12:00 - 1:00pm Lunch
1:00pm Remarks from the Delegate
Conference Process Review
Sharing on the Conference Theme
1:30pm Group Consciences

5:00-5:30pm What's on your Mind?

Please clean up all your belongings

Sunday

8:00-9:00am Registration
9:00am Group Consciences
12:30-1pm What's on your Mind?

(If extra time is needed to hear group
consciences, we will break for lunch and
return at 2pm to continue)

**BRING YOUR FM RADIO FOR
SIMULTANEOUS INTERPRETATION**

10am - Sharing Session Opened with the Serenity Prayer by Coree H. Chair. DCMs, visitors, and GSRs attended. Our meeting is open to everyone to learn and participate on the topics. Please bring radios. Announcements. Recording secretary announced providing your email to be included on the email list.

Presentation - Generous Orthodoxy and the Big Book of Alcoholics Anonymous by Jackie B. from District 06. Jackie shared her experience with resistance to the word "God" and the use of "he" in A.A. during early recovery and how she came to be more comfortable with these terms with time. Upon participating in a back to basics group, she became passionate about carrying the Big Book message and studying A.A. history. She believed that the message of A.A. was diluted by "pop psychology." She shared about the different "styles" of A.A. "Orthodox" is committed to one's tradition and "generous" means openness to change; generous orthodoxy is incorporation of both principles. She shared the history and evolution of various individuals and groups in and out of A.A. demonstrating either principle, and cited sources she used to gather this history (see bibliography and presentation outline). She encouraged the group to reflect on what it takes for members who value tradition to be open to change and what it takes for those open to change to also value tradition? She also encouraged the group to reflect on whether recovery was more successful in the past where some groups embraced a "back to basics" approach to recovery, suggesting that perhaps these practices encourage the idea of a plain language Big Book.

Members shared. Summary/take home points:

- Members shared experience on how these ideas/approaches manifest themselves in groups and in recovery (including working the steps themselves and working with newcomers)
- Suggestion that orthodox points of view in carrying the message may be fear based
- How each member's right to speak (especially in group business meetings) allows us to open our minds and better form a group conscious
- It takes a balance, which we can seek through our high power, to be open to the spectrum of protecting tradition and openness to new ideas
- The value of asking questions to better understand the messages we are receiving regarding recovery
- How our tendency toward black and white thinking can manifest in the adoption of an orthodox versus generous points of view
- Members shared their experience of how they became more open-minded as they progressed in recovery
- Importance of the singleness of purpose and protecting the warranties in guiding our actions
- Experience of business meetings not being representative of the diversity of groups and the tendency of those that attend to be members that are more "rigid"
- The dangers of rigid thinking with respect to how it can make newcomers feel unwelcome, leave A.A., and die

Discussion of topics for next month: 1) Reaching out to the African American alcoholic, 2) Homeless newcomers and 3) Treatment centers saying "relapse can be part of recovery"

February's Topic: Homeless newcomers by Meg B.

Meeting adjourned at 10:55 AM with the Responsibility Statement.

Respectfully submitted,
Sarah B., DCM Sharing Session Recording Secretary

2020 CNCA CALENDAR—PANEL 69

2020—Panel 69

February	22—Area Committee Meeting
March	6-8—PRAASA (Area 3, Tucson, AZ) 28—Area Committee Meeting
April	4-5—Pre Conference Assembly , Santa Clara County Fairgrounds, San Jose, hosted by Districts 05 & 17 19—25, General Service Conference, NY 25—Area Committee Meeting
May	6—Post-Conference Assembly , Robert Livermore Community Center, Livermore, hosted by Districts 7, 8, 20 & 70 23—Area Committee Meeting
June	27—Area Committee Meeting

July	2-5—AA International Convention , COBO Ctr., Detroit, MI 25—Area Committee Meeting
August	8—Summer Assembly , Crosswalk Community Church, Napa, hosted by District 11 15—Area Committee Meeting (<i>Note: 3rd Saturday</i>) 21—23, Pacific Regional Forum , Las Vegas, NV
September	26—Area Committee Meeting
October	24—Area Committee Meeting
November	14—Election Assembly , tbd 28—Area Committee Meeting
December	19—Area Committee Meeting (<i>Note: 3rd Saturday</i>)

PANEL 69 ASSEMBLY DATES—2020

2020 Pre-Conference Assembly
April 4-5, Santa Clara County Fairgrounds, San Jose (Hosted by Districts 05 and 17)

2020 Post-Conference Assembly
May 16, Robert Livermore Community Center, Livermore (Hosted by Districts 7, 8, 20 & 70)

2020 Summer Assembly
August 8, CrossWalk Community Church,

Napa (Hosted by District 11)

2020 Fall Election Assembly
November 14

If your District is considering making a bid for a Panel 69 or 71 Assembly, please contact the Assembly Coordinator, Coree H., via [the web form](#).

PANEL 69 AREA OFFICERS & AREA MEETING INFORMATION

Delegate

Teddy B.-W.

Alternate Delegate

Jennifer B.

Chair

Eric L.

Treasurer

Dennis H.

Registrar

Erica G.

Recording Secretary

Miguel H.

Assembly Coordinator

Coree H.

Literature/Grapevine Chair

Magdaleno O.

Pacific Regional Trustee

Kathi F.

prtrustee@centurylink.net

To contact any Area Officer or Committee, please use the [web form](#).

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CNCA

P.O. Box 884222

San Francisco, CA 94188-

4222 cnca06.org

NorCal H&I Committee

P.O. Box 192490

San Francisco, CA 94119-

2490 handinorcal.org

CNCA Standing Committees & Sharing Sessions

are typically 4th Saturdays every month (3rd Saturdays in December, and often January)

Committees and Sharing Sessions meet in the mornings,

the Area Business Meeting is held from 12:30—3:30 pm.

Address is 320 N. McDowell Blvd., Petaluma

Accessibilities committee meets at 10:00 am. For information contact Alan W.

Archives committee meets at 11:00 am. For information contact Denise G. Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597. Archives workday is at 193 Mayhew Way.

Bridging the Gap committee meets at 11:00 am. For information contact Larry B. BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

DCMs' & DCMCs' sharing sessions meet at 10:00 am.

Interpretation & Translation committee meets at 11:00 am. For information contact James B.

Literature/Grapevine/La Vina sharing session meets at 10:00 am. For information contact Magdaleno O.

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets at 11:00 am. For information contact Jennifer B.

Web committee meets at 11:00 am. For information contact Drew B.

**BRING YOUR FM RADIO FOR SIMULTANEOUS SPANISH/ENGLISH
INTERPRETATION & ASSISTED LISTENING**