



CNCA COMMENTS



A.A. Confidential—March 2020
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview

Much of General Service revolves around the annual General Service Conference in New York – and these next two months here in our Area focus on preparing our Delegate to represent us at the Conference. The Agenda Topics this year include a number of consequential proposals, and I am expecting substantive sharing at the microphones at the Pre-Conference Assembly this April in San Jose.

The Assembly will include our regular morning business meeting on Saturday, where we might vote on a proposal to create an Area technology committee and another proposal to request the creation of a pamphlet for the transgender alcoholic. We will also keep discussing other proposals, hear reports from area officers, and meet our new Area Accessibilities committee, which was formed as a result of a vote at our last assembly in November.

Starting in the afternoon, we will hear group consciences on many of the agenda topics; the order of sharing is on the flyer, and time at the microphone will be limited to 75 seconds (the yellow light will turn on at 60 seconds).

At our most recent Area Committee meeting, we approved a proposed budget for 2020. While our financial situation remains less than ideal, we have been able to replenish the prudent reserve and cut expenses in a way to ensure that – barring some unexpected new challenges – we will be able to continue to fund the services we have been asked to provide.

We also passed a number of motions – to write letters of support for two young people committees who were bidding to host conferences next year, to contribute the minimum Delegate contribution (of \$1800) to the General Service Conference, to participate in a Pacific Region hospitality suite at the International Convention (at a cost of no more than \$200), and, most excitingly, to accept the rotation to host PRAASA in 2024.

We heard a wonderful report back from the National AA Technology Workshop and finally heard a report back from our Area Structure ad hoc committee. That final report, which is available from your DCMC, includes a recommendation to incorporate as a non-profit 501 (c)(3). We will be hearing a lot more about this over the course of the next few months as motions are presented at the Area Committee meeting.

I look forward to seeing what happens next.
Thank you for your service,

Eric L.
CNCA Chair - Panel 69

Hopefully, by the time you read this you will have facilitated in or participated in a group conscience session—or have one planned! I hope your experience is enriching. The power of the group conscience is not only that the will of the group comes to be known, it is that all the participants have the opportunity to undergo the magical formula we have in general service: to listen without opinion, speak their truth, vote their conscience, and trust the process.

That combination of experiences holds within in the promises of change and belonging. When I listen to other A.A. members whose opinions differ from mine, I experience a healthy doubt. Maybe I haven't considered the matter fully. Maybe I can learn something. Maybe my opinion can change. The fact that we do this as a group anchors me in the group with those invisible ties of love and responsibility.

This is the time of year when we begin to infuse our 2nd Tradition with meaning, spirit, and love, starting a process that while it might seem to conclude at the General Service Conference, actually never ends.

Sometimes we hear people say that the topics rotate, as do the trusted servants, and that if you stay around long enough you will see these topics again. That's true. It's true because there are eternal themes in A.A. Themes like our message, self-support, communications, prudence, and keeping A.A. democratic. The individual topics might contain subtle variations, but it's good and proper that the perennial themes are thoroughly examined, year in, year out. Even the first 100 concluded that "we know but a little." May we continue this healthy 6th Step quest not for perfection, but to raise our eyes towards it and walk in its direction.

This year's topics are juicier than most. That means we are all likely to hear a broad spectrum of passionate viewpoints. This has the potential, if we do it right, to draw our fellowship together in unity, but only if we embody the formula of listening like we don't have an opinion, speaking our truth, voting our conscience, and trusting this beautiful never-ending process.

Teddy B.-W.
CNCA Panel 69 Delegate

Looking for Something?

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AREA COMMITTEE MINUTES—February 22, 2020

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES, FEBRUARY 22, 2020

The monthly committee meeting of CNCA was held February 22, 2020 at the Petaluma Community Center. Eric L. opened the meeting at 12:30pm, followed by the Serenity Prayer. The AA Preamble was read by Blake B. (District 12), Kathleen G. (District 04) read Tradition 2, Steven R. (District 06) read Concept 02. There were (5) New GSRs, and (0) New DCM/DCMs (3) past Delegates present: Ken M. (Panel 61) Raymundo L. (Panel 63) Joann L. (Panel 67). The January 2020 minutes and financial report were accepted as printed in the CNCA Comments. (The January financial report was published in the January issue of Comments and Comentarios). Birthdays: 110 years.
Registered attendance: Voting (55) / Non-voting (43)

OFFICER REPORTS

DELEGATE – Teddy B.-W.: Registration for the 2020 International Convention in Detroit, July 2-5 is still open, priced at \$115, \$140 after April 14. There are still lots of hotel rooms available, with shuttles provided. At the International Convention the 40 millionth copy of the Big Book will be presented to NIAAA-the National Institute on Alcohol Abuse and Alcoholism. The new aagrapevine.org website is stunning. The AA Grapevine YouTube channel is also up and running. Contributions to the GSB for 2019 hit a new record of \$8.8M. The new software for AAWS is functioning. News from Japan! Earlier this month, Japan held its 25th General Service Conference, and I am very pleased to let you know that CNCA's Panel 53 Delegate, Doug G., was elected to serve as Trustee and World Service Meeting Delegate. I got to attend the General Service Board Weekend at the beginning of February.

ALTERNATE DELEGATE – Jennifer B.: Thank you again for all the feedback you gave on how you used the Agenda Topic Summaries. The officers listened and it seems to me that we made some adjustments; I'm super excited to hear the sharing from our groups at the Pre-Conference Assembly. If you are attending the NCCAA in San Jose next month, please be sure to attend our General Service panel at 9:30 am on Saturday, March 14th. We will have three fantastic speakers. I hope to see many of you at PRAASA.

CHAIR – Eric L.: In M., the Area Committee meeting will be run entirely in Spanish. Some reports will be in English – but quite a few will not be – so please remember to bring your radios that day, and to all other Area functions. At the Pre-Conference Assembly, we will only be hearing group consciences, not personal opinions, on any of the Agenda Topics.

TREASURER – Dennis H.: We have had a good couple of months from a financial standpoint with January a little bit over our original budget, February is a bit down but we expect CNCA to be over budget by 3,000. Expenditures are about where we expected, we will be spending 92% of our budget when all the bills for February are in. I have moved \$3000 back to our reserve, once the budget is completed, I will adjust the reserve accordingly. Currently we have \$14,825 in our checking account and \$11,140 in our prudent reserve.

REGISTRAR – Erica G.: It's very important that all district registrars let me know that the rosters I'm sending are accurate. I participated in training and I currently have read only access to the new system. It is hard for me to say if all of our data is correct or not, until they say it has all been done. They did let us know there is a backlog of something like 1200+ kits, which is not including the ongoing registrations being processed. Please give GSRs service manuals and direct them to the digital links for the content that comes in new GSR kits.

RECORDING SECRETARY – Miguel H.: Please make sure to put your draft report in the basket or email it to me so I can be better communicate to the rest of the Area the important activities and service that your Districts, Committee or sub-Committee provides.

ASSEMBLY COORDINATOR – Corey H.: Well, it's February, so we all know that means the Pre-Conference Assembly is coming up and I want to give you fair warning that Sunday may go into the afternoon. I also want to mention that we still need a bid for the election assembly in November, we don't have anything on the books yet. After the area accepts a bid, we can open the assemblies of Panel 71 for bids.

LITERATURE/GRAPEVINE/LA VIÑA – Magdaleno O.: "YOUNG AND SOBER IN A.A." now available, A.A.s newest Young and Sober in A.A. From drinking to recovery, shares the experience, strength, and hope of Young A.A. members. The February Grapevine edition is "GETTING THROUGH TOUGH TIMES." The February La Viña edition is "CHARACTER DEFECTS" and soon we will be releasing the redesign of our page. We'll have a Grapevine and La Viña work-

AREA COMMITTEE MINUTES—FEBRUARY 22, 2020, Cont'd.

shop in the CCAA in San Jose on March 14 at 12:00 pm.

DISTRICT REPORTS

DISTRICT 01 (MONTEREY) – Susan G.: We passed our 2020 budget. We will send our Alt DCMC and one second year GSR to PRAASA. We spent an hour before our regular meeting discussing three diverse selections with GSRs reading and asking lots of questions.

DISTRICT 02 (SALINAS/SAN BENITO) – Brian McC.: We passed our budget and decided how to contribute the proceeds from our Gratitude Dinner. We discussed the process of agenda topics, group conscience and pre-conference assembly. PRASSA was talked about. The District is only able to partially fund someone to attend. At this point our new GSR's eyes glazed over and we closed the meeting.

DISTRICT 03 (SANTA CRUZ) – Marisol D.: Agenda topics workshop will be held in March 15. Our motion to have a joint liaison to Al-anon failed. We're planning a Safety workshop to take place sometime in the summer and are working together with intergroup and District 19.

DISTRICT 04 (SANTA CLARA NORTH) – Julie N.: We have a new location and we count with tables and chairs. Although it is always nice to have a visit from Area officer, this month gave us more time to talk about area motions. We started a discussion on safety in our district and within the groups that make that make up our district. We are having our agenda topics workshop on February 29th along with District 40.

DISTRICT 40 (SANTA CLARA SOUTH) – Manuel R.: Our contributions went down and we discussed why the contributions are important to groups and General Service after having a presentation about 7th tradition we discussed how to collect a group conscience on an assembly business item. Agenda topics workshop will be Saturday 29th.

DISTRICT 05 (SAN MATEO) – Matt D.: We are focusing on hosting the 2020 Pre-Conference assembly along with District 17. You can register with Sarah B. today for the Dinner prior the Assembly.

DISTRICT 06 (SAN FRANCISCO) – Justin H.: We continued our loving discussion regarding the results of our District Inventory. We are now in full preparation mode for the Pre-Conference Assembly and preparing diligently to gather Group Consciences

and we will be holding our Agenda Topics Workshop on Saturday, March 14th from 10am-2pm at the Urban Life Center located at 1101 O'Farrell Street, San Francisco, California.

DISTRICT 07 (ALAMEDA NORTH) – Vivian K.: We are co-hosting an agenda topics workshop with D-70 on Feb 29 in Castro Valley. We will continue the discussion of using gender neutral language during district meetings. Our Archive Chair is researching the history of sobriety medallions and birthday chips in AA.

DISTRICT 70 (ALAMEDA SOUTH) – Nora H.: We are hosting our agenda topics workshop on Feb 29th along with District 07. We created a budget committee. We are sending one GSR to PRAASA after being pulled from the hat.

DISTRICT 08 (CONTRA COSTA) – Richard W.: We discussed couple of motions; one on purchasing a recording device to use during the district meeting, and the other for a laptop for our District treasure use. We had our agenda topics workshop. Looking forward to see you at PRAASA.

DISTRICT 09 (SOLANO SOUTH) – Steve M.: We are looking over our inventory questions in March and then spread out in the next 3 or 4 months. We are planning to co-chair an event in October

DISTRICT 90 (SOLANO NORTH) - Terri M.: We had a blast at the Annual Inter-District Workshop thank you District 09. We are excited about the agenda topics workshop on March 14. Our District and our contributions are up from the start of panel; we will be able to grant two members with 300 dis each to attend PRAASA this year.

DISTRICT 10 (MARIN) – Gusty M.: We are preparing for agenda topics and we are holding a workshop on Sat February 29th Marin Intergroup is putting a safety workshop Saturday 29th. We hold a concept study 1st Saturday of the month.

DISTRICT 11 (NAPA) – Robin H.: This is my first time doing this. Our Unity Day is co-chaired by CRS It will be held on July 18th at the Crosswalk Church in Napa. We had homework assigned the previous month to write to GSO and have them send us AA literature to our homes - we each had a different topic. There was a presentation on Safety, including handouts of the Safety Card and AA Guidelines.

DISTRICT 12 (SONOMA) – Claudia N.: We had our Agenda Topics Workshop and we had 120 registered. We had a DCM from one of our sub-districts step down and thankfully we had an alternate that was voted in. Eight of our 9 sub-districts have Alter-

AREA COMMITTEE MINUTES—FEBRUARY 22, 2020, Cont'd.

nate DCM's and we finally filled the Chair position for our Interpretation & Translation Committee. We had a presentation of New Business this month around raising our Prudent Reserve. Education on the differences between motions and agenda topics will be addressed as well. One of the items that came out of our Inventory was regarding our Sub-Committees and the desire for more information around the work that is done through BTG, PI/CPC and ASC. Delegates BBQ will be held on June 1st.

DISTRICT 13 (LAKE) – Sherrie R.: Our District meeting reviewed and approved a budget for 2020. We discussed at length the motion being considered at Area. Our H&I team continues to recruit and have meetings at the CDF Fire Camo and Jails.

DISTRICT 14 (MENDOCINO) – Amy M.: We devoted time to allowed our GSRs to understand the agenda topics process as several attended the District 12 workshop. We have 37 members registered for ACYPAA. We ready to attend PRAASA. "Sera divertido dar mi reporte en español."

DISTRICT 15 (HUMBOLDT/DEL NORTE) – Timothy F.: We have new lockers for better conservation of our archives. We considering using Zoom for area officers' visits. At least 4 Districts are doing group inventories. H & I had elections and are functioning & reorganizing.

DISTRICT 16 (SPANISH CENTRAL) – Emma M.: We received a new GSR and our District is getting better every day. We selected a day to discuss the District inventory plan. We are making a strategy to visit groups once we get the agenda topics summaries to start collecting group conscience.

DISTRICT 17 (SPANISH SOUTH) – Fernando R.: We keep informing our groups about the current AA activities. We'll have participating at the NCCAA in San Jose. We agreed increasing the contribution to the Area and the DCMC. Groups reported that they are sending their contributions to Area. District 17 Delegate's report is May 24. We are also focusing on the preparation of our Pre-Conference Assembly along with District 05.

DISTRICT 18 (SPANISH NORTH) – Jose F.: We elected a new registrar. We keep informing our groups on everything related to general service and the importance of having a GSR. We are waiting for the agenda topics background material in Spanish to start working. Next month will be easier for me.

DISTRICT 19 (SPANISH SOUTH SOUTH) – Julio F.: Our district updated the meeting directory information for distribution in public places. We worked on the budget for future DCMCs to attend PRAASA. With the

spirit of rotation, the Intergroup held their elections. We are visiting groups prioritizing groups without a GSR.

DISTRICT 20 (SPANISH EAST) – Jose M.: We keep working, visiting groups including 5 new groups, two of them women's groups. We finalized our District Inventory and we have new plans to implement and work on what we're doing wrong. We are ready to attend PRAASA and planning our next Interdistrictal. We are discussing tradition 7th to inform groups about financial difficulties. Foro hispano is working along with the host District.

AREA SUB-COMMITTEES AND SHARING SESSIONS

ACCESSIBILITIES: Alan: We continue to work on our ad hoc committee to develop guidelines for our new committee for our presence on the CNCA website as a first step. We are developing support for Hispanic women in the area, particularly in having a workshop or unity day based in CNCA 06 as they are a remote community. We discussed an agenda topics plan for discussion.

ARCHIVES – Denise G.: Both of our work days were well attended. Our goal for the end of this panel is to have all the material from 2019-2020 digitalized for all our districts with all the support of all the committee. We received the results of our inventory and we have already implemented some of the suggestions. We had an opening for an Alt-Archivist and we filled that position at the Archives committee.

BRIDGING THE GAP – Larry B.: With 9 Districts reporting we made 18 presentations and had 97 requests. Unfortunately we are missing a couple of reports from a couple active districts. We sent 23 requests to other areas. We continue to develop unity and cooperation with H & I at all levels. We received 11 BTG requests from 6 county, and 3 state, facilitates. Two of our officers will represent BTG on the All Services Panel at NCCAA.

FINANCE – Don L.: The Finance Committee reviewed the January results and the prudent reserve. The final version of V8 of the budget proposal was reviewed and discussed; the finance pages of the CNCA website were reviewed for potential updates and adjustments. Electronic Contributions are accepted via square every month at the finance table.

PI/CPC – Jennifer B.: Young and Sober in A.A.: From Drinking to Recovery, A.A.'s newest Young People Video, is now available for viewing on the G.S.O. website and the AAWS YouTube Channel. We had a fun and interactive presentation in our committee meeting today, with the help of equipment borrowed from our amazing Web committee. Amy M. from Dis-

AREA COMMITTEE MINUTES—FEBRUARY 22, 2020, Cont'd.

trict 14 demonstrated how to locate and utilize resources on the AA.org website in both English and Spanish. In March, we will be gathering a group conscience on some of the Agenda Topics for P.I. and C.P.C. About the AA. Membership Survey, the background has what I thought was a fascinating report on how we collect data in our anonymous organization.

WEBSITE – Drew B.: Four remote Zoom meetings occurred last month, INCLUDING an Area Officer visit. The committee successfully created a website posting checklist to help streamline the posting process. We did have a website outage this month due to some inconsistencies across our vendors.

INTERPRETATION AND TRANSLATION – James B.: I like thank you Jose for stepping up and helping with interpretation. We are preparing to pre-conference. This month we welcome Jackie B. to the I & T committee as an equipment technician. We are knee deep in the translation of the summaries and look forward to delivering them soon.

CNCA COMMENTS / COMENTARIOS– Kelly H.: Thanks to 12 volunteers at this month's Lick and Stick, we mailed 175 first class copies of the Comments & 885 bulk copies by February 3rd. An additional 236 copies, including the Comentarios. Next month's Lick & Stick will be Saturday March 7th at the Park St. Center. We'll work with the web committee to post at cnca06.org as soon as possible. Thanks to the I&T and Web committees for support & help, and to all of you for letting our Districts be of service.

DCM SHARING SESSION – Sarah B.: We had a presentation on carrying the message to alcoholics that are homeless. Our presenter shared about the various struggles these alcoholics encounter as well as the challenges individual members and groups face working with them, the importance of our primary purpose of carrying the message and making all feel welcome, adjusting our sponsorship style to meet their needs, not making assumptions, sensitivity to the unique experiences and circumstances considering when and how to give, and the importance of setting boundaries so we make sure our focus is on their recovery from alcoholism rather than outside issues. In March we will have a presentation on "the spirit of participation in agenda topics".

LITERATURE/GRAPEVINE/LA VIÑA – Magdaleno O.: We selected different Grapevine and Literature agenda topics that we will discuss and collect group conscience in March. Some groups have delivered to me old issues of GV & LV magazines to donate and use in our different committees.

H&I LIAISON – Karen B.: In Fiscal Year 2019 NorCal

H&I spent \$586,592.81 on literature for 12th step work. This includes Literature, *Grapevines*, *La Viñas*, meeting schedules and CDs as well as the distribution of these materials. Northern California H&I supports over 33,000 meetings each year serving approx 25 major state and federal institutions plus hundreds of local jails, hospitals, rehabs and other facilities. I attended the General Meeting on February 09, 2020.

YPAA – Yazmin C.: SWACYPAA Southwestern Area Conference Young People in AA will be on September 17-20 in Santa Barbara. We are reaching out to the General Service Areas in the 7 states participating. We are also asking for help to create a robust & vibrant Spanish Speaking AA community to participate including simultaneous translation at this conference. For registration: swacypaa7.org

NCCAA – Robert G.: San Jose Conference will take place on March 13,14 & 15. Long timer Speaker meeting with 203 years. Maybe the last conference due to San Ramon money loss. We need support we're electing a new chairperson after the General Service panel. Maria Lupita C. from Salinas is our Spanish Meeting Speaker.

LA VIÑA 23RD ANNIVERSARY – Genaro G.: We have registrations for the 24th Anniversary. In December we held elections for the theme and emblem, we will have flyers by PRAASA. We also hold a meeting at the ACM every month at 9:00am. We will invite the host committee to inform us about the event as we are motivating members from our Area to visit the host committee in Arizona.

FORO HISPANO- Jose : We keep on visiting groups and giving information. District 20 met with the committee and contributed 387.00 dls. We agreed to meet every second Sunday of the month from 6:00am-8:00am for liaison and Districts that will attend. We have a closed meeting as a committee the 3rd Monday of the month. So far we have the quantity of 1,775.00 dls in contributions from members, groups and districts.

HOUSEKEEPING MOTIONS

- "That CNCA provide GGYPAA (Golden Gate Young People in Alcoholics Anonymous) with a letter of support for a bid to host the ACYPAA Round-up in the spring of 2021, at a date to be determined." – *presented by GGYPAA.*

Voted: No objections Motion Passed.

AREA COMMITTEE MINUTES—FEBRUARY 22, 2020, Cont'd.

- “That CNCA provide CRUZYPAA (Santa Cruz County Young People in Alcoholics Anonymous) with a letter of support for a bid to host the ACYPAA Round-up in the spring of 2021, at a date to be determined”. – *presented by CRUZYPAA.*

Voted: No objections Motion Passed

BUDGET

- Presentation of the 2020 Budget – *presented by the Finance committee*

You'll see changes from version 7 to version 8, we listened to feedback from the Area and reviewed all the line items. We are presenting proposed changes that could be recommended without restricting mandated items. These recommendations are being presented as an option and are not intended to discard any standing motions. We wanted to provide an alternative option budget for the area as was requested last month, and this proposed budget is to reduce the deficit compared to the budget presented last month. Q: this will change the procedure for making motions for workshops, for the forums etc. or will we still bring housekeeping motions for sending people to those events? A: this budget has been reduced only for this year, and we were able to do that because the items that were changed to a budget amount of zero was because those items are not happening this year, and if there are changes and it turns out an event is happening, we can still make a motion to fund someone to go to the even if that is what the area wants as long as we don't have zero in the bank account. / Q: We can see a rise in January income with groups reconciling their banking accounts and perhaps sending in money they realized hadn't been cashed- is this Jan amount increase added to each projected month's income? Is that why we are up from what we projected? A: in the budget we projected 5-month contributions, we only changed January to the actual numbers in January and the changed increase in income is a reflection of only updated the actual numbers for just the one month of Jan / Q: I was concerned seems like a lot of zeros- like in the PI both from last year. Wasn't that a big hit? Is there a reason this was taken to zero? A: we have several conferences last year, lots of them are not happening in our Area this year so it's likely that the General Service PI committees that are locat-

ed where the conferences are held will be covering it; it's not in our Area this year. Voted: No objections, Motion Passed

PRESENTATION OF NEW BUSINESS

- “That California Northern Coastal Area accept the rotation to host the Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) in 2024.” – *presented by Teddy B.-W., Delegate*

What happened is it rotates every year. There are 15 Areas in our Region and it's our turn to accept the rotation to host a Pacific Region Alcoholics Anonymous Service Assembly, last one we hosted was in 2009 in Oakland. We can stand at the PRAASA business meeting and say “Yes, we accept the rotation” or “pass”. We don't have to think about when or where to have this conference, the global questions is do we feel that CNCA wants to accept the rotation and host PRAASA 2024.

Q: do we have an idea of the expense that our area will do for this? A: PRAASA is self supporting and paid for by the number of people who pay at registration / It's an amazing opportunity to participate and learn, and it could take place anywhere in our Area, anywhere in Bay Area. / We were part of the Host Committee for the Pacific Regional Forum and I had a wonderful experience, it was really amazing to work with folks from GSO in NY and get our local groups involved and interested in General Service / In the spirit of rotation, this could be part of Area 06 service our groups and member better, we would be bringing PRAASA to them and it would probably cost us less because we don't have to expend money on airplane tickets etc. / I worked on PRAASA in 2009 we need to remember and consider that its very expensive here, but it is a great service experience / I was part of PRAASA in 2009 too, I remember putting signs at the Airport and meeting new faces from all over our region, it's a life changing experience / Q: do we have a deadline to prepare present options of location etc. ? A: we don't have to have anything prepare if we accept the rotation. Voted substantial unanimity: Yes: substantial / No: 0 / abstentions: 0 Motion Passed

OLD BUSINESS

CNCA 2020 BUDGET VS. ACTUAL EXPENSES THROUGH JANUARY 2020**California Northern Coastal Area
Budget vs. Actuals: 2020 Budget - FY20 P&L
January 2020**

	Total		
	Actual	Budget	% of Budget
Revenue			
002 Group Contributions	16,371.52	12,500.00	130.97%
003 District Contributions	1,037.00	1,100.00	94.27%
004 Assembly Contributions		0.00	
005 Tradition 7, Area Comm.	436.88	375.00	116.50%
006 H & I Archives Rent		0.00	
007 CNCA Subscriptions		6.00	0.00%
008 Personal/Misc Contributions	151.07	75.00	201.43%
010 Interest Income	0.15	0.50	30.00%
Unapplied Cash Payment Revenue	0.00		
Total Revenue	\$ 17,996.62	\$ 14,056.50	128.03%
Gross Profit	\$ 17,996.62	\$ 14,056.50	128.03%
Expenditures			
012 EXPENSE			
Total 013 Delegate Expense	\$ 361.16	\$ 378.39	95.45%
Total 038 Officer Expense	\$ 1,500.09	\$ 2,341.38	64.07%
Total 093 Committee Expenses	\$ 1,721.64	\$ 2,234.45	77.05%
Total 158 General Expenses	\$ 1,722.70	\$ 1,969.24	87.48%
Total 012 EXPENSE	\$ 5,305.59	\$ 6,923.46	76.63%
Pacific Region Hospitality Room	- \$ 400.00		
Total Expenditures	\$ 4,905.59	\$ 6,923.46	70.85%
Net Operating Revenue	\$ 13,091.03	\$ 7,133.04	183.53%
Net Revenue	\$ 13,091.03	\$ 7,133.04	183.53%

CNCA STATEMENT OF FINANCIAL POSITION — JANUARY 2020

California Northern Coastal Area Statement of Financial Position January 2020

	Total
ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	14,209.87
Prudent Reserve - Savings	11,140.76
Total Bank Accounts	\$ 25,350.63
Other Current Assets	
Assembly Deposits	3,900.00
Undeposited Funds	90.00
Total Other Current Assets	\$ 3,990.00
Total Current Assets	\$ 29,340.63
TOTAL ASSETS	\$ 29,340.63
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	5,109.60
Prudent Reserve ~ Savings	11,140.00
Net Revenue	13,091.03
Total Equity	\$ 29,340.63
TOTAL LIABILITIES AND EQUITY	\$ 29,340.63

AREA COMMITTEE MINUTES—FEBRUARY 22, 2020, Cont'd.

- “That CNCA amend the motion “to provide two hours of professional Spanish/English interpretation, if requested, during the monthly Area Officer meeting at the rate of \$75 per hour” to “\$100 per hour and mileage reimbursement.” – *presented by Coree H., Assembly Coordinator.*

Voted: favor 37 against 9 abstentions 3 Minority Opinion: we can use AA members of professional quality / the current interpreters have not requested for raise the fee, they agreed on the current price they are getting paid without including mileage reimbursement.

Vote to Reconsider: Motion to reconsider passed; motion remains old business next month.

- “That CNCA contribute the minimum Delegate contribution of \$1800 for the 70th General Service Conference.” – *presented by the Finance committee*

Comment: the main purpose is to have our delegate take our groups conscience, this is the cost of the General Service Conference so I'm in favor, I was even in favor of sending the \$3500 and cutting the officers district visits instead / Q: if this passes, do we have to make a motion to change it back to 3500? A: our budget every year is approved, we are making a motion to change the amount for this year / Comment:: Finance committee made a recommendation about sending this amount, I prefer to not send money or only what we can and send more later if our financial position is better later in 2020 / Comment: it's ok to ask for help when we need it, I support the amount of \$1800 than \$3600 this year / Comment: GS board received record contributions last year, we are little tide-up money-wise, we should pass this motion today and see how we do next year / Q: how does our delegate feel about this? A: in the past we always sent the minimum, in 2016 we decided to changed the amount to 3500 and a couple of other contributions for over \$10,000 dollars, I believe that GSO would want us to take care of our local groups and financial matters first / Q: how much money is available in the budget? A: 3500 / service manual 2018-2019 mentions that “this is a simple suggestion” we can always work for what's best for AA, in this case our Area has to do what's best for our Area and when we have more we can give more, we have already shown we're willing to do that / this is an issue that happens every panel and a learning experience for us to be more responsible, we send money every panel, it hurts my heart see us taking money from PI, H & I etc. let's see and hope we do better next year / Q: procedure question, can we make a motion for not sending any money this year? A: generally, in our area,

to make any motion you need to bring a motion from preferably from a group or district, submit 3 copies to the recording secretary, area chair, and copy for the area, we do that before the ACM, we are not an area that take motions from the floor / I feel we need to consider the Area finance suggestions and send the minimum. Voted: substantial unanimity: No: 4 / Abstentions: 1 / minority opinion: we should take the money from other areas in the budget, we should contribute money and cut officers visits / No motion to reconsider: Motion passed

- “That CNCA participate in the Pacific Region Hospitality Suite at a cost not to exceed \$200.” – *presented by Teddy B.-W., Delegate*

Voted: substantial unanimity: No: 1 / Yes: substantial / abstentions 3 Motion Passed

NEW BUSINESS

- “That CNCA add a line item to future budgets, with the approval of a housekeeping motion, to authorize funding the travel expenses of two liaisons to the Hispanic Women's Workshop.” – *presented by Sandra G. and Ana V.*

This is a remote community, as an English speaking woman there's lots of women's meetings but it's not the same with the Spanish speaking communities, there's a lack of information about sponsorship and service in those communities / two liaisons has been requested, the intent is to budget this every year / we can talk about every year without deciding now, we need to take care our budget / I'm not in favor to put it in the budget, we help this workshop financially and we can make a motion every year like we do with other workshops/ as a member and liaison of the Spanish speaking women's workshop, we are grateful and prudent with the money, we travel in pairs to help the money stretch further and we travel all year around doing outreach, we are just asking for help for the main yearly event/ we help financially this event every year, this is the 4th year and should be self supporting by now, and I haven't seen outreach. Become Old Business in March

PRESENTATIONS

- Report from the National AA Technology Workshop – *presented by Megan McC.*

AREA COMMITTEE MINUTES—FEBRUARY 22, 2020

Besides the yearly conference the NAATW Forum is available for techie and non-techie AA members online. TIAA-forum.org. The Workshops were wildly varied and overlapped. I attended the ones I felt would be useful to Area 06 or myself as Area 06 Web Committee member. The theme this year in Bowling Green was Connection. About connection: "Connectivity is more than a tool; it is an impulse" also, "Connectivity, not Geography is our destiny". Technology gives us the ability to spread info faster, across vast distances, reduce costs, and reach more people. / It is clear, that Technology has already changed A.A. / Ask ourselves this: How is technology changing the way people practice anonymity and how is that affecting A.A.? I think this is a very timely and important question. "Effects of Technology on AA Culture " The advent of new technologies might be creating significant culture gaps between A.A.s of today and A.A.s of the past. There might be things that we do in A.A. that do not make sense in the context of today's changing world. We might be keeping "small traditions" and/or resisting progress in ways that hinder our effectiveness in reaching the suffering alcoholics of today "Digital Archiving, File Management, and Rotation – Specifics" Use domain emails to help archive the conversations for the next person at rotation. Communicate at a high level, what should be archived and how to do it. What's important to roll forward. Not just the past, where we were, but the future, what will we be doing. / Use the cloud. Not a personal cloud, but domain-based and Business Class. Technology Practices in Other "Countries (Remote Presenters) Describe audio/visual. There were 3 speakers. 2 from China, one from near the Artic Circle in Sweden. Paul, an Australian, came to us from Shanghai China. Meetings in China are hard to find. He first found some online Skype meetings and then the Global Speakers Meeting <http://globalspeakersgroup.sxl.cn>. ZOOM is blocked in China, so he uses a VPN. He speaks to his sponsor and his sponsee using WeChat.

- Report from the Area Structure ad hoc committee – *presented by the Area Structure ad hoc committee.*

We did research and we ended up making this recommendation: Would incorporation maintain the upside-down service structure? Yes. In preparing this report, Ad Hoc Committee Members contacted other Areas, Officers, and Delegates to research which business entities they chose, as well as former General Service Office ("GSO"). There are no formal guidelines for

Areas about business entity choice. In preparing this report, Ad Hoc Committee Members contacted other Areas, Officers, and Delegates to research which business entities they chose, as well as former General Service Office ("GSO") staff who had experience in such matters. If CNCA adopts a different legal structure, would it open the door to abuses of power by Area Officers listed on the articles of incorporation? No. Currently, CNCA Officers act as the Area's trusted servants and exercise their right of decision in many ways that some would call "power." Some sign checks that disburse Area money and prepare financial reports.

WHAT'S ON YOUR MIND?

See you all at the Pre-Assembly dinner, make sure to register / due to the service among Spanish speaking women this year, women participation increased from one to 6 female GSRs in our districts, we are committed to serve and help with this external events such women's workshop but we don't yet have a solid base in our own area, we are working in unity with the accessibility committee to keep growing / please don't forget- it's good to mention to encourage new GSRs to go in the mic at the Pre-Conference Assembly anyway / if you are going to share at the pre-conference assembly don't wait to go to the mic, we may have to limit the time and the number of people in line / sober and free fundraiser March 21 lots of fun at the sacred and spiritual living San Jose the cost 25.00 dls / BTG district 07 likes to invite you to the AA is playing the Yankees, April 11 / I'm not able to drive to safely and I will be asking people for ride every month (Dennis H.) / focus has to be more on unity and saving drunks rather than saving money, being enthusiastic coming to service assembly, since then I've been focusing in unity, thank you the interpreters and the members serving the area / GV, LV workshops what they are and how they work the importance and functions in our Area / please return radios at the end of the meeting / our next months area meeting will be in Spanish bring your radios

3:30 p.m. -Closing

- Miguel H.
CNCA Panel 69 Recording Secretary

CNC AREA COMMITTEE & ASSEMBLY MOTIONS—March 2020

CNCA Motions – March 2020

AREA COMMITTEE

Housekeeping Motions

- That CNCA host a workshop for Spanish-speaking members of the Area to provide information regarding technology basics (like using e-mail and accessing the Area website), at a cost not to exceed \$15.

Presentation of New Business

- That CNCA incorporate as a California Public Benefit Corporation and retain the services of a qualified attorney to attend to the incorporation. – presented by the Area Structure ad hoc committee

Old Business

- That CNCA amend the motion “to provide two hours of professional Spanish/English interpretation, if requested, during the monthly Area Officer meeting at the rate of \$75 per hour” to “\$100 per hour and mileage reimbursement.”
- That CNCA add a line item to future budgets, with the approval a housekeeping motion, to authorize funding the travel expenses of two liaisons to the Hispanic Women’s Workshop.

New Business

- That CNCA add a line item to future budgets, with the approval a housekeeping motion, to authorize an annual contribution no greater than \$600 to

the Hispanic Women’s Workshop.

Discussion Topics

- Discuss ideas and options to operate CNCA on a more financially prudent basis
- Discuss content available on the Area website, and what might be added to improve communication
- Discuss how we can best strengthen the composition and leadership of our future trusted servants
- Discuss ideas on how to convey information regarding Area Assembly motions to the GSRs

AREA ASSEMBLY MOTIONS

Old Business at Area Assembly

- That CNCA establish a standing committee on Technology.
- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – *presented by District 07*
- That AAWS publish a one-page summary of the six warranties. – *presented by District 08*

New Business at Area Assembly

- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Spanish-speaking LGBTQ Alcoholic" be produced. – *presented by District 40*

CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS

PRE-CONFERENCE ASSEMBLY 2020

"2020 – A Clear Vision for You"

SATURDAY/SUNDAY APRIL 4 & 5, 2020

**Santa Clara County Fairgrounds
344 Tully Rd., San Jose, CA 95111**

Saturday

- 8:00am - 9:00am
- Registration
- 9:00am - 9:15am
- Orientation
- 9:15am
- Business Meeting
- 12:00pm - 1:00pm
- Lunch
- 1:00pm
- Remarks from the Delegate
 - Conference Process Review
 - Sharing on the Conference Theme
- Group Consciences**
- Agenda
 - Treatment/Accessibilities
 - Literature
 - Regional Forums/International Conventions
 - Archives
 - Trustees
- 5:00pm - 5:30pm
- What's on your Mind?

Sunday

- 8:00am - 9:00am
- Registration
- Group Consciences** (at 9:00am)
- Grapevine
 - Public Information
 - Cooperation with the Professional Community
 - Finance
 - Policy & Admissions
 - Report & Charter
 - Corrections
- 12:30pm - 1pm
- What's on your Mind?

(If extra time is needed to hear group consciences, we will break for lunch and return at 2pm to continue)

**BRING YOUR FM RADIO FOR
SIMULTANEOUS INTERPRETATION**

10am - Sharing Session Opened with the Serenity Prayer by Coree H. Chair. DCMs, visitors, and GSRs attended. Our meeting is open to everyone to learn and participate on the topics. Please bring radios.

Announcements. Recording secretary announced providing your email to be included on the email list.

Presentation - Homeless newcomers by Meg B.à Meg's motivation to present and learn more about this topic came from the awareness of injustices in society. She encouraged us to think about how we can "rightly relate ourselves" to alcoholics that are homeless. She shared how the traditions and steps apply to carrying the message to alcoholics that are homeless (i.e., tradition five, tradition three, tradition six, and step twelve), and the experiences of alcoholics that are homeless are present in our literature and history. According to statistics, California has a substantial homeless population, and circumstances that contribute to homelessness include domestic violence, mental illness, and other addictions. She believes that we still have a responsibility to carry the message to alcoholics that are homeless despite some believing homelessness is an "outside issue." Meg conducted interviews with alcoholics in preparation for this presentation and found that many had to change their approach to sponsorship when working with homeless newcomers (e.g., calling every day, regular meetings, influences of those having experienced PTSD, lack of resources, etc.). Alcoholics she interviewed who experienced homelessness shared that feeling welcome and getting into service kept them coming back and inspired a feeling of gratitude. She spoke about how alcoholics that are homeless may disrupt meetings and suggested we address the behavior, call the police when appropriate, and welcome them back. She shared how various A.A. groups are using methods to address the needs of alcoholics that are homeless. She suggested remembering our primary purpose, to respect to our own boundaries, and address the tendency to "fix" the problems of homeless newcomers that don't pertain to alcoholism.

Members shared. Summary/take home points:

- Some members shared the difficulties they have faced with setting boundaries when working with alcoholics that are homeless, and other shared their experiences with being homeless

themselves

- A member suggested not talking about their homelessness, especially if it makes you uncomfortable, and instead greet them kindly
- Members shared how they have helped alcoholics that are homeless:
- Allowing them to work to earn money
- Offering extra coffee and snacks from the meeting
- One member shared that she doesn't see many homeless women in recovery meetings, and another shared that homeless members seem to be younger and younger
- A member shared that not all alcoholics that are homeless have the same story, experience, and background and cautioned against making assumptions
- A member shared how he tells alcoholics that are sober that they are sacred beings and have a sacred story, reminding them that they can have a spiritual experience and find a connection with a power greater than themselves
- A member shared how he could have been homeless if it weren't for the support of his family and friends, and believes that those that are homeless are simply less lucky than he was for not having the same support that could prevent them from experiencing homelessness
- A member shared that alcoholics that are homeless probably have the same desire to recovery but have too much pain and confusion in their heart, making it harder for them to recover

Discussion of topics for next month: 1) Reaching out to the African American alcoholic, 2) Treatment centers saying "relapse can be part of recovery," 3) The spirit of participation in Agenda Topics

March's Topic: The spirit of participation in Agenda Topics by Rafael from District 40

Meeting adjourned at 10:55 AM with the Responsibility Statement

Respectfully submitted,
Sarah B., DCM Sharing Session
Recording Secretary

2020 CNCA CALENDAR—PANEL 69

2020—Panel 69		July	2-5—AA International Convention, COBO Ctr., Detroit, MI
March	28—Area Committee Meeting, <i>cancelled</i>		25—Area Committee Mtg.
April	4-5—Pre Conference Assembly, Santa Clara County Fairgrounds, San Jose, hosted by Districts 05 & 17- online, details tba	August	8—Summer Assembly, Crosswalk Community Church, Napa, hosted by District 11
	19—25, General Service Conference, <i>online</i>		15—Area Committee Meeting (<i>Note: 3rd Saturday</i>)
	25—Area Committee Meeting,	September	21—23, Pacific Regional Forum, Las Vegas, NV
May	16—Post-Conference Assembly, Robert Livermore Community Center, Livermore, hosted by Districts 7, 8, 20 & 70		26—Area Committee Meeting
	23—Area Committee Meeting	October	24—Area Committee Meeting
	27—Area Committee Meeting	November	14—Election Assembly, tbd
June		December	28—Area Committee Meeting
			19—Area Committee Meeting (<i>Note: 3rd Saturday</i>)

PANEL 69 ASSEMBLY DATES—2020

2020 Pre-Conference Assembly
April 4-5, online, details to be announced

2020 Post-Conference Assembly
May 16, Robert Livermore Community Center, Livermore (Hosted by Districts 7, 8, 20 & 70)

2020 Summer Assembly
August 8, CrossWalk Community Church, Napa (Hosted by District 11)

2020 Fall Election Assembly
November 14

If your District is considering making a bid for a Panel 69 or 71 Assembly, please contact the Assembly Coordinator, Coree H, via the [web form](#).

PANEL 69 AREA OFFICERS & AREA MEETING INFORMATION

Delegate

Teddy B.-W.

Alternate Delegate

Jennifer B.

Chair

Eric L.

Treasurer

Dennis H.

Registrar

Erica G.

Recording Secretary

Miguel H.

Assembly Coordinator

Coree H.

Literature/Grapevine Chair

Magdaleno O.

Pacific Regional Trustee

Kathi F.

prtrustee@centurylink.net

***To contact any Area
Officer or Committee,
please use the [web
form](#).***

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New York, NY 10163

212-870-3400 aa.org

CNCA

P.O. Box 884222

San Francisco, CA 94188-

4222 cnca06.org

NorCal H&I Committee

P.O. Box 192490

San Francisco, CA 94119-

2490 handinorcal.org

CNCA Standing Committees & Sharing Sessions

are typically 4th Saturdays every month (3rd Saturdays in December, and often January)

Committees and Sharing Sessions meet in the mornings,

the Area Business Meeting is held from 12:30—3:30 pm.

Address is 320 N. McDowell Blvd., Petaluma

Accessibilities committee meets at 10:00 am. For information contact Alan W.

Archives committee meets at 11:00 am. For information contact Denise G. Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597. Archives workday is at 193 Mayhew Way.

Bridging the Gap committee meets at 11:00 am. For information contact Larry B. BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

DCMs' & DCMCs' sharing sessions meet at 10:00 am.

Interpretation & Translation committee meets at 11:00 am. For information contact James B.

Literature/Grapevine/La Vina sharing session meets at 10:00 am. For information contact Magdaleno O.

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets at 11:00 am. For information contact Jennifer B.

Web committee meets at 11:00 am. For information contact Drew B.

**BRING YOUR FM RADIO FOR SIMULTANEOUS SPANISH/ENGLISH
INTERPRETATION & ASSISTED LISTENING**