



CNCA COMMENTS



December 2013
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

PREVIEW OF THE AREA COMMITTEE MEETING

December 2013

Hello Everyone!

I hope you're all enjoying the Holidays!

First off, I would like to thank all of our visiting Officers from our sister Area CNIA for joining us at our Inventory Assembly and ACM. Also for inviting us to be a part of their election Assembly.

At Novembers ACM we passed a Housekeeping Motion "That CNCA purchase two Long reach staplers to replace two broken staplers at a cost not to exceed \$105.00 for both." -Comments Editor Richard W.

The CNCA Finance Committee presented the 2014 budget. At Decembers ACM it will be presented again for approval; please share this information with your groups.

Also at Decembers ACM we will have our discussion topics one last time:

Inventory -A Guiding Tool to Our Future:

If you have a discussion topic that you would like to share with us please let us know.

We have 2 Lost and Found jackets that we have been saving since May, If no one claims them next month we will donate them to charity.

Please Bring your FM Radios

December's ACM will be held on Saturday 21st one week earlier than usual.

Please don't show up on December 28.

"As the holiday lights come on, we give thanks. Thanks for the inner light which is our sobriety in A.A. Thanks for the light of hope in the face of the sick alcoholic who is re-born. Thanks for the light of the present — the awareness of this precious moment.

Thanks for the light of new attitudes. And humble thanks for the glorious light of love through fellowship and service. May the grace of light fill each day of the coming year."(-Box 459 2003 Holiday Issue)

From all of our CNCA trusted Servants to you,

Wishing you the Best!

Raymundo L, Area Chair

Hello friends!

What an Awesome Fall Assembly!

Thanks to our hosts District 16 and 06, and SFYPAA for the opportunity to have an Assembly in your district, what an eventful day! We selected our *Candidate* from CNCA for Pacific Region Trustee. Thanks to Bob, Ken and Doug for being available to serve at the bottom of the AA service triangle. Congratulations to Ken, who was selected to be our candidate. I will present him for election at the GS Conference in April. Past Pacific Region Trustee, Madeleine P facilitated our election and Inventory; she brought her love and enthusiasm! And we had many other guests there as well.

There were over 400 of us, including more than 80 new GSRs. Many members took part in their first Third Legacy election and first group Inventory. Thank you for being a part of our Inventory and sharing your ideas and concerns. Our Inventory work can continue to insure that the hand of A.A. will be here in the future. I can't wait to review the notes and share ideas with you.

As I reflect back on this first year, I too take a personal inventory. I am able to see where I need to do more work and to acknowledge where things went well. It's a great opportunity for growth in my personal life as too. What I have learned in A.A. and in General Service has served me very well in my personal and work life. This year has been a like roller coaster of education and dedication. There have been many challenges along the way. Many have told me not to "Blink" and others have advised me to keep my seatbelt "*securely*" fastened. I have tried to do both, and will continue to seek your help along the way.

I sincerely thank you for your love, service, honesty and support. I am excited to serve alongside you, with love and gratitude for our life saving A.A. fellowship.

Padee

ASSEMBLY BUSINESS MEETING MINUTES FOR NOVEMBER 2013

CALIFORNIA NORTHERN COASTAL AREA ASSEMBLY BUSINESS MEETING MINUTES 2013 INVENTORY ASSEMBLY

The Assembly Business meeting of CNCA was held November 9, 2013 at St Mary's Cathedral, San Francisco. The meeting was opened at 9:30 by Raymundo L, followed by the Serenity Prayer. The AA Preamble was read by Amy M of District 07. Wayne E of Dist 70 read the Traditions in English and Luciano F of District 70 read the Traditions in Spanish. There were 8 past delegates present: Diane O (Panel 35), Bob K (Panel 47), Nancy H (Panel 49) and current trustee on the Grapevine Board, Madeleine P, (Panel 52, Idaho), Doug G (Panel 53), Sharon A (Panel 57), David N (Panel 59) and current non-trustee director on the AAWS board, and Ken M (Panel 61). The summer assembly minutes and financial report were accepted as printed in *CNCA Comments*. Registered attendance: Voting= **270**, Nonvoting= **90**.

OFFICER REPORTS

DELEGATE *Padee M*: It is such an exciting opportunity to serve as your delegate. Thanks to Dist 06 & 16 for hosting this assembly. How many new GSRs are here today? I am so glad you are here connecting your group to AA as a whole. DCMCs have rec'd many emails from me. I'll ask Nancy to share on the GV. Looking forward to hearing conversation on the workshop topics. See me if you need a conference report or English service manual (\$.30.) Special needs stories are needed by GV. PRAASA is in March. Boise Id will host the regional forum in July. NCCAA is Mar 21-23 in San Ramon; May 2, Chico will host the H&I conference. Two great stories on anonymity in GV. CNIA, our sister area, will be having their election assembly and all of our officers will be going to help. Pre-conf assembly will be in Monterey in April of 2014: please attend that 2 day assembly: I really want to hear your input. Today is our inventory and each honest inventory has changed me the most in my sobriety. Thank you to our past delegates for being willing to serve. Thank you to our guest, Madeleine, I have learned so much from her. Thanks to our hosts, our subcommittees, our DCMCs: you make it all work.

ALTERNATE DELEGATE *Jeff O*: Thank you so much to all who attended assembly in Crescent City: I appreciate all that each dist does to make each assembly successful. I would like to thank Madeleine and our note takers who are also past trusted servants. We have some special people who have come to help count our election ballots and hope you can stay for the entire day. There is an opening for PI committee member. Some people have expressed interest. I will forward all the information. Requirements include 5 yrs continuous sobriety, and some background in producing videos. I would like to emphasize anonymity at the level or press, radio, film, and internet: see our pamphlets and Box 459, all on line. Looking forward to hearing group consciences in Monterey. Thank you for this opportunity.

AREA CHAIR: *Raymundo L*: Thanks to all who have offered to help with microphone etiquette. Miguel H of D40 is in charge. I hope I can find the owners of some of the stuff I have in lost and found.

TREASURER *Agustin L*: Thanks D16. \$4605 for this assembly and some more expenses will come in: interpretation, etc. This year has been great. Thanks for your great 7th tradition participation. Thank you for allowing me to be of service.

REGISTRAR *Michael Q*: Blessed to be serving. Count so far is really low as I see more people than have signed in, so please do so we can know for our 3rd legacy election: 396 voting, 65 non-voting.

RECORDING SECRETARY *Judy W*: I am humbled and honored to be here. Thanks to D06 and 16 for hosting us. Welcome to our visitors. I'm a meeting junky who goes for a daily dose of Vitamin C (change). I see the groups as being the heartbeat of AA, the group consciences as the fresh and oxygenated blood coming in, and the inventory as the instrumentor process to unclog the arteries so the fresh blood can course through, keeping us healthy: your input is vital.

ASSEMBLY COORDINATOR: *Phil B*: I am fortunate to have this position. Talking in the back seems to take our speakers out so please step outside. I would like to thank James and Kirk for putting this assembly together. Preconf

Looking for Something?

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ASSEMBLY BUSINESS MEETING MINUTES NOVEMBER 2013 (Cont.)

assembly in Monterey April 5-6: important to our delegate. Last bid for 2014 was approved at the last area mtg. Dates for 2015-16 will be made available soon. It is your assembly, please come to the mike to share.

LITERATURE/GV/LV: *Ray W*: New issues of GV are here; I have subscriptions forms available in the back. From now until Dec 31 all GV material ships free. Aagrapevine.org. I think all groups should have a GV/LV rep. New books: No Matter What (adversity) and One on One (sponsorship). If you wish to be on the GV/LV mailing list, see me.

AREA SUB-COMMITTEES:

ARCHIVES *Laura W*: Primary task is to collect, catalogue, and store area archive material. We have a monthly meeting and a monthly workshop: Dec 14:12-4pm. Nov 2 was a hands-on workshop where we passed on some of what we learned at the national archives workshop.

BRIDGING THE GAP *Claudia N*: Subcommittee of GS: We try to get someone to their first meeting of AA when they come out of jail, detox, etc. Our committee is great and our forum was amazing. 395 presentations; 1326 requests for contact. Thanks to I&T for making our workbook available in Spanish: it is here now with all our other material.

FINANCE COMMITTEE *Bob K*: After months of work, we have produced the 2014 budget which has been submitted to the officers for their review and comment. We will be distributing copies at next area mtg.

PI/CPC *Jeff O*: We will not be having a dedicated training session at PRAASA; we carry the message of explaining what AA is: DUI classes is only part. We are doing an inventory at our monthly committee mtgs.

Every group should have a member at our area mtg. We need people who are seriously committed. Surprise visit in April from past GSO manager: Do we sometimes share a negative position of who may share at mtgs? Nov 23: What message are we sending? Jan 25: PI/CPC mtg. AA is not a religion. How to become a member? Attend a few mtgs.

WEBSITE COMMITTEE: *Mary Lou M*: We are continuing to evolve into a website to serve all of you, including meeting schedules: local and area meeting, and our Comments and Commentarios. There are also links to AA resources: Box 459; and the Service Manual.

INTERPRETATION AND TRANSLATION COMMITTEE: *Richard H*; We insure that all members can hear what is going on. We have more radios available. Thanks to our interpreters. If you can translate, see me, as we always can use your help at the pre-conf assembly.

LITERATURE, GRAPEVINE/LAVIÑA COMMITTEE: *Ray W*: Sign up for the weekly La Viña on line quote. Subscription forms for GV/LV available at display table. Coming: Special needs issue.

Remarks from Madeleine P: Third Legacy Election for our Pacific Region Trustee candidate which must be in by Dec 31. 4 yr position: 3-4 board mtgs per year, the conference, serve on a corporate board, reg'l board, attend PRAASA, attend one other reg'l board as a director and to be available to attend election assemblies and/or special events in our 15 areas. Most of our work is done in sub committees. (For me I was out of town about 99 days a year). I will read the list of who is available and ask who is willing to serve. Candidates willing: Bob K, Doug G, Ken M. Congratulations to our Pacific Regional Area Trustee candidate: Ken M (delegate, P61).

Guest: Nancy H: We chose the next venue for the 2020 World Assembly: Vancouver, BC. GV has grown to be selfsupporting: income is up/expenses are down. It's great. On line subscriptions are up. We had two enormously successful books this year. One on One is already in its 2nd printing. La Viña circulation is up, expenses are too: it's been an enormous effort that has really paid off. 75th anniversary of the Big Book and the 70th anniversary of the first issue of the GV: lots of celebrations planned next year. We put out a call for a non-service director and we had over 50 applicants. There are lots of things we have to offer on line, so visit the website and/or come to talk to me at back of room.

HOUSEKEEPING MOTIONS: None

AREA ASSEMBLY BUSINESS

Presentation of New Business: None

OLD BUSINESS: MOTION: That CNCA cease production and copying of hard copy versions of CNCA Comments/Commentarios except when individually requested. – Web Committee. No discussion: Will continue at preconference assembly in April.

“WHAT'S ON YOUR MIND?”

I'd like to thank all who worked on the assembly and introduce you to James and Kirk who put it all together//Largest fall assembly ever: preliminary figures are 403//I am disappointed that we didn't talk about the area motion about the Comments: it's going to cost us a lot of money for the next 5 months//I want to thank everyone for participating in the election process and would like to say our area has elected a phenomenal candidate for trustee//Our 7th tradition today was \$1689 and I'd like to thank Madeleine for coming. The meeting was closed at 4:30 with the Responsibility Declaration.

Submitted with love in service,
Judy W
Panel 63, Recording Secretary

DCM SHARING SESSION

Phil B opened the meeting at 10:00 with the serenity prayer.

Presentation by Cathy P. District 10 on “How to help the GSR’s share information from the Conference final report back to their groups”. Cathy started her presentation by having a member read Page S20 from the service manual written by Bernard B. Smith (nonalcoholic) on “Why Do We Need a Conference?” stating that she believed this was a good place to start.

Number one, be sure to make sure all your GSR’s receive the handout passed around our area called “How to read the Final Report”. This is updated each year with correct page numbers. The GSR’s should know what their group is interested in. Make sure the group knows the final report represents the conscience of the entire fellowship. Be sure to cover all agenda topics that your group covered in their group sharing sessions and have a general knowledge of all the agenda topics. The DCM should make sure that all GSR’s can find the Advisory Actions, Additional Committee Considerations, Recommendations that did not result in Conference Advisory Actions and Floor Actions for the agenda items their group discussed and carried a group conscience to the delegate. Be sure to show the groups the annual contributions amount to allow GSO to be self supporting. Inform the group also about the Financial Report, the Literature Distributions, Area Highlights and Presentations given at the conference. Always remember we have a wealth of knowledge in our area from our past and present Delegates. Tell your groups about some of the people you have met at area.

- If I stay informed my group could not keep me quiet.
- I now understand – we do not have to do all the agenda topics. We can pick what is interesting to our groups.
- My group is now use to a GSR report. Knowing what the group is interested in can be very helpful.
- Bottom line – We are all here to carry the message – this will help the GSR’s with the final report broken down. It will help me find things for them.
- There is so much in the report to learn – this breaks everything down.
- I did not know what was in the report. Great tool for communication to the group from GSO.
- I was challenged by my DCMC to read the whole report. I did not want to do that – but as I read I found lots of little gems in there.
- The handout will be very helpful in showing the GSR’s how to read the report. It will also help me.
- I have been carrying this report around with me. I have not read a page. I asked a sharing group what to do with it and I received blank looks back. This will help me communicate with the GSR’s how to report to the groups.
- I am going through the report and highlighting every one and ever agenda topic that comes from our area. Sometimes this will catch the person eye and they will read the highlighted areas while looking through the report.

Next month “The role of a Sub District” presented by Chris W. – District 7.

Submitted with Love and Service
Barbara S
Recording Secretary- DCM Sharing Session

NOTES FROM CHAIR

Please remember to bring your FM Radios to all CNCA events for Translation & assisted listening for the hearing impaired.

Balance Sheet October 2013

	Oct 31, 13	Oct 31, 12	\$ Change
ASSETS			
Current Assets			
Checking/Savings			
B of A Checking	12,881.28	4,485.28	8,396.00
B of A Savings	9,485.16	8,887.15	598.01
Total Checking/Savings	22,366.44	13,372.43	8,994.01
Other Current Assets			
Assembly Deposits	1,100.00	5,814.06	(4,714.06)
Prepaid Insurance		122.79	(122.79)
CNCA Comments	427.98		427.98
1499 · Undeposited Funds		2,079.71	(2,079.71)
Total Other Current Assets	1,527.98	8,016.56	(6,488.58)
Total Current Assets	23,894.42	21,388.99	2,505.43
TOTAL ASSETS	23,894.42	21,388.99	2,505.43
LIABILITIES & EQUITY			
Equity			
3900 · Operating Funds - Adjusted	9,025.20	14,282.48	(5,257.28)
Prudent Reserve	9,485.16	8,887.00	598.16
Net Income	5,384.06	(1,780.49)	7,164.55
Total Equity	23,894.42	21,388.99	2,505.43
TOTAL LIABILITIES & EQUITY	23,894.42	21,388.99	2,505.43

Revised Budget October 2013

	Jan - Oct 13	Budget	\$ Over Budget
Ordinary Income/Expense			
Income			
Assembly Contributions	6,610.62		
Group Contributions	78,974.23	64,166.68	14,807.55
District Contributions	5,777.56	5,000.00	777.56
Tradition 7, Area Committee	3,022.56	2,500.00	522.56
H & I Archives Rent	500.00	500.00	
CNCA Comments Subscriptions	66.00	30.00	36.00
Personal/Misc. Contributions	102.79	3,041.68	(2,938.89)
Interest Income/Prudent Reserve	0.54	5.84	(5.30)
Total Income			
Total Income	<u>95,054.30</u>	<u>75,244.20</u>	<u>19,810.10</u>
Gross Profit	95,054.30	75,244.20	19,810.10
Expense			
DCM Sharing Session Copies			
DCMC Sharing Session Copies			
Delegate Expense	5,343.84	6,094.70	(750.86)
Officer Expense	25,389.80	27,891.68	(2,501.88)
Committee Expense	18,527.37	27,338.68	(8,811.31)
General Expense	37,937.32	46,097.00	(8,159.68)
Total Expense	<u>87,198.33</u>	<u>107,422.06</u>	<u>(20,223.73)</u>
Net Ordinary Income	7,855.97	(32,177.86)	40,033.83
Other Income/Expense			
Other Income			
Refunds/Rebates	<u>(2,471.91)</u>		
Total Other Income	<u>(2,471.91)</u>		
Net Other Income	<u>(2,471.91)</u>		
Net Income	<u>5,384.06</u>	<u>(32,177.86)</u>	<u>37,561.92</u>

AREA COMMITTEE MEETING MINUTES NOVEMBER 2013

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES NOVEMBER 23, 2013

The monthly committee meeting of CNCA was held on November 23, 2013, at the Petaluma Community Center. Raymundo L opened the meeting, followed by the Serenity Prayer, 12:30PM. The AA Preamble was read by Vikki Ray L, Chair of Area 07. Jon C, DCM of District 27/07 read Tradition 11, and Nancy M, DCM D29/07 read Concept 11. There were 4 past delegates present: Diane O, P35, Doug G, P53, David N, P59, and current non-trustee director of AAWS board, and Ken M, P61. There were 3 DCMs, 2 new DCMs and 1 new alt DCM. Visitors: Vicki Ray L, Jon C, and Nancy M. October minutes and financial statement were accepted as printed in *CNCA Comments*. Birthdays 6/99/ years. Registered attendance: Voting=69; Non-voting =39.

OFFICER REPORTS:

DELEGATE Padee M: Exciting to have a full house and visitors from CNIA where our officers and some past delegates went to help with their election assembly. Fun to see new GSRs and spend some time with them at our fall assembly. D06 and 16 did a great job hosting. I have some Eng conference reports; am looking for some more Spanish; have some service manuals (\$.30 each) in Eng only. New service manuals are out and available on the AAWS online store (\$3.55 ea): positive feedback on design and ease of use. GSO updates: participated in 2013 Day of Sharing (GSO, Stepping Stones, Alanon and other organizations); SW reg'l forum in Oklahoma City, 18th European Service Event with 28 countries in Oct; Intergroup Central Office meeting in Palm Springs. Ebooks soon to be a reality. PRAASA signups now. All info on PRAASA.org website. Can sign up for workshops in advance; register early to help planning committee. Website is clunky, be patient. Agenda topics not out, but theme and presentation topics for this year's conference are here: please share your feedback.

ALTERNATE DELEGATE Jeff O: Thanks to D06 for a wonderful assembly. Deadline for submitting form in Jan. PI articles in current Grapevine.

CHAIR: Raymundo L: Lost and found: button. I still have some items but also would like to thank you for retrieving some. Next month ACM will be on the 3rd Sat, let me know if your dist needs a visiting officer. Also, thank you for attending our assembly. Leila M, delegate for CNIA sent a lovely thank you note. Nancy Haynes lost an important folder, can use help in finding it.

Treasurer: Agustin L: Income \$1300.33 in Oct. \$6500 spending today, 9617.94 today will be left after paying expenses. Prudent reserve intact. Thanks everybody for supporting our assembly and CNCA.

REGISTRAR Michael Q.: All time attendance high at inventory assembly 288 voting/103 non-voting for a grand total of 396. Thanks to D06/16 for helping with registration. New DCMC/ meeting rosters: welcome to Tim and Heather. Communication is vital. Please identify and submit updates.

RECORDING Secretary Judy W: I am so honored to be here today. Thank you D06 and 16 for a wonderful assembly. Welcome to our CNIA visitors. Went to my first Intradistrict: it was humbling, informative, and inspiring.

ASSEMBLY COORDINATOR Phil B: Teddy, James, Kirk, and Martha:

thank you for the assembly, and the special parking assistants. Each assembly was different, but special. Preconf coming up in April in Monterey. Flyers on table. Maps to follow. Assembly dates for 2015-16 will be finalized tonight.

LIT/GV/LV Ray W: 75th anniversary edition of Big Book will be an exact replica. Now accepting preorders, (\$12). Grapevine material will be shipped free until end of the year. GV/LV reps: register with Grapevine.org. No Matter What is available in paper (\$11) or ebook (\$10).

DISTRICT REPORTS:

01 MONTEREY Scott P: Thanks to delegate for giving conf report. New archivist. Next month, will start selling tickets for pre-assembly dinner. Thanks to D3,19, 2 for a great Dist Assembly planning mtg.

02 SALINAS/SAN BENITO Ric B: Mark C: Discussing combining two events. Gratitude dinner was a success: over \$900 will be donated to GSO. Grateful to be involved with D01 in planning pre-conf assembly.

03 SANTA CRUZ Scott B: Thanks to officer for helping facilitate our inventory. We have been asked to host birthday speaker meeting which will be on Dec 22.

04 SANTA CLARA NORTH Robert E: Continued loving discussion on motion to change wording on p117 of 12&12: great representation:15 GSRs. Ad hoc committee still working on redistricting. Good attendance at assembly.

40 SANTA CLARA SOUTH Jim A: Great BTG Forum = new reps. Did our inventory; visiting officer and a past delegate helped facilitate. Our facility is no longer available so moving in Jan to new location: First Congregational Church at corner of Hamilton and Leigh.

05 SAN MATEO Joseph D: 3 new GSRs.

Manual/concept study increasing in popularity. Great inventory with great leadership from area officer. We would love to have a dist officer present at our Dec mtg.

06 SAN FRANCISCO Teddy BW: Thank you to the Area for allowing us to host fall assembly. Regular dist mtg; officer helped with inventory: split into 3 smaller groups: greater enthusiasm, engagement, and participation. Unity Day Nov 16: over 250 attended. Lots of service panels. Would love to have a visiting officer.

07 ALAMEDA NORTH Eric A: (Tom V): Looking forward to dist mtg this week with an area officer's assistance.

70 ALAMEDA SOUTH Heather M: DCMC/Alt DCMC, and Newsletter all stepped down. Did an election and filled positions. 3 new DCMs. Will do inventory this Monday.

08 CONTRA COSTA Robert S: Did inventory. Thanks to area officer for facilitating. Officer scheduled for Dec.

09 SOLANO SOUTH Renee S: Thanks to visiting officer and great rep't on assembly. BD speaker mtg coming up. Limited Thanksgiving meetings Wed/Thur. Young Peoples' mtgs. Mtg is Dec 7; speaker at 8pm. Would love an officer.

90 SOLANO NORTH Laurie J: Unity Day successful: new group won a gold manual. Served as note taker for a sister dist inventory. Intergroup marathon mtgs for holiday. Inventory Dec 4, no officer needed. Christmas party Dec 14. Gearing up to participate in intradistrict workshop in Jan.

10 MARIN Rebecca S: Inventory this month thanks to

AREA COMMITTEE MEETING MINUTES NOVEMBER 2013 (Cont.)

help of DCMs . Will include other questions for discussion. GSR reported on her experience at assembly. Would love to have an officer in Dec.

11 NAPA *Thom H*: Discussing steps to take as a result of our Oct inventory. Hosting interdist workshop in Jan.

12 SONOMA *Joann L*: ACCESS Sonoma Cty put on a workshop on mental health. PI/CPC had speaker training mtg. Inventory was great. Agenda topics workshop in Santa Rosa, Feb 15. Inventory assembly was great, as was the CNIA election assembly. Would love a visiting officer.

13 LAKE *John O*: Visiting officer helped with our District inventory. Dec 4 is next dist mtg and potluck. No officer on Jan 1.

14 MENDOCINO *Tim D*: Elections last week thanks to help of officer: new DCMC, rec sec. Planning post-conf assembly and have committees in place.

15 HUMBOLDT/DEL NORTE *John L*: 4 new GSRs. New BTG chair. Myrtledown Survivors put on a workshop: smash hit. Strong interest in 75th anniversary Big Book. Will be hosting potluck and inventory in Dec. Would like an area officer.

16 SPANISH CENTRAL *Mario S*: Extraordinary mtg. 2nd anniversary, intradistricl/ Inventory tomorrow at 6. Thanks for service of area officer.

17 SPANISH SOUTH *Eric M*: Good reponse from GSRs at assembly. Good inventory: full: thanks to area officer. Good attendance from GRS at intradistricl. Motivating groups and hope to have all spots filled next panel.

18 SPANISH NORTH *Hector A*: Had a bus mtg. Visiting one group per week. New GSR/and alternate. Approved to buy a copier for the dist and to create directories for the groups. Dec 29: inventory. Thanks to visiting officer.

19 SPANISH SOUTH SOUTH *Adrian C*: We would like to thank our area officer; having problem with La Viña subscriptions. Hosted the Intradistricl and would like to thank our visiting area officers. Will help D01 with assembly.

20 SPANISH EAST *Martin V*: Inventory with area officer and had 2nd anniversary mtg. Thanks to area officer and D08. Good rep at assembly. BTG forum/PI/CPC workshops were attended. Attended Intradistricl. We now have a website. No officer needed in Dec.

AREA SUB-COMMITTEES:

ARCHIVES *Laura W*: Recent workshop was a success: opportunity to pass on what we learned at national workshop. Discussed options for archives workshops. Requests for participation in upcoming events. Ongoing projects continue.

BRIDGING THE GAP *Claudia N*: BTG forum was fabulous. Great presentations; donating \$130 back to area. Thanks to CNIA for attending. Inventory next month with potluck. Dists participating: 11//Presentations: 35//Requests/contact: 148.

FINANCE COMMITTEE *Bob K*: (Doug G): Humbled when asked to sit in for Bob today. New budget with info provided by area officers. Will be making a presentation today. Voting next month. We send prayers to Bob.

PI/CPC *Jeff O*: Part 3 of discussion on: What Message are we sending? Loving, discussion on Is AA a religion: no consensus but interesting.

PI/CPC, Jan 25; joint PI/CPC/H&I and BTG, April 26.

WEBSITE COMMITTEE *Mary Lou M*: Capturing statistics on website usage. Creating a consolidated tab for GSRs. Will ask DCMCs to share orientation packages. Stay tuned for updates as we make progress. INTERPRETATION AND TRANSLATION *Richard H*: Possible problems with one of the transmitters. Williams equipment available on a first come/serve basis. Other equipment also available: comes with a tech. BTG handbook was translated.

No FM radios: looking for good sources. Want to discuss ASL at post conf: are we providing a service no one needs?

CNCA COMMENTS *Richard W*: Lick and stick met on Nov 7. Thanks. 1075 bulk//70 first class. Dec 5 next mtg. Free pizza. Info: see me or look in Comments.

COMENTARIOS DE CNCA *Ramon G*: 190 printed, 180 mailed. Thanks to all who helped to translate and fold.

DCM SHARING SESSION *Barbara S*: How to help GSRs share info for conf report. Read p520 from our manuals: Speak to group, enthusiasm, explain well; talk about selfsupport and inform what's going on in Area; be available to read the final rept. We're all here to carry the message.

Lit/Grapevine *Ray W*: Call me if you'd like to be on mailing list. D20 workshop 7-9 tomorrow in San Leandro: how to write/record stories.

NCCAA *Diane O*: 65th Spring Conf: March 21-23. Vikki Ray Lewis will be young people's speaker. More flyers next month.

H&I *Diane O*: Overwhelming in Paradise last weekend. 3 past delegates and 7 officers: heartwarming; to have CNIA visitors here today: great. New pamphlet. 43rd conf: May 2-4 in Chico. Feb 9 general mtg in Aptos. Thank groups.

HOUSEKEEPING MOTIONS: That CNCA purchase two long reach staplers to replace two broken staplers at a cost not to exceed \$105.00 for both.

Q. Is the \$105.00 for both, not each. **A.** Yes. No objections. ****Motion Passes****

(SEVENTH TRADITION AND BREAK 2:08-2:13)

Finance Committee budget presentation; (Doug G, acting for Bob K): Thanks to the finance committee for all your work (Chauncey, Jennifer, Ginger, Bob and Agustin). Looking at the outlook for 2013 and what a phenomenal job all have done to manage this budget. Gives me confidence.

Discussion: Rent is going up; that scares the bejesus out of me (l163)//**Q** If our income is 99k why can't we present a budget that is balanced at 99//**A.** We'd like to, but you see all the needs if we were to spend the money. Expenses are based on expected income, not actual. We'd like to have a limit. If our income is greater than our expenses, then we are doing an injustice. Last year's budget was embarrassing. People don't understand. Is it doable to present a balanced budget?//**A.** Some expenses may not happen. We cut back as we need. We are constrained by motions. Individual groups don't have all the wheels to work that we do.//**Q.** Has there been a budget in recent years that is NOT a deficit budget?//**A.** No.//**Q.** Why are we budgeting so much for I&T translation and 166/167, translation traveler? I'm confused with 131 and 167. Then we have l item 179/180.//

AREA COMMITTEE MEETING MINUTES NOVEMBER 2013 (Cont.)

A. 131 is other travel for the committee, 179/180 are for ACM.//We haven't discussed and voted on the standing motion which Bob told us would save \$1100 per month; we need to vote to solve this problem//I understand how hard it is to do this. Looking at a deficit budget means we are looking at varied income, so it's better to plan a deficit budget. When we have a deficit it is up to me to become more prudent.//192 makes me sad. I'd like to see the PR on our budget so I know what we have in the bank.//I think I'm the only past area treas., and I want to thank the committee. I want to address some comments made about this budget. The committee does not control the budget: YOU do, it represents all the services you want. They can't cut expenses, you can. The committee can only do what you tell them to do. If you want to see changes, make motions: YOU are responsible.//L8 is that right, \$16 for misc contributions. Shouldn't you be projecting \$2500?// When I was a member of the finance committee I attended the roundtable at PRAASA: someone said there's never a shortage of money in AA: there's a shortage of communication. Perhaps we should better communicate what we need.//There is a proposed rate change by the post office for 2014, so perhaps we need to stock up on stamps. Great job.//We get a lot of people talking about this being a deficit budget, but it's an honest budget because we make the best possible estimate we can. Income is also based on estimates. The two don't always match and it's become a deficit. Look at our past and you will see we have managed. We cannot spend what we don't have. If the committee doesn't want us to do something, tell us. We need to be honest about what we expect as income and what we expect to spend. I think the big issue is trust. Trust that the process will work. This stuff we do is worthwhile and needs and should be done and the money will come, or we make adjustments.//I don't know how we do this. I'd like to see a line item for repairs of equipment.//The PR is 1/12 of the projected income.//Our Comments show what our PR is every month. Together, the Comments and budget are pretty darn accurate tools. What's in the Comments are so key to the groups.// Thanks so much for your work and for stepping in and supporting us as a team Doug. This is teamwork. Each committee has to come to us with budget proposals and to ask for more \$ if needed. We include the committees in the budget to help us be accountable. I learned through my experience not to be afraid of deficit budgets. There are no secrets here: passing it on and bringing it forward are our experience. We don't predict assembly bids and can't control overruns: we can only guess, not plan. It's the same in my personal life: I can't plan on a flat tire or other unexpected deficit budget expense. I have learned not to fear but to trust and thank you all for that.

OLD BUSINESS: None

Discussion Topics: No discussion

WHAT'S ON YOUR MIND?

By the grace of God and the program of AA I am sober. Last month I got too emotional and could not finish my thought. I brought sponsees with me and took them to Foster City and talked to them; they felt welcome. There is love everywhere in this program.//I'm here to tell you to bring FM radios. Buy your own and/or one as a

Christmas present, just bring them//Still nervous about a comment at the inventory emphasizing all the steps in service. We are here to carry the message. We see the principles, not the personalities in AA as a whole.//If you are not having a business mtg in your dist, your area officer will not be reimbursed for attending your meeting.//Somewhere along the line the mtg changed to the 3rd week. I've been coming quite a while//I don't know for sure; it's been some time. I can find out and let you know.//I think if a dist requests an officer, if only for a potluck, they should be reimbursed.//I find budgets scary: any budget is a tool not a holy writ. It guides us in our work. We need to trust our trusted servants.//I want to thank our budget committee and thought that's what my CPA is for. I started looking at the budget and it started making sense.// Are we practicing concept 9; I think our area does a good job of that. One of our GSRs is 15 and everyone welcomed him. Thanks to our Area Officers and others for welcoming a 15 year old high school kid.//This has been an awesome and welcoming experience for us from CNIA. Thank you.//I still have a few extra conference reports, and have service manuals. Thanks past delegates who made themselves available for Pac Region Trustee. Took time, but was exciting. Reminder of how fun it can be.// Our delegate reminded us last month that November is gratitude month. I start my day with a prayer of Thanksgiving. If you're half as grateful as I, your heart will be bursting so much that it would be impossible not to share. Thanks for being part of my life. Happy Thanksgiving. Meeting closed at 3:00 pm with Responsibility Declaration.

Submitted with Love and Gratitude,
Judy W
CNCA Panel 63 Recording Secretary

CNCA CALENDAR

2013—Panel 63

December 21 Area Committee Mtg

2014—Panel 63

January 25 Area Committee Mtg
 February 22 Area Committee Mtg
 March 7-9 PRAASA San Diego
 22 Area Committee Mtg
 April 5,6 Pre Conference Assembly,
 Monterey (Hosted by District 01)
 26 Area Committee Mtg
 4/27-5/3 General Service Conf NY
 May 10 Post Conference Assembly
 Ukiah (Hosted by District 14)
 24 Area Committee Mtg
 June 28 Area Committee Mtg
 July 11-13 Pacific Regional forum
 (Area 18, Idaho)
 26 Area Committee Mtg
 August 09 Summer Assembly
 23 Area Committee Mtg
 September 27 Area Committee Mtg
 October 25 Area Committee Mtg
 November 8th Election Assembly
 San Jose (Hosted by Districts 40/04)
 22 Area Committee Mtg
 December 20 Area Committee Mtg

ASSEMBLY DATES CALENDAR

2014 Pre-conference Assembly

April 5-6; Monterey Fairgrounds
 2004 Fairground Rd. Monterey, CA
 Hosted by District 01

2014 Post-conference Assembly

May 10; Redwood Empire Fairgrounds
 1055 N. State St. Ukiah, CA
 Hosted by District 14

2014 Summer Assembly

August 9; Ulatis Community Center
 1000 Ulatis Dr. Vacaville, CA
 Hosted by District 90

2014 Fall Election Assembly

Nov. 8; San Jose Scottish Rite Center
 2455 Masonic Dr. San Jose, CA
 Hosted by District 40

If your District is considering making a bid for an assembly please contact the Assembly Coordinator Phil B at ac.p63@cnca06.org

AREA AND ASSEMBLY MOTIONS

CNCA Motions – December 2013

Area Committee

Assembly Bids

Housekeeping Motion:

Guidelines

2014 Budget Approval: CNCA Finance Committee

Presentation of New Business

Other:

Old Business at Area Committee Meeting

New Business at Area Committee Meeting

Discussion Topics

Inventory-A Guiding Tool to Our Future:

- Using an inventory to encourage improved participation; are we emphasizing all the steps, particularly Step 12 regarding Service, in order that our GSR ratio to membership may improve?
- How can the inventory help a District, Area Committee, or Area assembly?

Area Assembly Motions

Presentation of New Business at Area Assembly

Old Business at Area Assembly

- That CNCA cease production, copying and mailing of hardcopy versions of *CNCA Comments/Comentarios* except when individually requested. –Web Committee

New Business at Area Assembly

Panel 63 Area Officers & Area Meeting Information

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H&I

www.handinorcal.org

CNCA Standing Committee & Sharing Session Meetings

are the 4th Saturday every month. Sharing Sessions - 10 am
 Standing Committee Meetings - 11 am
 Area Business Meeting 12:30 - 3:30 pm

Archives Committee meets at 11:00 am. For information contact Laura W at archiveschair.p63@cnca06.org. The CNCA Archives are located at 193 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap meets at 11:00 am. For information contact Claudia N btgchair.p63@cnca06.org.

Public Information/ Cooperation with the Professional Community (PICPC)

meets at 11:00 am. For information contact Jeff O at Altdelegate.p63@cnca06.org.

Interpretation & Translation Committee

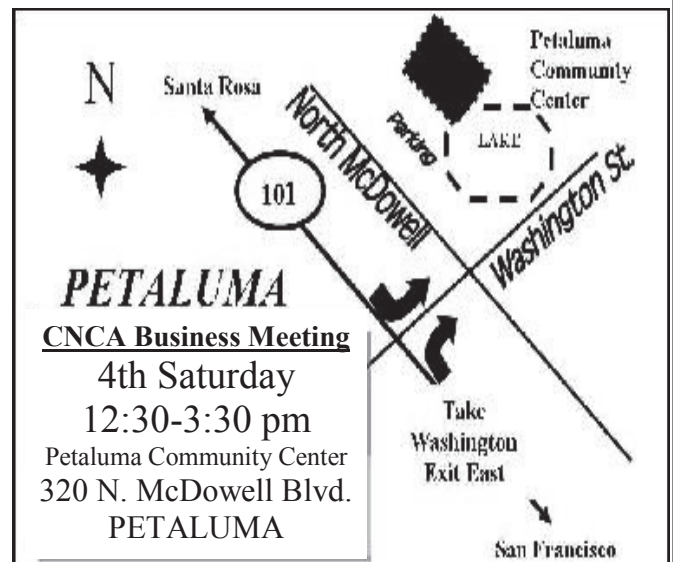
meets at 11:00 am. For information contact translation.p63@cnca06.org.

Web Committee meets at 11:00 am. For information contact webcom.p63@cnca06.org.

DCMs & DCMCs Sharing Sessions meet at 10 am.

Grapevine/La Vina/ Lit. Sharing Session at 10 am.

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