



# CNCA COMMENTS



A.A. Confidential -- April 2016

[www.cnca06.org](http://www.cnca06.org)

**California Northern Coastal Area of Alcoholics Anonymous**

**Preview of the Area Committee Meeting**

**April 2016**

It was another busy month at the Area Committee meeting in Petaluma. Five, count them, five housekeeping motions – all of which passed without an objection.

- That CNCA fund one person from the BTG Committee to attend the 44<sup>th</sup> Annual Hospital and Institution Conference to be held in Santa Rosa. The budgeted amount is \$175.00
- That the Bridging the Gap Short Term Correspondence pilot program be extended six months from March 26, 2016
- That CNCA purchase two microphones not to exceed 75.00
- That CNCA 06 provide a letter of spiritual support for EBYPAA to include in their bid to host ACYPAA 2017. This letter would be written in support, spiritually not financially, of EBYPAA's ability to host next year's All California YPAA conference.
- That CNCA 06 provide a letter of spiritual support for SOCYPAA to include in their bid to host ACYPAA 2017. This letter would be written in support, spiritually not financially, of SOCYPAA's ability to host next year's All California YPAA conference.

We also passed the motion “That the Web Committee add two members, increasing from 5 to 7” with substantial unanimity. Please pass the word that we will be looking for two members to add to the Web Committee and we still have one opening on the Interpretation and Translation Committee. If you are interested in serving on either of these committees, please submit your name and contact information to any Area Officer. At the next officers' meeting on April 23, the final decision for these new committee members will be decided.

There was lots of time for insightful sharing on the Feasibility Study. We even had time to discuss the idea of having a rotation system much like PRAASA for our own assemblies here in CNCA. That topic will continue next month.

Please be sure to remember your FM radios for the Pre-Conference assembly. And BYOB to the Pre- Conference Assembly (Bring Your Own Beverage). There will not be any water or soda sales allowed due to the facility rules.

I am so looking forward to hearing the group conscience at the assembly. I can't wait to see you there!

In service and gratitude,  
Joann L.  
Panel 65 CNC Area Chair

**Please bring your FM Radios! To the Area Committee meeting and to all Assemblies!**

Hello Fellowship,

As I write my Delegate's Corner, I realized how fortunate I am to have you in my life. I attended a meeting the other night, and I was asked to share, and as I was sharing one of my fellow members came to my mind -- him, myself and with a few more members started a new meeting back in January 1992, but unfortunately he went out. About 6 years later he came back asking for help, but he had suffered a very severe brain damage that even though he wanted to stay sober he ended up going out again and later died from this deadly disease of Alcoholism. This experience allowed me to see how fortunate I am, because this could have been me. I heard one of our Area officers said long time ago that the average is out of ten newcomers, one stays and 9 will go; on the other hand out of 10 members serving, 9 will stay and one will go, and it proves to me that service was the key for me to stay sober.

At the 1955 International Convention, the General Service Conference was designated as the actual voice and the effective conscience of our whole society. This was done over the objections of those who worried that such a gathering would result in politics, confusion, expense and fruitless strife. Our founders have faith that future generations of A.A. members could effectively take responsibility for maintaining our vital world services.

Every Delegate, Trustee, Director and Staff member who serves as a voting member of the General Service Conference is a direct, personal beneficiary of that faith.

I feel very excited for the participation of all our members in California Northern Coastal Area 06. I feel that we are all experiencing our spiritual way of life in all our affairs, because we all have a life to live outside from our fellowship but in spite of all that we have embraced our responsibility to carry the message to the alcoholic who still suffers. I want to thank you all for your participation in your commitment for taking the time to get your group conscience and specially to attend our main event **The Pre-Conference Assembly**, where you would allow me to prepare and be well informed for the 66<sup>th</sup> General Service Conference and make sure that I truly participate in A.A as a whole. I'd like to share a paragraph that I received on my Delegate Communications kit.

**On Trust – The Spirit of the General Service Conference**

*“So, since 1951 we have been holding these yearly Conferences, to see whether this movement was interested enough, was responsible enough, felt those services were worthwhile enough, to maintain so long as God will need this society. And I think it's the conclusion of every delegate who has been there that yes, we should talk these things over. So, in 1955 we propose to hold an International Convention, at which time, on behalf of the oldtimers, and of Smithy and me, we shall say to you, here is the remainder of your Third Legacy. This Conference shall become our successor. To you we hand the torch. Carry on. Face your destiny with surety and courage, and God love you.”*

*- Bill W., speaking at the 1954 Texas State Convention*

With Spirit of Love in Service  
Raymundo L. CNCA 06  
Panel 65 Delegate

## AREA COMMITTEE MEETING MINUTES FOR MARCH 2016

The monthly committee meeting of CNCA was held March 26, 2016 at the Petaluma Community Center. Joann L. opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Carolyn M. of District 10. Judy W. of District 13 read Tradition 3 and Bruce of District 15 read Concept 3. There were 2 past delegates present: Diane O. (Panel 35), Ken M. (Panel 61). There were 0 GSRs present and 1 new DCM present. The February 2016 minutes were corrected as follows: Feasibility study – Comment: “meeting in New York about 3 million dollars. We need to do something now, the Conference needs to make hard decisions now” – Corrected to: “Meeting in New York about ¾ million dollars. We need to do something now, the Conference needs to make hard decisions now” – and financial report were accepted as printed in *CNCA Comments*. Birthdays: 66/4.

Registered attendance: Voting= 63, Non-voting= 46.

### Officer Reports

**DELEGATE Raymundo L.:** Thank you all that attended PRAASA, I think it was a wonderful experience for all. I met with the managers of the central offices to discuss the feasibility study and our past general service manager, Greg M. came with me and we had a great experience. We will be attending their next meeting. Thank you to all who are participating in the process of the 66<sup>th</sup> GSC, including Agenda Topic Workshop and all your efforts to help me to get informed to better serve CNCA and AA as a whole. I have received a few group consciences by email along with input for the feasibility study. I hope to see you all at the Pre-Conference Assembly, but if you are unable to attend, I will need your group conscience by April 12. I will be leaving for NY on the 13<sup>th</sup>. Thank you all who attended the NCCAA conference. Our executive publisher of the grapevine Ami B. was very grateful that we invited her to participate. The Spanish speaking women workshop had about 38 members in attendance. For some people the Spanish speaking women is considered a remote community, so little by little we are reaching out. I have bought my ticket to the Pacific Regional Forum in Kona Hawaii. It was \$497.00 plus \$32.00 for insurance. I will be leaving September 27<sup>th</sup> and coming back October 4<sup>th</sup> to reduce cost. If you are planning on attending this, you may want to purchase your tickets now before they become more expensive.

**ALTERNATE DELEGATE Phil B.:** PRAASA, this was my 8<sup>th</sup> year. This was easily one of the most informative and powerful. I heard terms like Spiritual infusion used to

describe the PRAASA experience. I am looking forward to the upcoming Pre-Conference Assembly to be held in Marin. We have many items of business to address during our business meeting and have allotted extra time to help expedite the process. Remind your GSR's that they have the opportunity to vote at our assemblies. I have also received some great feedback on our feasibility study. It opened up the conversation at the local group level which is wonderful to see.

**AREA CHAIR Joann L.:** If anyone has the agenda topic summary where Public Information B1, B2, and D2 calls for no group conscience, that is incorrect. We will be hearing group consciences on all three. If you need a corrected copy, please let me know and I will be sure to send.

**TREASURER Teddy BW:** This month, we have received \$4,423.75 in revenue and I have written checks for \$8,327.29, including about half of the expenses for the Post-Conference, leaving us with \$7,278.96 in the bank plus our prudent reserve of \$9,192.96.

**REGISTRAR Ray W.:** If you are receiving 2 copies of the Comments or Comentarios, please send me both envelopes so that I can correct the labels. If you know of any changes that have not been corrected yet on your sign in sheet, please send to me as soon as possible so I can put changes through before NY does their bi-annual data updates. I will need corrections before April 20<sup>th</sup>. Be sure to register at the Pre-Conference Assembly as a voting or non-voting member. This is used for voting totals and lunch counts. Also bring your FM Radios.

**RECORDING SECRETARY Barbara S.:** Please remind your GSR's when speaking at the Pre-Conference to speak slowly and clear so that accurate notes can be taken for our Delegate. I am still looking for help with translation of the motions book. If you can help, please let me know.

**ASSEMBLY COORDINATOR Michael Q.:** Hope you are all ready for the Pre-Conference on April 9<sup>th</sup> and 10<sup>th</sup> in San Rafael. District 10, Marin is ready for you. Please take into account that due to the facilities guidelines we will be unable to sell soda, water or Rock Stars, but you may bring your own. There will be plenty of coffee available. Flyers are in Spanish and English on the front table. One month later we will be meeting for the Post-Conference in Burlingame to hear our Delegate's report back on his experience and what was decided at our 66<sup>th</sup> GSC. ASL will be provided for the Delegate's Report and a DVD will be recorded and made available to share upon request. The Report will also be recorded and a CD will be made available immediately

## Looking for Something?

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## AREA COMMITTEE MEETING MINUTES (Cont.)

following the assembly. I will be making a HK motion today to replace damaged microphones.

LITERATURE/GV/LV *Agustin L.*: Grapevine is accepting stories "Young and Sober" due 4/5/16, "Atheist and Agnostics," due 5/5/16 and "Remote Communities" due 7/5/16. Send us your story to [www.aagrapevine/contribute](http://www.aagrapevine/contribute). Last month I mentioned about "Arbor Cards." If you do any activity at your group, district or area related to the GV or LV send the card to the GV. The area with the most cards will be featured in a magazine and online during 2017. All cards received will be entered into a drawing and 5 winners will receive a selection of Grapevine books and other items.

### District Reports

01 MONTEREY *Susan G.*: Our March meeting had a very light attendance. Many thanks to Dist. 3 for an informative Agenda Topic Workshop discussion and also District 19. This truly demonstrated the language of the heart.

02 SALINAS/SAN BENITO *Elijah H.*: Our groups are busy with our agenda topics, conducting sharing sessions and lots of one on one conversations. There is a lot of interest and participation. We are focusing on outreach to groups who historically have not had GSR's and the outreach is having a very positive effect.

03 SANTA CRUZ *Jeff W.*: PRAASA scholarship recipients returned with a high level of enthusiasm and have been sharing their experience with our district. We had a great turnout to our Agenda Topics Workshop on the 12<sup>th</sup>. We are having regular monthly summer assembly planning meetings with District 40.

04 SANTA CLARA North *Eric L.*: At our monthly district meeting, we passed a motion that, pending approval from Districts 40 and Santa Clara County's Intergroup, will move the Public Information/ Cooperation with the Professional Community into the general service structure. Currently, PI/CPC is an Intergroup-funded service, but the committee had asked to join general service at the district level late last year. Having just passed the motion, we elected a new PI/CPC liaison, who will help with the possible transition. The district also discussed several of the agenda topics in mock group conscience sharing sessions led by the DCMs, and had a district-wide discussion about the results of the GSO feasibility study. We now look forward to attending the Pre-Conference Assembly, and GSRs are now busy collecting informed group consciences to share at the microphone next month.

40 SANTA CLARA SOUTH *Miguel H.*: We had a great presentation on what to expect at the Pre-Conference Assembly. We have been having round table discussions at our meeting and were able to obtain 7 District consciences. The new GSR's came back from PRAASA with great experiences. We have been having summer assembly planning meetings with District 03. Most of the positions have been filled.

05 SAN MATEO *Erica S.*: We had an Agenda Topic workshop that was well attended. The GSR's are busy gathering group consciences. PENYPAA made a HK motion for a letter of support for their bid for ACYPAA. Planning for the Post-Conference is well underway. Flyers are available

for the dinner we are hosting the night before at the Old Spaghetti Factory in Redwood City. There is a limit on attendance at the dinner of 100 persons.

06 SAN FRANCISCO *Rhys G.*: We had a great presentation on the benefit of attending the Agenda Topic Workshop. Members also shared experience at PRAASA. Our Agenda Topic workshop was well attended. We had a presentation on what to expect at the pre-conference and what the delegate needs to know. We had great presentations and Q & A discussions. We also were able to obtain a group conscience on the "Plain Language" BB agenda topic.

07 ALAMEDA NORTH *Thomas V.*: We had a run through of a practice session of delivering a group conscience to the Delegate within 90 seconds. One GSR gave a report along with a minority view in 30 seconds. Our Visiting Area Officer assisted with a third legacy election for a Newsletter Editor.

70 ALAMEDA SOUTH *Kathleen L.*: We have not met this month yet, but we are planning on spending time on practice of the Group Consciences. At our Agenda Topic workshop, we had food and had the presenters rotate instead of the groups.

08 CONTRA COSTA *Laura W.*: We had a presentation on the Feasibility Study and we practiced getting agenda topic workshops.

09 SOLANO SOUTH *John M.*: Our GSR's have all received a copy of the Feasibility Study and we had a lively discussion. We had passed a motion to host the Post Conference Assembly for 2017. We are working on that now. PRAASA was discussed. One member did a written report which we will publish in our newsletter.

90 SOLANO NORTH *Evelyn O.*: We held our first unity day this month, and working on getting a spot for the Delegate's Report. Our PI/CPC department is working

10 MARIN *Chris H.*: We had a relaxed District Meeting. The focus was on getting the GSR's the support they need to obtain group consciences. Today is the deadline to purchase a ticket for the Pre Conference Dinner. Please see Jennifer K. today.

11 NAPA *Mary S.*: District 11 meeting took place during PRAASA. We had a mock inventory so that the GSR's could experience the process.

12 SONOMA *Bob F.*: Our GSR's are busy getting group consciences. One of the GSR's did a detailed history of the current motion for Sub district 002 of District 16. Next month some will be giving a presentation on PRAASA.

13 LAKE *Mary Ellen R.*: We had a presentation on why some motions remain at the ACM and why some go to Assemblies. We had a discussion on the reimbursement rate on mileage at 0.14. Most were not in favor. It became clear that we need a finance reimbursement guideline first. We will be addressing one Agenda Topic before our next meeting.

14 MENDOCINO *Tim D.*: We are busy getting group consciences and are looking forward to the Pre Conference Assembly. We will be co-hosting a workshop in April. I came home from PRAASA very encouraged.

15 HUMBOLDT/DEL NORTE *Bruce P.*: Most of our time last month was spent on how to get a group conscience. We had 3 members attend PRAASA and they will be reporting back

## AREA COMMITTEE MEETING MINUTES (Cont.)

next month.

16 SPANISH CENTRAL *Reynaldo M.*: We had a presentation on the agenda topics and were able to get a District Conscience. We attended District 17 workshop and discussed 6 topics. We are visiting groups to help with Agenda Topics. We also attended the Interdistrictal at District 17.

17 SPANISH SOUTH *Benito C.*: We visited a group in SJ. We had 6 GSR's and 4 officers at PRAASA. We had an Agenda Topic workshop and had participation from all 5 linguistic Districts. We also attended the NCCAA.

18 SPANISH NORTH *Ramiro A.*: We have already shared with 4 groups on the Agenda Topics, and will be visiting 5 more. 9 of our members attended PRAASA. We had a presentation on the Agenda Topics and the importance of taking the group conscience to the assembly to participate. We also elected a special events chair and we approved the purchase of translation equipment for our District.

19 SPANISH SOUTH SOUTH *Fermin M.*: We had a presentation from our visiting Area Officer on Spanish women in AA. There were many questions and discussions. We had 4 members attend PRAASA. We are supporting the GSR's through the Agenda Process. We had a presentation the District was processing

20 SPANISH EAST *Enrique E.*: After 32 hours of being together driving and giving reimbursement to 1 GSR, 12 attended PRAASA. We have shared with Dist. 70 -7. 12 of the 26 groups have invited us to have workshops on Agenda Topics for participation at the pre-conference.

### Area Sub-Committees

ARCHIVES *Sheri W.*: We were very busy today and had discussion on the Archives Workshop and passed 3 HK motions for the committee and will be going over our guidelines very soon. We continue to work on getting the Repository organized to get an inventory and catalogue items better. We are looking forward to the National AA Archives Workshop in Sept. We have District Archives packets in Spanish, so if you are a Spanish speaking district and would like a copy please see me during the meeting.

BRIDGING THE GAP *Bill B.*: With 6 districts reporting, 30 presentations were given and 156 requests for contact. Our correspondence secretary received 21 requests that were sent to other areas. At our committee meeting we discussed some agenda items for the GSC. Public Information E resulted in input to our Delegate. We will have 2 HK motions later today.

FINANCE COMMITTEE *Russ A.*: We discussed timing of our passing of the 7<sup>th</sup> tradition buckets here at the ACM. We seem to be passing just as we are getting ready for the break. Our treasurer is undertaking a review of cash flow planning for the next two quarters and will report back to the committee in May. We discussed future CNCA contributions to the GSB, how such contributions should be made and the idea of creating a line-item in our budget as part of our prudent planning going forward. The ACM will be hearing more about this in the coming months.

PI/CPC *Phil B.*: The upcoming assembly is just around the corner. Please remember to be responsible when it comes to

photos and Anonymity. The long form of Tradition 11 says, "Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed." In keeping with this principle, please do not post recognizable photos of identifiable A. A. members on the Web sites accessible to the public.... At the PI/CPC Subcommittee meeting today we held Sharing Sessions and discussed Agenda Topics from PI Item E and B1 and B2, and from CPC Item B.

WEBSITE COMMITTEE *Cheryl G.*: We have successfully moved our CNCA06 website. We have a new hosting provider and a new web registration provider as well. Many long standing issues have been identified and are being addressed one step at a time. Our committee meeting was very productive.

INTERPRETATION AND TRANSLATION COMMITTEE *Claudia N.*: We had a great discussion today about topics from our inventory. We have multiple requests for equipment. We have all translations set for the pre and post conference assemblies. We will be purchasing new head sets for our translation equipment. We need to obtain Pod Cast information and need to have input from our members that have knowledge on how this works.

CNCA COMMENTS *Robin T.*: We mailed 1003 Comments on 3/11. 41 first class and 962 bulk. We were right within the budget. We had 17 people at our last mailing party. Next mailing party April 7<sup>th</sup>, in Ukiah.

COMENTARIOS DE ACNC *Manuel R.*: The assembly minutes are printed and available; I believe they will be available this month. I have sent the Comentarios to print so they will be available next week.

DCM SHARING SESSION *Linda T.*: We had a presentation on "Microphone Etiquette." The handouts from the session will be emailed tomorrow to everyone on the list. Next month's topic will be "What to bring back to your groups after the Assembly."

GRAPEVINE/LA VINA *Agustin L.*: Today we talked about PRAASA. We each had 2 minutes to share. We also shared about the agenda topics. Our District had a Unity Day where we talked about agenda topics. // When we are getting a group conscience everybody has a different opinion and it is hard to stay out. // People are very emotional, we talked about the Plain Language mostly. Very emotional when talking about getting this to the new member. // I shared about making a pamphlet in plain language and then everyone changed their mind. // Next month's topic, "The Pre-Conference Assembly. I have 2 sets of the PRAASA tapes, one in English and one in Spanish. You can make a copy or listen to them and then send back.

NCCAA *Linda G.*: The San Ramon conference was last week and it was a huge success. Now we are on to the conference in Santa Rosa. Raymundo will be giving his Delegate Report at the conference and we will also be having discussions at the Santa Rosa Delegates meeting. The inventory notes are available on our web site.

H&I *Diane O.*: We are still fine tuning our Pink Pamphlet and will be having a second approval and 2<sup>nd</sup> printing soon. Our H & I conference is also in Santa Rosa, April 29, 30<sup>th</sup> and May 1, 2016. Our General Chair has been surveying the

## AREA COMMITTEE MEETING MINUTES (Cont.)

literature in our H & I area, already there and being ordered, making sure that there are no excesses – thus ensuring the wisest use of the gifts of love our members put in the pink and white cans.

EBYPAA *Katie G.*: EBYPAA covers Districts 07, 70 and 08, with liaisons for 07 and 70 and a GSR in District 08. We discussed the agenda topics and feasibility study recently for an hour. Most of the discussion was the usefulness and limitations of technology. We are working hard on our bid for ACYPAA. I will be bringing a HK motion to you for a letter of support later in the meeting.

LA VINA 20<sup>TH</sup> ANNIVERSARY *Joshua H.*: I was able to attend the steering committee meeting in Oxnard, CA, Area 93. I received the full reports from the committee, along with the posters and agendas for the event. I attended the round table for LV at PRAASA and several points were discussed, but also we spoke on the great success of the anniversaries. At the NCCAA we were able to give the committee's full report and we had a raffle at which we were able to raffle 9 registrations and 3 banquets. The event currently has 163 registrations for \$4,765.72 and \$3,877.35 in expenses, leaving \$988.57. If you know of any events where there is an opportunity to hold a raffle, please let me know.

NATIONAL AA ARCHIVES WORKSHOP *Laura W.*: We are continuing working on our workshop. We are looking for volunteers for registration, hospitality and workshops. Our website is running at [www.NAW2016.org](http://www.NAW2016.org) Our current registration is behind our budget at this time, so please remind people to register in advance.

### Housekeeping Motions:

**Motion:** That CNCA fund one person from the BTG Committee to attend the 44<sup>th</sup> Annual Hospital and Institution Conference to be held April 29<sup>th</sup>, 30<sup>th</sup> and May 1<sup>st</sup> in Santa Rosa. The budgeted amount is \$175.00.

*Discussion:* NONE

No objections: <<Motion Passed>>

**Motion:** That the Bridging the Gap Short Term Correspondence pilot program be extended six months from March 26, 2016

*Discussion:* NONE

No Objection:<< Motion Passed>>

**Motion:** That CNCA purchase two microphones not to exceed \$75.00.

*Discussion:* Is that \$75.00 each or total? A. Total

No objections:<< Motion Passed.>>

**Motion:** That CNCA 06 provides a letter of spiritual support for EBYPAA to include in their bid to host ACYPAA 2017. This letter would be written in support spiritually, not financially, of EBYPAA's ability to host next year's All California YPAA Conference.

*Discussion:* NONE

No Objections:<< Motion Passed.>>

**Motion:** That CNCA 06 provides SOCYPAA with a letter of support for their 2017 bid for the ACYPAA round-up. This letter would be in support spiritually, not financially.

*Discussion:* NONE

No Objections << Motion Passed>>

(Seventh Tradition and BREAK) 2:00 to 2:15 pm)

### Area Business

#### Old Business:

#### Motion:

That CNCA Web Committee add two members, increasing from 5 to 7

**Discussion:** Our sub district was in favor of this motion. // Our Officers at our District meeting were asking for a list of the job descriptions of this committee. Maybe next month we could have a copy and make an informed conscience. // The web committee can give you a copy of their guidelines that have the job descriptions. // Our district was in favor if the committee, thought it was necessary.

>>The chair asked for a sense of the meeting. The Committee was ready to vote, and agreed to require substantial unanimity or a 2/3 majority to pass.

**Vote: Yes= 46 No=0 Abstain=0**

#### Minority Opinion: none

No motion to reconsider. **\*\*Motion Passed\*\***

#### Discussion Topic:

**Sharing on the Feasibility Study:** I have been talking to groups about this, the initial approach I had was very enthused. That did not go so well, so I have limited to the facts only and also show the Birthday envelopes to GSO.// We have been using the BD envelopes at our group for years. We have now started passing a can once a month that we will be sending direct to GSO. This gives us a personal commitment to GSO.// I would urge everyone to read the entire report and understand, so that it can be passed along to the groups. In the past, many people have stated that if we make the need known and relevant to the groups, they will respond.// It is important that we do not approach this as a fear thing and approach this as a positive thing.// One of the ideas we thought was good, was doing away with the directory because they are usually out of date.// We liked the idea of moving GSO to Ohio, it would save GSO a lot of money.// It came to our attention that our local Intergroup are not informing the groups with the address to forward contributions to GSO. We passed a motion to have this printed in our newsletters. If a group treasurer wants to send in a contribution that address is readily available.// This study is just not about money, it is about participation and making everyone feel safe. Are we making them feel welcome and safe?// There is a section about merging the two boards and it seems that their answers are all fear based. There are comments like it would render the GVB impotent and demoralize the editors and board. This does not sound like an organization that I would like to be associated with. Major publishers are able to publish magazines and text books and novels and I don't see why AA could not do the same thing.// I have passed our B-day envelopes at the district to GSR's to take back to their groups. I have been asking the GSR's to take back to the groups to be passed out to their members.// There is nothing I would not do for AA; I would like to see members' words of gratitude travel the 24 inches from their mouth to their heart and put more money in the basket. It's one more way we



## AREA COMMITTEE MEETING MINUTES (Cont.)

connect, experience spirituality in this program and one more way for us to preserve the life we have been given.// I think how we talk about this is very important. Some groups do not participate at all. I think we need to look at that. Thank you for clarification that this is just notes and not a final report. Remind people that we are in the early brainstorming of this.// We had a sharing session on this and there were questions about what GSO is spending their money on. I explained that this was online. We are making sure he receives all the information that he needs. Sometimes it is important for people to know the details. Is the GSR able to find the information?// I would like to know why I can't contribute to AA on the web site without a checking account.// We are trying to solve AA's problems without using the committee process. Maybe GSO should have a committee that comes up with 10 ideas that we can discuss. I think we are getting fearful, if the promises come true we will be able to have this conversation over a period of time. If GS does not exist, I will still go to meetings.// There is a lot of information that we received from GSO and GV/LV, maybe we should have more volunteers to work for GV/LV, we need to participate. I think we need to take responsibility. I participate less than what GSO and Area invest to keep me informed.// I have been thinking about our flat membership numbers. There is information from GSO called SM-F132. This is an estimate of our membership from 1935. In 1990 our membership numbers were just a little over 2 million; they are the same today. I think this is a root cause of what we are seeing here. Our main goal is to carry the message, and I think the rest will fall into place.// I think I am a channel of information from GSO down to the groups and the individual members and also responsible to communicate from the groups back up to GSO. I sent information to some of our members about group contributions. One member was not aware of how the money that she puts into the basket gets to GSO, and wanted to know what her group contributes to GSO. Maybe we should add something to our area website to give that information. This made it clear to me that it is a lack of information passed on to the groups.// After receiving all the information on the study and the agenda topics, I was totally against the Plain Language BB, and what I heard at PRAASA and here about flat memberships, maybe we need to look at where the need is for our message and who are we not reaching. There is a money issue but where is the root of the problem.// You can make online contributions at <http://CTB.aaws.org/login> // We had a sharing session at our District on this, and here are some of the comments, we should not be talking about finding new members along with money.// This is about awareness and communication and having conversations that are sometimes uncomfortable.// Many people do not know what GSO does; making them available to our members would be good.// It took me about 20 minutes to figure out how to make a contribution online.// Talking to group treasurers about money.// We need to be more visible and to look at our Public Relations, / Look at the GV, we should consider combining with something else or do we really need this service.// I am thinking about AA's history. What if we let the thinking go off menu? What are our

fundamentals? Sharing our experience is the main fundamental. Maybe the steps could be written in plain language.// What if there were no books, maybe we could pass the message on with one alcoholic talking to another.// I was listening to the past trustee panel from PRAASA today on my way here. If you take to large view of this, we need to go back to keeping it simple. The administration side of AA has gotten very large. It comes down to two people getting together to recover from alcoholism. We need to keep it simple.// What services do we really need?// Most companies have gotten away from defined retirement plan and post-retirement health benefits; those are large numbers in the financial reports. We have post-retirement benefits liabilities that are large, maybe we need to look at a different plan like a 401K and unwind that whole process.// I would like to tell the members about the love and support that I feel here. We need to let the members know this is not about fear, this is about love and service. I would like to see an example of what NA does.// We hire professional that look at pensions, we can't abandon our pensions that exist. Maybe we need to have someone look at this.// One of the things I heard at PRAASA was about welcoming the newcomer? Do we do it the way they used to do it? When was the last time you heard, "Get in the car?" I know when we do group inventories, it is a common question, do we welcome the newcomer? Maybe we need to look at this more closely. We in AA form good relationships and tend to cluster at the meetings. How does the newcomer break into that cluster? If we don't welcome the newcomer, we will not increase our numbers that we are worried about.

### Discussion Topic:

**Should our assemblies have a standard rotation similar to what PRAASA has done?**

**Discussion:** I have spent about 5 years attending PRAASA and hearing the discussion of how PRAASA went from the bidding process to the rotation process. We had a situation here where two Districts were bidding for the same assembly. This left a bad taste in some mouths. Maybe we can come up with a process that this would not happen, maybe we can break up the area to be sure that the assemblies are in different areas. This would give a district years of advance notice.// There are some areas that already do this. It would be ok if the District is unable to participate; then it would pass to the next District.// There would be a lot to work out on this idea. In our district we are limited on facilities. If we were in line for an assembly and did not have a facility to handle, would we need to wait for another 4 years. I do believe we should rotate the election assembly.// We only have one facility that is capable of holding an assembly; we need to give them 12 months' notice.// This seems to be a good idea. In our Spanish Districts we rotate the Inter-District meetings that are three times a year. We know when we will be hosting and we can prepare.// This election assembly is at the same location as last panel, but it is being hosted by a different district. We have one of the largest areas and have 4 assemblies a year. There are some areas that only have 2 a year.// This is good to explore. What I remember from the PRAASA discussion,

## Balance Sheet February 2016

### California Northern Coastal Area Statement of Financial Position

As of February 29, 2016

	Total
<b>ASSETS</b>	
Current Assets	
Bank Accounts	
B of A Checking	12,338.97
B of A Savings	9,195.26
Total Bank Accounts	\$ 21,534.23
Accounts Receivable	
1200 Accounts Receivable	1,599.78
Total Accounts Receivable	\$ 1,599.78
Other current assets	
Assembly Deposits	2,256.90
Total Other current assets	\$ 2,256.90
Total Current Assets	\$ 25,390.91
<b>TOTAL ASSETS</b>	\$ 25,390.91
<b>LIABILITIES AND EQUITY</b>	
Liabilities	
Current Liabilities	
Accounts Payable	
2000 Accounts Payable	245.26
Advance From Officer	940.12
Due to Districts	121.43
Total Accounts Payable	\$ 1,306.81
Total Current Liabilities	\$ 1,306.81
Total Liabilities	\$ 1,306.81
Equity	
3900 Operating Funds - Adjusted	16,079.65
Prudent Reserve	9,194.86
Net Revenue	-1,190.41
Total Equity	\$ 24,084.10
<b>TOTAL LIABILITIES AND EQUITY</b>	\$ 25,390.91



## Expense Report February 2016

### California Northern Coastal Area Budget vs. Actuals: 2016 Budget - FY16 P&L January - February, 2016

	Actual	Budget	Total over Budget	% of Budget
<b>Revenue</b>				
Assembly Contributions		0.00	0.00	
CNCA Comments Subscriptions		12.00	-12.00	0.00%
District Contributions	5,291.57	5,000.00	291.57	105.83%
Group Contributions	17,969.18	20,000.00	-2,030.82	89.85%
H & I Archives Rent		500.00	-500.00	0.00%
Interest Income/Product Reserve	0.08	1.00	-0.92	8.00%
Personal/Misc. Contributions	100.00	150.00	-50.00	66.67%
Tradition 7, Area Committee	625.00	660.00	-35.00	94.70%
<b>Total Revenue</b>	<b>\$ 23,985.83</b>	<b>\$ 26,323.00</b>	<b>-\$ 2,337.17</b>	<b>91.12%</b>
<b>Gross Profit</b>	<b>\$ 23,985.83</b>	<b>\$ 26,323.00</b>	<b>-\$ 2,337.17</b>	<b>91.12%</b>
<b>Expenditures</b>				
Committee Expense	2,832.97	4,278.50	-1,445.53	66.21%
Delegate Expense	1,274.93	976.00	298.93	130.63%
General Expense	17,435.37	6,607.00	10,828.37	263.89%
Officer Expense	3,732.97	4,837.49	-1,104.52	77.17%
<b>Total Expenditures</b>	<b>\$ 25,276.24</b>	<b>\$ 16,698.99</b>	<b>\$ 8,577.25</b>	<b>151.36%</b>
<b>Net Operating Revenue</b>	<b>-\$ 1,290.41</b>	<b>\$ 9,624.01</b>	<b>-\$ 10,914.42</b>	<b>-13.41%</b>
<b>Other Revenue</b>				
Refunds/Rebates	100.00		100.00	
<b>Total Other Revenue</b>	<b>\$ 100.00</b>	<b>\$ 0.00</b>	<b>\$ 100.00</b>	
<b>Net Other Revenue</b>	<b>\$ 100.00</b>	<b>\$ 0.00</b>	<b>\$ 100.00</b>	
<b>Net Revenue</b>	<b>-\$ 1,190.41</b>	<b>\$ 9,624.01</b>	<b>-\$ 10,814.42</b>	<b>-12.37%</b>

## AREA COMMITTEE MEETING MINUTES (Cont.)

the rotation is not set in stone, there are ways to work this out. I like the idea that all the districts will have to think about this and have a chance to host. It can add a lot of people to service that would normally not have the opportunity.// We could divide the area into 4 parts and we have 23 Districts. If three districts host an assembly together, each District would have the opportunity to host an assembly every panel.// I think this is worth more discussions, we need to have this discussion with our Districts. This would increase participation. I tend to look for the easier softer way, if I need to volunteer, I might not make myself available, but if I know in advance that it was available, I might step up easier. This could also apply to the Districts.

### ***“What’s On Your Mind?”***

We did an Agenda topic workshop audio from District 4 and 40 in English and Spanish. Please let me know if you would like to have access.// I am hearing challenged and if we could keep the noise down during reports it would help.// I loved our last discussion. It’s not about fairness about having the assembly, it’s the spiritual principle. I loved the passion about people getting up and stating they have an idea; this is the solution to our study, passion.

### **Fourth Quarter Reports 2015**

#### **Finance:**

The budget for 2016, Panel 66, was completed and presented to ACM for approval at the November meeting. We reviewed cash-flow planning for beginning of 2016. (The budget was approved by the ACM.) Updating of the Area Expense Reimbursement Guidelines was completed and these were presented to the Area Committee Meeting on Oct 24th. Questions and comments over three months have been extensive and we are especially grateful for all the suggestions we have received from the officers, the committees, and everyone who has provided vital information to help us amend the Guidelines. (The newly revised Guidelines were approved at the February ACM.) Contributions continued to improve at the end of 2015 and our financial condition remains sound. The Finance Committee on behalf of the Area extends our gratitude to all the groups and individuals who have continued to provide your generous support for CNCA to help us to carry the message.

#### **Web:**

As we end this 1<sup>st</sup> year of the panel we get to reflect on the work that has been done and the work we still have to do. Our newest member of the committee started the process of putting together a Spanish/English glossary to help the interpreters with our Alphabet Soup of abbreviations and consistency in language we use. We provide interpretation at 5 committee meetings on a rotating basis and the Area monthly meeting as well as all of the assemblies. Our translation chair continues to get requests regularly for translation of documents from our committees, which ensures our unity with each other. We had radios donated during this quarter and we purchased other radios to sell at the assembly to enable as many people as possible the ability to hear all the voices of Alcoholics Anonymous. We

picked our Inventory questions for the committee and are looking forward to reviewing what we do well, what we can do to improve and where we can grow.

#### **Bridging the Gap:**

For the period October through December 2015, the various districts had a total of 64 presentations and 344 requests for contact. Sixteen letters were received by our correspondence secretary. On October 3, the BTG forum was held, hosted by District 90 for the first time. It was an excellent time where AA members shared on their service in BTG, H&I, PI/CPC. There were also speakers from a treatment and corrections. We all learned a great deal. On December 19 at the regular BTG committee meeting, Kelly H. and Larry B. presented an orientation for potential volunteers for the short term correspondence program pilot. Sixteen people attended, both BTG committee members and others. Three people were willing to volunteer to participate as correspondents by the end of the presentation.

The meeting was closed at 3:10 pm with the Responsibility Statement.

Submitted with Love and Gratitude,  
Barbara S.  
CNCA Panel 65 Recording Secretary

### **SERVICE POSITIONS AVAILABLE**

**Translators needed to help Barbara S. translate the motions book to Spanish. Contact Barbara S.**

**2 open positions on the Web Committee. Submit contact information to any area officer**

**1 open position on the Interpretation and Translation Committee. Submit contact information to any area officer**

## DCM SHARING SESSION

**March 26, 2016 Chairperson: Michael Q.**  
**The meeting opened with the Serenity Prayer**

### **Job Descriptions:**

**Literature/Grapevine La Viña Chair: Augustin L.**

- Attend Area meetings
- Attend 4 Assemblies per year/Give a report
- Literature/GV/LV Sharing Session at Area meeting
- Visit Standing committee meetings as requested at Area
- Visit 3 Districts per month
- Meet with other Area Officers monthly
- Compile Agenda Topic summaries with other officers
- Become familiar with and encourage members to read literature.
- Create Literature display at Area and Assemblies
- Always keep in mind Rule 62
- Interaction with District Literature Chairs
- Time involved: 20 hours per month/District visits can take time

Thank you to for translating: Tony

### **Introductions**

### **Presentation:**

**Microphone Etiquette at the pre-conference assembly:**  
**Vince B. DCM District 04**

My first assembly was one of the most exciting experiences I have had in Alcoholics Anonymous. Because we were providing our delegate with the information they needed to make an informed decision.

- We want to have our group consciences. Prepare! We don't want to ad-lib at the mic. Get your group conscience on paper. Type it up and have two copies so if you are not comfortable or didn't get time at the mic I could drop it in the box.
- Practice! You only have 90 seconds. Be clear & don't rush.
- Interpreters are there to translate into English and Spanish so speak slowly and clearly. Take your time.
- Be courteous to the speakers
- Pay attention and listen
- If your conscience has already been stated several times, please step aside and put your conscience in the basket
- PLEASE BRING YOUR FM RADIOS SO YOU CAN HEAR TRANSLATED INFORMATION!
- Please say just your first name and your district. We don't need to know the specifics of the date and time your group meets. It just takes up time. Just say what is needed.
- You don't need to re-state the topic.
- Share what is important. If your topic has been stated, you aren't bringing anything new.
- LIGHTS! This is fun! When the light is green you have 90 seconds. When the light goes yellow, wrap it up! Red light will bring applause and it's time to stop immediately.
- Address the delegate directly.
- You are at the microphone to bring your group conscience, not personal opinions. You can express your personal opinion during "What's on Your Mind."
- After your time at the mic, continue to listen. You may hear something that will change your mind about what is best for AA. It's your responsibility as a GSR to bring this information to your group.
- Bring back what you learned to your groups. Our groups

want to know what you saw, what you heard and what happened!

- Take your own inventory. Did we do this well? What could we do better next time?
- Applause... ONLY APPLAUD WHEN THE LIGHT COMES ON. We do a disservice to everyone if we applaud when we agree with an opinion. Keep your non-verbal cues to a minimum. We are trying to inform our delegate, NOT SWAY THEM.
- There is no right way or wrong way to do this. Enjoy it.

### **Discussion:**

• I thought they were applauding me because I did a good job! These are great guidelines to teach us how to conduct ourselves at the assembly. My past experience in my sub-district is that it was hard to express their opinion in 2 minutes. So I need to get my GSR's ready to do this in 90 seconds. If an opinion has already been heard it is not needed to say again, even though they are excited to participate. Sometimes it's hard to understand that it's our ego that wants to be there.// I was taught to introduce myself by my first and last name at Area level and my group name.// Important to present pros and cons.// I love this. I wish I had this when I was a new GSR.// Is this the place to bring a motion? No, please talk to Joann.// I introduce GSRs to Concept 3, the right of decision. This explains very well, what the delegate is looking for and what the delegate needs to know. This is what they are equipped with.// At the Workshop, it is important to not change the group conscience. This is just my opinion and there are others. There is no right of decision at this level.// I'm talking about the right of decision as exercised by the Delegate.// My own etiquette... I'm really opinionated and I want my opinion in there! I am going to have to bring duct tape.// When the Chair says if you have nothing new to say, please sit down; please listen.// This is such a great tool! Our GSR's need this.// I got hooked into General Service when I went to the microphone.// We have members that use a lot of profanity. Please do not use profanity at the mic.// It's very important for me to listen. I am here to do the job my group has asked me to do. I only represent one group in our Area. Last year I was very nervous when I came to the mic. I would like to thank the English speaking community for supporting the Spanish speaking community.// Go to the mic if you don't hear your group conscience.// I was afraid to categorize what my group said. You need to organize, not tell everything.// We need to create a safe environment. Remember that someone has the opposite opinion. Remember to come from a loving place when you share.// What I heard is the ability to listen to the opposite opinion.// Your radios can be used for translation and for assisted listening.// I have been cut off at the mic. DCM's carrying multiple group opinions will really only be able to do one at a time.// Some GSR's never got time at the mic. Every GSR should go to the mic at least once. Watch the agenda and see when that topic is coming up and get to the line so you don't get the back of the line.// It's the chair's discretion to ask people who have not yet shared sit down.// I do remember officers suggesting that in the name of time, don't mention your group.// The time that takes for people to applaud at the mic can take away from time at the mic for another GSR and goes to the safety of the group.// We should be

**CALIFORNIA NORTHERN COASTAL AREA 06  
OF ALCOHOLICS ANONYMOUS**

**Pre-Conference Assembly 2016**

**"Our Spiritual Way of Life: Steps,  
Traditions & Concepts."**

**Saturday/Sunday April 9 & 10, 2016**

**Marin Center Exhibit Hall**

**10 Avenue of the Flags, San Rafael CA 94903**

**Saturday**

**8:00 - 9:00 AM Registration**

**9:00-9:15 Orientation and remarks from Delegate  
*Conference Process Review and Group Consciences***

**9:15 AM Business Meeting**

**Lunch 12:00 - 1:00 PM**

**1:00 PM *Sharing on the Conference Theme***

**1:30 PM Group Consciences**

**Agenda**

**Grapevine**

**Literature**

**CPC**

**Trustees**

***What's on your mind?***

**5:00 - 5:30 PM**

**Please clean up all your belongings**

**Sunday**

**8:00 - 9:00 AM Registration**

**9:00 AM Group Consciences**

**Public Information**

**Finance**

**Report and Charter**

**Policy and Admissions**

**Corrections**

**Archives**

**Treatment/Special Needs Accessibilities**

**International Conventions // Regional Forums**

***What's on your Mind?***

**12:30 - 1:00 PM**

**"If extra time is needed to hear group consciences,  
we will break for lunch and return at 2:00 PM  
to continue."**

**BRING YOUR FM RADIO FOR SIMULTANEOUS TRANSLATION**

## CNCA AREA AND ASSEMBLY MOTIONS APRIL 2016

### Area Committee:

#### Assembly Bids:

#### Housekeeping Motions:

#### Guidelines:

#### Presentation of New Business:

#### Old Business at Area Committee Meeting:

#### New Business at Area Committee Meeting:

**Discussion Topic:** Should our assemblies have a standard rotation similar to what PRAASA has done?

### Area Assembly Motions

#### Housekeeping Motions:

#### Presentation of New Business at Area Assembly:

#### Old Business at Area Assembly:

- "District 16 Spanish Central is requesting that CNCA 06 restructure District 16 by removing sub-district 02 from District 16."
- "That CNCA 06 expand the area officer eligibility to include Alternate District Committee Member Chairs and current members and chairs of Area standing committees and sub-committees who have served as a DCM and/or DCMC."
- "That the General Service Conference develop a pamphlet sharing experience, strength and hope on group safety."

#### New Business at Area Assembly:

- "That all Area business in CNCA be decided by substantial unanimity, usually 2/3."
- "That CNCA moves to reintroduce the following section (From page 6 of the AA Member – Medications & Other Drugs, Revised 2011 and also from the 1998 edition of Living Sober page 89) in "Appendix\*" in Living Sober (2012 edition). Placement of the below text will follow the current section **Note to medical professionals** (page 90)":  
"Some alcoholics require medication.

We recognize that alcoholics are not immune to other diseases. Some of us have had to cope with depressions that can be suicidal; schizophrenia that sometimes requires hospitalization; bipolar disorder, and other mental and biological illnesses. Also among us are diabetics, epileptics, members with heart trouble, cancer, allergies, hypertension, and many other serious physical conditions. Because of the difficulties that many alcoholics

have with drugs, some members have taken the position that no one in A.A. should take any medication. While this position has undoubtedly prevented relapses for some it has meant disaster for others. A.A. members and many of their physicians have described situations in which depressed patients have been told by A.A.s to throw away the pills, only to have depression return with all its difficulties, sometimes resulting in suicide. We have heard, too, from members with other conditions, including schizophrenia, bi-polar disorder, epilepsy and others requiring medication, that well-meaning A.A. friends discourage them from taking any prescribed medication. Unfortunately, by following a layperson's advice, the sufferers find that their conditions can return with all their previous intensity. On top of that, they feel guilty because they are convinced that "A.A. is against pills." It becomes clear that just as it is wrong to enable or support any alcoholic to become readdicted to any drug, it's equally wrong to deprive any alcoholic of medication, which can alleviate or control other disabling physical and/or emotional problems." *Presented by District 07*

- "That language similar to the following be added to the section "How Decisions Affecting A.A. Are Made" in "The A.A. Group" pamphlet at the conclusion of the following sentence: Annually, groups from the U.S. and Canada elect delegates (serving two-year terms) from their areas to the yearly meeting of the Conference in New York -- to hear the reports of the board's committees, G.S.O. and Grapevine staffs, and to recommend future directions, mainly in the form of Advisory Actions.

*"Prior to the annual General Service Conference a list of important issues to be discussed during the Conference is published and made available to each and every Group in the U.S. and Canada. Because these issues make up a part of the entire General Service Conference Agenda, they are referred to as Agenda Topics. Every Group in the U.S. and Canada has the opportunity to review, discuss, and develop an informed Group Conscience on these Agenda Topics. The Group's GSR then carries the Group's Conscience on Conference Agenda Topics to the Area's Delegate, usually at an Area Assembly prior to the General Service Conference. The Area Delegate then represents the collective conscience of the Groups in the Area at the General Service Conference on these matters vital to A.A. as a whole." Presented by District 11*

## CNCA CALENDAR

### 2016—Panel 65

**April**      **9, 10—Pre Conference Assembly**  
Marin Civic Center Exhibit Hall,  
San Rafael (Hosted By District 10)

**May**      **23—Area Committee Mtg**  
**14—Post Conference Assembly**  
Machinist Hall, Burlingame  
(Hosted by Districts 04 and 05)

**June**      **28—Area Committee Mtg**  
**10-12—69th NCCAA Summer**  
**Conference**, Veterans Memorial  
Building, Santa Rosa

**July**      **25—Area Committee Mtg**  
**23—Area Committee Mtg**  
**23-24—20th Anniversary La Viña**  
**Celebration**  
Holiday Inn, Phoenix West, AZ

**August**      **6—Summer Assembly**  
Santa Cruz Fairgrounds, Santa Cruz  
(Hosted by Districts 03 and 40)

**September**      **27—Area Committee Mtg**  
**8-11 20<sup>th</sup> National AA Archives**  
**Workshop in Walnut Creek**

**October**      **24—Area Committee Mtg**  
**30 - Oct. 2—Pacific Regional**  
**Forum in Waikola, Hawaii**

**November**      **15—BTG Forum**  
Hoover Theatre, San Jose

**December**      **22—Area Committee Mtg**  
**5—Election Assembly**  
Scottish Rite Center, San Jose  
(Hosted by District 17)

**26—Area Committee Mtg**  
**17—Area Committee Mtg**

## ASSEMBLY DATES CALENDAR

### PANEL 65 ASSEMBLY DATES

**2016 Pre-Conference Assembly**  
April 9-10; Marin Civic Center Exhibit Hall  
10 Avenue of the Flags, San Rafael, CA 94903  
(Hosted by District 10)

**2016 Post-conference Assembly**  
May 14; Machinist Hall, Burlingame  
(Hosted by Districts 04 and 05)

**2016 Summer Assembly**  
August 6; Santa Cruz Fairgrounds, Santa Cruz  
(Hosted by Districts 03 and 40)

**2016 Fall Election Assembly**  
November 5, Scottish Rite Center, San Jose  
(Hosted by District 17)

### PANEL 67 ASSEMBLY DATES

**2017 Pre-conference Assembly**  
April 8-9

**2017 Post-conference Assembly**  
May 13, Lake County Fairgrounds, Lakeport  
(Hosted by District 13)

**2017 Summer Assembly**  
August 5 or August 12

**2017 Fall Inventory Assembly**  
November 11

**2018 Pre-conference Assembly**  
April 7-8

**2018 Post-conference Assembly**  
May 12 or May 19

**2018 Summer Assembly**  
August 4 or August 11

**2018 Fall Election Assembly**  
November 10

**(Underline dates preferred)**

If your District is considering making a bid for an Assembly, please contact the Assembly Coordinator Michael Q. by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website.

## DCM SHARING SESSION (Cont.)

more mindful of time.// Don't be afraid to speak into the mic.

Topics for Next Month:

PRAASA Report Backs  
Small T traditions at Area Meeting  
What to bring back to your groups after Pre-Conference Assembly?  
Concept Three ~ Right of Decision

Chitra, District 11 will present.

Respectfully Submitted,  
Linda T.  
Recording Secretary,  
DCM Sharing Session ~ Panel 65



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**AA Grapevine US Rate**

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## Panel 65 Area Officers & Area Meeting Information

**Feel free to contact the Area Officers by using the "Contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website.**

**Delegate**  
Raymundo L.

**Alternate Delegate**  
Phil B.

**Chair**  
Joann L.

**Treasurer**  
Teddy BW

**Registrar**  
Ray W.

**Recording Secretary**  
Barbara S.

**Assembly Coordinator**  
Michael Q.

**Literature/Grapevine/La Viña Chair**  
Agustin L.

**Pacific Regional Trustee**  
Joel C.

**General Service Office**  
P.O. Box 459  
Grand Central Station  
New York, NY 10163  
212-870-3400  
[www.aa.org](http://www.aa.org)

**CNCA**  
P.O. Box 884222  
San Francisco, CA 94188-4222  
[www.cnca06.org](http://www.cnca06.org)

**H&I**  
[www.handinorcal.org](http://www.handinorcal.org)

### CNCA Standing Committee & Sharing Session Meetings

are the 4th Saturday every month. Sharing Sessions - 10 am  
Standing Committee Meetings - 11 am  
Area Business Meeting 12:30 - 3:30 pm

**Archives** Committee meets at 11:00 am. For information contact Sheri W. by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website. The CNCA Archives are located at 185 Mayhew Way, Walnut Creek, CA 94597-2065

**Bridging the Gap** meets at 11:00 am. For Information contact Bill B. by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website.

**Public Information/ Cooperation with the Professional Community (PI/CPC)** meets at 11:00 am. For information contact Phil B. by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website.

**Interpretation & Translation** Committee meets at 11:00 am. For information contact Claudia N. by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website.

**Web** Committee meets at 11:00 am. For information contact Cheryl G. by visiting the "contact us" tab on the [www.cnca06.org](http://www.cnca06.org) website.

**DCMs & DCMCs** Sharing Sessions meet at 10 am.

**Grapevine/La Vina/Lit.** Sharing Session meets at 10 am.  
[www.aagrapevine.org](http://www.aagrapevine.org)

