

# CNCA 06

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## DISTRICT COMMITTEE MEMBER SHARING SESSION

**March 26, 2016**

**Chairperson: Michael Q.**

**The meeting opened with the Serenity Prayer**

### **Job Descriptions: Literature/Grapevine LaVigna Chair; Augustin L.**

- Attend Area meetings
- Attend 4 Assemblies per year/Give a report
- Literature/Grapevine/LaVigna Sharing Session at Area meeting
- Visit Standing committee meetings as requested at Area
- Visit 3 Districts per month
- Meet with other Area Officers monthly
- Compile AT summaries with other officers
- Become familiar with and encourage members to read literature.
- Create Literature display at Area and Assemblies
- Always keep in mind Rule 62
- Interaction with District Literature Chairs
- Time involved: 20 hours per month/District visits can take time

Thank you to for translating: Tony

Introductions

Secretary Announcements: *Please sign in if you are not currently receiving minutes.*

### **Presentation:**

**Microphone Etiquette at the pre-conference assembly: Vince B DCM District 04**

*Please see handout*

My first assembly was one of the most exciting experiences I have had in Alcoholic's Anonymous. Because we were providing our delegate with the information they needed to make an informed decision.

- We want to have our group consciences. Prepare! We don't want to ad-lib at the mic. Get your group conscience on paper. Type it up and have two copies so if you are not comfortable or didn't get time at the mic I could drop it in the box.
- Practice! You only have 90 seconds. Be clear and don't rush.
- Interpreters are there to translate into English and Spanish so speak slowly and clearly. Take your time.
- Be courteous to the speakers
- Pay attention and listen
- If your conscience has already been stated several times, please step aside and put your conscience in the basket
- PLEASE BRING YOUR FM RADIOS SO YOU CAN HEAR TRANSLATED INFORMATION!
- Please say just your first name and your district. We don't need to know the specifics of the date and time your group meets. It just takes up time. Just say what is needed.
- You don't need to re-state the topic.
- Share what is important. If your topic has been stated, you aren't bringing anything new.
- LIGHTS! This is fun! When the light is green you have 90 seconds. When the light goes yellow, wrap it up! Red light will bring applause and its time to stop immediately.
- Address the delegate directly.
- You are at the microphone to bring your group conscience, not personal opinions. You can express your personal opinion during What's on Your Mind.
- After your time at the mic, continue to listen. You may hear something that will change your mind about what is best for AA. Its your responsibility as a GSR to bring this information to your group.
- Bring back what you learned to your groups. Our groups want to know what you saw, what you heard and what happened!
- Take your own inventory. Did we do this well? What could we do better next time?

- Applause...ONLY APPLAUD WHEN THE LIGHT COMES ON. We do a disservice to everyone if we applaud when we agree with an opinion. Keep your non-verbal cues to a minimum. We are trying to inform our delegate, NOT SWAY THEM.
- There is no right way or wrong way to do this. Enjoy it.

### Discussion:

- I thought they were applauding me because I did a good job! These are great guidelines to teach us how to conduct ourselves at the assembly. My past experience in my sub-district is that it was hard to express their opinion in 2 minutes. So I need to get my GSR's ready to do this in 90 seconds. If an opinion has already been heard it is not needed to say again, even though they are excited to participate. Sometimes it's hard to understand that it's our ego that wants to be there.
- I was taught to introduce myself by my first and last name at Area level and my group name.
- Important to present pros and cons
- I love this. I wish I had this when I was a new GSR.
- Is this the place to bring a motion? No, please talk to Joann.
- I introduce GSRs to Concept 3, the right of decision. This explains very well, what the delegate is looking for and what the delegate needs to know. This is what they are equipped with.
- At the Workshop, it is important to not change the group conscience. This is just my opinion and there are others. There is no right of decision at this level
- I'm talking about the right of decision as exercised by the Delegate.
- My own etiquette...I'm really opinionated and I want my opinion in there! I am going to have to bring duct tape.
- When the Chair says if you have nothing new to say, please sit down; please listen.
- This is such a great tool! Our GSR's need this.
- I got hooked into General Service when I went to the microphone.
- We have members that use a lot of profanity. Please do not use profanity at the mic.
- It's very important for me to listen. I am here to do the job my group has asked me to do. I only represent one group in our Area. Last year I was very nervous when I came to the mic. I would like to thank the English speaking community for supporting the Spanish speaking community.
- Go to the mic if you don't hear your group conscience.
- I was afraid to categorize what my group said. You need to organize, not tell everything.
- We need to create a safe environment. Remember that someone has the opposite opinion. Remember to come from a loving place when you share.
- What I heard is the ability to listen to the opposite opinion.
- Your radios can be used for translation and for assisted listening.
- I have been cut off at the mic. DCM's carrying multiple group opinions will really only be able to do one at a time.
- Some GSR's never got time at the mic. Every GSR should go to the mic at least once. Watch the agenda and see when that topic is coming up and get to the line so you don't get the back of the line
- It's the chair's discretion to ask people who have not yet shared sit down.
- I do remember officer's suggesting that in the name of time, don't mention your group.
- The time that takes for people to applaud at the mic can take away from time at the mic for another GSR and goes to the safety of the group.
- We should be more mindful of time.
- Don't be afraid to speak into the mic

### Topics for Next Month:

PRAASA Report Backs

Small T traditions at Area Meeting

What to bring back to your groups after Pre-Conference Assembly?

Concept Three ~ Right of Decision

Chitra, District 11 will present.

Respectfully Submitted,

Linda T.

Recording Secretary,

