## Greetings from your Alternate Delegate

Thank you to all that participated in the Pre-Conference Assembly. Especially all of you that were able to go to the microphone and experience that spiritual connection that starts with your group conscience, through you, to our Delegate. In turn he carried your group consciences in his heart to the General Service Conference in New York. Barbara and I took copious notes again this year of each group conscience during the Assembly. After reviewing my notes I was reminded of the wonderful opportunity I have been given to serve as your Alternate Delegate. The gift to sit and listen with an open mind, with no judgement was again a wonderful experience. Through all your efforts and dedication, Raymundo was well informed for his journey to New York. I have talked with Raymundo since his return. He has shared some of the highlights with me of is life changing experience. After listening to him I can assure you. His Conference report will be informative, full of emotion and spiritual in nature.

I paused during the assembly multiple times. I was trying to get an understanding of the feelings of humility, pride, honor and gratitude that was welling up inside of me. A passage came to mind from the book, "Alcoholics Anonymous comes of age". To paraphrase, the three conditions that are necessary for true fellowship: The possession of a common ideal involving a complete release from selfishness and division. The discharge of a common task big enough to capture the imagination and give expression to loyalty. And the comradeship, the "togetherness," thus involved as we find out the joy and power of belonging to an organic society and engaging in a whole-time service.

Under such conditions, all the vitality that we usually waste upon our jealousies and our vanities-upon keeping up appearances and putting other people in their proper place-becomes available for creative use. We are so fortunate to be members of the Northern California Coastal Area 06. By definition I was experiencing a true Fellowship. Through service we have been given another day to walk in the sunlight of the spirit.

Love In Service, Phil B. CNCA 06 Panel 65 Alternate Delegate