



CNCA COMMENTS



A.A. Confidential -- November 2016
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview -- November 2016

Please note on your calendars that the ACM for both December 2016 and January 2017 will be on the 3rd Saturday of the month instead of the fourth Saturday. In February we will resume our normal schedule.

Our item of Old Business passed. It stated that "Time and space be provided for an accessibility meeting prior to each Area Committee Meeting to discuss problems, successes, strategies and share experience, strength and hope." This new meeting will start in January with the new Panel.

We had discussion on three items of new business.

- That CNCA, annually, fund a member of the Web Committee to attend the National AA Technology Workshop.
- Starting in 2017, CNCA increase the budgeted amount for the annual Delegate contribution for the General Service Conference from \$1600 to \$3500.
- At its discretion, the Finance Committee of CNCA present a housekeeping motion each year (starting in 2016) to finalize the Annual Delegate Contribution by CNCA to the General Service Board in respect to the following year's General Service Conference in an amount no less than the minimum suggested by the General Service Conference and no greater than the anticipated full cost per conference member.

These will be items of old business at the ACM in November.

District 20 gave a job description of coffee commitment for the ACM meeting. Please have a discussion in your District to see if your members are available to bid for either the ACM Coffee or for Editor for the CNCA Comments or Comentarios. These are both great opportunities to expose the fellowship to serving General Service.

We had several members give an account of their experience with the Pacific Regional Forum. All were first time attendees and it was inspirational to hear how the Forum touched their hearts and increased their love of General Service.

I can't wait to see you all at the last Assembly for Panel 65. As always, please remember to bring your AM/FM Radios.

In service and gratitude,

Joann L.

CNCA Area Chair Panel 65

As I'm writing my Delegates Corner I remember the first time that I made myself available for service, I had been three months sober and it was time for someone else to take the secretary's position, I don't know if I should say that unfortunately or fortunately there was no one available. Since I was very new it took about 2 hours out of the business meeting to decide if I was eligible or not for service.

Thank God that the group conscience voted in favor because that gave me a great opportunity to stay sober by doing my service for 6 months. I've learned that when I serve my fellowship, I received more than what I give, especially when I have the opportunity to share my experience, strength and hope with others. I recently attended my home group just to get my feet wet into my new upcoming position. My sponsor suggested me to make myself available as a greeter or coffee maker at my home group. So when I was there, I was asked to share and at the end two newcomers approached me; as I was sharing with them I remembered a portion of the fifth tradition that always makes me feel the magic that it has been granted to us.

The unique ability of each A.A. to identify himself with, and bring recovery to, the newcomer in no way depends upon his learning, eloquence, or on any special individual skills. The only thing that matters is that he is an alcoholic who has found a key to sobriety. These legacies of suffering and of recovery are easily passed among alcoholics, one to the other. This is our gift from God, and its bestowal upon others like us is the aim that today animates A.A's all around the globe. (12x12 pg 150)

On November 19th we are going to do the recording of the Concepts in San Francisco. I am looking for volunteers that can read and speak clearly to make it sound more professional.

I would like to thank those who are sponsoring our inmates by Carrying the message with the Grapevine and La Viña. We have covered 46 gift subscriptions so far and we still have some more to go. Thank you for contributing to carry the message. I'm on my way to Utah Area 69 to facilitate a Workshop for La Viña, and also I will be going to Visalia Area 07 the weekend after next to facilitate another Workshop.

By the time you received this the Elections Assembly has taken its course and I do want to thank every single one of you for making yourself available -- outgoing panel 65 and incoming panel 67, all the GSRs, DCMs, DCMCs, Area Standing Committees, Area Officers, Trustee at Large and all the service positions that we have in our fellowship. Only us can reach out to the alcoholic who still suffers; that's our high mission and only us can take upon this task. When I gave my last report at District 16, one of our past delegates came to bring me my button as an incoming past delegate. The words that he shared with me really touched my heart, and you know what, those are the words of an alcoholic talking to another alcoholic. Everything in our fellowship boils down to that, only an alcoholic can really touch another alcoholic's heart.

For us, if we neglect those who are still sick, there is unremitting danger to our own lives and sanity. Under these compulsions of self-preservation, duty, and love, it is not strange that our Society has concluded that it has but one high mission -- to carry the A.A. message to those who don't know there's a way out. (12x12 pg 151)

With Spirit of Love in Service
Raymundo L. CNCA 06
Panel 65 Delegate

Looking for Something?

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AREA COMMITTEE MEETING MINUTES FOR OCTOBER 2016

The monthly committee meeting of CNCA was held **October 22, 2016** at the Petaluma Community Center. Joann L. opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Derick of District 12. Coventia of District 40 read Tradition 10 and Maryanne of District 4 read Concept 4. There were 2 past delegates present: Diane O. (Panel 35), and Padee M. (Panel 63). There were 3 GSRs present and 1 new DCM present. The September 2016 minutes and financial report were accepted as printed in *CNCA Comments*. Birthdays: 111/6. Registered attendance: Voting= **54**, Non-voting= **48**.

Officer Reports

DELEGATE Raymundo L.: Thank you to all the districts for your wonderful hospitality, I have had a great time giving my Delegate Reports. I gave my last report on October 12, and David N. gave me my incoming past delegate button. On November 19, we are going to do a recording of the Concepts in San Francisco. I am looking for volunteers that can read and speak clearly to make it sound more professional. Thanks to our Area for being well represented at the Pacific Regional Forum. I have brought with me some flyers and business cards for you to take that are Save the Date flyers for 2018's Forum in San Jose. Thanks to all that helped in carrying the message to our inmates with subscriptions to the GV and LV. We covered 46 subscriptions so far and we still have some more to go. I will be going to Utah (Area 69) and Visalia (Area 07) to facilitate workshops for La Vina.

ALTERNATE DELEGATE Phil B.: I attended Service Day at District 09 on October 8th. I am full of gratitude for having the opportunity to present the 66th GS Conference Delegate report. This was my 3rd time in Panel 65 to have given the report. The experience has given me a better and deeper understanding of the Conference process. I attended District 19 and gave a presentation on "Anonymity and the Digital Age." I also gave a presentation with Cathy P. at the BTG Forum on "No Experience Necessary." "Rotation helps to bring us spiritual rewards far more enduring than any fame. With no AA 'status' at stake, we needn't compete for titles or praise – we have complete freedom to serve as we are needed." (Service Manual S-23)

AREA CHAIR Joann L.: If you would like to make yourself available for a standing committee – Finance, Interpretation & Translation or Web, please put your name on the clipboard I have up here on the front table. Please talk up in your districts, making your district available for either ACM Coffee Commitment, CNCA Comments Editor or Comentarios Editor. Today we will hear the job descriptions.

TREASURER Teddy BW: So far this month, we have received \$10,247.66 in revenue and I have written checks totaling \$10,031.41, which includes \$4K for the upcoming assembly, which leaves us with \$17,429.55 in the bank, plus our prudent reserve of \$9,195.81. Thanks to the Finance Committee Aka Finance Elves, for helping today. We are sending out 347 receipts which makes this the busiest month this year!

REGISTRAR Ray W.: Please advise your District Registrars to be at the Election Assembly in November at 7:30 A.M. Also you are or will be all holding District Elections in the

next 2 months. Please get me the change forms as soon as possible so I can make the changes with GSO in NY. Also be sure that the forms contain correct phone #'s and email addresses. The NCCAA standing committee formed an Ad Hoc committee at their last meeting to look at the inventory that was taken last year. CNCA will be participating in the ad hoc along with CNIA.

RECORDING SECRETARY Barbara S.: No Report
ASSEMBLY COORDINATOR Michael Q.: The Election assembly is in 2 weeks on November 5th in San Jose. Flyers in English and Spanish are available on the front table and will be also posted and downloadable on our area website, cnca06.org. We have adjusted the agenda for an earlier start. Registration will begin at 8:00 and Orientation will follow at 8:30. Elections will start at 9:00. The first election will be our nominee for US Trustee at Large, followed by election of Area Officers starting with Delegate. I have been reflecting on our Assemblies for Panel 65. Attendance has been great, and we shattered the attendance record with our Pre-Conference of almost 600 (599) in Marin. Our attendance for all the assemblies is on record pace. I feel this reflects the overall health of our area and I congratulate you all for your participation and contributions. CNCA Rocks. Last panel's election assembly in 2014 had attendance of 407. I'm sure we will be better for Panel 65. Our election assembly holds a special place in my heart, my first propelled me into a Love of service. I hope you bring your sponces, your sponsor, your friends and family, this is AA at work in one of its purest forms.

LITERATURE/GV/LV Agustin L.: GV in celebration of AA's history is offering an attractive gift set for the Holidays, a four book set for \$30.00 (order # B-33). If you go to aa.grapevine.org you can see in the archives every story printed since 1944. Stories are being solicited for the pamphlet "Young People in AA." Manuscripts should be between 500-800 words, double spaced in 12-point typeface. The "Young People in AA" should appear on the top of the first page. Submissions can be emailed to literature@aa.org with "Young People in AA" in the subject line.

District Reports

01 MONTEREY Susan G.: We discussed the upcoming elections and importance of filling our open positions. The current H & I and PI/CPC situation was covered by our Intergroup Liaison. We had a presentation on the Third Legacy procedure in detail.

02 SALINAS/SAN BENITO Elijah H.: We are busy with the preparation for our Annual Gratitude Dinner on Nov. 12. We are working our way through some growing pains, bringing with them the promise of new things for District 02. With our forthcoming ad hoc committee recommendation on budget and finances we will be formulating our vision and setting some goals to serve our District. We completed our job descriptions and will have our elections in November.

03 SANTA CRUZ Jeff W.: Lots of enthusiasm about the upcoming area elections. We will be holding our District Elections next month. Last month a new permanent District Officer Position was created for Website Coordinator. Once

AREA COMMITTEE MEETING MINUTES (Cont.)

again we have heard from a member expressing concerns about an anonymity break on social media. This appears to be becoming a regular topic of discussion.

04 SANTA CLARA NORTH *Eric L.*: At our last district meeting, we elected the Panel 67 officers. Marianne G., who currently serves as the Alternate DCMC, will be the new DCMC. Mary M., our current Recording Secretary, will be her alternate. All six officer positions will be filled by women, a first for our district. We also elected five of twelve DCMs, with elections continuing next month. During elections, we heard reports back from the Pacific Regional Forum, as well as information about the upcoming CNCA Election Assembly.

40 SANTA CLARA SOUTH *Miguel H.*: We are ready for the Fall Election Assembly. We held our elections for Panel 67 and all officer positions have been filled. We still have some DCM positions open that we hope will be filled soon. Regional Forum in Hawaii was great, with 8 members attending from our District. We will continue with business next month.

05 SAN MATEO *Erica S.*: We passed our 2017 budget and finished hearing job descriptions and our discussion on what it means to be available. Our District elections are next month. Some members are working on updating the materials we give out to new GSR's making it simpler and more user friendly. The bus placards that our PI committee has been working on will be going up on all the Sam Trans buses in November for a 3-month period in English and Spanish.

06 SAN FRANCISCO *Rhys G.*: District Elections began with our visiting area officer facilitating. We elected our chair, Alt chair and treasurer. We will continue in November and December. We had a presentation from GGYPAA for their bid to host ACYPAA. We held our Unity Day, and it was well attended and everyone seemed to enjoy themselves.

07 ALAMEDA NORTH *Thomas V.*: We had a detailed presentation on how to use the General Service Conference Report to inform our groups. We also received a detailed presentation from several GSR's who have canvased several possible venues where we could hold an assembly for our District to be able to host an area assembly. If a bid develops out of this, remains to be seen. Next month we will hold our elections for next panel.

70 ALAMEDA SOUTH *Kathleen L.*: We heard members share about their experience at the NAAAW. We also had a sharing session on the effectiveness of our area assemblies. Great input on "group coverage of expenses" so we shared on that. We will finish the remaining questions at our next meeting. Elections are next month, and sharing of job descriptions is almost complete. We are also having discussions around sending a "posse" to PRAASA, meaning using the money to send 4-5 members. Eden Group in our District started on 3/8/55, group history now in archives!! 61 years.

08 CONTRA COSTA *Laura W.*: Our 2016 Financial Projections were presented by our treasurer and they will be presented again for disapproval if any in December. The motion to realign our sub-district boundaries' passed and our District Registrar and Area Registrar have processed the

changes. We hold our elections next month.

09 SOLANO SOUTH *John M.*: We held our Service Day two weeks ago. Although the turnout was a disappointment, we had a wonderful panel. Our Alternate Delegate gave a wonderful Delegate's Report. An update on the assembly we are hosting: we have confirmation from the Fairgrounds staff that we can execute a contract at the price originally quoted. We are in the process of obtaining the deposit check and executing the contract. We will hold our District elections at our next District meeting.

90 SOLANO NORTH *Evelyn O.*: Our District will be holding its elections in November. GSR's are encouraged to attend the Area Election assembly on the 5th. We held our last fall Unity Day this weekend. It was well attended and have heard a few people express they enjoyed it. Our Intergroup office participated with us on this event.

10 MARIN *Chris H.*: We heard a few report backs from district officers that were sponsored by the district to attend the Pacific Regional Forum. Our Visiting Area Officer shared about their service history and presented on how GSR's could best prepare to participate in the Fall Election Assembly. We ended our panel of presentations by District Officers, sharing their experience of serving on Panel 65. In November we will be having a potluck alongside our elections.

11 NAPA *Mary S.*: We completed discussions on potential improvement to the district, based on our recent inventory. We are continuing discussions on changing the time and day of our district meetings to avoid conflicts with area assemblies. We are also continuing discussions on a motion to allow Sub-District 11-001 to redistrict by adding a new DCM to better serve the large number of meetings in that sub-district. We had a review of the third legacy process with our visiting officer.

12 SONOMA *Jennifer B.*: We finished the last of our district job descriptions and our visiting officer shared on his thoughts on the 66th GS Conference Report. In between our elections we will be hearing some report backs from the NAAAW and the Forum. We have a new handout of suggestions for the incoming DCM's and that will be added to our Officer's Guidelines. A revised GSR Orientation Guide will be supplemented with a revised flip chart for the officers to use in the GSR Orientation itself. The goal is to help GSR's better understand and access the tools available to them. A 4th ad hoc committee on electronic contributions is still exploring options and issues, and will probably need to continue work in the next panel. One group in our district has plans for a trial run passing the digital basket in addition to the regular one.

13 LAKE *Mary Ellen R.*: We are planning our Interdistrictal workshop as District 13 is hosting this year. This workshop is with District 11, 13, 9 and 90 and focused on the Presentation/Discussion topics of the upcoming General Service Conference. We had a presentation on the role of the GSR and how important the position is to the fellowship as a whole. We also heard a brief report back on the NAAAW. We finally passed our Financial Guidelines.

14 MENDOCINO *Tim D.*: Working on job descriptions and looking forward to elections next month. Helpful information

AREA COMMITTEE MEETING MINUTES (Cont.)

on the upcoming Area Assembly from our visiting Area Officer and sidekick. Our new Concept Study is still going strong with new members every week.

15 HUMBOLDT/DEL NORTE *Candida W.*: We are holding elections in November and December. Both our scheduled pre District meeting workshops were not held so our PI/CPC Workshop and Sub district meeting will be rescheduled by the trusted servants of Panel 67. We continue to discuss financial reimbursement formulas for District travel. We purchased a used laptop that will remain in the custody of our Treasurer. BTG successfully requested access to the maximum security prison with the help of one of our Del Norte GSR's and we are excited to be offering this service to alcoholics being released from prison.

16 SPANISH CENTRAL *Reynaldo M.*: We elected a new DCMC this month, along with Alt. DCMC and Treasurer. We still have two vacancies that we will try to fill next month. We continue to go to the Consulate of Mexico and the mission facility in our district.

17 SPANISH SOUTH *Benito C.*: We went to the forum in Hawaii this year. We visited groups to get volunteers for the assembly. We had our elections and have a new committee for Panel 67.

18 SPANISH NORTH *Ramiro A.*: Last month at our meeting we had a presentation on GSR's and how important it is to attend the election assembly. We have visited all the groups this panel, but do have 3 more to go. We are participating at a District event on Saturday.

19 SPANISH SOUTH SOUTH *Fermin M.*: We had a presentation on how to get interest in the election assembly and what it means to say "I am Available." We approved a motion that the district will request a nonprofit number from the IRS.

20 SPANISH EAST *Enrique E.*: We are ready to go to the election assembly in November. We returned from the forum full of love and lots of information. We are getting ready to host the Pre Conference Assembly April 2017 with District 08.

Area Sub-Committees

ARCHIVES *Sheri W.*: Our Committee meeting was well attended this morning. We passed a HK motion to update the name of the tape librarian to "Audio Visual Librarian." We discussed a motion under new business and went over job descriptions in preparation for our elections next month. Open House for 2016 will be on December 10th from 11-4. Flyers on this event are on the table.

BRIDGING THE GAP *Bill B.*: With 5 Districts reporting, we did 22 presentations and had 108 requests for contact. We received 4 letters. We received a letter from Pelican Bay with immediate release, who wished to be connected to Spanish Language AA meetings in Bakersfield. With the help of the Delegate from Area 93, we were able to make a bridge. The BTG Forum was held October 15 with excellent presentations and lunch. In October we made a presentation at the SF Unity Day and also the Re-Entry Conference hosted by the SF Archdiocese. On Oct. 9 we attended the H&I General Committee meeting in Modesto.

FINANCE COMMITTEE *Russ A.*: We continued review of the budget for Panel 67. It will be ready to present to the

ACM in November as scheduled. We will report to the ACM regarding the implementation of how we will accept payments electronically. We will be updating the reimbursement guidelines with a minor wording change to accurately reflect that we reimburse committee chairs for attendance at NCCAA Events within the area.

PI/CPC *Phil B.*: The Panel 67 PI/CPC Committee will be staffing a booth at the Moscone Center in SF March 13, 2017 for the American Counseling Association. If you are interested in volunteering, please give your contact information and I'll pass it on to Panel 67 committee. This month's presentation topic was about having the GSO approve the development of a new "full Face PSA," using actors. We were treated with a video review of Australian developed full face PSA's. An interesting & informative discussion followed which we will continue next month.

WEBSITE COMMITTEE *Cheryl G.*: We talked about fixing menus, simplifying the menu tab-pages, and shall be working on a committee written pass-it-on for new web committee members. We are also working on a new version of the area website, and will have an hour-long presentation at next month's meeting. Visitors are welcome.

INTERPRETATION AND TRANSLATION COMMITTEE

Claudia N.: We had a great little meeting this morning with 2 visitors checking us out. Our equipment chair did some checking on Williams equipment for our area, and our translation team continues to look at software to help our area better serve AA as a whole. We reviewed the rest of our inventory and talked about expanding this committee in the translation area to better meet the needs of a growing area. If you are Bi-lingual and able to translate the written word, please consider making yourself available next panel.

CNCA COMMENTS *Robin T.*: We mailed out 946 bulk mail and 39 first class for a total of 985 comments. Total costs were \$563, which was \$17 below budget. Next mailing party is November 3 @ 8 P.M at the Ukiah Fellowship Group. We had 16 people at our last mailing party. The support has been wonderful. This commitment has been great for our District, in supporting unity and creating interest in General Service. The Comments commitment rotates to a new district at the end of December. I'm available to help with the pass-it-on to the new Comments editor. That position is still open.

COMENTARIOS DE ACNC *Manuel R.*: We printed 197 Comentarios this month and sent 196 out by mail.

DCM SHARING SESSION *Claudia N.*: We had a presentation regarding the election procedure – Available / Not Available. We heard about concerns of "What if no one is available?" Many different views, serving the district, area and God's choosing. What is best for AA?

GRAPEVINE/LA VINA *Agustin L.*: Our sharing session today was on Safety in AA. Some shared group experiences where unsafe behavior was seen, and when to call police. Home groups should be safe, every group is autonomous, and should address their particular issues and put to the groups as inventory question. Next month's topic, "Spirit of Rotation."

NCCAA *Linda G.*: Our Foster City Conference is March 10, 11 and 12, 2017. Registration is \$15 or \$20 at the event.

AREA COMMITTEE MEETING MINUTES (Cont.)

Next conference the registration fee will go up to \$20. When the Modesto Conference was over, we had 120 registrations for Foster City. We will have 2017 only T-Shirts, mugs and chips available. You can order of registration flyer or at the conference. Foster City is reaching out of their area for groups to host a marathon meeting.

H&I *Diane O.*: Because we are transparent, we acted immediately when we recognized that we have excess funds that need to be passed on. At our Central Meeting on 10/9, we passed a motion by over 75% that allows us to pass on \$50,000.00 to our brothers and sisters in service. 60% to the Intergroups in Northern California, 25% to the GSO office in NY, and 5% to CNCA, CNIA, and NCCAA. The regional chairs will talk to their area chairs who will present the motion to their group reps for approval or disapproval. We will then discuss the results at our meeting in San Jose on 2/12/17.

ACYPAA REPORT *Brianna P.*: We are having some local events this month. ACYPAA is having a Halloween Dance on Oct 29, at the Benicia Clock tower. SOCYPAA is having a meeting and variety show, Oct 22 8:00 meeting, show to follow. Suggested donation \$25.00 – 1495 W. Steele Lane, Santa Rosa. ACYPAA Bubble Soccer, Nov 12th Arbolado Park, Walnut Creek, suggested donation \$15.00, BBQ provided. Bring a team of 5 to compete in tournament. All our events are posted on our web page @ ggypaa.com
ASSEMBLY AD HOC REPORT *Erica S.*: Things are progressing well with our committee. We have finished gathering information. Thank you to all the districts for sending responses from the questionnaires that we sent out. We have started drafting our report and we are aiming to have it finalized in time for the December ACM.

LA VINA ANNIVERSARY *Nicolas G.*: 20th Anniversary has their pass it on October 15th to the host committee for the 21st Anniversary in Area 93. The final numbers of subscriptions were 825. We will have a new liaison for the 21st Anniversary, so if you are interested in serving, please come to the 9:00 meeting. The selection of the logo and theme of the Anniversary will be on January 21, 2017.

(Seventh Tradition and BREAK) 1:50 to 2:00pm)

Area Business

Old Business:

Motion:

Time and space be provided for an accessibility meeting prior to each area committee meeting to discuss problems, successes, strategies and share experience, strength and hope.

Discussion: We discussed at our District and everyone thought it was a good idea.// My District had a discussion on this motion, and we were in favor of this motion. Most in my district did not understand the motion, but those who had an opinion said they did not see any down side to it.// I can only see the positive side of this.// I am also the Intergroup Liaison for my district, and there is a lot of interest in this lately. Most around our district has been successful.// Our District has had lots of workshops on this subject.// Our District does struggle panel to panel. I think so much could come from this as a sharing session and all could benefit.//

My sub district has talked about this for the last couple of months at my sub-district meeting. We have only positive reactions to this. Working with others and sharing experience with each other can only have a positive effect.

>>The chair asked for a sense of the meeting. The committee was ready to vote and decided that we would require a 2/3 majority or substantial unanimity.

Vote: Yes= 48 No= 1 Abstain= 0

Minority Opinion: None

No motion to reconsider. ****Motion Passed****

New Business:

Motion:

That CNCA, annually, fund a member of the Web Committee to attend the National AA Technology Workshop.

Discussion: My district thought this was a good idea, as long as the money is available. They thought the feedback from the workshop would be good for districts and groups. As new younger members come in, this would be more important to our area.// Last month it had an amount and now it does not. Was it amended? // A. Yes.// My District was strongly in favor of the motion. Technology is not going anywhere; we should be able to meet the challenges ahead.//

Motion moved to Old Business at the next Committee Meeting.

Motion:

Starting in 2017, CNCA increase the budgeted amount for the annual Delegate contribution for the General Service Conference from \$1600 to \$3500.

Discussion: My sub district was strongly in favor of this motion. We were given an opportunity to discuss and educate. Thank you for the conversation.// I want to know if this is right or wrong, was it increase from 2500 or 3500?// A. \$3500.// I love the idea of this and its sister motion. We are able to be self-supporting and this is one way we can do that.// The budget is a plan, and give us a goal to reach. If we don't have it, we don't have it.

Motion moved to Old business at the next Committee Meeting.

Motion:

At its discretion, the Finance Committee of CNCA present a housekeeping motion each year (starting in 2016) to finalize the Annual Delegate Contribution by CNCA to the General Service Board in respect to the following year's General Service Conference in an amount no less than the minimum suggested by the General Service Conference and no greater than the anticipated full cost per conference member.

Discussion: Our District understood this motion after it was explained. They like the idea of the flexibility of the motion.// Is it too late to ask for an amendment? Can they word it different? We don't know if the first motion passes? Can we also put the \$3500 in this motion?// Thank you, the finance committee does not think that it is necessary.// The first motion is to increase our minimum to \$3500. The amount of the full cost of the conference cost average about \$7500 per year. Understand that we are a richer area than most. If we

AREA COMMITTEE MEETING MINUTES (Cont.)

are in a position to not afford the \$3500, we want the freedom to go back to the minimum.// I am glad we are talking about this. I think it is a responsible position and conversation. I trust our finance committee and our treasurer because the Finance committee was picked by the officers and the treasurer is picked by the Area. We are gigantic. We should be responsible and step up but I also trust the area. If the Finance Committee brings something forward that does not make sense, you have the right to tell them no.

Motion moved to Old business at the next Committee Meeting.

Reports back from the Forum: I had a star on my name tag that meant that it was my first forum. I did not know what to expect, but I knew it was the GS office coming to us. I was very nervous, and when I was on the tram from the airport to the hotel, the man that was sitting next to me recognized me from PRAASA. That experience made me feel at ease. I have always wondered why these Class "A" Trustees want to do all this work for us. I have always not been able to understand this. I was able to connect with each as they talked. It made me remember that there is never going to be enough for me to do for AA. These Trustees are not AA members, but they love AA. I also liked listening to the staff coordinator, I study the service manual, and all the charts, but this made the whole process come alive for me. All my suspicions went away. Raymundo gave the best delegates presentation. Listening to Amy the Grapevine editor and learning that 96% of the fellowship think it is an important service but only 20% have subscriptions. This whole experience made me feel so grateful.

Reports back from the Forum: I went to the forum; it was special to me. The first thing I saw was that if it was your first time at a forum, come to this orientation. I was the first one there, and I wanted to learn. What got my attention, was that the 15 Areas that are in our region come together here. I was able to grow, and learn, while I was having some coffee with the man that organized the regional form. For me the whole process was wonderful. All the reports I heard taught me something. I realized that many of us have miss information about the finances of NY. This is an opportunity for me to ask questions direct to them. I have about 10 pages of notes and I would love to share them all with you. I am excited to go to my group and share the information. I don't know how to explain it, but I can share as much as I can remember. Thank you for the opportunity to share this with you.

Sharing on the Regional Forum: This caused me to fall in love with AA. The biggest thing that touched my heart was listening to these Class "A" Trustees. The class A trustees are called Amateurs, which means "comes from the heart." They talked about working our steps and studying the traditions and concepts. They do exactly what we do. This made one of my dreams come true.

3rd Quarter 2016 Sub-Committee reports:

Interpretation and Translation Committee: We started off the 3rd quarter implementing lending radios at the Area business meeting. The lending program went well this

quarter. We had requests for the Williams equipment as well for many functions throughout our area. This is exciting news to see the desire to continue to communicate all the way around. We have updated our equipment and worked on our 2017 budget. Our translation team looked at a translation software and will be going to a workshop in November. We get many requests each month for translation and keep looking for members that might be available to help volunteer. Translation has been such a gift and truly keeps us connected to not only our members, but committees and events we provide this service to. Our Delegate asked our committee to consider the idea of translation of proposals and background material regionally in the future. We talked about putting together a pass it on for each of our jobs on the committee to help the next panel.

PI/CPC Within our Area we offer member volunteers a wide variety of service opportunities. We give presentations at local high schools and colleges, DWI classes, treatment facilities, etc. We also attend health fairs, and staff Professional conferences in and around the Area, and we give presentations to Police and Sheriff departments. We put Big Books in libraries and distribute Public Service Announcements to radio and TV stations. We put literature racks in doctors' offices, police stations and schools. Your PI/CPC committee staffs literature tables at Unity Days and picnics. We also handle Anonymity breaks at the level of press, radio, TV, Internet and social media. The Committee gave a mock PI presentation in Spanish with FM translation. Juan from District 40 and Nancy from District 19 were the presenters. District 05 San Mateo has been hard at work, again has successfully placed AA informational placards in buses. AAWS has produced a new video and a new PSA. The video is called "A New Freedom" and the PSA is "Doors with new voices." The Area PI/ CPC Committee participated in the Annual Bridging the Gap Forum on October 15th in San Jose. We had two presenters from the PI/CPC Committee. Cathy P. from District 10, her topic was "Not Necessary" and mine was "Anonymity and the Digital Age." Judge Flores (past Class A Trustee) was the highlight of the event. We meet at 11:00 every fourth Saturday of the month. District 90 Solano North has proposed "that GSO and GSC of A.A. approve the development of a new PSA, in video format, that utilizes actors." More to come.

Bridging the Gap: For the quarter from July to September 2016 the BTG committee had 74 presentations and 298 contacts. Tom F. of District 12 attended the BTG Workshop Weekend in Tucson, AZ. The BTG committee unanimously voted to continue the short term correspondence pilot for one year at the August meeting. This was brought as a housekeeping motion to the September Area Committee Meeting along with a status report. The motion passed without objection. Elections were begun for Panel 67 in September and all positions except for literature coordinator and archives were filled.

"What's On Your Mind?"

We are hosting the pre-conference dinner and we are ready for you to come visit us. There is still room at the dinner and if you would like to go, please see me after the meeting.//

Balance Sheet September 2016

California Northern Coastal Area Statement of Financial Position As of September 30, 2016

	Total		
	As of Sep 30, 2016	As of Sep 30, 2015 (PY)	% Change
ASSETS			
Current Assets			
Bank Accounts			
B of A Checking	20,183.99	8,924.41	126.17%
B of A Savings	9,195.81	9,195.18	0.01%
Total Bank Accounts	\$ 29,379.80	\$ 18,119.59	62.14%
Other current assets			
Assembly Deposits	1,751.90	3,710.00	-52.78%
Total Other current assets	\$ 1,751.90	\$ 3,710.00	-52.78%
Total Current Assets	\$ 31,131.70	\$ 21,829.59	42.61%
TOTAL ASSETS	\$ 31,131.70	\$ 21,829.59	42.61%
LIABILITIES AND EQUITY			
Liabilities			
Total Liabilities			
Equity			
3900 Operating Funds - Adjusted	16,802.66	14,978.98	12.17%
Prudent Reserve	9,194.86	9,194.86	0.00%
Net Revenue	5,134.18	-2,344.25	319.01%
Total Equity	\$ 31,131.70	\$ 21,829.59	42.61%
TOTAL LIABILITIES AND EQUITY	\$ 31,131.70	\$ 21,829.59	42.61%

Expense Report September 2016

California Northern Coastal Area Budget vs. Actuals: 2016 Budget - FY16 P&L January - September, 2016

	Total			
	Actual	Budget	Over/Under Budget	% of Budget
Revenue				
Assembly Contributions	7,389.00	6,950.00	439.00	106.32%
CNCA Comments Subscriptions	6.00	60.00	-54.00	10.00%
District Contributions	10,851.38	10,500.00	351.38	103.35%
Group Contributions	69,532.58	65,000.00	4,532.58	106.97%
H & I Archives Rent	1,100.00	500.00	600.00	220.00%
Interest Income/Prudent Reserve	1.37	4.00	-2.63	34.25%
Personal/Misc. Contributions	676.45	1,210.00	-533.55	55.90%
Tradition 7, Area Committee	2,763.45	2,700.00	63.45	102.35%
Total Revenue	\$ 92,320.23	\$ 86,924.00	\$ 5,396.23	106.21%
Gross Profit	\$ 92,320.23	\$ 86,924.00	\$ 5,396.23	106.21%
Expenditures				
Committee Expense	15,634.65	22,625.75	-6,991.10	69.10%
Delegate Expense	6,461.16	8,554.00	-2,092.84	75.53%
General Expense	44,452.82	42,452.50	2,000.32	104.71%
Officer Expense	21,884.78	23,283.25	-1,398.47	93.99%
Total Expenditures	\$ 88,433.41	\$ 96,915.50	-\$ 8,482.09	91.25%
Net Operating Revenue	\$ 3,886.82	-\$ 9,991.50	\$ 13,878.32	-38.90%
Other Revenue				
Refunds/Rebates	1,247.87		1,247.87	
Total Other Revenue	\$ 1,247.87	\$ 0.00	\$ 1,247.87	
Other Expenditures				
Reconciliation Discrepancies-1	0.51		0.51	
Total Other Expenditures	\$ 0.51	\$ 0.00	\$ 0.51	
Net Other Revenue	\$ 1,247.36	\$ 0.00	\$ 1,247.36	
Net Revenue	\$ 5,134.18	-\$ 9,991.50	\$ 15,125.68	-51.39%

AREA COMMITTEE MEETING MINUTES (Cont.)

I went to the archives workshop and what was surprising to me was La Viña and how much it has grown. I was glad to have Spanish interpretation and it is helping the Spanish members' groups to grow. The next one next year is in Canada.// In our district we have a group that has banned a member from attending their meetings. If anyone has experience with this, I would like to hear.// Thank you all for the encouragement after my accident. I am sure that all that helped me heal quickly and adjusted to the changes. I know that you are there with me, it was great to go to all the committee meetings today and my friends are still working together and working things out. I talk a lot about CNCA in Alaska. They give me the opportunity to talk about you all the time. My new area is large, they are very young, alcoholism is a large problem in my new area. I am the minority. We do an outreach to some areas that you can only get to by dog sled or airplane. We do conference calls for district and area meetings, we pay \$50.00 a meeting to have that available so members can attend that are far away. It's going to be my only way to cheer people along at their election assemblies. If you are in some of these towns go to some of these meetings. Take your literature and updated books, they don't have them, because they can't afford or they don't even know that it exists. One thing we do is to reach out. We don't have H& I, each group adopts a facility, and we make contact with people and they will come to our meeting and take literature and books from our meeting and they try to start meetings in the small towns or villages. We as a group travel to these places and it has given me so much about the basics of AA. We are always looking for soft

covered literature. We mail to the different villages and take them into hospitals and institutions around us. We are thankful for the example that you have set for us. When you are thinking that you are tired of being of service, remember that we are grateful for your service. As it says in the Service Manual, I get to be the Grapevine rep. When I first started in the commitment we only had old copies of the GV and our subscriptions had expired. We have given all the old ones away and continue to give the new ones away. In the GV you are going to see a picture of my home group, so if you are getting complacent, remember what your home group has meant to you. You taught me how to save my own self. Look for my group in the GV, and see where I am. I have had this dream of going there since I was the DCMC for District 12. Because of that experience and that visit to Alaska, I was able to say, I will serve AA here as long as you want me, and then I will go to Alaska. If you want to know how dreams come true, please keep saying you are available. I can't wait to see you all at the assembly.

The meeting was closed at 3:00 pm with the Responsibility Statement.

Submitted with Love and Gratitude,
Barbara S.
CNCA Panel 65 Recording Secretary

<p>CALIFORNIA NORTHERN COASTAL AREA 06 OF THE GENERAL SERVICE CONFERENCE PRESENTS:</p> <p>THE 2016 FALL ELECTION ASSEMBLY</p> <p>Saturday NOVEMBER 05, 2016</p> <p>SCOTTISH RITE CENTER 2455 MASONIC DRIVE SAN JOSE, CA 95125</p>	<p>Registration: 8:00 - 8:30 a.m. Orientation: 8:30 - 9:00 a.m.</p> <p>What Makes an AA Leader? The Third Legacy Procedure Area Officer Qualifications</p> <p>Officer Elections/US Trustee at large nominee: 9:00 a.m. - 12:00 p.m.</p> <p>Pacific Regional Trustee Report</p> <p>Lunch: 12:00 - 1:00 P.M.</p> <p>Area Officer Elections (continued) 1:00 - 5:00 P.M.</p> <p>What's On Your Mind?: 5:00 - 5:30 pm</p> <p>Other Reports and Sharing Will Occur Throughout the Day</p>
<p>BRING YOUR FM RADIOS FOR SIMULTANEOUS TRANSLATION AND ASSISTED LISTENING</p>	

DCM SHARING SESSION

CNCA 06
DISTRICT COMMITTEE MEMBER SHARING SESSION
October 22, 2016
Chairperson: Michael Q.

The meeting opened with the Serenity Prayer Introductions.

Secretary Report: Minutes and presentation are available in English and Spanish.

Thank you for translating: Tony A.

Job Description: Delegate – Raymundo L. – Incoming Past Delegate

Very strong commitment with an increasing spiritual reward

Presentation: Election Procedures; Available, Not Available – Susan G. District 01

Discussion:

- What if no one is available? For our own sake and our own sake of the fellowship it is desirable to stay for a full panel. Someone steps up usually.
- Rotation is important. If you don't leave a vacuum, nothing will get filled. Trust in God that positions will get filled.
- Smaller districts allow people to keep commitments until someone else becomes available or they just move around their service commitments.
- Election assembly brings such a spiritual experience to others and watching people grow in their commitment gives me the willingness.
- Remembering to have conversations with family & sponsor.
- Fear of taking on responsibilities; look first am I available?

- Took job anyway and learned by showing up how to do the job. Willingness is key
- Available questions is important, District or Area?
 - Experience, Strength and Hope on how I made decisions on available, not available; District served before Area
 - Putting District 1st, fear of what we can do, not do. If I am afraid of it I am going to grow through it.
 - Let other groups know about the election process to encourage participation.
 - Leaders are but trusted servants they do not govern. Never start as an expert. Doing it because the group elected me. Rotation and Leadership is very important. Being of service but not owning it. Fearful to be of service due to conflicts in the past. Sponsor reminded me I am serving God. I was saved by service from someone in AA, so my job is to do the same. Coming to AA is like going to the school for service.
 - Fear can block us but Miracles can happen when we say Yes, I am available.

Next Month's presentation: Pass it Ons, Leslie W. District 08

Tony A. shared a heart-felt goodbye today as he will be moving.

Remaining Topics for Consideration

Conference Report and how to share with your groups How to bring on new GSRs in our district

Submitted in Love and Service,
Claudia N., Recording Secretary – DCM Sharing Session – Panel 65

ASSEMBLY DATES CALENDAR

PANEL 65 ASSEMBLY DATES

2016 Fall Election Assembly

November 5, Scottish Rite Center, San Jose
(Hosted by District 17)

PANEL 67 ASSEMBLY DATES

2017 Pre-conference Assembly

April 8-9, Alameda County Fairgrounds
(Hosted by Districts 8 and 20)

2017 Post-conference Assembly

May 13, Lake County Fairgrounds, Lakeport
(Hosted by District 13)

2017 Summer Assembly

August 5 or August 12

2017 Fall Inventory Assembly

November 4, Petaluma Veterans Hall
(Hosted by District 12)

2018 Pre-conference Assembly

April 7-8

2018 Post-conference Assembly

May 12, Solano County Fairgrounds, Vallejo
(Hosted by District 09)

2018 Summer Assembly

August 4 or August 11

2018 Fall Election Assembly

November 10

(Underline dates preferred)

If your District is considering making a bid for an Assembly, please contact the Assembly Coordinator Michael Q. by visiting the "contact us" tab on the www.cnca06.org website.

AREA OFFICER JOB DESCRIPTIONS -- DELEGATE

Delegate Job Description

“The Delegate,” Chapter Six in the *Service Manual*, pg S48-S53, is an excellent source of information about the job of Delegate. This job requires a tremendous commitment of time and service, yet no one complains because it is a once-in-a-lifetime experience. In CNCA the job includes these duties:

- Attend the General Service Conference, distributing the Agenda Topics beforehand, reporting back afterward. Receive group consciences at the Pre Conference Assembly.
- Attend the Pacific Region AA Service Assembly (PRAASA) each March and the Pacific Region Forum in the summer of even-numbered years.
- Respond to telephone requests, e-mail and correspondence from CNCA and all over Northern America; Communicate with GSO throughout the year, passing on information from GSO to the Area and forwarding items from CNCA.
- General Officer Duties: Attend 4 assemblies, 12 Area committee meetings and 12 Area officer meetings each year; Visit districts and standing committee meetings each month (2-3). Be available to answer requests of GSRs, DCMs, DCMCs, AA members, etc. Be available for Unity Days, District Inventories, Workshops, etc. Write the monthly Delegate's Corner for CNCA Comments.
- Attend three Northern California Council (NCCAA) conferences each year, sitting on the steering committee. Maintain contact with the other AA service bodies, including the H&I Committee and Central Offices/Intergroup.

Time Commitment: The first months are extremely busy with Agenda Topics and preparation for the Conference. April is the Conference and May through August are Conference Reports with lots of travel. **There are no slow months!** The less busy months may be November and December.

Preparing for the conference -- although you may have been involved in AA service for some time, don't take your knowledge for granted. Do some reviewing as quickly as possible. READ it All! Be ready for anything. Listen to your heart.

Don't make any plans -- vacations, moves or major changes. You have made the decision to stand and serve because you will be available. Truly available. The conference and your area has dedicated much time and money to training you, as have your sponsors. Half measures in any part of this commitment affect the fellowship of AA. Things do come up that are not anticipated and will offer challenges to serving.

But remember that you are not alone; we have great resources in our area, our Past Delegates, Area Officers and other members in our area are always willing to help. You might want to consider a traveling buddy for company and carpooling, also for technical support it is very convenient. This is an experience that changed my perspective of life, it comes with a very strong commitment but with a reward of spiritual transformation.

CNCA AREA AND ASSEMBLY MOTIONS NOVEMBER 2016

Area Committee:

Assembly Bids:

Housekeeping Motions:

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

- To add to future budgets, with the approval of a housekeeping motion, an annual item to send one individual to the National Technology Workshop at a cost not to exceed \$1200.
- Starting in 2017, CNCA increase the budgeted amount for the annual Delegate contribution for the General Service Conference from \$1600 to \$3500. Presented by the Finance Committee
- At its discretion, the Finance Committee of CNCA present a housekeeping motion each year (starting in 2016) to finalize the Annual Delegate Contribution by CNCA to the General Service Board in respect to the following year's General Service Conference in an amount no less than the minimum suggested by the General Service Conference and no greater than the anticipated full cost per conference member.

New business at Area Committee Meeting:

Discussion Topic: None

Area Assembly Motions

Housekeeping Motions:

Presentation of New Business at Area Assembly:

Old Business at Area Assembly:

- "That the General Service Conference develop a pamphlet sharing experience, strength and hope on group safety."
- "That all Area business in CNCA be decided by substantial unanimity, usually 2/3."
- "That CNCA moves to reintroduce the following section (From page 6 of the AA Member – Medications & Other Drugs, Revised 2011 and also from the 1998 edition of Living Sober page 89) in "Appendix*" in Living Sober (2012 edition). Placement of the below text will follow the current section **Note to medical professionals** (page 90)":

"Some alcoholics require medication.

We recognize that alcoholics are not immune to other diseases. Some of us have had to cope with depressions that can be suicidal; schizophrenia that sometimes requires hospitalization; bipolar disorder, and other mental and biological illnesses. Also among us are

diabetics, epileptics, members with heart trouble, cancer, allergies, hypertension, and many other serious physical conditions. Because of the difficulties that many alcoholics have with drugs, some members have taken the position that no one in A.A. should take any medication. While this position has undoubtedly prevented relapses for some it has meant disaster for others. A.A. members and many of their physicians have described situations in which depressed patients have been told by A.A.s to throw away the pills, only to have depression return with all its difficulties, sometimes resulting in suicide. We have heard, too, from members with other conditions, including schizophrenia, bi-polar disorder, epilepsy and others requiring medication, that well-meaning A.A. friends discourage them from taking any prescribed medication. Unfortunately, by following a layperson's advice, the sufferers find that their conditions can return with all their previous intensity. On top of that, they feel guilty because they are convinced that "A.A. is against pills." It becomes clear that just as it is wrong to enable or support any alcoholic to become readdicted to any drug, it's equally wrong to deprive any alcoholic of medication, which can alleviate or control other disabling physical and/or emotional problems." -- *Presented by District 07*

- "That language similar to the following be added to the section "How Decisions Affecting A.A. Are Made" in "The A.A. Group" pamphlet at the conclusion of the following sentence: Annually, groups from the U.S. and Canada elect delegates (serving two-year terms) from their areas to the yearly meeting of the Conference in New York -- to hear the reports of the board's committees, G.S.O. and Grapevine staffs, and to recommend future directions, mainly in the form of Advisory Actions.

"Prior to the annual General Service Conference a list of important issues to be discussed during the Conference is published and made available to each and every Group in the U.S. and Canada. Because these issues make up a part of the entire General Service Conference Agenda, they are referred to as Agenda Topics. Every Group in the U.S. and Canada has the opportunity to review, discuss, and develop an informed Group Conscience on these Agenda Topics. The Group's GSR then carries the Group's Conscience on Conference Agenda Topics to the Area's Delegate, usually at an Area Assembly prior to the General Service Conference. The Area Delegate then represents the collective conscience of the Groups in the Area at the General Service Conference on these matters vital to A.A. as a whole."
-- *Presented by District 11*

New business at Area Assembly: None

CNCA CALENDAR 2016 -- Panel 65

November	5—Election Assembly Scottish Rite Center, San Jose (Hosted by District 17)	December	17—Area Committee Mtg
	26—Area Committee Mtg		

CNCA CALENDAR -- PANEL 67

2017—Panel 67

January	21—Area Committee Mtg
February	25—Area Committee Mtg
March	3,4 and 5 PRAASA 2017 McClellan Conference Center Sacramento, hosted by CNIA
	25—Area Committee Mtg
April	8-9,—Pre Conference Assembly Alameda County Fairgrounds, Hosted by Dist 8 and 20
	23-29—General Service Conf, NY
	22—Area Committee Mtg
May	13—Post Conference Assembly Lake County Fairgrounds, Lakeport Hosted by Dist 13
	27—Area Committee Mtg
June	24—Area Committee Mtg
July	22—Area Committee Mtg
August	5 or 12 —Summer Assembly 26—Area Committee Mtg
September	23—Area Committee Mtg
October	28—Area Committee Mtg
November	4—Fall Inventory Assembly, Petaluma Veteran’s Hall Hosted by Dist 12
	25—Area Committee Mtg
December	16—Area Committee Mtg

2018—Panel 67

January	27—Area Committee Mtg
February	24—Area Committee Mtg
March	24—Area Committee Mtg
April	7,8—Pre Conference Assembly 22-28 General Service Conf., NY 28—Area Committee Mtg
May	12—Post Conference Assembly Solano County Fairgrounds Hosted by District 09
	26—Area Committee Mtg
June	23—Area Committee Mtg
July	28—Area Committee Mtg
August	4 or 11—Summer Assembly 25—Area Committee Mtg
September	22—Area Committee Mtg
October	27—Area Committee Mtg
November	10—Election Assembly 24—Area Committee Mtg
December	15—Area Committee Mtg

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Panel 65 Area Officers & Area Meeting Information

Feel free to contact the Area Officers by using the "Contact us" tab on the www.cnca06.org website.

Delegate
Raymundo L.

Alternate Delegate
Phil B.

Chair
Joann L.

Treasurer
Teddy BW

Registrar
Ray W.

Recording Secretary
Barbara S.

Assembly Coordinator
Michael Q.

Literature/Grapevine/La Viña Chair
Agustin L.

Pacific Regional Trustee
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H&I
www.handinorcal.org

CNCA Standing Committee & Sharing Session Meetings

are the 4th Saturday every month. Sharing Sessions - 10 am
Standing Committee Meetings - 11 am
Area Business Meeting 12:30 - 3:30 pm

Archives Committee meets at 11:00 am. For information contact Sheri W. by visiting the "contact us" tab on the www.cnca06.org website. The CNCA Archives are located at 193 Mayhew Way, Walnut Creek, CA. The mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap meets at 11:00 am. For Information contact Bill B. by visiting the "contact us" tab on the www.cnca06.org website.

Public Information/ Cooperation with the Professional Community (PI/CPC) meets at 11:00 am. For information contact Phil B. by visiting the "contact us" tab on the www.cnca06.org website.

Interpretation & Translation Committee meets at 11:00 am. For information contact Claudia N. by visiting the "contact us" tab on the www.cnca06.org website.

Web Committee meets at 11:00 am. For information contact Cheryl G. by visiting the "contact us" tab on the www.cnca06.org website.

DCMs & DCMCs Sharing Sessions meet at 10 am.

Grapevine/La Vina/Lit. Sharing Session meets at 10 am.
www.aagrapevine.org

