10am - Meeting Opened with the Serenity Prayer by Erica S.

Translation by Nicholas. Thank you for your service!

37 DCMs, GSRs and visitors attended. Erica S. facilitated.

Welcome to two newcomers.

Presentation - How to Recruit New GSRs - Jacob S.

- Alcoholics Anonymous is based on experiences not opinions
- He interviewed other DCMs and past delegates to get their experience, which includes
 - Define the job responsibilities; suggested length of sobriety two years; two year commitment
 - Bring General Service flyers and information to meetings "without pushing"
 - Start a study group for GSRs, invite them to Assemblies
 - Show enthusiasm
 - Try not use acronyms
 - Talk to a meeting's secretary and make announcements, attend business meetings
 - Bring a stack of GSR pamphlets w/your phone number so members can contact you
 - Encourage GSRs to attend PRAASA
 - Participation builds fellowship
 - There is no "they" if you participate
 - Show the mechanics of taking a group conscience. One person attended all groups in subdistrict, introduced themselves, made an announcement, "Does anyone want to hear about service?" Had participants raise hands. Then asked, "Does anyone not want to participate?" Then announced, "We've just taken an official group conscience."

Members Share - Sharing style, passing from one member to the next

- He has been learning how to be a DCM on the fly. It's painfully obvious that there's a lot more he can be doing to inspire general service in his sub-districts. He gets inspired by attending the Area DCM session.
- It's 'Attraction rather than promotion.' Several members said they liked the emphasis on enthusiasm, showing passion for AA and being inviting and open
- His experience was to visit groups and to ask the group to register a contact to get the GS *Box* 459 newsletter. His district held workshops and there was a GSR workshop along with the delegate's report where they showed a video of GSO and the Grapevine office
- He gets info to GSRs digitally, since many of them cannot attend sub-district or district meetings. The GSRs get the info and conduct group consciences.
- He attended as many outside meetings as possible because each group has its own personality and ways of running their meetings
 She struggles with accepting other members' approach to service – she notices that some members do not have the same commitment level to general service
- Education is huge. She likes to bring the info about General Service and to disseminate the info in a positive way.
- She gets to tie her personal and spiritual growth back to her involvement in General Service.
- Her sponsor got involved her in General Service. When she qualifies or shares, she talks about how General Service has played a large part of her sobriety. She hopes to do an Agenda Topics workshop in her district.

- Question from a sponsor: "Are you enjoying your sobriety? Why don't you tell your face?" The message is to be enthusiastic and welcoming. Be aware and be inviting
- Her sponsor took her to a meeting and she noticed that it was a General Service meeting and she got interested. Becoming a GSR was a suggestion by the sponsor. At the sub-district, they have a box containing the names of dark meetings. GSRs are asked to choose one from the box and to visit the meeting, introduce themselves and talk about General Service
- She visits meetings; she lives in a rural area with small meetings. Some of them don't want to get involved. She attends a small women's meetings whose members go to no other meetings. She brings the General Service info and attends meetings to get their group conscience so that their voice gets heard. Someone might be interested.
- She also likes the emphasis on enthusiasm and passion for Alcoholics Anonymous. Her experience is that "dark" groups that don't have members stepping us as GSR perhaps because they fear that they can't do the job "right." What she knows from her own experience, strength and hope with the Twelve Steps is that the opposite of fear is faith. So she likes to encourage the potential GSR to trust that they have the ability and spirit to do the job and that it doesn't have to be done perfectly. And, further, that it's okay to ask for help and she makes herself available to them. Members seem intimidated by her talking about the commitment of four assemblies, monthly sub-district and district meetings. She encourages them that she can be in contact with them digitally. She invites GSRs to carpool to Assemblies and District and Sub-District meetings. She likes to share the latest info from GSO, and does a recap of how members' money gets utilized by the General Service Office.
- Service Manual he picked it up and it "explains everything." He suggests you re-read. Copy and place the GSR/DCM pages onto the meeting's Literature table.
- She formed a small group and met in a home for 18 months for learning and spiritual growth. It was one of the best things that she had done for her sobriety.
- She's had zero GSRs for the last two panels. She tries to be enthusiastic and share about General Service, her sobriety and how it's changed her life. She's not giving up hope or her participation.
- There was a fear that she wouldn't be able to travel. AA is a "we" program and they included her.

Next Month's Topic – Helping GSRs with Inventories, Chelsea

- ALL Please bring radios. We need everyone to have an opportunity to share.
- Thank you, Nicholas, for translating.
- Meeting adjourned at 10:50 am with the Responsibility Statement

Respectfully submitted, Jacqueline P., Recording Secretary