



CNCA COMMENTS



A.A. Confidential -- January 2018

www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair Preview

Our December **Area Committee Meeting** (ACM) met a week early and was quite festive, with lots of homemade goodies. Don't forget that we will meet a week early again on January 20th. Then we will be back to our regular schedule of the fourth Saturday in February.

We passed one housekeeping motion: "That the Annual Delegate Contribution by CNCA to the General Service Board in respect to the 2018 General Service Conference be the anticipated full cost per conference member not to exceed \$7200." Normally, such a large sum would not be done by housekeeping motion, but we passed a motion last December with substantial unanimity to allow and encourage the Finance Committee to present this annual housekeeping motion each year, at their discretion. Previously, we always sent at least the minimum suggested amount, but this marks the second year in which CNCA will be fully self-supporting in this regard. (And it is also worth noting that this is separate from the funding we give our delegate personally to cover any additional out-of-pocket expenses that she may incur.)

We approved an assembly bid presented by District 06 to host the 2019 Fall Inventory Assembly on November 2, 2019, at St. Mary's Cathedral in San Francisco. This leaves only six assemblies open for Panel 69. Available dates are in every issue of the Comments if you are interested in bidding. And the notes from our Panel 67 Area Inventory are inside this issue.

There was an objection to the 2018 CNCA Budget, which means we will open it up for a full discussion at our January meeting.

Also in January, we will get a full report from our two liaisons to the 2nd Annual California Hispanic Women's Workshop. You may have already seen the nice write-up in the Winter 2017 issue of Box 459. And even more exciting... Area 06 will be hosting the event in 2018!

If you have not already made plans to attend the Pacific Region AA Service Assembly (PRAASA) from March 2-4, 2018 in Sparks, NV, you totally should. Registration and other information (including a bunch of cool stuff from the archives) is available at www.praasa.org.

I look forward to another year of service (and fun!) with all of you.

Jennifer B, Area Chair

I know I mentioned this at the ACM this month, but we are now halfway through this panel. November has been the month for our inventory, to see where we have been. Now is the time to review our inventory and decide where we want to go. What more can we do to carry the message of Alcoholics Anonymous? My brain wants to focus on the prep work for the next Conference, getting ready for Agenda Topics and helping the new GSRs to arrange for their sharing sessions. In the midst of all this thinking, preparing and mental gymnastics—I had a newcomer with a few days ask me to sponsor her.

It is my practice, when someone asks me to sponsor them, not to agree to a yes right away but instead to say “Let’s have coffee and talk about this. “ We did meet and talked about the program for over 2 hours and then agreed to work the steps together. She seemed very excited about the idea. Not only was I excited, but I was very grateful to be brought back to basics. It made me remember what it was like to be a newcomer. Oh how I need to remember that. The ability to work with a new person gives great meaning to my service work and vice versa. I serve in General Service so the structure of Alcoholics Anonymous will stay strong and the message of recovery from alcoholism will remain clear. So that there will be a message to pass on. When I do my best to carry the message – I see what a great need there is for General Service.

So this morning I am thinking of the 12 Steps, the 12 Traditions and the 12 Concepts – the three legged stool. The stool will not stand up without all three legs. I am reminded of how Joel always says is your triangle balanced? Oh yes! Today I have a sturdy stool to sit upon! What joy!

Joy to you this holiday season!

Thank you for letting me be of service,
Joann L
Panel 67 CNCA 06 Delegate

Looking for Something?

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AREA COMMITTEE MEETING MINUTES FOR DECEMBER 2017

The monthly committee meeting of CNCA was held December 16, 2017 at the Petaluma Community Center. Jennifer B opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by James W (District 90). Eli B-R (District 10) read Tradition 12 and Claudia G (District 07) read Concept 12. There were seven past delegates present: Diane O (Panel 35), Woody R (Panel 50, Area 07), Doug G (Panel 53), Sharon A (Panel 57), David N (Panel 59), Ken M (Panel 61), and Raymundo L (Panel 65). David N currently serves as a General Service Trustee, and Doug G serves as an appointed committee member of the Trustee's Literature committee. There were 7 GSRs present and 1 new DCM present. The November 2017 minutes and financial report were accepted as printed in the *CNCA Comments*. Birthdays: 99/9.

Registered attendance: Voting (46) / Non-voting (39)

Officer Reports

DELEGATE – JOANN L: I sent out an email last night from Michelle G (Class A Trustee) regarding the manuscript litigation. The Board has filed a motion to dismiss, and a hearing has been set for February 21. A full discussion of this matter will be possible after this hearing. At the Conference, we will hear a presentation and discussion on fiduciary responsibility around the intellectual property of Alcoholics Anonymous. Information about this discussion will be included in the background information of the Agenda Topics.

ALTERNATE DELEGATE – TEDDY B-W: AAWS has begun the process of designing a new website. The aims of the new design are to enhance the overall user experience, to develop the site's search function, to create a sleeker, more modern and image-driven look, and to enhance search engine optimization.

CHAIR – JENNIFER B: The Area inventory notes have been sent to all the DCMCs, posted on the website, and will be printed in the next issue of the Comments and Comentarios. I encourage you to look for anything that you think warrants further action. We also have an opening on the Web committee; Area Officers will fill the position later tonight.

TREASURER – CHRIS H: As of today, we have \$33,900 in our checking account (used for operating expenses) and \$10,117 in our savings account (which represents our prudent reserve). We received \$12,900 in contributions and spent \$7300.

REGISTRAR – LAURA W: I am updating our Assembly statistics, and DCMCs will receive an updated and detailed

breakdown of attendance at Assemblies held this past year. Registration is an ongoing process, so please continue to let us know of any changes in your or your group's information.

RECORDING SECRETARY – ERIC L: The second set of documents for the Motions Book will be sent out for translation this week. I'm still working with a team to prepare vignettes on some of the highlights of the past year. And I've started creating a user-friendly template for future recording secretaries to ensure consistency in documentation.

ASSEMBLY COORDINATOR – ERICA S: I have updated the Assembly Guidelines and Bid Form to reflect cost increases from recent motions. The new Bid Form is now also available as a fillable PDF form.

LITERATURE/GRAPEVINE/LA VIÑA – MIGUEL H: The Navajo translation of the *Big Book* will be available in March (it will be in audio format because Navajo is an oral rather than written language). The *Big Book* has now been published in 71 languages.

District Reports

DISTRICT 01 (MONTEREY) – SUSAN G: The Monterey Young People in AA (MONYPAA) committee will hold an Ugly Christmas Sweater party and potluck event. Our PI/CPC committee has been contacting local police departments with business cards and literature.

DISTRICT 02 (SALINAS/SAN BENITO) – ELIYAH H: We held a potluck and business meeting with light attendance. The only decision we made was where to store our supplies and equipment for our Annual Gratitude Dinner.

DISTRICT 03 (SANTA CRUZ) – ERIC H: We held a potluck with good turnout. Business was light, and fellowship was excellent. We discussed PRAASA scholarships and have budgeted \$1200.

DISTRICT 04 (SANTA CLARA NORTH) – MARIANNE G: We discussed no business in December, and we are looking forward to passing our budget in January.

DISTRICT 40 (SANTA CLARA SOUTH) – COREE H: We will host a double speaker meeting and a potluck (with the best food in the North American service structure) at our next business meeting.

DISTRICT 05 (SAN MATEO) – COLLEEN G: We will discuss funding for PRAASA and will begin the process of booking a facility for our Agenda Topics Workshop in early March.

AREA COMMITTEE MEETING MINUTES (Cont.)

DISTRICT 06 (SAN FRANCISCO) – DENNIS H: We elected a new Co-Chair of the Special Events committee, heard a presentation on the Digital Basket project, and discussed a proposal by District 10 to conduct a safety workshop. We also passed our budget and discussed PRAASA.

DISTRICT 07 (ALAMEDA NORTH) – PATRICK C: We will host a potluck and three-speaker meeting in lieu of our business meeting this month.

DISTRICT 70 (ALAMEDA SOUTH) – DON Z: Because the church where we meet is now requiring a certificate of liability insurance, we are now covered under the umbrella coverage for regular meetings provided by the Tri-Valley Intergroup.

DISTRICT 08 (CONTRA COSTA) – DON : Our financial projection passed with no objections. Motions to provide scholarships to District members and to increase the mileage reimbursement policy were introduced.

DISTRICT 09 (SOLANO SOUTH) – CLAUDIA K: We held our inventory. Our group was shy at first, but the inventory quickly became a fascinating experience, with many great ideas on how to better serve our groups.

DISTRICT 90 (SOLANO NORTH) – TONY W (*SUBMITTED ELECTRONICALLY*): *We held our District inventory and it was productive and helpful; we will start to implement many of the great ideas next year.*

DISTRICT 10 (MARIN) – CATHY P: We will hold elections for our Recording Secretary and Alternate DCMC positions at our next business meeting. We will also discuss hosting a safety workshop with District 06 and the SF/Marin Intergroup.

DISTRICT 11 (NAPA) – JEFF D: We are concentrating on attracting new GSRs and improving our training and support. We did have a volunteer step up to chair our Beginner's Meeting, and she is also helping us host the Inter-District Workshop, which will be held on January 27.

DISTRICT 12 (SONOMA) – ROBERT F: Next month we will be selecting the recipients for our PRAASA scholarships. We will also be hosting our Agenda Topics Workshop on February 17 in Santa Rosa, and our Aging in Sobriety workshop has been rescheduled for March 10.

DISTRICT 13 (LAKE) – MARY ELLEN R: At our potluck this month, we heard a recording of Bill Wilson reading the first part of "How It Works," including the Twelve Steps. The Lakeport Fellowship (which holds 20 meetings each week) is losing its lease, and the group will now seek

out a new location.

DISTRICT 14 (MENDOCINO) – ROBIN T: Holiday Alcahons are being planned in Ukiah and in Fort Bragg. Our PI/CPC committee is planning a January workshop on the coast in January and another workshop in the spring inland to prepare volunteers for panel presentations.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – DEVIN P: We will probably vote on a motion to begin meeting twice a year in Redway and twice a year in Crescent City, and we have approved a tentative calendar for 2018. We have several vacant positions and are seeking qualified candidates.

DISTRICT 16 (SPANISH CENTRAL) – FRANCISCO R: We hosted a Public Information workshop and attended the Inter-District meeting. Our business meeting will occur next week.

DISTRICT 17 (SPANISH SOUTH) – MARIO S: We hosted the Inter-District meeting with participation from all five linguistic Districts and three Area Officers. We are discussing PRAASA and several members are planning to attend.

DISTRICT 18 (SPANISH NORTH) – HECTOR C (*SUBMITTED PREVIOUSLY*): We held our inventory. A new Spanish-language group called Hope and Faith started meeting in Point Reyes Station.

DISTRICT 19 (SPANISH SOUTH SOUTH) – MAGDALENO O: We held our inventory and hope to begin implementing solutions to identified problems. A new Spanish-language group started meeting in San Juan Bautista, and several members are discussing how to contribute to CNCA and GSO.

DISTRICT 20 (SPANISH EAST) – TEODOMIRO S: We held a speaker meeting and potluck, and we approved equipment purchases for the Interpretation committee, which helps us maintain good communication with our English-speaking visitors.

Area Sub-Committees and Sharing Sessions

ARCHIVES – RICHARD W: We held our third biennial Archives Workshop, which featured an interview and oral history of Doug G, who had served as Delegate in Panel 53. This useful recording is now archived in our Archives Repository in Walnut Creek.

BRIDGING THE GAP – KELLY H: This month, your

AREA COMMITTEE MEETING MINUTES (Cont.)

BTG committees gave 25 presentations and received 65 requests for contact. We have seen an increase in the number of correspondence request from inmates at Salinas Valley State Prison and San Quentin. Several Districts report blossoming committees and growing enthusiasm.

FINANCE – CLAUDIA N: We reviewed the budget and past motions regarding contributions to the General Service Board (in respect to the following year's Conference). We will be making a housekeeping motion today and presenting the 2018 budget for approval.

PI/CPC – TEDDY B-W: A meeting of the Northern California BTG, H&I and PI/CPC chairs will be held in Sacramento on January 13 to collaborate between these service entities. At our PI/CPC meeting today, we discussed ways to stimulate interest – including not using acronyms and encouraging people to participate in this service.

WEBSITE – ROBERT E: We held a productive inventory. We also have an opening on the committee.

INTERPRETATION AND TRANSLATION – MICHAEL Q: We had a wonderful potluck at our meeting this morning and then ruined it all by taking our inventory. Just kidding. We had a wonderful time and the inventory was productive.

CNCA COMMENTS – JOSÉ A: We sent 1100 copies of the Comments via first class mail because of the need to get them out prior to the meeting today. We will renew our non-profit mailing permit in January and will continue using non-profit stamps.

COMENTARIOS DE CNCA – ERIC H: I printed 175 copies of the Comentarios and stamped, labeled and mailed them out on December 13. I will request more support from the District and will continue improving communication between the District and the I&T committee.

DCM SHARING SESSION – JACQUELINE P: We heard a presentation on NCCAA, H&I and their connection to CNCA. We discussed how these service bodies – both started prior to the General Service structure – have helped countless alcoholics, how NCCAA formed as a gathering point for AA members in Northern California, and how H&I served as a model for corrections work in other parts of the country.

ACCESSIBILITIES – KRIS W: We heard a presentation about District 12's experience setting up Access Sonoma County. Originally developed to help existing groups and establishing new groups that addressed accessibility issues, it now is a committee that disseminates

its experience.

LITERATURE/GRAPEVINE/LA VIÑA – JOSEPH B: Today's sharing session focused on how to create display boards for AA events. We focused on how to develop a display board with a code deciphering General Service acronyms. We also discussed the need for literature in Braille.

H&I – KAREN B: H&I is always in need of volunteers willing to be of service to carry the message into prisons, hospitals, rehab centers, fire camps, mental health facilities, veterans' centers, county jails and other facilities. Group contributions are down and H&I is in need of support.

ACYPAA – JONNY W: The Variety Show was a success; many people showed up and it was a blast. Both hotels for ACYPAA (the main hotel and the overflow hotel) are now full and pre-registration remains open at 2018.acypaa.org.

TECHNOLOGY AD-HOC – SHARON A: We shared about the information we have been collecting. After completing some more interviews, we will talk about the big picture emerging and how to best report on our findings.

HISPANIC WOMEN'S WORKSHOP – MARIA LUISA S: The second Hispanic Women's Workshop in Pasadena earlier this month was a huge success and a spiritual experience for all of us. Our Area was selected to host the next workshop

2018 PACIFIC REGIONAL FORUM – DOUG G: I have appointed two more people to the committee. Next steps include finalizing committee appointments, setting up an initial orientation meeting and considering budgetary needs for 2018.

Housekeeping Motions

That the Annual Delegate Contribution by CNCA to the General Service Board in respect to the 2018 General Service Conference be the anticipated full cost per conference member not to exceed \$7200. – *presented by the Finance committee*

Presentation: As an Area, we had approved a motion last year to do this when we had the financial resources to do so. We currently have the financial resources to send \$7200 to the General Service Board. \$7200 covers the cost of transportation and lodging at the Conference and Conference overhead (like meeting room rental).

AREA COMMITTEE MEETING MINUTES (Cont.)

Questions: Q: Is this already budgeted in the budget being presented later today? A: No; this would be spent this year (2017). Q: What is the money for? A: We give the Delegate money for her expenses. This is for the cost of the Conference itself.

Seeing no objections / Motion passes.

Area Business

APPROVAL OF THE 2018 CNCA BUDGET:

The Finance committee presented the budget.

Questions: None

There was an objection to the budget; it will remain as business next month.

ASSEMBLY BID:

District 06 bid for the 2019 Fall Inventory Assembly on November 2, 2019, at the Cathedral of Saint Mary of the Assumption (1111 Gough Street, San Francisco). Total bid cost of \$6688.84.

Presentation: This bid came about because a member of the District wanted to host an Assembly. There are few facilities in San Francisco that are both affordable and large enough. This facility has been used previously and is wheelchair accessible. Set-up is available the day prior (as well as the morning of the event), and 200-plus parking spots are available. The event space is on the ground floor of the cathedral, situated below the cathedral itself, and the site has a full kitchen and is easily accessed from the freeway.

Questions: Q: Do we have assurances that 200 parking spots would be available? A: I was assured that we would be the primary or only event that day. Q: Why are their charges for set-up and tear-down? A: The facility prefers to set-up and tear-down the event themselves. Q: What interpretation frequencies were available in 2013? A: I will get that answer to you. Q: Would the committee look at contingencies regarding parking and public transportation? A: Yes. One reason we chose this location is because it is within walking distance from BART and has easy access to the freeway.

The Area Committee accepted the bid by show of hands.

DISCUSSION TOPIC:

Is there a need for a workshop on the topic of "Guidelines on Non-Profit Status and Tax ID Numbers for Groups and Districts?"

Discussion: Yes! Getting a Tax ID Number (EIN) is not

a hurdle, but the implications of that EIN can be complicated and difficult. I hope we have this workshop, and that we have it soon. // The more information that is available at a workshop, the better. // Last panel, there was some research into applying for non-profit status at my District, and there seem to be many hurdles. We had found a location for our Unity Day, and the rate would have been much lower had we had a non-profit number. Luckily, we did end up with a non-profit rate, but that may not be the case going forward. // There is no clarity on this topic. We need to learn, and we need information. But every District does things differently. // I would appreciate a workshop that could help inform groups as well as Districts. // This issue did not come up much in Tennessee. But it does come up a lot here. Churches ask about non-profit status and insurance. In the East Bay, Intergroup does provide insurance. But Districts are a different thing, and we many need help. // The Intergroup office in Santa Cruz has non-profit status and can provide insurance. This would be an interesting topic, but we should include Intergroups when talking about this. // This topic has not come up where I live, but I am terrified that it might. It is not the sexiest topic, but it is useful. // I attended a workshop on this topic at the NAATW on how to register as a 501(c)(3). It was useful. // This topic comes up a lot and I have been avoiding it. It is a good time to think about this topic and to think about how we use technology in our workshops. We could do this via videoconferencing, or place a copy of the workshop on our website, so that people who cannot attend can have access and see what we did and what we talked about. // This information is so important. In my District, we determined we did not need to be a non-profit because the reporting requirements are onerous. But this topic constantly comes up. // Since the Area has non-profit status, and Districts are a part of the Area, could we fall under the Area's non-profit status? // We should be proactive. When filing as a non-profit, a District can get tools (from websites and technology companies). // This is an important issue. Some groups and Districts use personal social security numbers to open bank accounts, or use personal bank accounts to store AA monies. We cannot keep doing that. This is a critically important issue, and we are looking forward to this workshop. // Our Central Office has non-profit status, which requires registration with the Secretary of State. That status also requires a governing board, including a president and other officers. // A workshop would be great. But who would present it? A lot of us know a little, but a lawyer or CPA or someone with actual experience would be ideal.

Discussion continues next month.

AREA COMMITTEE MEETING MINUTES (Cont.)

DISCUSSION TOPIC:

Microphone Etiquette and Comfort using the Microphones at Assemblies

Discussion: This topic came up during the I&T committee meeting because of problems with people speaking too quickly or being otherwise uncomfortable at the microphones at the Fall Assembly. The Spanish-speaking community is unable to hear a significant amount of what is being shared at the microphone because interpreters cannot catch up with the fast-speaking members. We hope that, by having this discussion now, we can raise awareness of microphone etiquette, and we want DCMs and DCMCs to take this message back to the Districts and help train GSRs on speaking into the microphone, speaking loudly and speaking slowly. With a little prior training, things may run more smoothly. // This is an ongoing problem. We do educate GSRs, and I would encourage the Chair to reiterate the importance of speaking slowly occasionally. At some of the meetings I go to, we have signs attached to reiterate that message. (Note: There are already signs attached to the microphone). Oh. There are signs attached! When you're up here, you forget everything. // Maybe interpreters could have a sign to communicate with us at the microphones to slow down or to repeat ourselves. // We should not have side conversations when people are at the microphone. // We could have greeters at the microphones to make people feel welcomed, and to help adjust the microphones. // We could hold a GSR School during orientation. // Most GSRs are so nervous the first time they approach the microphone. While I think a sign can be useful, many people won't notice it when they get to the microphone. But a practice microphone a few paces before in line could be helpful. // We discuss this often in PI/CPC. Every member of AA should take the opportunity to get trained in public information because we learn about how to project our voice and speak clearly to people. If our GSRs were brought to a PI/CPC meeting, they may feel more adequately prepared to speak at a microphone at Districts and Assemblies. // If you cannot hear yourself through the speakers, you are not speaking loudly enough or into the microphone. // Everyone knows we only have 90 seconds to share, so everyone rushes to get everything they want to say across. We may want to reconsider the time limits if we want people to slow down. // As an interpreter, I have to rush to catch up, especially if translating word-for-word. When several fast-paced speakers talk one after the other, it can be very difficult. // I find it helpful to have things written out. When I am being extemporaneous, the words don't come out right. // I considered bringing a

microphone and letting GSRs practice using it at my District meeting. The problem, though, is not the microphone. It is the pressure of having to speak quickly. // If I am giving a report at an Assembly, I have time to figure out what I will say and write it down. I also have time to email it to the interpreter ahead of time. // The reason we have time limits at Assemblies is because of the large number of people coming to the microphone. That is most significant at the Pre-Conference Assembly. But at other Assemblies, we could be less stringent on the time limits. // I like the idea of a microphone monitor to just stand by the microphone, greet people, and maybe adjust the microphone for people. Signage alone will not work because the space is limited. // I remind myself when I go to the microphone that I am sharing what my group thinks at the microphone, and I want it to be understood. The group trusts me to share their thoughts. // When I was a DCMC, I found it helpful to take new GSRs to the microphone during a break and have them practice adjusting the microphone and speaking into it. // I would appreciate a rear view mirror on the microphones. // There are many problems with the radios because the interpreters have to speak softly, making it difficult to hear. // I would like to have a stand in front of the microphone so I can put my papers on it. // In 90 seconds, a regular speaker can say between 125 and 150 words. I share that so that people know how much they can speak. // We should try to have some pauses between speakers, especially when there are long lines of people at the microphones. This allows time for interpretation to catch up. // I like the idea of pausing when agitated or doubtful. I would also like us to consider having a portable microphone for people with accessibility needs. *Discussion continues next month.*

WHAT'S ON YOUR MIND?

The Sobriety by the Bay conference will be held starting January 27 in San Francisco. // The ACM will be held the third weekend in January. // I hope we consider holding the November ACM the third weekend to not conflict with Thanksgiving. // During the break today, I had a wonderful and informative discussion with several members about the budget. I learned that \$7200 covers the hotel room, the flight and Conference overhead. The Conference pays for everything, and we are just paying our fair share back.

The meeting was closed at 3:09 pm with the Responsibility Statement.

Submitted with Love and Gratitude,

Eric L / CNCA Panel 67 Recording Secretary

California Northern Coastal Area Statement of Financial Position

As of November 30, 2017

		Total
ASSETS		
Current Assets		
Bank Accounts		
Operating Funds - Checking		33,568.68
Prudent Reserve - Savings		10,117.98
Total Bank Accounts	\$	43,686.66
Other Current Assets		
Assembly Deposits		3,390.00
Total Other Current Assets	\$	3,390.00
Total Current Assets	\$	47,076.66
TOTAL ASSETS	\$	47,076.66
LIABILITIES AND EQUITY		
Liabilities		
Total Liabilities		
Equity		
Operating Funds ~ Adjusted		24,557.99
Prudent Reserve ~ Savings		10,117.90
Net Revenue		12,400.77
Total Equity	\$	47,076.66
TOTAL LIABILITIES AND EQUITY	\$	47,076.66

Expense Report November 2017

California Northern Coastal Area

BUDGET VS. ACTUALS: 2017 BUDGET - FY17 P&L

January - November, 2017

	TOTAL		
	ACTUAL	BUDGET	% OF BUDGET
REVENUE			
002 Group Contributions	86,022.72	81,000.00	106.20 %
003 District Contributions	24,165.01	13,375.00	180.67 %
004 Assembly Contributions	6,230.05	9,000.00	69.22 %
005 Tradition 7, Area Comm.	3,213.23	3,400.00	94.51 %
006 H & I Archives Rent		575.00	
007 CNCA Subscriptions	12.00	48.00	25.00 %
008 Personal/Misc Contributions	4,014.57	1,100.00	364.96 %
009 Motions Book		50.00	
010 Interest Income	4.43	2.00	221.50 %
Total Revenue	\$123,662.01	\$108,550.00	113.92 %
GROSS PROFIT	\$123,662.01	\$108,550.00	113.92 %
EXPENDITURES			
012 EXPENSE			
013 Delegate Expense	6,923.66	7,242.00	95.60 %
038 Officer Expense	24,666.74	26,930.00	91.60 %
093 Committee Expenses	20,386.61	30,632.00	66.55 %
158 General Expenses	43,678.22	59,151.00	73.84 %
Total 012 EXPENSE	95,655.23	123,955.00	77.17 %
Total Expenditures	\$95,655.23	\$123,955.00	77.17 %
NET OPERATING REVENUE	\$28,006.78	\$ -15,405.00	-181.80 %
NET REVENUE	\$28,006.78	\$ -15,405.00	-181.80 %

1. What is the basic purpose of CNCA (Area 06)?

Website does not specifically say our purpose. It has the definition of AA, and quotes the GSR preamble. Purpose is to bring information to groups. North Solano intergroup used to put our purpose in every publication. Let's put something similarly succinct on Area web site. Purpose is to provide a place for group reps to present to delegates. Service Manual states that any meeting is an assembly, the mainspring of our conference structure. Democratic process. / Purpose is to carry the message. Create and encourage members to become active and participate, and therefore become leaders so we can carry the message more effectively. / Members of Area serve as a sponsor, encouraging others to serve. Function of assembly is to provide inputs to the delegate. / Unity—solving problems and addressing issues in a loving manner. / Link to AA as a whole. / I'm new. This is like AA college. Networking with people. / Practice principles before personalities. No one runs the show. We all want each other here. / Act as a conduit to communicate to New York from the GSRs and from GSRs to New York. / We are an undisciplined lot. Left to my own devices I will come up with all sorts of things. CNCA is here to develop and provide leadership—otherwise I would just make stuff up. / Connections that strengthen the entire organization. How connected I felt with other people in AA, seeing the way those connections keep me sober. Groups connect together. Districts form the Area. Areas form General Service. / Sub-committees. We have PI/CPC (Public Information and Cooperation with the Professional Community), BTG (Bridging the Gap) – focused on how to help the still suffering alcoholic and how to help the member who is trying to help the new person. / Purpose becomes whatever is in our heart when we walk in the door. We can't separate all three legacies. / Primary reason for creation of Conference was to give AA to the groups, to establish that the decision makers are the groups. We still have the purpose to get the group input to the Conference. This is a difficult, time-consuming, cumbersome task. We have 2,000 groups in CNCA and 60,000+ members. / We face the dilemma of how to help the alcoholic—how do we implement this? Where are we missing the boat? If we want to reach group conscience as a whole, we have discussion. / Original point of the Area was to elect a delegate. Is our purpose to get inputs, or to get the best delegate? It's somewhere in the middle. / For the alcoholic, AA is life itself. General Service is where we celebrate AA. We celebrate through the services we provide, so we can help the alcoholic who still suffers. So we can help the new person identify with the problem and with the solution. So we can further our service

capacity. / How many times have we tried to address things in meetings without having a stated goal. How do you know if you have arrived if you haven't defined where you are going? This is spiritual and we are part of a conduit. AA is a variety of a lot of different conduits. I am a conduit for my higher power. As a conduit here, we take the message both ways. / To support committees, Districts and groups and members to carry the message. / Area is responsible for the health of the conference structure. / To be a change agent. We can propose change. Ultimately we keep the entire organization fresh by keeping information flowing. / Website describes CNCA pretty well. It describes boundaries, square miles, how many members, sub-Districts and Districts, and our liaisons. Why reinvent the wheel? It's a good explanation. It's public facing. A lot of the comments today are internally focused. / I'm grateful to be in this forum. We are spiritual. We harness passion in the Area, and provide structure and platforms for the future of AA. / We exist so that AA can operate at scale. The Big Book was to scale—how do we help alcoholics by the hundreds? We needed a structure. We have the ability to touch AAs we will never meet. I won't attend their meetings but their input is critical.

From the Moderator: Suggestion to come up with unified mission, and vision. Discuss where the Area should go and what is its purpose. Publish it to guide your thinking. Could consider creating a Strategic Plan. / Is there a handbook? Response: There is a motions history book. There is a lot of information in that book. The information feeds into this question.

2. How effectively are we using technology to inform and connect with members, groups and GSRs in our Area?

E-mail volume is overwhelming. As DCM, I filter. / Website is improved. Need a section for Districts. E.g., Manual from one District can be used by all. Maintain motions on web site. Information is available but difficult to access. *Comments/Commentarios* are available electronically. / Provide portable lights for those with motion disabilities. / Nice progress with web committee. We both need, and get crippled by, Traditions and Concepts. I'm excited for NAATW and the Area ad hoc committee on technology. We are lacking in our online presence. I am hopeful for the future. / Need to improve registration. / Some AAs are just getting a flip phone. The only way I know to reach them is face-to-face. / Watch for complexities so that technology doesn't become a barrier. Building out technology will continue to be diffi-

PANEL 67 CNCA INVENTORY (Cont.)

cult. Need directories online. Can General Service in NY make their infrastructure available to Areas? Who will develop PURL as a pass-it-on? / Can we simplify? / Town is divided between young and old. Youth is online. / San Francisco District does a nice job. E-mail distributed once a month. We can easily search for a document because it comes from one consistent source. Participation is important. Need to be there in person and share heart-to-heart. Technology is a privilege; not everyone has it. / Learned from the NAATW. Idea for ad hoc committee on technology to develop open-source templates for Districts to establish websites. Someone on our District website committee has developed a lot of code. What about rotation and uniformity? / San Francisco intergroup is technically savvy. We were discussing notifications on Facebook and there were people in the room without Facebook. Risk of leaving some behind. / My meeting does not have a lot of fast adapters. We don't give money over the internet. Diversity, doing it for everybody. Information could be passed at Area level and GS level better than at group level. / Inform, connect, diversity. Need to have hard copy directory available. Need white card to hand to someone in jail who doesn't have a phone. I think it can work together. There are young people, old people, incarcerated, English as a second language—we are everybody. Balance. / What problem can we solve today without losing sight of all members. Need portal for DCMC to access documents. They could also receive printed copies. We can have Square and pass the basket. Technology is not a panacea; it is just another tool in the tool box. / Has the ad hoc committee done a survey? Maybe we can support inter-District volunteers—have one District help another? / We have a great web committee and technology subcommittee. We purchased screen and projector, and use Square for donations. We provide radios for translation—including for PRAASA. We are doing well and can always do better. / This leads into Question 6. We are a long Area. Do we have D15 and D01 (from north and south)—do we have technology to include these Districts and better connect them when they are unable to travel? / Awesome with translations. Can be more concise on web site. Could have sanitized version of what is going on in the committees, or password protected Area of web site. / Great willingness to move forward and making service more available. We have an Area database that is over 20 years old. Need to take classes to use it. We are in a

program that changes when things aren't working. We need ways to better communicate with GSO. Glad for ad hoc technology committee / Need consistent focus on optimal method. We can do both—e.g., registration. Take old ways of doing things and look with new eyes. / Difficult for me to use technology, it's an obstacle to communicate with people. Need workshop where we could learn how to use Google. I received three e-mails and could not open them. It is important to express this and give our personal conscience. / Agenda Topics—keep it simple. Shoemaker stick to thy last. We could chase new technology or concentrate on the website we have and keep it as one entry-way. Chasing people on Google and Facebook is promotion. It's exclusive.

From the Moderator: Board struggles with this too. Great that the Area has an ad hoc committee on technology. I hope their reporting is visible throughout the Area. Get committee far into the face of the fellowship. Get their minutes to the District, for instance.

3. Are we open-minded to all voices and ideas brought to our Area?

Controversy at the Area discussion on closing with the Lord's Prayer. We talked and now close with the Responsibility Declaration. / Area motions book covers 25 years. I learn by listening. Thanks to our trusted servants. / Bill Wilsonism of "Benign Anarchy." Third legacy to elect leaders. Honoring concepts and traditions, ideas and opinions. Outlandish ideas come forward. Process that guides us gives us divine guidance. World's most open format. / Are all AAs represented? Young people carry the message—are they here today? Are sponsors carrying the message? How to take a group conscience? What is the impact 25 years from now? / Everybody gets to go the mic. We hear the minority. We are encouraged to take information back and forth to groups. / In context, we have been traditionally more open than larger society. Not everybody here is representative of the population. Are we open to making technology first class, are we open to saying we need to be in front of issues? Are we open to all? / You're here, you're important, your experience matters. / We are open to ideas. Who are the people who aren't able to be here? They have different ideas. I live below the poverty line. We are strong people with a lot to offer, but we don't have the financial ability to participate. I am lucky that as GSR my group has paid. Exclusive. / I love what I am hearing today—please speak your truth, especially if

PANEL 67 CNCA INVENTORY (Cont.)

you don't feel heard / Sometimes we don't accept people who don't have an open mind. We don't agree with people who don't want to change. There is always a solution. Important to keep learning. Those who don't want to learn may be set aside. / Yes and there is room for improvement / Two parts: Is the Area open, and is the process open? If someone shares something I don't agree with, it is easy for me to say they are wrong. I am a young woman and feel nervous. Sponsors. I am given respect and opportunities. Need to help people feel welcome at meetings, so they feel welcome in General Service. Area does a good job. / Folks in General Service are passionate. What about the voices and ideas that are not brought here? I am responsible. Does everyone listen to Spanish speakers when they go to the mic—do they put the ear buds in their ears? / Earlier this year, one woman went to the mic and was laughed at. People tried to make amends, but this should never happen. The structure is here for considering other opinions, but we ourselves are part of the problem. I expressed an unpopular opinion. When you have an idea, you can hear every snicker and see every rolled eye. / What about new ideas when we are not expecting them—how do we express it? How do our behaviors affect people's ability to speak their truth? / Area 06 has always had an open mind to listen to minorities. Budget was approved for us to send someone to Hispanic Women's Workshop. Delegate and Chair also attending. Some English speaking Areas give suggestions and walk with us. / Fear of change makes us rigid. There is always something new. If we are always guided by God in our consciousness, he will guide us in the right direction. / Good to ask ourselves who is not here. People without cars. How to get more people in the room? Officers and people with service positions are embarrassed to share. They have helpful information. They don't want to influence. / If I were Spanish speaking I would feel very disrespected since so many earbuds are available.

From the Moderator: Regarding "eye rolling." That can be done with sounds too. On the receiving end we can get nervous and shut down. Sometimes we roll our eyes or make a sound, and don't realize we are doing it. Open minded to hearing all voices. "Good leadership will discard its own cherished plans"—it's difficult to hear if an idea is better if there is an eye-roll attitude. When someone comes to the mic are we shutting them down based on past history. Often our higher power sends messages through people we don't want to listen to.

4. Are we doing a good job of supporting our subcommittees, standing committees and sharing sessions?

15 people come on a monthly basis to talk about making AA more accessible. Groups take meetings to people who are home bound. Support for funding sign language is available for people who need it. There aren't a lot of us, but there are 15-20 who are getting together early in Petaluma to help people we will never meet. Come find us. / Area does a good job. We recently passed motion to provide interpretation to all standing committees. Need to do a better job with written communications and standing committees. / Am I doing a good job—do I bring people to ACM? I attended in 2001 as GSR and someone remembered me from attending an Assembly in 1996. It's my job to get others to go. / CNCA website list of subcommittees could be made links so that members of the committee could stay current. Can make improvements to website and increase the benefits of technology. Fortunate to have someone from Tech committee attend Archives committee. Last panel Archives wanted a desk and there was an uproar. Archives needs more than average to protect artifacts. / First day of ad hoc committee for Technology, the interpreter was ready to go. We have felt completely supported by the Area. / Puzzled about closed DCMC sharing session. Why doesn't the attending officer participate? / Someone at PRAASA said—"Who is not here and why?" Idea to have committees do mock presentation for those that cannot attend. / Committee work is meat and potatoes of the program. / District has 11 sub-Districts and 11 DCMs. They are not all here. Opportunity for more participation. We can't all be on all committees. / Support of the Area has been wonderful to get a desk, vacuum cleaner, attending National Archives Committee. Who is not here? There are no Archives boards in Spanish. This is no fault of the Spanish speaking members. Members connect with history - let's include Spanish speaking. / Literature and Grapevine Sharing Session has participation from a lot of Districts on how they do workshops. Thanks everyone who has been sending stories and photos to the Grapevine. We are not focusing on how much money the Grapevine and La Vina are losing. / I get to facilitate the DCM sharing session on 4th Saturday every month. Open sharing session—GSRs, coffee makers, you are welcome to come. Every month we ask for suggestions of topics. We can be productive and affect change on the ground. / Some meetings have only a few people participate—Literature, La Vina, and

PANEL 67 CNCA INVENTORY (Cont.)

anniversaries for the Grapevine. These are tools we use to carry the message places where we can't physically go.

From the Moderator: Question 4 is important and commingles with diversity. Are officers selected with care? Do we clearly communicate the ways these committees work and they are populated? Do group members understand this? Are they aware of what these committees do? Suggestion to have workshops or skits.

5. How do spiritual principles play a role in our financial decisions?

Long ago, we gave \$2000 to New York without much discussion. This year we gave \$10,000, and we talked about it for 3-4 months. We heard fear. Watch for accumulation of excess funds. / We were at a multi-meeting group, discussing cleaning carpets. We made a motion and sent money to GSO, but what about the carpet? Need to think about how we want to spend the money before we have it. Rather than thinking about it after the fact with an attitude of "we have money, how shall we spend it?" We have a guiding principle to be prudent with our funds. / Some promises came true for me before the 9th step. Removal of fear of money and economic insecurity was long in coming. I know God will take care of me. If you say that things are below prudent reserve, can you dig deeper? People will find the funds. I have fear that people are trying to sell this as a \$3-dollar meeting and we will accumulate too much. I like us living on the edge and trusting in God. I'm reluctant to over-collect. / The word spirituality is important. Money and spirituality always go together, in all Areas of my life. It's important to ask—should we be doing this? Are we the best people to do this? The spiritual question is how is this helping the alcoholic. If I can't answer it, then I should look at the budget again. I think we are doing great. It's always prudent to think in those terms. / There is a spiritual aspect for me. I've noticed that at assemblies I hear more about "What more can I do? Who is not here?" than "Let's talk about money." There is an umbrella over the whole thing, that money and spirituality can mix. Money is not the first thing on our minds. I am new to hearing about the feasibility study, and how we generate more 7th tradition funds. I am seeing the result from when the conversation got started, and seeing that things will spread. / I've felt confusion between AA needing funds to continue its job, versus raising funds. It's an exercise in ego. I recently had an experi-

ence where money was part and parcel of the job that I needed to do. I was told that it was not about the money. People were donating. It was promotional for them. My sense is that it was not about the money. People were giving out of gratitude and generosity. The dishonest will find workarounds to the \$3k limit. / My Home Group is rent free. Where there is a will there is a way. ACYPAA could use money right now. We lost our main hotel. It's important to keep finances and spirituality intertwined. / For my first assembly, it felt weird to spend my group's money on travel. My service sponsor said it is God's money. It's to be used for participation. The sentiment that I always had enough for alcohol, that can lead to shame. Money should never be an obstacle to being of service. Even though it is not expressed out loud, there is a subtle thing. Even the phrase "you need to eat anyway" has implications. / When I was Treasurer, I got to see the spiritual aspect plus the financial aspect, and the 7th tradition. We give to the District, CNCA, and GSO. We keep the doors open for the alcoholic. When I put my contribution into the basket, I know where it goes and that is a spiritual feeling. My home group is the women's group. I am glad I contribute to keeping the doors open there. / When I drank I spent as much as I could and I made no money then. God is in this room. If God is here, let him decide where it needs to go. / At the end of 2016 we had excess funds at the District that were not earmarked. We distributed to CNCA. This year we were under budget. We were going to ask groups for money. Someone reminded me that we will always have—we will always have enough to meet our needs. Then I could relax and feel better. GSO can always use that extra money to bring down the price of books, that is a good use for it. That is a better use for it instead of groups hoarding. / Sore subject. Problem lies at group level. At a Traditions meeting, when we get to Tradition 7, half of the room disappears with their eyes. Two of us try to share that we need AA here for our grandchildren. We are not addressing this topic in a spiritual manner. This is an issue in a lot of meetings. The group is at the top of the pyramid. As long as we express the spirituality, that is where my heart lies in getting us going at the group level. / How can a small group be self-supporting? For \$7 a year we keep GSO going, imagine if it was \$8 a year / We need to form a vision, and spend money to pursue that vision. Use the group conscience to spend the money. When we have multiple baskets, it is not the group conscience any

PANEL 67 CNCA INVENTORY (Cont.)

more. It is my conscience. / Parsimoniousness-stinginess.... I have experience at Central Office level. There is fear, and we need to use spiritual principles. Is there fear underlying a suggestion or proposal? Freedom from fear is just a factor. Education is important. It costs GSO \$7 to support individuals. Information is a neutral platform to talk about money, and translates directly into service. / Concerning any given service "Is this service really needed? If it is, then maintain it we must..." I always try to remember this when we discuss finances. Prudence as a principle. Both ends of the spectrum blend into that magical Area that is not too much fear, and not too much entrepreneurial. Prudence. As we make decisions I try to get to this middle safety Area. / We operate on one simple idea—you pass a basket. I have ideas about money that have so much to do with my identity. It is very difficult to separate spirituality from money. / I am learning a lot. Where one can eat, five can eat. If we all give a little bit there will be so much more for everyone to take part in / Consider scholarships. / This is an Area inventory, not a GS Board inventory. When we have a lawsuit to obtain property, this is the enemy of the best.

From the Moderator: Give an alcoholic money, watch him act funny.

6. What barriers are preventing people from participating at our Area meetings and assemblies?

It's great that people take meetings to those who are house-bound. Maybe we should have a District or group that takes meetings to people who are house-bound. I've never seen Spanish to English interpretation. Next time I will make use of the interpretation equipment, which I didn't even know existed. / One of the barriers is language. How many of you actually put on the headphones to find out what the Spanish speaking conscience is? / Distance. An hour and a half is difficult to process. Technology. Making an effort so people can telecommute. This might give more motivation for people to participate / Awareness. Groups in my District know there is something about "those people who go off to those meetings." I get postings from a local intergroup about General Service. It has become a big deal. Intergroup reps are taking back news from Area business. / The things you spend your time doing are the things that you value. Barrier—we expect people to show up out of obligation, versus showing the value. Some groups have a culture of growing up in General Service. What

about groups that don't have that culture? We are expected to drive four hours when we don't know the value, and then to say "thank you for letting me be of service." There are a lot of people who don't think General Service is amazing. Biggest barrier is helping people find value and making a personal connection with it. We have our stories and experiences—we need to make AA and General Service attractive. / AA doesn't have any barriers or borders. That is what you have taught me. There is a lack of knowledge, sponsorship, education. I rarely went to assemblies because I never read the Service Manual. Our GSR comes to serve and they want to belong to different committees. You have taught me there are no barriers or borders / I didn't know what service or voting was. Sponsorship. Biggest barrier in linguistic community is the language. Grateful that our Area helps us with interpretation—the language barrier is gone. I can communicate with you. I understand you and you understand me. GSR is very privileged and can participate in AA as a whole. What helped me was asking questions, getting a sponsor. I put aside all my fear. That goes away little by little as you enter service. The Area oriented me and gave me the tools and broke down barriers to participate. / Video conferencing option. Accessibilities sharing session should keep taking a look at needs. / Access committee in Sonoma is incredible. Seeing their words in the Agenda Topics last year was a proud moment. They have done a lot of work to reframe what we are talking about. Distance and time are barriers. Video Conferencing—we can record. / Acronyms are a barrier. One barrier is sharing experience, strength, and hope. Going to any lengths. Telling a story motivates me. / Coming here requires stability and balance. We are asked to think two years ahead. Will I be pregnant, divorced, still employed? Will I be depleted? Will it suck? We have to have already done good step work. Also—how do I practice these principles in all my affairs? My husband has to agree that I am out of town once a month. I am against video conferencing—lip reading would be distorted / Need a culture of taking responsibility. Sponsors bring sponsees. We take for granted that AA has been around for the last 80 years. It has to be a cultural change and the way we talk about General Service. Service manual recommends when you are a General Service rep that you only have one commitment. It is a big commitment. Time is the new currency, not money. A lot of meetings are not self-supporting because they don't have enough trusted servants. / One

PANEL 67 CNCA INVENTORY (Cont.)

of the biggest barriers I have seen and heard in US, Canada, and other countries is lack of love for service. Lack of love for being informed—what does your service mean. In my home group—they tell me they should have good information. / A prior commitment is not a sunny day at the beach. People's willingness, time, commitment, and desire. When I was GSR I went to an Assembly in Crescent City. Everyone was excited to go and I wasn't. They didn't go and I did. I had a spiritual experience.

I experienced fresh salmon from the ocean. It comes down to love of service. Attraction and example set by other members. / I had no idea how to do General Service. I took on the task of learning what love for service is. Take information to my group. Getting an informed conscience. What AA is and how it works. / Group deserves to be informed. I am far away. I love service and do it with gratitude. / I am from a rural District. The biggest barrier I can identify is recovery. The triangle in my District is a flagpole—Service is at the bottom, Unity is at the top (the little ball) and Recovery the long pole. At service functions, recovery is highlighted. / I had two carloads of people that were going to come today. Little by little, people dropped off. Different barriers. / Many people have an issue of money versus time. I have no money but I have lots of time. Please use us. We are here and ready to serve.

From the Moderator: Consistent theme about time. Coming together is great for our sobriety. We experience fellowship. Time is precious. Often we create meetings about meetings. In my Area, when we cut the meeting frequency in half, the attendance tripled.

Summary

From the Moderator: These questions really come together. There are more questions in the group pamphlet. The idea of a strategic plan, with a mission and vision, might be a useful exercise. Consider plotting a path forward to get deeper into these issues. I love skits, and you have people talented at putting skits together. Humor helps educate, and helps generate enthusiasm. Could have skits about eye rolls, that can be very useful.

Dr. Bob was a balancing force to our co-founder Bill W. Here's an excerpt from his last message:

“There are two or three things that flashed into my mind on which it would be fitting to lay a little emphasis. One is the simplicity of our program. Let's not louse it all up with Freudian complexes and things that are

interesting to the scientific mind, but have very little to do with our actual A.A. work. Our Twelve Steps, when simmered down to the last, resolve themselves into the words 'love' and 'service.' We understand what love is, and we understand what service is. So let's bear those two things in mind.

Let us also remember to guard that erring member the tongue, and if we must use it, let's use it with kindness and consideration and tolerance.

And one more thing: None of us would be here today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to do numerous little kind and thoughtful acts in our behalf. So let us never get such a degree of smug complacency that we're not willing to extend, or attempt to extend, to our less fortunate brothers that help which has been so beneficial to us.”

Moderator: Bob W, Past Trustee-at-Large/U.S.
Recording Secretary: Lela M, CNIA Past Delegate

Area Committee:

Assembly Bids:

Housekeeping Motions:

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

New Business at Area Committee Meeting:

2018 CNCA Budget

Discussion topics:

Is there need for a workshop on the topic of
“Guidance on Non-Profit Status and Tax ID Num-
bers for Groups and Districts?”

Microphone Etiquette and Comfort using the Micro-
phones at Assemblies

Area Assembly Motions:

Redistricting Requests:

Presentation of New Business at Area Assembly:

Old Business at Area Assembly:

“That the General Service Board of Alcoholics
Anonymous and the General Service Conference of
Alcoholics Anonymous approve the development of
a new public service announcement in video format
that utilizes full-face actors (not members of A.A.).

New Business at the Area Assembly:

“That literature be developed sharing experience,
strength and hope on meditation.” —*Presented by
District 90*

NOTES FROM CHAIR

Please remember to bring your FM radio to all Area Committee Meetings and Assemblies for Spanish/English interpretation and Assisted Listening for the hearing impaired.

Reminder that the January 20, 2018 Area Committee Meeting is on the 3rd Saturday.

The Interpretation and Translation Committee is always in search of more bilingual members to help with written translation. Please contact translation.p67@cnca06.org

NCCAA and H&I: Their Connection to CNCA06

Presented by Sonia, Dist. 4 San Jose

Our presenter researched this topic by attending the Archives Workshop, where she learned how the two service groups - the Northern California Council of Alcoholics Anonymous and Hospitals & Institutions - started

In the late 1940s, member Nick N from Oakland and Bill W had discussed the service structure in AA. In 1946, Nick got very enthusiastic and founded the NCCAA in 1946 or 1947. So, that means the NCCAA is five years older than the General Service Conference, which was established in 1952 (See how much you learn at the DCM Sharing Session?) Nick N was the first CA delegate for the first General Service Conference.

H&I as we know it today started at the same time as NCCAA. They created a collaborative relationship w/ NCCAA and its first outreach was at San Quentin in 1942

It was noted that in the late 1940s, AA was quite small and members people would travel large distances to get together. NCCAA formed as a gathering point for AA, with recovery speakers and it was the main place to pass information throughout AA in Northern California.

Both NCCAA and H&I are not part of the AA General Service structure but are Tradition 9 service committees – “service boards or committee directly responsible to those they serve.” Both these service entities have their own structures. If you have any spare time, it is fascinating to learn about the structure of our different service organizations

Each of these service bodies have liaisons to CNCA

Since it was the first service body formed to reach out to hospitals, institutions (and now treatment centers), the Northern California H&I served as a model for AA areas around the country, though most of them fold institutional outreach into their General Service structure.

Lastly, one member got sober AT an NCCAA confer-

ence, as her sponsor accompanied her to the conference, made her dance and showed her that “we are not a glum lot.”

Respectfully submitted, - Jacqueline P
DCM Sharing Session Recording Secretary, CNCA06
Panel 67 - DCM Dist. 10, Sub-District 3

CNCA CALENDAR -- PANEL 67

2018—Panel 67

January	20—Area Committee Mtg (Note: 3rd Saturday)
February	24—Area Committee Mtg
March	2-4, PRAASA , Nugget Casino Resort, Sparks, NV, hosted by Area 42
	24—Area Committee Mtg
April	7,8—Pre Conference Assembly , Santa Clara County Fairgrounds, host- ed by Districts 40 and 02
	22-28 General Service Conf., NY
May	28—Area Committee Mtg
	12—Post Conference Assem- bly , Solano County Fair grounds, hosted by District 09
June	26—Area Committee Mtg
July	23—Area Committee Mtg
August	28—Area Committee Mtg
	11—Summer Assembly , River Lodge, Fortuna, hosted by DiS- trict 15
	25—Area Committee Mtg
September	7-9—Pacific Regional Forum , Doubletree by Hilton Hotel, San Jose, CA
	22—Area Committee Mtg
October	27—Area Committee Mtg
November	3—Election Assembly , Robert Liver- more Community Center, Livermore, hosted by District 70
	24—Area Committee Mtg
December	15—Area Committee Mtg

PANEL 69 ASSEMBLY DATES CALENDAR

2019 Pre-Conference Assembly

April 13-14

2019 Post-Conference Assembly

May 18, Ulatis Community Center, Vacaville
(Hosted by District 90)

2019 Summer Assembly

August 10

2019 Fall Inventory Assembly

November 2, St. Mary's Cathedral, San Francisco
(Hosted by District 06)

2020 Pre-Conference Assembly

April 4-5

2020 Post-Conference Assembly

May 16

2020 Summer Assembly

August 8

2020 Fall Election Assembly

November 14

Bids have been accepted for all Panel 67 assem-
blies; see CNCA Calendar for dates and locations.
If your District is considering making a bid for a
Panel 69 Assembly, please contact the Assembly
Coordinator Erica S at [assemblycoordin-
ator.p67@cnca06.org](mailto:assemblycoordinator.p67@cnca06.org)

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Panel 67 Area Officers & Area Meeting Information

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CNCA Standing Committee & Sharing Session Meetings
are the 4th Saturday every month. Sharing Sessions - 10 am
Standing Committee Meetings - 11 am
Area Business Meeting 12:30 - 3:30 pm

Archives Committee meets at 11:00 am. For information contact Richard W by visiting the “contact us” tab on the www.cnca06.org website. The Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap meets at 11:00 am. For Information contact Kelly H by visiting the “contact us” tab on the www.cnca06.org website.

Public Information/ Cooperation with the Professional Community (PI/CPC) meets at 11:00 am. For information contact Teddy B-W by visiting the “contact us” tab on the www.cnca06.org website.

Interpretation & Translation Committee meets at 11:00 am. For information contact Michael Q by visiting the “contact us” tab on the www.cnca06.org website.

Web Committee meets at 11:00 am. For information contact Robert E by visiting the “contact us” tab on the www.cnca06.org website.

DCMs & DCMCs Sharing Sessions meet at 10 am

Literature/Grapevine/La Vina Sharing Session meets at 10 am. www.aagrapevine.org

Accessibilities Sharing session meets at 10 am. For information visit the “contact us” tab on the www.cnca06.org website

