



# CNCA COMMENTS



A.A. Confidential -- October 2018  
www.cnca06.org

## California Northern Coastal Area of Alcoholics Anonymous

### Chair Preview

Panel 67 may be winding down, but our next three **Area Committee Meeting (ACM)** agendas promise to be busy! In addition to all the motions we have going, there will be report-backs from members we funded to attend various workshops, updated standing committee guidelines to approve, a presentation of the 2019 budget, and more! And of course, we need districts to bid for the coffee commitment and the *Comments* and *Comentarios*.

In September, we tabled a housekeeping motion from Bridging the Gap to allow time for translation of the written report. And, given the number of questions, it seems it could be more appropriately handled as a regular motion, so the following will be a presentation of new business in October: "That the CNCA Bridging the Gap Subcommittee conclude its Pre-Release Contact Service pilot, and support this service on an ongoing basis."

For your future planning, I want to remind you that we do meet the 4<sup>th</sup> Saturday in November (Thanksgiving weekend), but both the December 2018 and January 2019 meetings are on the THIRD Saturday. I know many districts have started holding their elections this month, so please be sure to pass this info along. It's an exciting time as we prepare for Panel 69! I look forward to seeing many new and familiar faces at the upcoming ACMs and our Election Assembly.

In love and service,  
Jennifer B, Panel 67 Area Chair

## **CNCA 06 ELECTION ASSEMBLY** **Saturday November 3, 2018**

Robert Livermore Community Center  
4444 East Ave, Livermore, CA

***Look for friendly volunteers to direct you to the right parking lot!***

**Registration: 8:15 - 9:00 a.m.**

**Orientation: 9:00 - 9:30 a.m.**

What Makes an AA Leader?

The Third Legacy Procedure

Area Officer Qualifications

**Area Officer Elections: 9:30 a.m. - 12:00 p.m.**

Pacific Regional Trustee Report

AAWS Report

**Lunch: 12:00 - 1:00 p.m.**

**Area Officer Elections (cont): 1:00 - 5:00 p.m.**

(Other reports and sharing throughout the day)

**What's On Your Mind?: 5:00 - 5:30 p.m.**

**BRING YOUR FM RADIO FOR SIMULTANEOUS SPANISH/ENGLISH INTERPRETATION**

I was asked to help with a 3<sup>rd</sup> legacy election next month and so I started looking for my board, my ballots and my other 3<sup>rd</sup> legacy stuff that is needed. I couldn't find my board! So, I went to Staples and got a blank dry erase board and glittery black tape (that felt like Halloween) and I made one. It's not as professional looking as the one Phil gave me two years ago (the one I can't find), but I feel ready for the upcoming elections. I find this time of the panel to be very exciting. What will happen next?

But for me this year, I will not be having a discussion with my sponsor or family about my next service commitment. Both my sponsor and my family are waiting for me to rotate out. Not taking a commitment at General Service—that is new for me. My recovery sponsor has advised me to spend time with my family after I rotate out, especially after this last commitment which probably has been the one that has been the most demanding of my time. The spirituality of rotation for me is to open up the space by stepping out of the position I have been in and then seeing what my higher power has in store for me. For the last 14 years, November General Service elections have always given me a new job for the next panel. This year is the first time in a long time I will walk away not knowing what I will do next panel. That is scary and exciting, humbling, and relieving, and sad all at the same time. I have not been here before.

So I gather up my 3<sup>rd</sup> legacy elections stuff. I am preparing to help usher in the new panel of trusted servants. I can't wait to see what happens. I will enjoy my most favorite past time of all – watching others grow in service and sobriety. And then in January, I will get to watch all the proceedings from the back of the room with my other fellow past delegates sitting at the porch. I expect the view to be just as wonderful back there as it was from up front.

Thank you for letting me be of service,  
Joann L  
Panel 67 Delegate CNCA 06

### **Looking for Something?**

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## AREA COMMITTEE MEETING MINUTES FOR SEPTEMBER 2018

The monthly committee meeting of CNCA was held September 22, 2018 at the Petaluma Community Center. Jennifer B opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Jade L (District 05). Lorraine B (District 90) read Tradition 9 and Karen T (District 08) read Concept 9. There were five past Delegates present: Diane O (Panel 35), Bob D (Panel 36, Area 28), Woody R (Panel 50, Area 07), Doug G (Panel 53), and Raymundo L (Panel 65). Doug G serves as an appointed committee member of the Trustee's Literature committee. There were five GSRs present and one new DCM present. The August 2018 minutes and financial report were accepted as printed in the *CNCA Comments*. Birthdays: 167/8.

Registered attendance: Voting (44) / Non-voting (51)

### Officer Reports

**DELEGATE – JOANN L:** The Regional Forum was phenomenal. The Communications Audit has been completed, and I distributed digital copies to all the DCMCs. The digital copy of the Final Conference Report was also sent out. We do not know when hard copies will be delivered.

**ALTERNATE DELEGATE – TEDDY B-W:** I attended NCCAA (where we discussed qualifications for the Chairperson and other trusted servants), and the Living Sober Roundup (principally to promote the Regional Forum). Later this month, I will be attending CNIA's Mini-PRAASA Assembly.

**CHAIR – JENNIFER B:** If you put in a bid for the *Comments* or the *Comentarios*, your District could play a very important role in how we communicate here in the Area and with NY. Prada sunglasses from the Summer Assembly are in the lost and found.

**TREASURER – CHRIS H:** As of today, we have \$18,100 in our checking account (used for operating expenses) and \$11,140 in our savings account (which represents our prudent reserve). We received \$7000 in contributions and spent \$15,700. Year to date, we are about \$8000 ahead of budget.

**REGISTRAR – LAURA W:** The new database has many exciting new features, including one that gives us historical data for our Assemblies. Please check and make sure your district's information is correct as we prepare for next panel. I am continuing to stay in touch with a newcomer who contacted me through the Area's website.

**RECORDING SECRETARY – ERIC L:** Work on the Motions

Book is accelerating. Committee Chairs can send me the most recent guidelines for their committee, and quarterly reports will be due in late November.

**ASSEMBLY COORDINATOR – ERICA G:** The DCM Sharing Session and the BTG meeting will now be permanently held in the Activity Room. This room (where we meet now) will have a partition, but it will only divide the room in half rather than in four. I continue working with the facility to see what can be done to better accommodate us.

**LITERATURE/GRAPEVINE/LA VIÑA – MIGUEL H (PRESENTED BY NICOLAS G):** We have received the Navajo-language *Big Book*, which is now on display here. The latest issue of *La Viña* is also on display; it is very special, because it is the first one printed in full color.

### District Reports

**DISTRICT 01 (MONTEREY) – SUSAN G:** Sharing about the Pacific Regional Forum was the highlight of our meeting. A decision to disband the Monterey Bay Intergroup Roundup appears to be under reconsideration.

**DISTRICT 02 (SALINAS/SAN BENITO) – ELIJAH H:** We are preparing for our Annual Gratitude Dinner. We were joined by two new GSRs and three visitors from Japan, and we concluded our business meeting with the Responsibility Statement in English, Spanish, and Japanese.

**DISTRICT 03 (SANTA CRUZ) – MURIAS O:** We discussed elections for next panel, which will be held in November. Officers presented their job descriptions.

**DISTRICT 04 (SANTA CLARA NORTH) – MARIANNE G:** We are discussing what to do with excess funds, including increasing our mileage reimbursement to 34 cents a mile.

**DISTRICT 40 (SANTA CLARA SOUTH) – COREE H:** We heard presentations on the Tax and Legal Considerations workshop and the NAATW. We also discussed whether the District needs a Technology Officer.

**DISTRICT 05 (SAN MATEO) – COLLEEN G:** Our Budget Ad Hoc committee will be preparing a 2019 budget, and we heard a presentation about the importance of registering groups. District elections will be held in November.

**DISTRICT 06 (SAN FRANCISCO) – DENNIS H:** We are preparing for Panel 69, and we will be filling up to 18 new positions in the next three months. Our search for a new space to hold our District meeting continues; we have several leads and hopefully can make a preliminary

## AREA COMMITTEE MEETING MINUTES (Cont.)

decision soon.

DISTRICT 07 (ALAMEDA NORTH) – PATRICK C: We will be meeting next week.

DISTRICT 70 (ALAMEDA SOUTH) – DON Z: We are finalizing plans to make changes to the District Handbook. Our Archives chair uncovered a stash of historical records that are a valuable addition to our expanding Motions Book. Seating for the Pre-Assembly Dinner is extremely limited; if you are interested in attending, see me or respond to the flyers.

DISTRICT 08 (CONTRA COSTA) – DON L: For the first time this panel, we had no motions to discuss. Our budget will be presented in November, and we will be holding elections in October. Our Unity Day will be held November 17.

DISTRICT 09 (SOLANO SOUTH) – CLAUDIA K: We are preparing for our Delegate's Report/Service Day on September 29. Our Archivist will not be able to attend the NAAA.W.

DISTRICT 90 (SOLANO NORTH) – TONY W: The District passed a motion to allow individual AA members to contribute directly to the District. We hope to finish our review of our guidelines, and then present updated ones in November. Our District Anniversary Extravaganza will be held September 29.

DISTRICT 10 (MARIN) – CATHY P: Our Unity Day will be held October 20, which will include the Delegate's report, a BBQ potluck, and a Family Feud game. We are co-hosting a Safety Workshop in November in Marin City.

DISTRICT 11 (NAPA) – JEFF D: We have had a number of unusual situations that required GSO's experience, strength and hope. One meeting was handing out church literature before and after the meeting, upsetting some members. And a lawyer contacted a group to ask who is in charge of AA.

DISTRICT 12 (SONOMA) – ROBERT F: There was literature available at the Forum regarding safety in AA that I will make available at the next District meeting. Our Unity Day, where all our service entities get together, was held September 15; the lengths we go to in AA to help the still-suffering alcoholic is amazing.

DISTRICT 13 (LAKE) – MARY ELLEN R: My visits to meetings to discuss General Service have generated interest. After our Unity Day, several folks expressed interest in being GSRs for their meetings, so things are looking up.

DISTRICT 14 (MENDOCINO) – ROBIN T: Our PI/CPC committee staffed a table at a recovery-themed event and

will be hosting a CPC Forum and speaker training in October. MENDYPAA now has a liaison to the District and is planning events with neighboring YPAA committees.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – DEVIN P: We will be holding Officers/Agenda Planning meetings in person and are considering a teleconference option for those who cannot make the drive. Three-fourths of our District service positions are filled.

DISTRICT 16 (SPANISH CENTRAL) – FRANCISCO R: We discussed the Regional Forum, which was very interesting. Our next District meeting will include elections.

DISTRICT 17 (SPANISH SOUTH) – MARIO S: We discussed motions to increase our prudent reserve – to \$4000 or \$5000 – and voted to raise it to \$5000. We will hold elections next month.

DISTRICT 18 (SPANISH NORTH) – HECTOR C: We celebrated our 25th anniversary, and we also had a great time at the Regional Forum. We decided to pass a Seventh Tradition basket for the Foro Hispano.

DISTRICT 19 (SPANISH SOUTH SOUTH) – MAGDALENO O: We heard a presentation on rotation, which emphasized that we do not have bosses or owners in AA, just trusted servants. We will hold District elections in late October.

DISTRICT 20 (SPANISH EAST) – TEODOMIRO S: We were visited by a member from District 07 to encourage us to participate in the production of the *Comments* and *Comentarios* next panel. We will hold District elections in November; that same month, we will celebrate our seventh anniversary.

### **Area Sub-Committees and Sharing Sessions**

ARCHIVES – RICHARD W: We received many items for safekeeping from the Regional Forum so that we can properly archive this part of our Area's history. Our Archives Open House will be held December 8 at the Archives repository.

BRIDGING THE GAP – KELLY H: This month, your BTG committees gave 26 presentations and handled 126 requests for contact. Our CNCA BTG Forum will be held November 17. We will be presenting a motion later today, along with our fourth report, on the Pre-Release Contact Service, which we have been working on since September 2015.

FINANCE – CLAUDIA N: The first rough draft of the budget for next year will be sent to Area Officers today. We continued reviewing our guidelines and verbiage for the website.

## AREA COMMITTEE MEETING MINUTES (Cont.)

PI/CPC – TEDDY B-W: We had a DUI speaker training and a great discussion about how to communicate with the public who attend DUI classes.

WEBSITE – ROBERT E: We still need a replacement for a member who moved away; please see me (or any Area Officer) if you are interested in joining us. We also heard a report from the NAATW.

INTERPRETATION AND TRANSLATION – MICHAEL Q: We provided assisted listening at the Forum, and, because we brought our interpretation equipment (just in case), we were able to accommodate the large number of Spanish-language speakers so that they could participate. We will also be providing interpretation at the Hispanic Women's Workshop.

CNCA COMMENTS – JOSÉ A: We sent 1100 copies of the *Comments* with the assistance of 16 people from District 40. Every month, we have more people wanting to help out.

COMENTARIOS DE CNCA – ERIC H: No report; the *Comentarios* were mailed out.

NEWSLETTER AD HOC – RAY W: We reviewed the bidding process for the newsletters and are reviewing the financials on production and distribution. We continue meeting with past and present trusted servants.

DCM SHARING SESSION – JACQUELINE P: We heard a presentation on educating meetings about General Service. People shared about visiting meetings to talk about General Service, sharing with enthusiasm about the GSR position, and remembering to practice patience and humility. Next month, the topic will be 'Passing It On.'

ACCESSIBILITIES – KRIS W: We discussed the Accessibilities checklist, and we talked about a presentation on technology and the deaf at the NAATW. Some deaf people do not want technology (like texting) to replace of person-to-person translation, since signing shows emotions.

LITERATURE/GRAPEVINE/LA VIÑA – LAURA W: We discussed new literature, including the new *Grapevine* book *One Big Tent*, featuring stories from atheist and agnostic AA members, and the new issue of *La Viña*, which is in full color.

NCCAA – ROBERT G: NCCAA will be held in two weeks in Fresno. Rooms are still available, and delegates will be voting on allowing our Acting Chair to serve as Chairperson for two more years.

H&I – KAREN B: Our General Meeting will be held in October, where we will conduct a final vote on changes to

our policy manual.

LA VIÑA 23RD ANNIVERSARY – JUAN MANUEL H: The 23rd anniversary of *La Viña* will be celebrated in July 2019 at a location to be determined. Next week, we will hear a final report from the 22nd anniversary celebration held in Fresno.

HISPANIC WOMEN'S WORKSHOP – MARIA LUISA S AND EMMA M: We selected our topics with liaisons from other Areas and invited speakers. Our Regional Trustee confirmed her attendance at the workshop, which will be held December 1.

2018 PACIFIC REGIONAL FORUM – DOUG G: 918 people (including three from Japan, approximately 150 Spanish speakers, and 634 first-time attendees) attended the Regional Forum. The minority opinion regarding the logo on the vests was heard, and they have now been passed on to the Nevada Area for 2020. Thank you for making my personal dream of bringing the Regional Forum to CNCA a reality. I pray that it will have a positive impact.

FORO HISPANO – JORGE O: Our budget is \$3000, and we currently have approximately \$1500, mostly from contributions from groups and districts. At the Regional Forum, we met with peers from other Areas to hear their experience regarding hosting the Foro.

### Housekeeping Motions

That the CNCA Bridging the Gap subcommittee conclude its Pre-Release Contact Service pilot, and support this service on an ongoing basis. – *presented by the Bridging the Gap committee*

Presentation: In March 2015, a motion to authorize this pilot program was made. After several months of loving discussion, the pilot program was approved unanimously. This program was designed to help members on the inside (approaching imminent release) by building a correspondence connection to members on the outside. The pilot has been extended several times so that we could assess whether there was a need and whether we could meet the need. Several Districts have participated, and many are now working with local hospitals and institutions. Much of the work has been happening at the District level, and we hope to be able to continue supporting Districts who want to keep doing this work by providing a central processing point and our PO Box. We have learned in our communication with other Areas that some also provide a similar service.

Questions: Q: Is there urgency, or can we wait to vote until next month after the written report is translated into Spanish?

## AREA COMMITTEE MEETING MINUTES (Cont.)

A: We can wait. Q: How many requests for this service have been made? A: It varies month by month. An average would be between 10 and 25 requests a month. We do not have specific details on how many contacts are made because we hand off requests for contact to Districts and we do not ask them to report numbers back to us. Q: If we did not approve this motion, what would happen? A: Since we currently use the Area PO Box, Districts who wish to continue this program would lose that central processing point.

**Motion tabled to October.**

### Area Business

PRESENTATION OF NEW BUSINESS:

That CNCA purchase a digital scanner with laser printer, power supply, and maintenance contract for the Archives committee at a cost not to exceed \$700. – *presented by the Archives committee*

Presentation: We have two, but one of them is very old and needs to be replaced. Both can only scan a page at a time. We looked up different options for purchase and found one that would help us do our jobs more effectively.

Questions: Q: Would this save a lot of time? A: Yes.

**Motion remains Area Committee Meeting Business. (Unanimous to remain at ACM). Motion will be New Business.**

### **NEW BUSINESS:**

That CNCA purchase an annual policy of Directors and Officers Liability Insurance in line with standard nonprofit practice. – *presented by Chris H, Treasurer*

Discussion: This is a really good idea. Even if someone filed a totally frivolous lawsuit (and anyone can do that), the person that it is filed against experiences a financial cost, even to combat the lawsuit. They may need to retain a lawyer and that can cost thousands of dollars. Most non-profits of any size have this kind of coverage. // If I had a wish list, I would like to add an umbrella policy of sorts to allow Districts to join this as well. // What would the policy cost? (Answer: \$600-700 each year). // I would not want to take a position in which I could be held personally liable for something. // I cannot see anything we could better spend our money on than protecting our trusted servants. // Has there ever been a lawsuit threatened against us? (Answer: Not that we know of). // The price is cheap and the idea is wonderful. // This policy is different from the policy we are already required to have to rent facilities. // The worst kind of lawsuit is the one you do not see

coming. // If we start to insure AA, it might open us up to lawsuits if people find out we have insurance policies. // The best investment one can make is insurance. // I always watch *Judge Judy*. You better get insurance.

**Motion moved to Old Business.**

### **NEW BUSINESS:**

That, due to funds in our checking account that exceed established Area 06 7th Tradition needs, CNCA disburse \$7500 to the General Service Board of Alcoholics Anonymous. – *presented by the Finance committee*

Discussion: We are considering putting in a bid for the Summer Assembly. It will cost a lot of money. // We have a prudent reserve, and we never dip in to our prudent reserve. We are trying to figure out how much money we should have in our checking account. And we would have enough money to cover a first-class assembly. // We will not necessarily be spending substantially more than we did this year. // This would be in addition to the money we send for our Delegate's contribution to the Conference. // I am a big fan of giving away the money. // Many groups keep enough in the checking account to cover one month of expenses, and use another account as a prudent reserve. // I am struggling with the timing. Could we wait until the 2019 budget is presented? // The group has put its faith in the Finance committee and the Treasurer. We seem to have this discussion too often. // In my opinion, we go 'on the cheap' a lot. People are not reimbursed appropriately for their travel expenses. If we have extra money, we should be reimbursing accurately.

**Motion moved to Old Business.**

### Job Description: Coffee

This is the real "most important job" in AA. I took this commitment at my second-ever GSR meeting, and I have developed a deep appreciation for General Service. The members of District 10 have always been willing to participate. Making coffee is participating in one of AA's oldest traditions. To do this commitment, you buy and store the supplies, you brew the coffee at each ACM (from 8 AM to 4 PM), you set up the stations, and you coordinate with the Assembly host committees where they provide coffee. – *Molly M, Coffee Coordinator.*

### Job Descriptions: Standing Committees

Duties on the Finance committee include attending the ACM and the committee meeting, attending all four assemblies, collecting and counting contributions, processing the receipts for group contributions, making

## AREA COMMITTEE MEETING MINUTES (Cont.)

digital contributions available, updating the financial guidelines, preparing the annual budget, and serving as a contact person to one of the other committees. The Treasurer is automatically a member of the committee, and other eligible members include outgoing or incoming DCMs and DCMCs. – *Claudia N, Finance Chair*

The Interpretation and Translation committee is composed of eight members, each with a specific job function. Anyone interested in serving in the committee can be available, and there are no qualifications (like bilingual ability or interpretation and translation experience). Recently revised guidelines outline the various job descriptions, and all positions will be selected at the first I&T meeting in January. – *Michael Q, I&T Chair*

You do not have to be tech-savvy to be on the Web committee. As a committee, we post to the website, participate in ad hoc committees (if needed), and, once we know what we are doing, help train other members on the committee. We also use Zoom for remote training. Members familiar with technology help develop and build the website architecture, the layout and the user interface, test new features and monitor web security. We have fun. – *Robert E, Web Chair*

### DISCUSSION TOPIC:

Q&A and Experience Serving on Area Standing Committees

Q: The area officers appoint the members of the committees and each committee elects their own chair, etc. by third legacy? A: Yes.

Discussion: I served on the Web committee and it was an experience of growth for me, especially as we reviewed (and attempted to change) our guidelines. // Over the years, I have served on many committees. It is a very satisfying experience to do any kind of committee work. It can help you stay connected with AA. // I originally only made myself available for Finance, but when the Area Chair asked if I would be available to any committee I said yes, and serving on the I&T committee was one of the best experiences I ever had.

*Discussion closed.*

### DISCUSSION TOPIC:

Guidance for the General Service Board: Should a legal remedy ever be initiated by AA?

Discussion: The first few times I read the reports, I didn't understand what was happening. But I did learn that corporate law in New York State exists, and that we

elect trusted servants to ensure that we follow the law. It is necessary. // Lawsuits should not be initiated without consultation with the Conference. A lawsuit is a large matter of policy, and we have a concept that clarifies that large matters of policy should be a matter for the Conference. // We go to great lengths to avoid litigation because it could open us up to public controversy. We do not have many assets (buildings, stadiums, etc.). But one asset we do have is our literature and message. Whenever our message is threatened, we should defend that. At times, wide consultation is not an option, and we need to find ways to try to get that, and, if we cannot, the General Service Board does have fiduciary responsibility. // Our Board takes the spiritual approach, and I hope they continue to do so. // We ought never to be drawn into public controversy, and that is what a lawsuit is. But we do have to protect our interests. As long as nobody is bringing something against us, we should stay out of court. // My initial reaction to the manuscript litigation was emotional, but I know AA will be OK. The initial response given to the Fellowship when it was over was the language of the law rather than the language of the heart. It did not sit well.

*Discussion closed.*

### WHAT'S ON YOUR MIND?

We have a lot of discussion on safety in AA. It is important to remember that if someone is assaulted and they need to seek legal action, that is always OK for them to do that. AA is not a shelter for people to commit crimes. Laws are still the laws when we are in AA. // The 77th anniversary of the Palo Alto Group will be this September. // I want to thank people who volunteered at the Forum. I am grateful to have been a part of it. // At the Forum, we found out how accessible people in General Service are. It is incredible. // I attended Grupo Alegria de Vivir's anniversary. It was an amazing event.

The meeting was closed at 3:29 pm with the Responsibility Statement.

Submitted Respectfully (and with a sense of humor),

Eric L

CNCA Panel 67 Recording Secretary

**California Northern Coastal Area  
Statement of Financial Position**

As of August 31, 2018

	<u>Total</u>
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Bank Accounts</b>	
Operating Funds - Checking	22,671.68
Prudent Reserve - Savings	11,140.09
<b>Total Bank Accounts</b>	<b>\$ 33,811.77</b>
<b>Other Current Assets</b>	
Assembly Deposits	1,475.00
<b>Total Other Current Assets</b>	<b>\$ 1,475.00</b>
<b>Total Current Assets</b>	<b>\$ 35,286.77</b>
<b>TOTAL ASSETS</b>	<b>\$ 35,286.77</b>
<b>LIABILITIES AND EQUITY</b>	
<b>Liabilities</b>	
<b>Total Liabilities</b>	
<b>Equity</b>	
Operating Funds ~ Adjusted	33,063.45
Prudent Reserve ~ Savings	11,140.00
Net Revenue	-8,916.68
<b>Total Equity</b>	<b>\$ 35,286.77</b>
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$ 35,286.77</b>



## Expense Report August 2018

### California Northern Coastal Area

BUDGET VS. ACTUALS: 2018 BUDGET - FY18 P&L

January - August, 2018

	TOTAL		
	ACTUAL	BUDGET	% OF BUDGET
<b>Revenue</b>			
002 Group Contributions	62,247.27	57,750.00	107.79 %
003 District Contributions	9,354.81	9,333.28	100.23 %
004 Assembly Contributions	<b>5,452.56</b>	<b>6,200.00</b>	<b>87.94 %</b>
005 Tradition 7, Area Comm.	2,444.67	2,170.00	112.66 %
007 CNCA Subscriptions		12.00	
008 Personal/Misc Contributions	2,159.02	800.00	269.88 %
010 Interest Income	2.97	3.13	94.89 %
<b>Total Revenue</b>	<b>\$81,661.30</b>	<b>\$76,268.41</b>	<b>107.07 %</b>
<b>GROSS PROFIT</b>	<b>\$81,661.30</b>	<b>\$76,268.41</b>	<b>107.07 %</b>
<b>Expenditures</b>			
<b>012 EXPENSE</b>			
013 Delegate Expense	5,888.76	6,811.58	86.45 %
038 Officer Expense	19,548.32	20,550.84	95.12 %
093 Committee Expenses	17,259.37	20,677.32	83.47 %
158 General Expenses	47,881.53	45,142.58	106.07 %
<b>Total 012 EXPENSE</b>	<b>90,577.98</b>	<b>93,182.32</b>	<b>97.21 %</b>
<b>Total Expenditures</b>	<b>\$90,577.98</b>	<b>\$93,182.32</b>	<b>97.21 %</b>
<b>NET OPERATING REVENUE</b>	<b>\$ -8,916.68</b>	<b>\$ -16,913.91</b>	<b>52.72 %</b>
<b>NET REVENUE</b>	<b>\$ -8,916.68</b>	<b>\$ -16,913.91</b>	<b>52.72 %</b>

## Summer Assembly Afternoon Workshop Minutes

### WORKSHOP: GENERAL SERVICE 101: WHAT MOTIVATES US TO SERVE AND LEARN?

We discussed how we got started in service, but also why we continue to participate. More than one person shared that he or she initially got involved in service because sponsors suggested it. We eventually focused on the rewards of service, including how it reinforces the feeling of being a part of something, opportunities for growth in unexpected ways, learning to love people that we do not necessarily want to love, and improving relationships in AA and in life.

– presentation by *Madeleine L (District 04)*; summary by *Louie R (District 04)*

### WORKSHOP: SELF-SUPPORT AT EVERY LEVEL: MORE THAN MONEY IN THE BASKET

We reviewed finance literature and focused on how the Seventh Tradition is very important to pay for meeting expenses (like rent, coffee and GSR expenses), as well as to support our services (like the District, Area and GSO). What is missing in many groups is information about what the Seventh Tradition is for. All GSRs who are here should carry information back to the groups so that groups can learn to financially support the General Service Office. The alcoholic who loves AA will always invest his or her time in service out of gratitude, and being in service is one way of participating in the Seventh Tradition.

– presentation by *Manuel C (District 18)*; summary by *Justo T (District 18)*

### WORKSHOP: ACCESSIBILITY FOR ALL: IDENTIFYING AND ENGAGING REMOTE COMMUNITIES

We discussed personal barriers that exist to prevent people from getting into AA. We talked about geographic, linguistic, and cultural (stigma regarding alcoholism or lack of understanding regarding anonymity) barriers. We talked about the military, people of color, veterans, First Nations, LGBTQ, and single parents (who can't take their children into meetings). We also focused on how we can create and support these communities. We can reach out to communities we do not communicate with.

– presentation by *Jackie B (District 06)*; summary by *Molly K (District 07)*

### WORKSHOP: HUMILITY AND ME: BALANCE IN SERVICE

This was a beautiful conversation. Everyone universally agreed about the irony about talking about humility at a microphone. When we are attached to an outcome, we

are reactive and unable to listen. Listening came up a lot, as did the importance of asking questions and remaining teachable. Being anonymous in service means not taking credit for what AA has accomplished. Humility in service starts in recovery, and Step One is humility, as is Step Nine.

– presentation by *Gusty M (District 10)*; summary by *Allison S (District 10)*

### WORKSHOP: THE SPIRIT OF ROTATION: PASSING IT ON AND LETTING IT GO

It is difficult to rotate out of service, but it is necessary because it gives others the opportunity to practice our spiritual principles. We have to put into practice Concept 9, and we also get to discover that one of the secrets of AA service is that we always get to try something new. Rotation makes service possible to, and may also motivate some people to get into service.

– presentation by *Javier L (District 20)*; summary by *Emma M (District 16)*

### WORKSHOP: 12 STEP TOOLS: HOW ARE THE GRAPEVINE AND LA VIÑA STILL RELEVANT?

The workshop began with questions about the *Grapevine* and *La Viña*, how many people subscribe, and how many people read the magazines – sometimes out of interest, and other times out of obligation. Sharing focused on the need to adapt to the Internet era, on whether the *Grapevine* and *La Viña* should continue to be printed or be made available just online, on the value of the diverse voices included in the magazines, and on how the magazines are sometimes more nimble and flexible and represent the Fellowship of AA right now.

– presentation by *Austin R (District 04)*; summary by *Marianne G (District 04)*

### WHAT'S ON YOUR MIND? (AFTERNOON SESSION)

I wonder if the Area would purchase subscriptions to the *Grapevine* and *La Viña*. // Talk to your groups about the Pacific Regional Forum. It is a free event hosted by the General Service Board, already paid for by your group contributions. Today, we registered 40 more people. // A workshop on Legal, Tax and Insurance Considerations for AA Groups will be held on August 25 at 3 PM, right after the ACM in Petaluma. This will provide great information for groups and committees. // We have an upside down triangle. When you do service at a visible level, you might get attention. But we should always remember we are just bozos on the bus. // If you are interested in AA history, there will be a symposium on AA history

## Summer Assembly Afternoon Workshop Minutes (Cont.)

in February in Los Altos. // Thanks to generous contributions today, we received \$1266 in the Seventh Tradition buckets at this Assembly. // There will be a meeting at the Centerville Beach tonight. // This has been a beautiful backdrop for our Assembly. // 270 people attended today's assembly; that is wonderful attendance for a Summer Assembly and for an Assembly at this distance.

Signing Off – Thank You All,

Eric L

CNCA Panel 67 Recording Secretary

The afternoon session was closed at 4:38 pm with the Responsibility Statement.

### PANEL 67-69 CNCA CALENDARS

#### 2018—Panel 67

<b>October</b>	<b>27—Area Committee Mtg</b>
<b>November</b>	<b>3—Election Assembly</b> , Robert Livermore Community Center, Livermore, hosted by District 70
	<b>17—Bridging the Gap Forum</b> , Good Shepherd Lutheran Church, 1180 Lynwood Dr., Novato, CA, hosted by District 10
<b>December</b>	<b>24—Area Committee Mtg</b> <b>1—Hispanic Women's Workshop</b> , ILW Union Hall, 4 Berry St., San Francisco
	<b>15—Area Committee Mtg</b> (Note: 3 <sup>rd</sup> Sat)

#### 2019—Panel 69

<b>January</b>	<b>19—Area Committee Mtg</b> (Note: 3 <sup>rd</sup> Sat)
<b>February</b>	<b>23—Area Committee Mtg</b>
<b>March</b>	<b>1-3—PRAASA</b> , Irvine Marriott, Irvine, CA
	<b>23—Area Committee Mtg</b>
<b>April</b>	<b>13,14—Pre Conference Assembly</b> , Veterans' Memorial Building, Santa Rosa, hosted by District 12
	<b>27—Area Committee Mtg</b>
<b>May</b>	<b>19-25—General Service Conf., NY</b> <b>25—Area Committee Mtg</b>
<b>June</b>	<b>15—Post Conference Assembly</b> , Ulatis Community Center, Vacaville, hosted by District 90
	<b>22—Area Committee Mtg</b>
<b>July</b>	<b>27—Area Committee Mtg</b>
<b>August</b>	<b>10—Summer Assembly</b> , tbd
	<b>24—Area Committee Mtg</b>

<b>September</b>	<b>28—Area Committee Mtg</b>
<b>October</b>	<b>26—Area Committee Mtg</b>
<b>November</b>	<b>2—Inventory Assembly</b> , St. Mary's Cathedral, San Francisco, hosted by District 06
	<b>23—Area Committee Mtg</b>
<b>December</b>	<b>21—Area Committee Mtg</b> (Note: 3 <sup>rd</sup> Sat)

#### 2020—Panel 69

<b>January</b>	<b>18 or 25—Area Committee Mtg</b> (Likely 3 <sup>rd</sup> Sat)
<b>February</b>	<b>22—Area Committee Mtg</b>
<b>March</b>	<b>6-8—PRAASA</b> (Area 03, Arizona)
	<b>28—Area Committee Mtg</b>
<b>April</b>	<b>4,5—Pre Conference Assembly</b> , tbd
	<b>19-25—General Service Conf., NY</b> <b>25—Area Committee Mtg</b>
<b>May</b>	<b>16—Post Conference Assembly</b> , tbd
	<b>23—Area Committee Mtg</b>
<b>June</b>	<b>27—Area Committee Mtg</b>
<b>July</b>	<b>2-5—International Convention</b> , COBO Center, Detroit, MI
	<b>25—Area Committee Mtg</b>
<b>August</b>	<b>8—Summer Assembly</b> , tbd
	<b>21-23—Pacific Regional Forum</b> , Las Vegas, NV
	<b>22—Area Committee Mtg</b>
<b>September</b>	<b>26—Area Committee Mtg</b>
<b>October</b>	<b>24—Area Committee Mtg</b>
<b>November</b>	<b>14—Election Assembly</b> , tbd
	<b>28—Area Committee Mtg</b>
<b>December</b>	<b>19—Area Committee Mtg</b> (Note: 3 <sup>rd</sup> Sat)

October	Job Description	Delegate
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Chapter 6 in the Service Manual is an excellent source of information about the job of the delegate

February – Help prepare the Area for the Pre-Conference Assembly. Receive Agenda Topics and background information from GSO around February 15<sup>th</sup>. With the help of the other officers-prepare the Agenda Topics Summaries. Disseminate Summaries and Background Information to the Districts. Get a big calendar and start taking dates for Delegates reports.

March - Attend PRAASA – will give a 2 minute Area Highlights and/or an 8 minute presentation. Will be attending the Delegates Roundtable Friday and Saturday night with the Pacific Regional Trustee and the other Pacific Regional Delegates. (Pacific Regional Forum will be in the second year of the Panel)  
Participate in conference calls with the Pacific Regional Delegates and the Pacific Regional Trustee after every Board meeting.

April/May- Attend the General Service Conference in New York. Prepare Delegate’s Report and give your report at the Post Conference and 23 districts.

General officer duties – will be attending 11 Area Committee meetings per year, 11 officer meetings and 4 assemblies. Will be visiting Districts 2 to 3 per month. Be available to answer requests of GSRs, DCMs DCMCs, and AA members. Disseminate information from GSO to the Area and information from the Area to GSO. Answer phone calls and emails from the fellowship.

Write a monthly Delegates corner for the newsletter

Attend NCCAA steering committees meetings and conferences give reports. Also attend H&I and Intergroup business meeting/steering meetings and give report. Help maintain a healthy relationship with all other service entities.

Have regular meetings with your alternate delegate and your chair. Lunch once a month works really well. Keep them informed of your workload. Ask for help when you need it.

January and December are pretty light months; February to April can be pretty hectic with preparing for the Conference. May to October will be mostly giving Conference reports.

Joann L  
Panel 67

## PANEL 69 ASSEMBLY DATES CALENDAR

**2019 Pre-Conference Assembly**

April 13-14, Santa Rosa Veterans Building, Santa Rosa  
(Hosted by District 12)

**2019 Post-Conference Assembly**

June 15, Ulatis Community Center, Vacaville  
(Hosted by District 90)

**2019 Summer Assembly**

August 10

**2019 Fall Inventory Assembly**

November 2, St. Mary’s Cathedral, San Francisco  
(Hosted by District 06)

**2020 Pre-Conference Assembly**

April 4-5

**2020 Post-Conference Assembly**

May 16

**2020 Summer Assembly**

August 8

**2020 Fall Election Assembly**

November 14

Bids have been accepted for all Panel 67 assemblies; see CNCA Calendar for dates and locations. If your District is considering making a bid for a Panel 69 Assembly, please contact the Assembly Coordinator Erica G at [assemblycoordinator.p67@cnca06.org](mailto:assemblycoordinator.p67@cnca06.org)

**Alternate Delegate – Job Description**

A servant's heart, a very supportive and understanding significant other and employer, lots of help from people, and an amazing relationship with the Chair and the Delegate - in my experience, these things have been the foundation to help me show up and hopefully be of maximum service as alternate delegate.

I pray for the health of the Delegate, but faith without works is dead! This is the work...

**ALT-DELEGATE FUNCTIONS****Area Committee Meeting**

Attend a 10am meeting, typically once every three months

Distribute Birthday Envelopes

Deliver Alt-Delegate Report

Review Check Requests/Sign Checks

Pay Attention!

**Officers Meeting – 4pm-7pm is typical****Immediately After ACM**

Write to DCMCs whose Districts I will be visiting the next month – 30 minutes

Correspondence/Follow up re: matters that arose during ACM – 30 minutes

Filing of Papers, Update Spreadsheet of District Visits – 30 minutes

**Intervening weeks**

Meet with Delegate – 1.5 hours

**Pre-Area Committee Meeting**

1 x evening prep - 3 hours: Write report; Email report to Delegate, Chair, Recording Secretary, and Interpreter; Update files; Correspondence; Printing & Packing

**Special Projects**

Agenda Topics – Summaries, yes, but also being not just ready in theory, but in practice too, to show up should the delegate become unavailable. Also, get the delegate the notes of the reasons behind the group consciences within 48 hours of the Assembly.

**District Visits Per Month**

Average of three per month, typically 2 half days and one overnight

Prep Time for Presentations, typically 3 hours total, plus also getting handouts printed and translated into Spanish (for Spanish District Visits)

**Assemblies**

Four per year, but also to be there often the day of set up to help out, attend the dinner and so forth. Actually 5 in odd numbered years – one CNIA (counting ballots)

**Delegate Support**

How does the delegate want me to be of service?

Watching out for the little things, a lot – water, her favorite Starbucks concoction, breath mints, and tissues as

needed.

**Other**

Interdistrictals, Unity Days, Delegate Reports (Average 2), NCCAA, PRAASA, PRF, NAAAW, NAATW, BTG Forum, additional CNIA assemblies.

**PUBLIC INFORMATION/COOPERATION WITH THE PROFESSIONAL COMMUNITY FUNCTIONS****Area Committee Meeting**

Chair PI/CPC Meeting; Finish PI/CPC Report; Questions & Queries prior to meeting start

Deliver PI/CPC Report

**Immediately After ACM**

Review file, correspondence – 30 minutes

Create next month's Agenda – 30 minutes

Mail Minutes, next month's Agenda, and any other papers for translation (committee has its own translator)

30 minutes

**Intervening Weeks**

Correspondence – 2 hours

Convene/Facilitate California CPC Committee – 1 hour average

Liaison with BTG/H&I – 30 minutes average

**Week Before ACM**

Assemble Meeting Packet – 1 hour

Email Meeting Packet to CNCA PI/CPC Distribution List – 15 minutes

Print Copies of Items – 45 minutes

**Pre-Area Committee Meeting**

1 x evening prep - 3 hours: Prep report; Update files; Correspondence; Printing & Packing

**Special Projects**

Coordinate Conventions – 2 per year (3 days each – usually weekdays)

Coordinate the PI/CPC Display

Monitor Literature levels and order literature and workbooks as needed

CNIA solidarity

**Assemblies**

Set up and maintain PI/CPC Display

**Total Time Commitment: 16-20 Hours per month + ACM + District Visits + Assemblies + Special Projects**

Teddy B-W, Panel 67

## CNCA MOTIONS OCTOBER 2018

### Area Committee:

#### **Assembly Bids:**

#### **Housekeeping Motions:**

#### **Guidelines:**

#### **Presentation of New Business:**

"That the CNCA Bridging the Gap Subcommittee conclude its Pre-Release Contact Service pilot, and support this service on an ongoing basis."

—*Bridging the Gap Committee*

#### **Old Business at Area Committee Meeting:**

"That CNCA purchase an annual policy of Directors and Officers Liability Insurance in line with standard nonprofit practice." —*Panel 67 Treasurer*

"That, due to funds in our checking account that exceed established Area 06 7th Tradition needs, CNCA disburse \$7,500 to the General Service Board of Alcoholics Anonymous." —*Finance Committee*

#### **New Business at Area Committee Meeting:**

"That CNCA purchase a digital scanner with laser printer, power supply, and maintenance contract for the Archives committee at a cost not to exceed \$700." —*Archives Committee*

#### **Discussion topics:**

"A.A. shares what they want to tell audiences vs. what is relevant and meaningful to the audience." —a member quoted in the *A.A. Internal/External Communications Audit Report*

### Area Assembly Motions:

#### **Redistricting Requests:**

#### **Presentation of New Business at Area Assembly:**

#### **Old Business at Area Assembly:**

"That literature be developed sharing experience, strength and hope on meditation."

"That the Trustees' Literature Committee add to its agenda to consider publishing a Fifth Edition of the Big Book, *Alcoholics Anonymous*, with updated stories to more broadly reflect our current fellowship, as well as updates or additions to Appendices III and V."

#### **New Business at the Area Assembly:**

"That CNCA establish a standing committee on Technology."

## NOTES FROM CHAIR

Please remember to bring your FM radio to all Area Committee Meetings and Assemblies for Spanish/English interpretation and Assisted Listening for the hearing impaired.

The Interpretation and Translation Committee is always in search of more bilingual members to help with written translation.

Contact: [translation.p67@cnca06.org](mailto:translation.p67@cnca06.org)

## AA Grapevine / La Viña Subscription Information

### AA Grapevine US Rate

1 Year: Printed \$28.97

1 Year: Digital \$34.97

1 Year Digital and Print \$49.97

Make check or money order payable

to:

***The Grapevine***

### La Viña -- Spanish Magazine

1 Year (6 issues)

Within US Printed \$11.97

2 Years (12 issues)

Within US Printed \$22.00

Make check or money order payable to:

***La Viña***

### Grapevine/La Viña Subscription Form

[www.aagrapevine.org](http://www.aagrapevine.org)

Please send \_\_\_\_\_ *Grapevine/La Viña*

copies for \_\_\_\_\_ years

Mail to \_\_\_\_\_ Street/PO Box \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Mail this form & check or money  
order payable to:

*The Grapevine* P.O. Box 16867  
North Hollywood, CA 91615-6867

*La Viña* P.O. Box 15635  
North Hollywood, CA 91615-5635

## CNCA Comments/Comentarios de ACNC Subscription Information

### CNCA Comments Editor

To contact Christian M. visit the "contact us" tab on  
the [www.cnca06.org](http://www.cnca06.org) website

### CNCA Comments Advisor

To contact Jennifer B. visit the "contact us" tab on  
the [www.cnca06.org](http://www.cnca06.org) website

### CNCA Comentarios Editor

To contact Eric H visit the "contact us" tab on the  
[www.cnca06.org](http://www.cnca06.org) website

### CNCA Comentarios Advisor

To contact Miguel H. visit the "contact us" tab on the  
[www.cnca06.org](http://www.cnca06.org) website

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English \_\_\_\_\_ Español \_\_\_\_\_

## Panel 67 Area Officers & Area Meeting Information

Feel free to contact the Area officers by using the “contact us” tab on the [www.cnca06.org](http://www.cnca06.org)

**Delegate**  
Joann L

**Alternate Delegate**  
Teddy B-W

**Chair**  
Jennifer B

**Treasurer**  
Chris H

**Registrar**  
Laura W

**Recording Secretary**  
Eric L

**Assembly Coordinator**  
Erica G

**Literature/Grapevine Chair**  
Miguel H

**Pacific Regional Trustee**  
Kathi F

**General Service Office**  
P.O. Box 459  
Grand Central Station  
New York, NY 10163  
212-870-3400  
[www.aa.org](http://www.aa.org)

**CNCA**  
P.O. Box 884222  
San Francisco, CA 94188-4222  
[www.cnca06.org](http://www.cnca06.org)

**H&I**  
[www.handinorcal.org](http://www.handinorcal.org)

**CNCA Standing Committee & Sharing Session Meetings**  
are the 4th Saturday every month. Sharing Sessions - 10 am  
Standing Committee Meetings - 11 am  
Area Business Meeting 12:30 - 3:30 pm

**Archives** Committee meets at 11:00 am. For information contact Richard W by visiting the “contact us” tab on the [www.cnca06.org](http://www.cnca06.org) website. The Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

**Bridging the Gap** meets at 11:00 am. For Information contact Kelly H by visiting the “contact us” tab on the [www.cnca06.org](http://www.cnca06.org) website.

**Public Information/ Cooperation with the Professional Community (PI/CPC)** meets at 11:00 am. For information contact Teddy B-W by visiting the “contact us” tab on the [www.cnca06.org](http://www.cnca06.org) website.

**Interpretation & Translation** Committee meets at 11:00 am. For information contact Michael Q by visiting the “contact us” tab on the [www.cnca06.org](http://www.cnca06.org) website.

**Web** Committee meets at 11:00 am. For information contact Robert E by visiting the “contact us” tab on the [www.cnca06.org](http://www.cnca06.org) website.

**DCMs & DCMCs** Sharing Sessions meet at 10 am

**Literature/Grapevine/La Vina** Sharing Session meets at 10 am. [www.aagrapevine.org](http://www.aagrapevine.org)

**Accessibilities** Sharing session meets at 10 am. For information visit the “contact us” tab on the [www.cnca06.org](http://www.cnca06.org) website

