



CNCA COMMENTS



A.A. Confidential—February 2019
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview — February 2019

Welcome to Panel 69 (again). One thing I have learned in sobriety is that repetition is helpful, and here in General Service, you might hear the same thing quite a few times. It can be tedious, but I know that, for me, repetition was also grounding, and it helped me focus and learn. So, yes, I want to welcome you, again, to the next two years and this General Service adventure.

It will be an adventure. It already started, with a pretty hectic Area Committee Meeting (ACM) in January. We accepted last month's minutes and financial report, approved the Finance Committee, passed a housekeeping motion to replace shelves in the Archives Repository, and discussed two motions about compensating translators of our written material (including agendas, minutes, materials in the Comments, and the Agenda Topic Summaries). We also heard an incredibly moving final report from the Hispanic Women's Workshop, and we continued discussion about potential changes to the structure of CNCA.

We also heard presentations on new proposals to make it possible to submit group consciences and request the Delegate through the Area website, and we forwarded two other motions to the Pre-Conference Assembly. Those motions – regarding the formation of a new Accessibility sub-committee and a request for a new pamphlet for transgender alcoholics – will be presented again at the Pre-Conference Assembly in April, where GSRs will have a chance to ask questions about the intent and wording.

That Pre-Conference Assembly is right around the corner, April 13 and 14 in Santa Rosa. Along with those two presentations of new business, we will also be discussing several motions in the morning business meeting on Saturday, and could vote on proposals to request new literature regarding meditation and to request a fifth edition of the *Big Book*. In the afternoon on Saturday and on Sunday, we will be hearing group consciences on the Agenda Topics.

The Service Manual describes assemblies as the “mainspring of the Conference structure – the democratic voice of the movement expressing itself.” I personally think they are far more than that. At the assemblies, and through the agenda topics process, AA is able to grow and change – and to continue to ensure that every alcoholic, no matter their circumstances, is able to find a life-saving message. By gathering the group consciences of the 2000-plus groups in our Area, we ensure that every possible way of saving someone's life is considered. So thank you in advance for your participation.

Your Area Officers will try to help however we can. By the time these *Comments* are mailed, we will have started to work on summarizing the massive amounts of background information available on the Agenda Topics into an Agenda Topic Summaries booklet, which could help you become more familiar with the topic and could help guide the group conscience discussion. Many Districts hold Agenda Topics Workshops, and PRAASA (in Irvine this March) sometimes includes additional discussion. AA happens anywhere, and all this discussion helps fulfill our primary purpose of helping an alcoholic who wants to stop drinking.

So, again, welcome to Panel 69, to the next two years and this General Service adventure. I think we will have a lot of fun, and that we will do a lot of good.

Excited about the possibilities,
Eric L.
CNCA Chair Panel 69

In General Service, we are all human agents of a higher power, carrying the message.

This is the promise of our 2nd Tradition, which together with our 12th Step and our 1st Concept provide the foundation of all we do.

As an alcoholic who has worked the 12 Steps, in order with a sponsor (and now does an imperfect job of trying to work those 12 Steps on a daily basis), I receive a spiritual awakening and that means I try to carry the message to alcoholics. But I have my limitations and so does my home group. So, as a fellowship, we coordinate those things my group and I can't do (such as the provision of a uniform literature that preserves the integrity of our message), these 'general services,' in as loose a structure as we can (9th Tradition). When I think about it that way, I am reminded that even though our discussions might seem abstract at times, this is all 12th Step work.

Our 1st Concept reminds me that everything we do in General Service should make the statement that the *final responsibility and ultimate authority reside in the collective conscience of our whole fellowship*, true.

When I have held those three principles uppermost in my mind, in whatever service commitment I have held, it's so much simpler.

But just to make it interesting, we also are endowed with a traditional *right of decision*, but I think I'll save that for next month!

By virtue of our 2nd Concept, the fellowship delegates its authority to the Conference. In our CNCA terms, that is the collective you--to me. Of course it's not just the authority that gets delegated, but also the responsibility and so, I get to come back from the General Service Conference and inform you all of what I saw, felt, and heard there. I will do that on June 15 in Vacaville at our Post-Conference Assembly. After that date, I am available to come visit your District and deliver an edited (for length) version that will probably evolve over time. Book me now! My schedule is open for 2019, and now booking for 2020 also!

Thank you for your trust and the opportunity to serve.

In love and service,

Teddy B.-W.

CNCA06 Panel 69 Delegate

Looking for Something?

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AREA COMMITTEE MEETING MINUTES FOR JANUARY 2019

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES FOR JANUARY 2019

The monthly committee meeting of CNCA was held January 19, 2019 at the Petaluma Community Center. Eric L. opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Teresa J. (District 01). Kim G. (District 15) read Tradition 01 and Mark D. (District 03) read Concept 01. There were three past Delegates present: Bob D. (Panel 36, Area 28), Woody R. (Panel 50, Area 07), and David N. (Panel 59), David N. currently serves as a General Service Trustee. There were 13 GSRs present and 26 new DCMs and 8 DCMCs present. The December 2018 minutes and financial report were accepted as printed in the CNCA Comments. Birthdays: 53 years. Registered attendance: Voting (51) / Non-voting (55)

Officer Reports

DELEGATE – TEDDY B.-W.: I am to serve on the Treatment and Accessibilities Committee of the Conference covering treatment centers and hospitals, Bridging the Gap, remote communities. Three districts have already scheduled their Delegate's report on the 69th Conference.

ALTERNATE DELEGATE – JENNIFER B.: Other Alternate Delegates from the Pacific Region and I are planning to get together as a group for lunch at PRAASA in addition to our roundtables. Alternate Delegate also serves as our Area PI/CPC Chair. Teddy and I had our first monthly dinner meeting this week.

CHAIR – ERIC L.: We have quite a bit of business today. Officers, DCMCs and committee chairs have given reports, please make sure to pick up a flash drive copy of the new edition of the Motions Book from the Recording Secretary; keep these flash drives, because they could be useful in terms of getting background information on the Agenda Topics next month.

TREASURER – LAURA W.: We have \$11,233 in our Checking Account, and \$11,140 in our Savings Account, for our Prudent Reserve. Please thank your groups for their continued contributions.

REGISTRAR – ERICA G.: I am just getting familiar with the registration process and systems. I've been registering people with GSO, GSR and DCM packets should be moving along, Comments may be delayed another month for new people. Everyone can check them out on our website.

RECORDING SECRETARY – MIGUEL H.: I just want to thank you for the opportunity to serve, please submit your report by email or place and or place a hard copy at the table, thank you in advance for your patience, for grammar purposes I will be audio recording the Business Meeting and will delete the digital file immediately after been used.

ASSEMBLY COORDINATOR – COREE H.: I'm really excited for it to be the first ACM of the panel! I've been enjoying visiting your Districts and getting to know some of you as we all learn and grow in service together. I have created preliminary flyers for the Pre-Conference; it looks like we're in for a really awesome assembly. We still need a bid for the Summer Assembly this year. If your district is interested in bidding, please let me know and I would love to provide you with the necessary documents.

LITERATURE/GRAPEVINE/LA VIÑA – MAGDALENA O.: We have 71 languages of the big book, The GV is promoting the GV 75 anniversary with a package of recovery tools. La Viña, so far has 137 issues with 30% of the stories written for women and 70% men. Visit our website aa-grapevine.org.

District Reports

DISTRICT 01 (MONTEREY) – SUSAN G.: Working hard in creation and approval of the 2019 budget. 2 GSRs will attend PRAASA with partial scholarship. Our intergroup birthday meeting/potluck invited GS, H&I, and Monterey roundup committee in December. Our visiting area officer held a mock group conscience session on the big book motion.

DISTRICT 02 (SALINAS/SAN BENITO) – BRIAN MCC.: We discussed co-hosting an assembly 2020, Electing a representative to attend PRRASA came forward. We planning an Agenda Topic sharing session, safety in AA and Secretaries workshop.

DISTRICT 03 (SANTA CRUZ) – MURIAS O'C.: Officers meeting working in taking a lot business, lot new GSRs in our first meeting, 3 new DCMs stepped up, took 2 cars to come to area, We discussed what to achieve next panel.

DISTRICT 04 (SANTA CLARA NORTH) – JULIE N.: Working in putting unity day back together, DCMCs filled, Dist . 04 guidelines in process.

DISTRICT 40 (SANTA CLARA SOUTH) – MANUEL R.: We

AREA COMMITTEE MEETING MINUTES FOR JANUARY 2019 (Cont.)

Welcome all the new GSRs and the Panel 69 officers. We had a presentation from visiting area officer on "what to expect in panel 69". We discussed about the Area Coffee service and we maybe will have an answer next area meeting. Agenda Topics Workshop March 16.

DISTRICT 05 (SAN MATEO) – MATT D.: We are planning our Agenda Topic Workshop, all but one DCM position filled. Area officer informed us intro to GS first timer.

DISTRICT 06 (SAN FRANCISCO) – JUSTIN H.: District 06 is focusing on inclusion, translation is very important,

DISTRICT 07 (ALAMEDA NORTH) – VIVIAN K.: We are looking forward to our first District meeting, our first order of business I Participation of new GSRs. The East Bay Intergroup, our Central Office had settled in its new home along with a new office manager and new office assistant, Rockridge Fellowship will have a secretary workshop. Our agenda topic workshop is going to be in March 10. Over 12 members showed up at the licking and sticking, fun gathering.

DISTRICT 70 (ALAMEDA SOUTH) – NORA H.: We have and upcoming Agenda Topics workshop in March, at out December district meeting we had our annual potluck, we had an area officer with a wonderful share, we have full complement on new officers, except for DCMs. We are looking forward to an awesome panel 69.

DISTRICT 08 (CONTRA COSTA) – RICHARD W.: Over 20 members attended our very first District meeting in January, we are sending active members to PRAASA, agenda topics workshop February 09, lunch will be provided.

DISTRICT 09 (SOLANO SOUTH) – STEVE M.: We spoke about getting the groups that have no representation involved in service, we planning in putting a safety in AA workshop, The DCMC position is currently vacant.

DISTRICT 90 (SOLANO NORTH) – TERRI M.: Happy for all the new faces, we utilized our first meeting to give tips and tools, We hosted an Inter-District workshop that we shared with Districts 09,11,13. Past Area Officer Tim D passed away. Tim celebrated 33 years in December and was the bedrock of love and service in our district.

DISTRICT 10 (MARIN) – GUSTY M.: We passed the 2019 budget, scholarship for PRAASA, We Having the Annual Agenda Topics Workshop in February 17. All but one DCM position are filled.

DISTRICT 11 (NAPA) – CHITRA S.: We are holding Officers/GSRs sharing meeting at 9:00am prior our District meeting, we have an open position for DCM, we collected group conscience on the meditation Pamphlet, we discussing the creation of District 11 guidelines, we talk about PRAASA, we were took part of the InterDistrict workshop.

DISTRICT 12 (SONOMA) – CLAUDIA N.: We are holding the 40th Agenda Topics Workshop; our Delegate will be there as well as other members from other districts and service entities. After the devastating fires in Paradise, chips and whatever else they could use in Butte County. There were drop off stations set up all over Sonoma County. Our members delivered about 325 books to the Butte County Fellowship. The remaining books, about 50 or so, grapevines, extra coffee mugs, and about 6 pounds of chips were ready to go soon after that a wonderful response by our Sonoma County Fellowship.

DISTRICT 13 (LAKE) – SHERRIE R.: No report.

DISTRICT 14 (MENDOCINO) – TIM D.: Looking forward for panel 69 budget 2019 no much to report we meeting tomorrow Sunday, should finalized the 2019 budget as well as discuss our new GSR orientation guide. Begin plans for unity day, Ukiah intergroup putting together, our first quarterly "Saturday Night Live" potluck.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – TIMOTHY F.: we created a Website Advisory committee, we had 12 new GSRs in our first meeting of the panel, we'll have new GSRs workshop at 1:00pm, we are all exited for this panel.

DISTRICT 16 (SPANISH CENTRAL) – EMMA M.: A past Delegate visited our District after 32 years with out a female DCMC, we are getting ready to attend PRAASA, couple positions open, we had 6 new GSRs attended our first meeting. Thank you.

DISTRICT 17 (SPANISH SOUTH) – FERNANDO R.: We received lots of new GSRs and we continue to motivate groups with no GSR, we make reservations and we're ready to attend PRAASA, thank you to the visiting area officer for the helpful information for the new GSRs.

DISTRICT 18 (SPANISH NORTH) – JOSE F.: We continue to meet two Sundays at month, we will have a new officers orientation meeting in Feb 3rd. today we planned the next Interdistrital along with the rest of

AREA COMMITTEE MEETING MINUTES FOR JANUARY 2019 (Cont.)

the linguistic districts DCMCs that will take place in March 31st.

DISTRICT 19 (SPANISH SOUTH SOUTH) – JULIO F.: We had our first meeting to present the new panel to the new GSRs, we revised the guidelines to create a new agenda, and we had a Q & A session with other visiting area officer.

DISTRICT 20 (SPANISH EAST) – JOSE M.: We had elections on Dec 10th. We continue to meet three times at month, 1st Mon-Study meeting, 3rd Mon-Business meeting and 4th Mon-Agenda Planning meeting. We'll met Jan 21st and we visiting groups to present the new District Committee and bring information related to GS and hoping they get to elect a new GSR. We did with the comments/Comentarios lick and stick with Dist 07.

Area Sub-Committees and Sharing Sessions

ARCHIVES – PAUL W.: Several events coming this month. Also shelves with archives broke, and we expend some time putting everything back in place. Sad news Robbie, a former member of Archives committee passed away.

BRIDGING THE GAP – LARRY B.: With 11 Districts reporting. BTG committee made 11 presentations with 51 requests. Our P.O. Box received 15 letters this month, included 4 major institutions, from Soledad, to Pelican Bay and 3 county jails, we also forwarded request to Nevada, Hawaii and CNIA. Our meeting was well attended including 6 new Chairs.

FINANCE – DENNIS H.: Finance committee meet for our first time for panel 69. We have our elections and I was elected Chair by the third legacy procedure.

PI/CPC – JENNIFER B.: The function of the Area PI/CPC committee. DCMCs: please forward me the contact info for your new PI and CPC chairs unless you are sure I already have it. One item of note is that the CPC Workbook was updated extensively last year. At our meeting today, we introduced ourselves and got the ball rolling with sharing on the topics: What is PI? And What is CPC? We elected a recording secretary, Jenny M.. We talked about the format of the meeting and started brainstorming ideas for upcoming topics to make the meeting valuable and fun.

WEBSITE – DREW B.: We did our elections. Pass it on has ready begin. Tech language translation will

be done. The new committee will get familiarize with the policies and procedures. We discussed the development of the Drupal site.

INTERPRETATION AND TRANSLATION – JAMES B.: We also did our elections. Remind you if you new to Area please bring your own radio; it could also be really helpful for to be inform in our next Pre Conference assembly.

CNCA COMMENTS / COMENTARIOS – KELLY H.: 13 people attended our lick & stick January 5th. We mailed 87 first class copies of the Comments, and 78 Comentarios were mailed via our bulk permit, along with 122 Comments. Both anonymity-protected versions were posted to the CNCA website by January 16.

NEWSLETTER AD HOC – RAY W.: We starting to work on our final report and hopefully have it ready in the next month.

DCM SHARING SESSION – SARAH B.: We elected a new recording secretary, great discussion on the format of the sharing session, next month we will have a presentation to share experience strength and hope on how to serve as a DCM.

ACCESSIBILITIES – KRIS W.: We discussed today's presentation and the last two years experience as a sharing session. We talked on why we came to the sharing session and ideas for future topics. Next month's presentation will be wheelchair accessibility.

LITERATURE/GRAPEVINE/LA VIÑA – MAGDALENO O.: Great sharing session well attended including 11 representatives, we just shared information emails and phone numbers we can start working with the 75 anniversary of the GV tool kit.

H&I – KAREN B.: Our next General Committee meeting is Sunday February 10. Last year cans collected \$40,000, which were expended in literature. We are moving forward with our pilot program for non-cleared volunteer's to sponsor prisoners at San Quentin.

YPAA – KRYSTAL M.: Feb 02 Solano county, Feb 2nd Solano county meeting & scavenges hunt ,Feb 9th NorCal Bid for ICYPAA meeting & Y2K dance Feb 16 Golden Gate YPAA meeting & Comedy show, please contact me if any district needs help with anything we are available to help.

LA VIÑA 23RD ANNIVERSARY – RAFAEL R.: We hold our meeting today at 9:00am we share information

AREA COMMITTEE MEETING MINUTES FOR JANUARY 2019 (Cont.)

from La Viña anniversary with the LV chair from the office in Santa. The committee will meet in January 27. 23rd Anniversary of LV 27-29 July.

HISPANIC WOMEN'S WORKSHOP – EMMA M. AND MARIA LUISA S.: Attendance was 180 women, including 11 members from Mexico. Area 05 did a workshop on how to practice the steps, how are the women in the traditions, Regional trustee attended, and Spanish pamphlets presentation. Almost two year ago Delegate just helped us. Past delegate helped too, thank you for helping me, with our service, my daughter was there with one year. Maria Luisa what area 06 is the heart of AA in my area to help us breeding, thank you at the members helping guiding, members in other places by Skype, the workshop experience will be published in LV.

FORO HISPANO – JORGE O.: We are in the process to complete the memories of the first Foro Hispano and the final treasurer's report. District 17 will host the next Foro Hispano.

Area Business

Passed finance committed

APPROVAL OF FINANCE COMMITTEE:

The Finance committee was introduced and approved of by the ACM.

HOUSEKEEPING MOTIONS:

That CNCA creates a web form for the submission of group conscience to the Delegate.-Presented by Teddy B.-W., Delegate

Presentation: Has We know GSRs come to the Pre-Conference Assembly and voice there groups conscience at the mic, we also accept group conscience writing and also by email. That's what we currently do. The panel 67 Delegate created a hard copy form. The purpose today is include this in case you're not able to met with the Delegate in person or not be able to attend the Pre-Conference Assembly and fill the form online the other benefit will be, receive readable group consciences and manipulate the information in a spreadsheet, the form will be created and place online in the CNCA06.org and the Delegate will be better inform. The form it's not designed to replace the existing ways, it's just to create a new more inclusive way to communicate.

Q: when was decided to take group consciences by email? A: do not know the answer for that Q: this will

be different than the content were it says send the delegate your group conscience? A: correct Q: it's this going to be connected to the registrar to make sure the information received actually come from a group? A: a could be where the can include the group number Q: It's there a way to make those accessible to the rest of GSRs like the assembly? A: it's going to be similar like email.

Objection was made will become new business

That CNCA purchase two 4-foot free standing shelving units for the Archives committee, to replace damaged shelves, at cost not exceed 200\$.-Presented by Paul, and Carol, Archives Committee.

Presentation: Same shelves we bought last year they're good quality.

Passed

PRESENTATION OF NEW BUSINESS:

That CNCA continue the work of the Accessibility Sharing Session by creating Accessibility Sub-Committee. The main purpose is to continue the sharing session and support the accessibilities work at the district level. - presented by the Accessibility Sharing Session

Presentation: we desired to continue the work and share information to make AAs message accessible, also provide workshops to show what groups and districts are doing the sub-Committee member will determinate with members from CNCA the intent its to elect a Chair and a Recording Secretary. Any financial needs will be address by motions at the area committee meeting and or assemblies.

No questions.

Motion will be Presentation of New Business at the Pre-Conference Assembly

That CNCA creates a web form to request the Delegate for events.- presented by Teddy B.-W., Delegate

Presentation: Assist groups Districts and the Delegate the schedule available for request. Groups can use this to request vents such Delegate reports, workshops, unity days etc.

Q: this will be the only way to request for those with no much experience with tech? A: this will be just another way to do it. Q: this will be handle by someone before you handle ling your appointments? A: no

AREA COMMITTEE MEETING MINUTES FOR JANUARY 2019 (Cont.)

Q: Did you considered to post a calendar online with dates when you'll be going and see when you are available A: I did considered that Q: what are we plan to solve with this form? A: just to bring more clarity to avoid any miss understanding Q: if some one send you a text or call you, then they have to go a fill the form in the website? A: ones I accepted or not I will shoot an email to the web committee Q: if we do this groups still be able to request emailing or other way? A: correct.

Motion will be New Business at the ACM in February.

That CNCA request that a pamphlet entitle "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produce.- presented by District 07 (Alameda North)

Presentation: This motion was proposed by the LGBT in Oakland Sub-District 02, was presented to the district in 2018. We voted with cero opposed. We have different groups for transgender, seems like we are increasing in the east bay. A could be helpful for people that's trying to get sober. We learn that AA was revising the LGBT pamphlet anyways. We discussed with Transgender alcoholics in our community with lots of improvement. Some issues 57% of the transgender suffer for some kind alcoholism or drug addiction. 20% at some point tried to suicide. Lots of people like me decided to the transition ones they got sober, there is very little literature with this experience going to the hormones and all the transition.

Q.: This pamphlet its just for the transgender member? A: its not just for that reason, we had some discussion and we can make amends, the wording of the motion is base on the solid transgender community here Q: Is this looking for our area to produce the pamphlet? A: this is for our area to request the pamphlet to AA Office in new york Q: Is this pamphlet going to address topics like the hormones and this kind of medication? A: yes a will be one of the complicities like therapist and medicate treatment.

Motion will be Presentation of New Business at the Pre-Conference Assembly

NEW BUSINESS:

That CNCA compensate the translators of written materials, pursuant to the I&T committee guidelines – At the rate of \$180 per month for the complete translation of the Comments/Comentarios; the agendas, minutes, and presentations of the area's standing committees,

subcommittees, and sharing sessions; and the agendas for the Area Committee Meeting and CNCA Assemblies –At \$20 a page for all other written materials. – presented by the Interpretation and Translation committee

Comments: We have been discussing this for 18 months, since we discussed the newsletters and it became apparent that the way we have been doing the translation is not sustainable. We have been using the same small group of people for the past five years. We looked at suggestions like using software programs (which do not work) or hiring professionals (which could be too expensive, since there would be fees for proofreading, editing and rush jobs). We looked at Tradition Eight, but since professional services would not be affordable, this is what we have come up with. Q: where the figures for the month come from? A: the number came out from the total charge of .08 cents per word Q: how the other translators feel with the work? A: I fell this isn't about the money, if this were about the money I will charge you .20 cents per word, very expensive this is to provide the information to the Hispanic speaking community. Q: if this option passed will prevent from a member that make himself available to translate without compensation? A: no Q: can we have this look by the finance committee? A: yes. / We compensate our special workers and this is an incredible service. I'm all in favor this is very generous/ just want to thank you for all the work to get the information out to people, you do and I hope the rest will support this motion / if we put a cap every month due to the variation of number of pages I will feel much better and more will inform still we discussed this at the I & T committee and we feel its convenient to implement this for the improve it the time line and get the Spanish translation done close to the comments time line, the experience show that the Comentarios been late.

Motion will be Old Business at the ACM in February.

That CNCA compensate the translators of the Agenda Topics Summaries, pursuant to the I & T committee guidelines, at the total annual rate of \$500.- presented by Interpretation and Translation Committee

Comments: seems like its very discounted still feel that more fear rate needs to be paid. / Q: we talking of the total \$500? A: yes \$500 each ha-ha joke Q: can you tell us about how much time do you expend in this job every year for one person? A: Agenda topics sum-

California Northern Coastal Area STATEMENT OF FINANCIAL POSITION

As of December 31, 2018

	TOTAL
ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	12,758.75
Prudent Reserve - Savings	11,140.00
Total Bank Accounts	\$ 23,898.75
Other Current Assets	
Assembly Deposits	725.00
Undeposited Funds	310.93
Total Other Current Assets	\$ 1,035.93
Total Current Assets	\$ 24,934.68
TOTAL ASSETS	\$ 24,934.68
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	32,313.45
Prudent Reserve ~ Savings	11,140.00
Net Revenue	-18,518.77
Total Equity	\$ 24,934.68
TOTAL LIABILITIES AND EQUITY	\$ 24,934.68

CNCA 2018 Budget vs. Actual Expenses through December 2018

California Northern Coastal Area BUDGET VS. ACTUALS: 2018 BUDGET - FY18 P&L January - December 2018 TOTAL

	ACTUAL	BUDGET	% OF BUDGET
Revenue			
002 Group Contributions	90,847.01	90,000.00	100.94 %
003 District Contributions	10,999.81	14,000.00	78.57 %
004 Assembly Contributions	6,538.59	8,000.00	81.73 %
005 Tradition 7, Area Comm.	4,119.68	3,250.00	126.76 %
006 H & I Archives Rent	575.00	575.00	100.00 %
007 CNCA Subscriptions		12.00	
008 Personal/Misc Contributions	2,586.66	1,200.00	215.56 %
010 Interest Income	3.89	4.70	82.77 %
Total Revenue	\$115,670.64	\$117,041.70	98.83 %
GROSS PROFIT	\$115,670.64	\$117,041.70	98.83 %
Expenditures			
013 Delegate Expense	9,386.82	8,676.75	108.18 %
038 Officer Expense	27,211.14	29,084.34	93.56 %
093 Committee Expenses	27,555.37	35,502.00	77.62 %
158 General Expenses	70,036.08	60,400.94	115.95 %
Total 012 EXPENSE	134,189.41	133,664.03	100.39 %
Total Expenditures	\$134,189.41	\$133,664.03	100.39 %
NET OPERATING REVENUE	-\$ 18,518.77	-\$ 16,622.33	111.41 %
NET REVENUE	-\$ 18,518.77	-\$ 16,622.33	111.41 %

Cash Basis Monday February 4, 2019 03:36 PM GMT-8

AREA COMMITTEE MEETING MINUTES FOR JANUARY 2019 (Cont.)

maries has a time limit last year we done it in 48 hours we worked over night cause we know it's important to have it ready Q: how you compensate when is a lot of members working? A: we work at the same time the money will be divided with those people? A: yes

Motion will be Old Business at the ACM in February.

DISCUSSION TOPICS:

Status of and possible Change to CNCA Structure.

Comments: we will get this emailed to all the area and keep talking about it next month.

"A.A. shares what they want to tell audience vs. what's relevant and meaningful to the audience."- member quote in the A.A. Internal/ External Communication Audit Report

Comments: I freak out when I saw this and I bring this to groups I was wondering if Area can put together a workshop in any assembly to break this down and understand, communicating this to groups is important / Agreed with the need of communication but I don't understand what the problem is, we can always address in our workshops / AA shares about GS what to share to our members but also depends if you sharing in a higher level of recovery and the audience when we share what we have to share vs., in early level recovery audience we share what we want to share / it's necessary to emphasize that the AAWS it's a service entity serving AA, it's not AA sending a message to an audience. We will drop this from the Agenda

WHAT'S IN YOUR MIND:

District 04 will make coffee next month / we talked about the two I&T motions for 18 months the method is not sustainable to open the door to better future adjustments / Sad announce-

ment, Raymundo's brother passed we'll have the service this Saturday for more info contact Juan / pre assembly dinner flyers or payments info contact Cindy / we like to have something in the lobby for guidance / GV audio recording if you know how to use is please contact me / Please return your radios to Marianne / Bill W documentary in Contra Costa County with Q & A , also play "in our own words" / happy to see new GSRs and new faces

Thank You for my Service,
Miguel H.
CNCA Panel 69 Recording Secretary

AREA COMMITTEE & ASSEMBLY MOTIONS

CNCA Motions – February 2019

Area Committee:

Assembly Bids:

Coffee Bids:

Housekeeping Motions:

That CNCA 06 replace the printer for the Area Treasurer at a cost not to exceed \$185.

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

- That CNCA compensate the translators of those written materials as are specified in the I&T committee guidelines – A. At the rate of \$180 per month for the complete translation of the Comments/Comentarios; the agendas, minutes, and presentations of the area's standing committees, subcommittees, and sharing sessions; and the agendas for the Area Committee Meeting and CNCA Assemblies. B. At \$20 a page for all other written materials. – presented by the Interpretation and Translation Committee
- That CNCA compensate the translators of the Agenda Topic Summaries, pursuant to the I&T committee guidelines, at the total annual rate of \$500. – presented by the Interpretation and Translation Committee

New Business at Area Committee Meeting:

- That CNCA creates a web form for the submission of group consciences to the Delegate.
- That CNCA creates a web form to request the Delegate for events.

Discussion topics:

Status of and Possible Change to CNCA Structure

Area Assembly Motions:

Redistricting Requests:

Presentation of New Business at Area Assembly:

- That CNCA continue the work of the Accessibilities Sharing Session by creating an Accessibilities Sub-committee. The main purpose is to continue the sharing session and support accessibilities work at the district level. – presented by the Accessibilities Sharing Session
- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – presented by District 07

Old Business at Area Assembly:

- That literature be developed sharing experience, strength and hope on meditation. – presented by District 90
- That the Trustees' Literature Committee add to its agenda to consider publishing a Fifth Edition of the Big Book, Alcoholics Anonymous, with updated stories to more broadly reflect our current fellowship, as well as updates or additions to Appendices III and V. – presented by District 40

New Business at the Area Assembly:

That CNCA establish a standing committee on Technology.

CALIFORNIA NORTHERN COASTAL AREA OF ALCOHOLICS ANONYMOUS

PRE-CONFERENCE ASSEMBLY 2019

“Our Big Book – 80 Years, 71 Languages”

SATURDAY/SUNDAY APRIL 13 & 14, 2019

**SANTA ROSA VETERANS MEMORIAL BUILDING
1351 MAPLE AVE, SANTA ROSA, CA 95404**

Saturday

8:15 - 9:15am Registration

9:15 - 9:30am Orientation

9:30am Business Meeting

12:00 – 1:00pm Lunch

1:00pm Remarks from the Delegate
Conference Process Review
Sharing on the Conference
Theme

1:30pm Group Consciences

5:00-5:30pm What's on your Mind?

Please clean up all your belongings

Sunday

8:00-9:00am Registration

9:00am Group Consciences

12:30-1pm What's on your Mind?

**(If extra time is needed to hear
group consciences, we will break
for lunch and return at 2pm to
continue)**

**BRING YOUR FM RADIO
FOR SIMULTANEOUS
INTERPRETATION**

March 1-3, 2019
Irvine Marriott
18000 Von Karman Ave
Irvine, CA 92612
1-855-995-7658



For Online registration, hotel
 reservations, transportation
 and general event
 information visit
www.PRAASA.org

Registration Opens Friday, 03/01/2019 at 8:00AM and **Closes** Sunday, 03/03/2019 at 9:00AM

First Name _____
 Last Name _____
 Name on Badge _____
 Street Address _____
 City _____ State _____
 Zip _____ Phone _____
 Email _____

Interpretation Provided:
 Espanol &

**Interpretation needs must be
 reserved by 02/01/2019**

Spanish (Espanol) ☐
 ASL ☐
 Other _____ ☐

AA ☐ AL-Anon ☐ Alateen ☐ Friend ☐

Is this your first PRAASA? Yes ☐ No ☐

Accessibility Needs:
 Hearing Impaired ☐
 Onsite Mobility Assistance ☐
 Other _____ ☐

AA Area/Service Position

Area # _____

AA Member	<input type="checkbox"/>	Delegate	<input type="checkbox"/>
Area Committee	<input type="checkbox"/>	Delegate - Alternate	<input type="checkbox"/>
District Committee	<input type="checkbox"/>	Delegate - Past	<input type="checkbox"/>
DCM	<input type="checkbox"/>	GSR	<input type="checkbox"/>
DCM - Alternate	<input type="checkbox"/>	GSR - Alternate	<input type="checkbox"/>
DCMC	<input type="checkbox"/>	Trustee	<input type="checkbox"/>
DCMC - Alternate	<input type="checkbox"/>	Trustee - Past	<input type="checkbox"/>

Mail in Registration Deadline
02/11/2019

Make Checks Payable to PRAASA 2019 mail to:
PRAASA 2019
30141 Antelope Rd, Suite D
P.O. Box 716
Menifee, CA 92584

Name on Card _____

Card Number _____

Expiration _____ CVV _____

☒ Visa ☐ MC ☐ AMEX ☐ DISC

I would like to Volunteer! ☐

I am interested in a 2 hour volunteer shift ☐

I am comfortable navigating a computer ☐

Event	Fee	Total
Registration	\$25.00	\$
Scholarship Donation		\$
Saturday Lunch Buffet		
Al-Anon/Anyone	\$40.00	\$
Delegates/Invited	\$40.00	\$
Past Delegates	\$40.00	\$
Saturday Night Banquet (Choose 1)		
Chicken	\$55.00	\$
Vegetarian	\$55.00	\$
TOTAL		\$

Early Bird meeting Thursday, 02/28/2019, 7-8:30pm (see program for AA meeting times)
Young Peoples Program Thursday, 02/28/2019 (See Event Program)

CNCA CALENDAR - PANEL 69

2019—Panel 69

February	23—Area Committee Meeting
March	1-3—PRAASA , Irvine Marriott, Irvine, CA https://praasa.org
	23—Area Committee Meeting
April	13—14—Pre Conference Assembly , Veteran's Memorial Building, Santa Rosa, hosted by District 12
	27—Area Committee Meeting
May	19—25 General Service Conference , NY
	25—Area Committee Meeting
June	15—Post Conference Assembly , Ulati Community Center, Vacaville, hosted by District 90
	22—Area Committee Meeting
July	27—Area Committee Meeting
August	10—Summer Assembly , tbd
	24—Area Committee Meeting
September	28—Area Committee Meeting
October	26—Area Committee Meeting
November	2—Inventory Assembly , St. Mary's Cathedral, San Francisco, hosted by District 06
	23—Area Committee Meeting
December	21—Area Committee Meeting (Note: 3rd Saturday)

2020—Panel 69

January	tbd—Area Committee Meeting (Likely 3 rd Saturday)
February	22—Area Committee Meeting
March	6-8—PRAASA (Area 3, Arizona)
	28—Area Committee Meeting
April	4-5—Pre Conference Assembly , tbd
	19-25, General Service Conference , NY
	25—Area Committee Meeting
May	16—Post Conference Assembly , tbd
	23—Area Committee Meeting
June	27—Area Committee Meeting
July	2-5—International Convention , COBO Center, Detroit, MI
	25—Area Committee Meeting
August	8—Summer Assembly , tbd
	21-23, Pacific Regional Forum , Las Vegas, NV
	22—Area Committee Meeting (Note: possible date change)
September	26—Area Committee Meeting
October	24—Area Committee Meeting
November	14—Election Assembly , tbd
	28—Area Committee Meeting
December	19—Area Committee Meeting (Note: 3rd Saturday)

PANEL 69 ASSEMBLY DATES

2019 Pre-Conference Assembly

April 13-14, Santa Rosa Veterans Building, Santa Rosa (Hosted by District 12)

2019 Post-Conference Assembly

June 15, Ulati Community Center, Vacaville (Hosted by District 90)

2019 Summer Assembly

August 10

2019 Fall Inventory Assembly

November 2, St. Mary's Cathedral, San Francisco (Hosted by District 06)

2020 Pre-Conference Assembly

April 4-5

2020 Post-Conference Assembly

May 16

2020 Summer Assembly

August 8

2020 Fall Election Assembly

November 14

If your District is considering making a bid for a Panel 69 Assembly, please contact the Assembly Coordinator Coree H. at assemblycoordinator.p69@cnca06.org.

CNCA Comments & Comentarios de ACNC Subscription Information

CNCA Comments/Comentarios

Subscription Request form: For a one-year subscription, send a \$6.00 check or money order payable to CNCA, with this form to:

CNCA Comments/Comentarios de ACNC
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San Francisco, CA 94188-4222

Name: _____

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City: _____

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CNCA Comments Comentarios de ACNC

(please mark one)

If you are not receiving your copy of the Comments/ Comentarios or have questions about your subscription, please contact your District Registrar. Registered GSRs and DCMs receive a complimentary copy.

CNCA Comments Advisor

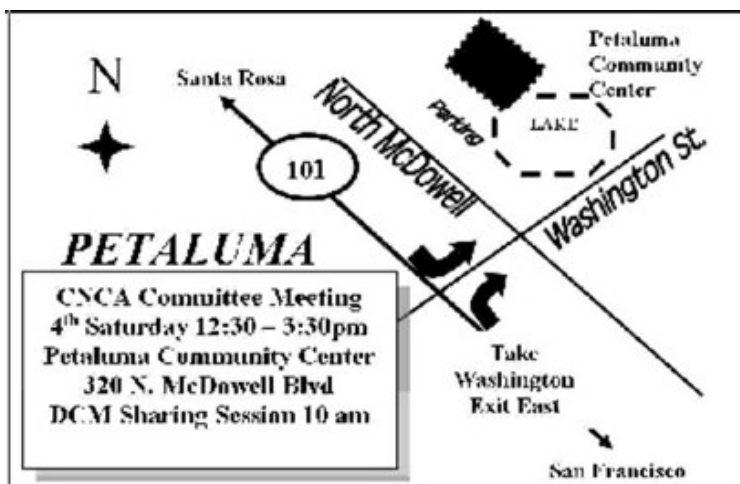
Eric L.
408-621-4809

Comentarios de ACNC Advisor

Miguel H.
408-207-7401

CNCA Comments/ Comentarios de ACNC Editor

Kelly H.
510-604-4188



**BRING YOUR FM RADIO TO AREA ASSEMBLIES AND AREA COMMITTEE MEETINGS
FOR SIMULTANEOUS INTERPRETATION AND ASSISTED LISTENING**

Panel 69 Area Officers & Area Meeting Information

Delegate

Teddy B.-W.
delegate.p69@cnc06.org

Alternate Delegate

Jennifer B.
altdelegate.p69@cnca06.org

Chair

Eric L.
chair.p69@cnca06.org

Treasurer

Laura W.
treasurer@cnca06.org

Registrar

Erica G.
registrar.p69@cnca06.org

Recording Secretary

Miguel H.
recordingsecretary.p69.org

Assembly Coordinator

Coree H.
Assemblycoordinator.p69
@cnca06.org

Literature/Grapevine Chair

Magdaleno O.
Grape-
vinelavina.p69@cnca06.org

Pacific Regional Trustee

Kathi F.
prtrustee@centurylink.net

General Service Office

P.O. Box 459
Grand Central Station
New York, NY 10163
212-870-3400
www.aa.org

CNCA

P.O. Box 884222
San Francisco, CA 94188-4222
www.cnca06.org

Northern California H&I Committee

P.O. Box 192490
San Francisco, CA 94119-2490
(Contributions)
www.handinorcal.org

CNCA Standing Committees & Sharing Sessions

are the 4th Saturday every month (3rd Saturdays in December, and often January)
Committees and Sharing Sessions meet in the mornings,
the Area Business Meeting is held from 12:30—3:30 pm.

Archives committee meets at 11:00 am. For information contact Denise G. at archiveschair.p69@cnca06.org. The Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597. Archives workday is at 193 Mayhew Way.

Bridging the Gap committee meets at 11:00 am. For information contact Larry B. at btgchair.p69@cnca06.org. The BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets at 11:00 am. For information contact Jennifer B. at altdelegate.p69@cnca06.org.

Interpretation & Translation committee meets at 11:00 am. For information contact James B. at translation.p69@cnca06.org.

Web committee meets at 11:00 am. For information contact Drew B. at webchair.p69@cnca06.org.

DCMs' & DCMCs' sharing sessions meet at 10:00 am.

Literature/Grapevine/La Vina sharing session meets at 10:00 am. www.aagrapevine.org

Accessibilities sharing session meets at 10:00 am; for information contact access@cnca06.org.

**BRING YOUR FM RADIO FOR SIMULTANEOUS SPANISH/ENGLISH INTERPRETATION
AND ASSISTED LISTENING**