



CNCA COMMENTS



A.A. Confidential—June 2019
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview

I recently went on a Twelfth Step call, and talking to this potential future member reminded me of just how scary early sobriety was. His life is – right now – a mess. His boyfriend is kicking him out, he just lost his job, and he has a number of medical and psychiatric problems he hasn't dealt with in a while. What struck me most about our conversation, though, was just how scared he was – and how willing he was to do whatever it takes to get sober. The one thing he was most scared of was, "How much does AA cost?" His face flooded with relief when I explained that AA was free. At least now he had one less thing to worry about.

I participate in General Service because I want AA to remain accessible to anyone who needs our message. And, at least right now, there is at least one opportunity to continue to participate. We now have an opening on the Interpretation and Translation committee; anyone who is interested should submit their name to any Area Officer prior to June 22.

Another opportunity to participate is at the upcoming Summer Assembly, held September 14 in Petaluma. We are currently seeking out workshop topics for the assembly; these topics open up discussions about important topics of relevance in 21st century AA like anonymity, accessibility, finances, history, humility, humor, attraction, public relations, social media, and organizational structure. Any suggested topics are due in July.

In the Comments, starting this month, we will be featuring arguments in support and opposed to pending motions at the assembly. This month, several members of the Area have already written arguments regarding the motions to create a technology standing committee and the accessibilities committee. Next month, the arguments in support and opposed to the transgender pamphlet request will be printed.

Finally, at the Area Committee meeting, we remain quite busy. This past month, we heard a presentation regarding interpretation at the officer's meeting, continued discussing funding for liaisons to the Hispanic Women's Workshop, continued discussing a new position for the Archives committee, discussed whether Area Assemblies are open or closed meetings, and heard the final report from the ad hoc on our Area newsletters (that final report is also available from your DCMC). This coming month, there are numerous house-keeping motions on the agenda, as well as bids for the 2020 Election Assembly. It should be pretty exciting.

So back to that newcomer... I went to pick him up for his first meeting yesterday, and he wasn't quite ready. He told me that his boyfriend was kicking him out, and that because he lost his job, he had to scramble to find a new place to stay. He wasn't sure he could give up his best friend – alcohol – just yet. But he wants to. He is hopeful he will find his way into AA, especially now that he knows that it is free. I am so glad we keep the doors open for him.

Grateful for this service,
Eric L.
CNCA Chair Panel 69

Hi, everyone!

Jennifer here. It's a small-t tradition for the Alternate Delegate to write this article while our Delegate is either away at the General Service Conference or busy working on the report about the experience. I have spoken with Teddy and I know you are in for a treat as he tells the tale of what he saw, heard and felt during the week-long experience in New York.

Each Delegate has a different story to tell, in part because the topics on the agenda are different each year and also because each Delegate has their own perspective. And there is something so magical about this first report. I encourage you to bring friends or sponsees to the assembly or invite them to attend the report in your home districts when Teddy comes to tell the story again. And don't be afraid to ask questions if you don't understand something. We will also get digital and printed Final Conference Report books later in the year detailing everything that happened. You can share those books with others, but it's not quite the same as hearing the first-hand experience.

My very first Post-Conference Assembly was ten years ago, in 2009, and while I didn't fully understand all of the report, I remember how it made me feel. It was an incredibly spiritual experience hearing my first Delegate describe what happened with an agenda topic that I felt strongly about. And even though it didn't turn out the way I thought it should, knowing how thoroughly it was debated and that it mattered to him and those strangers in New York filled me with a profound sense of gratitude and ignited a passion for participation in service that continues to this day.

Part of the challenge in General Service is making the connection between what happens at the General Service Conference and how it helps the alcoholic stumbling alone in the darkness, or still suffering inside the rooms. Teddy will do a wonderful job of connecting some of those dots I'm sure. And I encourage each of you as you listen to the story of the work that was done and the love behind it, to find a way to make that connection and share that with your groups.

Thank you for your service,
Jennifer B.
Panel 69 Alternate Delegate

Looking for Something?

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AREA COMMITTEE MEETING MINUTES FOR MAY 2019

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES FOR MAY 2019

The monthly committee meeting of CNCA was held April 27, 2019 at the Petaluma Community Center. Eric L. opened the meeting at 12:30, followed by the Serenity Prayer. The AA Preamble was read by Javier L. (District 20). Manish G. (District 07) read Tradition 05, and Tina McD. (District 70) read Concept 05. There were six past Delegates present: Joann L., (Panel 67) Diane O. (Panel 35) Raymundo L. (Panel 63), Ken M. (Panel 61), Woody R. (Panel 50, CNIA), Bob D. (Panel 36, Maine). There were five GSRs present and 2 new DCMs. The April 2019 minutes and financial report were accepted as printed in the *CNCA Comments: Birthdays: 83 years*
Registered attendance: Voting (51) / Non-voting (46)

Officer Reports

DELEGATE – TEDDY B.-W.: Teddy was at the 2019 General Service Conference.

ALTERNATE DELEGATE – JENNIFER B.: Teddy was elected to be the chair of the Treatment and Accessibilities Committee. About the 5th edition of the Big Book, the entire Conference voted and it did not achieve the 2/3 it needed to pass.

CHAIR – ERIC L.: At the Assembly, we will continue discussing the four items on our agenda. In the afternoon, we will hear presentations on the Conference theme and then hear Teddy's report from the Conference. That will be interpreted in Spanish and in American Sign Language.

TREASURER – LAURA W.: As of today, we have a little over 10,000 in our operating

funds in addition to our prudent reserve which is just over 11,000. Although we have many expenses coming up soon are doing well financially.

REGISTRAR – ERICA G.: To people who haven't received their packets I been working on reconciling our information against GSOs dating back to last year to make sure everything is accurate.

RECORDING SECRETARY – MIGUEL H.: I keep working taking notes and working to do better service each day, we still have on copy left of the motions book. We have updated the area map and our Chair will share that with your DCMCs and also will be post on the cnca06.org website.

ASSEMBLY COORDINATOR – COREE H.: The Post-Conference Assembly is going to be held on June 15 at the Ulatis Community Center. If you're working making a Bid, please get the final bid forms to me as soon as possible so we can start getting ready to lock in assemblies for Panel 71.

LITERATURE/GRAPEVINE/LA VIÑA – MAGDALENO O.: The new Book "Our Great Responsibility" is now available in English Spanish and French. If you like to participate with the GV/LV carrying the message project please some and see me. If some one is interested in making a GV/LV workshop please let us know.

District Reports

DISTRICT 01 (MONTEREY) – SUSAN G.: We held a sharing session with representation from H&I to discuss collaboration on an event with Salinas General Service. Monterey Round-Up will held over Labor Day weekend. A literature table is planned for Unity Day in June 9.

DISTRICT 02 (SALINAS/SAN BENITO) – BRIAN McC.: No report.

AREA COMMITTEE MEETING MINUTES FOR MAY 2019 (Cont.)

DISTRICT 03 (SANTA CRUZ) – MURIAS O’C.: We have two DCM positions open. We plan to send one to send members to the post-conference. PI its doing wonderful. BTG chair its doing great. Archives is making a new display. We discuss a motion about having a liaison for better relationship with al-anon. we talked about how our GSRs stimulate their groups going to assemblies.

DISTRICT 04 (SANTA CLARA NORTH) – JULIE N.: I like to thank our visiting area officer for talking on the Conference and the cheat sheets were shared. We discussed a motion on having a workshop on the charter and bylaws. Unity Day has a brad new facility and we are excited to attend.

DISTRICT 40 (SANTA CLARA SOUTH) – MA-
NUEL R.: We have a full agenda and we changed the format a little bit. We talked about the CNCA assembly motions and we used some time for Q&A. Our visiting area officer talked about the Post-Conference assembly. We passed a motion to host an assembly in 2020, we will present the bid at the June ACM.

DISTRICT 05 (SAN MATEO) – MATT D.: Our unity day will be on Unity Day – June 21st from 12:00 -4:00pm a need Area support from Archives & Grapevine.

Visiting Area Officer Presentation on 2019 GSC, Committee Consideration & Advisory Action. We had a discussion what people would like to see happen this panel. Led to people sharing opinions on Big Book Language, “To Wives”. Opinions and ideas we have heard from other districts at the Pre-Conference assembly and beyond.

DISTRICT 06 (SAN FRANCISCO) – JUSTIN H.: We continue to educate and inform the District Members about their role in General

Service.

Next month we will focus on District Members sharing their Pre-Conference Assembly Experience/Strength/Hope. As resources as we strive to maintain interest and participation after the Agenda Topic fervor wears off. San Francisco and Marin Intergroup is hosting Founder’s Day on June 8th, Preview scenes from “I am Responsible” prior the Speaker Meeting.

DISTRICT 07 (ALAMEDA NORTH) – VIVIAN K.: I Our local PC/CPC is planning a project to place “Living Sobers” in al neighborhood sidewalk mini libraries. Our five Subdistricts had their second meeting this month. One of our Subdistrict is gearing up to reach out to groups and meetings that are not yet represented by GSRs.

DISTRICT 70 (ALAMEDA SOUTH) – DENAMARIE M.: We are working right along getting to know each other and working as a team. We are planning our BBQ put lock Delegates Report on July 28. East bay Intergroup is holding an event on August 16.

DISTRICT 08 (CONTRA COSTA) – RICHARD .: At our District meeting we passed a house-keeping motion “having District Inventory to be completed by 2020”. In June we will continue the discussion on a motion form a Sub District regarding the 6 guaranties and we will have a presentation on the 7th tradition. We having our potluck delegates report on July 2.

DISTRICT 09 (SOLANO SOUTH) – STEVE M.: We talked what we should do as a District and GSRs to serve better to our groups, we took these to our groups. We filled our Liaison to intergroup position. We have a DCM position open.

DISTRICT 90 (SOLANO NORTH) – TERRI M.:

AREA COMMITTEE MEETING MINUTES FOR MAY 2019 (Cont.)

All is going well. We are keeping pretty busy getting everything set for the Pre-Assembly Dinner as well as the Post-Conference Assembly.

DISTRICT 10 (MARIN) – GUSTY M.: We welcomed one new GSR and one alternate GSR along with other two visitors checking out General Service. We have two DCM open positions. Summer Assembly planning with District 18 its going well. We'll see you all on September 14.

DISTRICT 11 (NAPA) – CHITRA S.: our weekly beginners meeting is struggling in attendance as it is founded by our district we discuss and make decisions on the meeting, changing the day of the meeting, making flyers for the meeting, having newcomer's table at the monthly birthday meeting. Our archives and registrar position have been filled. We tabled our inventory questions inventory.

DISTRICT 12 (SONOMA) – CLAUDIA N.: We are all looking forward to the Post Conference Assembly. District 12 Delegates BBQ on July 1st. Our Access Committee will be hosting an event July 20th - "Mental Health in Sobriety Workshop" Sharing experience, strength and hope on living with mental health issues in sobriety.

DISTRICT 13 (LAKE) – SHERRIE R.: Thank you to our CNCA 06 visiting officer who educated us on the history and responsibility of our PI/CPC Committees. Our GSR's are dealing with issues regarding safety in meetings. Meeting are doing well and continue to grow. We are in the process of doing an Archives inventory and discussing how this serves Lake County and our CNCA 06 Area. Our annual Soberfest June 21-23.

DISTRICT 14 (MENDOCINO) – AMY M.: We

had successful unity day weekend a was very fun & informative. Our MENDYPAA committee had elections is fire up for their second year.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – TIMOTHY F.: We are working lot in our website, looks much better and modern. It's helpful to have all connected with data, we are planning on sending our web chair to technology workshop in Kentucky there's could be lots of value. Our PI CPC still chair still open. Our unity day will take place on July 13. We had a discussion on getting an spread sheet for our treasurer.

DISTRICT 16 (SPANISH CENTRAL) – EMMA M.: Our DCMs are working and we keep visiting dark groups with to GSRs. We preparing for the 33 anniversary of District 16 on July 14. We are reaching out women in different institutions we have open doors to bring information. We are ready to attend the Post-Conference Assembly.

DISTRICT 17 (SPANISH SOUTH) – FERNANDO R.: Our district keeps working and visiting groups without GSR. Delegates report date June 23. June 30, the 29th anniversary of our District. The date for the Interdistrictal July 21st , We continue to work on the planning of the Foro Hispanic on October 25, 2020. We are to attend the Post-Conference Assembly.

DISTRICT 18 (SPANISH NORTH) – JOSE F.: We will have a General Service event June. We are ready to attend the Post-Conference Assembly. Sad news the Serenidad group from our District had to closed this month. The committees continue functioning on their duties.

DISTRICT 19 (SPANISH SOUTH SOUTH) – JULIO F.: We had our service manual the first Tuesday. We had activities on PI/CPC. We currently have 5 open positions. We discussion the creation of a finance commit-

AREA COMMITTEE MEETING MINUTES FOR MAY 2019 (Cont.)

tee to increase our 2019 budget. We had a workshop to explore the aa.org website.

DISTRICT 20 (SPANISH EAST) – JOSE M.: We are working motivating groups with out GSRs. We attended the Communications of United Committees meeting in Sacramento. We will discuss two motions at our next meeting, “financing Dist 20 to attend the 23rd anniversary of LV” “ to finance the BTG committee to attend the 29th workshop to take place in Sacramento on September”. We continue supporting the *Comments & Comentarios* lick and stick.

Area Sub-Committees and Sharing Sessions

ARCHIVES – DENISE G.: Archives Agenda remains full, the May Archives Workshop was well attended, we are working on the organization of Archives materials and two new displays. Our historian is currently working on request for CNCA history on a specific topic. Next workday is June 8 you all are welcome.

BRIDGING THE GAP – LARRY B.: Over the last two months the BTG committee has been discussing how to balance the opportunity to attend the BTGWW when it will be held in California second time in its 29 years history. The Area BTG Committee for Area annual forum in 2019 in order to put out efforts into supporting and attending the BGT workshop weekend in Sacramento. We will discuss more next month. We would encourage to attend our sharing session if your dist doesn't have a Chair.

FINANCE –KATHY P.: Welcome Bob F. From District 12 who's is our newest committee member and cash counter. Please thank our groups for their contributions, 2020 budget worksheet have been updated. We welcome

electronic contributions via Square.

PI/CPC – JENNIFER B.: In our meeting today we talked about ways to stimulate interest in PI/CPC work. And next month we will be reviewing the CPC workbook. May 18th -21st, we staffed a presence at the American Psychiatric Association's annual conference, there were over 16,000 people there from around the globe. We talked to doctors, medical students, social workers and nurses from around the world.

WEBSITE – DREW B. : We Continuing update the site- you may have noticed some cosmetic changes to it. We are now actively working with both Finance & Archives committees to execute on area motions to provide their services on the website.

INTERPRETATION AND TRANSLATION – JAMES B.: We lost a radio at the pre-conference. We discussed the radios and the quality we are looking to replace with digital. About document to be translated please send documents with a week in advance.

CNCA COMMENTS / COMENTARIOS– KELLY H.: Production was delayed one week this month, due to a complex repair our copier required, but both editions were posted at cnca06.org by May 17. Thanks to the I&T & Web Committees for their help. 13 people came to the Lick and Stick and we finished in 3 hours. Several GSRs also helped prepare envelopes at the Pre-Conference Assembly, we will continue the fun Post Conference Assembly. 1222 copies of this month's *Comments & Comentarios* were mailed May 18 & 20.

CNCA STRUCTURE AD HOC – JUSTIN H.: We have 6 members working in the committee. We have reach out attorneys doing personal

AREA COMMITTEE MEETING MINUTES FOR MAY 2019 (Cont.)

interviews, we been reaching out other areas and comparing what differences they have found with our own area, some areas founded surprising that we are still not incorporated corporation. We will be follow it with other areas once the Delegate get back from the General Service Conference.

DCM SHARING SESSION – SARAH B.: We had a great presentation from Francine B., GSR from District 40, on “communicating conference reports to GSRs and groups”. She framed with a brief history on how the General Service Conference came to be as a means to close the gap between what was then The Alcoholic Foundation and A.A. Groups. With emphases on conveying enthusiasm, educating about the Conference and its purpose for the future of AA. A strong theme was encouraging group members to attend the Post Conference Assembly and other events where they can hear the Delegate’s report live. Next month our topic will be dispelling the “myth that General Service is political.

ACCESSIBILITIES – KRIS W.: We had a discussion of Accessibility presence at the Summer Assembly, specializing in our Delegate’s Remote Communities. We defined Remote Communities as a Geographic, Cultural and Linguistic but we don’t limit the possibilities. Discussion of upcoming motion at Area Assembly for our sharing session to become an Area Sub-Committee.

LITERATURE/GRAPEVINE/LA VIÑA –

MAGDALENO O.: We had a great sharing we talk about the message project to the jails; we talked about establishing a committee for GV and LV to work together not just a

Chair and we will discuss this next on June.
H&I – KAREN B.: No report
NCCAA– ROBERT G.: CONFEREN IN JUNE c
Conference coming up June 7th – 9th we will be voting in three motions, “have steering committee meetings be a rotation meeting in different cities” “Go to two Conference per year eliminating the June Conference” “That the Chair person has experience serving with NCCAA in any capacity with minimum of 10 years”

YPAA: KRystal M.: Sonoma County Young People. 15 year anniversary May 25th. Norcal Bid for ICYPAA in Vacaville May 25th. SOCYPAA bonfire campout pleasure cove Lake Berryessa June 14th to 15th. EBYPAA capture big book Richmond June 15th. SCYPAA water wars Campbell June 16th. PENYPAA open mic San Mateo June 22nd.
LA VIÑA 23RD ANNIVERSARY – ABEL M.: We visited district 02 Area in 93, we were invited to District 54 in Sacramento we did a workshop in District 53. We attended the 18th Foro de Servicios Generales in Area 42 Las Vegas. Till today Area 06 has 100 of La Viña registrations for the 23rd Aniversario. We had a table at the Congreso Hispano in District 19, thank you for invited us.
HISPANIC WOMEN’S WORKSHOP – ANA V. AND SANDRA G.: We had our first meeting with other areas by Skype. We are working on the guideline and budget trying not exceed 4,000. We will start working with the logo and them. We approved to do a raffle at the event. We count with a I&T committee. We will visit District 18 in June. Our next meeting will be at the 23rd anniversary of La Viña.

CNCA 2018 BUDGET VS. ACTUAL EXPENSES THROUGH APRIL 2019

BUDGET VS. ACTUALS: 2019 BUDGET - FY19 P&L January - April, 2019 TOTAL

	ACTUAL	BUDGET	% OF BUDGET
Revenue			
002 Group Contributions	28,839.35	31,075.00	92.81%
003 District Contributions	2,550.00	3,500.01	72.86%
005 Tradition 7, Area Comm.	1,575.10	1,060.00	148.59%
007 CNCA Subscriptions	0	12.00	
008 Personal/Misc Contributions	100.98	300.00	33.66%
010 Interest Income	2.66	1.26	211.11%
Total Revenue	\$33,068.09	\$35,948.27	91.99%
GROSS PROFIT	\$33,068.09	\$35,948.27	91.99%
Expenditures 012 EXPENSE			
013 Delegate Expense	2,974.16	1,993.99	149.16%
038 Officer Expense	7,028.54	8,852.54	79.40%
093 Committee Expenses	4,512.97	8,243.63	54.74%
158 General Expenses	11,702.91	5,016.00	233.31%
Total 012 EXPENSE	26,218.58	24,106.16	108.76%
Total Expenditures	\$26,218.58	\$24,106.16	108.76%
NET OPERATING REVENUE	\$6,849.51	\$11,842.11	57.84%
NET REVENUE	\$6,681.51	\$11,842.11	56.42%

BALANCE SHEET APRIL 2019

California Northern Coastal Area STATEMENT OF FINANCIAL POSITION As of April 30, 2019

TOTAL ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	\$21,151.93
Prudent Reserve - Savings	\$11,140.36
Total Bank Accounts	\$20,520.75
Other Current Assets Assembly Deposits	\$725.00
Total Other Current Assets	\$11,771.54
Total Current Assets	\$32,292.29
TOTAL ASSETS	\$32,292.29
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	\$14,470.78
Prudent Reserve ~ Savings	\$11,140.00
Net Revenue	\$6,681.51
Total Equity	\$32,292.29
TOTAL LIABILITIES AND EQUITY	\$32,292.29

AREA COMMITTEE MEETING MINUTES FOR MAY 2019 (Cont.)

Housekeeping Motions:

That CNCA send a representative from the Archives committee to the 23rd National Archives Workshop in Detroit, Michigan at a cost not to exceed \$1300. – *presented by the Archives committee*

No Objections; Motion passes

Assembly Bids:

Post Conference Assembly 2020 Bid Revision – *presented by Districts 02, 03, and 19*
The venue its going to have an event we need to change the date to May 30, 2020. Also the number of the food went from 400 to 350 people, the total ox the expenses is budgeted in 6,000.

Simple majority, 0 against, 0 abstentions.

Bid Revision Approved

Presentation of New Business:

That CNCA provide two hours of professional Spanish/English interpretation, if requested, during the monthly Area Officer meeting at the rate of \$75 per hour. – *presented by Eric L., Chair; motion seconded*

Every month after the ACM Area Officers meet for a closed meeting from between 90 minutes and three hours. At this meeting, we discuss specific needs for each service commitment, Assemblies and review the needs of our sub-committees, standing committees and sharing sessions, and discuss our visits to all of the Districts. The meeting has always been run in English. The understanding is that interpretation has not been needed. But the availability of interpretation – if needed – is not currently available. Whether the interpretation were used or not would be a deci-

sion made each panel. If used, this would cost \$150 each month, for a total of \$1800 a year. The rate of \$75 an hour was obtained by contacting the professional interpreters we currently use; one of them offered us this rate which was the lowest we were able to find, and this rate would be in lieu of mileage reimbursement or hotel stays. And I specified professional interpretation so as to maintain the closed nature of the Area Officer meeting.

Q: 75 dls will include reimbursement. ? A: No is 75 dls total it's the lowest we find Q: the intent is to use the will need FM equipment ? A: We wont need any equipment. Q: We will decided the need of this in every panel? A: No, we can decide every time as need. Q: Timing its really only two hours ? A: Most of the time a takes two hours to cover all the agenda, officers meeting can be done in two hours.

Motion moved to New Business at the Area Committee meeting in June

New Business:

“That CNCA fund two liaisons to participate in the 4th Annual Hispanic Women's Workshop to be held December 7, 2019 in Mid-Southern California Area 09, at a cost not to exceed \$1300”. – *presented by Jennifer B., Alternate Delegate; motion seconded*
Personal opinions: Yes we need a liaison and carry the message back and forward / I had the opportunity and area help with the money and we didn't used all its just for the budget and future references / now the committee its inviting us to be part of in different areas a could be helpful to have a liaison ohh I see a pork, wonderful *haha* its this involved

AREA COMMITTEE MEETING MINUTES FOR MAY 2019 (Cont.)

with PI/CPC ? we need more information on the duties / its our money not my money its great we discussing this / CNCA helped participated last year helping to be connected its correct / the pig kept distracting people on the microphone again *haha* / the hotel could be 150 dls, the lowest its 120 dls I did research in my own we have to make sure that's enough / it's a great opportunity to have women participating / Q: its too late to fix this? Maybe the members wont have any extra money a could be more than that / Q: why financing two liaisons and no one? A: Each Area participating at this event has two liaisons.

Motion moved to Old Business at the Area Committee meeting in June

“That the CNCA Archives committee create a Digital Systems Administrator role to plan, build, and manage the CNCA Archival systems”. – *presented by the Archives committee*

Personal opinions: I like Archives / Somebody mention lack of platform to archive this material / we have lots of information at our depository will be good to have this organized and have available to members im actually member of archives committee but I don't have the capability / motion is made cause we don't know other way to have this done could be done / I know slack its very effective we use it at our district it's a good way to make information accessible / do we have more information in how a could look like ot more background? / Archives committee member: I like archives it's a great idea / we have oral archives information we have the need to conserve this and the info don't get lost / we have great information and we

constantly getting more material and we trying to digitize this information as a arrives but it's a lot.

Motion moved to New Business at the Area Committee meeting in June

Presentation:

Newsletter Ad Hoc Final Report:

We looked at the content of the Comments/ Comentaros and were satisfied with information they contained, we generally felt that they provided all the information that CNCA needs. It does not contain extraneous or non-relevant information. The only change that we would recommend is to move the index from the bottom of the second page to the bottom of the second page. The production and distribution is a complicated process involving many individuals and committees. The committee felts that the responsibility of the translation lies with the interpretation committee.

Note: *Full Report emailed to DCMCs.*

Discussion: Great information to the point, that was the intention keep the good work / we are happy to move Contents info. to page one from page two next month / ill like to move some pages to make the type less confusing and easier to read / 8 ½ by 11 is more universal use / Q: the process behind the content. Its possible to archival material, if we read the Comments we can understand it? Also feel that we can understand the minutes more if we attend the Area Meeting / A: since it's the ad hoc committee we can't tell the recording secretary how to do the job / CNCA Comments are part of this discussion at all? A: No three panel back we talked about this and we discussed to be discontinue and we choose to keep

AREA COMMITTEE MEETING MINUTES FOR MAY 2019

them / we discussed long but it is possible it's up to the area / we should have discussion on having better distribution of our news letter.

Discussion Topic:

Area Assemblies: Open or Closed?

Discussion: Talking to humans and closed to animals? A: AA members vs not aa members attending the Assemblies / The ACM meeting considered open or closed? A: we don't know / we should keeping it open at least if we need babysitting we mentioned this at our group level / open like the idea of be open to no members and keeps the interest on not AA entities / a should be open / keeping AA meetings open allow members to hear learn and maybe discover eventually that they are also alcoholics too / when I started doing AA know I wasn't an alcoholic maybe I wont be here today if the meeting that attended was a closed meeting / my daughter was at the kitchen helping at the assembly and she loved it, I want her to see and know this work and have the message for the future generations / when I come to the assembly can make a weekend of it, my partner helps and bring desserts and she's Alanon and enjoy this / we have agenda topics and sensitive information closed could be safe / we strongly support not AA entities we need to accept no AA members, people help and thank us for welcome them all always/ I don't think this is an public meeting this could be only to members / its good to hear its different opinions and how works to other meetings / we use last names we need to keep the anonymity / we have 4 assemblies at year we can just remind not record or take pictures.

What's On Your Mind?

Dist. 90 post conference dinner at \$25 per person / radios please return them we still missing one from last assembly / fourth annual unity and service conference Concord July 19 / Sandy District 04, where is can find more information about side events to inform my home groups / pre-conference was great , do we think the bog book it's has historical value ?its time to the fellowship to create a modern version or we accept the things we can not change? Its time to change? / District 13 Soberfest June 21-23 / District 18 Anniversary event will have simultaneous translation June 09, 84 years of AA.

3:30 p.m. -Closing

Thank You for my Service,
Miguel H.

CNCA Panel 69 Recording Secretary

10am - Sharing Session Opened with the Serenity Prayer by Coree H., Chair. DCMs, visitors, and GSRs attended. Our meeting is open to everyone to learn and participation on the topics. Please bring radios. Translation by Juan. Thank you for your service!

Announcements: Marianne announced availability of radios, please return them at the end. Recording secretary announced signing in and checking accuracy of email on sign-in sheet.

Presentation: Communicating conference reports to GSRs and groups by Francine from District 40, Subdistrict 006: Francine shared on background information and history about how the *General Service Conference* evolved from *The Alcoholic Foundation*, gathered from *The A.A. Service Manual* and *Our Great Responsibility*. The Foundation existed to monitor the legal, business, and financial end of A.A., and the link to A.A. membership was through our founders, Bill W. and Dr. Bob. To “close the gap,” Bill suggested the creation of the General Service Conference and it became the a *guiding conscience of our whole world efforts*. As DCMs, it is vitally important to transmit the spirit of the conference through helping GSRs make interesting reports to their meeting groups, to carry the “spiritual experience” of what is represented in those reports, and to encourage other A.A. members to attend service events. Francine invited a discussion on how to support and inspire GSRs to convey the message of hope to their meeting groups. She posed the questions: What worked well in the past? What might provide greater reporting success in the future?

Members Share: Chair asked volunteers to share, each person has 90 seconds to share on the presentation. Highlights: Encouraging GSRs/group members to attend the Post Con-

ference Assembly and Unity Days to hear the experience and the content of the Delegate’s report; Value of understanding and sharing our history in order to understand and convey importance of the Conference in ensuring A.A.’s future; Conveying enthusiasm as an important part of unity and participation, and how General Service has enhanced your sobriety; Focusing on spiritual aspects of attending and participating in the Conference through our Delegate; Fact sheets are helpful; Know your group and what’s important to them; Tie in what the group conscience was and how it went in New York; and Share how group participation allows connection to A.A. as a whole.

Discussion of possible topics for next month: Voted between last month’s proposed topics: Group inventories and How to dispel the myth that General Service is political. Group voted in favor of group inventories but ultimately pushed it back to later in the panel (August?). Next Month’s Topic: “How to dispel the myth that General Service is political” presented by Barbara Z., District 4

What’s on Your Mind? Audio reports of Delegate reports are available, can upload to Google Drive and share with GSRs. Post Conference Assembly is June 15 in Vacaville. District 90 is having a Pre-Assembly dinner in Fairfield. Delegate’s BBQ July 1st at Faith Lutheran Church in Santa Rosa at 6:00. Use the *Comments/Comentarios* as a resource.

Meeting adjourned at 10:50 AM with the Responsibility Statement

Respectfully submitted,
Sarah B., DCM Sharing Session Recording Secretary

AREA COMMITTEE & ASSEMBLY MOTIONS—JUNE 2019

Area Committee:

Assembly Bids:

- Panel 71 Election Assembly, 2020

Coffee Bids:

Housekeeping Motions:

- That the CNCA Archives committee replace the locks on the two interior doors at the Archives Repository in Walnut Creek, at a cost not to exceed \$100. – *presented by the Archives committee*
- That CNCA fund one member of the BTG committee to attend the Bridging the Gap Workshop Weekend, September 6-8, 2019, in Sacramento, at a cost not to exceed \$450. – *presented by the Bridging the Gap committee*
- That CNCA fund up to two additional members of the BTG committee to attend the Bridging the Gap Workshop Weekend, September 6-8, 2019, in Sacramento, at a combined cost not to exceed \$600. – *presented by the Bridging the Gap committee*
- That CNCA fund one member of the Web committee to attend the National AA Technology Workshop, September 20-22, in Bowling Green, Kentucky, at a cost not to exceed \$2100. – *presented by the Web committee*
- That CNCA purchase one (1) microphone stand, at a cost not to exceed \$60. – *presented by Corey H., Assembly Coordinator*

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

- That CNCA fund two liaisons to participate in the 4th Annual Hispanic Women's Workshop to be held December 7, 2019 in Mid-Southern California Area 09, at a cost not to exceed \$1300. – *presented by Jennifer B., Alternate Delegate*
- That the CNCA Archives committee create a

Digital Systems Administrator role to plan, build, and manage the CNCA Archival systems. – *presented by the Archives committee*

New Business at Area Committee Meeting:

- That CNCA provide two hours of professional Spanish/English interpretation, if requested, during the monthly Area Officer meeting at the rate of \$75 per hour.

Discussion topics:

- Area Assemblies: Open or Closed?
- Electronic Distribution of the *Comments* and *Comentarios*

Area Assembly:

Redistricting Requests:

Presentation of New Business at Area Assembly:

Old Business at Area Assembly:

- That the Trustees' Literature Committee add to its agenda to consider publishing a Fifth Edition of the Big Book, *Alcoholics Anonymous*, with updated stories to more broadly reflect our current fellowship, as well as updates or additions to Appendices III and V. – *presented by District 40*
- That CNCA establish a standing committee on Technology.

New Business at the Area Assembly:

- That CNCA continue the work of the Accessibilities Sharing Session by creating an Accessibilities Sub-committee. The main purpose is to continue the sharing session and support accessibilities work at the district level. – *presented by the Accessibilities sharing session*
- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – *presented by District 07*

ASSEMBLY MOTION PROS & CONS: TECHNOLOGY COMMITTEE

MOTION: That CNCA establish a standing committee on technology.

ARGUMENT IN FAVOR OF THE MOTION:

Our primary purpose as alcoholics in AA is to help the alcoholic who is still suffering; General Service, and our work in the Area, aims to make service work that helps facilitate 12th Step work possible. The intent of this motion is to better serve those who participate in General Service work and allow them to be most effective.

The rate at which technology is growing and expanding surpasses the rate at which AA can keep up and, as it stands, is too much work for the Web committee to take on. Up until now, the Web committee (formed initially to work only on the Area website) has taken on many technology responsibilities, despite not having a mandate to do so.

Having a standing committee on technology would allow elected members to bridge this gap and keep our Area and our officers trained and up to date on how technology is being used. Every two years, officers pass off their information to the next elected member and there are a plethora of data sharing platforms one could use and information that is not stored is lost. A Technology committee could be responsible for

choosing which platforms best suit our needs so there is a smoother transition for each pass-it-on and we can make sure information is not lost.

The method of communication between committee officers can be inconsistent and undocumented, from texting to emailing to phone calls. Technology exists that could help save these communications and archive them. If this motion passes, a standing committee could be responsible for the following needed responsibilities (and could possibly need more resources): provide workshops on technology; focus on a uniform platform for officers to communicate committee business; choose a cloud-based file storage system for use by the Area; build and maintain databases (for the Registrar and Treasurer); and assist the Districts with information and file sharing.

Although the intent of this motion is to serve the Area Officers directly, the sharing of knowledge effectively through technology has the potential to help out local recovery meetings. What we learn and share here at Area becomes our knowledge to share with our fellow alcoholic groups.

It seems incredibly important that General Service, and AA as a whole, does not fall behind on the steep learning

ASSEMBLY MOTION PROS & CONS: TECHNOLOGY COMMITTEE (Cont.)

curve that is modern technology. We must strive to fill the gap in knowledge of technology that already exists as well. There are many ways we could be using technology that is already freely available to better serve ourselves and others. Let us not lose any more time discussing amongst ourselves the best way to communicate and save our data, and instead, let us assign a committee to specifically do the research and work for us.

- Nick S., GSR, District 08

ARGUMENT AGAINST THE MOTION:

While the idea of creating a technology committee seems like a good one at first, this motion – as it stands now – is unclear as far as scope and tasks. After reviewing the background available on this motion (including in the technology ad hoc final report from last year), there appears to be no real need for a Technology committee, as this would be a duplication of the Web committee, which already performs many of these tasks. There would be other ways to help guide the area through technology policy and oversight.

Standing committees help the Area do its business – but creating a committee just because it “might” be helpful seems unnecessary, particularly considering the ill-defined scope and lack of clear purpose to the current proposal. Bill

always wrote that good is the enemy of the best; this motion seems good, but is it the best we can do?

Because the motion is unclear, it is not possible to decide if this would be a good use of the groups’ contributions to the Area. Groups contribute to the Area because they want us to help facilitate the Twelfth Step message. It is unclear what purpose this committee would serve. Because the Web Committee is already performing the work that this committee would be doing, I do not believe that this is a good use of area funds. Creating a new committee for something that is not needed and which is being effectively done by our current Web committee is not the most useful way to use group contributions.

Is there an expressed need for this committee? What would this committee do? What kind of costs would be associated with this service? Until these questions can be answered I would strongly argue against this motion.

- Megan Q., GSR/Registrar,
District 15

ASSEMBLY MOTION PROS & CONS: ACCESSIBILITIES SUBCOMMITTEE

MOTION: That CNCA continue the work of the Accessibilities Sharing Session by creating an Accessibilities Subcommittee. The main purpose is to continue the sharing session and support accessibilities work at the district level. – *presented by the Accessibilities Sharing Session*

ARGUMENT IN FAVOR OF THE MOTION:

Each of us is aware of what access to AA's message has meant to us. So we need to ask: Is AA's message accessible to everyone who needs it, and are we really available to everyone who reaches out for help?

When physical, mental, geographic, cultural, ethnic, spiritual and emotional challenges are present, the committee created by this motion could assist by sharing our collective experience, strength and hope. Our members face specific difficulties in many realms, such as visual and auditory, housebound or chronic illness, living with the effects of brain damage or stroke, as well as other less visible challenges. Childcare issues, physical limitations, language translations and gender biases are subjects presently recognized across many of our Districts. These issues cause our members and potential members to experience less unity and additional isolation because there is little or no official support.

The most efficient means of being responsible to those we serve, who experience challenges for inclusion in Area 06, is through the creation of this Accessibilities committee to more effectively share information and resources at every level of service. Our Delegate serves on the Treatment & Accessibilities Committee for our General Service Conference. What better opportunity than now to recognize the need and service of this aspect of our support structure?

We need an effective method of communication and service between the operations of our Area, financially and with the support of committed Area Officers, with the continuity and structure that a full committee provides, to ensure that everyone can share a solid connection for the hand of AA always to be there.

Barriers exist. As the Accessibilities Guidelines printed by AA and available on aa.org states, "while there are no special alcoholics, there are those who face additional personal barriers to accessing the AA message."

Our Traditions guide us to greater unity, inclusion of all members, personal and group availability to carry the message, as well as the creation of committees to better serve. Our best option when anyone who has access challenges reaches out for help is through the creation and work of this committee: brainstorming solutions; sharing experiences, quanda-

ries, successes and failures; consistency of communication; and offering the structure and regularity of participation and education.

- Jo M., Recording Secretary,
District 13

ARGUMENT AGAINST THE MOTION:

At first glance, this motion sounds great. Who wouldn't want to make AA more accessible? But this motion isn't about the merits of accessibility. It's a motion on if our area needs a sub-committee for accessibility issues, and that's not as clear cut.

Districts are better suited to address accessibility issues in their districts better than an area sub-committee. Especially in Area 06, which has such wide ranging diversity between districts. Fortuna has completely different accessibility issues than San Jose for example.

District 40 in metropolitan Santa Clara County has a linguistic overlay sub-district, which probably wouldn't be as effective in District 15, a more rural and spread-out district encompassing Humboldt and Del Norte Counties. Tradition 4 states "Each group should be autonomous except in matters affecting other groups or AA as a whole." With that in mind, it is up to groups to decide if they want to provide things like childcare, ASL interpretation, or a sound system, just to name a few of the things that could make a meeting more accessible. By creating a

subcommittee, the Area is standardizing what access should mean to Districts, reversing the upside down triangle structure of AA.

Currently at the Area Committee Meeting all sharing sessions meet from 10-11 am and all standing and sub-committees meet from 11-12. There are 4 sharing sessions and 6 committee meetings as of now. Adding another committee meeting could create a logistical issue since there are only a limited number of rooms for meetings.

Possibly the strongest argument against this motion is quite simply that nobody has given adequate reason to make our accessibilities sharing session into a sub-committee. Based on the presentation of this motion at the Pre-Conference Assembly, continuing the accessibilities sharing session is better suited to accomplish their stated goal of inviting districts to share and look for solutions together. There have been no reasons presented why there is need for the structure or budget of a sub-committee.

As recently as August 2018, the attendees of the sharing session felt that there wasn't a need for a sub-committee, and I have to agree, at least until there is adequate reason given that a sub-committee addresses our accessibility needs better than a sharing session.

- Scott H., Alternate DCMC, District 40

CNCA CALENDAR—PANEL 69

2019—Panel 69

June	22—Area Committee Meeting
July	27—Area Committee Meeting
August	24—Area Committee Meeting
September	14—Summer Assembly, Petaluma Veteran’s Memorial Bldg., Petaluma, hosted by Districts 10 & 18
October	28—Area Committee Meeting
November	26—Area Committee Meeting 2—Inventory Assembly, St. Mary’s Cathedral, San Francisco, hosted by District 06
December	23—Area Committee Meeting 21—Area Committee Meeting (Note: 3rd Saturday)

2020—Panel 69

January	tbd—Area Committee Meeting (Likely 3 rd Saturday)
February	22—Area Committee Meeting

March	6-8—PRAASA (Area 3, Arizona) 28—Area Committee Meeting
April	4-5—Pre Conference Assembly, tbd 19—25, General Service Conference, NY 25—Area Committee Meeting
May	23—Area Committee Meeting 30— Post Conference Assembly, Santa Cruz County Fairgrounds, Watsonville, (hosted by Districts 2, 3 & 19)
June	27—Area Committee Meeting
July	2-5—International Convention, COBO Center, Detroit, MI
August	25—Area Committee Meeting 8—Summer Assembly, tbd 21-23, Pacific Regional Forum, Las Vegas, NV 22—Area Committee Meeting (Note: possible date change)
September	26—Area Committee Meeting
October	24—Area Committee Meeting
November	14—Election Assembly, tbd 28—Area Committee Meeting
December	19—Area Committee Meeting (Note: 3rd Saturday)

PANEL 69 ASSEMBLY DATES

2019 Summer Assembly

September 14, Petaluma Veteran’s Memorial,
Petaluma (Hosted by Districts 10 & 18)

2019 Fall Inventory Assembly

November 2, St. Mary’s Cathedral, San Fran-
cisco (Hosted by District 06)

2020 Pre-Conference Assembly

April 4-5

2020 Post-Conference Assembly

May 30, Santa Cruz County Fairgrounds,

Watsonville (Hosted by Districts 2, 3 & 19)

2020 Summer Assembly

August 8

2020 Fall Election Assembly

November 14

If your District is considering making a
bid for a Panel 69 Assembly, please con-
tact the Assembly Coordinator, Coree H.
via the [web form](#).

PANEL 69 AREA OFFICERS & AREA MEETING INFORMATION

Delegate
Teddy B.-W.

Recording Secretary
Miguel H.

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Pacific Regional Trustee
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Registrar
Erica G.

**To contact any CNCA Area Officer
or Committee, please use the [web
form.](#)**

CNCA Standing Committees & Sharing Sessions

are the 4th Saturday every month (3rd Saturdays in December, and often January)

Committees and Sharing Sessions meet in the mornings,
the Area Business Meeting is held from 12:30—3:30 pm.

Address is 320 N. McDowell Blvd., Petaluma

Archives committee meets at 11:00 am. For information contact Denise G. The Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597. Archives workday is at 193 Mayhew Way.

Bridging the Gap committee meets at 11:00 am. For information contact Larry B. The BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets at 11:00 am. For information contact Jennifer B.

Interpretation & Translation committee meets at 11:00 am. For information contact James B.

Web committee meets at 11:00 am. For information contact Drew B.

DCMs' & DCMCs' sharing sessions meet at 10:00 am.

Literature/Grapevine/La Vina sharing session meets at 10:00 am. www.aagrapevine.org

Accessibilities sharing session meets at 10:00 am; for information contact access@cnca06.org.

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