



CNCA COMMENTS



A.A. Confidential—August 2019
www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview

After a very hectic June, July was a quieter month here in CNCA. We continued discussing whether Area Assemblies are open or closed, and we ended our discussion regarding the potential electronic distribution of the *Comments* and *Comentarios* (no consensus seems to have been reached, but it is possible to request to stop receiving the newsletters via the mail – just talk to your District Registrar).

After several months of discussion, we also decided to start providing translation during the Area Officer meeting (now, every standing committee, subcommittee, sharing session, and meeting of CNCA has translation available, if requested). We have come of age as a truly bilingual Area – 29 years after we created the first Spanish-language District in 1990. This is all done in an effort to ensure that language is not a barrier to participation in service.

Up next for us is the Summer Assembly, held September 14 in Petaluma. Our workshop topics are now selected, and six different members of the Area will make presentations and facilitate discussions on big themes of importance to all of AA. Last month, I asked the Area to submit suggestions for possible workshop topics – and we ended up with 72 different options that were eventually whittled down to six. We will be talking about AA in the Digital Age, inclusivity (and who is missing from our AA meetings), local customs and group autonomy, the group inventory, our personal contribution plans, and whether AA remains receptive to bold new ideas. I am looking forward to the thought-provoking discussions we will have.

I now need help preparing inventory questions for our Area. Our Area takes its inventory every two years, at the Fall Assembly (this year, it will be in November in San Francisco). Suggested inventory questions are due by September 28.

At our next ACM, we might hear some bids for assemblies in 2020 (all four assemblies remain open for bidding). We will also keep discussing whether to purchase web-conferencing accounts for the Area, how to reach out to African American alcoholics, and the Agenda Topic Summaries (and their purpose, use, and future). We might also hear a final report from the ad hoc committee exploring our Area's structure (as an unincorporated association) and whether the committee has any suggestions for us in the future.

It sounds like a great time.

Eric L.
CNCA Chair Panel 69

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Our Small “t” Traditions

One of the things I adore about our Area is how no two districts are the same. Each had its own culture, emphasis, feel, and look! It's a welcome reminder to me that there's no 'right way' to do it and no wrong way either.

Nothing goes away in the spiritual world and I believe this is one of the reasons our topics and issues seem endless and eternal – exactly as they should be. No panel has yet found the silver bullet for self-support, safety, our even our basic text and, to be honest, I hope they never do, as those to follow will be denied their sense-making and mystery.

Mystery?

Well, yes. Mystery for me is not the unknowable—that would be ignorance, blissful or otherwise—but the endlessly knowable.

Speaking of which...

As I crisscross our Area to report what I saw, felt, and heard at the 69th General Service Conference it is a comfort to me to be reminded that our Service Manual states, “No delegate could possibly report everything that took place...” Thankfully, there are many ways for you to discover more.

The Interim Report I already distributed. The digital version of the Final Conference Report—all 129 pages of it—is now also available. I have sent this to your districts. The printed copies of the report will be available at the August Area Committee Meeting. Your districts have already ordered their quantities. Come prepared to take those home with you and enjoy reading, especially about all the bits that were not included in my report.

While the photographs in the report are all anonymity-protected I wonder if you can spot me? A prize to the first person to approach me at the ACM with the correct answer!

Of course, our method of reporting differs from other areas, another example of our small “t” traditions. So far, I haven't heard of an area where the delegate does quite so many, but I'm cool with that and thank all the districts for your hospitality and warmth and for those yet to come, I'm itching to visit!

Teddy B.-W.
CNCA Panel 69 Delegate

Looking for Something?

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AREA COMMITTEE MEETING MINUTES FOR JULY 2019

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES FOR JULY 2019

The monthly committee meeting of CNCA was held June 22, 2019 at the Petaluma Community Center. Eric L. opened the meeting at 12:30pm, followed by the Serenity Prayer. The AA Preamble was read by Jeff D. (District 11). Alex C. (District 40) read Tradition 07 and Vilma S. (District 07) read Concept 07. There were three past Delegates present: Bob D. (Panel 36, Area 28), Woody R. (Panel 50, Area 07), and Joann L. (Panel 67). Nine new GSRs present, 2 new DCMs and 0 new DCMCs present. The June 2019 minutes were accepted as printed in the CNCA Comments; a correction to the financial report was required. Birthdays: 93 years. Registered attendance: Voting (43) / Non-voting (41)

OFFICER REPORTS

DELEGATE – Teddy B.-W.: Presentations made at the Conference are available if you would like to see them. Everything from Finance, to Grapevine, to our publishing department's audio/video strategy. The electronic version of the final conference report should be available now. News from AAWS and our General Service Office: Audio Concepts in English, Spanish, and French are approved and in post-production for posting at aa.org. GSO is closed for online contributions and online literature sales until August 5 by which time a whole new office system, consolidating nearly all of our business functions to a single platform, should be in place. If you make monthly contributions as an individual you will need to sign up again, with the new system. I emailed material about reaching out to the African American community.

ALTERNATE DELEGATE – Jennifer B.: Conference has asked the Trustees' Literature Com-

mittee to take a look at updating the pamphlet "AA for the Black and African-American Alcoholic." If you have not read it, you can find it on aa.org in both English and Spanish. David and I lost our home and pretty much everything we owned in a wildfire almost two years ago. Our rebuild is officially completed. Both of us have reflected often on how we could not have gotten through this if we were still drinking. Having a spiritual program of action and the support of our recovery and service fellowship, which includes all of you.

CHAIR – Eric L.: We are participating in several discussions at the ACM currently, including whether Area Assemblies are open or closed meetings and the possible electronic distribution of the Area newsletters. Next month, we will also talk about reaching out to African American alcoholics. Suggested questions for the Area Inventory are due by September 28.

TREASURER – Laura W.: (Submitted Electronically): We have a little over \$13,000 in our operating funds in addition to our prudent reserve which is just over 11,000. We have identified some of the delays that occur with our mail forwarding system and have implemented some solutions to decrease the amount of time it takes for group contributions to be processed. Overall we are doing well financially.

REGISTRAR – Erica G.: GSO is updating its technology right now, so I am currently locked out of performing updates. I continue to update our Area system changes. I have not forgotten about the issues with Districts signing sheet. I'm working on a solution for the next month or two.

RECORDING SECRETARY – Miguel H.: Thank you for emailed reports - it is really helpful. Any suggestions on how can I serve you better are welcome. Thank you so much for your work helping to edit the minutes.

ASSEMBLY COORDINATOR – Coree H.: I've fi-

AREA COMMITTEE MEETING MINUTES FOR JULY 2019 (Cont.)

nally heard a substantiated rumor about two districts bidding for the pre-conference assembly, so I'm very excited to help them through the bidding process. We should be hearing a bid for the election and summer assemblies next month, which means that SOON all the assemblies for panel 69 will be full.

LITERATURE/GRAPEVINE/LA VIÑA – Magdaleno O.: A project of a video "Your GSO, Grapevine, and the General Service Structure" is in process. This month's special edition is on African-American Alcoholics in AA, featuring stories of challenge and hope by African-American AA members. Area 16, Georgia has an ongoing effort to generate gift certificates for subscriptions to La Vina and provide them to Spanish-speaking inmates jailed at correctional facilities in the United States and Canada.

DISTRICT REPORTS

DISTRICT 01 (MONTEREY) – Susan G.: We discussed balancing our service commitments and conducting a group conscience. We passed our 2019 budget. We are excited for our up-coming Monterey Bay Area Roundup on labor day weekend.

DISTRICT 02 (SALINAS/SAN BENITO) – Brian McC.: Committees had put together a service day on the third weekend of August, meetings food and fun, every one is welcome. We will get a group conscience on the 5th edition of the big book motion.

DISTRICT 03 (SANTA CRUZ) – Murias O'C.: AA has been in Santa Cruz for 75 years, next year will be the 75th anniversary of our oldest running open meeting. We funded a scholarship to attend the Unity and Service Conference. Our BTG chair is moving on creating a great committee. We had our summer potluck last month. Our district needs to pull our assembly bid for 2020 due to conflicts on the date. We're discussing having a liaison to the local AI-anon fellowship.

DISTRICT 04 (SANTA CLARA NORTH) – Julie N.: Bridging the Gap in Santa Clara has nominated a new chair person as the current chair is moving out of the area. Our district also approved a housekeeping motion to send 1 person to the Bridging the Gap workshop in Sacramento. Our Unity Day will be August 25th. We will also be having our annual Old timers Meeting on August 31st.

DISTRICT 40 (SANTA CLARA SOUTH) – Manuel R.: We had a good attendance at our last District meeting, we collected group conscience on the assembly bid. 37 members from dist 40 are attending the 23rd anniversary of La Viña, with total of 90 people from Area 06 and about 1025 subscriptions sold.

DISTRICT 05 (SAN MATEO) – Matt D.: We are discussing our reimbursement guidelines in an effort to be more self supporting of all members. Unity day was great. Dist 05 and 17 are planning the 2020 pre-conference assembly bid.

DISTRICT 06 (SAN FRANCISCO) – Justin H.: I like to thank our Delegate for visiting our District to present his Conference Report. The General Service Representatives in our District remain active and engaged. This is a result of our amazing District Officers and District Committee members. This Fall District 06 has the honor and privilege of hosting the California Northern Coastal Area Inventory Assembly. We look forward to seeing you there!

DISTRICT 07 (ALAMEDA NORTH) – Vivian K.: Officers and GSRs are working together in the District. Still in the process of filling some sub-district DCM positions. We're encouraging our groups with histories and Annual Conference for Archives. We're having an All Groups Day in September to stimulate more interest in General Service.

DISTRICT 70 (ALAMEDA SOUTH) – Nora H.: We had a terrific meeting. We had our first district round table discussion on summer

AREA COMMITTEE MEETING MINUTES FOR JULY 2019 (Cont.)

assembly topic, the district came alive with good participation.

DISTRICT 08 (CONTRA COSTA) – Leslie W.: We had our Delegate's Report during our District business meeting. District 08 will be having our Annual Summer Picnic co-hosted with our intergroup. Our next district meeting we will be having a presentation on Self-Support. Our district meeting will be on 8.06. We will also be voting on potentially having a Grapevine workshop to celebrate the 75th Anniversary of the Grapevine.

DISTRICT 09 (SOLANO SOUTH) – Steve M.: We have done a little extra work this month to attract more members. We have celebrated 74th anniversary of a group in Vallejo. We are planning to do an accessibilities workshop.

DISTRICT 90 (SOLANO NORTH) Terri M.: We are busy planning our next Unity Day in October. We are also creating a District Conscience segment during our regular monthly meeting. We were honored to host such a successful Assembly and Dinner.

DISTRICT 10 (MARIN) – Gusty M.: We had our first Delegate's potluck with a wonderful success. We are looking forward to hosting the summer assembly September 14. We're having our Unity Day on October 19th. We're having our Picnic camp on August 25th.

DISTRICT 11 (NAPA) – Chitra S.: We are trying to bid for 2020 summer assembly. We're having our Area BTG Forum on October 12. Our inventory will be in September. Meeting in a pocket distribution to local meetings, H&I, intergroup store at district.

DISTRICT 12 (SONOMA) – Claudia N.: We had our annual Delegates BBQ July 1st with over 135 people. Our Access Committee put on a Mental Health in Sobriety Workshop on July 20th. Unfortunately, we have had 2 members step down and will be going over job descriptions for our Newsletter Editor and I & T Committee Chair. We will be having presentations in the next 2 months with the pros and cons of

our current Area motions coming up.

DISTRICT 13 (LAKE) – Sherrie R.: Our soberfest was an amazing success, we had visitors from México and Australia. Some of our meetings are financially struggling to come up with the rent. We are excited and working in our unity day.

DISTRICT 14 (MENDOCINO) – Amy M.: We're having our delegate's report in August 18 in our regular schedule. Our MENDYPAA service committee is now using square to receive digital contributions at their events. YPAAs are using square for contributions.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – Timothy F.: We had our unity day on July 13th thank you archives for the awesome display; our delegate gave a moving experience about general service. We had our summer campout. We have a new PI/CPC chair.

DISTRICT 16 (SPANISH CENTRAL) – Emma M.: District 16 is having a little hard time but I'm thankful for sponsorship. We celebrated the 33 anniversary of District 16. We're holding our District inventory in October. We attended the inter-district event. We are ready for the summer assembly as we keep working on stimulating GSRs.

DISTRICT 17 (SPANISH SOUTH) – Fernando R.: We continue our activities with lots of service. We had our delegate's report and district 17 anniversary. We had a visit from District 05 who invited us to co-bid for the possibility of hosting the pre-conference assembly on 2020.

DISTRICT 18 (SPANISH NORTH) – Jose F. Our delegate's report will take place on August 11. We are celebrating our district 26th anniversary on Sept-21. Make sure to get your ticket for the summer assembly dinner. Groups are talking about the \$8.06 contribution to GS.

DISTRICT 19 (SPANISH SOUTH SOUTH) – Julio F.: We attended the Interdistrictal event, we had a La Viña workshop. We created a finance committee for the 2019 budget. We revised the district guidelines and we consid-

AREA COMMITTEE MEETING MINUTES FOR JULY 2019 (Cont.)

ered re-structuring the number of sub districts.

DISTRICT 20 (SPANISH EAST) – Jose M.: All committees are working. We keep visiting groups. We talked about the motion on the transgender pamphlet. We visited districts 16 & 17 on their anniversaries. We passed a motion to reimburse up to \$300 the BTG committee to attend the BTG annual workshop. We thank our Delegate for the great report.

AREA SUB-COMMITTEES AND SHARING SESSIONS

ARCHIVES – Denise G.: We attended three unity days, Napa, Humboldt & San Mateo. We filled our newly created position of Digital Systems administrator which was a position approved at last area meeting. We also passed a motion and approved the new mission statement for this panel.

BRIDGING THE GAP – Larry B.: We had an open discussion comparing how often and when to follow up with the requests and tips for gathering complete information on blue cards. Planning is going well for our Area 06's 14th Annual BTG Forum; we have secured the facility and we are currently working on the program, will take place on October 12th in Napa. We are looking forward for the joint committee meeting in August.

FINANCE – Don L.: Currently we are working on the 2020 budget. Our committee met earlier this month to assist in processing our groups' contributions receipts, all outstanding checks will be processed and receipts mailed out by August 31. Our Treasurer missed the meeting due to illness.

PI/CPC – Jennifer B.: We focused on outreach and attraction for PI/CPC opportunities. We reviewed the report that is circulating about "Reaching Out to the African American Alcoholic". On August 24th we will join Bridging the Gap and H&I for the Joint Committee Communication Meeting at 11 am, feel free to join us

even if you are not currently serving in any of those capacities, you might consider trying to put something similar together in your districts. Flyers at www.cnca06.org.

WEBSITE – Drew B.: The website themes were updated this month - new look. Little text heavy so we are reviewing that text for updating. We met with Andy from the Archives committee the process is beginning to build out a kind of sub-site for the Archives committee.

INTERPRETATION AND TRANSLATION – James B.: We are ready for the Summer Assembly. Juan was at the La Viña anniversary providing translation services. We will be presenting a housekeeping motion. If you can assist with Translation and/or interpretation please reach out to our committee.

CNCA COMMENTS / COMENTARIOS – Kelly H.: Ten volunteers needed only two hours to stuff and stamp and send out 129 first class & 1070 bulk copies of the Comments and Comentarios. I spoke to our Area Registrar about a distribution question I received from a GSR this month: It is possible for GSRs to opt out of receiving the *Comments* or *Comentarios* by mail, but you need to relay this via your District Registrar when you sign up. However, we currently don't have a way to send text or email messages *en masse* once the web editions are posted.

CNCA STRUCTURE AD HOC COMMITTEE – Justin H.: We are looking in to the legal structure of CNCA 06. We been gathering information, having multiple meetings, teleconference meetings. Thank you to all the members who are a part of this. We're reviewing the last draft and we hope to have the formal final in August. We are CNCA 06 is unincorporated non profit association, it is not legally incorporated in the state of California, so does not apply liability protection for the members that serve.

DCM SHARING SESSION – Sarah B.: We had a presentation on Tradition Four. Members

AREA COMMITTEE MEETING MINUTES FOR JULY 2019 (Cont.)

shared their experiences of how each group does things differently and the varied benefits and dangers of what they see happen in groups, including some hot topics like excluding people from certain backgrounds from attending, use of non-Conference approved literature, adaptation of the Twelve Steps and the Preamble, and support of service entities. Members reflected that Tradition Four lends itself to some interpretation, but protects us from having A.A. police, and allows groups the right to be wrong.

ACCESSIBILITIES – Alan W.: We elected a permanent Chair (myself) and Recording Secretary (Jennifer K.). We will continue to explore accessibility issues including: how to start a district level access committee, utilizing our language resources at Area, outreach to seniors, reading disabilities, sunshine clubs, parenting in sobriety and building unity between English and Spanish speaking women in AA.

LITERATURE/GRAPEVINE/LA VIÑA –Magdaleno O.: LT / GV / LV; 23rd Anniversary of La Vina in Fresno CA. Hosted by Area 07 CNIA with 15 Areas, 9 States, with presentations on different topics via Skype with 7 different countries. In August we will have our Area Liaison share their experience from this event.

H&I LIAISON – Karen B.: We are looking forward to attend the Joint Committee Meeting with the Public Information and Cooperation with the Professional Community Committee and the Bridging the Gap Committee, on August 24th at 11:00 am. Our next General Committee Meeting is October 13th in Contra Costa County and is open to all alcoholics. Thank you for your contributions to H&I.

NCCAA– Robert G.: We had a great venue a was great conference June 7-9. Three motions were brought up and two passed: 1) chairperson must have 10 years of sobriety, and 2) Go from 3 conferences to 2 confer-

ences a year. Next Conference San Ramon October 11-13. 140 rooms most booked by September 11.

YPAA – Krystal M.: Coming events: 28th-SOCYPAA, Corn Hole Tournament Dillion Beach, Ca. // Aug 3rd –SCCYPAA, Fear Factor J. D Morgan Park, San Jose Ca. // Aug 3rd –EBYPAA Silent Disco Brave Church, San Ramon, Ca. // Aug 10th -Norcal Bid for ICYPAA Emo Punk Night the Grange Hall, Danville, Ca. // Aug 17th –PENYPAA Harry Potter Dance San Mateo, CA.

HOUSEKEEPING MOTIONS

- “That CNCA purchase twenty replacement digitally-tuned FM receivers at a cost not to exceed \$280”. – presented by the Interpretation and Translation committee

Q: are we missing that many radios? A: no, several radios are broken Objections: 0 ; Passes

- “That CNCA fund the 14th Annual CNCA 06 BTG Forum to be held on October 12th, 2019 in Napa, CA in an amount not to exceed \$1200”. – presented by the Bridging the Gap committee

Q: is this in the budget? A: yes Q: the reason we have the housekeeping motion on an amount that is in the budget is to have the finance committee review the funds to make sure there’s enough money. A: Finance has reviewed and we have the funds.

Objections: 0; Passes

OLD BUSINESS:

- “That CNCA provide two hours of professional Spanish/English interpretation, if requested, during the monthly Area Officer meeting at the rate of \$75 per hour”. – presented by Eric L., Chair

CNCA 2019 BUDGET VS. ACTUAL EXPENSES THROUGH JUNE 2019

BUDGET VS. ACTUALS: 2019 BUDGET - FY19 P&L January - June 2019 TOTAL

	ACTUAL	BUDGET	% OF BUDGET
Revenue			
002 Group Contributions	62,175.73	52,525.00	118.37%
003 District Contributions	2822.37	7000.02	40.32%
004 Assembly Contributions	3433.79	4020.00	85.42%
005 Tradition 7, Area Comm.	2244.60	1920.00	116.91%
006 H&I Archives Rent	0	0	-
007 CNCA Subscriptions	6.00	12.00	50%
008 Personal/Misc Contributions	170.18	600.00	28.36%
010 Interest Income	3.40	2.52	134.92%
Total Revenue	\$70,856.07	\$66,079.54	\$107.23%
GROSS PROFIT	\$70,856.07	\$66,079.54	\$107.23%
Expenditures			
013 Delegate Expense	5993.13	4881.98	122.76%
038 Officer Expense	16,141.46	17,730.08	91.04%
093 Committee Expenses	12,792.74	15,542.26	82.31%
158 General Expenses	31,394.92	24,574.00	127.76%
Total Expense	66,322.25	62,728.32	105.73%
Total Expenditures	\$66,322.25	\$62,728.32	105.73%
NET OPERATING REVENUE	\$4533.82	\$3351.22	135.29%
NET REVENUE	\$4533.82	\$3351.22	135.29%

BALANCE SHEETS— JUNE 2019

California Northern Coastal Area STATEMENT OF FINANCIAL POSITION

As of 6/30/2019

Current Assets

Operating Funds - Checking	18,932.24
Prudent Reserve - Savings	11,140.28
Total Bank Accounts	\$ 30,072.52
Total Other Current Assets	0
Total Current Assets	\$ 30,072.52
TOTAL ASSETS	\$ 30,072.52

LIABILITIES AND EQUITY

Total Liabilities

Equity

Operating Funds ~ Adjusted	14,434.70
Prudent Reserve ~ Savings	11,140.00
Net Revenue	4,497.82
Total Equity	\$ 30,072.52
TOTAL LIABILITIES AND EQUITY	\$ 30,072.52

AREA COMMITTEE MEETING MINUTES FOR JULY 2019 (Cont.)

Discussion: It is very challenging to translate for the other officers and participate at the same time / I would like to hear and comprehend what is going on / we need to be able to cover our needs / I couldn't imagine trying to serve the area not knowing exactly what's going on / in the Spanish speaking districts, we hear from a lot of people who would like to make themselves available to be of service at the area level as well but we've been hearing that the language is a barrier for people, this will help people to keep doing the work and continue with service after the district / this could be long term, maybe some day I will need translation my self, its good having a professional interpreters for anonymity matters / my first language is Spanish, we talked about unity and service, district 18 always has translation for us, we should provide the same service at Area / I think the officers have closed meetings and this is why we'd have an outside person provide the translation right? / as past area officer we discussed confidential information, and there are codes of ethics that prohibit professional interpreters from sharing information outside the room / confidentiality is not the only reason, it's not that we don't trust AA members, it is also because we do not want members to be burdened with all this information / all these comments are very valuable and this is what the money is for / I see two sides here, the confidentiality and the other, the need of Spanish speaking members / when I came to area they gave me translation and everything I needed, we never done it before but we need it so the area can keep providing information. Yes: Substantial unanimity; No: 1; Motion Passes (No Minority Opinion expressed)

NEW BUSINESS

- "That CNCA provide access to a secure web conferencing service allowing for up to two simultaneous sessions at a cost not to exceed \$300 per year". – presented by

Richard W. and Drew B.

Discussion: We're trying to have several meetings based on the need of not having meeting for different entities and having this service available can be very helpful / I use my own account for members far away, this service helps me to connect to other members. / I can see and contact members from different committees just want to make sure where and how we expend the money is transparent / this is great idea. Not everyone can afford this platform, this is a good option / Motion moved to Old Business.

DISCUSSION TOPICS

- Area Assemblies: Open or Closed?
Discussion: Assemblies are good opportunities for new alcoholics and to keep the mics open for all AA members / big fellowships talk about this / AA rooms having an assembly within open public spaces, we open ourselves to this, basically we give up the rights of privacy / members came here thinking this is an aa meetings, it feels uncomfortable, we use last names / this is a public space, people can walk in and walk out / we just passed motion to have interpreters professionals, we been holding open assembly for 40 years / the conference is closed but they invite observers and members from other countries / it does not matter if it is closed or open / when we vote we show who can vote and participate we have control over who participates in that / I feel like we're trying to fix something that isn't broken, we never had any problems / people won't be interested in coming to AA to learn GS / If we are practicing our business according to spiritual principles, then there won't be one personality that stands out the most, then anyone who comes can focus on observing the process, I'd like to keep the rooms open for people who like to know and learn / I think what's the difference? An open meeting is where we are exposed to receive the message, and closed is for business and to take

AREA COMMITTEE MEETING MINUTES FOR JULY 2019

care important activities / anonymity is not set in stone, if someone breaks it, is not my problem.

- Electronic Distribution of the *Comments* and *Comentarios*

Discussion: Receiving real mail sends a message that the communication is personal and important / Our primary responsibility as an area is to be a link in the communication chain between the groups and AA as a whole / Putting the work of alerting people to the already available online version on the districts makes a lot more sense than passing on the cost of printing to the districts / groups or members who are already sending money to the Area / Forcing people to opt in to get a printed newsletter would lead to even more people falling through the cracks in our communication, there is also an incredible spiritual value in the lick and stick mailing party / Hard copy is my preference but having the option is great, we can always log in and save paper / we have electronic version on our website, putting the word and learning how to do it makes more sense / the information can be lost / people get together and lick and stick- that's unity / It is a good opportunity to get to learn tech and stop paper waste / I been on the finance committee and for 2019 the expense was almost 11k but I like paper, I prefer the physical version / tech is there and can be easy, is simple to receive it / if there is a way to access and get this massive number at once we should look in to that, we'd be saving money and paper just like checks going direct deposit instead of paper / I miss the east bay news having information in hand it was great / we don't have the community, we should check our funds / having the paper in the mail I was excited to share with others, having information out of our little area is great / always wonder if people get this document, as a registrar I can say I can't do much / the hardest communication I had was

email, maintaining the area's emails is a full time commitment.

WHAT'S ON YOUR MIND?

Summer assembly dinner, our speaker is Francisco A. we will provide translation / GV stories request submit before august 15 / area 16 Georgia hosting Hispanic convention, getting subscription of LV for members incarcerated / paradise community donated things to the response of need at the fires been great over 7500 homes been ready rebuild / radios please return them to I&T committee / I have missed a few months and being here has really inspired me, being here is a good reminder that service keeps me sober and connected.

Thank You for my Service,
Miguel H.
CNCA Panel 69 Recording Secretary

AREA COMMITTEE & ASSEMBLY MOTIONS—AUGUST 2019

AREA COMMITTEE

Assembly Bids:

Housekeeping Motions:

Guidelines:

Presentation of New Business:

Old Business at Area Committee Meeting:

- That CNCA provide access to a secure web conferencing service allowing for up to two simultaneous sessions at a cost not to exceed \$300 per year.

New Business at Area Committee Meeting:

Discussion topics:

- Area Assemblies: Open or Closed?
- Reaching Out to African-American Alcoholics
- Agenda Topic Summaries: Purpose, Use & Future

AREA ASSEMBLY

Redistricting Requests:

Presentation of New Business at

Area Assembly:

Old Business at Area Assembly:

- That the Trustees' Literature Committee add to its agenda to consider publishing a Fifth Edition of the Big Book, Alcoholics Anonymous, with updated stories to more broadly reflect our current fellowship, as well as updates or additions to Appendices III and V. – presented by District 40
- That CNCA establish a standing committee on Technology.
- That CNCA continue the work of the Accessibilities Sharing Session by creating an Accessibilities Sub-committee. The main purpose is to continue the sharing session and support accessibilities work at the district level. – presented by the Accessibilities Sharing Session
- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – presented by District 07

New Business at the Area Assembly:

**CALIFORNIA NORTHERN COASTAL AREA 06
OF ALCOHOLICS ANONYMOUS**

PRESENTS:

2019 SUMMER ASSEMBLY

Saturday Sept 14, 2019

Petaluma Veteran's Memorial Building

1094 Petaluma Blvd S, Petaluma, CA 94952

Registration:	8:00-9:00 a.m.
Orientation:	9:00-9:15 a.m.
Business Meeting:	9:15-12:00 p.m.
Lunch:	12:00-1:00 p.m.

Workshop Session I: 1:00 – 2:15 p.m.

1. Trust, Growth, and Unity as a Fellowship in the Digital Age
2. Are We Inclusive? Who's Missing from our Meetings?
3. Our 12 Traditions and Local Customs

Workshop Session II: 2:30 – 3:45 p.m.

1. What Comes After the Group Inventory?
2. Is AA Still Receptive to Bold New Ideas?
3. My Personal Contribution Plan

(Interpretation available at all workshops)

Report Back:	4:00-4:30 p.m.
What's on Your Mind?	4:30-5:00 p.m.

**BRING YOUR FM RADIO FOR SIMULTANEOUS INTERPRETATION
AND ASSISTED LISTENING**

10am - Sharing Session Opened with Serenity Prayer by Coree H., Chair. DCMs, visitors, and GSRs attended. Our meeting is open to everyone to learn and participation on the topics. Please bring radios. Translation by Juan. Thank you for your service!

Announcements: Marianne announced availability of radios, please return them at the end. Recording secretary announced signing in and checking accuracy of email on sign-in sheet

Presentation: Tradition Four by Gabrielle J. from District 10. Autonomy is defined as 'acting in accordance with one's moral duty rather than one's desires' and 'acting independently or having the freedom to do so.' This allows for diversity in meeting formats, as long as we maintain the primary purpose as a guiding light. At the same time, we have to be mindful of how our behavior represents our fellowship and affects others, remembering the idea that "we may be the only Big Book that someone sees." Bill W.'s editorial on the 4th Tradition emphasized understanding a group's own affairs versus affairs of surrounding groups, intergroups, or regional committees, highlighting the *principle of consultation*. A.A. Grapevine's Traditions Checklist is a useful inventory tool to assess practicing the traditions in one's life. "Every group has the right to be wrong," according to Tradition Four in the 12x12. In the same spirit, every AA member has the right to be wrong and to make his/her own mistakes. After all, aren't mistakes our best teachers? We have to be careful not to use the tradition of autonomy as an excuse to break all the others.

Members Share: Each person had 90 seconds to share on the presentation. Highlights: Members thanked Gabrielle for her presentation and shared their experiences of how each group does things differently and the varied benefits and dangers of what they see happen in groups (e.g., meeting formats, commitments, excluding groups of peoples from attending,

use of non-conference approved literature, adaptation of the Twelve Steps or the Preamble, what speakers share about, crosstalk, support of service entities); The 12 X 12 talks about the elder statesmen and the bleeding deacons, and the importance that we remember there is no "moral high ground" because we are all equal. Traditions are principles, not hard and fast rules; they require interpretation and consultation; perhaps we have survived this long because of Tradition Four. There are no "A.A. police," but we can correct occurrences in meetings that have the potential to be harmful through our example. Controversy can arise when intergroups make decisions about what an A.A. group is based on whether they list meetings in their directories. This points to the danger associated with dictating what groups can and cannot do. Traditions were born out of our mistakes, so we have a history of messing up. Breaking of traditions often happens when we practice half measures of the Traditions (i.e., not practicing the entire content of each tradition). Tradition Four helps us to check our judgements of how groups function and insistence that groups do things the "right" way

Next Month's Topic: DCM Sharing Session Inventory; no presenter needed, will be facilitated by chair.

Discussion of possible topics for September: Reaching out to the African American alcoholic (3); Reaching out to remote communities (majority); best practices for communication and service - to be presented by Beth S. from District 06.

Meeting adjourned at 10:55 AM with the Responsibility Statement

Respectfully submitted,
Sarah B., DCM Sharing Session Recording Secretary

CNCA CALENDAR—PANEL 69

	2019—Panel 69		
August	24—Area Committee Meeting	April	4-5—Pre Conference Assembly, tbd
September	14—Summer Assembly, Petaluma Veteran's Memorial Bldg., Petaluma, hosted by Districts 10 & 18		19—25, General Service Conference, NY
	28—Area Committee Meeting	May	25—Area Committee Meeting
October	26—Area Committee Meeting		16— Post Conference Assembly, tbd
November	2—Inventory Assembly, St. Mary's Cathedral, San Francisco, hosted by District 06	June	23—Area Committee Meeting
	23—Area Committee Meeting	July	27—Area Committee Meeting
December	21—Area Committee Meeting (Note: 3rd Saturday)	August	2-5—Internat'l. Convention COBO Center, Detroit, MI
			25—Area Committee Meeting
			8—Summer Assembly, tbd
			21—23, Pacific Regional Forum, Las Vegas, NV
			22—Area Committee Meeting (Note: possible date change)
		September	26—Area Committee Meeting
January	2020—Panel 69 tbd—Area Committee Meeting (Likely 3 rd Saturday)	October	24—Area Committee Meeting
February	22—Area Committee Meeting	November	14—Election Assembly, tbd
March	6-8—PRAASA (Area 3, Arizona)	December	28—Area Committee Meeting
	28—Area Committee Meeting		19—Area Committee Meeting (Note: 3rd Saturday)

PANEL 69 ASSEMBLY DATES

2019 Summer Assembly

September 14, Petaluma Veteran's Memorial, Petaluma (Hosted by Districts 10 & 18)

2019 Fall Inventory Assembly

November 2, St. Mary's Cathedral, San Francisco (Hosted by District 06)

2020 Pre-Conference Assembly

April 4-5

2020 Post-Conference Assembly

May 16

2020 Summer Assembly

August 8

2020 Fall Election Assembly

November 14

If your District is considering making a bid for a Panel 69 Assembly, please contact the Assembly Coordinator, Coree H. via the [web form](#).

PANEL 69 AREA OFFICERS & AREA MEETING INFORMATION

Delegate

Teddy B.-W.

Alternate Delegate

Jennifer B.

Chair

Eric L.

Treasurer

Laura W.

Registrar

Erica G.

Recording Secretary

Miguel H.

Assembly Coordinator

Coree H.

Literature/Grapevine Chair

Magdaleno O.

Pacific Regional Trustee

Kathi F.

prtrustee@centurylink.net

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San Francisco, CA 94119-2490

www.handinorcal.org

***To contact any Area Officer
or Committee, please use
the [web form](#).***

CNCA Standing Committees & Sharing Sessions

are the 4th Saturday every month (3rd Saturdays in December, and often January)

Committees and Sharing Sessions meet in the mornings,

the Area Business Meeting is held from 12:30—3:30 pm.

Address is 320 N. McDowell Blvd., Petaluma

Archives committee meets at 11:00 am. For information contact Denise G. The Archives mailing address is 185 Mayhew Way, Walnut Creek, CA 94597. Archives workday is at 193 Mayhew Way.

Bridging the Gap committee meets at 11:00 am. For information contact Larry B. The BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets at 11:00 am. For information contact Jennifer B.

Interpretation & Translation committee meets at 11:00 am. For information contact James B.

Web committee meets at 11:00 am. For information contact Drew B.

DCMs' & DCMCs' sharing sessions meet at 10:00 am.

Literature/Grapevine/La Vina sharing session meets at 10:00 am. www.aagrapevine.org

Accessibilities sharing session meets at 10:00 am; for information contact access@cnca06.org.

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