



CNCA COMMENTS

A.A. Confidential—October 2020

www.cnca06.org



California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview

For the first time in nearly two decades, our Area has a new Standing Committee; the members of this committee are Shaun G., Gavin O., Nicholas S., Robert S., and Cindi W. This group of five people – selected from a large pool of candidates – is now tasked with developing the scope of the committee and possible guidelines for their work. They have started their work and will begin reporting at the Area Committee meeting this month.

At the Area Committee meeting, we began discussion on numerous motions, including a proposal to incorporate the Area as a California Public Benefit Corporation. Details about this proposal are available in the Area Structure ad hoc report that was distributed to DCMCs last year.

Meanwhile, planning for the Election Assembly is underway. Our Virtual ad hoc committee is working with the team that will manage the technical aspects of the assembly. I have received many questions about how voting will work – rest assured that details about how to vote will be explained during the orientation prior to the assembly, as well as throughout the assembly. Plans are also being made to ensure that every person who is eligible to vote is able to.

Talking about voting reminds me to prepare that it is almost time to rotate out of my current position. Rotation is one of the spiritual gifts of the program. It teaches me to let go, keeps me humble, reminds me that discomfort can help me grow, and gives me freedom to serve as I am needed.

I will miss being the Area Chair – but I am excited to see who gets to experience the spiritual growth I have gotten from the privilege of serving the Area in this capacity. I am very much looking forward to the Election Assembly – and to seeing what our Higher Powers have in store for us.

Eric L., CNCA Chair - Panel 69

Passing It On

Our upcoming season of rotation reminds me that I am still your delegate and that I am responsible until midnight on December 31: no coasting, no winding-down, no slacking off. Rotation, for me is a welcome change, yes, but also a responsibility, a double edged one.

As much as I may be ready to move on, I have a duty to ensure that I handover a tidy and coherent pass it on. And that takes time, energy, and commitment. It also takes love. What sort of pass it on would I expect? That's the one I get to create. Simple, but not easy. And, as much as I may want to jump into any new service commitment coming my way, I also have a responsibility to offer the person who is passing it on to me that same opportunity. Again, if I let our spiritual principles guide me, all will be well.

Now is the time to start that process—well the intricacies at any rate, because truth be told, I should have been working on that pass-it-on from day one, by keeping good records and storing information that my successor in service will find helpful. Also, as Bill reminds us in Concept IX (three times in fact in the first two paragraphs) furnishing our service structure with able and willing workers has to be a continuous effort. So, have I been a good example? Do I encourage others? What more could I be doing? Questions like this help guide my commitment to rotation.

Passing it on is what we do best. When, as a sponsor, we work with a newcomer, we pass along our life-saving and life-giving program of twelve-step recovery. And, just like working with the newcomer, when we pass it on in service, we can do no more than lay the simple kit of tools at the feet of the incoming trusted servant. Just as I can't set my heart on getting anyone sober neither can I set my heart, or rather my attachment, on how the next trusted servant will fulfill their commitment. My way was my way, not the way.

I wish you fun with your pass it on and to wherever your adventures in service take you next.

Teddy B.-W., CNCA Panel 69 Delegate

Looking for Something?

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AREA COMMITTEE MINUTES—September 26, 2020

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES FOR September 26, 2020

The monthly committee meeting of CNCA was held virtually on September 26, 2020. Eric L. opened the meeting at 12:30 pm, followed by the Serenity Prayer. Susan J. (District 05) read the AA Preamble, Tradition 09 was read by Bill H. (District 04), Stefanie S. (District 04) read Concept 09. Introductions: (5) GSRs, (1) DCM. There were 6 Past Delegates: Diane O. (Panel 35), Bob D. (Panel 36, Area 28), Barbara M. (Panel 41), Jim M. (Panel 45), Woody R. (Panel 50, Area 07), David N. (Panel 59), who currently serves as a General Service Trustee, Ken M. (Panel 61), Raymundo L. (Panel 65), Joann L. (Panel 67). The August 2020 financial report was published in the August issue of Comments and Comentarios. Approval of the August 2020 Area Committee Minutes: Approved
123 attendances. Birthdays: 257 years.

OFFICER REPORTS

Delegate – Teddy B-W: The call for stories for the pamphlet, A.A. For the Older Alcoholic, has been reopened so that we can hopefully attract stories from: Ethnic, cultural and LGBTQ communities, Veterans from the Vietnam War or later, Online or telephone A.A. meetings, Dementia or Alzheimer & mental health issues, Spiritual pathways. Deadline is December 15. The 2021 General Service Conference is being planned on the basis of this being another virtual conference and the theme will be “A.A. In a Time of Change”. The Conference Agenda Committee is soliciting Conference Theme suggestions for 2022, the deadline for responses is December 15. Looking ahead to our election assembly, we will be joined by our Pacific Region Trustee, Kathi F., and also by our Trustee-at-Large for Canada, Trish La N. I am scheduled to give my last conference report on October 17 at District 10's Unity Day {or Nov 14 in D13?} If you are available to serve on the PRAASA 2024 Committee, and have not yet done so, email me at delegate.p69@cnca06.org.

Alternate Delegate – Jennifer B: We had our first Virtual Joint Committee Communication Meeting with members from all over Northern CA coastal and interior areas. The minutes from all the breakout sessions will be translated and distributed. Most of us walked away from the meeting with a little more hope

and a lot of ideas. Drew shared with us about the NAATW today and that recordings from that event will be available! I got to participate on the same day in a panel about Safety in AA.

Chair – Eric L: Area Officers are selecting members of the new Technology standing committee.

Treasurer – Dennis H: Contributions continue at 80% of budget with expenses running about 30% of budget. Net Revenue for the year is close to \$50,000.

Currently we have \$54,500 in our checking account and \$11,037.50 for prudent reserve. Finance Committee is reviewing next steps, we continue to see increase activity with online contributions, as you know we pay a fee for online contributions, we send receipts directly from our Web site so we are saving the cost of mailing receipts. In Sept to date we collected \$490 with 21 individual transactions. Square took a fee of \$20 if we had mailed receipts it would have cost \$17.00.

Registrar – Erica G: GSO is just about done fixing their new registration database and registrars will have access to do our own changes again very soon. I am gearing up to do all of your election updates. I will also be contacting all Registrars and cc'ing DCMCs to confirm the Current DCMs for the upcoming area election roll call. Please be sure to confirm the Panel 69 DCMs, not those newly elected for next Panel. If anyone has any questions or concerns, please feel free to contact me.

Recording Secretary – Miguel H: Please send your report via email, text, audio, or a simple picture so it can be added to the monthly meetings. Thank you Chelsea W. for all the help editing the minutes for almost two years.

Assembly Coordinator – Coree H: Probably won't be having any in-person assemblies until Summer 2021. This month I met with members of the Japanese General Service Board so that they could learn from our experience hosting Assemblies in CNCA. Please consider bidding for the pre/post conference assemblies in 2021. The Virtual Assembly Ad Hoc has plenty of ways that hosting districts can be of service to the Area.

Literature/Grapevine/La Viña – Magdaleno O: New aa.org website store was launch Sep 9, 2020.

This newly designed web store features many improvements, such as; web store site navigation, search and sort by item number, format, categories and language. La Viña website update has been completed and will now be exactly the same as the

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AREA COMMITTEE MINUTES—September 26, 2020, Cont'd.

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Grapevine website. Will be available in mid-October. Join us as our 2020 Carry the message project; to learn more, visit our website at aagrapevine.org/carry-the-message or visit our YouTube channel at youtube.com/aagrapevine And by acquiring a "Gift Certificate", you will have the opportunity to help those who need us most.

DISTRICT REPORTS

District 01 (Monterey) – Susan G: We continue to review job descriptions for the elections in November. Our MONYPAA young people's group has disbanded and provided a thousand dollars in seed money to the Intergroup treasury in hope that another group will form in the future. Two members of the Accessibility Committee provided input on the needs of our fellowship and answered questions.

District 02 (Salinas/San Benito) – Brian M: We had our delegate's report this month. District 02 is discussing elections, increased participation and accessibility of members challenged with technology.

District 03 (Santa Cruz) – Murias O: We were helping providing meetings to evacuation centers, more than 1000 houses been burned, donations will go to the local fellowship. We donated \$500 dis to GSO. We completed our new District website.

District 04 (Santa Clara North) – Julie N: Thank you to our area officer sharing on Leadership. We welcomed our first GSR from a virtual only meeting. This led into our discussion topic regarding GSR's coming from a virtual only meeting, which district do they belong in? We continue to get ready for our District elections which we will have next month.

District 40 (Santa Clara South) – Manuel R: We had a good discussion on the difference serving at Area Vs serving at the District. We are preparing for our District elections.

District 05 (San Mateo) – Matt D: We mirrored the Summer Assembly format and had what we called our end of the panel pass it on workshop. We broke out into sharing sessions to discuss consistent topics. In addition to providing future district officers and members with insight on methods to facilitate our service, it gave us opportunity to familiarize ourselves with the breakout rooms. San Mateo County service committees are adapting to continue their service, including our PI/CPC committee giving their first

virtual presentation to a group of social workers.

District 06 (San Francisco) – Justin D: I would like to thank our visiting Area Officer who shared their experience on "what to do after you've been a GSR." We are preparing for our upcoming Unity Day event on October 10th We have begun the process of updating Job Descriptions and the District will be holding elections for our new panel of trusted servants in the coming months.

District 07 (Alameda North) – Vivian K: Our Archive Chair is researching on the history of A.A. medallions. Our Central Office is holding a workshop on the 12 Traditions and recruitment of board members. We are fortunate to have the friendly support of the Alameda County Health Department to ensure good

communications on all pandemic health and safety guidelines are available to our groups. Newcomers continue to find the doors of A.A. Virtual parking lots and virtual cafes, before and after online meetings.

District 70 (Alameda South) – Nora H: We held our delegate's report this month. We discussed COVID 19 concerns. We are preparing for our District elections. Access, archives and BTG are busy working in our District thank you.

District 08 (Contra Costa) – Richard W: Our District hosted two very engaging workshops one, PI and CPC Committees included a topic on engaging with professionals and our second workshop, which was on COVID 19, included very practical and useful information plus participation by our local public health officials. We will be having our District Elections in October.

District 09 (Solano South) – Donna B: We didn't have a district meeting last month. We have a new GSR here today. Thank you.

District 90 (Solano North) Terri M: We passed a motion on developing a graphic novel of the first 164 pages of the big book and plan to present it at the pre-conference assembly. Our Unity day will be held on October 10, from 1-3 pm. and Greg M. former GSO manager will be sharing.

District 10 (Marin) – Gusty M: We passed a motion to create an accessibilities committee and began discussion on a motion to use excess funds for PRAASA scholarships. We will be holding our unity day on October 17th from 1-4pm, Teddy W. and Billy N., a past trustee, will be sharing their experience. It can also be found on aasfmarin.org. Marin health and

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AREA COMMITTEE MINUTES—September 26, 2020, Cont'd.

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human services has created guidelines for in person outside recovery meetings, currently being finalized by the county. PI/CPC made their first virtual presentation this month and plan to do more.

District 11 (Napa) – Chitra S: Our 2021 budget was presented for review. Our District funded Beginners Mtg is in discussion to adapt its format for the virtual age. NAPYPAA will be hosting a Halloween themed virtual event at the end of October. A GSR gave a presentation on zoom etiquette and showing respect in our virtual rooms. Our visiting Area Officer gave us a really interesting tour of the final Conference Report. We discussed the creation of a District Tech Committee or position. In October we will have a share by current GS trustee / AAWS Director.

District 12 (Sonoma) – Claudia N: Our registrar held a new GSR orientation. “What’s next?” We have been doing our job descriptions and we are having our Elections in November. We had our District Joint Communications Committee meeting with Intergroup, H & I, BTG, Access Sonoma County and SOCYPAA in attendance. BTG is reaching out to facilities to add more presentations, PI/CPC has had an inquiry from a few schools. H & I will be holding their 3rd legacy election in October. Our Intergroup is getting ready for the Alcahons coming up this holiday season. Our Unity Day event will be October 10th from 10-3 pm.

District 13 (Lake County) – Sherrie R: We are planning our virtual Unity Day on November 14, 2020. Our district has not received any donations since March but bills have been paid and we still have our prudent reserve. We do have several in person AA meetings happening in Lake county and still have a full calendar of virtual AA meetings as an alternative. Sadly our annual Soberfest was cancelled due to the pandemic. But we continue to trudge on.

District 14 (Mendocino) – Amy M: Thank you to our Area Officer who gave a three-part presentation: Ideas for service beyond GSR, What does it mean to be available? Navigating the Conference Final Report our District discussed several job descriptions, and will cover the remainder of them next month. Thank you to the member of the CNCA Archives Committee that visited us and gave a special presentation. We discussed our 2021 budget. MENDYPAA young continues to be small but mighty and has a virtual event every month. There is a small

group in Fort Bragg that had been having a weekly bonfire meeting at Caspar Beach.

District 15 (Humboldt/Del Norte) – Jerry C : We are getting contributions from our groups. We are getting ready for the elections assembly. Our district is doing ok financially. We welcomed two new GSRs. We are working on electing an Accessibility Chair.

District 16 (Spanish Central) – Emma M: I'd like thank our area officer for sharing on the elections process. Our district celebrated our 34th anniversary with our delegate's report. We are doing PI /CPC presentations. We are ready for our next elections meeting on October 21.

District 17 (Spanish South) – Fernando R: Thank you to the area officer for sharing on the conference finance. 80 percent of the groups had reopen in our district. We are distributing hard copies of the conference report with the groups. We planning our elections for Panel 71.

District 18 (Spanish North) – Jose F: We thank our area officer for sharing on difference between been available and willing to serve. We had decided to change rooms for our in person district meeting. We are using the virtual account to have hybrid elections. Majority agreed to meet in person for that. We have our District Anniversary celebration on September 27.

District 19 (Spanish South South) – Lupita O: We discussed the possibility of working on our District website. We are growing in number of open meetings including two new groups. We are holding District elections in November.

District 20 (Spanish East) – Jose M: We continue to meet hybrid 3 times at month. We are revising our District budget. We are continuing to inform GSRs on relevant area activities. We are planning our anniversary event. We'd like to thank our area officer for the presentation on the spirit of rotation.

AREA SUB-COMMITTEES AND SHARING SESSIONS

Accessibilities- Alan W: The Accessibilities Committee approved a draft of committee guidelines. We learned about the new ASL interpretation features in Zoom which sound very powerful and flexible. The Dual Diagnosis Microconference is happening again, on October 25 from 2:00 to 5:30. You can contact me or David F at musmur8@hotmail.com / 415-377-8267. We heard from Ana V. about a very successful virtual meeting for Hispanic women daily at 3:00pm ID: 835-

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AREA COMMITTEE MINUTES—September 26, 2020, Cont'd.

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Archives – Denise G: We continue to work on digitization of our 2019-2020 records for both Area and our districts. The AA National workshop was held today (September 26, 2020) and we were able to attend earlier and several members of our committee are attending. We are working on the details of our open house that will be held virtually on December 12. Bridging the Gap – Larry B: The BTG Committee passed a housekeeping motion moving our November committee meeting to Thursday, November 19th at 7pm. We will be proceeding with our committee elections in October. We had done 6 presentations during this month. We began the year with full crew, currently it's only 5 officers.

Finance – Don L: The finance committee met and reviewed the current financial status and projected income and expenses. We have reviewed the excess funds status and will be making a motion next month to distribute some of these funds. The finance committee has reviewed the current motions that have financial impact. The 2021 budget has been completed and is in review for any corrections or adjustments and will be sent to the DCMC's, Committee Chairs and Area Officers late October and will be presented at the November ACM.

PI/CPC – Jennifer B: We talked about holding workshops to educate members about PI and CPC. We can also use our committee pages on intergroup or district websites to provide more information to members about getting involved. You may have seen the video that was circulated by the Triangle Fellowship and East Bay Intergroup committees that shows how AA entities can make use of free Google Business Listings to enhance their web presence. A different local CPC committee is working on a web page specifically for interacting with local professionals. One highlight of my month was packing up some of our literature and display materials and driving down to the Petaluma Community Center to meet a member in the parking lot – socially distanced of course – so he could staff a PI table at the "Club and Committee Fair".

Website – Drew B: We're meeting in the 3rd Saturday of the month at noon. We are working on developing a Google style side search easier to find things. Our website needs to be available and accessible to those who have hearing or vision impediment, we have

guidelines that we can apply to our website. I attended the international workshop on September 12.

Interpretation and Translation – James B: We are nearly prepared for the election assembly and I am looking forward to attending. We reviewed a first draft of updated guidelines including job descriptions for the I&T Committee and will be ready to share them soon. We are also reviewing the working with us interpretation document and looking to create a similar document for translators. Jackie continues to work on a database of professional ASL & Spanish interpreters/translators that have been used throughout the Area. If you have any information to share, please contact Jackie.

CNCA Comments / Comentarios– Kelly H: The September editions were published and distributed, thanks to the I&T and web committees for their help, and to everyone for their patience. A report on this service opportunity for next Panel will be presented. Virtual Ad-Hoc Committee- Coree H: The virtual assembly committee met with members of CNIA this week to help them get familiarized with our election process/procedure, none of our Ad Hoc members will be able to do any of our regular support roles at the election assembly. This is because all of the Ad Hoc members are also voting members of our Assembly. We will also be announcing two orientation events so that members of our area can learn about how we will be conducting our elections. One will be held in English and one in Spanish.

DCM Sharing Session – Sarah B: Today we had a presentation by a speaker from CNIA on the spirit of rotation. The discussion was focused on the spirit of rotation in the virtual age of online AA meetings. Members shared how their groups have grown and self-corrected their group practices to be more in line with the traditions, including but not limited to: digital baskets, creating new service positions, groups owning their own zoom account, awareness of technology as a barrier to participation, the benefits of online meetings for some members, rotating service commitments self-created by members out of necessity, and reducing "zoom fatigue."

Literature/Grapevine/La Viña –Magdaleno O: We had a visit from The Grapevine editor, they are working on the YouTube channel to make the announcements available also in Spanish. Also the Grapevine and La Viña pages are free to download the stories. Every

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AREA COMMITTEE MINUTES—September 26, 2020, Cont'd.

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month about 600 people call GSO requesting for A.A. Literature and magazines.

H&I Liaison – Karen B: We continue to hold virtual meetings. Few facilities are starting to allow in person meetings. Regardless we continue to contact facilities to offer literature. In October we will be voting in our 2021 budget. Thank you for your contributions.

YPAA – Jackie B: SWACYPAA had their virtual conference, was a trilingual English, Spanish and ASL. We hope this experience can become a standard for future conferences, we went over in the accessibility budget. October 17 there is a Panel on people of color meeting founders at 5:00pm, for more information contact Jackie B.

Dual Diagnosis Conference – Patrick B: On October 25th we are having our annual Dual Diagnosis Micro-Conference from 2:00pm - 5:30pm. Zoom ID is 868 2213 7454. Members from Accesibilites, H & I and BTG will present & participate. For more info., and the password, contact Dave F. at 510 909-6977 anytime.

Hispanic Women Workshop: Ana V: We continue to use the area virtual account to hold our meeting on Fridays from 5 pm to 6:30 pm in which this month we invited Esther, coordinator of this year workshop to share. We participated in the conference of young people of SWACYPAA as a committee of the Hispanic women's workshop and we invited Emma M. We are agreeing on final details for the Workshop that will take place on Saturday, December 5 of this year.

La Viña Aniversario – Genaro G: There is not much to report. The organizing committee just met on Sunday September 19. The intention is to make a count of the registrations that were achieved last year, I hope to be able to give you a final count at the next ACM.

HOUSEKEEPING MOTIONS

- “That CNCA provide interpretation for two hours at a virtual Literature Workshop on November 21, 2020, from 3 PM to 5 PM, at a cost of \$120. – presented by Magdaleno O, Literature/Grapevine/ La Viña Chair

Voted: Objections 0 / Motion Passed.

- Finance Committee Guidelines: Expense Reimbursement guidelines – presented by the Finance committee

Voted: Objections 0 / Guidelines Approved.

NEW BUSINESS

- “That CNCA incorporate as a California Non-Profit Public Benefit Corporation and retain the services of a qualified California Business Law attorney to attend to the incorporation and ongoing reporting requirements. The timing and retention of said attorney shall be determined by the Area Officers.” – presented by the Area Structure Ad Hoc committee

Group in favor, the area should be incorporated / my group is in favor it will protect officers / The Ad Hoc Committee's report is wrong. CNCA is not a business entity. This motion asks us to voluntarily affiliate with the state, to change CNCA into an artificial “person” governed by a board of directors in order to try to limit the wrongs individual members can be held accountable for. CNCA already has insurance that will pay for attorneys and judgments if a lawsuit is filed. The General Service Conference chose not to incorporate and most of the Areas in the Pacific Region have followed that same model. The recent controversy regarding the manuscript litigation shows what happens when AA's trusted servants act as corporate officers. / Point of Information: I sent out a request for information from the areas in North America regarding their structure, a sort of survey for the area structure and of the 34 areas that responded, Areas Incorporated: 61.76%, Areas Unincorporated: 23.53%, Other: 14.71% / people are assuming the officers are the ones on this board, but a could be other people not necessarily only officers / I served on the ad hoc committee, one of the keys, is that one attorney saw and revised this work, the officers carry the same responsibility that they always carry on the performance / once we agree all the members will lose voice / intergroup runs with groups or delegates, this is necessary and won't hurt our area / after hearing, what kind of issues the area could get involved with as a result, I've never seen any of these issues before / we discussed in our districts and it's challenging to understand / having a Pro and Con discussion could be valuable / we are not ready to get a group conscience, why our insurance doesn't cover this already? if we become a incorporated that will the insurance cost be increased? will we need a bylaws committee and expend more money? To legalize so much of our process, will we lose the language of the heart? / this relies on the members responding, seems

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CNCA BUDGET VS ACTUAL 2020

California Northern Coastal Area Budget vs. Actuals: 2020 Budget - FY20 P&L Through August 31, 2020

	Total		
	Actual	Budget	% of Budget
Revenue			
002 Group Contributions	58,247.14	71,222.00	81.78 %
003 District Contributions	11,757.64	8,537.00	137.73 %
004 Assembly Contributions	864.85	5,600.00	15.44 %
005 Tradition 7, Area Comm.	1,329.03	2,469.00	53.83 %
006 H & I Archives Rent		0.00	
007 CNCA Subscriptions		12.00	
008 Personal/Misc Contributions	1,044.38	676.00	154.49 %
010 Interest Income	2.51	3.85	65.19 %
Income	0.07		
Unapplied Cash Payment Revenue			
Total Revenue	\$73,245.62	\$88,519.85	82.74 %
Gross Profit	\$73,245.62	\$88,519.85	82.74 %
Expenditures			
012 EXPENSE			
Total 013 Delegate Expense	1,538.91	6,445.44	23.88 %
Total 038 Officer Expense	4,809.01	18,657.40	25.78 %
Total 093 Committee Expenses	9,562.42	19,471.84	49.11 %
Total 158 General Expenses	18,054.18	49,042.92	36.81 %
Total 012 EXPENSE	33,964.52	93,617.60	36.28 %
2019 Fall Assembly	-4,500.84	0.00	
Pacific Region Hospitality Room	41.44	0.00	
PRAASA 2024	0.00		
Total Expenditures	\$29,505.12	\$93,617.60	31.52 %
Net Operating Revenue	\$43,740.50	-\$ 5,097.75	-858.04 %
Net Revenue	\$43,740.50	-\$ 5,097.75	-858.04 %

CNCA STATEMENT OF FINANCIAL POSITION — JUNE 2020

California Northern Coastal Area Statement of Financial Position As of August 31, 2020

	<u>Total</u>
ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	47,957.60
Prudent Reserve - Savings	11,037.50
Total Bank Accounts	<u>\$ 58,995.10</u>
Other Current Assets	
Assembly Deposits	1,500.00
Undeposited Funds	<u>0</u>
Total Other Current Assets	<u>\$ 1,500.00</u>
Total Current Assets	<u>\$ 60,495.10</u>
TOTAL ASSETS	<u>\$ 60,495.10</u>
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	5,614.60
Prudent Reserve ~ Savings	11,140.00
Net Revenue	43,740.50
Total Equity	<u>\$ 60,495.10</u>
TOTAL LIABILITIES AND EQUITY	<u>\$ 60,495.10</u>

Cash Basis Thursday, September 10, 2020 10:14 AM GMT-07:00

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very organized and complex / this will only increase complicity in giving the officers the right to spend money / tradition of the least organization possible and interprets this for groups at the area level / the board of trustees has the experience we shouldn't fear this, this is a GS entity not a group / has there ever been an issue or has it never happened that area officer has been put in a position so this is just in case / Kris is correct that the GSC is not incorporated, AAWS is incorporated AAGV is incorporated, some people don't realize the GSB is Incorporated / this was taken from a GSR consideration and I am concerned that we are deciding this at the ACM, we have to let GSRs decide / we in the ad hoc committee even don't understand, we should trust our servants / service committee is not an umbrella to tell people what to do, its place is to serve AA, it's more important to not replace the language of the heart and not rely on lawyers language / if we incorporate will it mean more requirements to become officers, and will it cut out some members from being eligible to be an area officer?
Will be old business in October.

- “That CNCA retain the services of a certified bookkeeper to assist the Treasurer with both set up (once per panel) and to review the books on a quarterly or semi-annual basis (with Finance Committee approval as to frequency) to ensure that the Treasurer is adequately supported, to strengthen internal controls (by reporting to both the Treasurer and the Finance Committee Chair), and to make this service more attractive”. – presented by Teddy B.-W., Delegate, Dennis H., Treasurer, and the Finance Committee

We should try to suggest this as part of job description and make the position more attractive / why would we go outside AA to provide service to members / this could be an over-reaction resulting from the last treasurer experience, keep the service in AA / the learning curve is minimum, if you can balance your check book you can serve as a treasurer, tools are there and it's easy to function, we should expend money where it's needed / job description is clear, group of people oversees what the treasure does / sometimes we have problems asking for help.
Treasure it's a big responsibility / agree we don't need outside people to help, we have internal guidelines

where we have a clear view / I'm against the bookkeeper, I'm not against having a bookkeeper to do an audit once at panel, would make more sense having a co-treasurer position.
Will be old business in October

- “That CNCA requires affirmation of auto liability coverage for any member or contractor that CNCA reimburses for mileage. The Area Treasurer will be responsible for collecting and maintaining such affirmation”. – presented by the Finance committee

What this insurance does is actually protect us, what are the limits and the exclusions, this is a good consideration in terms of protecting CNCA / it's not us requiring this, the insurance agent is asking for it/ I think it will limit members making themselves available for service, there is insurance that will insure CNCA for people without insurance that use their vehicles for CNCA / it is not coming from our broker it is coming from underwriter providing insurance / if the state of CA required this, could possibly rewrite that, whoever was in service will have to provide prove of insurance.
Will be old business in October

PRESENTATIONS

Area Newsletters Job Description – presented by Kelly H., Comments/Comentarios Editor
Regardless of whether it's electronic or hard copy it serves to help the chain of communication and help the Districts to communicate, you wait for the minutes from the recording secretary, finance reports from treasurer, and read the delegate's corner and chair previews first. You also work closely with our registrar for the hard copy mailing process (when it resumes).
Time commitment 10 – 12 hours per month. In terms of workflow, the busier time is between the first & second weekend of the month when the Comments is usually done, the Comentarios takes a little longer due to translation. We also depend on the area I&T & web committees too. Four times a year the size of the newsletter is larger than the usual 12-16 pages per edition, due to assembly minutes. When/if we resume printing & mailing you'll work with and learn about post office bulk business mailing regulations. This panel we experienced lots of fun with two districts together putting stamps and envelopes at the same table during

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AREA COMMITTEE MINUTES—September 26, 2020, Cont'd.

assemblies which seemd to be the best way to get more members involved.

Virtual Assembly Hosting – presented by Jeff D., Summer Assembly Chair
Area helped with the organization. Virtual ad-hoc committee took part of the organization but district 11 zoom account was use for the assembly. Rehearsal will be done to learn and be more efficient. Don't need to have the webinar feature on your district account. Could be good having a co-host just in case. Having members helping members when log in to the Assembly. Bring the passion to the virtual assembly, being organized is better, also having the technical scale.

Report from the National AA Technology Workshop – presented by Drew B., Web committee Chair
We keep it digital; to reduce expenses also saving Area Officers not having to travel / having ACM on line and keep the officers visiting virtually / We have to focus on accomplishing the service and not the money we're trying to save, carrying the message and sharing ideas is the primary purpose and we have the capacity

to be prudent / lots of people want to get back to in person but we don't have the money to contribute / Digital basket across the world / when we get back in person maybe we'll have hybrid visits from officers.

WHAT'S ON YOUR MIND?

We come to Area because we need representation and discussion on exploring zoom meetings to be represented, we need help to get representation in GSO / if we need to be more financially prudent after having two motions on insurance and finance, how does that work / having the ASL feature was a great tool a the last WACYPA conference, if you need a list of interpreters contact Jackie B. its available for information / we are actually hosting a forum for Area 95, groups putting together on October 18 Coree a test on how a Virtual area could look / as been an awesome experience, thank you panel 69 for all the work you've done

3:22 p.m. -Closing

Miguel H., Area Recording Secretary

AREA OFFICER JOB DESCRIPTION—CNCA DELEGATE

Delegate – Job Description – Teddy's Panel 69 Experience

A servant's heart, a very supportive and understanding significant other and employer, lots of help from people, and amazing relationships with the Chair and the Alternate Delegate - in my experience, these things have been the foundation to help me show up and hopefully be of maximum service as your Delegate.

Delegate Functions

Conference/Agenda Topics

I prayed a lot more and paid attention and didn't let things build up or accumulate. I read everything promptly as it became available and took any action in a timely fashion, noting any deadlines.

I kept an eye on the emerging Agenda Topics and as soon as the final list came out on Feb-

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AREA OFFICER JOB DESCRIPTION—CNCA DELEGATE, Cont'd.

(Continued from page 11)

ruary 15, I made sure it got out to the area speedily. As soon as the background arrived, I distributed it to the area and reviewed the topics, selecting those I needed to hear group consciences on and those I didn't. I met with the Area Officers to assign the writing of the Summaries. I reviewed (and edited) the Summaries as these came in. I worked with the Chair to ensure that the Summaries were accurate, complete, and translated before sharing with the Area, before PRAASA. I brought an open mind and lots of pages for notes to the Pre-Conference Assembly. I read the background in detail *after* the Pre-Conference Assembly. I was clear on how and by when I would accept group consciences. I took 2-3 days to review my notes and all the group consciences, so that I could ascertain the Area's conscience and distill the pros and cons into a format that worked for me and that I could access during the Conference. I prepared for the General Service Conference, checking and double-checking travel arrangements, starting the packing several days in advance. I took ten days off work to attend the General Service Conference. I participated in all pre-meetings of my assigned Conference committees. I also had additional duties as a committee chair. I took an open mind and a journal to the General Service Conference and did what I needed to do to nurture my mind, body, and soul while at the Conference so that I was present for every moment of the Conference Schedule. Upon return, I took some time to allow the sense-making to emerge before starting to write my report, but didn't leave it too late—I needed several days to prepare it. I prepared multiple versions of your report to meet the needs of the Area, Districts, Unity Days, and Groups. I delivered approximately 25 Delegate Reports in the six months following the Conference, with a concentration in June and July.

Conduit for General Service Information

I read everything I received from the General Service Board, A.A. World Services, the A.A. Grapevine, and the General Service Office and then used my best judgement as to if and how I would share this information with the Area, trying to serve as an effective conduit.

Area Committee Meeting 9am – 3:30pm

I arrived around 9am to attend any necessary pre meetings and/or just to be available to members
I attended a 10am meeting, typically once every three months
I addressed and pre-event queries and questions
I delivered the Delegate Report
I reviewed Check Requests/Sign Checks
I paid attention!

Officers Meeting – 4pm-6:30pm is typical Immediately After ACM

I wrote to DCMCs whose Districts I will be visiting the next month – 30 minutes
I addressed any correspondence/follow up re: matters that arose during ACM – 30 minutes

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AREA OFFICER JOB DESCRIPTION—CNCA DELEGATE, Cont'd.

(Continued from page 12)

I filed papers, updated my spreadsheet of district visits – 30 minutes

Intervening weeks

I met with Alternate Delegate – 1.5 hours

I met with the Chair – 1.5 hours

Pre-Area Committee Meeting

It took me an evening to prepare - 3 hours

Write report

Email report to Alternate Delegate, Chair, Recording Secretary, and Interpreter

Update files

Correspondence

Printing & Packing

District Visits Per Month

Average of three per month, typically 2 half days and one overnight

Prep time for presentations, typically 3 hours total, plus also getting handouts printed and translated into Spanish (for Spanish District Visits)

Assemblies

Four per year, but also to be there often the day of set up to help out, attend the dinner and so forth. Actually 5 in odd numbered years – one CNIA (counting ballots).

Write and deliver a delegate report, except at the Election Assembly.

As Delegate, you are the Chair of the CNCA Election Assembly.

Pacific Region

The advent of Zoom has meant more meetings with the other Pacific Region Delegates, sometimes every two-weeks, but 1 per month on average.

Attend PRAASA and participate

fully, including at the delegate meetings (2).

Attend the Pacific Regional Forum.

NCCAA

Attend all conferences and steering committee meetings, giving a report at each.

H&I

Attend any conferences and general committee meetings, giving a report at each.

Norcal Central Office Managers

Attend bi-annual (twice per year) gatherings (usually a half day, weekday) and be a force for unity with Intergroup.

Group Issues

My experience was that people thought I had way more power than delegated authority and I was frequently written to about group/district/intergroup and other issues.

Other

Interdistrictals, Unity Days, NAAAW, NAATW, BTG Forum, additional CNIA assemblies.

In short:

Show up
Be available
Listen
Read everything
Be a conduit
Ask for help
Let go

Total Time Commitment: 20 Hours per month in a regular “light” month + ACM + District Visits + Assemblies + Conferences and Forums + Special Projects + The Conference & Reports (you will be really busy from late February through July)

AREA OFFICER JOB DESCRIPTION—CNCA ALTERNATE DELEGATE

Alternate Delegate – Job Description

This position has two distinct, but well-integrated functions, as you are also Area PI/CPC chair. I knew I would be working closely with members in our Area as part of both jobs, but I was pleasantly surprised by the depth and breadth of the connection you build with other Areas and GSO. While I *thought* I knew what the Delegate did, I gained a much greater appreciation watching from an up-close perspective. And the work with PI/CPC has been a real joy! My wish for anyone who serves in this position is that you have (or develop) an excellent working relationship with the Delegate, Area Chair and the other Officers, because that camaraderie makes for such a rewarding experience.

Alternate Delegate Functions

Monthly Area Committee Meeting

- Deliver 2-minute Alternate Delegate report
 - Distribute birthday envelopes, review check requests and sign checks
- Attend a 10am meeting, typically once every three months (during COVID-19, option of an “11 am” meeting on another day because of schedule changes)

Monthly Officers Meeting

- After ACM, 4pm-6pm (sometimes longer)

Throughout the Month

- Meet with Delegate (moved to virtual meetings this year and that works well)
- Miscellaneous correspondence and follow up
- ACM prep: Write report (email to Delegate, Chair, Recording Secretary, and Interpreter); Prepare for Officers Meeting; Pack car (including any needed printing)
- Optional new thing: monthly Alternate Delegates meeting on Zoom

Delegate Support and Special Projects

- Be physically and spiritually ready to step in and assume the role of Delegate if needed (and pray for the health of the Delegate!)
- Agenda Topics: Work on summaries; Take notes at Pre-Conference Assembly to help the Delegate prepare for the Conference
- Write the Delegate’s Corner for CNCA Comments the month Delegate is at Conference
- Handle Tradition 11 anonymity breaks
- Other duties as assigned: Deliver a Delegate Report if they have a schedule conflict; Attend H&I or NCCAA business meetings/conferences; Assist with correspondence or documents
- Panel 69 projects included: Agenda Topic Summary Survey data collection, analysis and written report; Coordinating purchase and distribution of old Service Manuals to Districts

District Visits

- Contact DCMCs regarding upcoming District visits immediately after ACM
- Average of three per month, travel time varies (some are overnight)
- Prep time for presentations also varies, and may include translation or copies, or coordinating to bring other members to help with inventory or elections

AREA OFFICER JOB DESCRIPTION—CNCA ALTERNATE DELEGATE, Cont'd.

Assemblies

- Four in CNCA each year: Email and deliver 2-minute report, help out as needed
- Alternate Delegate is funded to PRAASA the first weekend in March

Other

- You will be invited to participate in Interdistrictals, Unity Days, and workshops
- You may choose to attend the Pacific Regional Forum, CNIA assemblies, and the national workshops (NAAAW, NAATW, BTGWW), especially if nearby or online

Public Information/Cooperation with the Professional Community Functions

Monthly Area Committee Meeting

- Chair PI/CPC Meeting at 11 am (or on Zoom on a different day during COVID-19)
- Deliver 2-minute PI/CPC report at ACM (email to Recording Secretary and Interpreter)

Throughout the Month

- Miscellaneous correspondence with members and GSO (volume varies each month)
- Email Minutes, Agenda, and any other documents for translation
- Assemble and email meeting packet to CNCA PI/CPC distribution list 3-7 days before the ACM Update contact list, prep announcements/report, coordinate with presenters (as needed), print copies and pack car

CNCA Assemblies

- PI/CPC display (Set up, coordinate volunteers, and be present)
- Deliver 2-minute PI/CPC report (copies to Recording Secretary and Interpreters)

Special Projects

- Coordinate volunteers and display for national and statewide CPC conventions – 2 per year (average of 3 days each, often weekdays)
- Coordinate with Districts who want to borrow the Area PI/CPC display materials (you store)
- Monitor literature levels and order literature and workbooks as needed (you store)
- Cooperate with Finance Committee to prepare PI/CPC budget
- Attend BTG Forum (once per year in CNCA)
- Coordinate with BTG, H&I and Accessibilities (as well as CNIA) to facilitate Joint Committee Meeting (goal is two per year, alternating between CNCA and CNIA, may be virtual)
- Keep in contact with other CA CPC Chairs regarding statewide conventions and participate as available in National CPC Chair quarterly Zoom calls and Google Group

Items to store include: 1 large plastic crate (32x18x13), 3-4 smaller boxes (17x14x11), 2 large folding displays (36x24x4), and a literature rack

Total Time Commitment: 16-20 Hours per month + ACM + District Visits + Assemblies + Special Projects

Jennifer B., Panel 69 Alternate Delegate

CNCA MOTIONS – OCTOBER 2020

AREA COMMITTEE

HOUSEKEEPING MOTIONS

PRESENTATION OF NEW BUSINESS

OLD BUSINESS

- That CNCA incorporate as a California Public Benefit Corporation and retain the services of a qualified attorney to attend to the incorporation. – *presented by the Area Structure ad hoc committee*
- That CNCA retain the services of a bookkeeper to assist the Treasurer with both set up (once per panel) and to review the books on a quarterly or semi-annual basis (with Finance Committee approval as to frequency) to ensure that the Treasurer is adequately supported, to strengthen internal controls (by reporting to both the Treasurer and the Finance Committee Chair), and to make this service more attractive.
- That CNCA requires affirmation of auto liability coverage for any member or contractor that CNCA reimburses for mileage. The Area Treasurer will be responsible for collecting and maintaining such affirmation. – *presented by the Finance committee*

NEW BUSINESS

- That CNCA increase the reimbursement amount for qualified hotel stays from \$100 to \$150 per night. – *presented by the Finance committee*

DISCUSSION TOPICS

- Discuss ideas and options to operate CNCA on a more financially prudent basis
- Discuss content available on the Area website, and what might be added to improve communication
- Discuss how we can best strengthen the composition and leadership of our future trusted servants
- Discuss ideas on how to convey information regarding Area Assembly motions to the GSRs

AREA ASSEMBLY

OLD BUSINESS

- That CNCA establish a standing committee on Technology.
- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – *presented by District 07*
- That AAWS publish a one-page summary of the six warranties. – *presented by District 08*

NEW BUSINESS

- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Spanish-speaking LGBTQ Alcoholic" be produced. – *presented by District 40*

DCM SHARING SESSION September 26, 2020

11:00 am - Sharing Session held virtually; opened with the Serenity Prayer by Coree H. Chair. Our meeting is open to everyone to learn and participate on the topics. Alternate delegate job description was explained and questions answered.

Presentation – Spirit of Rotation by Emily L from Area 07 CNIA: She shared her experience with the changes in her home group brought about at the pandemic; her group adjusted quickly and somewhat haphazardly and later had to make adjustments in accordance with the traditions to ensure no person had too much authority in their positions. For example, creating new service positions and ensuring the spirit of rotation within those positions. She reflected on technology as a barrier to the spirit of rotation (e.g., can a person still be a secretary if not proficient with technology?). She shared how elections have become simpler and quicker online when compared to in-person.

The meeting was opened for Q&A and open discussion:

- A member shared how she has observed members “clinging” to co-hosting and hosting positions, and suggested that groups rotate them more frequently (e.g., 6-8 weeks) to encourage participation in service. The speaker responded that she agrees that this is a good suggestion to combat ego and fear-based “ownership” of positions that members themselves created out of swift need and action.
- A member shared how she created a new online meeting thinking it would be temporary, but now that it has lasted longer than anticipated, she believes it's time for her to rotate out of the secretary position. She shared that she has shared access to her Zoom account to allow this.
- A member shared how her homegroup created a co-technology coordinator because the original person was becoming burned out on the position. She also shared her experience with having to let go of control when her service position rotated to someone else.
- Q: A member shared how his district has struggled with participation in General Service and wondered how to facilitate that. A: Speaker shared that zoom fatigue is real and can be a barrier to participation. She suggested being an attractive example of General Service, and also

reminding them of their responsibility to serve their group above their own interests.

- A member shared how her homegroup created an email account to take over the zoom account of the member who originally created it, and she thinks the next step is to allow a new person to take over the service position of hosting the meeting.
- A member shared how in her homegroup, her treasurer created a Venmo account and shares it during the meeting, they keep reports for the end to maintain attention for the meeting, created a safety statement position, and a phone list/email list position.
- A member shared how seeking out resources and suggestions from intergroups and other members has helped her serve her homegroup.
- A member urged members not to be put off by the technical aspects of online service positions. “God doesn't choose the qualified, he qualifies the chosen.”
- Q: A member shared how she has observed groups being resistant to creating their own Zoom account, instead continuing to use the personal account of the person who created it, and asked if the speaker has seen this? A: The speaker encouraged groups to create their own accounts because it's more in line with the traditions.
- A member shared how there has been an increase in participation in meetings for members who are deaf or hard of hearing because it makes it easier for them to read people's lips. He expressed hope that online meetings continue so these members can continue to participate.

Topic and speaker selection for next month: Group discussed potential topics for next meeting; previously suggested topics: 1) COVID cases rising and how districts respond, 2) how to improve our future, 3) how to improve General Service and Intergroup cooperation, and 4) digital baskets. Next month's topic: How to improve General Service and Intergroup cooperation. Chair will find a speaker from the Area.

Meeting adjourned at 11:50 with the Responsibility Statement

Respectfully submitted,
Sarah B., DCM Sharing Session Recording Secretary

CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS
ANONYMOUS

FALL ASSEMBLY 2020

“2020 – A Clear Vision for You”

SATURDAY NOVEMBER 7, 2020

[CLICK HERE FOR ZOOM JOIN LINK](#)

MEETING I.D. 959 4870 3654

JOIN BY PHONE: 408 638 0968

Orientation 9am 9:30am

Presentations

What Makes an AA Leader?
The Third Legacy Procedure
Area Officer Qualifications

Elections 9:30am 12:00pm

Report

Kathi F., Pacific Regional Trustee

Lunch Break 12:00pm 12:30pm

Report

Trish L., Trustee-at-Large Canada

Elections 12:30pm End

SIMULTANEOUS INTERPRETATION (ENGLISH/SPANISH) PROVIDED VIA ZOOM

2020-2021 CNCA CALENDAR—PANELS 69 & 71

2020—Panel 69

October 24—Area Committee Mtg.
 November 7—Election Assembly,
<https://zoom.us/j/95948703654>
 December 28—Area Committee Mtg.
 19—Area Committee Mtg.
 (Note: 3rd Saturday)

Assembly, tbd
 18-24—General Service
 Conference
 24—Area Committee Mtg.
 15—Post Conference
 Assembly, tbd
 22—Area Committee Mtg.
 26—Area Committee Mtg.
 24—Area Committee Mtg.
 7—Summer Assembly,
 tbd
 28—Area Committee Mtg.
 25—Area Committee Mtg.
 23—Area Committee Mtg.
 6—Inventory Assembly,
 tbd
 27—Area Committee Mtg.
 December 18—Area Committee Mtg.
 (Note: 3rd Sat)

2021—Panel 71

January 23—Area Committee Mtg.
 February 27—Area Committee Mtg.
 March 5-7—PRAASA, tbd
 27—Area Committee Mtg.
 April 3-4—Pre Conference

September 25—Area Committee Mtg.
 October 23—Area Committee Mtg.
 November 6—Inventory Assembly,
 tbd
 27—Area Committee Mtg.
 December 18—Area Committee Mtg.
 (Note: 3rd Sat)

PANEL 69 ASSEMBLIES

2020 Fall Election Assembly
 November 7, <https://zoom.us/j/95948703654>
 (Hosted by Districts 05, 07, 08, 17, 20, & 70)

PANEL 71 ASSEMBLIES

2021 Pre-Conference Assembly, April 3-4
2021 Post-Conference Assembly, May 15
2021 Summer Assembly, August 7

2021 Fall Inventory Assembly, November 6
2022 Pre-Conference Assembly, April 2-3

2022 Post-Conference Assembly, May 14
2022 Summer Assembly, August 13
2022 Fall Election Assembly, November 5

If your District is considering making a bid for a Panel 71 Assembly, please contact the Assembly Coordinator Coree H. at assemblycoordinator.p69@cnca06.org.

PANEL 69 AREA OFFICERS & AREA MEETING INFORMATION

Delegate

Teddy B.-W.

Recording Secretary

Miguel H.

General Service Office

P.O. Box 459
Grand Central Station
New York, NY 10163
212-870-3400 aa.org

Alternate Delegate

Jennifer B.

Assembly Coordinator

Coree H.

Chair

Eric L.

Literature/Grapevine Chair

Magdaleno O.

CNCA

P.O. Box 884222
San Francisco, CA 94188-4222
cnca06.org

Treasurer

Dennis H.

Pacific Regional Trustee

Kathi F.

NorCal H&I Committee

P.O. Box 192490
San Francisco, CA 94119-2490
handinorcal.org

Registrar

Erica G.

To contact an Area officer or Committee, or get the password for any meeting, please use [the web form](#).

CNCA Standing Committees & Sharing Sessions

Note: Some Committees & Sharing Sessions have changed their meeting days & times.

For questions about meetings, including passwords, please contact Committee chairs (ideally in advance of the times noted below):

CNCA Area Committee meets the 4th Saturday at 12:30 pm, Zoom ID 632-553-607. [Contact Eric L.](#) or your DCM or DCMC for the password.

Accessibilities committee meets the 4th Saturday of every month at 10 am. Zoom meeting ID is 828-0945-2039. [Contact Alan W.](#) for password.

Archives committee meets at noon, the 2nd Saturday of every month. Zoom meeting ID is 981-8745-2281. [Contact Denise G.](#) for password. The Archives mailing address is 185 Mayhew Way, Walnut Creek CA 94597-2065.

Bridging the Gap committee meets at 7 pm, the Thursday prior to the Area Committee meeting each month. Zoom meeting ID is 988-7891-7593. [Contact Larry B.](#) for password. BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

DCMs' & DCMCs' sharing sessions a

re held before the Area Committee meeting on the 4th Saturday of every month. The **DCMC session** at 10 am is open to DCMCs and Alternate DCMCs only. Zoom meeting ID is 632-553-607. The DCM Session at 11 am is open. Zoom meeting ID is 632-553-607. [Contact the Area Chair](#) for password.

Interpretation & Translation committee meets at 11 am the 4th Saturday of every month. Zoom meeting ID is 632-553-607. [Contact James B.](#) for password.

Literature/Grapevine/La Vina sharing session is 9 am the 4th Saturday of every month. Zoom meeting ID is 824-9101-6140. [Contact Magdaleno O.](#) for password.

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets at 11 am the 3rd Saturday of every month. Zoom meeting ID is 568-947-843. [Contact Jennifer B.](#) for password.

Web committee meets at noon the 3rd Saturday of every month. Zoom meeting ID is 880-3494-4851. [Contact Drew B.](#) for password.