



# CNCA COMMENTS

A.A. Confidential—November 2020

[www.cnca06.org](http://www.cnca06.org)



## California Northern Coastal Area of Alcoholics Anonymous

### Chair's Preview

By the time you read this, we will have held elections for Panel 71. I am writing this a week before those elections, reflecting on the past two years of service – and the gratitude I feel for having been given the opportunity to serve as chair for our Area. These have been two years of tremendous growth for me. My spiritual life has grown, as has my ability to trust the process (even if the process feels too slow or the results are not necessarily what I would like). I look forward to seeing what is next for me and for my friends.

I have full confidence that the next Area Chair will experience similar growth and joy in this service. So thank you for letting me serve.

Now on to our Area's business...

Our new Technology Standing Committee has started meeting – and is in the beginning stages of developing a plan of action for what technology needs they will prioritize. At this month's Area Committee meeting, we will hear their second report – and job descriptions for the three other standing committees – Finance, Interpretation and Translation, and Website. The opportunity to serve on standing committees is available to all members of the Area (though there are some specific requirements to serve on the Finance committee). Interested members can contact me through the Area website (or via email) to make themselves available.

At the last Area Committee Meeting, the first draft of a proposed budget for 2021 was presented. This was a unique budget – in part because of the many unknowns (almost all related to the pandemic) next year. We will continue discussing the budget (and possibly approving it) next month. A motion to disburse \$25,000 to the General Service Board was presented; this motion, along with several others, is now under discussion.

We also heard a riveting presentation from Nancy H., the chair of the Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) 2020, who described the role of PRAASA Chair. She did this because we will be hosting PRAASA in 2024, and we will elect a host committee chair at the November Area Committee meeting.

I look forward to seeing what happens next.

Eric L., CNCA Chair—Panel 69

Rotate on, not out!

The season of rotation is in full swing. Some of you already know where your higher power has placed you, others (like me) await, with faith, the future. So long as we remain committed to carrying the message, we never rotate out, only on.

General Service has opened my eyes, and heart, to the full horizon of service. I had no idea of just how many service opportunities were available to me until I served as a GSR. Even then, the full range was beyond my comprehension. Serving in the District opened my eyes still further. Serving at the Area exploded my comprehension of the sheer scope and variety of what it takes to carry the message and fulfill our Responsibility Declaration.

My experiences have also left me drenched in gratitude for all of you and the myriad tasks that are fulfilled, out of the limelight, to keep A.A. in action. It has been a privilege to witness and (at times) participate in the intricacies of our area finances, interpretation and translation, web, accessibility, archives, bridging the gap, public information, and cooperation with the professional community activities, not to mention every envelope licked and stamped to mail the Comments/Comentarios. And that's just the tip of the iceberg! As your delegate I have gotten to participate in the Spanish-speaking districts' inter-district and anniversary meetings. I have gotten to be an ally to my Spanish-speaking sisters and, most humbling of all, I have gotten to be the vessel of your trust.

We sometimes say that we start out on our service journey to repay the debt we owe to Alcoholics Anonymous, but the further we travel down that road the bigger the debt becomes. That has been my experience and strangely, rather than looking forward to a rest, my heart propels me into a wonderful horizon of, as yet, undiscovered service adventures: my heart and those closest to me who continue to support my service instinct!

Thank you for preparing me for this moment.

If you're still waiting to find out where your higher power thinks you ought to serve, I wish you a happy landing wherever you get to carry the message next and look forward to the next time our paths of happy destiny intersect.

Teddy B.-W., CNCA Panel 69 Delegate

## Looking for Something?

Chair's Preview—p.1

Delegate's Corner—p.2

Area Committee Minutes, 10/24/20—pp. 3—5, 8-11

Area Financial Reports, 9/2020—pp. 6—7

Area and Assembly Motions—p. 12

DCM Sharing Session, 10/24/20—p. 13

Western US & Canada Forum Announcement,  
12/19/20—p. 14

CNCA P69 & 71 Calendar & Assembly Info.—p. 15

Area Officers & Meeting Info.—p. 16

# AREA COMMITTEE MINUTES—October 24, 2020

## CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES FOR October 24, 2020

The monthly committee meeting of CNCA was held virtually on October 24, 2020. Eric L. opened the meeting at 12:30 pm, followed by the Serenity Prayer. Suanne K. (District 07) read the AA Preamble, Tradition 10 was read by Lori R. (District 04), Leslie W. (District 08) read Concept 10. Introductions: (9) GSRs, (1) DCMs. There were 6 Past Delegates: Diane O. (Panel 35), Bob D. (Panel 36, Area 28), Barbara M. (Panel 41), Jim M. (Panel 45), Woody R. (Panel 50, Area 07), David N. (Panel 59), who currently serves as a General Service Trustee, Ken M. (Panel 61). The September 2020 financial report was published in the September issue of Comments and Comentarios. Approval of the September 2020 Area Committee Minutes: Approved  
126 Attendances. Birthdays: 98 years.

### OFFICER REPORTS

Delegate – Teddy B-W: Please would you thank your groups for their continued support of their Central Offices, H&I, and the General Service Structure in these challenging times. The call for stories for the pamphlet, A.A. For the Older Alcoholic, has been reopened; the deadline is December 15. The 2021 General Service Conference is being planned as a virtual conference. The Conference Agenda Committee is soliciting Conference Theme suggestions for 2022. Save the date for the Virtual Western US/Canada Regional Forum on December 19.

Alternate Delegate – Jennifer B: Box 459 is only being distributed digitally for time being. I wanted to draw particular attention to two things in the latest Box 459, the article on “Back to the Future” about the issues groups are facing with the options surrounding reopening their meetings or staying online. Members of some districts (notably Marin, Alameda and SF) have been in contact with their county health departments to work on guidelines, or have discussed the related anonymity concerns of contact tracing. Your local PI/CPC committees are doing wonderful work in terms of public relations for AA. The Final Conference Report book did not

contain all the information we normally receive. In August, Teddy sent out the additional 70-page Finance Report (the one with the picnic table on the front).

Chair – Eric L: Please consider making yourself available to serve on an Area Standing committee next panel. We continue to look for bids for assemblies and for the Area newsletters (Comments and Comentarios).

Treasurer – Dennis H: The CNCA treasury remains in good condition. I expect us to have an income of \$7,000 with expenses of \$2,900 for a net income of \$4,100. At the end of the month CNCA will have about \$58,000. Prudent reserve remains at \$11,037.50. Expenses were normal for the month, at least for the new normal. I did provide a check for \$1,257 to our delegate to cover delegate cost, this item was budgeted at \$1,300.

Registrar – Erica G: Reminder of those eligible as Area Officers in our upcoming election: current Area Officers, DCMCs, and DCMs. I am confirming current DCMs for the election roll call and will finalize that next week. Please send me District election changes as soon as possible so that I can do those and set up the incoming Area Registrar in a good position.

Recording Secretary – Miguel H: Like every month I'd like to thank Chelsea W. for ongoing help with editing the area and Assembly minutes. I'm working on having the motions book ready for my pass it on.

Assembly Coordinator – Coree H: I am again reminding everyone that your districts are welcome to bid for the upcoming Panel 71 assemblies, because those assemblies are likely to be online, the bid process will probably be significantly less labor-intensive and the planning process will be as well, so consider bidding!

Literature/Grapevine/La Viña – Magdaleno O: Book sales are down significantly. La Viña subscriptions are down significantly from January, which is primarily due to low renewal rates. Audio Project stories are now being used and uploaded to YouTube. Outreach to the Spanish speaking community continues. New sources for digital and print subscriptions are being developed, such as

*(Continued on page 4)*

## AREA COMMITTEE MINUTES—October 24, 2020, Cont'd.

*(Continued from page 3)*

new database lists from circulation vendor to meaningfully increase subscriptions.

### DISTRICT REPORTS

District 01 (Monterey) – Susan G: Our 2021 Proposed Budget was presented. We passed a motion to send \$1200.00 to G.S.O. due to reduced expenses and continue to review job descriptions.

District 02 (Salinas/San Benito) – Brian M: We discussed having our annual Gratitude dinner/meeting. No decision was made. We talked about virtual meeting representation in General Service and agreed these meetings should be represented with GSRs.

District 03 (Santa Cruz) – Murias O: We discussed our job descriptions. What it means to be available. YPAAs are little by little getting back on their feet. We are working on guidelines for possible in person meetings.

District 04 (Santa Clara North) – Julie N: Santa Clara County is now open to have outside meetings with restrictions. We are getting conflicting information from the Virtual Solutions sub committee formed by Intergroup as to what the restrictions entail. District 04 held their Panel 71 elections; elections started off with a bang having six members making themselves available for the DCMC position.

District 40 (Santa Clara South) – Manuel R: We held our elections and we continue next month. We are working on our budget for next panel.

District 05 (San Mateo) – Matt D: Our visiting area officer gave a timely presentation on leadership within AA and Concept 9, focusing on some qualities leaders embody. This transitioned nicely into District Committee Member elections; we are excited to welcome five DCM's for Panel 71. Our district elections continue next month. Our treasurer and budget ad-hoc committee gave a first presentation of District 05's proposed 2021 budget, factoring in expected financial impacts of COVID-19.

District 06 (San Francisco) – Justin H: We had our

Unity Day on October 10 featuring presentations and orientations from various service committees including H&I, PR committee, Intergroup, Teleservice, and more. Recently San Francisco – Marin Intergroup accepted a large bequest in excess of the lifetime gift/bequest limit and decided to use it to support meetings, groups, other intergroups, and services by establishing a “Special Projects Fund.

District 07 (Alameda North) – Vivian K: We are very grateful for the Area's service and support. We will have our October District Meeting next Wed. Oct & Nov are election months.

District 70 (Alameda South) – Nora H: Our elections will be held during October-November. We're having a special presentation in December during our pot-luck.

District 08 (Contra Costa) – Richard W: We held our first round of our elections co-hosted by our past-DCMCs. I am happy to announce that Leslie W is our incoming DCMC and the alternate DCMC will be Meg B. Our next district meeting will be held on Election night, November 3<sup>rd</sup>. I would like to invite you to District 08 Contra Costa's Unity Day which will be held on November 21<sup>st</sup> from 1 to 4pm via zoom.

District 09 (Solano South) – Steve M: No Report

District 90 (Solano North) Bill H: We had our first virtual unity day on October 10<sup>th</sup> with about 45 people attending. We will hold our elections on November 4<sup>th</sup>.

District 10 (Marin) – Gusty M: We will be holding our District elections in November, and we're looking forward to the Area election assembly. Marin County recently approved guidelines for outdoor recovery meetings and have set up county parks for us to meet. District 10 General Service and PI/CPC will be cohosting a town hall on Tuesday October 27 we will share the background of working with Marin Health and Human Services along with the process for coordinating with the parks and share the guidelines. Interpretation will be provided.

District 11 (Napa) – Chitra S: We had two excellent presentations on Third Legacy Elections and what

*(Continued on page 5)*

## AREA COMMITTEE MINUTES—October 24, 2020, Cont'd.

*(Continued from page 4)*

it means to be available, and the relationship between our various GS boards and the Conference. Continued discussion on creating a District Technology Committee. We passed our 2021 budget. In November 14<sup>th</sup> we will hold elections for all District Officer positions.

District 12 (Sonoma) – Claudia N: We presented the last of our job descriptions and we will be holding our District elections on November 2<sup>nd</sup>. PI/CPC has presentations for some schools and they are looking forward to more doors opening. We passed a motion to raise our prudent reserve from \$3500 to \$5000. Our Unity Day was an amazing success. We got to hear our past Pacific Regional Trustee Joel share his story. There was a service room and a glide app loaded with literature representing each service entity for anyone interested. We were able to virtually pass on the Big Book that was signed by all members to the newest member.

District 13 (Lake County) – Sherrie R: Plans are set for Lake County's Unity Day, Saturday, November 14<sup>th</sup> via Zoom. We have Madeleine P. a Past Pacific Region Trustee and Past Delegate to share her experience and 35<sup>th</sup> Sobriety Birthday. We continue to have several in person meetings and a strong Zoom calendar. Elections will occur at our November district meeting.

District 14 (Mendocino) – Amy M: We talked about District bid opportunities for the virtual pre-conference and post-conference assemblies next year, and also about the upcoming CNCA Election Assembly. We approved our 2021 budget, reviewed all of our job descriptions and will have our District elections on November 15. Our PI/CPC committee continues the project of distribution of Living Sober books (in English and Spanish) to the known Little Free Libraries in our community, an idea borrowed from the East Bay PI/CPC committee and picked up from the Area sub committee earlier this year.

District 15 (Humboldt/Del Norte) – Tim F: We are working on our pass it on. We trying to set up a virtual contributions method for our District. Groups are planning in-person and hybrid meetings along with health department guidelines.

District 16 (Spanish Central) – Emma M: We held our elections, thank you to a Past delegate Raymundo L. for supporting and helping with the procedure, and District 20's presence visiting us. We are getting ready for our area's elections assembly.

District 17 (Spanish South) – Fernando R: Thank you to the Area and officers for helping with our elections, we elected more than half of our committee. We are getting ready for the elections assembly. We are working on trying to make virtual meetings available. We are preparing for our last Interdistrictal that will be host by district 18.

District 18 (Spanish North) – Jose F: The District's 27th anniversary was held on September 27th. We will have our elections on November 4<sup>th</sup> and it will be hybrid so everyone can be present as visitors. We will host the last Interdistrictal from panel 69 on December 6<sup>th</sup>, the flyer will be sent out in the next few days.

District 19 (Spanish South South) – Julio F: We don't have a date for our elections. We are waiting until after the Elections Assembly and see if we are able to meet in person or continue virtually. We are having a discussion on whether to have a District web page or not.

District 20 (Spanish East) – Jose M: We continue to hold our meeting in a hybrid format. Our group contributions have increased. We finished presenting district officer job descriptions. We are celebrating the District's 28<sup>th</sup> anniversary on November 8<sup>th</sup>. Our elections will be hold on November 14<sup>th</sup>.

### AREA SUB-COMMITTEES AND SHARING SESSIONS

Accessibilities- Alan W: We discussed requests that I've been receiving from multiple DCMCs in multiple districts, asking for job descriptions and other information to help them in creating district-level Accessibilities Committees. First, I can forward the job description of the officers for the CNCA Accessibilities Committee; Second, Leslie K has volunteered to lead an ad hoc committee to develop more resources and presentations to support newly formed district-level accessibilities committees;

*(Continued on page 8)*

# CNCA BUDGET VS ACTUAL - 9/2020

## California Northern Coastal Area Budget vs. Actuals: 2020 Budget - FY20 P&L Through September 30, 2020

	Total		
	Actual	Budget	% of Budget
Revenue			
002 Group Contributions	64,088.08	77,422.00	82.78 %
003 District Contributions	12,157.64	9,637.00	126.16 %
004 Assembly Contributions	864.85	5,600.00	15.44 %
005 Tradition 7, Area Comm.	1,361.78	2,769.00	49.18 %
006 H & I Archives Rent		0.00	
007 CNCA Subscriptions		12.00	
008 Personal/Misc Contributions	1,410.11	751.00	187.76 %
010 Interest Income	3.03	4.35	69.66 %
Unapplied Cash Payment Revenue	0.00		
Total Revenue	\$79,885.49	\$96,195.35	83.05 %
Gross Profit	\$79,885.49	\$96,195.35	83.05 %
Expenditures			
012 EXPENSE			
Total 013 Delegate Expense	1,538.91	6,846.83	22.48 %
Total 038 Officer Expense	4,919.01	20,998.79	23.43 %
Total 093 Committee Expenses	10,259.34	21,772.13	47.12 %
Total 158 General Expenses	18,693.52	51,012.16	36.65 %
Total 012 EXPENSE	35,410.78	100,629.91	35.19 %
2019 Fall Assembly	-4,500.84	0.00	
Pacific Region Hospitality Room	41.44	0.00	
PRAASA 2024	0.00		
Total Expenditures	\$30,951.38	\$100,629.91	30.76 %
Net Operating Revenue	\$48,934.11	-\$ 4,434.56	-1,103.47 %
Net Revenue	\$48,934.11	-\$ 4,434.56	-1,103.47 %

# CNCA STATEMENT OF FINANCIAL POSITION—9/2020

## California Northern Coastal Area Statement of Financial Position As of September 30, 2020

	<u>Total</u>
<b>ASSETS</b>	
Current Assets	
Bank Accounts	
Operating Funds - Checking	54,155.12
Prudent Reserve - Savings	11,037.59
Total Bank Accounts	<u>\$ 65,192.71</u>
Other Current Assets	
Assembly Deposits	500.00
Undeposited Funds	-4.00
Total Other Current Assets	<u>\$ 496.00</u>
Total Current Assets	<u>\$ 65,688.71</u>
<b>TOTAL ASSETS</b>	<u>\$ 65,688.71</u>
<b>LIABILITIES AND EQUITY</b>	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	5,614.60
Prudent Reserve ~ Savings	11,140.00
Net Revenue	48,934.11
Total Equity	<u>\$ 65,688.71</u>
<b>TOTAL LIABILITIES AND EQUITY</b>	<u>\$ 65,688.71</u>

Cash Basis Thursday, October 8, 2020 10:14 AM GMT-07:00

## AREA COMMITTEE MINUTES—October 24, 2020, Cont'd.

*(Continued from page 5)*

Third, Jackie B has volunteered to help us assemble a Zoom panel for representatives from currently functioning accessibilities committees to share information about how they got started.

Archives – Denise G: We continue to make progress on our projects digitization of materials. Several of our members attended the National AA Archives Workshop, there website has been updated as well and is a tremendous resource to our committee. In September the H&I Committee advised us that they would no longer be renting space from us, we are in need of the additional space. Our Annual Open House will be held on Saturday, December 12, 2020 from 10am – 2pm via Zoom, capped with a live Oral History, by Teddy B. Our next committee meeting will be held on Saturday, November 14 at 12noon immediately followed by our workday, we will be holding elections for next year's panel.

Bridging the Gap – Larry B: We made 6 Zoom and 2 socially distanced BTG presentations. One of our district committees has decided to print business cards with a QR code on the back that will open up an electronic blue card equivalent and transmits that information to an email address. Two treatment centers have re-contacted us to discuss the option of virtual presentations. Our November business meeting will be held November 19<sup>th</sup>. We also held officer elections at our recent business meeting, we elected 6 officers and have 3 vacancies. Our officers and I are willing to discuss BTG in more detail with members considering making themselves available for District BTG positions. Thank you for letting me be of service.

Finance – Don L: The finance committee reviewed the current financial status and projected income and expenses. We have reviewed the excess funds status and will be making a motion to distribute some of these funds. The 2021 budget has been completed and presented. A review of the finance committee guidelines is in process for a November presentation. The committee is beginning the process of a pass it on for the next panel.

PI/CPC –Jennifer B: We will be moving the committee's meeting date in December so as not to conflict with ACM meeting or other events. This

month, we talked about engaging Young People in PI/CPC. The sharing reflected experience from a few perspectives, including how younger members have gotten involved, while of course, all members are encouraged to be of service on any committee, one district tapped directly into their local YPAA, a few people noted that when giving presentations at schools, a greater impact can be made by teaming up with Alateen. Many of us could recognize a parent's problem with alcohol before we recognized one in ourselves. In November we will talk about a topic on many of our minds as the panel draws to an end... Passing it On: Rotation and Sustainability.

Technology Committee – Nicholas S: We met for the first time, Elected Nick S. as the committee chair and Cindi W as alternate. We are interested in putting on technology workshop for area and are asking area members for suggestions for what they would like a workshop on. We are working on creating guidelines for the committee. We will be working with the web committee to see what responsibilities we can help take over for them and create a logical division of labor. One of first goals we are working towards as a committee is helping resolve the registrar information interchange.

Website – Drew B: We discussed Website ADA Compliance and how we will continue to calibrate our website to make it as accessible as possible. I must recognize the hard work of our committee in a period where the website (and other tech like Zoom) became even more vital to the unity of the area. This month looking forward to working with the new Tech committee to start to clarify a new division of tech labor.

Interpretation and Translation – James B: We are well prepared for the last election assembly of panel 69. At our committee meeting today we reviewed and approved a draft version of our updated guidelines including job descriptions for the I&T Committee. We will be having them translated and submitting them to Area Chair and hope you will see them at next month's ACM. We are working on our pass-it-on for the next panel. Thank you to all those on the committee and those that provide interpretation and translation for the Area.

*(Continued on page 9)*



## AREA COMMITTEE MINUTES—October 24, 2020, Cont'd.

(Continued from page 8)

*CNCA Comments/Comentarios– Kelly H:* The Comments & Comentarios were distributed by the Area Chair & posted on the CNCA website October 19. Thanks to our translators and the web committees for their assistance. Please ask your district registrar or DCMC to update their email address list, or download at CNCA06.org, if you didn't already receive your copy. Thanks for letting Districts 07 & 20 be of service.

*Virtual Ad-Hoc Committee- Coree H:* The Virtual Assembly Ad Hoc committee has been working with the CNIA e-services team to make sure that the Assembly can go as smoothly as possible. Everything will be handled by CNIA's e-services team. At the end of this Panel the Virtual Assembly Ad Hoc will disband as per our guidelines. Serving on this committee has been a wonderful experience and I look forward to seeing how this crucial service will be handled in the not so distant future.

*DCM Sharing Session – Sarah B:* We had a presentation on the relationship between intergroup and general service. We heard members share about the value of this relationship. Many districts use Unity Day as a way to maintain communication and relationships with their intergroup/central office, as well as having liaison positions between the two, though some shared difficulties with having the liaison commitments filled. Our topic in November will be Improving Communication in the Service Entities.

*Literature/Grapevine/La Viña –Magdaleno O:* We talked about the Grapevine and Literature workshops that will be held in our Area at the end of October and November (sponsored by the area) and another in December (sponsored by a district).

*H&I Liaison – Karen B:* H & I currently offers Virtual Meetings to our facilities such as rehabs. A few facilities are allowing in person meetings. The Inside Visitation Sponsorship Service at San Quentin is currently operating as a correspondence service. We are still in need of volunteers. If you are interested in H & I service, information is available on our website [handinorcal.org](http://handinorcal.org). We held our final General Committee meeting of 2020 on October 11<sup>th</sup> via Zoom. We passed our 2021 budget with a new

line item for a pilot program to offer financial assistance to our Area Committee to help them pay for meeting space, literature storage and printing costs. We will try this for a year and if it succeeds, start the process to add it to our Pink Pamphlet. We voted to add Inside Visitation Sponsorship Service to the pink pamphlet and next will be looking to expand it beyond San Quentin. Our next General Committee Meeting is February 14.

*East Bay Intergroup –James R:* East Bay Intergroup supports over 500 groups, we post about 300 meetings a week, we have 5 committees with over 50 volunteers. We sponsor special events and workshops and we have a 24 hour hotline (510) 839-8900.

*YPAA – Jackie B:* NABYPAA are co hosting with Napa Valley Intergroup Alco-thon on Thanksgiving November 26<sup>th</sup>. Worldwide YPAA Conference in November 30<sup>th</sup> - 31<sup>st</sup>. YPAA in our area holds zoom meetings - for more information contact Jackie B.

*Dual Dignosis Micro Conference – Patrick B:* The annual conference will be held on October 25<sup>th</sup> virtually, with an accesibilites panel, group histories, H & I and BTG speakers. For more information (510) 804-9480

*Hispanic Women Workshop: Ana V:* No Report

*La Viña Aniversario – Genaro G:* The next La Viña Anniversary will be hosted by Area 03, Arizona. We cordially invite you to participate in the next election of the Theme and Emblem that will take place on December 26<sup>th</sup> in Phoenix, Arizona starting at 5pm in the afternoon.

### HOUSEKEEPING MOTIONS

- “That the Area Committee Meeting be moved from December 19, 2020 to December 20, 2020 to avoid conflict with the Virtual Western US/ Canada Forum”. – *presented by Teddy B.-W.*, Delegate We didn't know this was happening, the purpose is to not conflict with ACM so members can attend. Objections: 0 / Motion Passed
- “That District 20 be granted administrative access to the Area's Zoom account on November 8, 2020, to host a District

(Continued on page 10)

## AREA COMMITTEE MINUTES—October 24, 2020, Cont'd.

(Continued from page 9)

anniversary". – presented by District 20  
Our account doesn't come with the interpretation feature. Q: It means have the ability to use the account as a host? A: yes Objections: 0 / Motion Passed

### PRESENTATIONS (1ST OF TWO)

2021 Budget– presented by the Finance committee  
Finance Committee gather the most information possible for the incoming expenses at the Area. The District travel was based on the central location like Petaluma? A: the amount budgeted was based on the average amount of past years/ previous panels, and we'll be able to update it once elections are done. / Q: line 173, the amount in 2021 it's the same as 2020? A: we did budget for no travel for the first 3 months and we also budgeted 3 in-person assemblies. / Q: you didn't include tables chairs and security, are we going to need that? A: the committee discussed this, it's not a typical expense, we decided to not include it in the expected expenses for the budget. / Q: Comments and Comentarios what's the plan after the first three months? Do we have a permit and other expenses? A: we budgeted little higher, the permit is included in printing and postage line 160 / Q: Comments and Comentarios has a permit that's included in the budget? A: it is included in the budget along with postage. Will be Reviewed in November

### PRESENTATION OF NEW BUSINESS

- "That due to funds in our checking account that currently exceed established 7th Tradition needs of Area 06, CNCA to disburse \$25,000 to the General Service Board of Alcoholics Anonymus". – presented by the Finance committee

Excess funds in CNCA account, we feel \$25,000 is an appropriate amount to send to GSB. We won't get in to prudent reserve since our expenses have been reduced. / Q: how did you come up with the number \$25,000? A: based on the potential of other motions that have not been put in yet, and given the projected budget deficit, we feel this is the right amount. / Q: do we have \$58,000 in one account and we have \$11,000 in other account as a prudent reserve? And is this considering the expense of the

restructuring motion if it passes? A: yes there's is one account for prudent reserve and other for the \$58,000 and yes we considered that motion. / Q: what's the current balance in savings account? A: \$58,000 dollar aprox. / Q: Has the committee looked to see if other committees have things that they might have a need to get funded, like was the decision to pass on this amount made after talking to other committees? A: committee budget requests have been taken into consideration the same way as in any panel, chairs of committees have all submitted their budget request and have been considered/ A: Would you accept the consideration to change the motion wording to "That due to funds in our checking account currently exceeding the established 7<sup>th</sup> Tradition needs of Area 06, CNCA is to disburse \$25,000 to the General Service Board of AA." Amend. Voting: Area Business 40 / Assembly Business 4. Remains as Area Business

### OLD BUSINESS

- "That CNCA incorporate as a California Non-Profit Public Benefit Corporation and retain the services of a qualified California Business Law attorney to attend to the incorporation and ongoing reporting requirements. The timing and retention of said attorney shall be determined by the Area Officers". – presented by the Area Structure Ad Hoc committee

Personal Opinions: I read all the material and talked to lawyers, we should not do things just cause other areas do it, the service manual shows us what's need to be done, I'm opposed, I haven't hear anything that makes me voted on yes / I served on the ad hoc committee, we didn't understand, if that's the case the ad hoc committee didn't understand the whole thing then we have an issue, I haven't heard any argument that's going to solve any risk / this will limit the liability or risk, I'd like to know the background, I'm not interested currently in this / there's not need of this, or necessity, I'm not in favor, I don't feel comfortable to have the officers decide how much will be spent on whatever they want / there isn't a big cost on this and not being able to anticipate things in the future doesn't mean couldn't happened, this as been helpful for other

(Continued on page 11)

## AREA COMMITTEE MINUTES—October 24, 2020

(Continued from page 10)

areas/ I feel in favor, with the cost in the motion and having limits, my only concern was the cost / First I'd like to see what our current policy covers and what the next one will cover / lawyer mentioned that people do sue, and thinking on the role of Delegate or treasurer, they are at risk to be help liable / CNCA is listed in the IRS website, as a public nonprofit entity, didn't make any difference / I was on the ad-hoc committee, CNCA is not incorporated with the secretary of State, the cost of the process of incorporating depends on the lawyer that's is hired, the quality and the specifics of the bylaws and how they're incorporated with the traditions, the difference of incorporating is that it provides express liability protection under California business code / maybe we're putting the cart before the horse, we don't know yet if the rest of the people at the Area are covered until the bylaws are done, this is a motion to incorporate us. Remain Old Business in November

### PRESENTATIONS, CONTINUED

- PRAASA Host Committee chair – *presented by Nancy H., PRAASA 2020 Chair*

My current Job is Chairing PRAASA and depending on what happens, guidelines may or may not change at the next business meeting depend on our suggestions, the most important thing is securing the hotel, we didn't start our meetings until 18 months out at that point we had three hotel contracts signed. The first three months we spent picking details like our colors, logo and having our t-shirts ready, we spent time getting to know each other in the committee from our Area that covers the whole state (Arizona) with that distance we held virtual meetings. The greatest activity is in about 6 months before the event. The time the chair spends is more than I consider a part time job it requires lot of time, and a lot of hand holding is involved. What makes PRAASA very special is that many of your volunteers are not sober yet, they'll be getting sober in the next two or three years.

Q: When you made your self available, were you already rotated out from the board, or did you have another position that was time consuming? A: actually no, when you're on a committee for an event like this where everything takes years, by the

time the event is about to actually happen, the original chair has had something come up in their life and had to rotate out, things like this always happen to some degree, and that's what happened and how I became the host committee chair / Q: What is PRAASA? A: Pacific Region Alcoholics Anonymous Service Assembly / Q: your subcommittee was formed with members from your own area or the whole region ? A: that's the idea of hosting a PRAASA and have members from your own Area / Q: would someone at Delegate level will be the best person to Chair this? A: in Arizona it's asked that resumes are given and it's usually the request that people have had quite a bit of service experience, having experience chairing a whole body of people is convenient, Areas do elections differently / Q: what was the biggest challenge? A: for the committee was awkward, all my sobriety was at area 06, all areas have their own culture, I would have been more careful bringing people together with technology.

### WHAT'S ON YOUR MIND?

Last couple of months, we hear people having virtual GSRs, officers having conversation with GSO technically virtual is an international meeting / District 13 unity day November 5 / we are speeding up business by meeting virtually, the GSC minimize business when they're meeting virtually, we are doing the opposite I really wish we can slow down / some one able to feel DCM sharing session notes taker in November Sarah? / the presentation from the past PRAASA chair makes me think we ought to set aside funds and as a down payment for the PRAASA hotels / Area 95 forum October 18, meetings increased participation, we need to talk how the Area will look like / people of color founders presentations was great, reach out to me for more information Jackie B. / Assembly Orientation October 29<sup>th</sup> 8:30 pm

3:23 P.M. -CLOSING

- Miguel H., Area Recording Secretary

# CNC AREA COMMITTEE & ASSEMBLY MOTIONS—NOVEMBER 2020

## CNCA MOTIONS – OCTOBER 2020

### AREA COMMITTEE

#### HOUSEKEEPING MOTIONS

#### PRESENTATION OF NEW BUSINESS

##### OLD BUSINESS

- That CNCA requires affirmation of auto liability coverage for any member or contractor that CNCA reimburses for mileage. The Area Treasurer will be responsible for collecting and maintaining such affirmation. – *presented by the Finance Committee*
- That CNCA incorporate as a California Public Benefit Corporation and retain the services of a qualified attorney to attend to the incorporation. – *presented by the Area Structure ad hoc committee*
- That CNCA retain the services of a bookkeeper to assist the Treasurer with both set up (once per panel) and to review the books on a quarterly or semi-annual basis (with Finance Committee approval as to frequency) to ensure that the Treasurer is adequately supported, to strengthen internal controls (by reporting to both the Treasurer and the Finance Committee Chair), and to make this service more attractive.

##### NEW BUSINESS

- That CNCA increase the reimbursement amount for qualified hotel stays from \$100 to \$150 per night. – *presented by the Finance committee*

- That due to funds in our checking account currently exceeding established 7th Tradition needs of Area 06, CNCA is to disburse \$25,000 to the General Service Board of Alcoholics Anonymous. – *presented by the Finance committee*

#### DISCUSSION TOPICS

- Discuss ideas and options to operate CNCA on a more financially prudent basis
- Discuss content available on the Area website, and what might be added to improve communication
- Discuss how we can best strengthen the composition and leadership of our future trusted servants
- Discuss ideas on how to convey information regarding Area Assembly motions to the GSRs

### AREA ASSEMBLY

##### OLD BUSINESS

- That CNCA establish a standing committee on Technology.
- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – *presented by District 07*
- That AAWS publish a one-page summary of the six warranties. – *presented by District 08*

##### NEW BUSINESS

- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Spanish-speaking LGBTQ Alcoholic" be produced. – *presented by District 40*

## DCM SHARING SESSION October 24, 2020

11:00 am - Sharing Session held virtually; opened with the Serenity Prayer by Coree H. Our meeting is open to everyone to learn and participate on the topics. Area delegate job description was explained & questions answered.

Presentation – The relationship between intergroup and General Service by Carol B., former Central Service Board Chair from Santa Clara County (SCC): She explained the structure of intergroup in SCC, including the board, committees, and twelfth step services (Diverter and web hotline). She explained how intergroup coordinates with other service committees (e.g., H&I, PICPC, General Service) and uses a newsletter called COIN to communicate what is going with Intergroup.

The meeting was opened for Q&A and open discussion:

Q: Tell me more about the web hotline. A: Started about 60 days ago as a supplement to diverter (answers phone when intergroup is closed). They utilize Slack; there aren't any shifts; people visit when they want to. For example: someone can submit a question on Slack and have the question answered. When someone answers a question, the person responding then "owns" the question and further communications related to that person's question.

A member shared difficulties with engagement in service (Intergroup and General Service) in his small city, and asked Carol if she has experienced this. Carol shared that she has also had difficulties with representation.

- Q: Does intergroup have a representative from Intergroup attend district meetings? A: No, not in SCC, but Carol thought it was a good idea.
- Members shared that their district's unity days are a way to cooperate, as well as liaisons from the district going to intergroup meetings or vice versa, however some

shared that they have had difficulties filling the liaison commitment.

- One member shared that Intergroup has invited representatives from the district to help using the 3rd legacy procedure for their elections.
- A member shared a resource: A.A. Guidelines Central or Intergroup Offices, available on aa.org
- A member shared about her concern that the general population of AA members are uninformed or unaware that A.A. has a general service structure
- A member shared that the Intergroup/Central office serves as a local "backbone," and a benefit is that the manager stays consistent whereas General Service positions rotate every two years. He shared how General Service is in a position to make changes to AA that could impact Intergroup, suggesting that we keep Intergroup and supporting it at the forefront of our minds in General Service.
- A member shared how she became much more active in communication with Intergroup in response to the pandemic, sharing information she learned about how groups and districts were responding with Intergroup instead of just with GSRs

Topic and speaker selection for next month: Group discussed potential topics for next meeting; previously suggested/proposed topics: 1) COVID cases rising and how districts respond, 2) how to improve our future, 3) digital baskets, and 4) improving our communications within AA. Next month's topic: Improving Communication in The Service Entities. Chair will find a speaker from the Area. Meeting adjourned at 12:00pm with the Responsibility Statement

Respectfully submitted,  
Sarah B., DCM Sharing Session Recording Secretary

# Alcoholics Anonymous®

Dear Friends,

Greetings from the General Service Office (G.S.O.) of Alcoholics Anonymous!

We are happy to announce a Virtual Western U.S./Canada Forum on December 19, 2020: "2020: Experience, Strength & Hope - what it was like, what happened, and what it is like now."

The one-day event will feature participation from the Pacific, Southwest, West Central and Western Canada Regions. As with traditional Regional Forums, the day will include workshops, presentations, Q&A's, General Sharing, and much, much more!

Registration will open on November 20, 2020 and can be accessed on our website at [www.aa.org](http://www.aa.org).

All members are invited, so get on the virtual bus! Bring a newcomer!

In fellowship,

Sandra W.  
Regional Forums

Workshops



## Regional Forums

## 2020-2021 CNCA CALENDAR—PANELS 69 & 71

### 2020—Panel 69

**November 28—Area Committee Mtg.**  
**December 19—Virtual Western US  
Canada Forum**  
**20—Area Committee Mtg.**  
*(Note: 3<sup>rd</sup> SUNDAY)*

**May**  
  
**June**  
**July**  
**August**

### Conference

**24—Area Committee Mtg.**  
**15—Post Conference  
Assembly, tbd**  
**22—Area Committee Mtg.**  
**26—Area Committee Mtg.**  
**24—Area Committee Mtg.**  
**7—Summer Assembly,  
tbd**  
**28—Area Committee Mtg.**  
**25—Area Committee Mtg.**  
**23—Area Committee Mtg.**  
**6—Inventory Assembly,  
tbd**  
**27—Area Committee Mtg.**  
**18—Area Committee Mtg.**  
*(Note: 3<sup>rd</sup> Sat)*

### 2021—Panel 71

**January 23—Area Committee Mtg.**  
**February 27—Area Committee Mtg.**  
**March 5-7—PRAASA, tbd**  
**27—Area Committee Mtg.**  
**April 3-4—Pre Conference  
Assembly, tbd**  
**18-24—General Service**

**September**  
**October**  
**November**  
  
**December**

### PANEL 71 ASSEMBLIES

**2021 Pre-Conference Assembly,**  
April 3-4

**2021 Post-Conference Assembly,**  
May 15

**2021 Summer Assembly, August 7**

**2021 Fall Inventory Assembly,**  
November 6

**2022 Pre-Conference Assembly,**  
April 2-3

**2022 Post-Conference Assembly,**  
May 14

**2022 Summer Assembly, August 13**

**2022 Fall Election Assembly, Nov. 5**

If your District is considering making a bid for a Panel 71 Assembly, please contact the Assembly Coordinator Coree H. at [assemblycoordinator.p69@cnca06.org](mailto:assemblycoordinator.p69@cnca06.org).



## PANEL 69 AREA OFFICERS & AREA MEETING INFORMATION

**Delegate**  
Teddy B.-W.

**Recording Secretary**  
Miguel H.

**General Service Office**  
P.O. Box 459  
Grand Central Station  
New York, NY 10163  
212-870-3400 [aa.org](http://aa.org)

**Alternate Delegate**  
Jennifer B.

**Assembly Coordinator**  
Coree H.

**Chair**  
Eric L.

**Literature/Grapevine Chair**  
Magdaleno O.

**CNCA**  
P.O. Box 884222  
San Francisco, CA 94188-4222  
[cnca06.org](http://cnca06.org)

**Treasurer**  
Dennis H.

**Pacific Regional Trustee**  
Kathi F.

**NorCal H&I Committee**  
P.O. Box 192490  
San Francisco, CA 94119-2490  
[handinorcal.org](http://handinorcal.org)

**Registrar**  
Erica G.

**To contact an Area officer or Committee, or get the password for any meeting, please use [the web form](#).**

### **CNCA Standing Committees & Sharing Sessions**

**Note: Some Committees & Sharing Sessions have changed their meeting days & times.**

For questions about meetings, including passwords, please contact Committee chairs (ideally in advance of the times noted below):

**CNCA Area Committee meets the 4th Saturday at 12:30 pm, Zoom ID 632-553-607.** [Contact Eric L.](#) or your DCM or DCMC for the password.

**Accessibilities** committee meets the 4th Saturday of every month at 10 am. Zoom meeting ID is 828-0945-2039. [Contact Alan W.](#) for password.

**Archives** committee meets at noon, the 2nd Saturday of every month. Zoom meeting ID is 981-8745-2281. [Contact Denise G.](#) for password. The Archives mailing address is 185 Mayhew Way, Walnut Creek CA 94597-2065.

**Bridging the Gap** committee meets at 7 pm, the Thursday prior to the Area Committee meeting each month. Zoom meeting ID is 988-7891-7593. [Contact Larry B.](#) for password. BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

**DCMs' & DCMCs' sharing sessions** a

re held before the Area Committee meeting on the 4th Saturday of every month. The **DCMC session** at 10 am is open to DCMCs and Alternate DCMCs only. Zoom meeting ID is 632-553-607. The DCM Session at 11 am is open. Zoom meeting ID is 632-553-607. [Contact the Area Chair](#) for password.

**Interpretation & Translation** committee meets at 11 am the 4th Saturday of every month. Zoom meeting ID is 632-553-607. [Contact James B.](#) for password.

**Literature/Grapevine/La Vina** sharing session is 9 am the 4th Saturday of every month. Zoom meeting ID is 824-9101-6140. [Contact Magdaleno O.](#) for password.

**Public Information/ Cooperation with the Professional Community (PI/CPC)** committee meets at 11 am the 3rd Saturday of every month. Zoom meeting ID is 568-947-843. [Contact Jennifer B.](#) for password.

**Web** committee meets at noon the 3rd Saturday of every month. Zoom meeting ID is 880-3494-4851. [Contact Drew B.](#) for password.