



CNCA COMMENTS



A.A. Confidential—December 2020

www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

Chair's Preview

Nearly two years ago, I wrote my first of what are now 24 brief previews of what is going on in our Area. I will admit I was nervous about this new responsibility; I desperately wanted to do a good job, and I wanted to make sure I was clearly communicating the different opportunities available in our Area,

And now, it's the end. The past two years have been glorious – and we accomplished an incredible amount of work that will continue to provide people with opportunities for sobriety 10 years from now. In my first preview, I said I looked forward to this adventure with all of you – and I thank you for accompanying me thus far. We dealt with catastrophic wildfires that upended our Inventory Assembly, significant financial challenges, and a global pandemic that pushed AA into the virtual world.

And through all of it, we continued discussing how to help people trying to get sober access the life-saving message of Alcoholics Anonymous. We might sometimes disagree about the best way to do this, but we disagree with love for one another. I am excited for Miguel, whom you will get to know well these next two years. I have already started meeting with him and passing on the love you have given me to him. I will now get to take a back seat and enjoy the view from a new service commitment, but I am so incredibly grateful we did this together.

Now on to our Area's business... for the last time...

The opportunity to serve on the Area's four standing committees (Finance, Web, Interpretation and Translation, and Technology) is available to all members of the Area (though there are some specific requirements to serve on the Finance committee). Interested members can contact me through the Area website (or via email) to make themselves available.

At the Area Committee meeting, Teddy B.W., our outgoing Delegate, was elected (via Third Legacy Procedure) as the chair of our 2024 PRAASA Host Committee. We passed our 2021 budget and continued discussing a number of motions on our agenda; some of those items might even be voted on next month.

And at our Election Assembly in early November, we elected the Panel 71 officers. I want to congratulate all of them, and thank everyone who made themselves available.

Delegate – Jennifer B.
Alternate Delegate – Eric L.
Chair – Miguel H.
Treasurer – Chitra S.
Registrar – Claudia N.
Recording Secretary – Amy M.
Assembly Coordinator – Drew B.
Literature / *Grapevine* / *La Viña* Chair – Richard W.

Thank you all again,

Eric L., CNCA Chair—Panel 69

As I come to the end of my term as your delegate my overwhelming feeling is one of gratitude for all the help, understanding, and love that I have received.

I'm grateful to all the GSRs and the groups they represent for helping me become a very well-informed delegate. Thank you! As you communicated your group consciences to me, I felt as if I was in the circle at your home group, listening to each member. Thanks to you, their voices were carried directly to the Conference floor.

I'm grateful to our interpreters and translators and their unrelenting service. I stand in awe of their love and service to me and to our Area. Thanks to them we were all able to communicate much better and ensure that the language of the heart permeated our discussions.

I'm grateful to the districts who welcomed me with warmth and cheer on my visits. What was the responsibility of an area officer that gave me the most anxiety became the highlight. If you see me again, just because, at one of your district meetings in the future, don't be surprised.

I'm grateful to the generous souls who helped me get to and from the districts and other area events. Without your service I would have spent more time kicking my heels at Greyhound stops and Amtrak stations.

I'm grateful to all of you who serve on our area sub-committees and standing committees. As a visitor, I sometimes catch myself basking in the glow of your selfless service, hearts smarts, as you carry the message.

I'm grateful to our past delegates, a largely invisible council on whose wisdom I have often relied. Thank you for sticking around!

I'm grateful to have met and become friends with the other service entities it's my privilege to visit; our friends in H&I, NCCAA, YPAAs, and our Central Office Managers, whose candor with me has helped our Unity.

I'm grateful to our newsletter teams and our coffee makers who provide us sustenance for our souls and our bellies.

I'm grateful to my fellow Area Officers. Over the past three panels I have gotten to serve with sixteen of the most amazing servants, who have shown me, by example, how to be a better trusted servant.

And, I'm grateful to my spouse Rob and my employer for allowing me to serve you all.

My heart is full.

Teddy B.-W., CNCA Panel 69 Delegate

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AREA COMMITTEE MINUTES—November 28, 2020

CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES FOR November 28, 2020

The monthly committee meeting of CNCA was held virtually on November 28, 2020. Eric L. opened the meeting at 12:30 pm with the Serenity Prayer. Jose M. (District 19) read the AA Preamble in Spanish, Tradition 11 was read by Ted B. (District 05), Jo M. (District 11) read Concept 11. Introductions: (13) GSRs; (17) new / incoming DCMs & DCMCs; (1) Visitor. There were Past Delegates: Diane O. (Panel 35), Bob D. (Panel 36, Area 28 - Maine), Barbara M. (Panel 41), Jim M. (Panel 45), David N. (Panel 59), Ken M. (Panel 61), Padee M. (Panel 63), Raymundo L. (Panel 65), and Joann L (Panel 67). David N. serves as a General Service Trustee. The October 2020 financial report was published in the October issue of Comments and Comentarios. Approval of the October 2020 Area Committee Minutes: Approved.

108 Attendances. Birthdays: 179 years.

OFFICER REPORTS

DELEGATE – TEDDY B-W: Congratulations to Raymundo L. who was selected as our nominee for US Trustee at Large. The group figure for cost of fellowship services in 2020 is \$169.72, and the cost per individual member of the fellowship is \$8.16. The call for stories for the pamphlet, A.A. For the Older Alcoholic, closes on December 15. We are looking for stories that include the following experiences: Ethnic, cultural and LGBTQ communities, Veterans from the Vietnam War or later, Online or telephone A.A. meetings, Accessibility and mobility experiences, Dementia or Alzheimer & mental health issues, and Differing Spiritual pathways. It's now official that the 2021 General Service Conference will be held virtually. The Conference theme next year is A.A. In a Time of Change. PRAASA 2021 will also be virtual. The virtual Western US/Canada Forum is on December 19th. You can also attend the Eastern Forum on December 5, just go to aa.org. A Visual History of Alcoholics Anonymous: An Archival Journey, the International Convention souvenir book will be available for pre-order on December 1. Other literature offers are also available. For each copy of

Our Great Responsibility purchased, receive a free copy of Alcoholics Anonymous facsimile first printing of the first edition. Google AdWords went live on October 1. So far only \$1,001 has been 'spent.'

ALTERNATE DELEGATE – JENNIFER B: I'm looking forward to whatever Panel 71 has in store for all of us. I have plans with both Teddy and Eric in the coming weeks to do our Delegate and Alternate Delegate pass-it-ons. We have a very full agenda today. Thank you for the opportunity to keep serving CNCA.

CHAIR – ERIC L: Miguel, the incoming area chair, and I are planning the transition with the pass-it-on.

TREASURER – DENNIS H: Expenses for November equal \$4,453 while Income came in at \$4,484 for a net income of \$31. After discussion with the Finance Committee and the other Area Officers I have written off the \$500 deposit we made to St Mary's for the 2019 Fall Assembly in San Francisco. Both myself and members of the SF host committee have made repeated efforts to resolve this, without any luck. On the other side of the coin however there is no record of us paying the church. The \$4,500 I have been holding in reserve for this payment has now been credited to Assembly Income. Over the next month I will be working with the incoming treasurer to make sure she is prepared to take over on 1/1/2021.

REGISTRAR – ERICA G: I'm looking forward to the golden era of registration on Panel 71, setting Claudia in the best position. Please send all the District elections results by Dec. 8, so I'm able to update the information.

RECORDING SECRETARY – MIGUEL H: Please make sure to submit your report to be included in the monthly minutes. I'm working on setting up a pass-it-on for our incoming Recording Secretary.

ASSEMBLY COORDINATOR – COREE H: I wanted to thank everyone who attended or participated in the Election Assembly, specifically our service siblings from CNIA, who really did the bulk of the work. We will probably see a bid for the 2021 Post-

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AREA COMMITTEE MINUTES—November 28, 2020, Cont'd.

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Conference Assembly in December, realistically both the pre and post conference assemblies will probably be held on Zoom.

LITERATURE/GRAPEVINE/LA VIÑA – MAGDALENO O: Literature is working on production of the newly Conference-approved video “Your General Service Office, the Grapevine and the General Service Structure.” The revised publication date of souvenir book, A Visual History of Alcoholics Anonymous: An Archival Journey, has been set for February 2021. All printing of this book will be billed in fiscal year 2021. You can now listen for free to professionally narrated and produced audio recording of the booklet Living Sober. GV / LV: Free shipping in November and December 2020. Effective January 1, 2021 Grapevine and La Viña magazines will be implementing price changes.

DISTRICT REPORTS

DISTRICT 01 (MONTEREY) – SUSAN G: Our District elected most of the positions we will continue with the elections next month. Congrats to everyone on Panel 71 and thank you all from Panel 69.

DISTRICT 02 (SALINAS/SAN BENITO) – BRIAN M: We had our elections this month. We, along with the intergroup, decided to cancel our gratitude event this year.

DISTRICT 03 (SANTA CRUZ) – MATT E: Most of our officer positions have been filled. Our Intergroup has decided to post meetings which are currently happening in person on their website, “for the sake of the newcomer”. Thank You to all the service from the outgoing Panel 69 Officers, and to those serving on committees.

DISTRICT 04 (SANTA CLARA NORTH) – LORI R: We still have a couple of positions to be filled. Congratulations to incoming Panel. Santa Clara intergroup decided to list in person meetings. We will continue to fill positions next month in December. PI as been using videos as a tool for presentations. We have more GSRs attending our monthly meeting.

DISTRICT 40 (SANTA CLARA SOUTH) – MANUEL R: Panel 71 is in good hands. We will continue to fill the remaining positions in December.

DISTRICT 05 (SAN MATEO) – MATT D: San Mateo County did have a Thanksgiving virtual Alcañon, and will also be hosting virtual Christmas and New Year’s Alcañons. District 05, San Mateo County welcomes Sarah B. as our incoming DCMC.

DISTRICT 06 (SAN FRANCISCO) – STEVEN R: The San Francisco – Marin Intergroup accepted a large bequest in excess of the lifetime gift/bequest limit and decided to use it to support meetings, groups, and services by establishing a “Special Projects Fund.” Initially the Intercounty Fellowship Board voted to accept the bequest without consulting the Groups and this caused a considerable amount of discussion and strong feelings. We will continue filling service positions at our next business meeting.

DISTRICT 07 (ALAMEDA NORTH) – VIVIAN K: 90% of our district positions for Panel 71 are filled. Ashley J. and Manish G. are the incoming DCMC and Alt. DCMC for District 07. There is an Office Administrator job opening at the Eastbay Intergroup/ our Central Office. It is a 30-hrs per week paid position. The job description is on their website.

DISTRICT 70 (ALAMEDA SOUTH) – NORA H: We had a second month of elections in our District. We’re having a special meeting on December with good presentations.

DISTRICT 08 (CONTRA COSTA) – RICHARD W: We continued our elections and we were able to do a little bit of business passing a couple of motions. We also had our Unity Day and thank you to all who attended and participated. We will have an election for our special events position and our DCMs. We will host a Literature Panel on December 5.

DISTRICT 09 (SOLANO SOUTH) – STEVE M: No

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AREA COMMITTEE MINUTES—November 28, 2020, Cont'd.

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Report.

DISTRICT 90 (SOLANO NORTH) – TERRI M: It's my honor to announce that Bill H. will be the incoming DCMC for Panel 71. We filled all of our positions, with the exception of 2 additional DCM's. Our new Panel will be hitting the ground running, by participating in the annual Inter-District Workshop in January.

DISTRICT 10 (MARIN) – GUSTY M: We elected 7 out of 10 district officers positions. Our Monthly concept study takes place every first Monday of the month.

DISTRICT 11 (NAPA) – CHITRA S: We held officer elections, and have filled about half of our incoming positions. We have three new DCMs and they have been meeting to discuss how to split responsibilities effectively during zoom. NAPYPAA and Intergroup are holding an 11th Step workshop with a panel of three speakers and a guided meditation on December 6th via zoom.

DISTRICT 12 (SONOMA) – CLAUDIA N: I want to congratulate James B. as our new DCMC as well as all the others who have stepped up for Panel 71. Our Committees continue to forge ahead with new possibilities opening up on zoom and elections bringing new blood to the table in many committees. Some of our DCM's are really struggling on how to keep our GSR's involved. We established a Technology Ad-hoc Committee that has been indispensable, one of the changes that did get implemented was a virtual basket that was created for Unity Day.

DISTRICT 13 (LAKE COUNTY) – SHERRIE R: Unfortunately due to lack of support no positions were filled and Lake County may go dark. We would like to thank everyone who attended our first online Unity Day.

DISTRICT 14 (MENDOCINO) – AMY M: At our District election each position only had one person stand as available, so we simply elected each person with a

vote to Accept by Acclamation. I'm pleased to say we filled many positions, including some committee Chairs. We passed a motion to contribute \$300 to Area and/or GSO, and we also passed a motion to submit a bid in December for the virtual Post-Conference Assembly on May 15, 2021. We will not be meeting again as a District this year, as our regularly scheduled meeting falls on the same day we voted to move the ACM.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – TIM F: We were able to fill almost all the positions. Thank you to past DCMC for helping with the elections.

DISTRICT 16 (SPANISH CENTRAL) – EMMA M: District 16 is working on sponsoring the incoming panel with our pass it on. We are meeting to discuss the approval of the 2021 budget.

DISTRICT 17 (SPANISH SOUTH) – FERNANDO R: Thank you for all the help we received in Panel 69. We held our elections and some positions remain open. We continue to work with our new GSRs.

DISTRICT 18 (SPANISH NORTH) – JOSE F: We had our elections and Jose C. is now our incoming CMCD. We invited you to our last Interdistrictal on December 06. At our next meeting we will work on the rotation process.

DISTRICT 19 (SPANISH SOUTH SOUTH) – JULIO F: We continue to meet virtually. We plan to have our elections in person in an open space November 29.

DISTRICT 20 (SPANISH EAST) – JOSE M: We keep working with hybrid meetings. District 20 celebrated our 9th Anniversary. We held our election with 90 percent of the positions filled. We're meeting on December 14 to do our pass it on with the incoming Panel.

AREA SUB-COMMITTEES AND SHARING SESSIONS

ACCESSIBILITIES – JACQUELINE P: We are electing committee officers for the next panel at this meeting. Please find a handout with the job descriptions, also attached, as well as the full committee guidelines.

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CNCA BUDGET VS ACTUAL - 10/2020

California Northern Coastal Area Budget vs. Actuals: 2020 Budget - FY20 P&L Through October 31, 2020

	Total		
	Actual	Budget	% of Budget
Revenue			
002 Group Contributions	71,946.71	85,472.00	84.18%
003 District Contributions	12,157.64	10,837.00	112.19 %
004 Assembly Contributions	5,367.69	5,600.00	95.85 %
005 Tradition 7, Area Comm.	1,434.78	3,069.00	46.75 %
006 H & I Archives Rent		0.00	
007 CNCA Subscriptions		12.00	
008 Personal/Misc Contributions	1,549.36	826.00	187.57 %
010 Interest Income	3.60	4.85	74.23 %
Unapplied Cash Payment Revenue	0.00		
Total Revenue	\$92,459.78	\$105,820.85	87.37 %
Gross Profit	\$92,459.78	\$105,820.85	87.37 %
Expenditures			
012 EXPENSE			
Total 013 Delegate Expense	2,796.15	7,388.22	37.85 %
Total 038 Officer Expense	4,919.01	23,290.17	21.12 %
Total 093 Committee Expenses	10,854.34	24,027.38	45.17 %
Total 158 General Expenses	20,254.18	52,981.40	38.23 %
Total 012 EXPENSE	38,823.68	107,687.17	36.05 %
2019 Fall Assembly			
Pacific Region Hospitality Room	41.44	0.00	
PRAASA 2024	0.00		
Total Expenditures	\$38,865.12	\$107,687.17	36.09 %
Net Operating Revenue	\$53,594.66	-\$ 1,866.32	-2,871.68 %
Net Revenue	\$53,594.66	-\$ 1,866.32	-2,871.68 %

CNCA STATEMENT OF FINANCIAL POSITION—10/2020

California Northern Coastal Area Statement of Financial Position As of October 31, 2020

	<u>Total</u>
ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	59,311.58
Prudent Reserve - Savings	11,037.68
Total Bank Accounts	<u>70,349.26</u>
Other Current Assets	\$ 70,349.26
TOTAL ASSETS	<u>\$ 70,349.26</u>
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	5,614.60
Prudent Reserve ~ Savings	11,140.00
Net Revenue	<u>53,594.66</u>
Total Equity	<u>\$ 70,349.26</u>
TOTAL LIABILITIES AND EQUITY	<u>\$ 70,349.26</u>

Cash Basis Wednesday November 11, 2020 11:24 AM GMT—8:00

AREA COMMITTEE MINUTES—November 28, 2020, Cont'd.

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Once we have had our elections, I am hoping we can continue our conversation from last meeting about organizing an Accessibilities workshop, presentation, and/or roadshow to help disseminate information about what an accessibilities committee can look like and accomplish at the district level.

ARCHIVES – DENISE G: We held our elections for new officers for Panel 71 with Paul W. as Chair. We are focusing for our virtual open house on December 12. Our committee will be meeting on December 5th. This has been a very productive year focused on completing the most projects possible.

BRIDGING THE GAP – LARRY B: We continue to bring zoom presentations into rehabilitation programs. We had one in person presentation. We received one letter in our PO box. We're discussing a request for sharing with the treatment desk at GSO work related to the BTG workshop. Please get the incoming committee contact information for your local BTG chair to us, this can help the planning for Panel 71 presentations.

FINANCE – DON L: The finance committee met and reviewed the current financial status and projected income and expenses. We have reviewed the excess funds status and the projection for years end. The 2021 budget has been updated, V3 and the changes will be presented later today. An update of the finance committee guidelines has been completed for a December presentation. The committee has begun the process of a pass it on for the next panel.

PI/CPC – JENNIFER B: We have been focusing on rotation and passing it on, and we welcomed several newly elected PI/CPC chairs. We have also been having a visitor from Mexico, who is finding the information shared in our meeting useful in her efforts to do PI and CPC service with her online international group. As reported at the assembly, the next AA Membership Survey is currently on track for the fall of 2021. If any of you are still contemplating your next service commitment, your local PI and CPC committees are always looking for members to help carry the message to those who

may not know how to find us.

TECHNOLOGY COMMITTEE – NICHOLAS S: We continue to work on completing guidelines for the committee. We discussed how the committee could best serve the registrar. Discussed pros/cons of different database software. We will come up with user stories for Area & District and write the stories using Airtable and Google to compare. Asking all members of ACM if anyone has things that are technology related or user experience related to let us know.

WEBSITE – DREW B: We continued our discussion of Website ADA Compliance and how we will continue to calibrate our website to make it as accessible as possible. We will likely need to develop an ADA policy for the website and purchase tools for it. I am continuing working with the new Tech Committee to sort out "Web" from "Technology."

INTERPRETATION AND TRANSLATION – JAMES B: At our committee meeting we reviewed and approved a draft version of our updated guidelines including job descriptions for the I&T Committee. We will be having them translated and submitting them to Area Chair and hope you will see them at next month's ACM. We are working on our pass-it-on for the next panel.

CNCA COMMENTS / COMENTARIOS– KELLY H: We posted the Comments and Comentarios on Nov 11. We are looking forward to working on December's issue. Thank you for participating on lick and stick from this panel, it has been a pleasure.

VIRTUAL AD-HOC COMMITTEE- COREE H: Just grateful that the Ad Hoc got to serve the area through this really wild pandemic. Thank you for allowing us to serve, and we are excited to see what the tech committee does in Panel 71.

DCM SHARING SESSION – CHASE C: Ken M. (Panel 61 Delegate) shared on the topic: Improving Communication in The Service Entities. The presentation began with the question "What is Communication?" followed with various defined

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AREA COMMITTEE MINUTES—November 28, 2020, Cont'd.

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terms that are relative to how we communicate throughout the structure of A.A., different ways of how we communicate today, and how the use of video conferencing could be useful for the future of A.A. It was expressed that there's a need to initiate better communication between ALL committees. December's topic will be "Rotating On" to share their experiences as DCMs to the Newly elected Panel 71 DCMs.

LITERATURE/GRAPEVINE/LA VIÑA –MAGDALENO O: We talked about the results of our last Literature workshop. We will have some questions for the publishing director. In December we will have the GV Chair from Area 58. District 08 will hold a Literature workshop on December 05.

H&I LIAISON – KAREN B: H & I currently offers Virtual Meetings to our facilities such as rehabs. A few facilities are allowing in person meetings. The Inside Visitation Sponsorship Service at San Quentin is currently operating as a correspondence service. We are still in need of volunteers. If you are interested in H & I service, information is available on our website handinorcal.org. We passed our 2021 budget with a new line item for a pilot program to offer financial assistance to our Area Committee, to help them pay for meeting space, literature storage and printing costs. We voted to add Inside Visitation Sponsorship Service to the pink pamphlet and next will be looking to expand it beyond San Quentin.

BLACK AND INDIGENOUS PEOPLE OF COLOR (BIPOC) – KIMBERLY W: We intentionally choose the term "BIPOC" to center the Black and Indigenous voices who have systematically been discriminated against and silenced within communities of color, the world at large, and the recovery community. This committee is organized for BIPOC by BIPOC. We are an events and service organization that carries the AA message to BIPOC in recovery and to any BIPOC alcoholic who still suffers. We work to build lasting unity and fellowship among sober BIPOC--many who find it difficult to access the A.A. message in meetings, twelve step work and other A.A. services. We strive to create safe, welcoming spaces which allow BIPOC to find relief from

alcoholism while honoring our intersectional identities. Since we're a young committee (created this spring), we're here to raise awareness about what we're doing, with the hope of getting the message out to BIPOC folks around California, the US, and the world.

HISPANIC WOMEN WORKSHOP - ANA V: The 5th Hispanic Women Workshop will take place on Saturday, December 5 from 10:00 am to 4:30 pm. Representatives from each Area and some other trusted servants will be participating. We will hear male AA members in order to raise awareness about the support and need of female membership in sobriety. There will be interpretation.

HOUSEKEEPING MOTIONS

PRESENTATIONS

- 2021 Budget – *presented by the Finance committee*

Q: Line 48 officers expenses, the officers travel went up? A: the travel wasn't budgeted for the first 2 month of 2021 because we imagine it will be virtual still, and updated travel for when back to in person based on location of incoming officers, depends on the travel destinations too/ Q: you changed the net income from 19000 based on that? A: 18000 was the correct amount, it was my error / Q: the incorporation motion is not reflected in the budget A: that motion is still pending. Objections: 0 / Budget Approved

GUIDELINES

- Accessibilities guidelines – *presented by the Accessibilities committee*
- Interpretation and Translation guidelines – *presented by the I&T committee*

THIRD LEGACY PROCEDURE ELECTION

- PRAASA Host Committee chair.
- Candidates: Teddy BW, Ana V, Ken M.
Elected: Teddy BW.

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AREA COMMITTEE MINUTES—November 28, 2020, Cont'd.

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PRESENTATIONS, CONTINUED

Finance committee – *presented by Don L, Finance Chair*

We prepare the annual Area budget, we keep our Area informed about our finances, each treasurer may request more or less assistance, members of the committee attend monthly meetings, ACM meetings, four assemblies per year, the committee collects contributions (when meet in person), we collect virtual contributions and process receipts, we update financial guidelines and the reimbursing guidelines as need it. Any experience on computer and QuickBooks is beneficial but not necessary.

Interpretation and Translation committee – *presented by James B, I&T Chair*

We have 7 to 8 members on our committee, we facilitate interpretation and translation to CNCA 06, as well we make sure the I and T equipment is appropriately used, we arrange for professional English/Spanish Spanish/English interpreters for our assemblies and other occasions when needed, we arrange to provide ASL for the Delegates report at the Post-Conference Assembly, knowledge using equipment is not needed, we arrange for the translation of the monthly comments the Agenda Topics Summaries and other requests by the Area. It's a wonderful experience and you get to work with great people.

Web committee – *presented by Drew B, Web Chair*

The committee experienced a very exciting year, what to expect if you decided to be part of the Web Committee: We maintain the Website, we report to Area, it's a communications job, there's a Technical job mainly with Word Press, the purpose is to provide digital communication to the Area and to the public as is described in our guidelines, this 2020 we got more visits due to COVID with more updates and work to secure our Website. It's not as much pressure as a sounds, it's a very rewarding experience.

PRESENTATION OF NEW BUSINESS

- “That CNCA fund the translation of the CNCA Discussion and Reports section of the Area Motions Book, at a cost of \$4,640”. – *presented*

by Miguel H., Recording Secretary

Voted: Area Business 30 / Assembly Business 6
Motion will be New Business at the Area Committee meeting next month.

OLD BUSINESS

- “That CNCA incorporate as a California Non-Profit Public Benefit Corporation and retain the services of a qualified California Business Law attorney to attend to the incorporation and ongoing reporting requirements. The timing and retention of said attorney shall be determined by the Area Officers”. – *presented by the Area Structure Ad Hoc committee*

PO: Information and material was sent to the Area officers and the rest to the Area by Kris in September, it was reported that about 60 percent of the Areas in US / Canada were incorporated, I looked on the 93 websites and found that it was much less. // Q: What's the value of incorporated? // PO: Our area is one of the biggest areas, also very active with 4 assemblies, with a very large number of people, lots of money is used and handled, this is to make sure all the members have the right of protection, law suits can be devastating for our Area, whether or not we have an issue, we have an active area, large areas are incorporated / I heard it said this will help to protect our officers by getting a different kind of insurance. Remains Old Business.

- “That CNCA retain the services of a certified bookkeeper to assist the Treasurer with both set up (once per panel) and to review the books on a quarterly or semi-annual basis (with Finance Committee approval as to frequency) to ensure that the Treasurer is adequately supported, to strengthen internal controls (by reporting to both the Treasurer and the Finance Committee Chair), and to make this service more attractive”. – *presented by Teddy B.-W., Delegate, Dennis H., Treasurer, and the Finance committee*

Remains Old Business

- “That CNCA requires affirmation of auto liability coverage for any member or contractor that

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AREA COMMITTEE MINUTES—November 28, 2020, Cont'd.

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CNCA reimburses for mileage. The Area Treasurer will be responsible for collecting and maintaining such affirmation". – *presented by the Finance committee*

PO: with this insurance officers will have share the information to treasure to be under the umbrella of CNCA insurance? A: no, we are all covered, we don't share information with the insurance, it's just to make sure the person traveling has insurance. / My company doesn't require insurance, are we being asked by the provider to prove insurance? / I'm afraid this is asking the area to enforce California law / we want to make sure to have insurance / members that serve AA – it's not our business about having insurance or not / if we become incorporated we will be covered under the umbrella? A: our broker asked us if we have insurance, if we want this insurance and it's just to make sure we are insured. Remains Old Business.

NEW BUSINESS

- "That CNCA increase the reimbursement amount for qualified hotel stays from \$100 to \$150 per night. – *presented by the Finance committee*"

PO: In the Silicon Valley and bay area I don't see hotels with lower than that rate, being realistic this is what's needed / they want to project realistic numbers, it seems like the step so finance can stay on budget / how many times a year can it be done? A: depends on distance and is stated in the reimbursement guidelines Will Become Old Business.

DISCUSSION ITEM

- Discuss ideas and options to operate CNCA on a more financially prudent basis

Q: when we talk about our budget, do we ask if we still funding random items, do we need everything in the budget? / Q: could be in our interest to allow officers visiting virtually when possible or necessary? / I would hate to go through this pandemic and not getting benefit of technology and not incorporating this method in the future/ we been lunged in to virtually sending comments and comentarios, we budget \$8000, in the past as much

as \$10,000, members still get benefit from hard copies? / Most areas don't have ACM every month, areas have assemblies once or twice a year, a discussion alternate virtual & in person assemblies is good in the accessibilities perspective / I hope we don't leave behind the tech / we have to be careful not delegating responsibilities to simplify services to Districts / tech is necessary, but also go slowly / this is so convenient for remote GSRs attending to area meetings / we don't know who doesn't have access to AA / we have members participating now that we didn't have before, let's move very slowly / comments are not really accessible, I like to see them better in print version.

WHAT'S ON YOUR MIND?

Our website is bilingual for that we need bilingual members in our web committee / has been a pleasure to serve in panel 69 / seems to me that we have lost some of our history not having participation from some members and getting more from others with virtual meetings / clubs are closed in many area, my concern how fast we act with our participation, making decisions based on the present and not on our history / let's stay in communication, seeing the past conference report I noticed we have reached our area really good thanks to our trusted servants / I'm asking DCMCs to contact Hispanic female members and help integrate them in our events for women / as a result of zoom I've been attending meetings all over, I found there's a recovery house named for Bill M. in Ghana / thank you to our Area for all the support during this time, for encouraging me, for showing me how to work.

3:20 p.m. -Closing

- Miguel H., Area Recording Secretary

CNC AREA COMMITTEE & ASSEMBLY MOTIONS—DECEMBER 2020

CNCA MOTIONS – DECEMBER 2020

AREA COMMITTEE

HOUSEKEEPING MOTIONS

PRESENTATION OF NEW BUSINESS

OLD BUSINESS

- That CNCA incorporate as a California Public Benefit Corporation and retain the services of a qualified attorney to attend to the incorporation. – *presented by the Area Structure ad hoc committee*
- That CNCA retain the services of a bookkeeper to assist the Treasurer with both set up (once per panel) and to review the books on a quarterly or semi-annual basis (with Finance Committee approval as to frequency) to ensure that the Treasurer is adequately supported, to strengthen internal controls (by reporting to both the Treasurer and the Finance Committee Chair), and to make this service more attractive.
- That CNCA requires affirmation of auto liability coverage for any member or contractor that CNCA reimburses for mileage. The Area Treasurer will be responsible for collecting and maintaining such affirmation. – *presented by the Finance committee*
- That CNCA increase the reimbursement amount for qualified hotel stays from \$100 to \$150 per night. – *presented by the Finance committee*

NEW BUSINESS

- That due to funds in our checking account currently exceeding established 7th Tradition needs of Area 06, CNCA is to disburse \$25,000 to the General Service Board of Alcoholics Anonymous. – *presented by the Finance committee*

- That CNCA fund the translation of the CNCA Discussion and Reports section of the Area Motions Book, at a cost of \$4,640. – *presented by Miguel H., Recording Secretary*

DISCUSSION TOPICS

- Discuss ideas and options to operate CNCA on a more financially prudent basis
- Discuss content available on the Area website, and what might be added to improve communication
- Discuss how we can best strengthen the composition and leadership of our future trusted servants
- Discuss ideas on how to convey information regarding Area Assembly motions to the GSRs

AREA ASSEMBLY

OLD BUSINESS

- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – *presented by District 07*
- That AAWS publish a one-page summary of the six warranties. – *presented by District 08*

NEW BUSINESS

- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Spanish-speaking LGBTQ Alcoholic" be produced. – *presented by District 40*

DCM SHARING SESSION November 28, 2020

11:00 am - Sharing Session held virtually; opened with the Serenity Prayer by Coree H. Chair. Our meeting is open to everyone to learn and participate on the topics.

Presentation – Improving Communication in The Service Entities by Ken M./Panel 61 Delegate - What is communication?

“Communication” is referenced 70 times in the Service Manual Chapter One speaks of communication through the structure. It is clearly defined in the sub-section.

Communications starts with the group – the group and the Home Group

Different ways of how to communicate today. Video conferencing will be very useful in the future of A.A. Communication is a two-way street.

Sharing at the level of intergroups and central offices.

Liaison= communication between two or more groups; cooperation; working together

Different relationships within all the service entities. Sharing reports to what is going on.

Hearing more and more about Intergroups having Access Committees. Relations and communications are vital. H&I have active liaisons to foster better understanding and cooperation. Bridging differences through communication. Initiating better communication between all the committees at Area Level.

The ability to find out who they are and sharing information in uniformity at both

Local and District level. To kind of summarize it all starts at the home group, good sponsorship and representatives that attends various meetings with enthusiasm. Drawing the line in what we do in Twelve Step Work.

The meeting was opened for Q&A and open discussion:

- A member shared their thanks for the defining of terms. A member shared their need to attend other district meetings and exploring the different services within the structure.
- A member shared thanks for the presentation and the unity that is so defined. We can help by communicating to them that we are united ourselves. A member shared how well the speaker communicated about general service and that it's a model to follow. A member shared the importance of the dictionary along with the Service Manual. Thanks for being a dictionary holder. A member shared how the home-group and good examples to look to.
- Q: Have you heard any communication of H&I going into facilities next year?
- A: The whole CDCR are not open to video conferencing. Although some facilities like rehabs and recovery facilities have video conferencing available so that H&I can carry the message
- A member shared the value of having joint committee meetings and the support that it provides
- Forming a united front at District and Intergroup level. Perhaps it is a benefit
- A member shared there's a lack of participation from the membership. If we don't have the membership to utilize the liaison accordingly we sometimes get thin. The current technology will facilitate the cooperation. Communication rids of

undefined overlapping of services.

- Q: There are different climates from semi-harmonious to outright hostility what kind of tips would you have to break those that we sometimes get into?
- A: Great question. My experience is getting involved and becoming a part of those committees. I was the General Service spy in YPAA, but I eventually was integrated. Do not be apart from be a part of in breaking the barriers of open communication.
- Q: What means of communication is becoming less effective because of the pandemic, and what would that look like in the future?
- A: Suffering from effectiveness not meeting in person but going forward having the digital platforms. I hope will be a part of how we do things in the future eliminating excessive travel and opening different services to more folks that may not be able to go to the meetings. I think the video conferencing platform leads to better communication. Going forward, A.A. should utilize these things forced upon us right now. There is a silver lining somewhere for this bad situation.
- Q: It seems if the walls are up and the person is to break the barrier, have you found any key ways to stressing unanimity with these sub-groups?
- A: Becoming engrained in these committees, I find very helpful and talking to people one-on-one. When it comes to PI/BTG/H&I they are so interconnected. Bridging The Gap (BTG) should be at every H&I meeting sharing information. Being a part of one-on-one conversations instantiates where there are walls and divisions.
- A member shared the intimidation and it's like walking into the dark belly. The need for more transparency and how to be better informed. What do representatives do throughout the year of their single positions.
- A member shared there are new opportunities of misinterpretation. Having love, patience and tolerance that there is room for misinterpretation.
- A member shared how Covid has disrupted the program in how it interacts with jails and institutions. It seems we are having a real hard time picking up the slack and going to all the various detox programs and connecting volunteers with people by telephone. Trying to send contact cards. Inept at the technology that is demanded of us today.
- A member shared their sadness with BTG not being able to work with H&I in their area. I don't understand the problem.

Topic and speaker selection for next month: It was suggested by a member to have an open sharing session and pass it on to the next DCMs from DCMs that are "Rotating On. Next month's topic—What we learned & What we can pass on to incoming DCMs.

Meeting adjourned at 12:00pm with the Responsibility Statement

Respectfully submitted,
Chase C., Fill-in DCM Sharing Session Recording Secretary

Alcoholics Anonymous®

Dear Friends,

Greetings from the General Service Office (G.S.O.) of Alcoholics Anonymous!

We are happy to announce a Virtual Western U.S./Canada Forum on December 19, 2020: "2020: Experience, Strength & Hope - what it was like, what happened, and what it is like now."

The one-day event will feature participation from the Pacific, Southwest, West Central and Western Canada Regions. As with traditional Regional Forums, the day will include workshops, presentations, Q&A's, General Sharing, and much, much more!

Registration will open on November 20, 2020 and can be accessed on our website at www.aa.org.

All members are invited, so get on the virtual bus! Bring a newcomer!

In fellowship,

Sandra W.
Regional Forums

Workshops



Regional Forums

2020-2021 CNCA CALENDAR—PANELS 69 & 71

2020—Panel 69

**December 19—Virtual Western US
Canada Forum
20—Area Committee Mtg.
(Note: 3rd SUNDAY)**

May

June

July

August

**24—Area Committee Mtg.
15—Post Conference
Assembly, tbd**

22—Area Committee Mtg.

26—Area Committee Mtg.

24—Area Committee Mtg.

**7—Summer Assembly,
tbd**

28—Area Committee Mtg.

25—Area Committee Mtg.

23—Area Committee Mtg.

**6—Inventory Assembly,
tbd**

27—Area Committee Mtg.

**18—Area Committee Mtg.
(Note: 3rd Sat)**

2021—Panel 71

January 23—Area Committee Mtg.

February 27—Area Committee Mtg.

March 5-7—PRAASA, tbd

27—Area Committee Mtg.

**April 3-4—Pre Conference
Assembly, tbd**

**18-24—General Service
Conference**

September

October

November

December

PANEL 71 ASSEMBLIES

**2021 Pre-Conference Assembly,
April 3-4**

**2021 Post-Conference Assembly,
May 15**

2021 Summer Assembly, August 7

**2021 Fall Inventory Assembly,
November 6**

**2022 Pre-Conference Assembly,
April 2-3**

**2022 Post-Conference Assembly,
May 14**

2022 Summer Assembly, August 13

2022 Fall Election Assembly, Nov. 5

If your District is considering making a bid for a Panel 71 Assembly, please contact the Assembly Coordinator Drew B. at assemblycoordinator.p71@cnca06.org.

PANEL 69 AREA OFFICERS & AREA MEETING INFORMATION

Delegate

Teddy B.-W.

Recording Secretary

Miguel H.

General Service Office

P.O. Box 459
Grand Central Station
New York, NY 10163
212-870-3400 aa.org

Alternate Delegate

Jennifer B.

Assembly Coordinator

Coree H.

Chair

Eric L.

Literature/Grapevine Chair

Magdaleno O.

CNCA

P.O. Box 884222
San Francisco, CA 94188-4222
cnca06.org

Treasurer

Dennis H.

Pacific Regional Trustee

Kathi F.

NorCal H&I Committee

P.O. Box 192490
San Francisco, CA 94119-2490
handinorcal.org

Registrar

Erica G.

To contact an Area officer or Committee, or get the password for any meeting, please use [the web form](#).

CNCA Standing Committees & Sharing Sessions

Note: Some Committees & Sharing Sessions have changed their meeting days & times.

For questions about meetings, including passwords, please [contact Committee chairs](#) (ideally in advance of the times noted below):

CNCA Area Committee meets the 4th Saturday at 12:30 pm, Zoom ID 632-553-607. Contact the Area Chair or your DCM or DCMC for the password. DCMs and DCMC (or their alternates if the person with whom they serve is not present) are voting members of the Area Committee.

Accessibilities committee meets the 4th Saturday of every month at 10 am. Zoom meeting ID is 828-0945-2039. Contact the Accessibilities Chair for password.

Archives committee meets at noon, the 2nd Saturday of every month. Zoom meeting ID is 981-8745-2281. Contact the Archives Chair for password. The Archives mailing address is 185 Mayhew Way, Walnut Creek CA 94597-2065.

Bridging the Gap committee meets at 7 pm, the Thursday prior to the Area Committee meeting each month. Zoom meeting ID is 988-7891-7593. Contact the BTG Chair for password. BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

DCMs' & DCMCs' sharing sessions are held before the Area Committee meeting on the 4th Saturday of every month. The **DCMC session** at 10 am is open to DCMCs and Alternate DCMCs only. Zoom meeting ID is 632-553-607. The DCM Session at 11 am is open to all. Zoom meeting ID is 632-553-607. Contact the Area Chair for password.

Interpretation & Translation committee meets at 11 am the 4th Saturday of every month. Zoom meeting ID is 632-553-607. Contact the I&T Chair for password.

Literature/Grapevine/La Vina sharing session is 9 am the 4th Saturday of every month. Zoom meeting ID is 824-9101-6140. Contact the Literature/Grapevine/LaVina Chair for password.

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets at 11 am the 3rd Saturday of every month. Zoom meeting ID is 568-947-843. Contact the Alternate Delegate/PI/CPC Chair for password.

Web committee meets at noon the 3rd Saturday of every month. Zoom meeting ID is 880-3494-4851. Contact the Web Chair for password.