



# CNCA COMMENTS



A.A. Confidential— Feb 2021

[www.cnca06.org](http://www.cnca06.org)

## California Northern Coastal Area of Alcoholics Anonymous

### Chair Preview: February 2021

By working and serving we'll continue to make progress and get to understand our important roll in AA as part of General Service, Panel 71 had started in January welcoming all of us. Our first Area meeting in January was focused in opening the door to the bigger room of experience.

That Virtual Pre-Conference Assembly is right around the corner after accepting a bid from District 08 last month, April 03 and 04.

This area meeting we continue with a full agenda including several old business like: 1.-CNCA incorporate as a California Non-Profit Public Benefit Corporation, 2.-That CNCA retain the services of a certified bookkeeper to assist the Treasurer to review the books on a quarterly or semi-annual basis, 3.- That CNCA requires affirmation of auto liability coverage, and 4.-That CNCA increase the reimbursement amount for qualified hotel stays from \$100 to \$150 per night that we will be discussing in the morning business meeting on Saturday.

Area Officers will be working on the preparation of the Agenda Topics Summaries this month and make plans to made them available in March in both languages ENG and ESP. We are glad on counting with a great Tech Committee helping and providing a very accessible aspect in practice to distribute virtual meetings rooms list for all of us.

Rotating in is one of the spiritual gifts of the program. It teaches me the feeling of responsibility and reminds me everyday the importance to remain humble. Moving in discomfort its a sign of growing, creator will use me where it can gets the most out me.

I feel so much respect for all pass Area Chairs for making this position a enjoyable job.

Miguel H.  
CNCA Chair Panel 71

- **Inform – Communicate \* Involve – Act \* Inspire – Attract \***

Twelve years ago, in February 2009, I was elected the GSR for what became my home group. The timing meant I had just missed the Agenda Topics Workshop in my district, but I did happen to attend PRAASA (Pacific Region Alcoholics Anonymous Service Assembly) the first weekend in March because it was in Oakland that year. So, I was on fire with enthusiasm, but totally clueless since I had never even been to a sharing session, much less facilitated one myself. I didn't know why they were called Agenda Topics (I later learned they were literally the agenda for each committee meeting at the Conference), but I knew some of them were really interesting to the average AA member like me, and I wanted to do my part to participate. If you are a new GSR reading this, you are way ahead of me and you have so many people available to help you.

Thanks to my District Committee Member (DCM) and the other GSRs who shared their experience, strength and hope in our subdistrict meeting, I gained the confidence and the tools I needed to obtain an informed group conscience. It helped that I was so enthusiastic—enthusiasm is contagious! And I did my best to be neutral and provide the information needed before and during our sharing sessions for members to be fully informed on the three topics we picked. And what fun! Like most of us alcoholics (or people in general, really), they had a lot of opinions. And we all grew in the process of those loving discussions.

Participating in a sharing session is an easy and important way for members to be of service—taking a little time to weigh in on matters that affect AA as a whole. Decisions made at the Conference as a result of these discussions can create or maintain our literature or other services, and ensure that future alcoholics looking for a way out can find what we have found and recover. How cool is that? And even though the pandemic means you probably won't be able to bribe them with food, you might find some advantages to virtual sharing sessions, such as being able to screen-share information. And perhaps you'll be among those who get more people willing to participate because they can do it from the comfort of home.

Speaking of attending things from the comfort of your own home, don't miss PRAASA:  
[www.PRAASA.org](http://www.PRAASA.org)

Service is gratitude in action,  
Jennifer B., Panel 71 Delegate

## Looking for Something?

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# AREA COMMITTEE MINUTES—January 23, 2021

## CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES FOR January 2021

The monthly committee meeting of CNCA was held virtually on January 23, 2021. Miguel H. opened the meeting at 12:30pm, followed by the Serenity Prayer. A panel of four past Delegates presented a Welcome to Panel 71 Orientation highlighting the panel's activities timeline, the difference between Area Business Meeting and Area Assembly, and who we can contact for help. The AA Preamble was read by Lori R. (District 04). Jose F. (District 18) read Tradition 1 and Sarah B. (District 05) read Concept 1. There were ten past Delegates present: Diane O. (Panel 35), Bob D. (Panel 36, Area 28), Barbara M. (Panel 41), Jim M. (Panel 45), Doug G. (Panel 53), David N. (Panel 59), Ken M. (Panel 61), Padee M. (Panel 63), Raymundo L. (Panel 65), and Joann L. (Panel 67). Sixteen new GSRs and Alternates were present, forty-nine incoming DCMs/DCMs and Alternates were present. The December 2020 minutes were accepted as published in the *CNCA Comments* after one correction; reporting person for the DCM Sharing Session was Sarah B., not Chase C. The financial report was accepted as published.

**Attendance:** 165 **Birthdays:** 116 years

### Officer Reports

**DELEGATE – JENNIFER B :** I have met with the members of my Conference Committee assignment, which is Trustees, including a meeting with the Chair of Trustees Nominating. February 8 we will get more information about the final Agenda Topics and the Area Officers expect to have the Agenda Topic Summaries completed no later than March 1. It is possible that we may have up to 97 items on the final list! Registration is open for the Pacific Region Alcoholics Anonymous Service Assembly (PRAASA). The GSO Preliminary Budget Highlights for 2021 include a total projected revenue of \$16,467,050. Expenses for 2021 are projected at \$14,514,010. It's not too early to book me for your District's Delegate Report.

**ALTERNATE DELEGATE – ERIC L:** The trustees' Public Information Committee of the General Service Board has an opening for one or two non-trustee appointed committee members; these members would have ex-

perience in the evaluation of online metrics to assess the effectiveness of public information efforts in digital media.

**CHAIR – MIGUEL H:** All past Chairs that I talked to before today shared with me how nervous they felt on their first Area Meeting and now I can relate. Please be patient with me; we have quite a bit of business. Please stick to the time limits with reports of two minutes for everyone.

**TREASURER – CHITRA S:** As of today we have \$69,776.80 in our checking account and \$11,037.86 in our savings account. Contributions and expenses are in line with the budget for January. If you haven't emailed me receipts for reimbursement for January, please do so by tomorrow so I can mail the checks by Monday.

**REGISTRAR – CLAUDIA N:** I have received many of your submissions for new groups, GSRs, Officer and committee Chairs. Please include an email with your submissions; I cannot register someone without an email. Also please include the group or service number on your request. If you want to register an online group you must have an address to submit to our Area.

**RECORDING SECRETARY – AMY M:** It is very helpful to provide your written report to me electronically, via email or text. Please include your name, phone number, email, and the committee or District you serve.

**ASSEMBLY COORDINATOR – DREW B:** We will be hearing a bid for the Pre-Conference Assembly. There are still two assemblies open for 2021- Summer Assembly and the Inventory Assembly.

**LITERATURE/GRAPEVINE/LA VIÑA – RICHARD W:** Visit [onlineliterature.aa.org](http://onlineliterature.aa.org) to take advantage of literature discounts ending on Jan. 31. The Carry the Message project is a way to share *Grapevine* and *La Viña* subscriptions by purchasing gift certificates to someone you know or through the General Service Office Corrections desk.

### District Reports

**DISTRICT 01 (MONTEREY) – JESSICA A:** We are in prep mode for Agenda Topics. The visiting Area Officer presented her experience and tips for gathering an

## AREA COMMITTEE MINUTES—Jan 23 2021, Cont'd.

informed group conscience. Our District is excited to share the benefits of having General Service Representation to the groups in our District who currently don't have a GSR.

DISTRICT 02 (SALINAS/SAN BENITO) – *JACK B*: We did not have a meeting in January. We are struggling to get GSRs and participation in General Service.

DISTRICT 03 (SANTA CRUZ) – *MATT E*: We are focusing on getting more GSRs to assemblies and helping them get more engaged in the Agenda Topics process. We are restructuring our meeting to ensure we have ample time for discussion of business and are introducing small roundtable activities to the agenda. We would like to thank our visiting Area Officer for sharing their experience, strength and hope on their service journey.

DISTRICT 04 (SANTA CLARA NORTH) – *LORI R*: We have all Officer positions filled and had seventeen GSRs and alternates present. Our visiting Area Officer presented about the path of an Agenda Topic to help prepare our District for the Pre-Conference Assembly. Central Office in Santa Clara County is struggling financially. We saved a lot of time and prevented reports from being too long by using a Zoom Timer. We are looking into the idea of having a Service Sponsor Coordinator.

DISTRICT 40 (SANTA CLARA SOUTH) – *BILL H*: To increase participation in General Service, we have started to attend regular Zoom meetings and post invites in Chat to join us at the District and add an invitation letter with every return mail correspondence when we send group contribution receipts. To enhance communication within District 40 we are looking at using Slack in order to keep our team consistently informed. We are in the planning stage to hold a joint Zoom Agenda Topics Workshop with District 04.

DISTRICT 05 (SAN MATEO) *SARAH B*: District 05's relationship with San Mateo Intergroup continues to be strong. Intergroup is in good financial shape and recently made a \$5000 contribution to GSO. H&I has three

meetings on Zoom, BTG has new contacts with Kaiser South SF and Mills Peninsula, and PI/CPC is starting to get more volunteers. Thank you to our visiting Area Officer for giving a presentation on tips for a successful panel. We had a panel of GSRs share their varied experiences with gathering group consciences for Agenda Topics followed by Q&A.

DISTRICT 06 (SAN FRANCISCO) – *JACKIE B*: We launched our new Google Groups, enabling GSRs, DCMs, Liaisons and Officers to more easily share information, sync calendars and register with the District via Google Forms which is embedded in our website [sfgeneral-service.org](http://sfgeneral-service.org). A GSR gave a presentation followed by a lively sharing session on "Childhood Trauma and the A.A. Member". On Jan. 27 at 7:00pm on Zoom, the SF/Marin Central Office is hosting a bilingual business meeting in effort to better serve the Spanish-speaking community.

DISTRICT 07 (ALAMEDA NORTH) – *ASHLEY J*: Our District meeting is Wednesday after ACM, and last week we had our first Officer meeting. In December, we elected a new position of Accessibilities Liaison and the Officers are working to attract DCMs and service sponsors in order to help connect the GSRs in each of our five sub-districts.

DISTRICT 70 (ALAMEDA SOUTH) – *FRANK C*: We meet on Monday after ACM, but we did have an Officer meeting. We have five of eight DCM positions filled but still need an Alternate DCMC, which is needed to proceed with planning to co-host the Agenda Topics Workshop with District 07.

DISTRICT 08 (CONTRA COSTA) – *MEG B*: We welcomed seventeen new GSRs and alternates. Our visiting Area Officer presented on "My first GS panel--what it was like, what happened and what it's like now." We will be presenting a bid today to host the Pre-Conference Assembly. We approved the motion of the CPC landing page for the professional community that will ultimately tie into the District 08 website once completed. We have our Agenda Topics Workshop on Saturday, Feb. 6th.

## AREA COMMITTEE MINUTES—Jan 23 2021, Cont'd.

DISTRICT 09 (SOLANO SOUTH) – *ERIN B*: We had strong GSR presence from Benicia, no DCM yet. Our Central Office needs support. It's likely our District will not have any Officers except Archives. With an excess of funds in our treasury we are discussing disbursement options. We are exploring ways to outreach to the homeless community, and ideas for potential workshops.

DISTRICT 90 (SOLANO NORTH) – *BILL H*: Thank you to our visiting Area Officer for the presentation on the history of General Service. We had our 15<sup>th</sup> annual Inter-District workshop on Jan. 16 with Lake, Napa, and Solano South with over 50 people attending. We will be hosting our first virtual Agenda Topic Workshop in March.

DISTRICT 10 (MARIN) – *JACQUELINE P*: Our Agenda Topics Workshop is Mar. 13 via Zoom, 11am-2pm. We continue to host a 12 Concepts study on the first Tuesday of the month at 7pm. Our new District Accessibility Committee is in the process of making tech equipment available to group members who may not be able to attend meetings otherwise. BTG is making a monthly Zoom presentation at Helen Vine Marin County Detox Center and has a website [bridgingthegapmarin.org](http://bridgingthegapmarin.org). Marin Fellowship Intergroup has two workshops, both 3pm-4:30pm: July 31 on Steps 6 & 7, and Feb. 14 on Love in Sobriety. Discussion continues at the San Francisco-Marin Intergroup about a large monetary bequest to the Central Office in San Francisco. Visit [aamarin.org](http://aamarin.org) & [aasf-marin.org](http://aasf-marin.org) for events info.

DISTRICT 11 (NAPA) – *ROBIN H*: We have three subdistricts have all DCM positions filled. Our new Alternate DCMC & PI/CPC Chair has created a flyer to assemble a committee and our new Beginner's Meeting Chair is motivated to help the newcomer and promote attendance to the meeting. We have filled all but two of our District positions. Our visiting Area Officer shared her experience, strength and hope in General Service.

DISTRICT 12 (SONOMA) – *JAMES B*: We have all our DCM and committee Chair positions filled, although

some subdistricts have declined in attendance. Groups that had received free Zoom accounts from Intergroup NYC will need to create their own accounts by the end of Feb. Our Agenda Topics Workshop with District 18 participation will be Feb. 20. This event will have Spanish interpretation and a great speaker panel.

DISTRICT 13 (LAKE) – *PAUL G*: Our hotline almost went down due to the pandemic, but we moved to a peer-to-peer email correspondence and people are staying connected. We have a new webmaster, and our website is getting updated.

DISTRICT 14 (MENDOCINO) – *WARREN R*: We talked about Agenda Topics and hosting the Post-Conference Assembly. Our visiting Area Officer shared about the transition to Area service and their experience with the Agenda Topics.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – *JERRY C*: Our DCMs are organizing a district-wide GSR sharing session on Feb. 20 at 10am on Zoom. We are updating the roster for new Officers and providing them assistance to quickly adapt to their new jobs.

DISTRICT 16 (SPANISH CENTRAL) – *FERMIN R*: We had five GSRs and two alternates. We are planning a Service Manual Workshop and reaching out to groups with no GSR. We are grateful to be working with District 06 in San Francisco, and also all five linguistic Districts are working together and offering support to one another.

DISTRICT 17 (SPANISH SOUTH) – *JOSE L*: The subdistricts are meeting and ready to reach out to groups, and we are getting ready for PRAASA. There is a new group in Half Moon Bay that we have visited. We are hosting the Foro Hispano and are excited to be meeting with DCMCs from the other linguistic Districts.

DISTRICT 18 (SPANISH NORTH) – No report

# CNCA BUDGET VS ACTUAL - January to December 2020

California Northern Coastal Area  
 BUDGET VS. ACTUALS: 2020 BUDGET - FY20 P&L  
 January - December 2020

	TOTAL		
	ACTUAL	BUDGET	% OF BUDGET
<b>Revenue</b>			
002 Group Contributions	80,823.72	98,872.00	81.75 %
003 District Contributions	14,757.64	12,937.00	114.07 %
004 Assembly Contributions	5,367.69	7,200.00	74.55 %
005 Tradition 7, Area Comm.	1,536.78	3,669.00	41.89 %
006 H & I Archives Rent		575.00	
007 CNCA Subscriptions		12.00	
008 Personal/Misc Contributions	1,878.45	976.00	192.46 %
010 Interest Income	4.81	5.85	82.22 %
Unapplied Cash Payment Revenue	0.00		
<b>Total Revenue</b>	<b>\$104,369.09</b>	<b>\$124,246.85</b>	<b>84.00 %</b>
<b>GROSS PROFIT</b>	<b>\$104,369.09</b>	<b>\$124,246.85</b>	<b>84.00 %</b>
<b>Expenditures</b>			
<b>020 EXPENSE</b>			
021 Delegate Expense	2,907.44	8,045.00	36.14 %
050 Officer Expense	5,202.02	28,562.94	18.21 %
130 Committee Expenses	12,235.54	28,989.88	42.21 %
300 General Expenses	25,766.30	66,870.00	38.53 %
<b>Total 020 EXPENSE</b>	<b>46,111.30</b>	<b>132,467.82</b>	<b>34.81 %</b>
2019 Fall Assembly		0.00	
401 Pacific Region Hospitality Room	41.44	0.00	
PRAASA 2024	0.00		
<b>Total Expenditures</b>	<b>\$46,152.74</b>	<b>\$132,467.82</b>	<b>34.84 %</b>
<b>NET OPERATING REVENUE</b>	<b>\$58,216.35</b>	<b>\$ -8,220.97</b>	<b>-708.14 %</b>
<b>Other Expenditures</b>			
400 Reconciliation Discrepancies	0.20		
<b>Total Other Expenditures</b>	<b>\$0.20</b>	<b>\$0.00</b>	<b>0.00%</b>
<b>NET OTHER REVENUE</b>	<b>\$ -0.20</b>	<b>\$0.00</b>	<b>0.00%</b>
<b>NET REVENUE</b>	<b>\$58,216.15</b>	<b>\$ -8,220.97</b>	<b>-708.14 %</b>

# CNCA STATEMENT OF FINANCIAL POSITION—DECEMBER 31 2020

## California Northern Coastal Area Statement of Financial Position As of December 31, 2020

	Total
<b>ASSETS</b>	
Current Assets	
Bank Accounts	
Operating Funds - Checking	63,932.89
Prudent Reserve - Savings	11,037.86
Total Bank Accounts	74,970.75
Total Current Assets	74,970.75
<b>TOTAL ASSETS</b>	<b>74,970.75</b>
<b>LIABILITIES AND EQUITY</b>	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	5,614.60
Prudent Reserve ~ Savings	11,140.00
Net Revenue	58,216.15
Total Equity	74,970.75
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>74,970.75</b>

Sunday, Jan 17, 2021 01:46:29 PM GMT-8 - Cash Basis

## AREA COMMITTEE MINUTES—Jan 23 2021, Cont'd.

DISTRICT 19 (SPANISH SOUTH SOUTH) – *GUADALUPE O*: Our visiting Area shared her journey in AA service. We secured our Zoom account for the next two years.

DISTRICT 20 (SPANISH EAST) – *JAVIER L*: Our District meeting was a hybrid meeting and we had some audio problems, but it worked out. We are visiting groups to motivate them to participate in General Service and raise awareness about 7<sup>th</sup> Tradition.

### Area Standing & Sub-Committees and Sharing Sessions

ARCHIVES – *PAUL W*: We are discussing a motion to have a new position of Digital Systems Administrator and also revisions to our guidelines. We are eager to resume the digitization of records once we can reconvene at the Archives repository.

BRIDGING THE GAP – *GEORGE X*: We meet via Zoom on the 4<sup>th</sup> Thursday of every month at 7pm, so I'll have more to report at the February ACM. If a District has not appointed a BTG Chair, the DCMC will be the point-of-contact. Some treatment facilities are allowing for in-person BTG presentations, while others are using video-conferencing software such as Zoom to bring presentations to their clients, and still others have paused our presentations altogether.

FINANCE – *JOANN L*: We elected a Chair, reviewed the current financial status and expenses for January and discussed our excess funds, as well as the potential cost of all of the motions on the agenda. We confirmed the current mileage reimbursement of \$ .42/mile and discussed sending the full amount of Delegate's expenses for the General Service Conference.

PI/CPC – *ERIC L*: Our discussion centered on how we can use the recent Stanford/Harvard study <https://>

[youtu.be/IgMjTlwh\\_LA](https://youtu.be/IgMjTlwh_LA) in our PI/CPC work, particularly in addressing some of the common misconceptions regarding AA's effectiveness. Next month, we will discuss how to work virtually with human resources departments, schools and universities, and DUI classes. Our committee meets the third Saturday of every month at 9am.

TECHNOLOGY – *NICK S*: We had elections and filled our positions of Chair, Co-Chair and Recording Secretary. We hope to help the Registrar in exporting Area registration information from Microsoft Access into AirTable within the month. Still waiting to hear back from a few committee Chairs and Officers about some of the equipment they have so we can complete our Area hardware inventory. Some long-term goals include getting the Area involved in Cloud-based storage. Since we have non-profit status, we have access to free applications through Tech Soup.

WEBSITE – *MEGAN M*: We held elections and selected a Chair and filled the positions of Recording Secretary, two Editors and two Technicians. We will be resuming business of the Panel 69 Web Committee. Ideas of improved delivery of information is the possible addition of a search function within the website and adhering more closely to ADA suggestions for improved display for those with visual disabilities. We will be continuing to make the website a repository of sanitized ACM actions, motions and minutes, as well as a means to contact the Officers, committee Chairs and District contacts and a way to contribute to the CNCA 06 7<sup>th</sup> Tradition. We welcome your comments. Please use the 'Contact Us' form on the website [cnca06.org](https://cnca06.org).

INTERPRETATION AND TRANSLATION – *MAGDALENO O*: We had elections and filled our positions of Chair, Recording Secretary, Interpretation Coordinator, Translation Coordinator, Portable Radio Coordinator and two Equipment Technicians. We meet at 11am on the 4<sup>th</sup> Saturday of each month.

CNCA COMMENTS / COMENTARIOS– *DENNIS H*: District 06 is sharing the responsibility of preparing and distributing the CNCA newsletters with District 16; the latter will be responsible for the assembling and mailing and



## AREA COMMITTEE MINUTES—Jan 23 2021, Cont'd.

will take up this responsibility once Covid-19 restrictions are lifted.

**DCM SHARING SESSION – SARAH B:** The group had open discussion about what they want to get out of the DCM Sharing Session. A strong general theme was how to get more people involved in General Service, which will be the topic for next month. Additionally, members wanted to learn how to do their service as a DCM well, keep GSRs connected and informed, and visit groups in their subdistrict.

**ACCESSIBILITIES – JENNIFER K:** We postponed the election of a new Chair until next month. We are discussing efforts to assist Districts identify barriers to the AA message, and considering ideas for possible workshop topics.

**LITERATURE/GRAPEVINE/LA VIÑA – RICHARD W:** We shared some of the experiences with the distribution of literature during the pandemic. Some of the ideas included mailing a *Living Sober* book, delivering a Big Book, and emailing a link to a folder containing the contents of a newcomer packet. We reviewed tips on navigating the websites [aa.org](http://aa.org), [onlineliterature.aa.org](http://onlineliterature.aa.org), and [aagrapevine.org](http://aagrapevine.org).

**H&I LIAISON – KAREN B:** State correctional facilities are not allowing Zoom Meetings because of security concerns and they don't comply with California regulations. One facility is close to allowing a solution, which is having a closed-circuit meeting, with the H&I volunteers and inmates in separate rooms. IVSS Program at San Quentin has begun allowing video visits between the IVSS volunteers and paired inmates. The February *Grapevine* will have an article by a IVSS volunteer. If you are interested in H & I service, information is available on our website [handinorcal.org](http://handinorcal.org). Our next General Committee Meeting is Feb. 14 and will likely be virtual.

**BIPOC LIAISON – KIMBERLY W:** We are planning an event to commemorate Black History Month and will have more information after tomorrow's meeting.

**HISPANIC WOMEN'S WORKSHOP LIAISON – ANA V:** This event serves as a reminder of the importance of inclusivity and we need to be looking for someone to fill this service commitment of liaison to the Hispanic Women's Workshop for December of this year.

### **Introduction of Finance Committee (pending approval from Area Committee):**

Chitra S. (CNCA Treasurer), Joann L. (Chair), Gusty M., Jose F., Matt D.

*No objections; approved*

### **Presentation of Finance Committee Guidelines:**

**Q.** Is there anything about the dispersing of excess funds, and a protocol for asking committee Chairs first if funds are needed by them? **A.** The only changes to these guidelines from last Panel are technical changes, such as providing liaisons to new Area committees. **Q.** Is this something that can get posted on the website? **A.** These guidelines are simply a reflection of what the Finance committee's function and does not have content that is controversial. These guidelines are printed in the Motions Book.

*No objections; approved*

### **Presentation of Bid for Pre-Conference Assembly-presented by District 08**

**Q.** Is there an increase in cost for the Zoom account to accommodate the larger number of participants for the Pre-Conference Assembly? **A.** The Area covers the Zoom account, so is not reflected in this bid as a cost for the District. The cost for the District is \$0.

*Vote: Yes: Unanimous; 0 Opposed; approved; District 08*

*will host the Pre-Conference Assembly on April 3-4, 2021.*

## **What's On Your Mind?**

Wonderful job Miguel! Coming from a past Chair, you did great. // I have provided files with information about the Area motion to incorporate to attendees today. // I have a lot of gratitude for what Zoom has made possible, particularly the increased participation. I don't think I would want to drive to Petaluma. // How do I get the login for my Zoom room to host my committee? (Drew will provide it.) // I am reflecting on the warm, fuzzy feeling I have from our first District meeting and this first ACM. I can imagine it's like a parent watching their child take their first steps, as we all get to watch each other grow in service together. // Which Spanish District was it that had a hybrid meeting? I would like more info. // Congratulations to all, this is going to be a great Panel. Zoom saves us a lot on commuting, and we can accomplish a lot.

Respectfully submitted,

Amy M.

CNCA Recording Secretary- Panel 71

# **CALIFORNIA NORTHERN COASTAL AREA 06 OF ALCOHOLICS ANONYMOUS**

## **PRE-CONFERENCE ASSEMBLY 2021**

**"2021 – A.A. in a Time of Change"**

**SATURDAY/SUNDAY APRIL 3 & 4, 2021**

[Zoom Meeting ID: 632 553 607- Password: 1935](#)

### **Saturday**

8:45 - 9:00AM Orientation

9:00AM Business Meeting

12:30 – 1:00pm Lunch

1:00PM Group Consciences

5:00-5:30pm What's on  
your Mind?

### **Sunday**

8:45-9:00AM Orientation

9:00AM Group  
Consciences

12:30-1PM What's on your  
Mind?

(If extra time is needed to  
hear group consciences, we  
will break for lunch and return  
at 2pm to continue)

## CNC AREA COMMITTEE & ASSEMBLY MOTIONS—Feb 2021

### CNCA Motions – February 2021

#### Area Committee:

##### Old Business:

- That CNCA incorporate as a California Public Benefit Corporation and retain the services of a qualified attorney to attend to the incorporation. – *presented by the Area Structure ad hoc committee*
- That CNCA retain the services of a bookkeeper to assist the Treasurer with both set up (once per panel) and to review the books on a quarterly or semi-annual basis (with Finance Committee approval as to frequency) to ensure that the Treasurer is adequately supported, to strengthen internal controls (by reporting to both the Treasurer and the Finance Committee Chair), and to make this service more attractive.
- That CNCA requires affirmation of auto liability coverage for any member or contractor that CNCA reimburses for mileage. The Area Treasurer will be responsible for collecting and maintaining such affirmation. – *presented by the Finance committee*
- That CNCA increase the reimbursement amount for qualified hotel stays from \$100 to \$150 per night. – *presented by the Finance committee*

##### New Business:

- That due to funds in our checking account currently exceeding established 7th Tradition needs of Area 06, CNCA is to dis-

burse \$25,000 to the General Service Board of Alcoholics Anonymous. – *presented by the Finance committee*

- That CNCA fund the translation of the CNCA Discussion and Reports section of the Area Motions Book, at a cost of \$4,640.

#### Area Assembly Motions:

##### Old Business at Area Assembly:

- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Transgender Alcoholic" be produced. – *presented by District 07*
- That AAWS publish a one-page summary of the six warranties. – *presented by District 08*

##### New Business at Area Assembly:

- That CNCA requests that a pamphlet entitled "Experience, Strength and Hope: AA for the Spanish-speaking LGBTQ Alcoholic" be produced. – *presented by District 40*

## DCM SHARING SESSION , Jan 23 2021

DCM Sharing Sessions Minutes January 23, 2021 11:00 AM – Sharing Session held virtually; opened with the Serenity Prayer by Drew B., Chair. The session opened with Sarah B. (Panel 69 DCM Sharing Session Recording Secretary) sharing her experience as recording secretary for the previous panel DCM Sharing Sessions and concluded with electing a Panel 71 recording secretary for the sharing sessions, Chase C.

Members shared on the question posed by the Chair, **“What do you want to get from this Sharing Session?”**

They were not able to use the Zoom ID given on the CNCA website to attend the Area Meeting. A response was shared by the Chair that the website has not been updated due to the transitions of the committees Wanting to do the best possible job in this role. Looking for advice on gathering a list of current meetings and GSRs in my sub-district and reaching out to meetings. Some are on Zoom some are not. It is really difficult contacting the GSRs What is the best use of my time in reaching out to these groups? How do I get a Service Manual? What I expect to learn and grow from this session is unity and enabling our GSRs to be informed. How are you working with your districts and GSRs? What is the best way to understand this new role? How do we attract rather than promote General Service on Zoom, How do you get the GSRs to the Districts? How do we get GSRs to zoom meetings? The desire to hear our solutions and what we are doing in our different positions, and the reminder that we are starting this on Zoom during a pandemic. Perhaps reports from the DCMs in the sharing session can be shared to get other ideas. Researching which meetings are being held and which meetings are not happening. Creating a personal list. Going to the meetings to find out who the GSRs are to give a call or send an email. Attending sub-district meetings and getting help from the Registrar to find out who the GSRs area . How do I find if groups even have General Service representation? Reaching out to

the GSRs to keep an eye out if they could make an announcement at their meetings about General Service. Contacting Intergroup and Central Office to gather all the meetings. Gather phone numbers. And information, Contacting Area Registrar and receiving a list that is sorely outdated. Build a spreadsheet and go to every meeting in my sub-district to check out if they have a GSR. Enjoy helping others and information from the Area and from the DCMs that come to share. Zoom meetings that do not have a physical location is dumped into an international pile at GSO. That is causing some issues because there are groups that want to stay on zoom after going back to in person meetings. Meetings have not been able to register at their local Intergroup. Looking to gain information by researching what could be done. In having Zoom orientations about General Service history, we were able to answer questions and provide digital content and PowerPoint presentations. Making sure we provide the information up front is very key to their success. Looking to learn how to encourage people to participate in General Service

**TOPIC FOR NEXT MONTH: How do we get more people involved in General Service?**

*Respectfully Submitted,  
Chase C. DCM Sharing Session Recording Secretary*

PRAASA

# Pacific Region Alcoholics Anonymous Service Assembly

The Pacific Region Alcoholics Anonymous Service Assembly is an annual assembly hosted by one of the 15 areas in the Pacific Region of Alcoholics Anonymous each year and it therefore moves around the region.



March 5-7, 2021  
Central California  
**[www.praasa.org](http://www.praasa.org)**

## 2021 CNCA CALENDAR—PANELS 71

		<b>July</b>	<b>24—Area Committee Mtg.</b>
<b>February</b>	<b>27—Area Committee Mtg.</b>	<b>August</b>	<b>7—Summer Assembly, tbd</b>
<b>March</b>	<b>5-7—PRAASA, virtual 27—Area Committee Mtg.</b>		<b>28—Area Committee Mtg.</b>
<b>April</b>	<b>3-4—Pre Conference Assembly, District 8 18-24—General Service Conference 24—Area Committee Mtg.</b>	<b>September</b>	<b>25—Area Committee Mtg.</b>
		<b>October</b>	<b>23—Area Committee Mtg.</b>
<b>May</b>	<b>15—Post Conference Assembly, District 14 22—Area Committee Mtg.</b>	<b>November</b>	<b>6—Inventory Assembly, tbd 27—Area Committee Mtg.</b>
<b>June</b>	<b>26—Area Committee Mtg.</b>	<b>December</b>	<b>18—Area Committee Mtg. (Note: 3<sup>rd</sup> Sat)</b>

### PANEL 71 ASSEMBLIES

**2021 Pre-Conference Assembly,**  
April 3-4 (Hosted by District 8)

**2021 Post-Conference Assembly,**  
May 15 (Hosted by District 14)

**2021 Summer Assembly, August 7**

**2021 Fall Inventory Assembly,**  
November 6

**2022 Pre-Conference Assembly,**  
April 2-3

**2022 Post-Conference Assembly,**  
May 14

**2022 Summer Assembly, August 13**

**2022 Fall Election Assembly, Nov. 5**

If your District is considering making a bid for a Panel 71 Assembly, please contact the Assembly Coordinator Drew B at [assemblycoordinator.p71@cnca.com](mailto:assemblycoordinator.p71@cnca.com)

## PANEL 71 AREA OFFICERS & AREA MEETING INFORMATION

**Delegate**  
Jennifer B

**Alternate Delegate**  
Eric L

**Chair**  
Miguel H

**Treasurer**  
Chitra S

**Registrar**  
Claudia N

**Recording Secretary**  
Amy M

**Assembly Coordinator**  
Drew B

**Literature/Grapevine Chair**  
Richard W

**Pacific Regional Trustee**  
Kathi F.

**To contact an Area  
officer or Committee, or get**

**the password for any meeting,  
please use [the web form](#).**

**General Service Office**  
P.O. Box 459  
Grand Central Station  
New York, NY 10163  
212-870-3400 [aa.org](#)

**CNCA**  
P.O. Box 884222  
San Francisco, CA 94188-4222  
[cnca06.org](#)

**NorCal H&I Committee**  
P.O. Box 192490

### **CNCA Standing Committees & Sharing Sessions**

**Note: Some Committees & Sharing Sessions have changed  
their meeting days & times.**

For questions about meetings, including passwords, please contact  
Committee chairs (ideally in advance of the times noted below):

**CNCA Area Committee meets the 4th Saturday at 12:30 pm, Zoom ID 632-553-607.** [Contact Miguel H.](#) or your  
DCM or DCMC for the password.

**Accessibilities** committee meets the 4th Saturday of every month at 10 am. Zoom meeting ID is 828-0945-2039.  
[Contact.](#) for password.

**Archives** committee meets at noon, the 2nd Saturday of every month. Zoom meeting ID is 981-8745-2281. [Contact Paul W](#) for password. The Archives mailing address is 185 Mayhew Way, Walnut Creek CA 94597-2065.

**Bridging the Gap** committee meets at 7 pm, the Thursday prior to the Area Committee meeting each month. Zoom meeting ID is 988-7891-7593. [Contact George X.](#) for password. BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

**DCMs' & DCMCs'** sharing sessions are held before the Area Committee meeting on the 4th Saturday of every month.

The **DCMC session** at 10 am is open to DCMCs and Alternate DCMCs only. Zoom meeting ID is 632-553-607. The DCM Session at 11 am is open. Zoom meeting ID is 632-553-607. [Contact the Area Chair](#) for password.

**Interpretation & Translation** committee meets at 11 am the 4th Saturday of every month. Zoom meeting ID is 632-553-607. [Contact Miguel H.](#) for password.

**Literature/Grapevine/La Vina** sharing session is 9 am the 4th Saturday of every month. Zoom meeting ID is 824-9101-6140. [Contact Richard W](#) for Password

**Public Information/ Cooperation with the Professional Community (PI/CPC)** committee meets at 11 am the 3rd Saturday of every month. Zoom meeting ID is 568-947-843. [Contact Eric L.](#) for password.

**Web** committee meets at noon the 3rd Saturday of every month. Zoom meeting ID is 880-3494-4851. [Contact Megan M.](#) for password.