

www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

We did it, the first in Person Assembly of Panel 71, thank you all GSRs for your work collecting your groups conscience an taking the time to come and experience what we been talking and planning for several months.

We cheer our Delegate Jennifer who at this point is somewhere in New York. praying and making decisions for the better future of AA.

Special mention to the Hybrid Ad-Hoc Committee for the tremendous work prior and during the Assembly weekend, the Tech Committee and the Interpretation Committee, this is the first time we function together live and for that we are grateful.

Like I mentioned at the Assembly, we are not in a rush to get business done, rather we are trying to focus on this new ad-hoc era of CNCA, working with all of CNCA's through our Area Committee, Standing and Sub Committees, to ensure that all work accomplished in the last couple of years continues, to keep the spirit of service reachable. At the Pre-Conference Assembly we didn't get to vote on any of the Assembly business. We understand the importance of participation from the ones who weren't able to be with us in person, perhaps we now have now a better view on what it takes to be hybrid at assembly level.

I'll like to share that it was great to see and the tremendous increase in participation from our Spanish speaking members from all the five linguistic Districts, participation that was not even close to the limited participation in the last seven virtual only assemblies of these last two years. CNCA is fortunate to be with a bilingual Area and we value the input coming from all CNCA groups equally.

Now, there's is a reason why we call the General Service Conference the never-ending process, we are not done yet; save the date for the incoming Post-Conference Assembly in May 14, 2022 to be hosted by our Linguistic District 17. We continue to trust on the recommendations from our Hybrid Ad-Hoc committee finding the best practices and it's very possible to hold this Assembly Hybrid.

Special note; bring your FM RADIO. we rely on simultaneous interpretation: English/Spanish–Spanish/English at Area Committee Meetings and Area Assemblies.

In other important things, last month we started our traditional Area Officers Job Descriptions at the beginning of the DCMs Sharing session in preparation for our Area Elections for Panel 73, we invite you to join us this month of April as we'll continue with the Recording Secretary position given by Amy Menendez.

Thank for the opportunity to serve you. Miguel H CNCA Chair

DELEGATE'S CORNER

When I pulled up to the Petaluma Veterans Hall on the first day of the assembly and saw the parking volunteers in the brightlycolored CNCA vests, waving good morning, I was hit with a flood of happy tears. The first person I saw in the parking lot was my sponsor and past delegate, Joann. We walked in together, and it all felt so different and yet so much the same. So many familiar faces, so many new faces, so many faces I'd only ever seen on screen. The beautiful, buzzing activity of a society of alcoholics in action, making sure we could do our part to participate in greater A.A.

The first year I was a GSR, it was the experience of gathering a group conscience on a controversial topic very close to my own heart, and then hearing our Delegate report back on what happened at the Conference that finally rocketed me into the fourth dimension. I'd been sober for six years, doing the deal but growing complacent, and now I felt part of something bigger. I've been hooked ever since.

I learned to be truly accountable. I found my voice. I learned we can disagree and still have that joyful camaraderie. I learned to trust the group conscience by participating in it. I got more comfortable in my own skin, trying new things, and sometimes making mistakes. I let you get to know me. And somehow you decided to put your trust in me again and again. I like to remember that I'm just the drunk whose turn it is this time, but I also don't forget that a very small number of people get to have the experience of serving as a delegate to the General Service Conference. It's humbling, to say the least. But I know I can't break A.A. because I don't do this alone. I have the other delegates, and I have all of you.

I love the information and seeing how all the pieces fit. I love the principles, the process and the procedures. I'm definitely a ser-vice geek! But what has been the most wonderful discovery for this alcoholic is how much I love the people. Learning from you, watching you grow, seeing your creativity, hearing your passion and vision, and knowing that together, we can carry out our three legacies and keep the doors open for the next alcoholic looking for a way out.

The participation at the assembly was inspiring. We knew it was over when the past delegates sang. As Dolly Parton said in Steel Magnolias, "laughter through tears is my favorite emotion." By the time you read this, I will have received all the notes from our wonderful recording secretary and alternate delegate, reviewed all your emails and web form responses, held a virtual sharing day, and been fully informed by my beloved CNCA. I am especially grateful for your input on my Trustees committee items—you gave me some specific ideas I plan to bring to the table.

Thank you for your amazing service to your groups and to A.A. as a whole. Thank you for your trust. Thank you for making all of this so much fun.

No sleep 'til Brooklyn!

Jennifer B., Panel 71 Delegate

Looking for Something?

Chair's Preview—p.1 Delegate's Corner—p.2 Area Committee Minutes, 3/26/2022—pp. 3—5, 8-11 Area Financial Reports, 2/2022—pp. 6—7 Area and Assembly Motions—p. 12 DCM Sharing Session, p. 13 Post Conference Flyer—p 14 CNCA P71 Calendar & Assembly Info.—p. 15 Area Officers & Meeting Info.—p. 16

AREA COMMITTEE MINUTES—MARCH 26, 2022

The monthly committee meeting of CNCA was held using a hybrid end's 'Share with the Delegate' event. So please speak slowly format on March 26, 2022, with some members attending virtually and others attending at the Petaluma Community Cen-ter. Miguel H. opened the meeting at 12:30pm, followed by the Serenity Prayer. The AA Preamble was read by Rosa R. (District 12). Rodrigo Z. (District 18) read Tradition Three in Spanish and Jose F. (District 18) read Concept Three in Span- ish. There were seven past Delegates present: Diane O. (Panel 35), Bob D. (Panel 36, Area 28), Barbara M.(Panel 41), David N. (Panel 59 and past Trustee), Ken M. (Panel 61), Joann L. (Panel 67), and Teddy B.-W. (Panel 69). The February minutes and financial report were accepted as published in the CNCA Comments and Comentarios.

Attendance: 139 (65 virtual / 74 in person) 158/8

Birthdavs:

Officer Reports

Delegate - JENNIFER B: I've attended a number of Agenda Topic Workshops and other training exercises in your districts. Everyone seems to be doing a great job of preparing GSRs. I have already started to receive some group consciences through the web form and by email. I am really looking forward to next weekend and our first in-person assembly in two years. One thing I have noticed is that two years on zoom has made me a bit feral and socially awkward. Ok, maybe I was always socially awkward, but now I'm keenly aware of it again. And that's ok. I also need to relearn how to conduct myself in a gen- eral service setting where people can always see and hear me. I am reminded of a PRAASA in 2011 when I was a reader and had to sit on stage during a presentation about an agenda topic that was controversial. It took a conscious effort up on that stage to control my body language. It may well be where I first learned to keep my face neutral at the front of the room, no matter what gets said (and the floor mics were a good test that day). I have found that listening as if I have no opinion is a valuable skill - in General Service and in life. I invite all of you, as leaders in the area, to cultivate it with me as best you can. Especially when we are talking about topics that members feel passionately about. At our assembly, we are going to hear all sorts of opinions. Our members at the microphone are the messengers of their groups and committees. They have done an incredible service by show- ing up to participate. In the spirit of love and tolerance, let's make sure all our members feel encouraged to go to the micro- phone and share those different viewpoints. I found my voice here in general service. I have also found it helpful over the years to write out what I want to share in advance of going to the microphone. And to edit myself. Not just because we limit the time to ninety seconds. Sometimes it takes an extra effort when I know that the group conscience or personal opinion that I am offering may have an impact on others in the room. Choos- ing my words with care, out of consideration for others, while still clearly expressing a point of view on a controversial topic is another acquired skill that has served me well in all my affairs. So, let's all try to be kind to one another. And

have some fun. And don't forget your FM radios! Alternate Delegate – ERIC L: I will be paying great attention to all that is said at the Pre-Conference and the following week-

and clearly so that we can all hear and take notes.

Chair - MIGUEL H: We are making history here today! Please be patient as we are having our first-ever hybrid Area Committee Meeting. Thank you to all members of the Hybrid Ad Hoc committee for helping to make sure the participation continues at this capacity. Last month we tabled the motion related to make area meetings hybrid; note that we didn't eliminate that motion, we are just right now relying on the incredible work of our Hybrid Ad Hoc committee, and we will likely hear presenta- tion of more recommendations in the near future. Today we have an Assembly Bid for the 2022 Post-Conference Assembly! We of course are trying to get some business done, but today we are trying to focus and settle into this new era of CNCA, along with the rest of the committees. Thank you to all of you for all you've done these last couple of years to make today possi- ble. My heart is full by seeing all of you here at the same place were my General Service journey started. Experiences and gratitude help materialize projects and ideas into practices to make sure the message of AA goes and stays where it is need- ed.

Treasurer - CHITRA S: We currently have \$72,522.32 in our Checking account. Our Savings account, which is our prudent reserve, has \$11,039.13. February contributions totaled \$4,917.43 and we budgeted for \$7,164.99. February expenses were \$15,337.40 and we budgeted for \$7,176.48. Please note the following expenses were paid and will show under February expenses: \$3,500 to GSB for Delegate to Conference; \$4,378 to County of Sonoma for Pre-Conference Assembly Rent; \$742 to Petaluma Community Center for February ACM; \$3,972 to St. Mary's Cathedral for 2019 Fall Assembly for unpaid rent due to the pandemic. The Finance table is in the back corner. Please bring your Expense Request Forms and receipts to me during the meeting and we will get your check signed by two Area Of- ficers and have your check by the end of the meeting. We can also accept checks and cash for group contributions and can provide receipts.

Registrar - CLAUDIA N: Virtual registration at our assemblies will be available in two forms: A QR Code will be one method, and a link will be the other. Both methods will send you to the registration form, which will ask you five questions, including whether you're enrolling in-person or online, your name, district, service position, and whether or

not you're a voting member. Flyers will be posted at the registration table, on doors, and on tables inside for easy access. There will be volunteers on hand to assist you with registration. Today, I have New Group, Group Change, and DCM Change forms available in English and Spanish, if needed.

Recording Secretary - AMY M: There are sign-in sheets on the tables around the room; they are two-sided indicating whether you are a voting or non-voting member. Please sign them because it's how I keep the attendance for our minutes. I also have blank report forms in English and Spanish if you would like to hand write your report. It is easier for me to receive them electronically by email, text, or WhatsApp but I don't mind receiving them written. I am kind of excited to have some dropped here in the basket.

Assembly Coordinator – DREW B: Remember that we are a society that claims the least possible organization, and I hope today you can really take that to heart as we bumble along into unchartered territory of hybrid meetings. This is a historical moment, and we appreciate your patience.

Literature/Grapevine/La Viña - RICHARD W: The Trustees' committee on Corrections is requesting shared experience on the methods by which AA members on the outside sponsor members who are inside correctional facilities. The request is to address an unmet need for sponsorship of a members in custody. Once compiled, this can be added to Corrections service material. Check the 'What's New' tab on www.aa.org for more information. There is a new Grapevine book being released called Fun in Sobriety with a release date to be announced. The book titled Prayer and Meditation is back in stock. As a reminder, both magazines are always look- ing for story submissions! Check the website www.aagrapevine.org for the editorial calendar of specific top- ics, and always we are looking for stories on each Step and Tradition. We also take bad jokes. Gift subscriptions are need- ed for the Carry the Message project which provides magazine subscriptions for those in need.

District Reports

District 01 (Monterey) – JESSICA A: We continue to gather informed group consciences. Our DCM hosts a monthly subdistrict meeting, which is now hybrid instead of online only. The GSRs use that time to practice Agenda Topic presentations and get a better understanding of the process and in- depth discussions about the Traditions and Concepts.

District 02 (Salinas/San Benito) – BRIAN M: Our DCMC had to step down last year due to health issues, and sadly, Jack B. passed away the other day. Our district is in a bit of turmoil, but we had a small meeting with a few in attendance and we are hanging in there. We have a couple of GSRs gath- ering group consciences.

District 03 (Santa Cruz) – MATT E: Our Agenda Topics Workshops were a smash hit, and I'd like to offer our district's heartfelt thanks to our workshop coordinator, Kimber A., for putting those together. Both workshops took place online, and were recorded (audio only) - well, one of them was recorded. A technology demon ate the second one. But if anyone is interested in receiving the link for the audio recording of our first workshop for distribution to your GSRs, feel free to let me know! We were able to make another contribution of \$1,000 to the General Service Board this month, as well as approving a motion to reimburse two nights of hotel stay for the preconference assembly for all DCMs in our district.

District 04 (Santa Clara North) – *LORI R*: Our ad hoc committee researching hybrid meetings has been busy! We are set up to do a mock hybrid meeting in April. A representative from the church will be there to help and answer questions. Then our district will be able to determine how we will go forward in May. We passed a housekeeping motion to purchase and distribute new Service Manuals to anyone in the district who would like a copy. We had break-out rooms and conducted mock group consciences.

District 40 (Santa Clara South) – BILL H: Our joint Dis- trict 04 and 40 Agenda Topics Workshop went very well; excel- lent speakers and very informative. Finances are stable in the district, and we are discussing making contributions. Our current concern is the cost to go hybrid, so our discussion and research continues. Our subdistrict spotlight and subdistrict breakout rooms are gaining momentum and are proving to be effective communication tools. A much-needed review and update of our district guidelines are underway. The District took part in the NCCAA Conference on the weekend of March 12 and a good time was had by all. It was filled with great speakers and attendees danced until midnight.

District 05 (San Mateo) SARAH B: Our District had a successful Agenda Topics Workshop where we were able to hear presentations on five agenda topics, two of which district consciences were gathered. I'm grateful for all who participated, including our Area Delegate. At our district business meeting, we tried a different format to our agenda which appears to be well-received. We were able to start with district business and passed a motion to co-host an interdistrict workshop with District 06 San Francisco and District 10 Marin. We also had an other opportunity to discuss gathering group consciences on agenda topics, thanks to the help of our visiting Area Officer.

District 06 (San Francisco) – TONY A: Our DCMC, Jackie B., is currently speaking on a panel at the ACYPAA (All California Young People in AA) Conference in Visalia, CA but she will be logging in to the ACM later today. At our last meeting, we tabled all business and focused primarily on preparing our GSRs for the Pre-Conference Assembly, and we also heard from a new GSR about their experience as a first timer at PRAASA. We held our Agenda Topics Workshop on Zoom and had presentations on "How to Collect an Informed Group Conscience" and "What the Delegate Needs to Know". Two of our Area Officers shared from the progress reports on the Fifth Edition of the Big Book, and the translation of the Fourth Edition into plain and simple language. Audio recordings of all panel presentations are available by request on our district website www.sfgeneralservice.org/agenda-topics.

District 07 (Alameda North) – MANISH G: At our last meeting, we passed a housekeeping motion to purchase a flash drive recording of PRAASA in order to allow members who could not attend to experience that weekend's events. We elected a new DCM for subdistrict 005, and continue to hold elections for various open positions, including Registrar. We also welcomed five new GSRs! We heard presentations of four new items of business, including a motion from subdistrict 001 that CNCA and AA as a whole undertake a way to find lan- guage for our literature, and the discussions in our service meetings surrounding it, that is sensitive to others' trauma, especially when describing conduct that we seek to avoid.

District 70 (Ålameda South) – *FRANK C*: We held our annual Agenda Topics Workshop on Zoom, co-hosted by District 07 Alameda North. It was well-attended and as a side note it was a refreshing development to have some folks attend who were not from D07 or D70, which is one of the benefits of holding the event via Zoom. But as many have expressed, we are hopeful and confident that next year these events can be in-

person with the online option. A big thanks to our Alt-DCMCs, Manish of D07 and Roy of D70, for putting this together and thanks also to our two panelists and to all who facilitated the breakout sessions. Our ad hoc committee looking into returning to in-person meetings with possibility of the hybrid element is working hard toward providing recommendations to the district as to our options. Committee Chair Greg and I attended District 08's hybrid meeting and we want to thank them for being gracious hosts and for offering support and guidance with what they have learned in getting their hybrid meeting launched.

District 08 (Contra Costa) - LESLIE W: Discussions at our last meeting began with a motion from a subdistrict to have all district events and business meetings as hybrid. As this presentation unfolded, it became apparent that this motion needed to be deliberated as two separate items, so with the approval of the maker of the motion, we split it into first a Presentation of New Business: "District business meetings going forward will be hybrid", then a continuation of the discussion about hybrid events in District 08. Our Special Events Chair suggested we need to consider expanding the service position to incorporate the tech/equipment/people, in addition to the current requirements- either as a co-chair or an entirely new position. I have heard from a few GSRs about the use of acronyms at our business meeting. When we report on our committees, or on upcoming events, we just assume everyone knows what we mean by CPC, BTG, PRAASA, etc. So, I will be asking our officers to use both the acronym and the name. I hope to remember to do better at this as well.

District 09 (Solano South) – ERIN B: We are spreading the word to local Zoom meetings and Spanish-speaking meetings to elect GSRs to connect to AAWS. Our newest Fellowship, the American Canyon Underground Fellowship is working to get registered.

District 90 (Solano North) – *BILL H*: We held our first inperson workshop in over two years last month. With forty-two people attending, a great time was had going over Agenda Topics and enjoying a chili lunch. Thanks to our visiting Area Officer for their remarks on the Pre-Conference Assembly and Agenda Topics.

District 10 (Marin) - JACQUELINE P: 2022 continues to be the "Year of the Ad Hoc Committee" in Marin District 10. First, we heard a thorough report from the ad hoc to locate a new inperson meeting place. As a result, we are looking at our first inperson meeting on May 16 at a centrally located non-profit in downtown San Rafael. Secondly, another ad hoc committee is researching what it would take for the district to move our monthly business meeting to a hybrid format. We are all looking forward to hearing the results of its research at our April business meeting. There is still a need in District 10 to help members access and participate in virtual meetings, so our Marin Access committee continues to collect wiped devices to be given to those members. Both the Bridging the Gap and the Public Information/Cooperation with the Professional Committees are gathering more members as enthusiasm grows due to the return to in-person presentations. Virtual presentations are ongoing. The Marin Fellowship Intergroup (MFI) has launched an in-person Step Workshop; to see flyers for it and other

events please visit the website www.aamarin.org/events-gallery.

District 11 (Napa) – *ELISABETH B*: At our last district business meeting we elected our Unity Day chair and had the opportunity to vote on having the event in-person, with the option to explore the possibility of hybrid. The business meetings have become opportunities for all of us to learn about the changes in our Area, and how the example of leadership sup- ports our district. Our next district business meeting will be on April 9 at 1:30pm, rescheduled because our regularly sched- uled meeting falls on the same day as the Pre-Conference Assembly.

District 12 (Sonoma) – JAMES B: We are very exciting to be hosting you at the Pre-Conference Assembly being held at the Petaluma Veterans Building. We elected a new Access Chair for Sonoma County. At our last meeting we received some feedback from some GSRs that did not have a good experience with the online PRAASA.

District 13 (Lake) – PAUL G: All of our meetings around the district have returned to in-person and it has been a great boost to our morale all around the lake. We picked up another GSR from Clearlake Oaks. We have scheduled events to fill out the rest of the year: a GSR training workshop, Unity Da, and a secretary workshop.

District 14 (Mendocino) – WARREN R: I'm grateful to be Zooming in from ACYPAA in Visalia, CA right now. MENDYPAA will be hosting a speaker event on April 24. We voted to spend the money needed to buy the tech equipment so the district can function permanently as a hybrid meeting and not rely on personal equipment. We also voted to disburse excess funds.

District 15 (Humboldt/Del Norte) – MEGAN M: A new location in Eureka for the district meeting has been secured and we are hoping that will attract more GSRs. We passed a motion for the purchase of 25 service manuals. We are putting together a carpool to attend the Pre-Conference Assembly.

District 16 (Spanish Central) – *FERMIN R*: Our district is very excited and happy for this first meeting in person after two years. We are working with the GSRs and talking with the groups to bring their consciences to our delegate. We are also working for next year's 3rd Hispanic Forum.

District 17 (Spanish South) - JOSE L: Our district had less GSR participation in PRAASA this year, but we are working at getting them to participate more actively in the next service events. Our Cooperation with the Professional Community committee is working at Proyecto Primavera in collaboration with social workers. Bridging the Gap is having a simulation workshop every Tuesday at the Intergroup Central Office in San Jose. We have had a few visits to groups requesting help with the Agenda Topics. District 17 is presenting a bid to hold the Post Conference Assembly on May 14. We are motivating all members to attend the Regional Forum in September at Salt Lake City, UT, and we agreed to rent a van to get a large group to the Pre-Conference Assembly for both days. A motion was presented to buy an interpretation audio system for the district. District 18 (Spanish North) - RODRIGO Z: We are talking to groups about the Agenda Topics to motivate them to get

CNCA BUDGET VS ACTUAL - JANUARY—FEBRUARY 2022

California Northern Coastal Area

Budget vs. Actuals: 2022 Budget - FY22 P&L

January - February, 2022

		TOTAL		
25	ACTUAL	BUDGET	% OF BUDGET	
Revenue				
002 Group Contributions	13,434.02	14,000.00	95.96 %	
003 District Contributions	1,636.58	3,166.68	51.68 %	
005 Tradition 7, Area Comm.	300.26	545.82	55.01 %	
008 Personal/Misc Contributions	443.98	616.66	72.00 %	
010 Interest Income	1.37	0.82	167.07 %	
Total Revenue	\$15,816.21	\$18,329.98	86.29 %	
GROSS PROFIT	\$15,816.21	\$18,329.98	86.29 %	
Expenditures				
020 EXPENSE				
021 Delegate Expense	383.88	1,055.00	36.39 %	
050 Officer Expense	1,707.06	6,249.70	27.31 %	
130 Committee Expenses	1,976.93	6,474.26	30.54 %	
300 General Expenses	15,372.22			
Total 020 EXPENSE	19,440.09	13,778.96	141.09 %	
Total Expenditures	\$19,440.09	\$13,778.96	141.09 %	
NET OPERATING REVENUE	\$ -3,623.88	\$4,551.02	-79.63 %	
NET REVENUE	\$ -3,623.88	\$4,551.02	-79.63 %	

Cash Basis Thursday, March 3, 2022 04:55 PM GMT-08:00

CNCA STATEMENT OF FINANCIAL POSITION—FEBUARY 28, 2022

California Northern Coastal Area

Statement of Financial Position As of February 28, 2022

	TOTAL
ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	68,960.77
Prudent Reserve - Savings	11,039.13
Total Bank Accounts	\$79,999.90
Other Current Assets	
Undeposited Funds	-718.16
Total Other Current Assets	\$-718.16
Total Current Assets	\$79,281.74
TOTAL ASSETS	\$79,281.74
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	71,765.62
Prudent Reserve ~ Savings	11,140.00
Net Revenue	-3,623.88
Total Equity	\$79,281.74
TOTAL LIABILITIES AND EQUITY	\$79,281.74

group consciences. Members of our district have expressed some dissatisfaction with some results of last year's Conference, feeling that we may not have been informed as possible due to the pandemic and not everyone had enough access to the information. We are also working to get groups more knowledge of Area business. Next interdistrict meeting will be June 26.

District 19 (Spanish South South) – *GUADALUPE O*: Our visiting Area Officer spoke to us about the Agenda Topics, and it was received with so much enthusiasm that a few days later he returned, and we had a mini–Agenda Topics Workshop. GSRs were shown how to use the website form and to email the delegate for group consciences. We continue to study and improve. Our interdistrict workshop hosted by District 19 was very successful.

District 20 (Spanish East) – *JAVIER L*: We attended PRAA-SA, and I appreciated the inclusivity of genders, races, languages, and nationalities. We are working with GSRs and their groups to collect group consciences on the Agenda Topics. We continue to meet hybrid. We attended the interdistrict workshop with the other linguistic districts and we are having the first planning meeting for the 3rd Hispanic Forum of Hispanic districts in Area 06. We are grateful for the in-person assembly.

Area Standing & Sub-Committees, Sharing Sessions, and Liaison Reports

Accessibilities - DAN M: I am pleased to make this report as the newly-elected Chair for the Accessibilities committee. At today's meeting we had a round table discussion about Remote Communities and were able to identify some pockets of Area 06 that may face barriers to AA based on linguistic, cultural, geographical, and other factors. We look forward to continuing this discussion. We are not ready yet to move our meeting time to the same day as the ACM and be hybrid, so for now we remain the third Saturday of each month at 11:00am. All are welcome! Archives - PAUL W: During our workday last month, we continued to tackle the Records Room clean-up. When we have finally worked our way through the mess, organizing as we go, we will purchase more shelves to safely store things in this room. The last approved revision to CNCA Archives guidelines we in 2007, so we are reviewing the 'Suggested Guidelines for the CNCA Archives Committee' and 'CNCA District Archivists'. We assisted a group in District 08 with researching CNCA Comments to provide background on how certain motions in the Motions Book were formulated and passed. The Archives committee will be presenting a housekeeping motion today to purchase a paper shredder. Finally, the Archives team is also starting to define our requirements for the CNCA web.

Bridging the Gap – *GEORGE X*: We are looking to fill three BTG Chair positions: District 02 Salinas/San Benito, 09 Solano South, and 15 Humboldt/Del Norte. Since the last ACM, our districts have made 36 presentations at treatment and/or correctional facilities and we have received 194 contact requests. We also received four letters mailed to our P.O. Box this past month from confined AA members. The number of contact requests is the highest monthly count we've seen this panel, confirming that even in a pandemic, the hand of AA has been there. Last month's meeting was devoted entirely to conducting an Agenda Topics sharing session facilitated by our visiting Area Officer. We'll be sharing our committee's conscience on two items at the Pre-Conference, and speaking of which, BTG will have a literature table setup there and we invite you to stop by. **Finance – JOANN L**: We reviewed the Statement of Financial Position, Budget versus Actuals, and December expenses. We also looked at the financial impact of the motions on the CNCA Area Committee Meeting agenda for today. We have a motion to present this morning to secure a new Post Office Box for the Area in Petaluma at the USP Store. Jose Martinez and I did a presentation of group and area finances for his homegroup. As a committee, we would like to keep spreading the word about how to talk to the AA groups about money. We are discussing the possibility another workshop, hopefully hybrid.

PI/CPC – ERIC L: This month, we discussed Agenda Topics in Public Information and Cooperation with the Professional Community. Next month, we will discuss cooperation with Al-Anon. Technology - NICK S: The Tech committee has been working with Claudia to make the online registration a possibility for the Pre-Conference Assembly next month using AirTable and we are very excited to see how that works out! We'll be shifting focus to working with our Microsoft Administrator, Evan, to complete the development of some informative instructions with screenshots to show area members how to access the Microsoft Software and OneDrive. The Tech Committee is very excited to have a table and be present at a physical assembly for the first time in the history of CNCA. We have some neat ideas of how to keep everything completely paperless, such as the possibility of a "digital bulletin board". If your committee or district has something you'd like us to put up, please reach out to me. Or just meet me at the assembly and email the flyer and we will put them up as we go. For our committee meeting next month we will be trying out the use of Microsoft Teams as a meeting platform.

Website - MEGAN M: What a pleasure to work with the new friends I have made working with our committee. Every one of us contributed to creating the 'Form for Group Consciences on the Agenda Topic Items' for the website. If you are unable to present your group's conscience at the Pre-Conference Assembly, you have an opportunity to email it to our Delegate or use the form which is available on the front page of www.CNCA06.org. As committees begin to make choices of staving on Zoom. switching to hybrid, or meeting totally in-person, I am asking the committee Chairs to let the Web com- mittee know, through our Area Chair, Miguel, so we may better serve you by updating the website. We are still short a member! We are especially looking for members who have experience with using WordPress. Please ask around- your sponsees, sponsees of friends, your sponsor? At the Pre-Conference As- sembly, the Web committee will have a table with our members displaying the CNCA06.org website and ready to answer any questions you might have. We would love to demonstrate to you the Group Conscience Form and help vou use it if needed.

Ínterpretation and Translation – MAGDALENO O: To all the Chairs of the different committees that request a translation for their minutes, please send them as soon as possible in order to have the translations on time. We continue to invite you to acquire your own radios, and this can help make our service

more efficient. For the assembly, if you need any assistance or use of a radio, you can visit any of the members of the Interpretation & Translation committee at our table we will have set up.

PRAASA 2024 - TEDDY B-W: What is PRAASA? It's the Pacific Region Alcoholics Anonymous Service Assembly and its purpose is to develop greater unity among the members, groups, and areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of AA-all, of course, rolling up to how we can better carry the message to the alcoholic who still suffers. Each of the areas of the Pacific Region hosts PRAASA on a rotational schedule and it is our turn in 2024. That might sound like a long way off, but there are things that need to happen now to ensure a successful event now less than two years away. One of the things that several members of the PRAASA 2024 Steering Committee and I got to do was to attend the wrap up meeting for PRAA- SA 2022 and congratulate our friends in Oregon for a great job. I picked up several tips like the importance of finding an Al Anon Chair early in the process, partnering with the deaf and hard of hearing community from the ground up, and sitting in on the 2023 planning meetings. So, if you are or know an Al Anon member who might make a good Al Anon Chair for PRAASA 2024, please let me know. If you would like to volun- teer to serve on one of the committees for PRAASA 2024, please send me an email.

Hybrid Ad Hoc – KEN M: I'd like to thank and introduce the rest of the committee members: Meg B., Michael Q., Russ A., and Jose M. It's wonderful to be back "live and in person"! As you can see the hybrid thing is up and running, we're learning and adjusting as we go. The hybrid committee will be at the Pre-Conference Assembly next weekend to do a test/trial that will be "view only" for the online participants. The assembly should be similar to what we're doing here today, but with a couple of additional layers like professional interpreters, etc. We anticipate that we'll be able to make our recommendation to the Area at that time.

CNCA Comments / Comentarios – DENNIS H: Both the *Comments* and *Comentarios* were completed on March 19. The current plan is to mail the newsletters for the first time since the beginning of the pandemic. District 16 will be re- sponsible for traditional 'lick and stick' (no licking however). For the first month, the plan is to have everything in the mail on Monday, April 18. Hopefully as we gain in experience this date can be moved to earlier in the month.

DCM Sharing Session – KAREN C: We heard a presenta- tion by Pam S. from District 40 about the history of the Span- ishspeaking districts. Next's month's topic will be 'Virtual Groups-Location requirements and how they fit into districts.' We also heard a presentation of job description for the posi- tion of Literature/Grapevine/La Viña Chair by Richard W. Next month's job description will be for Recording Secretary.

Literature/Grapevine/La Viña – RICHARD W: We had a hybrid meeting this morning and we welcomed Amalia C. She shared her experience from working on the pamphlet for Hispanic Women in AA to her current project with chairing the working group for the creation of the 4th Edition of Alcoholicos Anonimos. In the 3rd Edition there were 200 stories submitted. This edition will be the first time that new stories will be from the United States and Canada. There are currently seven Spanishspeaking members working on this project and they come from Spain, the Caribbean, Mexico, Central America, and South America. All have different levels of involvement in our fellowship. The deadline for stories is December 15, 2022. H & I - KAREN B: Hospitals & Institutions continues holding meetings in person when permitted or online if the facility is willing and able. We offer literature to the facility, regardless of whether they are currently permitting meetings. We need volunteers willing to take meetings into prisons when they reopen or join our Inside Visiting Sponsorship Service. For more information, please check our website www.handinorcal.org. Thank you for your contributions that help H&I carry the mes- sage to alcoholics who cannot attend regular meetings.

AREA BUSINESS

Presentation of Assembly Bid

Assembly Bid for the 2022 Post-Conference Assembly on May 14, 2022, at the Newark Pavilion (6430 Thornton Ave., Newark). Presented by District 17. Total bid cost: \$5,950.

Questions: Q. I was wondering why the cost for ASL was not included. A. It is our practice that we will provide it if requested within 30 days of the assembly and it has not been requested yet. Q. Can you clarify why the line items for food and coffee are above what is suggested? A. With the compressed time frame to pull this together in addition to the inflation incurred during the pandemic, we tried to account for a more accurate and realistic estimate. Q. Are you going to make arrange-ments for the assembly to have virtual participation? A. Yes, I believe so. Our Hybrid Ad Hoc committee has said they will do their testing at the Pre-Conference and come to the Area with their recommendations following that. Q. It seems so pricey for a oneday assembly. A. For comparison, the 2020 Post- Conference Assembly bid estimated a total cost of \$6.570. That was two years ago and pre-pandemic, and this current bid is still coming in a lot less expensive.

Vote by simple majority. <<Assembly Bid Approved>>

Presentation of New Business

• That CNCA purchase a P.O. Box through the UPS Store (Petaluma Branch) at the current cost of \$480 per year for all future incoming mail. If approved, CNCA will maintain the former Post Office Box for a duration of at least one year, and until such time that all pertinent entities affected of be notified of the change of address. - *Presented by the Panel 71 Finance Committee*

Presentation: The problem with what we have now with the box in San Francisco is the inconvenience for members of the

committee to retrieve the mail. Mail forwarding is problematic because the box is registered to AA members no longer participating in CNCA service, and the customer service with USPS has been difficult to work with. We have also outgrown the size of the box to accommodate our incoming mail, resulting in multiple trips to San Francisco by our committee members. A new and larger box through UPS located in Petaluma would enable us to pick up the mail on the same day as the ACM and, if needed, mail forwarding is optional for a small fee and within the capability of UPS Store customer support. Also, transferability of box management will be a simple process for future trusted servants.

Questions: **Q.** What do we pay each time the mail is forwarded? What if the new Treasurer moves? **A.** It would depend on the quantity of mail being forwarded, but it doesn't matter where the Treasurer lives, they would need to come once a month to the ACM anyway. On average for the various loca- tions our committee members are traveling from to pick it up in San Francisco, we are spending about \$30 a trip to have them pick it up. Mail forwarding from the UPS store would be less than that. **Q.** The UPS Store box fee is more expensive than the USPS. Why are you choosing them? **A.** In addition to the above reasons, the customer service at the USPS was problematic, and the ease of online management with UPS is also a plus. **Q.** Do other CNCA committees have access to this box? **A.** No, this box is managed only by the Finance committee.

Vote by simple majority to keep at ACM or forward to Assembly: Voted to keep at ACM. Motion becomes New Business at the Area Committee Meeting in April.

Housekeeping Motion

 That Area 06 purchase a paper shredder device for any excess copies of items that contain confidential information, not to exceed the cost of \$200.00 -Presented by the CNCA Archives Committee

Presentation: We are doing a lot of cleaning and organizing in the Archives repository and there are lots and lots of boxes. Sometimes we find papers and notebooks sent to us from groups containing sign-in lists, for example, but with no other archival value. We don't feel comfortable just throwing away papers with names and numbers, but also don't have a need to store it in our archives. A paper shredder can help us dis- card the bulk and provide more room and organization to the space, as well as help us contain a wider variety of historical documents.

Questions: **Q.** Have you considered using a one-time shredding service? **A.** Yes, we investigated it. It can cost \$1 per pound or \$6 per box. The disadvantage is that we don't al- ways need to take such a large volume. It makes more sense to shred as we go, and we can keep the shredder on hand. \$200 can get us a quality shredder. **Q.** Will you recycle it? **A.** Certainly. **Q.** Who gets to make the decisions about what is destroyed? **A.** Per the CNCA Archives guidelines, we have what is called a data retention policy. It gives us clear instructions as to what should be destroyed or transferred. A shredder owned by Archives helps support the policy that is in place and allows us to be more efficient. **Q. A.**

No objections. << Housekeeping Motion Passed >>

Discussion Topic:

Why do we strongly recommend masking?

Sometimes the CDC makes suggestions, and they are recommending masks. AA also makes suggestions, such as it is suggested to get a sponsor, a home group, and work the Steps. *II* I am at ACYPAA And although masks are not re- quired, they are checking for either vaccination card or a neg- ative Covid within 24 hours. I would rather mask up than have us get to where we needed to be checking people's vaccina- tion status. II I agree with what has been said already, but I don't care for the wording of this topic. It's very leading and kind of sounds one-sided. I would be more comfortable with a question like, "What is your opinion about masking at our events?" // I would like to draw attention to a line in the Big Book that says, "Our very lives, as ex-problem drinkers, de-pend upon our constant thought of others and how we may help meet their needs." // When are you gonna stop? If you recommend, when will you unrecommend? II As long as we are in this phenomenon this seems reasonable. It's still easy to pass it and to share it, not to mention that it takes so many forms. 111 people died in Marin County just last week from this illness, so I hope we can be considerate and mask up. // I am happy to mask up. I find it interesting that the masks of our choice that are allowed really aren't very sufficient. I don't want to be wearing a mask, but it is what it takes to get through this. // I recently attended an event similar to ACYPAA that did require vaccination cards. It turned out that the next day I tested positive for Covid. I don't want to be afraid to go to the next assembly. I think that there is benefit from looking out for one another. // It has been a while since I've kept up with the precise statistics, but it seems to hold up that when there are large groups of unmasked people the infections go up. I don't really want to argue with statistics. // I will not be attending the assembly. I am a caregiver of someone who has a vulnerable immune system. I'm just not at this place yet. But it's not out of fear that I choose to wear a mask. I don't stop at a red light because I'm afraid, it just seems to be the best way to go. Isn't much fun? No. Is it hard? No. Let's just try to stay safe. II I am immunocompromised, and I am old. I'm also a Public Health nurse. Anyone who could be contagious must be isolated. But if they don't know they are contagious, then the safest thing to do is to wear a mask. We need to think of other people.

What's On Your Mind?

I am so excited to be here. Service in AA saved my life. My level of involvement has dwindled the last two years and being here today is just such a breath of fresh air. // I'm not often emotional but I just want to take a moment for Jack B. We brushed over it so quickly during the district reports about his passing. I want to remember that he showed up to the area meetings from a hospital bed with tubes coming out of him. He was showing up to do his service even when he was in the hospital. He's going to be missed. II I just want to point out that shredded paper is not actually recyclable. Thank you for letting me share and thank you for the participation from Zoom. // If you borrowed a radio don't forget to leave them. See you at the Pre-Conference As- sembly and bring your own radio if you have one. It does make our job a lot easier. *II* I was hoping to get to the discussion topic about the virtual district. Several GSRs are looking for inclu- sion. // I'd like to express my opinion about the use of the Agen- da Topic Summaries. I am not for it. I think it gets us off of the hook for doing the actual research into the full background. Also, I am not comfortable with the question in the summaries, "What does the delegate need to know?" // I would like to share my gratitude for this process. We have had some ups and downs, emotions, and look at how well we do. I've really en- joyed the laughter in the background. I know that we can contin- ue to improve upon this. II Leading up to this, I had a lot of pre-judgment about how I thought the hybrid would work. I think it was just wonderful, thank you. // Thank you for a wonderful job. I felt really involved. I would have liked to have seen the room from the Zoom perspective. I am looking forward to coming to the assembly; I am joining a carpool from Humboldt County. I have had to dropped out from General Service activities in the past due to health reasons and the distance to travel, but I've been able to participate in the last two years because of the virtual aspect. II I would like to thank the Area Officers for their hard work providing us with the Agenda Topic Summaries. II I am so happy to be attending my first ACYPAA since the pan- demic started. I am here with so many amazing young people, including a sponsee that got sober at 13 on Zoom. She is now

14. I'd also like to mention how important it is that we get information through PI/CPC and engage young people in this work because it can really reach them. *II* I would like to remind people about the mention in the Conference Charter that the delegate should be free to vote their conscience and free to decide what questions to pose to the group.

The meeting was closed at 3:30pm with the Responsibility Declaration.

Respectfully submitted,

Amy M. CNCA Recording Secretary- Panel 71

Area Committee Motions Continue at Area Committee Meeting in April 2022

OLD BUSINESS

- That starting in January 2022, all Area meetings of CNCA 06 be simultaneously held virtually and in person. We will start with the technology we now utilize and increase it monthly until members on both mediums have equal accessibility and an equal ability to participate. - Presented by Ginger O. at the Area Committee Meeting 11/27/21, seconded by Kris W.
- That the Annual Delegate Contribution by CNCA to the General Service Board in respect to the 2022 General Service Conference be the anticipated full cost per Conference member of \$8,000. - Presented as a housekeeping motion by the CNCA Finance Committee at the Area Committee Meeting 1/22/22
- The Area 06 Hybrid Ad Hoc committee respectfully requests that all committee members are eligible for travel expense reimbursement, beginning with the month the ad hoc committee is able to access our Petaluma meeting location, pursuant to the Area Expense Reimbursement Guidelines, while doing the work of the committee. - Presented as a housekeeping motion by the Hybrid Ad Hoc committee at the Area Committee Meeting 1/22/22

NEW BUSINESS

 That CNCA purchase a P.O. Box through the UPS Store (Petaluma Branch) at the current cost of \$480 per year for all future incoming mail. If approved, CNCA will maintain the former Post Office Box for a duration of at least one year, and until such time that all pertinent entities affected of be notified of the change of address. - Presented by the Panel 71 Finance Committee

Area Assembly Motions Continue at Post -Conference Assembly May 14, 2022

OLD BUSINESS

- That the trustees' Literature committee develop a graphic novel, or a series of graphic novels, that depict the first 164 pages of the Big Book. *Present- ed by District 90 at the Area Committee Meeting 2/27/21*
- That the trustees' Literature committee consider deleting or changing the following wording in the book *Living Sober*: "Better to be chubby or pleasingly plump than drunk, right? Did you ever hear of any- one being arrested for 'fat driving'?", which is located in Chapter 9 titled 'Eating or Drinking Something- Usually Sweet' on page 23 of the 2019 printing. - Presented by District 90 at the Area Committee Meeting 7/24/21
- That CNCA distribute the Area newsletters (Comments / Comentarios) electronically unless requested by mail. - Presented by District 06 at the Area Committee Meeting 7/24/21
- A request to the trustees' Literature committee that the 2021 advisory action related to the phrase "lustful enough to rape " on page 66 in the chapter 'Step Six' of *Twelve Steps and Twelve Traditions* be rescinded and the language be returned to the original. - *Presented by District 20 at the Area Committee Meeting* 10/23/21

NEW BUSINESS

 That the phrase "cómo nosotros los concebimos" (as we conceive it) on Step Three of the third edition of the Big Book in Spanish be corrected in future editions to; "como nosotros lo entendimos" (as we understood him), the correct translation from the English version of the Big Book. - Presented by District 20 at the Area Committee Meeting 11/27/21

CALIFORNIA NORTHERN COASTAL AREA OF ALCOHOLICS ANONYMOUS

POST-CONFERENCE ASSEMBLY

"A.A. Comes of Age 2.0: Unified in Love and Service"

Saturday May 14, 2022

Newark Pavilion 6430 Thornton Ave, Newark, CA 94560

Registration Orientation Business Meeting Lunch 8:00-9:00 a.m. 9:00-9:15 a.m. 9:15-12:00 p.m. 12:00-1:00 p.m.

Panel for Sharing on the Conference Theme 1:00-1:45 p.m.

Delegate's Report Questions and Answers What's on Your Mind?

2:00-3:30 p.m. 3:45-4:30 p.m. 4:30-5:00 p.m.

PLEASE BRING YOUR FM RADIO FOR SIMULTANEOUS INTERPRETATION & ASSISTED LISTENING

Lodging in the Newark/Fremont Area:

Chase Suite Hotel - Newark/Silicon Valley 39150 Cedar Blvd, Newark, CA 94560707-448-8453 510.795.1200 Chasehotelnewark.com

E-Z 8 Motel Newark/Fremont 5555 Cedar Ct, Newark, CA 94560 510.794.7775

ez8motelnewark.com

Homewood Suites by Hilton Newark-Fremont 39270 Cedar Blvd, Newark, CA 94560 510.791.7700 hilton.com



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2022 CNCA CALENDAR—PANELS 71

<u>2022</u>

April	23—Area Committee Mtg.	September	16—18 Pacific Regional Fo- rum, Salt Lake City, Utah 24—
Мау	14— Post Conference Assembly		Area Committee Mtg
	28—Area Committee Mtg.	October	22—Area Committee Mtg
June	25—Area Committee Mtg.	November	05— Election Assembly 26—Area Committee Mtg
July	23—Area Committee Mtg.		g
-	_	December	17—Area Committee Mtg
August	13—Summer Assembly 27—Area Committee Mtg		(Note: 3 rd Sat)

PANEL 71 ASSEMBLIES

2022 Post-Conference Assembly,

May 14 Newark Pavilion 6430 Thornton Ave Newark CA 94560 (District 17)

2022 Summer Assembly, August 13

2022 Fall Election Assembly, Nov. 5

If your District is considering making a bid for a Panel 71 Assembly, please contact the Assembly Coordinator Drew B

PANEL 71 AREA OFFICERS & AREA MEETING INFORMATION

Delegate Jennifer B.

Alternate Delegate Eric L.

Chair Miguel H.

Treasurer Chitra S.

Registrar Claudia N. Recording Secretary Amy M.

Assembly Coordinator Drew B.

Literature/Grapevine/La Viña Richard W.

Pacific Regional Trustee Kathi F.

CNCA PO Box 884222 San Francisco, CA 94188-4222 www.cnca06.org NorCal H&I Committee PO Box 192490 San Francisco, CA 94119-2490 www.handinorcal.org Contributions to General Service Board: General Service Office PO Box 2407 James A Farley Station New York, NY 10116-2407 All other Correspondence: General Service Office PO Box 459 **Grand Central Station** New York, NY 10163 212-870-3400 www.aa.org

To Contact any Area Officer or Chair, please use www.https://cnca06.org/contact-us

CNCA STANDING & SUB-COMMITTEES and SHARING SESSIONS

Zoom ID listed for virtual and hybrid meetings; in-person location is at the Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. For questions about meetings, including passwords, please contact committee chairs.

CNCA committee meets the 4th Saturday at 12:30pm, *hybrid.* Zoom meeting ID: 632-553-607. Contact Miguel H. or your DCM or DCMC for password.

Accessibilities committee meets virtually the 3rd Saturday at 11:00am, Zoom meeting ID: 818-2594-1066. Contact Dan M. for password.

Archives committee meets in person the 4th Saturday at 10:00am. Contact Paul W. for meeting details: The Archives' mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap (BTG) committee meets *virtually* the Thursday prior to the Area Committee Meeting at 7:00pm, Zoom meeting ID: 988-7891-7593. Contact George X. for password. BTG mailing address is PO Box 750623, Peta- luma, CA 94975-0623. **DCM** sharing session meets the 4th Saturday at 11:00am, *hybrid*. Zoom meeting ID: 632- 553-607 Contact Drew B. for password.

DCMC sharing session meets the 4th Saturday at 10:00am, *hybrid.* Zoom meeting ID: 632-553-607 Open to DCMCs and Alternate DCMCs only. Contact Miguel H. for password.

Interpretation & Translation committee meets *in person* the 4th Saturday at 11:00am. Contact Magdaleno O. for meeting details. Literature/Grapevine/La Viña sharing session meets the 4th Saturday at 9:00am, *hybrid*. Zoom meeting ID: 824-9101-6140. Contact Richard W. for password.

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets virtually the 3rd Saturday at 9:00am, Zoom meeting ID: 568-947-843. Contact Eric L. for password.

Technology committee meets virtually the 3rd Thursday at 8:00pm. Contact Nick S. for meeting details.

Website committee meets virtually the 3rd Saturday at 12:30pm, Zoom meeting ID: 337-574-6264. Contact Megan M. for password