



CNCA COMMENTS



A.A. Confidential—July 2022

www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

We reached three quarters of Panel 71, 2021-2022, on my daily meditation I reflect on how relevant is to stay inside the cycle not because I have capacity but based on necessity and gratitude, as we talk business and put plans into action. Action is the key-word.

District 19 along with districts 01 and 03 will host the 2022 Summer after presenting a new bid, NOTE; the new date would be August 20th 2022 at the Lutheran Church of the Good Shepherd 580 Larkin St, Salinas, CA 93907 flyer also available at CNCA06.org We also passed a second bid, this one for the 2022 Fall Elections assembly presented by District 90, more will be revealed in the next couple of months. We had a presentation of new business to with a request from the CNCA Tech Committee to approve the cost to get the necessary equipment as proposed by the Hybrid Ad Hoc committee at a cost not to exceed \$3,250.

At the July ACM we will continue to discuss and possibly vote on the motion related to have CNCA purchase a P.O. Box through the UPS Store (Petaluma Branch) at the current cost of \$480 per year for all future incoming mail and another item of old business to purchase a subscription to a Machine Translation Software, at a cost not to exceed \$600 annually. We remind you to bring these to your Districts and groups for input.

We started an informal Spanish Speaking Sharing session at 10:00am at the Petaluma Community Center on the fourth Saturday of every month.

Make a note and bring your FM RADIO to the Area Committee Meeting and the Area Assemblies. Simultaneous interpretation English/Spanish–Spanish/English as well as English assisted listening is provided but we have only a limited number of RADIO to loan, so it is important that you bring your own.

In July we'll continue with our Area Officers Job Descriptions at the beginning of the DCMs Sharing session, we invite you to join every month, we will continue with the Area Registrar position given by Claudia N.

AA gave me the last opportunity and I received my first chance ever to practice service in all my affairs today, service increases my possibility to keep the gift of sobriety alive and available, AA works.

Thank you for the opportunity to serve.

Miguel H
CNCA Chair

It's that time in the two-year panel when we start preparing for service rotation. Trusted servants are updating and giving their job descriptions at the Area and in the Districts. It's a bittersweet and exciting time... I love hearing people share what they learned and how they grew in service.

We are responsible for preparing and encouraging those who come after us. If you are a GSR or DCM, do you have an alternate? Are you bringing other members along with you (in the car or virtually) to the meetings you attend? How about to the Summer Assembly? If you see a spark in someone's eye, let them know you think they'd be good at something. Personal invitations work wonders for filling open positions. The other day, I heard someone jokingly refer to creative recruiting methods as "General Service jujitsu" and I just loved that.

This panel has been full of challenges and opportunities. Our essential responsibilities are the same, but the ways in which we fulfill them in the "new normal" have changed significantly. I find a certain quiet satisfaction in preparing a good pass-it-on. Ultimately, it is up to the next trusted servant how they carry out their duties, but I can share what worked and what didn't for me. I can give them templates and tips. I can answer questions. And then I can let go and cheer them on.

What will you do next? Will you be available at District or Area (or both)? I see people get burned out with too many commitments, or disconnected if they don't have any. Now is a good time to take an honest inventory and figure out how much time and energy you have. Listen to the job descriptions. Whenever possible, step outside your comfort zone a bit – for me, that's where the spiritual growth happens. We are looking to expand the Area Tech committee, and there will be many other Area standing committee positions available. (And of course, any service is good service, it doesn't have to be General Service!)

We will hold our Election Assembly on November 5, 2022 in Vacaville. Our only business at that assembly is electing your Panel 73 Delegate and other Area Officers. My last job as your outgoing delegate is to chair that assembly, so getting you ready for it is already on my mind.

While eligibility varies for other commitments, in order to stand for any of the eight Area Officer positions, you must be a current Panel 71 DCM, DCMC, or Area Officer. GSRs aren't eligible, but they do get a vote. Electing a new delegate is one of the most important things a GSR gets to do on behalf of their group. This person will be trusted to make decisions on matters that affect all of A.A. Choose wisely!

Our Election Assembly will be hybrid, with members able to vote either in person or on Zoom. But everyone who wishes to make themselves available for Area Officer must attend the assembly in person. Please plan accordingly.

In service and gratitude,
Jennifer B., Panel 71 Delegate

Looking for Something?

Chair's Preview—p.1

Delegate's Corner—p.2

Area Committee Minutes, 6/25/2022—pp. 3—5, 8-10

Area Financial Reports, 5/2022—pp. 6—7

Area Officer Job Discription p.11

Area and Assembly Motions—p. 12

Post Conference Assembly Minutes 5/14/2022 –p13-17

Summer Assembly Flyer—p 18

CNCA P71 Calendar & Assembly Info.—p. 19

Area Officers & Meeting Info.—p. 20

AREA COMMITTEE MINUTES—JUNE 25, 2022

The monthly committee meeting of CNCA was held using a hybrid format on June 25, 2022, with some members attending virtually and others attending at the Petaluma Community Center. Miguel H. opened the meeting at 12:30pm, followed by the Serenity Prayer. The AA Preamble was read by Claudia G. (District 07). Rodrigo Z. (District 18) read Tradition Six in Spanish and Pam S. (District 40) read Concept Six. There were five past Delegates present: Diane O. (Panel 35), Doug G. (Panel 53), David N. (Panel 59 and past Trustee), Joann L. (Panel 67), and Teddy B.-W. (Panel 69). The May minutes and financial report were accepted as published in the *CNCA Comments* and *Comentarios*.

Birthdays: 144/10

Attendance: 23 online, 68 in person (91 total); combined 46 voting, 45 non-voting

Officer Reports

DELEGATE – JENNIFER B: As you know, we passed a motion at the last assembly “That the trustees’ Literature committee develop a graphic novel, or a series of graphic novels, that depict the first 164 pages of the Big Book.” I have since filled out the Potential Agenda Item form and submitted it to the Conference Coordinator for consideration for the 2023 General Service Conference. I also *resubmitted* the two pamphlet proposals that we passed in 2021: one for transgender alcoholics and one for Spanish-speaking LGBTQ alcoholics. You may recall that I submitted those last year, but they were not included on the 2022 Conference agenda “due to the overwhelming number of pamphlets that were currently in development or in revision, as well as the projects carried over from the 70th and 71st General Service Conferences.” In letting us know why they didn’t forward them to the Conference, the trustees’ Literature Committee encouraged us to consider resubmitting them, and so I have done that. The annual deadline for submitting potential Conference agenda items is September 15. The form is available on the forms page of our Area website, www.cnca06.org. Registration is open for the North/South Connections Virtual Special Forum about AA in Remote Communities, which will be on July 16. Go to the regional forums page on www.aa.org for more information and to register. I have made my travel plans for the in-person Pacific Regional Forum, September 16-18 in Salt Lake City, UT. Registration for that has not yet opened, but you can find more information at aa.org, or on our Area website. I have given a version of my Delegate report eight times now since the Post-Conference Assembly—some hybrid, some virtual only, some only in person. All fun! And I have fourteen more scheduled between now and October, with room for more as requested. I’m so grateful for our Area’s structure and your enthusiasm, because it helps me fulfill my responsibility to report to our local members.

ALTERNATE DELEGATE – ERIC L: The Joint Committee Meeting (including representatives from this Area’s PI/CPC committee, Bridging the Gap committee, and Accessibilities committee, corresponding committees in California Northern Interior Area, and the Northern California Hospitals and Institutions committee) was a productive evening of sharing and

collaboration. Supply chain disruptions have impacted the distribution of some AA literature, though much of our literature remains available online, and physical copies of our literature can be available at many Central Offices and Inter-groups.

CHAIR – MIGUEL H: Work continues, and we have a full agenda today including a Presentation of New Business by the Tech committee. Our 2022 Summer Assembly had a change after the original facility had to cancel our August 13 date. Today we will have a new presentation by District 19 with the updates. Also today, District 90 will present an assembly bid for the 2022 Fall Election Assembly. Thank you District 06 and 16 for continuing the efforts to strengthen communication by making the Comments and Comentarios accessible. We continued with the Area Officers job descriptions at 11:00am kicking off the DCM Sharing Session in preparation for our Area elections for Panel 73. We heard from our Treasurer, Chitra S. today and next month we will hear from Claudia N., our Registrar. You will have access to written job descriptions inside the monthly issues of our newsletter.

TREASURER – CHITRA S: We currently have \$67,408.26 in our Checking account. Our Savings account, which is our prudent reserve, has \$11,039.41. May contributions totaled \$13,450.83 and we budgeted for \$9,164.99. May expenses were \$11,039.61 and we budgeted for \$18,292.25.

REGISTRAR – CLAUDIA N: As we inch closer towards the last half of this year and the end of our panel, I encourage all Registrars and DCMCs to review the links that were sent back at the end of March/beginning of April this year. Please be sure all your DCMs are registered, as we will need this for our Election Assembly roll call. I know you may think it’s too early for this conversation, but is it? Please help me clean up our database by providing current information. I met with one district on Zoom, and we painstakingly went through their roster and their information is now up to date and it didn’t take that long. I sent a recent link of groups and members to another district to start their process of updates. I cannot do this without you. Please feel free to contact me and we will work together to update your information.

RECORDING SECRETARY – AMY M: Please remember to send me your district, committee, and officer reports. Also, there are sign-in sheets on the tables for those here in-person and a link in the Chat for those online. Please sign in today so my minutes can keep track of how many people are in attendance and how many voting/non-voting members we have.

ASSEMBLY COORDINATOR – DREW B: We will be hearing a resubmission of District 19’s Summer Assembly bid for a new date of August 20 because we were bumped from the Santa Cruz Fairgrounds. Also, today we will hear a bid proposal from District 90 for the Election Assembly.

LITERATURE/GRAPEVINE/LA VIÑA – RICHARD W: Just a reminder that stories for the 5th Edition of the Big Book in English and the updated pamphlet titled ‘AA for the Black and African American Alcoholic’ are due October 31. Stories for the 4th Edition of the Spanish Big Book are due December 15. Prisons are currently highlighted in Grapevine and La Viña. July 15 is the deadline for Grapevine stories on spiritual-

AREA COMMITTEE MINUTES—JUNE 25, 2022 Cont'd

ity and August 15 is the deadline for stories on making amends. Make sure to check out the links in the Instagram account's bio section.

District Reports

DISTRICT 01 (MONTEREY) – JESSICA A: We are beginning to transition to a hybrid district meeting beginning in July. Our DCM holds a monthly hybrid subdistrict meeting. This is a chance for GSRs to practice presentations, study the Concepts, and play General Service trivia games. We are preparing to host a General Service table at MBAR (Monterey Bay Area Round Up) September 3-4. MBAR is an AA and Al-Anon Conference with meetings and fellowship. All are welcome to register and attend.

DISTRICT 02 (SALINAS/SAN BENITO) – No report

DISTRICT 03 (SANTA CRUZ) – MATT E: As we devoted our entire meeting this month to hearing our Delegate's report, there is not much else from our district to report. However, as we have learned, the Santa Cruz County Fairgrounds has fallen through as a location for the Summer Assembly. We hope to be able to continue to support District 19, although we haven't discussed how we will be able to due to the fluidity of the situation.

DISTRICT 04 (SANTA CLARA NORTH) – LORI R: Our first hybrid meeting was very successful, so we are going to do it again! Thank you to all that made this possible. Summer Assembly workshop topics were discussed, and great ideas collected. We had breakout groups so that our GSRs would have the opportunity to voice their ideas about what they would like to do at our district meeting for the rest of our panel. Subdistrict 002, Palo Alto South, is hosting "Bringing the AA Service Manual to Life Speaker Series" throughout the rest of this panel. This will be on select Wednesdays from 5:30-7:00pm on Zoom. We began presentations about our service positions that will be available for Panel 73 as we prepare for October elections.

DISTRICT 40 (SANTA CLARA SOUTH) – BILL H: Our focus this month was on our District Guideline Ad Hoc committee's progress of updating our district guidelines. The committee presented two motions. The first would create a tech committee and the second would create a communication coordinator. The investigation by our Tech Ad Hoc committee into our ability to reliably hold hybrid meetings continues. Our biggest focus is implementation of interpretation capabilities. On the financial front, a unanimous decision was reached to distribute 100% of our excess funds to GSO. Our subdistrict breakout room is still going strong, and our Subdistrict Spotlight had six GSRs introduce their meeting to the district this month.

DISTRICT 05 (SAN MATEO) SARAH B: We had a thoughtful dialogue from our members on the discussion topic of Appendix III of the Big Book: The Medical View on A.A. It's clear from discussion that there is a need to update this appendix, with some members sharing that it is dated and reads more like promotion than attraction. Our district continues planning our in-person Unity Day on July 17. We look forward to participation from service committees in our district, including H&I, PI/CPC, BTG, Teleservice, Central Office, and Grapevine/La Viña. We are grateful to also have participation from Area Archives, our Delegate, and another Area Officer. Comparing current and

past Unity Day budgets, we discovered that the cost of food for this year will likely be greater than what was spent on food in 2019. So, our district passed a housekeeping motion to increase our Unity Day budget by \$300.

DISTRICT 06 (SAN FRANCISCO) – JACKIE B: We tremendously enjoyed hearing the Delegate's Report at our June district meeting. We tabled all business to make time for the full report and Q&A. District Officers voted to not admit AI programs (i.e., Fireflies.ai meeting transcriber) into the district meeting on Zoom. Does this mean we are the first AA entity to prohibit robot participation? Save the date for SF Unity Day on Saturday, October 8 at 10:00am. It will be held as a hybrid event at the First Unitarian Universalist Church on O'Farrell and Geary.

DISTRICT 07 (ALAMEDA NORTH) – MANISH G: We had two new GSRs attending our meeting last month. We elected two new district officers - Literature & GSR Orientation chair, while several of our district officer positions are still unfilled. We had an interesting discussion topic on changing the format of our district meeting in order to invite GSR participation by creating an interactive environment that also facilitates bringing information to their groups. In our district officer's meeting, we decided to include district service liaisons as well going forward.

DISTRICT 70 (ALAMEDA SOUTH) – FRANK C: We continue with district officer and liaison presentations in preparation for elections in November. Our next meeting will be our annual "Delegate's Night" at which our Delegate will share her Conference report with District 70.

DISTRICT 08 (CONTRA COSTA) – LESLIE W: For the first time since 2019, we were able to return to our custom of hosting the Delegate report with a potluck at our June meeting. We had about thirty attendees in person, and we were treated to some amazing dishes. I am inspired and grateful that the members of District 08 are looking forward in how to support their hybrid meeting into the future. We have been invited to participate with Contra Costa Intergroup for their summer picnic on Sunday, July 17 from 11:00am-3:00pm at Pleasant Hill Park. Our special events chair, Michelle M., is looking for volunteers to host outdoor games, sack races, contests of all sorts, and for those of us not as active as we once were, there will a version of bingo.

DISTRICT 09 (SOLANO SOUTH) – ERIN B: Our discussion with Solano North regarding interdistrict reconsolidation continues. We are attempting to document pros and cons, track our service announcements, and reach out to groups for input. We are still discussing a district workshop/General Service event. Our DCMC is redoubling efforts to connect district to area via email updates and GSR reports to and from meetings.

DISTRICT 90 (SOLANO NORTH) – BILL H: District 90 is presenting its bid for the Fall Assembly. We are looking forward to hosting everyone if the bid passes. We are still discussing a proposal from District 09, Solano South about re-unifying the districts. The DCMC from District 09 visited us last month to present their aspect on re-unification. Our Delegate's Report Unity Day will be on Saturday, August 6. We are still working on a location for the event. It will be in person only.

DISTRICT 10 (MARIN) – MOLLY M: Save the Date for District 10's in-person Unity Day on October 15 at Unity and Hamilton in Novato. Our Accessibilities Committee continues to solicit

AREA COMMITTEE MINUTES—JUNE 25, 2022 Cont'd

and receive donated equipment for those members who need assistance to join virtual group meetings. MCYPAA (Marin County Young People in AA) hosts a Bonfire Speaker meeting July 9 at Muir Beach.

DISTRICT 11 (NAPA) – ELISABETH B: At our last business meeting we had a lively discussion about what it means to be available and how to attract members to General Service. District 11's annual Unity Day was on June 18. We had a BBQ and good attendance; everyone enjoyed listening to our Delegate's report and her experience at the 72nd General Service Conference. At the event, a panel of members representing Intergroup, H&I, Young People in AA, and General Service shared information about service within the Napa fellowship. The language of the heart was felt in the enthusiasm of members service experience. We ended with a sobriety countdown and raffle, where our Delegate also participated with her own bag of AA literature goodies. Every third Sunday of the month at 6:00pm our district has a virtual service manual study with a speaker sharing their experience from the chapter under discussion.

DISTRICT 12 (SONOMA) – JAMES B: Last month we held our annual Delegate's BBQ, and it was also our first in-person district event hosted by our district. It was well-attended, and the report portion of the event was hybrid. Next month's district meeting will be in person, and we will be testing out our hybrid set-up. Thank you to everyone who made the BBQ possible and it felt so good to get together.

DISTRICT 13 (LAKE) – PAUL G: Lake County AA continues its steady growth in spirit and interest in General Service. Our recent Secretary Training Workshop was the most successful event yet. After our Agenda Topics Workshop drew eleven people and our GSR Training hosted eight, this last workshop was attended by almost thirty members and established a model for the next panel. In addition, we will discuss and vote on the purchase of hybrid equipment in our July meeting as proposed by a motion in June. District 13 recognizes the need to see our sobriety with a broader view of geography and also demographics. We have our new website now and can expand our reach with location-free meetings as well. This is particularly important in a rural fellowship such as ours. We have two more annual events that are coming together now: The August Soberfest Campout in Pine Grove and our Unity Day in October.

DISTRICT 14 (MENDOCINO) – WARREN R: We started our discussion about job descriptions in anticipation of elections in November. Coastal Intergroup hosted a very nice Founders Day event on June 11. Father Tom will be coming to Fort Bragg on July 30 and 31. Ukiah Fellowship Group has officially moved to a new location. Inland Intergroup is doing Back to our Roots, a monthly outdoor speaker meeting on the last Saturday of the month and is also planning "Day in the Park" in September. Lastly, MENDYPAA has a few events planned for the summer- One Disc At a Time disc golf tournament with a BBQ and speaker meeting on July 31 at Low Gap Park in Ukiah, 4:00pm-7:00pm, as well as a beach speaker meeting August 20 in Fort Bragg/Caspar, and our first-ever MENDYPAA campout in Westport September 30-October 3. Please check both

websites for details: www.mendocinocoastaa.com, www.aaukiah.org.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – JERRY C: We had a recent Covid event in the district postponing our search for a new meeting room for district meetings, so we are still on Zoom for now. We took a district conscience on the electronic distribution of the CNCA newsletters. We are looking forward to our in-person Unity Day in July in McKinleyville where we will hear from our Delegate.

DISTRICT 16 (SPANISH CENTRAL) – FERMIN R: We continue working on visiting groups that have no GSR. We are supporting the hosting committee of the 3rd Hispanic Forum. We visited District 17 for their 32nd anniversary celebration and continue working in conjunction with the five linguistic district to improve communication, growth, and participation among the groups in each district.

DISTRICT 17 (SPANISH SOUTH) – JOSE L: We visited three groups that do not have a GSR. At our last district business meeting our Area service member that spoke to us about how important it is for GSRs to attend the ACM every month. As a result, five GSRs are with us today. Also, we discussed the topic that District 20 presented and will be seen as a presentation of New Business today. The Bridging the Gap committee proposed to buy twenty La Viña subscriptions and five Grapevines and it passed.

DISTRICT 18 (SPANISH NORTH) – JOSE C: The district continues to work when it comes to service. We filled the Bridging the Gap position. Thanks to the Area officer who visited us and for the information he shared on the importance of the rotation principle. We had the Conference report by the Delegate this month. Also, a reminder that District 18 is the host of the inter-district workshop, and all are welcome on June 26.

DISTRICT 19 (SPANISH SOUTH) – GUADALUPE O: We are nervous and excited to present our revised bid for the Summer Assembly today- thank you to all who worked on this and supported us along the way. In July we will have our Delegate Report and we are looking forward to our district anniversary soon.

DISTRICT 20 (SPANISH EAST) – JAVIER L: We had our Delegate Report last month. We are working on implementing recommendations that came from our district inventory. We had two new GSRs at our last meeting. We look forward to the Interdistrict workshop hosted by District 18. On today's agenda we will be presenting a motion requesting the development of a digital-era pamphlet; we have been discussing this topic for six months at our district.

Area Standing & Sub-Committees, Sharing Sessions, and Liaison Reports

ACCESSIBILITIES – DAN M: We continue to explore the needs of the deaf alcoholic and how we can fund more ASL interpreters for meetings. Our guest last Saturday was Bryan H, Accessibilities Chair of Area 08 San Diego. He told us the story of his own frustration with trying to get a meeting with ASL translation here in our own Area when he was newly sober. We discussed the ways in which San Diego is funding translators and welcoming deaf alcoholics. We are also reaching out to Intergroups within the Area to confirm the labelling of meetings on

CNCA BUDGET VS ACTUAL - JANUARY—MAY 2022

California Northern Coastal Area

Budget vs. Actuals: 2022 Budget - FY22 P&L

January - May, 2022

	TOTAL		
	ACTUAL	BUDGET	% OF BUDGET
Revenue			
002 Group Contributions	40,700.45	32,000.00	127.19 %
003 District Contributions	5,461.58	7,916.69	68.99 %
004 Assembly Contributions	2,420.20	4,750.00	50.95 %
005 Tradition 7, Area Comm.	1,494.36	1,364.56	109.51 %
008 Personal/Misc Contributions	1,995.08	1,541.65	129.41 %
010 Interest Income	3.40	2.05	165.85 %
Total Revenue	\$52,075.07	\$47,574.95	109.46 %
GROSS PROFIT	\$52,075.07	\$47,574.95	109.46 %
Expenditures			
020 EXPENSE			
021 Delegate Expense	7,100.11	4,832.50	146.92 %
050 Officer Expense	8,156.76	18,379.27	44.38 %
130 Committee Expenses	9,696.21	14,856.31	65.27 %
300 General Expenses	36,857.49	30,670.31	120.17 %
Total 020 EXPENSE	61,810.57	68,738.39	89.92 %
Total Expenditures	\$61,810.57	\$68,738.39	89.92 %
NET OPERATING REVENUE	\$ -9,735.50	\$ -21,163.44	46.00 %
NET REVENUE	\$ -9,735.50	\$ -21,163.44	46.00 %

CNCA STATEMENT OF FINANCIAL POSITION—MAY 31, 2022

California Northern Coastal Area

Statement of Financial Position

As of May 31, 2022

	TOTAL
ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	62,130.71
Prudent Reserve - Savings	11,039.41
Total Bank Accounts	\$73,170.12
Total Current Assets	\$73,170.12
TOTAL ASSETS	\$73,170.12
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	71,765.62
Prudent Reserve ~ Savings	11,140.00
Net Revenue	-9,735.50
Total Equity	\$73,170.12
TOTAL LIABILITIES AND EQUITY	\$73,170.12

AREA COMMITTEE MINUTES—JUNE 25, 2022 Cont'd

their lists. Are groups meeting in wheelchair accessible rooms? Is that shown on your meeting list? If there are meetings in languages other than English, are they listed correctly? At next month's meeting we will also discuss the upcoming budget. We meet online on the third Saturday at 11:00am.

ARCHIVES – PAUL W: The "Suggested Guidelines for the CNCA Archives Committee and CNCA District Archivists" document was last updated in 2007. In the current panel the team has continued work on updating this information. The work began in June of 2020 and was largely finished in October of 2021. The Archives team has finalized some details and reviewed it today. Our goal is to present it at the ACM in July. Also in July, we will also be participating in District 05's Unity Day in San Mateo. In Archives we like to work with district members to perform research. Recently we also had someone use old Comments to research how certain motions came about. The Archives team is always willing to provide research assistance when requested. Some members of our team have been pulling together posters for members in the linguistic districts. So far, we have two of these completed, but our goal is to have one of these posters for each of the five linguistic districts. Finally, we are looking for a person to digitize voice recordings and certain documents. Ultimately, we want the Area 06 Archives to provide online access to documents and recordings. So, if you have the time and are technically savvy, we would like to hear from you.

BRIDGING THE GAP – GEORGE X: This past month saw a few changes in our committee roster. I would like to acknowledge and welcome our new District 15 Humboldt/Del Norte BTG chair Charley M. Much time and effort goes into onboarding a new district chair. So, when late in the panel such as now, we encourage new chairs to reprise their role by serving on the next panel. After months of discussion, a motion was made regarding the Area BTG Committee continuing to meet virtually for the remainder of Panel 71 and for future panels moving forward until this committee deems otherwise. There were friendly amendments offered, such as meeting in-person on the January of every year to provide an orientation for new district BTG chairs and distribute district resource kits. It was also suggested that we hold end-of-panel committee elections in-person as well. Our districts have made twenty-eight presentations and we have received 186 contact requests this month. Also, one letter was written in response to a request from a confined alcoholic.

FINANCE – JOANN L: We reviewed the Statement of Financial Position, Budget versus Actuals and May expenses. We also looked at the financial impact of the motions on the CNCA ACM agenda for today. Today we discussed the prudent reserve and increased the amount to \$13,000 which is 1/12 of our current budget. The IRS increased its guidelines for mileage reimbursement, so we are increasing ours. It is now 47 cents per mile. We will continue to review the guidelines for any possible updates. We are planning an in-person financial workshop on the 7th Tradition in Salinas on July 9. We also are planning an online financial workshop on the 7th Tradition on September 10. We will have flyers for that event very shortly.

PI/CPC – ERIC L: This month, we discussed how to utilize technology in PI/CPC work. Next month, we will be discussing budgeting for PI/CPC committees.

TECHNOLOGY – NICK S: The Tech committee is in process of taking ownership of the hybrid responsibility for the ACMs. Moving forward I will be facilitating the online virtual portion of the meetings and Cindi will be facilitating the in-room virtual portion of the meeting. Cindi is still the Virtual Meeting Administrator for the Tech committee. So, if committees or officers need adjustments or have questions about their Zoom meetings or additional use of the area's Zoom licenses, please refer to her. Luisa will be assisting with sharing podium commitment by muting and unmuting the Zoom mic. In addition to our Presentation of New Business this month to buy the minimum necessary equipment required to facilitate the hybrid ACM, the Tech committee is going to need at least two additional members and we need members who can physically attend the ACM for the remainder of the year. Also, we need backups to current positions filled, as recommended by the ad hoc committee.

WEBSITE – MEGAN M: The committee is trying out a new app on the website named FileBird which allows us to create a manageable file structure of all the documents stored on the website- those you see and the archives we hold that are not displayed... yet. We are beginning to go through our extensive library of 'pass-it-ons' and 'how to manage the website' documents so that transfer of the website to the next Web committee of Panel 73 goes more smoothly. The nature of technology demands that most of these documents need to be updated yearly.

INTERPRETATION AND TRANSLATION – MAGDALENO O: All the old interpretation equipment is no longer working, as well as the Williams equipment. For this reason, we are going to acquire two more transmitters since right now we have two new transmitters that are working well. Anyone requesting interpretation equipment, please request it in advance. The translation of the Motions Book will be ready for next month. Some additional documents are being translated, which is not a problem as the machine translation program is working quite well. Finally, we are going to start meeting by Zoom starting next month, every second Thursday of the month from 7:00-8:30pm.

PRAASA 2024 – TEDDY B-W: We have signed the contract with the San Francisco Marriott Marquis, which will be venue for the event March 1-3, and we have a logo! The work has begun, and we have over seventy volunteers signed up, so far, to work on the various committees. If you would like to volunteer to serve on one of the committees for PRAASA 2024 please send me an email. Thank you to everyone who responded to my call for Al-Anon contacts. I have now made contact with the Northern California Al-Anon Delegate and Al-Anon is now plugged in to our planning process. The 2024 Steering Committee meets next on August 18 and in the meantime, I continue to liaise with the PRAASA 2023 host committee.

CNCA COMMENTS / COMENTARIOS – DENNIS H: This month the Comments were mailed bulk while the Comentaros were

AREA COMMITTEE MINUTES—JUNE 25, 2022 Cont'd

mailed via First Class mail. It is likely that Comentarios will often be mailed first class due to the time needed for translation. In good news this month, we have successfully printed return address and mailing addresses directly onto envelopes. This not only saves time during the 'lick & stick', but it also saves the area money by eliminating the need to purchase mailing labels.

DCM SHARING SESSION – CHASE C: My apologies for not getting last month's DCM Sharing Session minutes into the newsletter. Today we continued to hear Area Officer job descriptions and today's presentation was from our Treasurer, Chitra S. Afterwards, we heard a presentation by Eileen P. on the topic of Regional Forums. Next month we will hear from Patty C. of District 01 about 'Effective Reporting within the Service Structure.'

LITERATURE/GRAPEVINE/LA VIÑA SHARING SESSION– RICHARD W: This morning we heard a presentation on digital literature displays. We talked about hardware, software editing tools, where to get content, and how to get help for digital aspects such as inserting .jpeg files into slideshows and more. We learned about the structure of the La Viña Anniversary in the Pacific Region. The 26th La Viña Anniversary is in Las Vegas July 22-24. The website is www.laviña26.com. This sharing session will be meeting at a new time next month, so we will meet at 11:00am at the Petaluma Community Center on the morning of the ACM.

H & I – KAREN B: Our General Committee met June 12, 2022. We passed the proposed restructure of our committee, putting it one step closer to fruition. The restructure includes Area Chairs becoming voting members of the NorCal H&I Committee. The number of meetings per year will change from three Steering Committee Meetings and three General Committee Meetings to four NorCal H&I Committee meetings. These meetings will be held on Zoom to allow all the Area Chairs to attend. Also voted on were various proposed changes to our policy manual. A second and perhaps final vote will be taken at our October committee meeting. The proposals will need to pass by substantial unanimity. San Quentin was shut down again in May due to Covid. One yard had reopened at the time of the General Committee Meeting and the rest were expected to open soon. More sponsors for the Inside Visiting Sponsorship Service at both San Quentin and Salinas Valley State Prison are needed. There are currently sixty complete matches and twelve pending. If you want to volunteer for IVSS or any other H&I commitment, please check our website or attend your area committee meeting.

YPAA – CHASE C: The East Bay Young People in AA committee was awarded the Western Area Conference for Young People in Alcoholics Anonymous and will be holding elections soon. The event will take place October 5-8, 2023.

NCCAA – CHASE C: We are working on ways to strengthen communication and have more contact with General Service.

HISPANIC WOMEN'S WORKSHOP – MARICRUZ: We met this morning to discuss the next Hispanic Women's Workshop, which will be December 3 in San Diego, CA. A theme and logo has been chosen.

LA VIÑA ANNIVERSARY – JUAN T: It is our Area's turn to host the event next year, and we are hoping for a district to step up for it.

HISPANIC FORUM – FREDDIE V: The committee is working on finding the location and setting the date for the 3rd Hispanic Forum to take place this Fall.

AREA BUSINESS

Assembly Bid:

Assembly Bid for the 2022 Summer Assembly on August 20, 2022, at the Lutheran Church of the Good Shepherd (580 Larkin St, Salinas 93907). Total bid cost: \$2,575. - Presented by District 19

Presentation: We have to resubmit a new assembly bid because we were bumped by the facility that we had originally planned to host the Summer Assembly; the Santa Cruz Fairgrounds are no longer available. We found an alternate location, although we have a few catches. This new facility has a maximum capacity of 240 people, we had to change the date of the assembly to August 20, and our Assembly Coordinator will not be present.

Questions: **Q.** I'm sorry, that must have been so stressful. Will there still be adequate space for breakout rooms? **A.** Yes, we only need two spaces; the main room and another that can be outside and that is because we have a workshop that is online only. **Q.** With the smaller capacity how can we accommodate our usual planning for 300-350 people? **A.** Well, at the Post-Conference we had 253 in person. Perhaps given the virtual option and because it is hosted by our furthest South district and the price of gas, the numbers will work out. **Q.** Will there be room for committee tables and where will registration go? **A.** We believe we can fit eight long tables for the committees. There is a hallway we can use for registration that is in between the chapel and the main room. It won't be the most comfortable, but it will work. **Q.** How does an assembly function if the Assembly Coordinator is not there? **A.** It will be on me to distribute the workload before I leave the country. Also, we have a few past Assembly Coordinators who can help. **Q.** This Summer Assembly is our last voting assembly of the panel. We made a commitment to be hybrid at all our Area meetings and assemblies. Is this new arrangement our only way we can have a hybrid event and if we don't approve it then we won't have an in-person option? **A.** That is correct. **Q.** Will there be room for an H&I table? **A.** We will make sure of it, yes. **Q.** Is \$1,500 enough for food? **A.** Because of the recent discussion about the guidelines on the food cost per person, we will do our best to make it fit. **Q.** Would it help to hire an outside vendor to help us with the hybrid component? **A.** No, I think we are ok. We have seen even from today that more hotspots help with the issue of having enough bandwidth.

Vote by simple majority. <<Assembly Bid Approved>>

AREA COMMITTEE MINUTES—JUNE 25, 2022 Cont'd

Assembly Bid:

- Assembly bid for the 2022 Election Assembly on November 5, 2022, at the Ulatis Community Center (1000 Ulatis Dr., Vacaville 95687). Total bid cost \$6,827.25. – *Presented by District 90*

Presentation: We have hosted assemblies here before, so we know the place. We hosted 2019 Post-Conference here. What is different now is that it is required to hire security so it has been added to the cost.

Vote by simple majority. <<Assembly Bid Approved>>

Housekeeping Motions:

- That CNCA write a letter of support for the La Viña Anniversary Bid Committee for the 27th anniversary. - *Presented by Crispin P., La Viña Anniversary Liaison to Area 06*

Presentation: According to the La Viña Anniversary guidelines, hosting the event rotates among the ten participating areas, although not all districts within each area chooses to participate. It is Area 06's turn to host next year.

Questions: **Q.** I see that it usually falls on the same weekend, but does it have to occur on the same weekend as the ACM? **A.** The date has varied in the past so we can try to avoid any conflicts with General Service in Area 06. **Q.** Can you clarify what this letter approves? Does it require any responsibility from CNCA? **A.** No it doesn't. It is part of the bid requirement to acquire a letter of support. The La Viña Anniversary is self-supporting. It is just like when the Area writes a letter of support for the YPAA's. **Q.** Is the Area hosting it or is it a group? **A.** It is ideal when a district within the Area is the host.

No objections. <<Housekeeping Motion Passed >>

Presentation of New Business:

- Tech committee requests that the Area approve the cost of getting the necessary equipment as proposed by the Hybrid Ad Hoc committee at a cost not to exceed \$3,250. - *Presented by the Technology committee*

Presentation: Big thanks to the Hybrid Ad Hoc committee for all their legwork putting together an itemized list of needs. I put together a PowerPoint slide show so you can see set-up pictures for those who have not seen what the technology looks like at the physical location. We have tried to get a sense of what it would be like if not all the recommended laptops were purchased and there is no way around that. I did a lot of price comparisons and feel this dollar amount is fair for the value and quality we need.

Questions: **Q.** Is this just for ACM or would it be additional for assemblies? **A.** No, this equipment is adequate for assemblies too. Maybe some extra cords would be needed. **Q.** This price

doesn't include replacement or repair? **A.** No, I did not add the cost for extra warranties. **Q.** Do you need a separate laptop at each podium? **A.** Yes, we tried it another way and there is always a need for the other laptop. We can't have two separate feeds. **Q.** Is it possible to amend the motion's dollar amount to include the cost of extended warranties? **A.** Yes, I am open to it. I believe the cost could add about \$400, so the motion would say, "... not to exceed \$3,650."

Vote by simple majority to keep at ACM or forward to Assembly: Voted to keep at ACM. Motion to become New Business at the Area Committee Meeting in July.

What's On Your Mind?

I am uncomfortable with the vote that we just took. Once again, we are changing the way Area and the assemblies do business. We are leaving the people out of the vote who are most affected by it. // One of the most common questions I get as DCMC is how to find a service sponsor. I tell them to go to the ACM, but nowhere do we have a list of willing service sponsors. // I'd like to remind you all that if your address changes please update it with your District Registrar and with me. Here is a stack of newsletter returned undeliverable and this is not all of them. The Comments and Comentarios do not forward so help me keep the information current. // Did we stop emailing the newsletters? I didn't get it this month. // Back when the Web committee was first formed it was specifically desirable to have members who were not tech savvy to keep an eye on the Traditions being followed. // We have a vast amount of excess funds so I think we should have an outside vendor handle the upcoming assemblies. // There were some wonderful and bold statements in the service material released by GSO last year, and it has since been revised leaving some very important statements out that are pertinent to raising awareness at group level as it pertains to minorities. // We are gaining experience with hybrid and interpretation continues to be tricky, but we improve. Join us on Sunday for the service manual study to hear the Delegate Report; interpretation is provided. // I was hoping to see flyers for events in the Chat on Zoom. // AA is self-supporting, and we made a decision to go hybrid. Many people have been using their own equipment and now we are purchasing new computers and wires to get it done. // Please remember to return your FM radios if you borrowed one today. // Please don't forget that the Comments and Comentarios are published directly to the website and can be viewed from there as soon as they are ready. They are sent to the DCMC, and it is up to them to distribute to members in their district. // As a DCMC part of my job is to be a communication link. Through Zoom we have grown accustomed to receiving flyer posts in the Chat, but don't forget to go to your DCMC if you are requiring information.

The meeting was closed at 3:30pm with the Responsibility Declaration.

Respectfully submitted,

Amy M.
Panel 71 CNCA Recording Secretary

AREA OFFICER JOB DESCRIPTION

Treasurer Job Description

Time Commitment: 20-28 hours per week

- Receive the mail from SF PO Box
- Process checks in QuickBooks and print receipts to groups
- Deposit checks at Bank of America
- Enter Square Contributions into QuickBooks
- District visits – on average, one a week (some are over-night stays)
- Work with Districts and Assembly Coordinator to provide funds for Assembly as spending occurs (facility, food, reimburse supplies)
- Keep insurance current and provide proof of Insurance for each event the Area throws
- Reconcile each bank account monthly
- Create monthly reports for Website and CNCA Comments to show Budget vs. Actuals and a Statement of Financial Position
- Work with impartial auditor quarterly to provide oversight of the bookkeeping
- Request reimbursement forms from each trusted servant
- Cut checks and file receipts to pay all bills, interpreters, and Area needs
- Pay all monthly services
- Collect cash from ACM's and Assemblies, account for in Quickbooks, and deposit
- Create District and Committee Visit Reports
- Create monthly Treasurer's report for ACM's and Assemblies
- Attend Finance Committee Mtg
- Bring all supplies for Finance table at ACM/Assemblies
- Attend all ACM's and Assemblies
- Log all monthly expenses in Expense Tracking Workbook and email to Finance Chair, Delegate, and Chair for accountability
- After ACM - Email District DCMC's and Committee Chairs of visit and place dates in calendar

CNC AREA COMMITTEE & ASSEMBLY MOTIONS—JULY 2022

Area Committee Motions

Continue at Area Committee Meeting on July 23, 2022

OLD BUSINESS

- That CNCA purchase a P.O. Box through the UPS Store (Petaluma Branch) at the current cost of \$480 per year for all future incoming mail. If approved, CNCA will maintain the former Post Office Box for a duration of at least one year, and until such time that all pertinent entities affected of be notified of the change of address. - *Presented by the Panel 71 Finance Committee at the Area Committee Meeting 3/26/22*

NEW BUSINESS

- That CNCA purchase a subscription to a Machine Translation Software, at a cost not to exceed \$600 annually. - *Presented by the CNCA Interpretation & Translation committee at the Area Committee Meeting 5/28/2022*
- Tech committee requests that the Area approve the cost of getting the necessary equipment as proposed by the Hybrid Ad Hoc committee at a cost not to exceed \$3,250. - *Presented by the Technology committee at the Area Committee Meeting 6/25/2022*

Area Assembly Motions

Continue at Summer Assembly on August 20, 2022

OLD BUSINESS

- That the trustees' Literature committee consider deleting or changing the following wording in the book *Living Sober*: "Better to be chubby or pleasingly plump than drunk, right? Did you ever hear of anyone being arrested for 'fat driving'?", which is located in Chapter 9 titled 'Eating or Drinking Something-Usually, Sweet' on page 23 of the 2019 printing. - *Presented by District 90 at the Area Committee Meeting 7/24/21*
- That CNCA distribute the Area newsletters (Comments / Comentarios) electronically unless requested by mail. - *Presented by District 06 at the Area Committee Meeting 7/24/21*
- A request to the trustees' Literature committee that the 2021 advisory action related to the phrase "lustful enough to rape" on page 66 in the chapter 'Step Six' of *Twelve Steps and Twelve Traditions* be rescinded and the language be returned to the original. - *Presented by District 20 at the Area Committee Meeting 10/23/21*

NEW BUSINESS

- That the phrase "cómo nosotros los concebimos" (as we conceive it) on Step Three of the third edition of the Big Book in Spanish be corrected in future editions to; "como nosotros lo entendimos" (as we understood him), the correct translation from the English version of the Big Book. - *Presented by District 20 at the Area Committee Meeting 11/27/21*

POST CONFERENCE ASSEMBLY—MAY 14, 2022

The Post-Conference Assembly business meeting of CNCA was held at the Newark Pavilion in Newark on May 14, 2022, with members attending in person and virtually. Assembly orientation was presented by Raymundo L. Miguel H. opened the meeting at 9:12am, followed by the Serenity Prayer. The AA Preamble was read by Dwight (District 15). Ryn (District 12) read the Twelve Traditions in English, and Moses (District 40) read the Twelve Traditions in Spanish. There were seven past Delegates present: Diane O. (Panel 35), Bob D. (Panel 36, Area 28), David N. (Panel 59), Ken M. (Panel 61), Raymundo L. (Panel 65), and Joann L. (Panel 67), and Teddy B.-W. (Panel 69). Past Area Officers present were Judy W., Magdaleno O., Margrete A., Martha B., Michael Q., and Ray W. There was one past Trustee present, David N. The Pre-Conference Assembly minutes were accepted as published in the CNCA *Comments* and *Comentarios*.

Attendance: 376

Officer Reports

DELEGATE – JENNIFER B: I am so excited to share my full report on the General Service Conference later this afternoon! I just sent out a flyer for the North/South Virtual Special forum with a request for video submissions. Even if you don't want to send in a video, the flyer contains good information about the program being planned for this special international event, with members from Argentina and Chile in participation with members from Canada and the United States. The virtual forum will be on July 16, pretty much all day starting at 8:00am our time. The theme for the forum is Beyond Language, Culture and Geography: Sobriety Within Everybody's Reach. And if you are thinking that something geared toward remote communities doesn't involve the Bay Area, you might note that one panel includes the topic, Hidden Communities – Unexpected Opportunities to Carry the Message. What actions can we take so that all seeking help with a drinking problem know A.A. is for all cultures? How have we found unexpected opportunities to carry the message? How do we reach alcoholics in populated areas who have yet to find us, staying mindful of who's not in the room, and then widen the conversation as to why? Members will also share on Finding Solutions to Language Barriers, Strengthening our Structure Through Service, and more. This event will be free, and registration will open up on June 13 on www.aa.org. All sessions will be interpreted into American Sign Language, English, French, and Spanish. It should be pretty amazing. You can also find information on our area website by clicking on the calendar entry for July 16.

ALTERNATE DELEGATE – ERIC L: We are in the early planning stage for a virtual joint committee communication meeting for Bridging the Gap, Public Information and Cooperation with the Professional Community, Accessibilities, and the Northern California Hospital and Institution committee. Members from Area 07 (CNIA) will be joining us.

CHAIR – MIGUEL H: Here we are again. Thank you District 17 for all the work on putting this assembly together. This will be the first hybrid assembly ever in CNCA history. As I'm sure lots of you noticed, we didn't get to vote on any of the assembly business at the Pre-Conference Assembly; today we have a full agenda but now a bigger view on what it takes to be hybrid at assembly level and its possible that we get to vote on some of these items on the agenda. As a custom of the Post-Conference Assemblies, we'll have a special treat-sharing on the Conference Theme with presentations from three members of our own Area. In other exciting news, starting in May, we will have an informal Spanish-speaking Sharing Session from 10:00am to 11:00am. This will begin on the same day as the Area Committee Meeting, the 4th Saturday of the month at the Petaluma Community Center. So, if you know someone that has Saturdays off or seems interested in General Service, please invite them. In March we started our traditional Area Officers job descriptions at 11:00am in the beginning of the DCM Sharing Session in preparation for our Area elections for Panel 73 at our Fall Assembly in November. You can also find this information inside the monthly issues of the *Comments* and *Comentarios*. It might be a good time to start thinking and considering making yourself available for a service position for CNCA. Panel 73 is around the corner and the spirit of rotation is starting to be in the air.

TREASURER – CHITRA S: 2022 contributions as of May 13, 2022, are \$38,800 and we budgeted for \$47,500. 2022 expenses year to date are \$51,600 and we budgeted \$38,000.

The unbudgeted spending includes paying the full cost of our delegate to the Conference (\$8K), travel costs for an ad hoc committee to research taking our assemblies and ACMS hybrid (\$2K) and Fall 2019 Assembly rent (\$4K). Checking account has \$67,737.00 and our Savings account has \$11,039.31. The Area's finances are healthy as we have excess funds in our Checking account, and only currently spend over budget with motions that are passed by the Area.

REGISTRAR – CLAUDIA N: I had an opportunity last month to visit Florida Area 15 and go to their Pre-Conference Assembly. It was a great opportunity to see how other areas come together to share with their delegate. While there I was able to demonstrate how technology has influenced our service commitments, such as AirTable and the use of QR codes for registration. If you haven't registered, please look on the tables for the QR code for registration or we can help input your information for you at the registration table. If you are on Zoom, a link will be periodically put into chat for you to register with. This helps us streamline the process of gathering attendance information. Please continue to send your group changes to your district Registrar, so together we can keep our records as up to date as possible. If you need a form, I have some with me or you can access them on our website www.CNCA06.org in English and Spanish.

RECORDING SECRETARY – AMY M: As I was driving down here last night from Mendocino County, I was reflecting on the wonder of AA being a society of alcoholics in action. My

POST CONFERENCE ASSEMBLY—MAY 14, 2022 cont'd

work as Recording Secretary is performed today, and then the days following to turn the minutes around. I did not have a job to do prior to today to get any of this ready. But a whole bunch of other people were busy for several days and weeks performing their service roles to make this all work for us. Behind the scenes, around the clock, around the globe, someone is always busy doing something for AA, and it is remarkable to witness and an honor to be a part of such a wonderful organization. And I know that Jennifer has been very busy traveling, recovering, and preparing her report to inform us and answer our questions. I am really looking forward to it, and to hear the presentations that our members have been working on to share with us today. In my opinion, this one is the fun assembly!

ASSEMBLY COORDINATOR – DREW B: We were here early with the Hybrid Ad Hoc committee in preparation to provide our first hybrid assembly. We are striving for progress, not perfection. Please be patient as we hit this steep learning curve. Thank you to District 17 for pulling this assembly together in short order! There are still assemblies up for bid for this Panel. Get in touch with me if your district is considering hosting.

LITERATURE/GRAPEVINE/LA VIÑA – RICHARD W: I was sitting in a jail cell about 18 years ago... My cellmate had recently been released, leaving me alone in a cell with a Big Book and I remembered how a young woman responded after a meeting when I asked her how she stayed sober before getting a sponsor. The woman told me that she attended 90 meetings in 90 days and read the stories in the back of the Big Book. So, while I was alone in a cell, searching for a glimmer of hope, I finally cracked open the life-saving book Alcoholics Anonymous. I opened the table of contents and chose a story... 'Window of Opportunity', a story added to the English 4th Edition, moved my heart for the first time. I'm sure there are drunks out there looking for a glimmer of hope right now. The most exciting news is that we are planning a 5th Edition in English and a 4th Edition in Spanish. Please encourage all members to share their personal experiences. The deadline for submitting personal stories in English for the 5th Edition is October 31 and the deadline for stories for the Spanish 4th Edition is December 15. Visit www.aa.org for formatting guidelines or contact your district literature chairs or myself.

Area Standing Committees and Sub-Committees

ACCESSIBILITIES – DAN M: We are beginning to look at the deaf and hearing-impaired community and how we can eliminate barriers for them. We are asking districts to report if they have any ASL meetings. Next month, we will have a presentation from the Texas Intergroup for the hearing-impaired, and the following month, we expect our guest to be the Accessibilities Chair from San Diego who is deaf himself. We are looking at the issues around funding ASL translators. All of us who attended PRAASA were impressed with the job Area 58 did with ASL translation and the participation of the deaf community in the assembly. We expect the Accessibilities subcommittee to be very involved when our Area hosts PRAASA 2024. We meet online on the third Saturday of each month at 11:00am.

ARCHIVES – PAUL W: Recently, we were asked for PRAASA files and thanks to Denise and Chase on our team, we were able to fulfill that request. We also worked with a member of District 07 who is researching customs (aka little 't' traditions) for the area. She is looking at CNCA *Comments* from the past to gain some insight into how these things came about. Although we are still in the midst of Covid-19, the vaccines and antiviral treatments have significantly reduced the trauma caused by this virus. Most meetings have made adjustments due to the pandemic. These include: The in-person meeting was converted to Zoom and it is now back to in-person, the meeting was stopped for a while and is being resurrected now that things are safer, the meeting was canceled and never restarted, the meeting converted to Zoom and remains Zoom, or the meeting converted to Zoom and then became a hybrid meeting now that things are safer. Now is a great time to update your group history, or to write one if you do not already have a group history. If you need help, please contact me. We continue to clean out and clean up the records room. We continue to add digitized version of records for easier access as well as geographic diversity of servers. We will also keep limited paper copies of the records. Ultimately, for records that have been digitized there should be two physical copies and one digital copy stored in at least two different places.

BRIDGING THE GAP – GEORGE X: Have you ever thought, "What does the catchphrase 'bridging the gap' really mean?" You hear it in all aspects of life. Here are three quotes on the subject from entrepreneur, author, and international speaker Richie Norton: "What's the difference between people who see and seek gaps and those that see and seek bridges? The first stops and stays on the side. The second, crosses and reaches new worlds." Secondly, "Believing there is a bridge from where you are to where you want to go is 99% of the battle. The other 1% is to cross it." And lastly, "There is only one way to bridge the perceived gap between a person and his or her greatest dreams, and that is to begin." For an alcoholic looking to make the transition from treatment to recovery, this is where asking better questions comes in. Where is the bridge so that I can cross it? There is one now... but at first it needed to be built. Over the years, Bridging the Gap has become a vital network of touchpoints for A.A. members conducting 12th Step service. We need not have experience with treatment settings or places of confinement. Our qualifications are experience as an alcoholic and recovery in A.A. We have a very specific focus. Our job is to get someone from detox, treatment, or jail to an A.A. meeting upon return to their local community. We are not sponsors. We don't sign up for a long-term contact commitment. We're the safety net for someone alone and scared when they walk out of a facility. Our job is to talk to the newcomer about sobriety, to go with them to their first meeting, to introduce them to other members of the fellowship. To help them find coffee, maybe a home group, and hopefully a first sponsor. Then, to let the newcomer go into the hands of the group.

FINANCE – JOANN L: Our committee members are our Treasurer, Chitra S., along with Jose F., Matt D., Gusty M., and me. From time to time you may see one of us taking money out of

POST CONFERENCE ASSEMBLY—MAY 14, 2022 cont'd

the 7th Tradition baskets. That is ok. That is also part of our job. But our primary job is to assist the CNCA Treasurer, monitor expenditures and prepare the budget for next year. The Finance Committee is starting the process of planning the 2023 budget. We have each been assigned to the standing committees and subcommittees and will be visiting each these this month to assist the committee in thinking about next year's expenditure. We are also in the process of planning a hybrid workshop on how to talk to the AA groups about money. Right now, we are planning to hold this event in September of this year. We will keep you posted. We have reviewed the motions on today's agenda for financial impact on the Area's finances. Today there is only one. The motion to distribute the Area newsletters electronically could potentially lower our yearly budget if passed. The current budgeted amount for 2022 to print and mail our CNCA *Comments* and *Comentarios* is \$10,116. Please come and visit us if you have any questions or concerns.

PI/CPC – ERIC L: At our next committee meeting, a special guest, Class A Trustee Dr. Al Mooney, will be joining us to share his experience working with healthcare professionals.

TECHNOLOGY – NICK S: I was very pleased with how well the registration that Claudia and I came up with went at the last assembly and I am looking forward to helping make it that easy for future Registrars. It was great to be able to have real-time data throughout the assembly with minimal effort needed by the registration team. It was very helpful for the host district to know how many were registered right before lunch to help confirm how much food was needed. The Tech committee is preparing to take on the responsibility of hybrid functionality of the Area Committee Meetings and the final assemblies of the year. We are still working to put together instructions for use of the Microsoft licenses and the Microsoft cloud storage. Thank you for your patience. If you are a committee chair or area officer who is in need of using the software, let me know and we will work together to get you going.

HYBRID AD HOC – KEN M: We are conducting our second assembly test/trial today and will be presenting our recommendations at the next ACM, at which time the Hybrid Ad Hoc committee will be disbanded and the roles and recommendations we suggest will be absorbed by the Tech committee and the Assembly Coordinator.

WEBSITE – MEGAN M: Your CNCA 06 website continues to evolve. Yesterday we created another "doorway" to AA and CNCA06 confidential documents. These documents are our Delegate's results from the 72nd General Service Conference. The link to the page is www.cnca06.org/72gsresults. You will hear Jennifer speak about her experience and the results of the Conference this afternoon and then you can read more at your leisure. The page is password-protected because the documents are not meant for all the internet to view. You can ask your DCM or DCMC for the password. We hope that members will start thinking about the upcoming panel and consider serving on the Web committee. Some experience with computers is nice but not required. Please visit us on the third Saturday of the month at 12:30pm. We meet virtually and will most likely continue to do so. To serve on this committee, please write down your

name, phone number, and email and give this to any Area Officer this summer or fall.

INTERPRETATION AND TRANSLATION – MAGDALENO O: The Motions Book is already being translated and has a tentative goal to have it ready during the course of this panel.

PRAASA 2024 – TEDDY B-W: What is PRAASA? It's the Pacific Region Alcoholics Anonymous Service Assembly. A weekend conference for 1,500 service nerds! Each of the fifteen areas of the Pacific Region hosts PRAASA on a rotational schedule and it is our turn in 2024. We have signed the contract with the San Francisco Marriott Marquis, which will be venue for the event, and we have a logo! The work has begun, and we have over 70 volunteers signed up, so far, to work on the various committees. If you would like to volunteer to serve on one of the committees for PRAASA 2024 please send me an email. Together with several members of the steering committee I got to attend the PRAASA 2022 wrap-up meeting and express our thanks to the 2022 host committee for a wonderful job. I have reached out to Al-Anon, San Francisco District to see if they are available to program the parallel Al-Anon component of PRAASA 2024 but could use some help in making contact. I will start attending the PRAASA 2023 planning meetings starting next month.

Area Business

Old Business

That the trustees' Literature committee develop a graphic novel, or a series of graphic novels, that depict the first 164 pages of the Big Book. - *Presented by District 90 at the Area Committee Meeting 2/27/21*

Discussion: [Group consciences]- Our group is split on this decision. Some say yes and that it would be an attractive way to visualize the book, while others say it takes away from the spirituality of reading the book with someone else. // Our group is in substantial favor of this; it can be an attractive way to understand the literature and we need to continue to develop more and different ways to reach newcomers. // Our district is in favor. It is accessible and can reach people from different backgrounds if done well. What we have now may work for so many who are here, but we don't hear about what doesn't work for those who aren't here because they aren't here to tell us. The text is not sacred. The minority opinion expressed concern about cost and feels the 5th Edition should be completed first. // I am the GSR from the group that brought this motion forward. We feel a graphic representation of the basic text will work well as an enhancement and an accessory; it doesn't mean to replace the Big Book. // We are in favor. It may clear out much of the sexism that is evident in our current text and can take care of all of us. // Our district is in favor. // Our group is split; it can be an attractive tool for people having difficulty reading and understanding the Big Book. Those that said no to it feel a newcomer should be getting a sponsor as their guide. // Our group is not in favor. We feel it will lose the impact of the message and

POST CONFERENCE ASSEMBLY—MAY 14, 2022 cont'd

there are concerns about the length. // We think this is a good idea. It sticks to our primary purpose to help those who are suffering. // We are in unanimous support. // We are in unanimous support of this. It makes the message accessible to everyone. // This can be helpful to the suffering alcoholic. We don't know how many people we lose if our literature is not accessible. Even a glossary can't always help those that have a barrier to the literature. As long as the message stays the same it is a great idea. **[Personal opinions]-** I am in favor. I don't learn as well by reading and I do so much better with visual learning. That does not mean I don't read well. It's more than about reading and literacy levels, it is about reading comprehension. This is a great idea. // I was at a PRAASA years ago when the Twelve Steps Illustrated pamphlet was first introduced and we learned how valuable and important this approach was to helping people understand. // I am in favor of this. // Consider the effectiveness to someone whose native language is not English. *The Assembly was asked if they were ready to vote, and members were ready to vote. Substantial unanimity (2/3) was required for the motion to pass.*

Vote: Yes (133) / No (22) / Abstain (7)

Minority opinion: I am not confident this is the best approach to reach the newcomer. // I am concerned that we are getting further away from it being a 'we' program and sets people up for the thinking that they can get sober by themselves. They won't know how to sit with someone and read the book. // I don't think this is a bad idea at all but feel it would be prudent to wait until the completion of the plain-language Big Book, and then use that translation to produce a graphic novel.

No motion to reconsider. Motion <<<PASSED>>>

Old Business

That the trustees' Literature committee consider deleting or changing the following wording in the book *Living Sober*: "Better to be chubby or pleasingly plump than drunk, right? Did you ever hear of anyone being arrested for 'fat driving'?", which is located in Chapter 9 titled 'Eating or Drinking Something- Usually, Sweet' on page 23 of the 2019 printing.

- Presented by District 90 at the Area Committee Meeting 7/24/21

Discussion: [Group consciences]- We are unanimously in favor of the change; it is demeaning to someone's self-worth and sounds like we are trying to play doctor and it is not our role. We also feel that is a violation of the Traditions to take a stance on how to treat one's body. // We are unanimously in favor of this change. There are more people showing with issues around food and it would be more respectful. We would trust the people working on it to find the most appropriate lan-

guage. // Our support for this change is unanimous. // Our district is unanimous to change the wording. It is unnecessary and discriminatory. This book is more widely read by newcomers. // Our group is fairly split; most are against any changes. // We are split and most feel it is not needed. A slight majority see it as a good change because it is insensitive. // The majority of the group says yes to the change. The word 'fat' is not used at eating disorder meetings. // We are in favor; this change is needed, and we also feel there are other issues with more of the passage and a revision could make this chapter much more powerful. // The majority is in favor; the minority opinion feels it is not needed. // We are against the change and do not think it is offensive. We think we need to study this deeper before making any revisions. // The majority is in favor of this motion. The language is offensive and removing that sentence does not take away from the chapter. The minority opinion feels it is a slippery slope to make several small changes and a look at the entire book would be good. // We are against the change. The context is different when dealing with alcoholism. // We are divided on this. The majority feels the purpose is to pass the message about alcoholism. **[Personal opinions]-** I don't think it needs to be changed. When we are new, we can be offended by everything. At first, I was worried about eating candy and my sponsor used this line on me and I have passed it on. It's about 'first things first'. // I am in favor. I think of the Responsibility Statement, and we don't want to alienate anyone. // We are so sensitive; anybody can be offended by anything. How many of us used to be offended by God? // Let's move this forward and let the whole fellowship decide. // My sponsor used to call me 'dummy' and it hurt my feelings until eventually it became a term of endearment. If I continued to seek ways to avoid feeling hurt, I would be dead. I am worried about how quickly we wish to avoid hurt feelings in our literature and think if it continues, we are in trouble. // The majority feels it does not need changing. It is a not specifically in quote proclaiming that "AA says this." // I am from the group that brought this forward and, in our discussions, it wasn't about hurt feelings and whether or not it is offensive. It is about the violation of the Traditions by AA taking an opinion on an outside issue and that it is inappropriate for AA to do that. // I agree to this change; it is offensive, and we want AA to be attractive. We need to think less of ourselves and focus on the people coming in. It is our responsibility to correct it. // We must remember the newcomer. We don't know how long people stay in the room if they are confronted with offensive ideas and we need to ask if we can afford to lose them? // I see it broken down into two parts- base and form. Base is our message, and form is how we transmit that message, and we need to make sure we focus on both. It depends on us. The motion gives a word of hope, let's make the change.

The Assembly was asked if they were ready to vote, and members were ready to vote. Substantial unanimity (2/3) was required for the motion to pass.

Vote: Yes (67) / No (144) / Abstain (9)

POST CONFERENCE ASSEMBLY—MAY 14, 2022 cont'd

Minority opinion: This is a violation of Tradition 10 and encourages people to pick up a bad habit. It's demoralizing. // I wonder if I can make a point of order; I notice so many people speaking in favor of it and why the vote count ended up as it did. // We live in a changed world and our literature does not need to be set in stone. It's derogatory. It would be better to come up with wording to describe what we are happy about. // It is not sacred writing and Bill W. did not write it. // We often hear things like, "My sponsor was mean to me and I'm sober." We can help newcomers without being demeaning. // What works for some doesn't work for all. We don't usually hear from those it didn't work for because they are not here to tell us. It's called survivorship bias. // I voted for this because in the 1930's there was a lot that wasn't known about alcoholism, and it was believed it was a moral issue until it was learned that it did not have to do with moral character. These days, it is known that food addiction is very real and serious. I know some people who relapsed on meth because they were concerned about their weight gain. It's a simple sentence removal. // I agree with the concerns about the vote count and want to vote again. // It is still so shocking the rudeness that exists in our literature. AA is better than this. It is not necessary to keep it and we can choose to not perpetuate the rudeness. // The rooms of Overeaters Anonymous are full of people from AA. It would be great if we could show more awareness on this issue. True, maybe people aren't getting pulled over for their weight, but they can die from food addiction. // We can just pass this on to the whole fellowship to decide. Voting against it is acting like we know better than AA as a whole. // We are not doctors. It implies that we know better to say, "Just be sober and don't worry about your health."

Motion to reconsider and seconded; motion to reconsider passed by simple majority.

Motion to remain Old Business at the Summer Assembly held at the Santa Cruz Fairgrounds in Santa Cruz on August 13, 2022.

What's On Your Mind?

376 registered, wow! We had 121 online and 255 in person with 137 GSRs! Amazing, and I love how we embraced the technology. // In an earlier report we heard about the Tech committee doing assemblies and the technology needed to pull it off. We experienced a lot of tech glitches here today and the needs at different locations will be faced as we get there. I really support the idea of hiring an outside vendor to meet this need. We have boocoo bucks. // Thank you to everyone who helped with the technology today to do a hybrid assembly. We had some glitches but tried so hard and everybody took such care ; it was wonderful. // The in-person crowd seems to think of the online crowd as outsiders. In the room you can talk to each other. We can receive messages. We are real people. // Thank you for the assembly; sorry that Covid is still keeping us apart. The talk about literature revisions is painful, but we need to take a look. // I'd love to make a shout out to District 17 for hosting a wonderful assembly and lunch was delicious. We faced some challenges. Thank you to Mateo and Manuel for putting up with us. Thank

you, Cindi, for handling the Zoom problems. We know we need very robust bandwidth. See you at the fun assembly. // Thank you, Jennifer. You explained everything so well and your love for AA is evident. The puzzle and the explanation about the 12 & 12 were great. // Thank you District 17 for the assembly and thank you all for the 7th Tradition. With today's attendance it ends up being about \$18 per person. They came in under budget with a total cost of \$5,150.95. // I'd like to express my gratitude. Through today's experience I have more of an understanding of our process. I know we are not all happy with the results, but it shows we are all listening. // Thank you, Jennifer, and thanks to all. I know it takes a lot to put on an assembly. The vegetarian meal option was fantastic!

The assembly was closed at 4:25pm with the Responsibility Declaration.

Submitted with Love and Gratitude,

Amy Menendez
CNCA Recording Secretary- Panel 71

CALIFORNIA NORTHERN COASTAL AREA 06
OF ALCOHOLICS ANONYMOUS PRESENTS:

2022
SUMMER ASSEMBLY

Saturday August 20, 2022
Lutheran Church of the Good Shepherd
580 Larkin St, Salinas, CA 93907

Meeting Link: [Zoom ID 84446515385 PW 1935](#)

Registration:	8:00-9:00 a.m.
Orientation:	9:00-9:15 a.m.
Business Meeting:	9:15-12:00 p.m.
Lunch:	12:00-1:00 p.m.

Workshop Session I: 1:00 – 2:15 p.m.

1. Hybrid

The New Normal- AA in the 21st Century
Meeting Link: [Zoom ID 84446515385 PW 1935](#)

2. In Person/Online:

Back to the Joy of Living- Rule 62
Meeting Link: [Zoom ID 89014346617 PW 1935](#)

Workshop Session II: 2:30 – 3:45 p.m.

1. Hybrid:

Atrophy or Apathy- Getting back into the Service Groove
Meeting Link: [Zoom ID 84446515385 PW 1935](#)

2. In Person/Online:

Safety in AA: Actions Speak Louder than Words
Meeting Link: [Zoom ID 89014346617 PW 1935](#)

(Interpretation available at all workshops)

Report Back:	4:00-4:30 p.m.
What's on Your Mind?	4:30-5:00 p.m.

**BRING YOUR FM RADIO FOR SIMULTANEOUS INTERPRETATION
AND ASSISTED LISTENING**

2022 CNCA CALENDAR—PANEL 71

2022

July	23—Area Committee Mtg.	October	22—Area Committee Mtg
August	20—Summer Assembly 27—Area Committee Mtg	November	05— Election Assembly 26—Area Committee Mtg
September	16—18 Pacific Regional Fo- rum, Salt Lake City, Utah 24—Area Committee Mtg	December	17—Area Committee Mtg (Note: 3 rd Sat)

PANEL 71 ASSEMBLIES

2022 Summer Assembly,

August 20

Lutheran Church of the Good
Shepherd
580 Larkin St, Salinas 93907
District 19

2022 Fall Election Assembly,

Nov. 5

Ulatis Community Center
1000 Ulatis Dr., Vacaville
District 90

If your District is considering making a bid for a Panel 71 Assembly, please contact the Assembly Coordinator [Drew B.](#)

PANEL 71 AREA OFFICERS & AREA MEETING INFORMATION

To Contact any Area Officer or Chair, please use [www.https://cnca06.org/contact-us](https://cnca06.org/contact-us)

Delegate
Jennifer B

Alternate Delegate
Eric L

Chair
Miguel H

Treasurer
Chitra S

Registrar
Claudia N

Recording Secretary
Amy M

Assembly Coordinator
Drew B

Literature/Grapevine/La Viña
Richard W

Pacific Regional Trustee
Reilly K

CNCA
PO Box 884222
San Francisco, CA 94188-4222
www.cnca06.org

NorCal H&I Committee
PO Box 192490
San Francisco, CA 94119-2490
www.handinorcal.org
Contributions to General Service Board:
General Service Office
PO Box 2407
James A Farley Station
New York, NY 10116-2407
All other Correspondence:
General Service Office
PO Box 459
Grand Central Station
New York, NY 10163
212-870-3400
www.aa.org

CNCA STANDING & SUB-COMMITTEES and SHARING SESSIONS

Zoom ID listed for virtual and hybrid meetings; in-person location is at the Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. For questions about meetings, including passwords, please contact committee chairs.

CNCA committee meets the 4th Saturday at 12:30pm, *hybrid*. Zoom meeting ID: 632-553-607. Contact Miguel H. or your DCM or DCMC for password: chair.p71@cnca06.org

Accessibilities committee meets *virtually* the 3rd Saturday at 11:00am, Zoom meeting ID: 818-2594-1066. Contact Dan M. for password: accessibilitychair.p71@cnca06.org.

Archives committee meets *in person* the 4th Saturday at 10:00am. Contact Paul W. for meeting details: archiveschair.p71@cnca06.org. The Archives' mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

Bridging the Gap (BTG) committee meets *virtually* the Thursday prior to the Area Committee Meeting at 7:00pm, Zoom meeting ID: 988-7891-7593. Contact George X. for password: btg.p71@cnca06.org. BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

DCM sharing session meets the 4th Saturday at 11:00am, *hybrid*. Zoom meeting ID: 632- 553-607 Contact Drew B. for password: assemblycoordinator.p71@cnca06.org

DCMC sharing session meets the 4th Saturday at 10:00am, *hybrid*. Zoom meeting ID: 632-553-607 *Open to DCMCs and Alternate DCMCs only*. Contact Miguel H. for password: chair.p71@cnca06.org

Interpretation & Translation committee meets *virtually* the 2nd Thursday at 7pm. Zoom meeting ID: 897-0815-0718 Contact Magdaleno O. for password: int.p71@cnca06.org.

Literature/Grapevine/La Viña sharing session meets the 4th Saturday at 11:00am, *hybrid*. Zoom meeting ID: 824-9101-6140. Contact Richard W. for password: grapevinelavina.p71@cnca06.org

Public Information/ Cooperation with the Professional Community (PI/CPC) committee meets *virtually* the 3rd Saturday at 9:00am, Zoom meeting ID: 568-947-843. Contact Eric L. for password: altdelegate.p71@cnca06.org

Technology committee meets *virtually* the 3rd Thursday at 8:00pm. Contact Nick S. for meeting details: tech@cnca06.org.

Website committee meets *virtually* the 3rd Saturday at 12:30pm, Zoom meeting ID: 337-574-6264. Contact Megan M. for password: webchair@cnca06.org.