



# CNCA COMMENTS



A.A. Confidential—September 2022

[www.cnca06.org](http://www.cnca06.org)

## California Northern Coastal Area of Alcoholics Anonymous

The Summer Assembly went well, hard work from District 19, lots of fellowship from King City all the way to Crescent City it was very exciting getting to connect and hear presentations and sharing from you all.

We got to vote on two different items, failing on the first one about “the trustees’ Literature committee consider deleting or changing a phrase on the *Living Sober book* : “Better to be chubby or pleasingly plump than drunk, right? Did you ever hear of anyone being arrested for ‘fat driving’” and the second motion about distributing the Area newsletters (*Comments / Comentarios*) electronically unless requested by mail passing, both voted by two thirds majority

As we getting close to the end of the panel I got to give my Job Description as Chair last month having two left one from our Alternate Delegate Eric L and the other from Jennifer B our Panel 71 Delegate.

At the last Area Committee Meeting in August we went over all our Agenda; funding one website committee member to attend the National AA Technology Workshop to be held September. Also voted in favor to fund a simultaneous interpretation for the Online Finance Workshop to be held on November and we will hear more from our Finance Committee regarding this. CNCA is also funding one member of the Bridging the Gap Committee to attend the National Bridging the Gap Workshop Weekend in San Diego on September. And lastly CNCA funding an other member of the Archives committee to attend the 25th National Alcoholics Anonymous Archives Workshop to be held Little Rock, Arkansas September.

By the time this issue of the Comments get published lots of us will have lots things to share and bring back to our fellows from The Pacific Regional Forum to be held in Salt Lake City Utah, these Forums are one of the many reasons I stayed in GS, seeing things happening to help the alcoholic that stumbles on different places and having AA available its possible has to do big part by being informed.

**Again with a friendly reminder to bring your FM RADIO**, we count with simultaneous interpretation English/Spanish–Spanish/English just as English assist listening at Area Committee Meetings and all our Area Assemblies.

It is time for me to reflect and pray. Big part of that related and reflected on daily activities simply by seeing increasing my list of gratitude on these last few years expanding my understanding on the importance and the impact when I made the decision to make my self available and serve that first cup of coffee in early sobriety, unimaginable experiences, AA is more than stop suffering or being useful its more about re-evolving my common sense as human being, Love and tolerance to Others and gratitude as tool.

Thank you for allowing me to serve.

Miguel H  
CNCA Chair

I still get excited when the Final Conference Report books arrive each year! While we wait until November for the printed ones, I hope you are enjoying the full-color, digital PDF.

The first thing I always do is flip through and look at all the pictures. (You might be able to pick me out among the blurry people on the aisle on page 35.) The table of contents is another good place to start, but you can read the report any way you like.

Some of my favorite things to point out (page numbers refer to the ones in the book itself):

Literature distributed, starting on page 134. Look at all those Big Books! Not as many as pre-pandemic, but an improvement over 2020. And I still get tickled by the handful of cassette tapes finding their way into the hands of people who want them.

Estimate of groups and members on page 107. (I'll take this opportunity to note that the number of virtual groups in the U.S. and Canada listed with GSO is now over 700.)

Detailed financial information on pages 47-52, 75-76, and 139-157. Now, one thing you may notice as missing is the two-page spread we usually see that lists contributions by area for groups, individuals, etc. My understanding is that they couldn't guarantee the accuracy of the information this year and this is a temporary omission, with the hope to see it put back in future reports. They need to upgrade the contributions page on the aa.org website to better capture the source of contributions. In the aggregate, a rough estimate for 2021 contribution percentages are as follows: Groups 54%, Individuals 32%, and Others (Districts, Areas, Special Events) 13%.

The reports from the trustees' committees and staff (pp. 28-74) tell the story of how those at the bottom of the triangle lovingly take care of the business of A.A. year-round. The trustees are volunteers like all of us, and the staff members are our special workers. While you should already have this information, the results of this year's Conference committee agenda topics can be found on pages 77-91.

I think you'll find the A.A. World Services, Inc. report (pp. 10-20) and the Publishing Highlights (pp.122-26) especially informative, with items of interest to your groups. I'm always inspired by the stories from trustees-at-large in their presentations (pp. 116-119).

There's so much more... What do you think is important to share? What touched your heart? You can drop a few fun facts in each of your reports for the rest of the year. And please feel free to distribute the PDF to any A.A. member.

Much was accomplished this year, and we have much more to do. Participation and communication are all of our responsibility. Dr. Bob wisely pointed out in 1950 that it all boils down to love and service. As servant leaders, let us also remember the words of Madeleine P. and others: "How we treat each other is more important than what we get done." Be kind; we are all just walking each other home.

Jennifer B., Panel 71 Delegate

## Looking for Something?

Chair's Preview—p.1

Delegate's Corner—p.2

Area Committee Minutes, 8/27/2022—pp. 3—5, 8-11

Area Financial Reports, 7/2022—pp. 6—7

Summer Assembly Minutes 8/20/2022 pp. 12-17

Area Officer Job Description p. 17

Election Assembly Flyer—p. 18

CNCA P71 Calendar & Assembly Info.—p. 19

Area Officers & Meeting Info.—p. 20

## AREA COMMITTEE MINUTES—AUGUST 27, 2022

The monthly committee meeting of CNCA was held using a hybrid format on August 27, 2022, with some members attending virtually and others attending at the Petaluma Community Center. Miguel H. opened the meeting at 12:30pm, followed by the Serenity Prayer. The AA Preamble in Spanish was read by Carina A. (District 40). Leslie W. (District 08) read Tradition Eight and Hector W. (District 13) read Concept Eight. We welcomed two new GSRs. There were six past Delegates present: Diane O. (Panel 35), Bob D. (Panel 36, Area 28), Barbara M. (Panel 41), David N. (Panel 59 and past Trustee), Ken M. (Panel 61), and Joann L. (Panel 67). The July minutes and financial report were accepted as published in the *CNCA Comments and Comentarios*.

**Birthdays:** 246/11

**Attendance:** 35 online, 63 in person (98 total); combined 51 voting, 47 non-voting

### Officer Reports

**DELEGATE – JENNIFER B:** I emailed out our Regional Trustee's report on the July General Service Board weekend on Thursday. Please contact your DCMC, or me, if you have not received it. I highlighted some of it for you at the assembly and I'll share some more now. Earlier this year, the Corrections desk at GSO requested shared experience from the Fellowship on sponsoring A.A. members in custody, and they received enthusiastic responses. The NorCal H&I committee pioneered the Inside Visiting Sponsorship Service at San Quentin and I know some of those enthusiastic responses came from our local folks. The hope is that we will see some service material come out of this down the road, to help other committees. Publishing provided an update on the growing use of tablets in correctional institutions and noted that there are over 200,000 tablets providing AA literature inside correctional settings within the U.S. A working group has been formed to further this work in Canadian facilities. How inmates obtain the tablets varies by facility, but we are providing our literature at no cost beyond that. Another way your 7<sup>th</sup> Tradition dollars help carry the message! There's lots of financial detail in the Board weekend report, with charts and graphs. Please note that the figures in the report are unaudited. The General Service Board prudent reserve is at about 7.65 months of expenses, which is less than our target range of 9-12 months. A.A.W.S. income and expenses are pretty much on track with the budget, but the costs related to our literature (paper, postage, etc.) continue to rise in the current economy. Our deficit so far this year is less than budgeted, so that's good news. Registration is open for the Pacific Regional Forum September 16-18 in Salt Lake City, UT. The Area 69 website for the forum has helpful travel information, and it was recently translated into Spanish. Our area website has the link on the calendar entry and the flyer from GSO on our home page. I'm looking forward to spending time with friends from the Pacific Region and all the presentations and workshops. As Eric reported at the assembly, we have been busy contacting the groups that were selected from our area to participate in the AA Membership Survey. I want to express my appreciation for his help, as well as our area registrar, Claudia, treasurer Chitra, several DCMCs and DCMs, GSRs, a past dele-

gate, and other members, to try and track all these groups down and make contact so we can do our part. Everyone, please keep your registration information current, and your meeting information updated on your local intergroup websites. We especially need our district registrars to be diligent in updating their district roster information and sharing it with the area. I know it's a thankless job made even harder in a pandemic. I thank you.

**ALTERNATE DELEGATE – ERIC L:** We will probably not bid to host the 2035 International Convention because of challenges finding an appropriate facility with enough nearby hotel space. And we are preparing to conduct the AA Membership survey soon.

**CHAIR – MIGUEL H:** Thank you to Districts 19 for their work to make the Summer Assembly possible. The workshop leaders on each of the roundtables with their great presentations, live music, food, and members from all over the area helping the day prior showed the spirit of service of our Area. Thank you to the Tech committee! I have booked my plane and hotel for the upcoming Pacific Regional Forum to be held in Salt Lake City, UT on September 16-18. What a way to celebrate my birthday. We continued with the Area Officers job descriptions at 11:00am in the beginning of the DCM Sharing session in preparation for our Area Elections for Panel 73. Today we heard the Area Chair position. Next month Eric L. will give his presentation on Alternate Delegate. As a reminder, you have access to written job descriptions inside the monthly issues of *CNCA Comments and Comentarios*.

**TREASURER – CHITRA S:** We currently have \$59,546.31 in our Checking account. Our Savings account, which is our prudent reserve, has \$13,000.19. July contributions totaled \$26,633.71 and we budgeted for \$12,164.99. We then distributed \$15,000 to the General Service Board. July expenses were \$28,973.81 and we budgeted for \$8,850.00. CNCA has a new address! Please send all contributions and correspondence to:

California Northern Coastal Area  
1390 N. McDowell Blvd Suite G - 339  
Petaluma, CA 94954

**REGISTRAR – CLAUDIA N:** There are so many things I love about our assemblies, including the opportunity to come together online and in person, hear our areas thoughts on the motions up for discussion, the fellowship, and the food! I emailed a chart with registration numbers from the Summer Assembly as well as a historical document of past assembly figures. At our Summer Assembly we had 239 total registrations, with 96 online and 143 in person with a total of 95 GSRs in attendance. This was our 3<sup>rd</sup> assembly using QR codes for registering and you all are really getting the hang of it! This process really has been a game changer for assembly registration. I want to take a minute to remind you how important it is to have accurate information for your group, your GSR, and other service commitments in your district. Our organization operates through elected leaders, trusted servants, special workers, and the principle of the group conscience. To do this effectively, consistently, and precisely we need accurate data. By keeping your group updated, these GSRs act as a two-way channel for information and shared

## AREA COMMITTEE MINUTES-AUGUST 27, 2022 Cont'd

experience. Some other reasons to keep accurate records are for our membership survey so we can contact those groups to participate, as well as the Election Assembly coming up in November.

**RECORDING SECRETARY – AMY M:** Please remember to sign in today so I can keep track of how many voting and non-voting members we have here so I can add that to the minutes. It's tricky to keep an accurate count with both platforms. So, look for this paper on your table and the sign in link in the Chat.

**ASSEMBLY COORDINATOR – DREW B:** I learned from being gone from this last assembly that you don't need me! Thank you everyone for your hard work. Reflecting on my Pass-it-on to the next panel makes me realize how complicated this position has become. With hybrid responsibilities this role has expanded, and I've asked some members of the area if some of the technical needs are of interest to them. Please talk to me if you are interested in learning more about the sound, or the virtual components. We are empowered to create a committee and delegate some of our work. Tech burnout is real- even in AA service. We are all trusted servants. Please be kind.

**LITERATURE/GRAPEVINE/LA VIÑA – RICHARD W:** On the 'What's New' tab on the [www.aa.org](http://www.aa.org) website, you will find the updates on printing delays and backorders. You will also see the story solicitation for AA members who got sober later in life for an update to the pamphlet 'AA for the Older Alcoholic'. The deadline for submission is September 23, 2022, which is the day before our September ACM, so this is the last time you will hear about this from me. Story submissions for the 5<sup>th</sup> Edition of *Alcoholics Anonymous* and the pamphlet 'AA for the Black and African American Alcoholic' are due October 31. The 4<sup>th</sup> Edition stories for the Spanish Big Book are due December 15. In Grapevine and La Viña news, there is new material now available for download. "This Month's Serenity Prayer" is available under the 'Rep Resources' tab or 'Servicio' tab on the [www.aagrapevine.org](http://www.aagrapevine.org) and [www.aalavina.org](http://www.aalavina.org) websites. There is a new La Viña Book, "Sobriedad Emocional" that will be available at the Grapevine and La Viña online store beginning September 20.

### District Reports

**DISTRICT 01 (MONTEREY) – PATTY C:** District 01 now meets in hybrid format for our monthly district meeting. We got to see our Delegate in person for the first time this panel and she shared her Delegate Report with us. Our DCM holds a hybrid monthly sub district meeting. This is a chance for GSRs to practice presentations and study the Concepts and service manual. Our sub district meeting continues to be held hybrid. We will host a General Service table at MBAR (Monterey Bay Area Round Up) September 3-4. MBAR is an AA and AI-Anon Conference with meetings, breakout sessions, and fellowship. All are welcome to register and attend. Info and registration at the website [www.montereybayarearoundup.org](http://www.montereybayarearoundup.org).

**DISTRICT 02 (SALINAS/SAN BENITO) – BRIAN M:** We continue to meet remotely only. We continue to try to get greater participation from GSRs in the district. District 01 invited us to attend the Delegates Report, as our attendance has been low.

**DISTRICT 03 (SANTA CRUZ) – MATT E:** Thank you so much to District 19 for a fantastic Summer Assembly, and for allowing

us to support. We had several members who were able to attend in person, including two GSRs attending their first-ever assembly, and a crew of members from Santa Cruz who volunteered to assist with Zoom co-hosting, and I'd like to thank them for their service as well. Finally, thanks to CRUZYPAA (Santa Cruz Young People in AA) for making the trip out to Salinas to sell cold drinks. Our Archives committee has received funds from the district to upgrade our archival storage cabinets, and our Website coordinator is making progress on finding a corner of the Santa Cruz AA website to post the important takeaways from our district meetings for all to easily read.

**DISTRICT 04 (SANTA CLARA NORTH) – LORI R:** Our DCM of Subdistrict 02 is hosting "Bringing the AA Service Manual to Life." We have our Trustees-at-large, past Trustees and past delegates as our guest speakers. We passed two housekeeping motions; one to pay up to \$100 for Slack back-up. Slack will no longer have free accounts that archive more than 90 days of postings. The second is to fund the Alternate DCMC the \$700 that was budgeted for PRAASA scholarship and not used. We continue presentations on job descriptions in preparation for elections in October. Our Budget committee is hard at work on the 2023 budget.

**DISTRICT 40 (SANTA CLARA SOUTH) – JUAN T:** The District Guideline Ad Hoc committee is progressing with updates to our district guidelines. The changes should roll out by September. The committee's motion to create a Tech committee and Communications Coordinator position unanimously passed. Our Tech Ad Hoc committee is finalizing the cost projection for going hybrid. The cost of interpretation equipment is the final item to be added. On the financial front, the Budget committee is partially staffed and the 2023 budget process will commence in a couple weeks.

**DISTRICT 05 (SAN MATEO) SARAH B:** Peninsula Young People in Alcoholics Anonymous (PENYPAA) has come back to life. We had two representatives attend our September district meeting. I'm also excited to be partnering with one of the facilitators of our upcoming Intergroup Trusted Servants Workshop to add content about General Service and being a GSR. At present it has guidance on service as a group secretary, treasurer, and literature coordinator. The workshop is hybrid and open for anyone to attend. PI/CPC has been busy providing their vital service via delivering literature packets and giving presentations. Our district continues to have discussions about returning to meeting in person. Our district officers have been reviewing and updating our commitment descriptions, and we will be presenting them next month to prepare for elections in November. Finally, I'm grateful to have our district's support to attend the Pacific Regional Forum and look forward to seeing some of you there!

**DISTRICT 06 (SAN FRANCISCO) – JACKIE B:** We approved a housekeeping motion to provide an additional scholarship for a district member to attend the Regional Forum, covering the cost of their travel and housing. Our Literature Chair, Beth S., made herself available to attend the Forum and was subsequently elected to receive the scholarship. We had no New or Old Business this month which left time to hold a GSR sharing session on what's happening in their groups. We learned that

## AREA COMMITTEE MINUTES-AUGUST 27, 2022 Cont'd

many groups are transitioning back into person or hybrid. One GSR reported the difficulty their group was having in executing a hybrid format. Another group voted to require masks. This prompted an interesting discussion about Accessibilities and our Intergroup's online meeting schedule, as well as the Meeting Finder app. As I've mentioned before, San Francisco has not had an active Access Committee in over 5 years. Last year there was some attempts to revitalize it and unfortunately the interim Chair stepped down. One of our outgoing GSRs showed interest in stepping up to chair the SF Access Committee, so it was a fruitful sharing session overall! Planning continues for SF Unity Day, to be held as a hybrid event on October 8, 2022, from 10:00am-2:30pm at the First Unitarian Universalist Church at O'Farrell Street and Geary.

**DISTRICT 07 (ALAMEDA NORTH) – CLAUDIA G:** At our two district meetings since the last ACM, we had six new GSRs. We had our Delegate present her Conference report in July, and an Area Officer present their journey through general service in August. In preparation for elections for Panel 73 for our district in October/November, we have started presentations by officers on various job descriptions. We haven't had a Registrar in a while but one of our officers has kindly agreed to backfill some pending GSR registrations. We have also started two new phone lists, one for GSRs and the other for service sponsors. Our Accessibilities committee chair presented inventory questions for GSRs to get consciences from their groups.

**DISTRICT 70 (ALAMEDA SOUTH) – FRANK C:** In July a motion was passed to allow for an adjustable mileage reimbursement for District Officers, allowing for 70% of the IRS deduction rather than the previously fixed amount. In preparation for our district elections at in November we heard job descriptions and experiences from our Newsletter and our Accessibilities chairs. We will continue with presentations up until our election meeting. A presentation was shared by our re-opening ad-hoc committee chair. Greg provided a detailed report on what it will take for us to re-open with the hybrid option. Included was a list of equipment, estimated cost, and what the tech host position might entail.

**DISTRICT 08 (CONTRA COSTA) – LESLIE W:** We approved the Tech committee chair position and voted in our current district member performing this function. He also created the descriptions for the three new committee slots. All district job descriptions will be completed at our September. Our Special Events chair, Michelle M. will be presenting three idea options for the district to choose from for this Unity day event to have the district decide if it should be in person, virtual, or hybrid. District officers will be presenting a motion for the purchase of the additional laptops, virus protection, and cords needed to support the hybrid meeting. This will replace the personal computer equipment currently being used.

**DISTRICT 09 (SOLANO SOUTH) – ERIN B:** We were grateful to pass a housekeeping motion last month to support the travel of a GSR to the Summer Assembly.

**DISTRICT 90 (SOLANO NORTH) – BILL H:** Much fun was had at the Summer Assembly, including a truck load of assembly supplies handed off for the next assembly, which is the Election Assembly that we will be hosting on November 5. Our Delegate's Report Unity Day was attended by 26 people. We

are talking about our excess funds and where to disburse them and asking how we might use them to serve our district.

**DISTRICT 10 (MARIN) – JACQUELINE P:** We are working on establishing a Communications committee and chair that will facilitate our hybrid meeting and upcoming Marin District 10 website. Please join us for fellowship, food, good coffee and fun Monday, September 19 at 7:30pm in downtown San Rafael. We hosted the first trial run of the "Pop-up" bookstore before and after the district's business meeting with the San Francisco-Marin Intergroup (IFAA). Central Office received \$200 in pre-orders, which were picked up by members from Marin groups and we hope that the word will continue to spread that literature is available without shipping fees or travel across the Golden Gate Bridge. We are very grateful to the member from the San Francisco fellowship who stepped up to do service, bring the literature across the bridge, and run the store. Our Accessibility committee has six devices available to those who need them to access virtual meetings. The committee is also working on a handout listing terms to be avoided when discussing disabilities. There are many upcoming events in Marin County; please visit [www.aamarin.org](http://www.aamarin.org) for flyers and more info.

**DISTRICT 11 (NAPA) – ELISABETH B:** We continue to meet virtually and this month we heard updates from our Hybrid Ad Hoc committee, which is continuing to look for an appropriate in-person venue and has not yet purchased the equipment to go hybrid. Our Bridging the Gap chair and PI/CPC committee will participate in the health fair coming up in September to honor 'Recovery Month' and are happy to share literature with professionals who will attend. In preparation for our virtual elections on November 12, district officers are sharing information about their positions and responsibilities. At our service manual study, held the third Sunday of each month at 6pm, we learned about the appendices. There was much interest and discussion about area motions, and we learned more about the CNCA Motions Book and its role in supporting our area business. The next district service manual study will be September 18.

**DISTRICT 12 (SONOMA) – JAMES B:** Our district is doing well and learning all about improving hybrid each time. We are hosting a bilingual writing workshop in conjunction with District 18 on September 10 in Santa Rosa. This is related to both new editions of the Big Book. It will include a speaker panel and potluck with tamales. We are preparing for the upcoming elections for the district by doing job descriptions and working on how to run hybrid elections.

**DISTRICT 13 (LAKE) – HECTOR M:** Lake County AA is still going strong and one of our most popular events, Soberfest, took place this month with approximately 130 people attending the Saturday night dinner. All cabins were filled and lots of tents with members camping over the weekend on Cobb Mountain's Pine Grove Resort. There were two speakers from San Francisco on Saturday and Sunday. Coming up on October 8 is our annual Unity Day, our largest event featuring our Delegate as main speaker and two 10-minute speakers on this year's theme, "AA Comes of Age 2.0". In addition, there will be a lunch provided by our own District 13 professional chef, Di-

# CNCA BUDGET VS ACTUAL - JANUARY—JULY 2022

## California Northern Coastal Area

Budget vs. Actuals: 2022 Budget - FY22 P&L

January - July, 2022

	ACTUAL	TOTAL BUDGET	% OF BUDGET
<b>Revenue</b>			
002 Group Contributions	55,874.58	47,000.00	118.88 %
003 District Contributions	23,760.76	11,083.35	214.38 %
004 Assembly Contributions	2,420.20	4,750.00	50.95 %
005 Tradition 7, Area Comm.	2,084.66	1,910.40	109.12 %
008 Personal/Misc Contributions	2,459.45	2,158.31	113.95 %
010 Interest Income	4.77	2.87	166.20 %
<b>Total Revenue</b>	<b>\$86,604.42</b>	<b>\$66,904.93</b>	<b>129.44 %</b>
<b>GROSS PROFIT</b>	<b>\$86,604.42</b>	<b>\$66,904.93</b>	<b>129.44 %</b>
<b>Expenditures</b>			
<b>020 EXPENSE</b>			
021 Delegate Expense	8,258.79	6,472.50	127.60 %
050 Officer Expense	12,241.19	24,729.01	49.50 %
130 Committee Expenses	17,412.73	20,033.23	86.92 %
300 General Expenses	60,355.17	35,040.65	172.24 %
<b>Total 020 EXPENSE</b>	<b>98,267.88</b>	<b>86,275.39</b>	<b>113.90 %</b>
<b>Total Expenditures</b>	<b>\$98,267.88</b>	<b>\$86,275.39</b>	<b>113.90 %</b>
<b>NET OPERATING REVENUE</b>	<b>\$ -11,663.46</b>	<b>\$ -19,370.46</b>	<b>60.21 %</b>
<b>NET REVENUE</b>	<b>\$ -11,663.46</b>	<b>\$ -19,370.46</b>	<b>60.21 %</b>

# CNCA STATEMENT OF FINANCIAL POSITION—JULY 31, 2022

## California Northern Coastal Area Statement of Financial Position

As of July 31, 2022

	<u>Total</u>
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Bank Accounts</b>	
Operating Funds - Checking	57,973.10
Prudent Reserve - Savings	13,000.19
<b>Total Bank Accounts</b>	<b>\$ 70,973.29</b>
<b>Other Current Assets</b>	
Undeposited Funds	268.87
<b>Total Other Current Assets</b>	<b>\$ 268.87</b>
<b>Total Current Assets</b>	<b>\$ 71,242.16</b>
<b>TOTAL ASSETS</b>	<b>\$ 71,242.16</b>
<b>LIABILITIES AND EQUITY</b>	
<b>Liabilities</b>	
<b>Total Liabilities</b>	
<b>Equity</b>	
Operating Funds ~ Adjusted	71,765.62
Prudent Reserve ~ Savings	11,140.00
Net Revenue	-11,663.46
<b>Total Equity</b>	<b>\$ 71,242.16</b>
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$ 71,242.16</b>

## AREA COMMITTEE MINUTES-AUGUST 27, 2022 Cont'd

ane S., so we expect a fine culinary experience as usual along with our 50/50 raffle and customary 24-hr Big Book award.

**DISTRICT 14 (MENDOCINO) – MICHAEL Q:** We didn't discuss too much at our district meeting this month, as we hosted our annual Delegate Report and ice cream social. We will be talking about job descriptions and the revival of a literature Agenda Topic to produce a 12&12&12. Our district has been busy with events: Father Tom was a great success as usual and is already locked in for next year, July 22-23. 'Back to our Roots' speaker meeting in Ukiah has been running the 4<sup>th</sup> Saturday of each month. Next month will be 'Day in the Park', an all-day event. MENDYPAA has had two very successful events- 'One Disc at a Time' in Ukiah and 'Burning Desires 4.0' in Fort Bragg were both very well attended. First annual MENDYPAA campout is scheduled from September 30 to October 2 at Caspar Beach Campground near Fort Bragg. Our websites have all our events: [www.mendocinocoastaa.com](http://www.mendocinocoastaa.com) and [www.aaukiah.org](http://www.aaukiah.org).

**DISTRICT 15 (HUMBOLDT/DEL NORTE) – JERRY C:** We have a campout in Del Norte County coming up. Also, we are excited about the 'Sobriety by the Sea' roundup. The event will be hybrid and you can learn more and register at [www.sobrietybythesea.com](http://www.sobrietybythesea.com).

**DISTRICT 16 (SPANISH CENTRAL) – FERMIN R:** Our anniversary was a success, and we are grateful to all for their service and participation. We are happy and excited about the 3<sup>rd</sup> Hispanic forum on October 30. We had a great time at the Summer Assembly. We continue working with groups to encourage more GSRs. We look forward to the Regional Forum in Utah.

**DISTRICT 17 (SPANISH SOUTH) – JOSE L:** District 17 had its Service Manual study session, sub district 001, and sub district 002 meetings early in the month. We visited two groups without GSRs. At our regular district meeting we discussed and passed a motion to support our DCMs with \$50.00 per month. BTG committee is having a meeting every Saturday at Pathways transition home at 8:00pm, and at Nueva Vida recovery home every Thursday at 7:30pm. They are bilingual meetings, and everyone is welcome. We discussed business to buy a new air conditioning system and will continue to gather more information for more discussion. We agreed to depart on September 15 at 7:00pm from San Jose to attend the Regional Forum in Utah. About 19 members are listed to attend including nine GSRs and five members not involved in General Service at the moment, but hopefully they will after living the experience. The Service Manual study group is to have a Spanish Big Book 4<sup>th</sup> Edition writing workshop along with District 17 and sub district 004 from District 40 on September 28 at San Jose Alano club located at 1122 Fair Avenue, San Jose, CA 95112 from 11:00am to 4:00pm.

**DISTRICT 18 (SPANISH NORTH) – RODRIGO Z:** Each month we visit groups that have no GSR to motivate them about General Service. Thank you to everyone who made the District 18 29<sup>th</sup> anniversary a great success. We have already scheduled our elections for October 19, and we have invited District 12 to support us in conducting the meeting in a transparent manner. We thank you in advance.

**DISTRICT 19 (SPANISH SOUTH SOUTH) – NO REPORT:**

**DISTRICT 20 (SPANISH EAST) – JAVIER L:** We are having a writing workshop to work on story submissions for the 4<sup>th</sup> Edition of the *Alcoholicos Anonimos* and we are discussing having a safety workshop. We welcomed two new GSRs and an alternate. Congratulations to District 19 for a fabulous assembly. Looking forward to the Regional Forum!

### Area Standing & Sub-Committees, Sharing Sessions, and Liaison Reports

**ACCESSIBILITIES – CLAUDIA G:** At our last meeting we continued our discussion on how to make ASL a reality in CNCA. We have reached out to a State agency that provides interpreters. We continue to communicate with intergroups to help them know what to do when a deaf alcoholic is looking for a meeting. We will discuss funding for interpreters with intergroups as well. There is funding available for ASL interpretation of the Delegate's Conference Report, but that money has not been used recently. People have said that no deaf alcoholics have shown up, but do they think there is nothing available? How do we get word out while attracting rather than promoting? We have also discussed the need for Asian language meetings. It is important to be sure that people know how to start their own meeting, that intergroups and districts are happy to welcome them.

**ARCHIVES – PAUL W:** The Panel 71 Archives team will present later today the revised CNCA Archives Guidelines for approval. We would like to thank Interpretation and Translation for the quick turnaround. We took a small display to the Summer Assembly, and it generated a lot of interest. Our new Archivist for District 05 was there, and we had a chance to discuss to get acquainted. We are purchasing a new laptop for Archives, since the old one is no longer viable. We could not use it to establish a Zoom session here in Petaluma in July. Finally, our workday on October 8 has been extended to an all-day event. This is to do a deeper cleaning and organizing. We also plan to have a Michele Mirza from New York give a presentation on the AA National Archives via Zoom. If you are interested in helping with the cleanup and seeing the presentation, please let me know.

**BRIDGING THE GAP – GEORGE X:** Our August committee meeting provided a nice break from the many district motions we've had over the last six months, allowing us ample time to hear from our district chairs. Sharing sessions help unify our committee, demonstrating that although districts vary in committee size, our mission remains the same. Hearing success stories inspires and motivates us. But listening to obstacles and barriers in the service we provide, followed by discussion, suggestions, and solutions helps us the most. This past month, our districts have made 31 presentations at treatment and/or correctional facilities and gratefully received 171 contact requests. Our P.O. Box has had an increase in activity with seven letters received, one of which came from Las Vegas. Later you'll hear a housekeeping motion from the BTG committee, requesting budgeted funding for a committee member to attend a BTG highlight event. The Bridging the Gap Workshop Weekend is an annual event for those who serve or are interested in learning more about Bridging the Gap. This year it will be held



## AREA COMMITTEE MINUTES-AUGUST 27, 2022 Cont'd

in San Diego, CA and is planned for in-person attendance. The workshop is a BTG best practices sharing session, a loving discussion of ideas, and a brain drain of what works and what doesn't. Attendees will hear from panelists on topics such as Treatment, Corrections, PI/CPC, and more.

**FINANCE – JOANN L:** We reviewed the Statement of Financial Position, Budget versus Actuals and June expenses. We also looked at the financial impact of the motions on the CNCA Area Committee Meeting agenda for today. We will have our last 7<sup>th</sup> Tradition Workshop for the panel from on November 12 on Zoom. It will be on the topic 'How to talk to the AA groups about money.' We have a housekeeping motion to present today requesting simultaneous interpretation.

**PI/CPC – ERIC L:** This month, we focused on outreach to the medical community. Next month, we will be discussing working with parole and probation departments, and in October, another special guest, Class A Trustee Nancy McCarthy, will join us to discuss how we can effectively work within the corrections and legal system.

**TECHNOLOGY – NICK S:** The Tech committee needs help! We need three new members: two members available to be in person at the ACM monthly (just four more ACMs this panel). No skills required, just a willingness to learn and be of service. Also, we need one member available to be our Microsoft Administrator. No skills required, just a willingness to learn and be of service, but if you happen to have any experience with Microsoft products or Microsoft administration that could be helpful. Everything needed can be learned.

**WEBSITE – MEGAN M:** The Web committee has an old motion in the Motions Book from August 2016 to send, annually, a Web committee member to the NAATW, the National Alcoholics Anonymous Technology Workshop. What is required is for the Web committee to ask yearly, as a housekeeping motion, for the funds to send this member. These funds are in our budget already. As a formality we will be asking by housekeeping motion today that the ACM approve to send our committee member to Seattle, WA on September 9-11.

**INTERPRETATION AND TRANSLATION – CATHY P:** The committee is seeking best options for wireless transmitters and visiting other Areas to evaluate their equipment. We presented our 2023 budget to the Finance committee. I&T members are reviewing and updating individual job descriptions to reflect current hybrid activities and accessibilities. We meet the second Thursday at 7:00pm on Zoom and all are welcome.

**PRAASA 2024 – TEDDY B-W:** We had a site visit at the SF Marriott last Thursday and everyone was excited to see the venue and envision how it will serve to make the event memorable. The 2024 Steering Committee also met last Thursday evening and we welcomed our AI-Anon siblings to the fold. Something that we have been considering is how to apply our right of decision with respect to any online aspect of the event and after careful consideration and much consultation we believe that that sort of decision exceeds the authority of the host committee and should be referred to the next highest authority, that is to say, PRAASA as a whole—via its business meeting. So, if you would like to see PRAASA 2024 online in some fashion I am available to act as a clearing house to connect you with

others who feel as you do so that you can think about the best way forward.

**CNCA COMMENTS / COMENTARIOS – DENNIS H:** The committee apologizes for the late delivery of the *Comentarios* in July. This was caused by human error and hopefully will not happen again. The good news is that this month both the *Comments* and *Comentarios* were delivered well before the ACM. With the passage of the motion to default to digital delivery of the newsletters, we should see changes in the number of items mailed each month. This will take time, but it may begin to have an impact by the beginning of the next panel.

**DCM SHARING SESSION – CHASE C:** The meeting was attended by two members new to the ACM. To open the meeting, we heard the Area Chair job description by Miguel H. Next month Eric L. will present on the Alternate Delegate position. We heard a presentation with PowerPoint by Megan M. on the topic 'Connecting the Dots- What General Service does to carry the message to the suffering alcoholic.'

**LITERATURE/GRAPEVINE/LA VIÑA SHARING SESSION – MIGUEL H:** Today's sharing session we heard a report back about the experience at the 26<sup>th</sup> La Vina Anniversary in as Vegas, NV in July.

**H & I – KAREN B:** Our next General Committee Meeting is October 9, 2022. We will be voting on the 2023 budget, proposed restructure of our committee and various changes to our policy manual. An election for a Finance committee member will be held. This will be a Zoom Meeting and the log in info can be found on our website [www.handinorcal.org](http://www.handinorcal.org). If you are interested in our committee, please plan to attend. Any holder of an H&I commitment is allowed to vote at General Committee Meetings. Thank you for your contributions that help H&I carry the message and for letting me be of service.

**HISPANIC WOMEN'S WORKSHOP – ELBA S:** We met and discussed some final details for the 7<sup>th</sup> Hispanic Women's Workshop that will take place on December 3 in San Diego, CA. We have raised the topic about whether men can attend the event as observers and each participating area will share their conscience. Today we discussed the budget for the workshop liaisons.

**LA VIÑA ANNIVERSARY – CRISPIN P:** This year's anniversary that took place in Las Vegas, NV in July was attended by approximately 500 people, with 78 members from CNCA 06. 1,918 gift subscriptions were raised by the event and 60% of them were sent to GSO to support Bridging the Gap and the Carry the Message Project. Next year the event is planned to take place in Area 58 Oregon; the hotel has been selected.

**HISPANIC FORUM – FREDDIE V:** We are preparing to host the 3<sup>rd</sup> Hispanic Forum , which will be held October 30 in South San Francisco. We continue to visit groups to inform them of the event and motivate members to attend.

### AREA BUSINESS

**Presentation of Coffee Bid:** District 20 presented a coffee service commitment for the monthly Area Committee Meeting for the remainder of Panel 71

No objections. <<Coffee bid Approved>>

## AREA COMMITTEE MINUTES-AUGUST 27, 2022 Cont'd

### Presentation of Archives Committee Guidelines: *Presented by the Archives committee*

*Presentation:* The last time the guidelines have been revised and updated was in 1988. In short, the revisions you see here today are the addition of the clause for the adding/removing of committee officers, the adding and removal of some positions, particularly with verbiage as it pertains to tech, our mission statement, and reintroducing the clause that all committee officers may serve for two panels.

No questions or objections. ***Due to late notice of sending the revisions out to Area Committee members, guidelines will be presented again for approval next month.***

### Housekeeping Motion:

- That CNCA fund one website committee member to attend the National AA Technology Workshop to be held September 9 - 11, 2022, in Seattle, Washington as already budgeted and at a cost not to exceed \$1,200.00. - *Presented by the Web committee*

*Questions:* **Q.** Isn't there a virtual option to attend? It is a technology workshop after all. **A.** We believe this deserves an in-person presence. This workshop addresses a lot of website content and not just tech.

No objections. <<**Housekeeping Motion Passed**>>

### Housekeeping Motion:

- That CNCA fund simultaneous interpretation for the online finance workshop to be held on November 12, 2022, not to exceed \$150. - *Presented by the Finance committee*

No objections. <<**Housekeeping Motion Passed**>>

### Housekeeping Motion:

- That CNCA fund one member of the Bridging the Gap committee to attend the National Bridging the Gap Workshop Weekend in San Diego, CA from September 30 to October 02, 2022, at a cost not to exceed \$1,350. - *Presented by the Bridging the Gap committee*

No objections. <<**Housekeeping Motion Passed**>>

### Housekeeping Motion:

- That CNCA fund one member of the Archives committee to attend the 25<sup>th</sup> National Alcoholics Anonymous Archives Workshop to be held Little Rock, Arkansas September 22-25 as already budgeted and at a cost not to exceed \$1,300. - *Presented by the Archives committee*

No objections. <<**Housekeeping Motion Passed**>>

### Housekeeping Motion:

- That CNCA reimburse the purchased of a HP ProBook laptop in replacement of old device not to exceed \$1,058.22. - *Presented by the Archives committee*

*Presentation:* The laptop was estimated to be 8-10 years old and outdated enough that we were not able to use it to get on Zoom last month. Then on top of that, I drove over it with my

car at the Summer Assembly. I apologize for that, and also for buying the product prior to presenting and passing the motion to get reimbursed.

*Questions:* **Q.** Was a protection plan added? **A.** No. It comes with a one-year warranty. **Q.** Did you purchase an external hard drive to the data can get backed up? **A.** We are already backed up. **Q.** Did you consider backing it up to the Cloud? The data should be in more than one place. **A.** We are already backed up into the Cloud.

No objections. <<**Housekeeping Motion Passed**>>

### Presentation: Public Information Public Service Announcement videos with full-face actors

*Presentation:* Several years back CNCA proposed an agenda topic to have video Public Service Announcements produced by AAWS featuring full-faced actors. At that time, we had seen examples of such videos produced by other countries such as Australia. That motion passed with substantial unanimity at our area and went on to become an agenda topic that became an Advisory Action. Since we had a hand in this process, I thought it would be great if we watched the videos together and talked about it.

*Discussion:* I think the Zoom party and showing the isolation of the woman afterward was clever. Are these available in Spanish and French too? (Answer is yes). // I was very moved by these. Hands down. // I was waiting in advance to pass judgement. The imagery of the brick wall was amazing. I think it passed with flying colors. Good job. // I think the second one with the Zoom party was too topical. Those were very two years ago and not relevant to now. The execution in the simplicity of the first one sold me. // I like the first one and especially the sound of the bricks was chilling. The second one was stupid. // I related to both- they show the isolation and loneliness. I agree the second one was too timely. // I didn't care for either one. There was too much attention to the pictures and not about the drinking. // I related to the first one. The second was too generational. // They were both great. Virtual happy hours are still a thing. The visuals were powerful. Well done with the bricks. BTG uses the video "Hope" often and the disclaimer of the use of actors has received feedback that because of that the videos may not be taken as seriously. I know we have to add that but wonders how much of the time. // I have always not liked the idea of using actors. Both feel like just any other commercial to me and I thought they were cheesy. I love the animated PSA "Doors". The YPAA videos have so much heart. // I like the first one that was positive and upbeat. The second one really showed the pain and anguish. Very impactful. // I appreciate how we've come full circle. I liked both. It reminded me of that gut level insanity, the manifestation of the disease and what it felt like. // I liked both. The Zoom party grabbed my attention. I felt that woman's suffering. And then the shared experience of finding a Zoom AA meeting. // I liked the first one. I think the second one glorified drinking. // I liked number two better. Considering how relatively far back in tech AA is in general, it's refreshing to see the Zoom content. Many people right now found their bottom and got sober during the pandemic. Remember, these

## AREA COMMITTEE MINUTES-AUGUST 27, 2022 Cont'd

are not for us; we are sober. // Even if the acting is corny, the second one touched me. Partying on Zoom is still relevant, and the reactions of the other drinkers to the one woman who over did it was poignant. I felt the connection. // There were too many men on the first one. I relate to the one with the women. That can be the woman who drank at home because they are caregiving or raising children or running a home business. // I got tearful; it was well built up/ I remember how lonely I was in drinking. They brought back that feeling of hopelessness. We need to have an open mind and see the big picture. Could someone else relate to the despair? // I like a rough, firm message. I think these need work; they are not convincing. The Zoom meeting was good; it's not going away. // The first one needs more people to point out how alone they are behind the wall being built up. The Zoom party was a good example of our current age. // Before Zoom there was Skype and I used that to connect with my family and friends and we did a lot of drinking. I have totally been that woman. I have a relative in Paraguay that I would love to see get this message. // I liked both; they were good messages. I wonder if the second one won't be interesting when we are not in the pandemic anymore. // I like both. I remember when I was drinking anything was possible and I wouldn't know what would come next. Good message.

### **Discussion Topic:**

**Feedback on Hybrid Ad Hoc Report on hybrid assemblies**

*Discussion:* I'm grateful to the people who put in the time to get us here. It is a segue period, and we continue to improve. We've gained a lot of knowledge. // When we are at the in-person assemblies and someone has a question about what is going on or confused about the procedure, they can lean over to someone at their table and ask. It would be good to provide that kind of help for the online attendees, and different than the tech help. // I keep hearing that people are still having trouble with the interpretation, but we haven't heard exactly what the trouble is. We may benefit from exploring the cost of some kind of sound-proof booth. But remember that it is not perfect. I've been listening to our simultaneous interpretation for thirteen years. Sometimes there is a buzz. Sometimes we have to live with the imperfections. I am happy we have the ability to hear each other. // I think we are doing really good and making great strides. To make the online participation more equitable, maybe we could have the Zoom meeting not be terminated so quickly. // I am appreciative of the work put in, but I still experience aspects not working so well. I was at the last assembly, and I could not hear the interpretation in the room. And I could not connect to a particular workshop which is the reason I went. We need more. // I attended the assembly, and it was well done. I love the hybrid. Since many of us like to use several devices, we need more charging stations and cables available. // Remember that with hybrid we have a moving target which is Zoom. There are constant security updates we need to keep up with. Also recently, now you can't log into a Zoom meeting unless you have an account yourself, so please be aware.

### **What's On Your Mind?**

We have a single car key here that was dropped on the floor.

Lost and found. // During the job description this morning I really wanted to thank Miguel for his service. // Speaking from the perspective of online attendance, I think it has been smooth and I appreciate the hybrid experience. // Let's all appreciate that this is a global program and that different is not wrong. If you go to a meeting and expect things to run a certain way and you have a suggestion on how it could be better, you might not interrupt what they are doing to tell them they are doing it wrong. // In my district there is a low-level buzz going around about the idea of a virtual district, so I want to keep that discussion on our agenda here. There are two known virtual districts in the U.S. now and I have acquired a PowerPoint that can be shared. Email me if you're interested in checking it out. // I think we are being short-sighted with our housekeeping motions. If these were items already budgeted, then why are we just hearing them today when the events in question are next month? If someone had objected, it would be a big scramble. // In my professional life I deal with a lot of data and how to present it. Receiving the registration data from our assemblies with the comparisons of district attendance makes me wonder if it is really good for our unity. I'm not saying it's right or wrong. // I rewatched the PSAs with the sound and appreciate them more than I did the first time. I like the representation seen in the first one. Also, I would like to piggyback on the comment about district numbers. // Wonderful job, I think we are in unity. I have concerns about the idea of a virtual district; I think it can enhance the feeling of us/ them. // I would like to see the budget for what the Tech committee intends to spend next year. // In talking about virtual districts, we have many hybrid groups in District 20. It gives testimony that people get sober on a virtual platform. I think a GSR of a virtual district should attend meetings in person though. // I would like to invite you to the Finance workshop in November. It will help groups and districts with budgets. // We might need to add more tables for our district! We were sitting at other districts tables.

*The meeting was closed at 3:27pm with the Responsibility Declaration.*

Respectfully submitted,

Amy

Panel 71 CNCA Recording Secretary

# SUMMER ASSEMBLY—AUGUST 20, 2022

The Summer Assembly business meeting of CNCA was held at the Lutheran Church of the Good Shepherd on August 20, 2022, with members attending in person and virtually. Assembly orientation was presented by Julio F. Miguel H. opened the meeting at 9:10am, followed by the Serenity Prayer. The AA Preamble was read by Jeff (District 12). Dave (District 40) read the Twelve Traditions in English, and Juan (District 09) read the Twelve Traditions in Spanish. There were seven past Delegates present: Diane O. (Panel 35), Bob D. (Panel 36, Area 28), Barbara M. (Panel 41), Nancy H. (Panel 49), David N. (Panel 59), and Joann L. (Panel 67), and Teddy B.-W. (Panel 69). Past Area Officers present were Magdaleno O., Michael Q., and Ray W. There was one past Trustee present, David N. The Post-Conference Assembly minutes were accepted as published in the CNCA *Comments* and *Comentarios*.

**Attendance: 242**

## Officer Reports

**DELEGATE – JENNIFER B:** Registration is open at aa.org for the Pacific Regional Forum, September 16-18 in Salt Lake City, Utah. Please do register in advance (there is no cost) as it helps with planning, especially for interpretation needs. The forum flyer is also available in the Meeting Guide app. Another item of interest in the Meeting Guide app, which I hope you all have on your smartphones, is the 2025 International Convention Member Engagement Survey. You can also find it under the What's New tab at www.aa.org. Your survey responses will be helpful for the event planning, especially in these Covid-uncertain times. Please do take a minute to complete that. Still to come, maybe towards the end of the year, we will see another survey related to the International Convention. This one will be about the closing prayers at the Big Meetings. The Summer issue of Box 459 is out, and in addition to a lot of great articles, there is a request for freelance Spanish and French translators. If you know anyone qualified, please encourage them to send in their resume. In addition to hiring more freelance translators, GSO is hiring staff translators and a Translations Project Manager. And the trustees and office are actively looking at ways to reduce the volume of agenda topic background information. This is all working toward getting Conference information into all three languages simultaneously and in a timely manner, as well as increased need for translation year-round. I received confirmation from the Conference coordinator that all three of the potential agenda items I submitted on behalf of our Area have been forwarded to the trustees' Literature committee for possible inclusion on the 2023 Conference agenda. We will know more after the October board weekend. As a reminder, the deadline for potential agenda item submissions is September 15. The form is available on our area website.

I have received the first report from our new regional trustee, Reilly K. You will get to meet her at our Election Assembly on November 5. Her report of the July Board weekend is being translated and I will be sending that out as soon as I have it in both languages. It has updated financial information and much more. One interesting tidbit: An order for jacketed (with the "dust cover") English-language, 4<sup>th</sup> Edition Big Books is cur-

rently in process and scheduled to ship August through October. The next round of printing, starting in November, will have a new jacketless format. This is where the cover design is printed directly on the cover board. This paper-over-board, jacketless formatting will help reduce backorders, streamline turnaround time, help to better navigate supply-chain disruptions, and reduce delivery times as well as expense (the cost of goods sold has increased three-fold during the pandemic). So, it will get the books out to the Fellowship in a more timely and cost-effective manner. The next print run for the hardcover "Twelve and Twelve" in English and French-language editions later this year will receive this same jacketless format. Finally, thank you for all your wonderful questions and feedback as I have given my delegate Conference report nineteen times, with four left to go. It has been an adventure each time... in person, on Zoom, or in a hybrid format. If you have any questions about anything, at any time, please don't hesitate to contact me. This is my last assembly report. When next we meet at the Fall Election Assembly, I will be acting as your chairperson for the day while we conduct the elections for your Panel 73 Delegate and Area Officers.

**ALTERNATE DELEGATE – ERIC L:** We will probably not bid to host the 2035 International Convention because of challenges finding an appropriate facility with enough nearby hotel space. Our Area's PI/CPC committee is working with Northern California's H&I committee to ensure cooperation between these 9<sup>th</sup> Tradition service entities. And we are preparing to conduct the AA Membership survey soon.

**CHAIR – MIGUEL H:** I've sent out the assembly agenda with the roundtables listed and we have printed copies at the registration table. I personally can't wait to hear from all the great presenters, members from all over CNCA. It will be our first time having roundtables with different options to access and participate; our Tech committee came pretty far to make this possible. This will be the last assembly that I'll be serving as Area Chair, and the last assembly that standing and sub-committee Chairs and Area Officers will be giving reports as Panel 71 trusted servants. Today we will get to vote at least on one item, but we have a full agenda including three items of Old Business. But we don't stop there- save the date for the next assembly. It will be our Elections Assembly planned for November 5 and hosted by District 90, Solano North. The spirit of rotation is on lots of people's minds and souls and for a good reason. Service at assemblies has been one of my biggest spiritual challenges; shutting my mouth and opening my ears allows me to grow from the love of all the work everyone does. Thank you for allowing me to serve you and thank you for everything you do for AA.

**TREASURER – CHITRA S:** CNCA has a new address! Please send all contributions and correspondence to:

California Northern Coastal Area  
1390 N. McDowell Blvd  
Suite G - 339  
Petaluma, CA 94954

Actual Contributions, Jan-July 2022: \$86,604.42 and we budgeted \$47,000. Actual Expenses, Jan-July 2022: \$98,267.88 and we budgeted Jan-July \$86,275.39, however this does include our \$15,000 distribution to the General Service Board approved last month. As of today, our Checking account has \$64,578.39 and we have our Prudent Reserve of \$13,000.19 in

## SUMMER ASSEMBLY—AUGUST 20, 2022 Cont'd.

the Savings account (1/12 of this year's budget, one month's operating expenses).

**REGISTRAR – CLAUDIA N:** You may have noticed we are using the QR codes again for registration in English and Spanish. For convenient access, fliers are on the registration table as well as the tables inside. Simply point your camera at the QR code to bring up an AirTable link, which you can then click. If you're online, a link to register will be posted in Chat at various times throughout the day. There are members to help at the registration table if needed. We still have all the fun things to decorate your name badges with as well. Please do register as it's important for us to get an idea of how many members are here in person and online and how to better prepare for future assemblies. Speaking of registration, I want to take a minute to remind you how important it is to have accurate information for your group, your GSR, and other service commitments. To quote a letter from GSO that the Registrars received, "The main reason for our existence as a Fellowship is to carry the message of recovery through our Twelfth Step. Our organization operates through elected leaders, trusted servants, special workers, and the principle of the group conscience. To do this effectively, consistently, and precisely we need accurate data." By keeping your group updated, these GSRs act as a two-way channel for information and shared experience. Not to mention the Membership Survey that is currently being conducted. If we can't find you, we can't participate. Please be sure to register with your District Registrar so we can continue to "participate" in this life-giving organization.

**RECORDING SECRETARY – AMY M:** When we began this panel my hair was very short. Not only has my hair grown a lot but since entering this position, I have expanded and grown spiritually, mentally, and emotionally. I believe our area has grown as well. We have learned a lot- from our external conditions and from each other- sometimes in unity and sometimes in differing opinions but that is growth if we remain committed to sticking in this together. It's been an honor to serve as your recording secretary. I have scribed thousands of your words and hundreds of your group consciences and thoughts from our discussions about our motions and sharing "what's on your mind". I have been able to listen like I have no opinion, as I was taught to do general service. I've heard your praises for how we have gotten things right, and also some of your grievances on what we can do better. I'm excited about the roundtable discussions today as we dig deeper into this great big learning experience. A note to our committee Chairs- it is your responsibility to submit to me a year-end report for inclusion in the Motions Book. I will be reaching out to you individually about this, but in the meantime please start thinking about how you would like to recap your committee's activities for the last couple years. It is important to have this information as part of our history of our area.

**ASSEMBLY COORDINATOR – DREW B:** I have deep gratitude for everyone who contributed to this assembly. This is our first hybrid Summer Assembly which I hope that you will enjoy today. You will soon see the calendar for all of the Area Committee Meetings and assemblies for Panel 73. Most notably the 2023 Pre-Conference Assembly will be on April 1-2, 2023, and the Post-Conference Assembly will be May 20, 2023. Our final assembly of the panel will be our Election Assembly with help from our partner area CNIA on November 5 in Vacaville. More infor-

mation on the Fall Assembly and procedures for Area Officer elections will be provided when we get closer.

**LITERATURE/GRAPEVINE/LA VIÑA – RICHARD W:** In a letter by John D. Rockefeller, Jr. dated February 27, 1940, he wrote, "This is truly an extraordinary movement. One of the things that interests me most about it is that help comes to the helpless drunkard only in proportion as he tries to help another in need. After all, that principal is fundamental in life but how few of us, even if we recognize it, practice it." I read this quote because we have the opportunity to be more effective in carrying our message by submitting stories. All we have is our stories. There is a story solicitation for AA members who got sober later in life to update the pamphlet 'AA for the Older Alcoholic'. The deadline for submission is September 23, 2022. Do not forget to announce that story submissions for the 5<sup>th</sup> Edition of *Alcoholics Anonymous* and the pamphlet 'AA for the Black and African American Alcoholic' are due October 31. The 4<sup>th</sup> Edition stories for Spanish-language Big Book are due by December 15. The book *Our Great Responsibility* is now available on eBook! In Grapevine and La Viña news: There is new material now available to download- "This Month's Serenity Prayer" you can find these under the rep resources on both [www.aagrapevine.org](http://www.aagrapevine.org) and [www.aalaviña.org](http://www.aalaviña.org). There is a new La Viña book coming soon called 'Sobriedad Emocional' that will be available at the Grapevine and La Viña online bookstore beginning September 20. Also happening soon is the Grapevine and La Viña Instagram Photo Contest. You will be able to send in your most striking photographs. Please be sure to support the 2022 Carry the Message project, the YouTube channel, the podcast, the audio project and you and/or your group can subscribe to the magazines and Instagram pages.

### Area Standing Committees and Sub-Committees

**ACCESSIBILITIES – DAN M:** At our last meeting we continued our discussion on how to make ASL a reality in CNCA. We have reached out to a State agency that provides interpreters. We continue to communicate with intergroups to help them know what to do when a deaf alcoholic is looking for a meeting. We will discuss funding for interpreters with intergroups as well. There is funding available for ASL interpretation of the Delegate's Conference Report, but that money has not been used recently. People have said that no deaf alcoholics have shown up, but do they think there is nothing available? How do we get word out while attracting rather than promoting? We have also discussed the need for Asian-language meetings. It is important to be sure that people know how to start their own meeting and that intergroups and districts are happy to welcome them.

**ARCHIVES – PAUL W:** The Panel 71 Archives team has continued work on updating the "Suggested Guidelines for the CNCA Archives Committee and CNCA District Archivists". During review we discovered that we needed a provision in the Guidelines detailing committee meeting attendance requirements. Our workday on August the 13 was very enjoyable. First, we had a great discussion regarding using WhatsApp to communicate with members who rely on cell phone text messages instead of email. Our goal is to use email and WhatsApp to communicate with our Area 06 friends and team members. We also handed out some 32 GB flash drives. These can be used to gather district information to be loaded into our local repository. Some

## SUMMER ASSEMBLY—AUGUST 20, 2022 Cont'd.

people worked on cleaning up the mess in the records room and others gathered materials for an Archives display at the Summer Assembly. Finally, our October 8 workday has been extended to an all-day event. This is to do a deeper cleaning and organizing. We also plan to have a Michele Mirza from New York give a presentation on the AA National Archives.

**BRIDGING THE GAP – GEORGE X:** What happens after rehab? What happens after incarceration? How do you move forward when the only thing you have to change is everything? Completing a rehabilitation program, whether in-patient or out-patient is a major accomplishment worth celebrating, but without the use of alcohol or drugs. Despite the recent sobriety attained through rehab, staying sober is a lifelong process. The same holds true for those released from jail or prison. Abstinence from alcohol and drugs may have been achieved while serving time, and that's a start. But you're often returning to the same community, with the same co-workers, family and friends who continue a lifestyle of drinking and drug use. That puts us in a vulnerable position. Assuming a stint in a treatment program can fix all your problems vastly underestimates the gravity of what one's going through and the life changes that need to be made. Bridging the Gap is a temporary contact program thru Alcoholics Anonymous to help alcoholics leaving a correctional or treatment facility become acquainted with AA and attend AA meetings in their hometown, after their release. Through July, 2022 of Panel 71, our district BTG Committees have made 449 presentations at treatment facilities, hospitals, institutions, and health fairs. Our Facility Presenters and guest speakers have suited up and showed up, on-time and on-point, whether it be in-person, or virtually via Zoom. I thank you for your service! And because of their efforts, we've received 1,854 contact requests. I also want to acknowledge our Temporary Contact Volunteers who accompany the newcomer to AA meetings and place them into the loving arms of our fellowship.

**FINANCE – JOANN L:** From time to time, you may see one of us taking money out of the 7<sup>th</sup> Tradition baskets. That is ok. That is also part of our job. But our primary job is the assist the CNCA Treasurer, monitor expenditures and prepare the budget for next year. The Finance committee has officially started the process of planning the 2023 budget. We have been in touch with the standing committees and sub-committees and have received worksheets from these committees about what they think their next year's expenditure should be. The 2023 Budget will be presented for approval at the November Area Committee meeting. Throughout this year the Finance committee has given several workshops on 'how to talk to the AA groups about money'. Our last workshop for this panel will be November 12 from 10:00am-12:00pm. It will be online, and interpretation will be available. Flyers will be posted to the website. Speaking of flyers, we have handout to take back to your groups and your districts about the change of address for California Northern Coastal Area 06. Those flyers are located at our table, please come by and get one so you can let your treasurer know. Our correct address is also located on our website. We have reviewed the motions on today's agenda for financial impact on the Area's finances. Today there is only one. The motion to distribute the Area newsletters electronically could potentially lower our yearly budget if passed. The current budgeted amount

for 2022 to print and mail our *CNCA Comments* and *Comentarios* is \$10,116.

**PI/CPC – ERIC L:** Your PI/CPC committee continues to discuss important ways to inform the public and professionals about how AA works and how it can help. We have discussed using technology in our PI/CPC work, how we budget, and we have been inviting Class A trustees to speak about how to effectively communicate with professionals in the medical field and in the legal/corrections system.

**TECHNOLOGY – NICK S:** The Tech committee needs help! We need at least three new members. We need two members available to be in person at the ACM monthly. Just five more ACMs this panel. No skills are required, just a willingness to learn and be of service. We also need one member available to be our Microsoft Administrator. Again, no real skills required, but if you happen to have any experience with Microsoft product or Microsoft administration that would be a major bonus! Since our last assembly the Tech committee has hit a major milestone thanks to our Hybrid Ad Hoc committee. We are now in charge of running the in-person and online portion of ACMs and assemblies. Last month we passed our first motion to get four laptops and equipment to allow us to be fully self-supporting in this area and meet our technological needs.

**WEBSITE – MEGAN M:** The Web committee continues to make updates to the [cnca06.org](http://cnca06.org) website in a consistent and prompt manner. We continue to build a library of Pass-It-Ons about the technical duties the next Web committee will need to provide for a seamless transition at the end of this panel. Currently, we are discussing how to build a space for the submission of upcoming district events. We will be asking as a housekeeping measure to send one of our committee members to the yearly NAATW (National Alcoholics Anonymous Technology Workshop) at a cost not to exceed \$1,500. This year it's in Seattle on September 9-11.

**INTERPRETATION AND TRANSLATION – MAGDALENO O:** First, thanks to our professional interpreters and to the other interpreters who will be in our different workshops. Thank you to District 12 (Sonoma) for lending us their interpretation and translation equipment for today's assembly. Please speak slowly so that the interpreters can interpret. Our I&T meeting is open to all members of the community, should anyone be interested in joining our monthly committee meeting. We meet the second Thursday of the month at 7:00pm by Zoom.

**PRAASA 2024 – TEDDY B-W:** What is PRAASA? It's the Pacific Region Alcoholics Anonymous Service Assembly. A weekend conference for 1,500 service nerds! Each of the fifteen areas of the Pacific Region hosts PRAASA on a rotational schedule and it is our turn in 2024. We have signed the contract with the San Francisco Marriott Marquis, which will be venue for the event March 1-3, 2024, and we have a logo! The work has begun, and we have over 70 volunteers signed up, so far, to work on the various committees. If you would like to volunteer to serve on one of the committees for PRAASA 2024 please send me an email. We had a site visit at the SF Marriott last Thursday and everyone was excited to see the venue and envision how it will serve to make the event memorable. The 2024 Steering Committee also met last Thursday evening and we welcomed our Al-Anon siblings to the fold. Something that we have been considering is how to apply our right of decision with respect to any

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online aspect of the event and after careful consideration and much consultation we believe that that sort of decision exceeds the authority of the host committee and should be referred to the next highest authority, that is to say, PRAASA as a whole—via its business meeting. So, if you would like to see PRAASA 2024 online in some fashion I am available to act as a clearing house to connect you with others who feel as you do so that you can think about the best way forward.

### Area Business Old Business

That the trustees' Literature committee consider deleting or changing the following wording in the book *Living Sober*: "Better to be chubby or pleasingly plump than drunk, right? Did you ever hear of anyone being arrested for 'fat driving'?", which is located in Chapter 9 titled 'Eating or Drinking Something- Usual-ly, Sweet' on page 23 of the 2019 printing.

- Presented by District 90 at the Area Committee Meeting 7/24/21

**Discussion: [Group consciences]-** We agree to changing or removing it. Some feel it is offensive, dismissive, and the statement doesn't serve any purpose by being there. // Our group feels the whole chapter is not helpful, and the whole book could be updated. Some feel the book is not useful. // We formed a steering committee just for this motion and we are unanimous that it should be removed or revised. It is insensitive to people who suffer from eating disorders and is fat shaming. // We unanimously support this change. It is a flippant remark for a delicate health issue and could encourage destructive behavior. // I am delivering the group conscience for two groups. One feels it should be left as is, especially since it is without a proposed alternative. The other group agree with the change; that the language is offensive. // In general, the comment does not take food addiction seriously and is harmful and shameful. To substitute with sugar is questionable advice at that. // We are against the change. Through the Steps we learn how to clean house. The motion was created out of fear and resentment. The minority opinion feels it is worth considering if it is not too costly. But we are not an editorial board. // We think it is not necessary. It is just providing an example. // We think it is not necessary. It is not meant to offend. // We support the change. If it helps a suffering alcoholic, then it is primary purpose. The whole book should be looked at. // We unanimously are against any literature revisions. If we want to change every little thing that might offend us it will create a chain reaction. It will change our program. We can get over it if we have a sponsor and a Big Book. // We are against any changes. We can all be patient and tolerant regardless of if we agree with everything we see. The minority opinion feels it does not send a good message to newcomers and this book is bullshit. // The group conscience from our women's meeting feels it is not offensive. // The majority feels it is not necessary to change it. It is not offensive. The minority opinions feels that it is offensive and makes people feel

bad about being overweight. // The majority of our group is in favor of the change; the comment is not good for self-esteem. // Our group is split on this. Some want to leave it as is and others would like to see something less offensive. // Our group was split, and we are also having two factions going on. The Zoom meetings from our group want to change or eliminate the sentence. The in-person meetings are against any changes. // We are against the change. It is not so serious and there are bigger fish to fry. // The majority are in favor of a change to something less offensive. Some feel it is hurtful and also that the book is useless. The minority opinion wants no change. // Keep it as is; it just speaks the truth. // We are unanimously in favor. // We are unanimous in wishing to remove it. It is offensive and not attractive. // It is fine as it is. Do not change it. // We are in favor of the change. // People in my group are generally frustrated with the process. We feel to change just this part is a gross waste of time. The book's text is not sacred and an audit on the entire book is needed. It's meant to be a helpful little book and suggesting changes like this is not born out of fear or resentment. It is outside advice. **[Personal opinions]-** I have a good friend who attends a 12-Step fellowship for food addicts, and they use the AA literature; many of them start out in AA. It turns out many people use food they way they drank, such as hiding, feeling shame and remorse, etc. This comment is dismissive and makes a joke of something serious. Some don't feel at home in AA, and we wouldn't want to have anybody turn back to alcohol. // It is offensive, and we are supposed to practice love and tolerance. I believe it expresses an opinion of an outside issue. // Sometimes being right is a killer. It is easy to say keep what worked for me. Let's remember we don't want to be the last one standing. I think of a chilling story of an old timer shutting off the lights for the last time saying, "Well, at least we kept the program true to how it started!" I think we should change it. // It is outdated, and it is bad info. This is often the first book handed to newcomers. // I shared this idea and the sentence from the book with some of my non-AA friends and it is agreed that it is just a ridiculous statement. We need to consider the view from people who are not in AA looking into our program and literature. // I've been chubby since I was born, and if you want to say I'm chubby or use the word fat, I am not offended. Let's keep it. // I am not in favor of the change. Once we change something more will continue. I am open to other opinions that aren't mine though. If it gets changed, I'll just make sure to read a previous printing. // We can't possibly remove all things that may be deemed offensive. Let's remember that for many the word God was offensive. // I think it gives advice on outside issue. // I love this book and when I first read that statement in 1986, I laughed. But now it is 2022 and it matters for the people bringing this issue up. I think we should change it. // I am a food addict and former member of OA. Our common solution in AA is that we abstain from alcohol, but that is not possible with food. It is a constant struggle to know I need to abstain from this kind of food but not from this one. I have had all kinds of counseling and considered medication that would be controversial in AA. I am so glad I did not read this book when I was new in sobriety. // It is a chemical process to detox from alcohol and sweets have amino acids that break down similarly to alcohol. Some sugar can help calm anxiety; it is just suggesting an example in

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the process of staying away from the first drink. // It's just the *Living Sober* book; don't change it. // This was totally my book when I was new, and I was happy to have the suggestion to have a donut. Getting into the minutia of this book I can see how the revision request was inspired though. // I would have much preferred a ticket for being fat over the 43k my last ticket cost me and I would have preferred the 43k over the experience I had in jail. My friend just died of alcoholism and maybe he could have followed this advice instead and he'd be here today. I don't think it is offensive. // Everybody has to work on their own fears. If we all are working the principles, we can all get along whether we agree with all the writing or not. Or we will pay the price. We all have anxieties and can make our beginning to work on them. // I don't know why this is the first book some people get; it should be the Big Book. I used to be highly offended by everything, especially being called defective. But I was leveled and reached a bottom sufficient for surrender. Then it didn't matter anymore. I think this is a waste of time and resources and takes away from other things we could be doing. // Since our last assembly when we had the motion to reconsider, I have been able to give this some deeper thought. I don't think it is meant to target certain groups, but it makes a point that in the face of the serious disease of alcoholism, there are some other alternatives. // I got sober so why should it be an issue for me? But we are hearing from others, and we need to listen to them. The motion would not have been raised if this is not something they are affected by. // The wording is useless and counterproductive. The entire book needs an audit and if nothing else at least reconsider the whole chapter. // Please remember the book was not written by Bill W. It was written by an AA member named Barry L. in 1975. You know, a guy in AA. It's not the Big Book or the 12&12, and it's outdated. // I am prone to being oversensitive and I have a sponsor and I can work on it and learn to give it over. But it is not okay for me to determine that somebody else is oversensitive and tell them to get over it. We have heard specifically from the people it affects negatively; they say it is harmful. // I thought it was funny and not offensive. I wonder what wording would be used to help it sound better. I am aware though that Spanish is not always translated well from the English version. I am reading *Viviendo Sobrio* and the way it reads in Spanish does not sound so bad. // I am taken aback by how many personal opinions we hear at our assemblies. I carried the message from my group and put my personal opinion aside. I wouldn't be able to get away with this much personal opinion there, how are our assemblies differentiated? // I would like to remind everyone that I have experience serving as an AAWS director. This would not be an expensive endeavor. The editorial change would be to the digital file, and then on the next printing it would be incorporated. We'd sell through the existing inventory first. It would not be time consuming or expensive, so please don't let money be a deciding factor. // I'm looking at the time and it is doubtful we will hear group consciences on all the motions today and that is too bad; my group has consciences on other motions.

*The Assembly was asked if they were ready to vote, and members were ready to vote. Substantial unanimity (2/3) was required for the motion to pass.*

**Vote: Yes (78) / No (46) / Abstain (8)**

**Minority opinion was heard at the last assembly. Motion <<<FAILED>>>**

### Old Business

That CNCA distribute the Area newsletters (*Comments / Comentarios*) electronically unless requested by mail. - Presented by District 06 at the Area Committee Meeting 7/24/21

**Discussion: [Group consciences]-** Our district is in favor. It will reduce cost and be better for the environment. Also, it will be more accessible to read because the font is so small in print. I'm looking at the time and it is doubtful we will hear group consciences on all the motions today and that is too bad. // We are unanimous; it would be prudent in cost. // We do not agree. GSRs need to have this pass around and many people in our groups won't access it in email. // 90% of the group prefers to receive it online, and 80% think the print should be discontinued altogether. // We think paper should stop being sent unless requested. // We agree with this motion. // The majority of the group wants print. // We feel we should use the available tech that is here. // Many people don't know about the newsletter so they may never see it electronically. **[Personal opinions]-** Many hours are spent putting it together it is hard to keep track of GSRs when they move. They are archived on the website, and they are not widely read. // I am happy to receive it in the mail. Our district can print copies and hand out at groups that have no GSR. It's important to receive them on paper. // They can still be received by mail if preferred via communication with your District Registrar. // Each time I receive them by mail I get saddened by the cost. The font is so tiny. I would rather have it readable than by mail. // I am on the Finance committee, and we budgeted \$10k. the last time we sent them for a full year the cost was \$9,400. It is such a process and we have so many sent back. Last month we had over a hundred returned. It sometimes overfills our PO Box so one of us has to return to South San Francisco during business hours to retrieve them. It has become a problem. // Years ago when we discussed this, I was opposed, but now I am in favor. We are changing the opportunity to receive them by mail if that is what you want; we are changing the default method of delivery. Being able to search and read online is great. We can keep up to date records, so if you want to receive by mail then by all means request so. I do think we need a higher tech way of conducting our digital delivery though. // This creates a technological divide. There would still be a requirement to be online to say what your preference is. People will get left behind. Cost is not an issue for us; let's work on cleaning up the labels. // They are hard to read and hard copy is not useful. // Leave it to AA to have a debate about 'opt in/opt out'. Registrars struggle. Nothing is getting taken away. // It is simple. If you want a hard copy, you can get it by requesting it, otherwise it will default to email delivery. The decision is to make email the default option. // I am in favor as long as people without the tech can still get them. // I am holding here in my hands just a small amount of the returned newsletter. Help the Area Registrar do their job better by letting me know if your information changes. I spend a lot of time calling and texting people when I get these returns. // I'm offering an outside view since I just moved here from another area on the East Coast. It took me a little while to realize what you all were talking about. We are not at all accustomed to mailing them out and receiving them online works very well. // We need to start a new mailing list; it is as simple as that.



## SUMMER ASSEMBLY—AUGUST 20, 2022 Cont'd.

*The Assembly was asked if they were ready to vote, and members were ready to vote. Substantial unanimity (2/3) was required for the motion to pass.*

**Vote: Yes (126) / No (4) / Abstain (5)**

**Minority opinion:** I voted against this not because I think it is a bad idea. But I worry about there being a division of the tech side and the non-tech side. **There was no motion to reconsider. Motion <<<PASSED>>>**

### What's On Your Mind?

Sonoma County is having a writing workshop on September 10 at the church on Steele Ln. We will be working on story submissions for the 4<sup>th</sup> Edition Spanish Big Book and the 5<sup>th</sup> Edition in English. // Thank you for the great assembly and please return any radios borrowed. Thank you. // I enjoy General Service so much. It's a new language and to learn how to conduct group consciences is exciting and refreshing. // We have a flyer now for the 7<sup>th</sup> Annual Hispanic Women's Workshop! It will be in San Diego on December 3. Ask me for more details. // Thank you everybody! We had 242 total registered: 143 in person and 96 on Zoom. 95 GSRs! // I'd like to invite you all to our service manual study on Sundays at 7:00-8:00pm. We are arranging a writing workshop for story submissions for the 4<sup>th</sup> Edition of the Spanish Big Book. Two of the members attending are members with stories in the 3<sup>rd</sup> Edition. // MBAR in the Monterey Bay Area Roundup and it is at the Monterey Conference Center on Sep-

tember 2-4. There is a Zoom event on 9/2, and 9/3-4 are in person. Visit [www.MBAR2022.com](http://www.MBAR2022.com) for more info. // Looking forward to seeing all of you at the Fall Election Assembly in Vacaville on November 5! We are having a pre-assembly dinner on Friday, November 4 and our guest speaker will be our Pacific Region Trustee, Reilly. // This is CRUZYPAA, and we thank you for allowing us to be of service. It was lovely and we are excited for opportunities to bridge the gap between General Service and YPAA. // This is your Treasurer and we budgeted \$2,575 for this assembly and came in under budget at \$2,420. We brought in \$553 in 7<sup>th</sup> Tradition. // You are invited to District 18's anniversary tomorrow in Sebastopol. // I want to give gratitude for Lupe who is the DCMC for District 19 who hosted this assembly. With the change in facility location and change of date, they rolled with it so well. What a huge time commitment. Also, I want to acknowledge Amy who has been taking all our minutes; this is her last assembly taking minutes! And especially to Miguel who guided us back from the pandemic. You are the Chair who took us hybrid. Thank you so much! // This is my last assembly as Area Chair! Thank you to all the Area Officers and committee chairs.

*The assembly was closed at 4:25pm with the Responsibility Declaration.*

Submitted with Love and Gratitude,  
Amy Menendez

## AREA OFFICERS JOB DESCRIPTION

### Area Chair Job Description

#### **Prior to the Area Committee Meeting**

- Create Agenda for meeting/Send to translation/review by officers.
- Create Agenda for Officer meeting/update Area Officers visit sheet.
- Begin preparing script for the Area Committee meeting.
- Make copies of Agenda for ACM and Officers Meeting
- Create District visit report
- Write report for ACM if needed.
- Prepare personal notes, share with Tech committee

#### **Day of ACM**

- Arrive early enough to set up podium and all devices as needed,
- Attend assigned committee meeting
- Finds readers for ACM –Preamble, Tradition, Concept.
- Run ACM. Clean up afterwards.
- Set up for officers meeting.

- Run officers meeting.

#### **After ACM**

- Write Chairs Preview/Update Motion page and Calendar
- Follow through on assigned actions
- Coordinate with CNCA Comments/Comentarios Editor/ give final OK to publish.

#### **Area Assembly**

- Create the Agenda/Send to translations
- Create Chairs agenda
- Arrive at site and set up podium and lost and found/Help as needed with Setup.
- Find reader and timers
- Run the Assembly

#### **Duties as Assigned**

- Co-ordinate Agenda Summaries
- District Visits 3- 4 each month.

About 20 -25 hour a month on Chairs duties, 20- 25 hours a month on District Visits and travel

CALIFORNIA NORTHERN COASTAL AREA 06  
OF ALCOHOLICS ANONYMOUS  
PRESENTS:

# **ELECTION ASSEMBLY**

**Saturday November 5, 2022**

Ulatis Community Center  
1000 Ulatis Dr, Vacaville, CA 95687

[Zoom ID: 892-6443-0517](https://zoom.us/j/89264430517)

Registration: 8:00 – 9:00 A.M.

Orientation: 9:00 - 9:30 A.M.

**What Makes an AA Leader?**

**The Third Legacy Procedure**

**Area Officer Qualifications**

Area Officer Elections: 9:30am - 12:00pm

Pacific Regional Trustee Report

Lunch: 12:00-1:00 P.M.

Area Officer Elections (continued) 1:00 - 5:00 P.M.

What's On Your Mind? 5:00-5:30 P.M

Other Reports and Sharing Will Occur Throughout the Day

**BRING YOUR FM RADIO FOR SIMULTANEOUS INTERPRETATION  
AND ASSISTED LISTENING**

# 2022 CNCA CALENDAR—PANEL 71

## 2022

- September** 16—18 Pacific Regional Forum, Salt Lake City, Utah  
24—Area Committee Mtg
- October** 22—Area Committee Mtg
- November** 05— Election Assembly  
26—Area Committee Mtg
- December** 17—Area Committee Mtg  
(Note: 3<sup>rd</sup> Sat)

### **PANEL 71 ASSEMBLIES**

#### **Fall Election Assembly,**

Nov. 5

Ulatis Community Center  
1000 Ulatis Dr., Vacaville  
District 90

If your District is considering making a bid for a Panel 73 Assembly, please contact the Assembly Coordinator [Drew B.](#)

### **CHANGE OF ADDRESS!**

**For**

**California Northern Coastal Area**

**Please send all correspondence and contributions to:**

California Northern Coastal Area 06  
1390 N. McDowell Blvd  
Suite G – 339  
Petaluma CA 94954

## PANEL 71 AREA OFFICERS & AREA MEETING INFORMATION

**Delegate**  
Jennifer B.

**Assembly Coordinator**  
Drew B.

**NorCal H&I Committee**  
PO Box 192490  
San Francisco, CA 94119-2490  
www.handinorcal.org

**Alternate Delegate**  
Eric L.

**Literature/Grapevine/La Viña**  
Richard W.

**Contributions to General Service Board:**

**Chair**  
Miguel H.

**Pacific Regional Trustee**  
Reilly K.  
**CNCA**  
1390 N. McDowell Blvd  
Suite G – 339  
Petaluma CA 94954  
www.cnca06.org

General Service Office  
PO Box 2407  
James A Farley Station  
New York, NY 10116-2407

**Treasurer**  
Chitra S.

**Registrar**  
Claudia N.

**All other Correspondence:**

General Service Office  
PO Box 459  
Grand Central Station  
New York, NY 10163  
212-870-3400  
www.aa.org

**Recording Secretary**  
Amy M.

### CNCA STANDING & SUB-COMMITTEES and SHARING SESSIONS

Zoom ID listed for virtual and hybrid meetings; in-person location is at the Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. For questions about meetings, including passwords, please contact committee chairs by going to <https://www.cnca06.org/contact-us/>.

**CNCA** committee meets the 4th Saturday at 12:30pm, *hybrid*. Zoom meeting ID: 632-553-607. Contact Miguel H. or your DCM or DCMC for password

**Accessibilities** committee meets *virtually* the 3rd Saturday at 11:00am, Zoom meeting ID: 818-2594-1066. Contact Dan M. for password

**Archives** committee meets *in person* the 4th Saturday at 10:00am. Contact Paul W. for meeting details. The Archives' mailing address is 185 Mayhew Way, Walnut Creek, CA 94597-2065.

**Bridging the Gap (BTG)** committee meets *virtually* the Thursday prior to the Area Committee Meeting at 7:00pm, Zoom meeting ID: 988-7891-7593. Contact George X. for password BTG mailing address is PO Box 750623, Petaluma, CA 94975-0623.

**DCM** sharing session meets the 4th Saturday at 11:00am, *hybrid*. Zoom meeting ID: 632- 553-607 Contact Drew B. for password.

**DCMC** sharing session meets the 4th Saturday at 10:00am, *hybrid*. Zoom meeting ID: 632-553-607 *Open to DCMCs and Alternate DCMCs only*. Contact Miguel H.

**Interpretation & Translation** committee meets *virtually* the 2nd Thursday at 7pm. Zoom meeting ID: 897 0815 0798 Contact Magdaleno O. for password

**Literature/Grapevine/La Viña** sharing session meets the 4th Saturday at 11:00am, *hybrid*. Zoom meeting ID: 824-9101-6140. Contact Richard W. for password.

**Public Information/ Cooperation with the Professional Community (PI/CPC)** committee meets *virtually* the 3rd Saturday at 9:00am, Zoom meeting ID: 568-947-843. Contact Eric L. for password

**Technology** committee meets *virtually* the 3rd Thursday at 8:00pm. Contact Nick S. for meeting details **Website** committee meets *virtually* the 3rd Saturday at 12:30pm, Zoom meeting ID: 337-574-6264. Contact Megan M. for password: