



CNCA COMMENTS



A.A. Confidential—January 2023

www.cnca06.org

California Northern Coastal Area of Alcoholics Anonymous

To know how to love someone, we have to understand them. To understand, we need to listen. Then the other person has an opportunity to open their heart.

- Thich Nhat Hahn

Welcome to Panel 73!

Our final ACM (Area Committee Meeting) in December 2022 began with an election of our Area Literature/Grapevine/La Vina Chair, facilitated by past delegate Doug G. Congratulations to Matthew E for being elected as an Area officer. Our Finance Committee's presentation of the 2023 budget passed with no objection, and Jennifer B was given a tear-jerking sendoff to find her seat on the Porch as a new past delegate.

Congratulations to our Panel 73 Standing Committees:

Finance: Javier L, David N, Leslie W, Russ A, and Area Treasurer Claudia N

Website: Cathy P, Jose P, Rosa R, Jeff D, and James B

Technology: Jacqueline P, Bill H, Dennis H, Vivian K, Andrew S, and Area Assembly Coordinator Jackie B

Interpretation & Translation: Jose L, Jose C, Jose F, Ben G, David H, Elena, and David R

We are still looking for a bid from a district for the CNCA Comments/Commentarios Newsletter.

An Area Ad Hoc Committee has been created to create procedures for our Area Newsletter Distribution. The members are Area Registrar Drew B, Dennis H, Tim D, and Jacqueline P.

Save the dates: Our first Area Committee Meeting is the third Saturday of January, 1/21/23. The Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) will be held in Los Angeles March 3rd-5th, 2023. Visit PRAASA.org to register and book hotel rooms. Our Pre Conference Assembly will be held in Richmond, CA April 1st&2nd for our delegate Eric to listen to the group consciences of our Area.

Take a moment to sit in the silence and connect with infinite possibility. Happy New Year!

It is an honor and a privilege to serve you.

Chitra S, Area Chair P73

In 2009, I walked into my first-ever AA meeting in a church in Sunnyvale. I can't quite remember all the feelings I had that day at noon – I was fresh out of a night in jail after several months of homelessness. But hope was not one of them. Terror, yes, but hope, no. I felt far too different to belong to AA. Too gay, too young, too broken, with too many traumas and too many sordid stories. Everyone in AA looked normal, nothing like what I imagined (though I don't quite know what I imagined, since I had never been and didn't really know what to expect). Convinced I would be kicked out of AA, I kept a low profile while trying to absorb what was going on around me. And I eventually found a piece of literature that saved my life.

I stole it (no one told me the pamphlets were free, so I stole it). And when I went home and read that pamphlet, published in the 1980s after long discussions about it at the General Service Conference that stretched nearly a decade, I felt like I had a right to be here and I could belong. Actions taken by GSRs, DCMs, and DCMCs while I was being born, learning to speak, and in kindergarten ended up saving my life in 2009. I will never meet many of those people, but I owe them a debt; I am now your servant and my goal for the next two years is to be of maximum service to my higher power and to you, my peers in Panel 73.

Our theme for Panel 73 is "A.A.'s Three Legacies – Our Common Solution." Your service to your groups and to your communities ensures that we keep all of AA informed and engaged in making decisions for our Fellowship so we can preserve our recovery, unity, and service. Now is a good time to prepare for what we call the Agenda Topics (which can be described as matters of policy and finance that affect all of AA, upon which your group may form a conscience (opinion)). We will find out what these topics are relatively soon – and you will share them with your group and let me know what they think at our Pre-Conference Assembly in April so I can represent our Area effectively at the General Service Conference.

Each of the 93 Area Delegates is assigned to a Conference committee; I will be serving on the Corrections committee, which focuses primarily on encouraging AA members to assume responsibility to carry the message to alcoholics who cannot, of their own free will, seek AA help. We review all aspects of service to AA groups in correctional facilities and make recommendations for changes or improvements. Serving on this committee means that our Area's voice will be amplified – somewhat – in those discussions, but we have a voice regarding all of the Agenda Topics.

I am so grateful and privileged that an alcoholic of my type has been asked to continue to serve AA in this capacity. I will never be able to repay the debt I owe AA for my life. I look forward to meeting with you and hearing all that you want to share with me.

Yours in service,
Eric L, Panel 73 Delegate

Looking for Something?

Chair's Preview—p.1

Delegate's Corner—p.2

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AREA COMMITTEE MINUTES—DECEMBER 17, 2022

The monthly committee meeting of CNCA was held using a hybrid format on December 17, 2022, with some members attending virtually and others attending at the Petaluma Community Center. Miguel H. opened the meeting at 12:30pm, followed by the Serenity Prayer. The AA Preamble was read by Lisa D. (District 70). Carina A. (District 40) read Tradition Twelve in Spanish and Kathleen G. (District 04) read Concept Twelve. We welcomed eight new GSRs and nineteen new DCMs. There were eleven past Delegates present: Diane O. (Panel 35), Bob D. (Panel 36, Area 28), Barbara M. (Panel 41), Jim M. (Panel 45), Doug G. (Panel 53), David N. (Panel 59), Ken M. (Panel 61), Padee M. (Panel 63), Raymundo L. (Panel 65), Joann L. (Panel 67), and Teddy B.-W. (Panel 69). The November minutes and the financial report were accepted as published in the *CNCA Comments* and *Comentarios*.

Birthdays: 285/13

Attendance: 13 online (not an accurate online attendance count), 75 in person (88 total); combined 51 voting, 37 non-voting

OFFICER REPORTS

DELEGATE – JENNIFER B: This is my last Area Committee Meeting report as your Panel 71 delegate and as an area officer! I had my last official district visit last night. Earlier in the month, I attended my last meeting with the Pacific Region Delegates (where we welcomed Eric and other Panel 73s). And I attended my last meeting of PDAB – the PRAASA Delegate Advisory Board. Eric will rotate into that as well, since we are an upcoming host area. Speaking of PRAASA, the website and registration are not yet ready for all of us, but as soon as we have the green light, I will let you know. Or Eric will. Our pass it on process is in full swing. Preliminary conference agenda topics are likely coming soon as well. It's all very exciting. I wanted to take the time today to acknowledge my fellow Panel 71 Area officers: Eric, Miguel, Chitra, Amy, Claudia, Drew, and Richard. All the officers I've had the pleasure of serving with over the past six years remain close to my heart, and all panels have their challenges, but this was certainly a unique experience. We survived! We even thrived. Thanks to all of you. I am excited for those rotating into Panel 73. Thank you to our standing and sub-committees. You have had unprecedented challenges too. Talk about A.A. in a time of change! Coming of Age 2.0! And being unified in love and service. It wasn't until I was area chair that I started to fully understand the work of all the area committees, and these past two years as delegate I have come to appreciate you even more. We need more people to step up at the area and in the districts to support this vital work. Thank you to everyone who keeps our newsletters produced, mailed and posted on the website. I know you will figure out new and better ways to keep that essential communication going as we transition to more and better digital distribution. Thank you to all the District chairs, DCMs, GSRs, and other trusted servants- for participating in the Conference process, hosting assemblies and sharing good information about what is going on in Alcoholics Anonymous with enthusiasm and a spirit of trust. I could not have done my service without you. We always want

more people to participate, of course. But meanwhile, you have been given the responsibility to carry out the business of Alcoholics Anonymous general service, and I know you will continue to serve with love and fresh ideas in Panel 73. Our interpreters and translators, liaisons from other entities, our hybrid helpers, people who see what needs to be done and just do it, in the spirit of service. You are all my heroes. And now we have coffee again! I love our CA Northern Coastal Area. I'm not going anywhere. I get to join the incredible legacy of our past delegates. I will continue to be available to all of you if you need me.

ALTERNATE DELEGATE – ERIC L: I will be serving on the Corrections committee at the General Service Conference in April. While we do not know all the topics we will be discussing, we will be reviewing the Corrections Kit and Workbook and proposals to add content on sponsorship of people in custody by outside members of the fellowship to existing AA literature.

CHAIR – MIGUEL H: Welcome to December's and the last Area Committee Meeting of Panel 71, my last ACM as Chair, and the beginning of a new phase and opportunity to bond and learn from each other from our Area. Please make a note, our January 2023 Area Committee Meeting will be held on January 21; the third Saturday of the month, due to a conflict of an event booked on the same day on this facility. Make sure mark it on your calendar and pass the word around especially because is the first meeting of the panel. Today is a very particular ACM- we will be electing our remaining Area Officer Position for the Panel 73 Lit/GV/LV Chair. Doug G., past CNCA Delegate and now serving on the General Service Board of Japan, will be facilitating the elections with help from past Delegates, David N. and Ken M.

TREASURER – CHITRA S: We currently have \$44,731.20 in our Checking account. Our Savings account, which is our prudent reserve (1/12 of this year's budget; one month's operating expenses), has \$13,000.64. November contributions totaled \$8,676.46 and we budgeted for \$9,915.03. November expenses were \$9,356.57 and we budgeted for \$18,712.06.

REGISTRAR – CLAUDIA N: We had a very well-attended Registrar Workshop on December 8, with current and incoming Registrars. I have sent the minutes out in English and Spanish. Since I started this commitment, we have taken the old database and created a new database to streamline the Registrar's work into AirTable. The Tech Committee worked on this transition for months! As a result, we have been able to streamline our registration process by the implementation of registration links and QR codes used at assemblies. We used these links at the beginning of the panel to create a survey and gather information to help us get a better idea of what the area needed. We used Zoom to plan workshops to communicate with the district Registrars and utilized live links from AirTable to share rosters. As you can see, we don't do anything alone. We all worked together to help grow this posi-

AREA COMMITTEE MINUTES—DECEMBER 17, 2022 Cont'd

tion into what it is today and to create a pathway to more possibilities tomorrow. If you haven't already, please pass on your Panel 73 positions to me ASAP so I can update our records. The more we can get in and done before the end of the year, the easier it will be on your next Registrar, Drew B.

RECORDING SECRETARY – AMY M: The Motions Book is a very important historical document that we hold as part of our permanent record in CNCA. Each panel the Recording Secretary is the custodian of it. I keep track of every item of business brought forward and I put them in order with a number system so people can refer to any motion that occurred between 1970 to present. 52 years of motions! In addition to the normal recording secretary tasks, I have embarked on a special project for this panel to update the index which has not been updated since 2011. With the help of a team behind the scenes, we took on this can of worms. I would like to thank Judy W., Carolyn M., Cathy P., Jackie B., Teddy B.-W., and Joann L. Together we put our brains together and revised and reorganized the headings and categories so motions may be easier to track down when referring to the index. We hope it will be more user friendly and easier on the eyes. If you are new to the Motions Book, it will still look like a giant mass of senseless numbers! But with a few minutes of tutorial with your service sponsor, it's easy to learn how to access it and you'll see what a vital tool it is. When I pass it on to the new Panel, we will be seeing for the first time the entire book, not just parts of it, in both English and Spanish.

ASSEMBLY COORDINATOR – DREW B: I am proud of us for the last two years and how far we have come. Look at what we put into reality! We created history.

LITERATURE/GRAPEVINE/LA VIÑA – RICHARD W: In the literature news there is an update on the printing delays with new projected dates for what is out of stock and a list of a lot of products that are now available. You can find the list on the 'What's New' tab on www.aa.org. Grapevine and La Viña have integrated the online stores for easier access and improved functionality. In YouTube news there is a new playlist called "Coming In". Be sure to have new representatives sign up to be a representative through the www.aagrapevine.org or www.aalavina.org websites. There is an exciting program that is launching which is going to be called the 2023 Carry the Message project! Through December 31, all orders placed through the Grapevine and La Viña websites will be shipped at no cost to the consumer. On January 1, 2023, there will be a \$2.49 price rise for the top 10 selling books, so now is the time to place your orders. All orders of \$500 or more qualify for a 20% price cut. The January Grapevine spotlight is on Spiritual awakenings. Articles for our yearly Prison Issue are due on January 15 and AA in the Military stories are due by February 15. The La Viña Spotlight is on Prayer and Meditation. In the forthcoming editions, you can submit articles for the March/April Annual Newcomer Issue and May/June Relapse issue. Both AA Grapevine and AA La Viña are always looking for stories on Steps and Traditions. Don't forget that we now offer eBooks

and gift certificates, both of which would make wonderful last-minute holiday presents for anyone on your list.

DISTRICT REPORTS

DISTRICT 01 (MONTEREY) – JESSICA A: No Report

DISTRICT 02 (SALINAS/SAN BENITO) – We continue to meet remotely only. We continue to try to get greater participation from GSRs in the District. We had District elections and have a DCMC for Panel 73. Thanks to our visiting Area officer for sharing their thoughts and experiences about General Service.

DISTRICT 03 (SANTA CRUZ) – MATT E: We have a full slate of officers to serve Panel 73 and we are in good hands. Congratulations to our new DCMC, Deb A.

DISTRICT 04 (SANTA CLARA NORTH) – LORI R: For our very last district meeting we easily passed the budget for 2023. The Communications Committee has been going forward with building our website. We had the opportunity to hear from our Alternate DCMC about the Pacific Regional Forum. Additionally, we had four speakers share from our district. It was really nice to hear of their experiences, how they got into general service as part of their sobriety, and thoughts for the future.

DISTRICT 40 (SANTA CLARA SOUTH) – BILL H: Our next meeting will be our first hybrid meeting. The tech folks have worked very hard to pull this together, with the purchasing of new equipment to conducting a dry run in the church hall where the meeting will be held. There will be minimal district business but instead be geared at dialing in the online experience as well as the live portions of the meeting.

DISTRICT 05 (SAN MATEO) SARAH B: Some of the trusted servants of the district met for an end-of-panel fellowship dinner last weekend. The menu and portions were huge, as was the commitment to service and recovery that came through in the jovial conversations at our table of service nerds. Our young people's committee PENYPAA coincidentally held their first event the same evening, a holiday PENY-potluck. Details about Christmas and New Year's alcahons are available in the December High Sobriety newsletter on our intergroup website www.aasanmateo.org.

DISTRICT 06 (SAN FRANCISCO) – JACKIE B: We updated our travel reimbursement guidelines and job descriptions as well as passed our 2023 budget. Currently we do not have an active GGPAA committee, but with ICYPAA taking place in San Francisco in September 2023, we hope that will encourage more participation.

DISTRICT 07 (ALAMEDA NORTH) – MANISH G: Our traditional annual potluck will be virtual, so we will see what a virtual potluck looks like. There will be a GSR Sharing Session at our virtual event.

DISTRICT 70 (ALAMEDA SOUTH) – FRANK C: At our November District 70 Meeting elections were held. We were able to get

AREA COMMITTEE MINUTES—DECEMBER 17, 2022 Cont'd

through all twenty-six positions but were only able to fill fifteen. Those filled include DCMC, Alt-DCMC, four of nine DCM positions, Recording Secretary, Treasurer, Registrar, Newsletter Chair, BTG Chair, Archivist, Valley Service Center Liaison, and GSR Sharing Session Chair. Thank you to all who made themselves available and congratulations to those who were chosen to serve. Congratulations to incoming DCMC, Eileen P.

DISTRICT 08 (CONTRA COSTA) – MEG B: All officer positions are filled, even the newly formed Tech Chair. Panel 71 worked hard to finalize our hybrid functions. We designed job descriptions to detail the duties for both in person and online and let the commitment holder decide how to do it. The new panel is ready to rock! We are so excited to welcome our new GSRs at the January district meeting. Our special events person has already secured a location for our Agenda Topics Workshop on February 4, 2023. We can't wait to get to work with our friends in District 20 for Pre-Conference Assembly party planning. See you all there April 1-2, 2023, in Richmond!

DISTRICT 09 (SOLANO SOUTH) – DONNA F: We really limped along this last panel, and we almost went dark. But we didn't! I look forward to giving a more detailed and prepared report next month.

DISTRICT 90 (SOLANO NORTH) – BILL H: It's with mixed emotions that I report as DCMC for the last time. Attending the ACM for the last four years has been a blessing. I've made many new friends here along our shared General Service journey. District 90 is in good hands as I hand the baton to the next panel. The Inter-District Workshop that is shared by Districts 09, 90, 11, and 13 will be on January 14, 2023, in Fairfield.

DISTRICT 10 (MARIN) – JACQUELINE P: We will continue with elections on Monday evening to fill the positions of Archives Chair and Treasurer. District 10 has a lot of movement and energy around our hybrid function and electronic communication. The District will vote on the creation of a new Technology Operations Chair and a new standing committee, the Technology Services & Information Committee. Our Ad Hoc Technology Committee has worked long and hard on crafting the guidelines and responsibilities for these new efforts and collaborated with the 2000 members of the AA Technology Workshop community and our sister districts who are on the same path. We are very grateful for our Ad Hoc Committee's thoughtful and loving attention. Marin Fellowship Intergroup (MFI) held a group inventory and has changed its name and function to Marin Fellowship. It voted to reform itself to a committee of the San Francisco-Marin Intergroup.

DISTRICT 11 (NAPA) – ELISABETH B: At our last business meeting of this panel, we were welcomed with great news about our www.aanapa.org website. The Tech/Web committee that shares responsibilities with Napa Valley Intergroup recently redesigned the website. It has a new look, and although it is still in the works, the new framework design is easier to navigate and helpful for anyone, anywhere who may have a problem with drinking...especially in the Napa Valley. District 11

continued elections, completing most of our panel for 2023-25. We will continue to announce at the group level that we will need a Recording Secretary. Our Subdistricts meet virtually at 9:00am prior to our 10:00am business meeting on the first Saturday of the month and we host a service manual study on the third Sunday of the month at 6:00pm.

DISTRICT 12 (SONOMA) – JAMES B: We have filled all of our positions. Thank you to everybody who has stepped up and shown up. General Service has been such a gift to my sobriety.

DISTRICT 13 (LAKE) – NO REPORT

DISTRICT 14 (MENDOCINO) – MICHAEL Q: We have several open positions, and we did not elect a DCMC or an Alternate. But we did fill two of our three DCM positions.

DISTRICT 15 (HUMBOLDT/DEL NORTE) – JERRY C: We had our elections and have open positions to fill, but we did elect a DCMC.

DISTRICT 16 (SPANISH CENTRAL) – PEDRO M: We had a dinner event to welcome the new Panel 73 committee.

DISTRICT 17 (SPANISH SOUTH) – JOSE L: The BTG committee is having an English meeting at the Salvation Army on 4th Street in San Jose every Wednesday from 7:00pm-8:00pm, a bilingual information meeting at Casa Vida Nueva in San Jose all Thursdays 7:00pm-8:30pm and at Pathway transition house all Saturdays from 8:00pm-9:30pm. I have the pleasure to announce the birth of a new group Fortaleza y Esperanza located at 13475 Quito Road in Saratoga. Also, at our business meeting we presented new business in regards of creating an Interpretation Committee to fulfill our district needs. Any guidance on how your districts have started an Interpretation Committee or service position will be greatly appreciated.

DISTRICT 18 (SPANISH NORTH) – JOSE C: We are waiting for the last meeting of the district and excited to deliver the service to all who stepped into their new service position. Thanks to the Area Officer who visited us at the November business meeting to share how to make use of the final report of the Conference.

DISTRICT 19 (SPANISH SOUTH SOUTH) – GUADELUPE O: We elected a new DCMC, Sara N. We do have several other positions yet to fill. I am grateful and have enjoyed the service this panel.

DISTRICT 20 (SPANISH EAST) – JAVIER L: We welcome Francisco Z. as our new DCMC. We are grateful for the people who have made themselves available for the next panel.

AREA STANDING & SUB-COMMITTEES, SHARING SESSIONS, AND LIAISON REPORTS

CNCA BUDGET VS ACTUAL - JANUARY—NOVEMBER 2022

California Northern Coastal Area

Budget vs. Actuals: 2022 Budget - FY22 P&L

January - November, 2022

	TOTAL		
	ACTUAL	BUDGET	% OF BUDGET
Revenue			
002 Group Contributions	87,754.76	70,000.00	125.36 %
003 District Contributions	25,459.06	17,416.67	146.18 %
004 Assembly Contributions	4,044.95	9,500.00	42.58 %
005 Tradition 7, Area Comm.	3,532.94	3,002.08	117.68 %
008 Personal/Misc Contributions	4,041.82	3,391.66	119.17 %
010 Interest Income	7.10	4.54	156.39 %
Total Revenue	\$124,840.63	\$103,314.95	120.84 %
GROSS PROFIT	\$124,840.63	\$103,314.95	120.84 %
Expenditures			
020 EXPENSE			
021 Delegate Expense	7,381.55	11,219.50	65.79 %
050 Officer Expense	20,845.94	39,883.32	52.27 %
130 Committee Expenses	30,400.10	36,327.07	83.68 %
300 General Expenses	96,586.13	58,837.83	164.16 %
Total 020 EXPENSE	155,213.72	146,267.72	106.12 %
Total Expenditures	\$155,213.72	\$146,267.72	106.12 %
NET OPERATING REVENUE	\$ -30,373.09	\$ -42,952.77	70.71 %
NET REVENUE	\$ -30,373.09	\$ -42,952.77	70.71 %

CNCA STATEMENT OF FINANCIAL POSITION—NOVEMBER 30, 2022

California Northern Coastal Area

Statement of Financial Position

As of November 30, 2022

	TOTAL
ASSETS	
Current Assets	
Bank Accounts	
Operating Funds - Checking	40,056.89
Prudent Reserve - Savings	13,000.64
Total Bank Accounts	\$53,057.53
Total Current Assets	\$53,057.53
TOTAL ASSETS	\$53,057.53
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Operating Funds ~ Adjusted	72,290.62
Prudent Reserve ~ Savings	11,140.00
Net Revenue	-30,373.09
Total Equity	\$53,057.53
TOTAL LIABILITIES AND EQUITY	\$53,057.53

AREA COMMITTEE MINUTES—DECEMBER 17, 2022 Cont'd

ACCESSIBILITIES – DAN M: Our last meeting of the panel was somewhat smaller than usual, in part because it was moved up a week because of the holidays. We did not have anyone make themselves available for Chair, Co-Chair, or Recording Secretary, although I do know of a volunteer ready to make herself available to be the next committee Chair in our January meeting. We reviewed the progress we've made, particularly in making Districts and Intergroups aware of the needs of the deaf alcoholic. Claudia G will continue visiting Intergroups in the coming months of the new panel. She also put together a document identifying "isms" to be overcome and listing some of the steps we've taken to address them. We are looking forward to a smooth transition to the new panel and feel we have identified avenues for future progress.

ARCHIVES – PAUL W: In Panel 71, we had three Archive Reps (Marin, Sonoma, and Contra Costa) out of fifteen English-speaking districts. Four out of five of the linguistic districts had Archive Reps. During this and all panels we have enjoyed working with the linguistic districts and have been working with them to get posters made for each of them. The new laptop purchased in October makes Zoom meetings possible, whether the meeting is in Petaluma or Pleasant Hill. With Zoom, we believe more people can participate who live remotely, without sacrificing a day driving, getting a hotel, submitting expenses, etc. All they need is an hour for the business meeting and up to five hours for the workday. We as an area need to pull together and maintain our history. This all starts with groups writing their own group histories, collecting them in one place and then transmitting them to the Archives in Pleasant Hill. It also requires the Archives team working with our fellow alcoholics to help build the history of the California Northern Coastal Area of Alcoholics Anonymous.

BRIDGING THE GAP – GEORGE X: Prior to the pandemic our Area06 BTG Committee would meet in-person in Petaluma the day of the ACM. Typically, the December BTG meeting was always a potluck holiday celebration. Since the Covid outbreak, we have been meeting virtually on Zoom and so the feast tradition has ended. Earlier this year, our committee passed a motion to continue meeting virtually at 7:00pm the Thursday prior to the ACM for Panel 73. The motion reads, "That CNCA06 Bridging the Gap will conduct its monthly business meetings virtually until this committee deems otherwise. Exceptions to online meetings when committee members will meet in person are annually in January at the ACM to provide New District Chair Orientation and distribute New District Chair Resource Kits, and in November for Group Inventory and Fall Election." I had a conversation with a past Panel 69 BTG District Chair who served on the Tech Committee this Panel 71. Over the years, I've had many conversations with him and others about the use of technology to help bring the Area BTG Committee into the digital age. Tools such as an AirTable database, Canva design tool, the Glide app, scannable QR codes and a dedicated Area06 BTG website will provide the much-needed resources to better equip our BTG District Chairs. I'm excited to announce that Gavin O will be added as a Technolo-

gist Officer to our BTG Committee! Since the last ACM, our districts have made 51 presentations at treatment and/or correctional facilities and we have received 119 contact requests.

FINANCE – JOANN L: We reviewed the Statement of Financial Position, Budget versus Actuals and November expenses. We also looked at the financial impact of the motions on the CNCA Area Committee meeting agenda for today. Another gentle reminder that our P.O. Box number for the Area has changed. The new address is listed in CNCA Comments. Please inform your District treasurers and Group treasurers. The budget for 2023 was presented last month and copies were sent out to all DCMCs and DCMs. We will welcome any questions or concerns with smiles on our faces. It has been our privilege and pleasure to serve you as your Finance Committee this Panel. We thank you from the bottom of our hearts for this opportunity.

PI/CPC – ERIC L: Today's accidental hybrid meeting focused on gratitude, what we have learned, and what we have yet to accomplish in our PI and CPC work. This committee has been a blessing to my sobriety.

TECHNOLOGY – LUISA S: Thank you to everyone who has stepped up to assist the Tech committee fulfill its obligation to the area to function as a hybrid meeting and be self-supporting.

WEBSITE – MEGAN M: At our last web committee meeting I think we were all a little sad that the panel is ending. All of us have spent the last two years working hard to keep the website informative, attractive, and accessible. Website technology has evolved and there is much more that the Panel 73 committee will be able to work with! A few of the present members will be staying on the committee, to further the website purpose and work perhaps with Archives and others in building a repository of accessible CNCA 06 information for all members. We are hoping that perhaps the next Web Committee will build an area for districts to share their AA events and workshops with the Area and others on the website. We encourage you to make yourself available for the Web Committee in the coming panel. I learned so much, not just about website tech, but about myself. Working with such brilliant friends has been a spiritual awakening in itself.

INTERPRETATION AND TRANSLATION – CATHY P: The I&T Committee is thrilled to announce the complete translation of the area Motions Book- all 350 pages now in both English and Spanish. You are invited to come join the I&T Committee for Panel 73. Submit your name today!

PRAASA 2024 – TEDDY B-W: We have signed the contract with the San Francisco Marriott Marquis, which will be the venue for the event March 1-3, 2024, and we have a logo! The work has begun, and we have over seventy volunteers signed up, so far, to work on the various committees. We will shortly be commencing work on the budget for the event. If you would like to volunteer to serve on one of the committees for PRAA-

AREA COMMITTEE MINUTES—DECEMBER 17, 2022 Cont'd

SA 2024 please send me an email. I have started attending the planning meetings for PRAASA 2023 which are usually on the last Saturday of the month at 3:00pm and often overlap with our ACM. The steering committee of officers and subcommittee co-chairs met just over a week ago and a housekeeping motion to purchase some button badges to distribute, mainly at PRAASA 2023, was objected to and will be on our agenda as New Business next month. Moving forward, the steering has decided to meet monthly.

CNCA COMMENTS / COMENTARIOS – DENNIS H: I want to thank everyone for allowing me to be of service over the last two years as your Comments and Comentarios Editor. It has been a great experience. Also, thanks to the members of my District 06 San Francisco and our Spanish sister District 16 for all their assistance. Unfortunately, as of today no district has bid for this commitment in Panel 73. If your district is contemplating bidding, please let any Area officer know. In January I have agreed to complete the newsletter one last time. However, we no longer have a way of printing the newsletter or distributing it via mail, so digital copies only will be provided. The January edition will be the last newsletter for the Area until a bid for the Comments and Comentarios is received.

DCM SHARING SESSION – NO REPORT

LITERATURE/GRAPEVINE/LA VIÑA SHARING SESSION – RICHARD W: The Literature, Grapevine, La Viña Sharing Session is held on the morning of the Area Committee Meeting at 11:00am. Today we had a special Pass-it-On focused meeting followed by a What's On Your Mind discussion. Some of the things that were mentioned were talk about coming out of the pandemic and watching the commitment come to life in person, the opportunities we to bring other members of groups and the district to the sharing session to gain a different sense of what General Service is about, and to look for additional ways to allow access for Grapevine and La Viña interaction at district and group meetings. Please tell your new district Literature, Grapevine, and La Viña representatives about the sharing session.

H & I – KAREN B: Our next General Committee Meeting will be held on January 28, 2023, at 11:00am on Zoom. The meeting ID is 872 5694 4554, and the password is: service. We welcome anyone who is interested in our committee to attend. If you are interested in H&I service, please attend your local Area Committee Meeting, or check out the Volunteer section on our website www.HandNorCal.org. Thank you for your contributions that help H&I carry the message.

HISPANIC WOMEN'S WORKSHOP – ELBA S: The welcome meeting on Friday night before the 7th Hispanic Women's Workshop in San Diego, CA had 85 women in attendance. December 3 was the day of the annual event and there were 170 women in person, and 40 women attending via Zoom. There was a panel of six speakers with various topics such as safety in AA, carrying the message in the digital age, and service and recovery

in the family. We had round table sharing sessions pertaining to problems and solutions Hispanic women in AA face today. Next year's workshop was awarded to Los Angeles, but the decision was made to pass it to Sacramento because it has never taken place there and the Hispanic women in Area 07 could use the support.

LA VIÑA ANNIVERSARY – SERGIO S: The 27th La Viña anniversary will be held in Wilsonville, OR on July 21-23, 2023, at the South Portland Holiday Inn. Hotel costs are \$169 for two beds and \$139 for one bed. Registration is \$25. The logo and theme were selected and now the flyers are ready to distribute. The next planning committee meeting will be in Santa Monica, CA on December 18, and the Guidelines Committee will be on January 14 in Salem, OR.

AREA BUSINESS

ELECTION: Literature/Grapevine/ La Viña Chair – Facilitated by Doug G.

A Third Legacy election was conducted to elect the CNCA Literature/Grapevine/La Viña Chair because we ran out of time at the Election Assembly on November 5, 2022.

Matt E. was elected after four ballots were cast and his name was drawn from Ray W.'s hat.

PRESENTATION: CNCA 2023 Budget – Presented by the Finance Committee

Presentation: We presented the budget last month and answered questions and stand ready to answer more of your questions.

No questions or objections. <<<Budget Approved>>>

HOUSEKEEPING MOTION:

- That the CNCA purchase a transmitter for the use of the Interpretation & Translation Committee not to exceed the amount of \$150. – *Presented by the I&T Committee*

Presentation: The original motion was presented for \$100, but it was adjusted to allow for tax, shipping, etc.

Questions: Q. What is the manufacturer and model number? **A.** I will look it up and find out. **Q.** Is this replacement equipment or a new technology. **A.** We already use them. Two were purchased to replace the ones that died, and we need one more. **Q.** What do these do? **A.** Transmitters are used specifically for in-person interpretation, and it broadcasts the FM station we are tuned to.

No objections. <<<Housekeeping Motion Passed>>>

The Chair passed on the magic wand that is customarily passed

AREA COMMITTEE MINUTES—DECEMBER 17, 2022 Cont'd

from one Chair to the next. Miguel H. presented it to Chitra S., CNCA Panel 73 Chair, and she conducted the 'What's On Your Mind?' portion of the meeting.

WHAT'S ON YOUR MIND?

That magic wand came from my granddaughter on her first birthday, and she is now 10. It is magic, and you can wave it and make people 'wrap it up. This group is very well-trained. // I would like to reiterate my thoughts about having a two-day Election Assembly and have a business meeting at that assembly. If possible, I'd like to bring this forward as a discussion topic. // When I gave my district report I forgot to congratulate Eileen P. as the District 70 DCMC for next panel. // I'd like to give thanks to Panel 71 and to the Finance Committee. I'll continue to raise my hand and be available. // I want to thank my higher power and for the opportunity to serve on the I&T Committee. If you borrowed a radio, please remember to return it. They are good radios! I could be all the way in the bathroom and still hear the meeting. // Thank you for all your patience and understanding with the Tech Committee as we found our way through to get our current set up. It is going smooth now, set up can happen in five minutes. I think we have achieved a well-rounded experience and have something solid to pass on to the next panel. // In my district we had a little difficulty in filling our PI/CPC Chair, and many districts did suffer with emerging from the pandemic. But then last night I spoke about it at a meeting, and I was approached afterwards by three people. In-person activity is gaining momentum again. Keep talking to people. // I like to say we are rotating on, rather than rotating out. Thank you, Jennifer, for the last two years of your service. We put our trust in you and you really made sure you cared for that trust by serving our area so well. In CNCA we have a little small T tradition of passing the feather duster to the incoming past delegate, and we will let Doug G. do the honors. // The feather duster here is a metaphor to describe how a Delegate shows their feathers like a peacock during their panel, but then lets them rest when they come and join the other past delegates at what we call The Porch. // It is so wonderful to see the room so full today. It has been a great experience. // Thank you everybody for your hard work. We adapted and were able to combine two types of groups by providing an online and an in-person experience. It made it possible to keep some of us involved that otherwise would be able to if the hybrid capability didn't exist. It is appreciated. // Please remember that the January ACM is on the third Saturday, January 21, 2023.

The meeting was closed at 3:17pm by Chitra S. with the Responsibility Declaration.

Respectfully submitted,

Amy M
CNCA Recording Secretary, Panel 71

CNC AREA COMMITTEE & ASSEMBLY MOTIONS—JANUARY 2023

Area Committee Motions

Continue at the Area Committee Meeting January 21, 2023

NEW BUSINESS

· That CNCA make a one-time purchase of a video monitor at cost not to exceed \$450. This will be housed and used at the CNCA Archives Repository for the Archives 2022 Winter program on December 10, 2022, and future events.

– Presented as a housekeeping motion by the Archives Committee at the Area Committee Meeting 11/26/22

Area Assembly Motions

Continue at Pre-Conference Assembly April 1-2, 2023

PRESENTATION OF NEW BUSINESS

· That the Conference Literature committee consider producing literature combining *Twelve Steps and Twelve Traditions* with the *Twelve Concepts for World Service*. – Presented by District 14 at the Area Committee Meeting 10/22/22

OLD BUSINESS

· A request to the trustees' Literature committee that the 2021 advisory action related to the phrase "lustful enough to rape" on page 66 in the chapter 'Step Six' of *Twelve Steps and Twelve Traditions* be rescinded and the language be returned to the original. - Presented by District 20 at the Area Committee Meeting 10/23/21

NEW BUSINESS

· That the phrase "cómo nosotros los concebimos" (as we conceive it) on Step Three of the Third Edition of the Big Book in Spanish be corrected in future editions to; "como nosotros lo entendimos" (as we understood him), the correct translation from the English version of the Big Book. - Presented by District 20 at the Area Committee Meeting 11/27/21

March 3 - 5 2023

LAX Marriott Hotel

5855 W Century Blvd, Los Angeles,
CA 90045

Phone: (310) 641-5700



For Online registration, hotel
reservations, transportation and general
event information visit

www.PRAASA.org

Thursday

Early Bird Open A.A. Mtg. 7-8:30p

Friday

PRAASA Orientation 11:45a

PRAASA Opening Session 1:00p

Onsite Registration Open Thursday 4p - 10p Friday 8a - 9p Saturday 7a - 9p Sunday 7a - 9a

NAME PRINTED ON BADGE	
First Name _____	
Last Name _____	
Street Address1 _____	
Apt or Unit # _____	
City _____ State _____	
Zip _____ Phone _____	
Email _____	
A.A. <input type="checkbox"/>	Friend of A.A. <input type="checkbox"/>

INTERPRETATION NEEDS MUST BE SUBMITTED BY 2/1/2023	
Spanish (Español) _____	<input type="checkbox"/>
ASL _____	<input type="checkbox"/>
Other _____	<input type="checkbox"/>
Accessibility Needs:	
Hearing Impaired _____	<input type="checkbox"/>
Other _____	<input type="checkbox"/>

I would like to Volunteer!

General Volunteers:

I am available for a 2-hour shift

Roundtable Interpreters:

Spanish

ASL

Other _____

For assistance see Contact list at
www.PRAASA.org

A.A. SERVICE POSITIONS

Area# _____			
A.A. Member	<input type="checkbox"/>	Delegate	<input type="checkbox"/>
GSR	<input type="checkbox"/>	Alt Delegate	<input type="checkbox"/>
Alt GSR	<input type="checkbox"/>	Area Officer	<input type="checkbox"/>
DCM	<input type="checkbox"/>	Area Committee	<input type="checkbox"/>
Alt DCM	<input type="checkbox"/>	Past Delegate	<input type="checkbox"/>
DCMC	<input type="checkbox"/>	Past Trustee	<input type="checkbox"/>
District Officer	<input type="checkbox"/>	Trustee	<input type="checkbox"/>

**Mail in Registration Deadline
February 09, 2023**
Make Checks Payable to PRAASA 2023
mail to:
PRAASA 2023
710 S. Myrtle Av, Suite #121
Monrovia, CA 91016

Event	Fee	Total
Registration	\$ 25.00	\$
Friday Night Buffet Dinner		
Pasta w/ Meatballs	\$ 27.00	\$
Pasta w/ Marinara	\$ 27.00	\$
Saturday Afternoon Luncheon		
Lunch for Everyone – Chef's Choice	\$ 49.00	\$
Lunch for Everyone - Vegan	\$ 49.00	\$
Past Delegates/Trustees – Chef's Choice	\$ 49.00	\$
Past Delegates/Trustees – Vegan	\$ 49.00	\$
Delegates Lunch – Chef's Choice	\$ 49.00	\$
Delegates Lunch - Vegan	\$ 49.00	\$
Saturday Night Banquet		
Dinner Banquet – Chicken	\$ 69.00	\$
Dinner Banquet - Vegan	\$ 69.00	\$
TOTAL		\$

CNCA CALENDAR—PANEL 73

2023

January	21— Area Committee Mtg (Note: 3 rd Sat)	August	12 Summer Assembly 26— Area Committee Mtg
February	25—Area Committee Mtg	September	23— Area Committee Mtg
March	3-5—PRAASA (Los Angeles) 25— Area Committee Mtg	October	28— Area Committee Mtg
April	1-2— Pre-Conference Assembly 22 — Area Committee Mtg	November	4 —Fall Inventory Assembly 25— Area Committee Mtg
May	20 —Post-Conference Assembly 27 — Area Committee Mtg	December	16—Area Committee Mtg (Note: 3 rd Sat)
June	24— Area Committee Mtg		
July	22— Area Committee Mtg		

Panel 73 Assembly Dates

2023 Pre Conference Assembly
 Richmond Veterans Hall
 968 23rd St. Richmond
 District 8 & 20
 April 1 & 2 2023

2023 Post Conference Assembly
 May 20, 2023

2023 Summer Assembly
 August 12 2023

2023 Fall Inventory Assembly
 Nov 4 2023

2024 Pre Conference Assembly
 April 6 & 7 2024

2024 Post Conference Assembly
 May 18, 2024

2024 Summer Assembly
 Aug 10, 2024

2024 Fall Election Assembly
 Nov 2, 2024

If your District is considering making a bid for a Panel 73 Assembly, please contact the Assembly Coordinator Jackie B

PANEL 73 AREA OFFICERS & AREA MEETING INFORMATION

Delegate

Eric L

Alternate Delegate

Miguel H

Chair

Chitra S

Treasurer

Claudia N

Registrar

Drew B

Recording Secretary

Sarah B

Assembly Coordinator

Jackie B

Literature/Grapevine/La Viña

Matt E

Pacific Regional Trustee

Reilly K

CNCA

1390 N. McDowell Blvd
Suite G – 339
Petaluma CA 94954
www.cnca06.org

NorCal H&I Committee

PO Box 192490
San Francisco, CA 94119-2490
www.handinorcal.org

Contributions to General Service Board:

General Service Office
PO Box 2407
James A Farley Station
New York, NY 10116-2407

All other Correspondence:

General Service Office
PO Box 459
Grand Central Station
New York, NY 10163
212-870-3400
www.aa.org

CNCA 06 ACM, STANDING & SUB-COMMITTEES, and SHARING SESSIONS

For questions about meetings, including passwords, please contact committee chairs by going to:
<https://www.cnca06.org/contact-us/>.

CNCA 06 ACM – Area Committee business meeting (HYBRID) - meets at 12:30pm on the 3rd Saturday in January and December, and the 4th Saturday all other months of the year. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: **632 553 607**.

Accessibilities committee (ONLINE only) - meets at 11:00am on the 3rd Saturday of each month. Zoom meeting ID: **950 7110 9610**.

Archives committee (HYBRID) - meets at 10:00am on the 3rd Saturday in January and December, and the 4th Saturday all other months of the year. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: **918 3100 3118**.

Bridging the Gap (BTG) committee - meets at 11:00am on the 3rd Saturday in January (HYBRID) Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954.

Zoom meeting ID for January only: **832 3215 6632**.

DCM sharing session (HYBRID) - meets at 11:00am on the 3rd Saturday in January and December, and the 4th Saturday all other months of the year. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: **863 9891 9417**.

DCMC sharing session – *Closed Meeting - DCMCs and Alternate DCMCs only.* (HYBRID) - meets at 10:00am on the 3rd Saturday in January and December, and the 4th Saturday all other months of the year.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: **969 2698 7068**.

Interpretation & Translation committee (ONLINE only) - meets at 7:00pm on the 4th Wednesday of each month. Zoom meeting ID: **964 6132 5139**.

Literature/Grapevine/La Viña sharing session (HYBRID) - meets at 9:00am on the 3rd Saturday in January and December, and the 4th Saturday all other months of the year. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: **987 0872 2632**.

Public Information/Cooperation with the Professional Community (PI/CPC) committee (HYBRID) - meets at 9:00am on the 3rd Saturday in January and December, and the 4th Saturday all other months of the year.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: **568 947 843**.

Technology committee (ONLINE only) - meets at 6:30pm on the 4th Thursday of each month. Zoom meeting ID: **961 5695 6661**.

Website committee (ONLINE only) - meets at 5:30pm on the 3rd Thursday in January.

Zoom Meeting ID: 957 8148 9983.