

Chair's Preview

July 2024

Our Summer Assembly is on August 10th, and we have chosen workshops, speakers, and are preparing to have great discussions around so many principles learned in General Service.

And I have to take a moment to acknowledge that I am sad. This is my last time chairing an assembly, and I can't believe it went by so quickly. This position brought me face to face with my perfectionism and anxiety. In order to best serve, I needed to be fully present, feeling everything in the room, instead of disassociating in a crowd when things become overwhelming. The amount of fear and ego that I had to face and be gentle with was a new experience. It taught me how to be gentle with others as well – we are all, at times, going through it, and we may not show it. Learning how to feel the room instead of just perform, staying in tune with each voice and the flow of group conscience – being a part of group energy is an experience not to be missed. I am so grateful.

These are our workshop topics:

WORKSHOP SESSION I: 1:00 – 2:15 PM

1. Spirit of Rotation –What's Next for Me? In-Person | Online ID: 953 2943 4632
2. Growing in Effectiveness within the Service Structure. Hybrid ID: 632 553 607

WORKSHOP SESSION II: 2:30 – 3:45 PM

3. Practicing the Long Form of Tradition 7. In-Person | Online ID: 953 2943 4632
 4. Social Networks and Connecting Online in A.A. Hybrid ID: 632 553 607
- Please remember to bring and use your radios, as half the workshops will be in Spanish, and half in English.

In addition to looking up principals associated with the workshop topics, please remember that we have three items of old business which we might be voting on:

- That CNCA continue to provide hybrid functionality for every Area Committee Meeting and each Assembly. – Presented by District 15, Humboldt/Del Norte at the Area Committee Meeting on 9/23/23
- That CNCA 06 expand area officer eligibility to Chairpersons of Area standing and sub-committees.
- Presented by Carol H, Jacqueline P, John O, Jose L, Thom H – Standing Committee & Sub-Committee Chairs CNCA06 Panel 73 at the Area Committee Meeting on 12/16/23
- That CNCA 06 extend voting participation at the Area Committee meetings and at assemblies to the Chairpersons of Area standing and sub-committees.
-Presented by Carol H, Jacqueline P, John O, Jose L, Thom H – Standing Committee & Sub-Committee Chairs CNCA06 Panel 73 at the Area Committee Meeting on 12/16/23

Let's remember to have conversation and form group ideas, rather than just personal opinions.

Stay cool and see you in Campbell!

Chitra S.
Chair, CNCA 06
Panel 73