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## **CHAIR'S PREVIEW**

#### Chair Preview

Welcome to Panel 75! I am so honored to serve you and your groups!

Our December meeting was full of gratitude as we practiced our "Spirit of Rotation" as many of our Panel 75 trusted servants were in attendance, eager to begin. We also got to send off, with love, our Panel 73 friends onto their next service paths. To quote from a 1983 Box 459 "It is the spirit of rotation that keeps our Fellowship alive!".

I was one of the last generations of AAs to get sober with payphones and phonebooks. Since then, our community, and the communities we serve have changed immensely. In my experience, General Service is about the future, ensuring that our Fellowship is here for the still suffering alcoholic regardless of the era we serve in.

Now a little about that business: We passed a motion in December: "That California Northern Coastal Area (CNCA) 06 adopt the General Service App as a communication tool, at no cost to the Area." We will now begin a process of implementation of this tool for circulating our information. We will also have two new pieces of Old Business: "That CNCA contribute \$300 to ACYPAA 52 Host Committee to assist with the funding of American Sign Language (ASL) Interpreters." And 'That the ACM, Area Standing Committees, and Area Subcommittees that meet in the same month as CNCA's assemblies are conducted online only during those months." In December we also approved

our 2025 CNCA budget (hooray for money!) and the area approved the District 12 bid for Comments and Commentarios.

Next month we begin working on.... wait for it... Agenda Topics! In early February our Delegate will have this year's list of topics for the 2025 General Service Conference. She will also be delivering an agenda topics timeline to the DCMCs soon.

Please note our Area Committee Meeting is back to meeting on the fourth Saturday in February on the 22nd.

Yours in Love & Service,

Drew B. CNCA Chair Panel 75



### **DELEGATE'S CORNER**

Delegate's Corner January 2025

#### Welcome to Panel 75!

I am always in fear. The more present and conscious I become, the more I notice how I am always trying to take back control, place the pieces how I would prefer, edge God out, thinking I'm fine, I got this. The longer I stay in the program, the more I recognize how much I need all of you – for my sanity, to practice love, to realign with principles, to have a reason to want to stay alive. General Service has been life saving for me because by practicing the spirit of rotation, I am so busy being in fear and walking though it, keeping a beginner's mind and remaining teachable, that I almost forget to try to rearrange everyone else's lives instead of just focusing on my own. Almost. For those of you new to General Service, welcome to this magical ride. We get to practice working with each other, communication, tolerance, and patience. Love is an action and it is created by practicing these principles. Together we get to make sure that AA is here for the next generation, thriving and relevant so that it can save lives in the future, the same way that it saved all of ours. Here we learn the solution comes from us. I am excited to practice with all of you.

At the General Service Conference I will be serving on the Public Information Committee, focusing on the communication methods we use to reach the general public and those who may be struggling with alcohol problems. This year, the General Service Conference will be taking its own inventory, a spiritual practice we in General service have learned to participate in at the personal, group, district, and Area level. For the General Service Conference Inventory, the Twelve Concepts for World Service will provide the lens through which to evaluate current Conference practices and procedures to determine how they relate to the original plan, purpose, and structure of the

General Service Conference. Please reach out to me if you would like a copy of the 2013-2015 AA General Service Conference Inventory Compendium. Thank you especially to all the GSRs, committees, and officers – together we provide the boots on the ground service of collecting our Area's Conscience on how to keep AA relevant. This is going to be an amazing panel.

Chitra S.
Delegate, Panel 75
CNCA 06



### **BUSINESS MEETING MINUTES**

# CALIFORNIA NORTHERN COASTAL AREA COMMITTEE MEETING MINUTES December 21, 2024

The monthly committee meeting of CNCA was held using a hybrid format on December 21, 2024, with some members attending virtually and others attending at the Petaluma Community Center. Chitra S. opened the meeting at 12:30 p.m. with the Serenity Prayer. David H. from District 12 read the AA Preamble, Jose C. from District 18 read Tradition Twelve in Spanish, and Amelia C. from District 03 read Concept Twelve. We had three new GSRs, seven new DCMs, nine incoming DCMCs, and one incoming alternate DCMC. There were five past Delegates present: Diane O. (P35), Bob D. (P36 Area 28), Barbara M. (P41), David N. (P59 Delegate; past Trustee), and Jennifer B. (P71). The November financial report and ACM minutes were accepted as published in the CNCA Comments and Comentarios. Attendance: 91 in person; 40 online. Birthdays: 307/8.

#### **OFFICER REPORTS**

**DELEGATE - ERIC L.**: Registration is now open for PRAASA (in Alaska) and for the International Convention (in Vancouver). The second printing of the Plain Language Big Book should be available by January. Your new Delegate will send a list of final agenda topics in early February.

ALTERNATE DELEGATE – MIGUEL H.: I've met with Claudia, our incoming Alternate Delegate, for our pass-it-on, and visited my last two districts of this panel. I honor all of you who do so much with so much love. Thank you for allowing me to do my part. I've never had so many friends; being around you has been the best years of my life. Service is the key.

**CHAIR – CHITRA S.:** Let's look back at this Panel: We created a linguistic sharing session for Spanish Speakers. We replaced our digital radios. We hosted an amazing PRAASA in San Francisco. We bought all kinds of tech equipment and formalized our hybrid subcommittee. We introduced text to vote to replace paper ballots. We digitalized our Area Newsletter. Our CNCA Committee Chairs can now vote and stand for Area Office. Not bad for a group of drunks! Thank you for letting me facilitate- it was a spiritual experience.

**TREASURER – CLAUDIA N.**: As of today, our checking account has \$27,455.05, and our prudent reserve (savings account) is \$13,851.15, 1/12 of this year's budget, or approximately 1-month operating expenses. Our

actual contributions in November were \$14,665, and our budgeted contributions were \$14,642. Actual expenses were \$14,734; the budget was \$22,040. Square contributions in November totaled \$3,425 in 90 transactions. Please let your groups and districts know how grateful the Area is for their generous contributions that help us continue our 12-step work. Please remind your groups to put their group numbers on their checks. You can make contributions in multiple ways, including online at cnca06.org/contribute/

ASSEMBLY COORDINATOR – JACKIE B.: I'm deeply grateful for the hard work of the host districts who made our eight Panel 73 assemblies possible: Districts 20, 8, 16, 15, 1, 18, 12, 14, 17, 7, and 70. In 2025, the Pre-Conference Assembly is on April 5th and 6th in Santa Cruz, hosted by Districts 3 and 19. The Post-Conference is May 17th in San Francisco, hosted by Districts 5 and 6. The Fall Inventory Assembly is November 1st in Napa, hosted by Districts 11 and 18. The Summer "fun" Assembly is scheduled for August 2nd, 2025, and one of our southern districts just passed a motion to bid for it! Panel 75 calendars are available on cnca06.org.

**REGISTRAR – DREW B.**: When I was younger, I got to go to meetings with Dr. Earl M. who wrote "PHYSICIAN, HEAL THYSELF!" in the Big Book. He told me the most important part of AA service was never to stop "passing it on." You are in good hands with powerful and talented Sarah B., who is rotating in as your next Area Registrar. We met on December 15 for our pass-it-on. Group of the month- Grupo Fin Y Principio- The Beginning and End Group in District 19, Watsonville. They meet every day!

**RECORDING SECRETARY – SARAH B.**: Serving with you over the past two years has been enriching and inspiring. Pass-it-ons with incoming Recording Secretary Jackie and outgoing Registrar Drew are nearly done. The Panel 73 motions book is almost ready, pending a few final committee reports. I'm excited to present the updated digital Motions Book at the next ACM. Fun fact – unless there's an error, Chitra will be the first delegate to serve on the Public Information Committee.

**LITERATURE/GRAPEVINE/LA VIÑA – MATT E.:** I'm grateful to have served and thankful for this opportunity to grow. Being elected two years ago was unexpected, but the gifts I've received have been invaluable. I've started passing on responsibilities to the incoming Literature/GV/LV chair, Jose L.,

and will complete the handoff today, remaining available for any questions. A quick reminder – Grapevine and La Viña products, including the app, have free shipping until December 31st. If you subscribed at the start of the panel, don't forget to renew!

#### **DISTRICT REPORTS**

DISTRICT 01 (MONTEREY) – ANNETTE C.: We started the panel by hosting the November 2023 Area Inventory Assembly, with a pre-Assembly Speaker Meeting and Fashion Show symbolizing sobriety. The district conducted an inventory, forming a committee to boost awareness and participation in General Service. In September, we hosted AA trivia at MBAR 2024, giving participants shivering denizen finger puppets. The highlight of the panel was the Plain Language Big Book Launch Party, featuring a hot cocoa bar, an ugly sweater contest, and the sale of 19 PLBBs. Four D04 members attended, and the event generated excitement for the new book. We invited attendees to our next District meeting, resulting in record attendance and the filling of a service position. We will discuss ACYPAA's request for \$300 for their ASL fund in January as new business.

**DISTRICT 02 (SALINAS/SAN BENITO) – BRIAN M.:** Thank you to everyone for their service in the last panel. Unfortunately, no one in District 02 made themselves available to serve as officers next panel. In the event I can't coerce anyone to serve, I have arranged for our GSRs to attend the District 01 business meetings to keep General Service alive in District 02.

**DISTRICT 03 (SANTA CRUZ)—AMELIA C.**: For our final District meeting of the year, we had a lovely potluck dinner and addressed a few business items, including filling ALL of our DCM positions and passing a housekeeping motion to donate \$300 to ACYPAA for sign language interpretation. Next month, we will be voting on upcoming contributions to the Area and GSO.

**DISTRICT 04 (SANTA CLARA NORTH) – AMARA G.:** We ended the panel with a potluck and wrapped up business, approving the 2025 budget. The motion to form separate PI/CPC and Bridging the Gap committees in D04 did not pass, keeping them joint with D40. All District positions are filled, but not all subdistricts have a DCM. The meeting concluded with reflections on how

general service has positively impacted us. Santa Clara County Intergroup is hosting Christmas and New Year's alco-thons. This panel we created a website for better communication and formed Safety and Accessibility committees to address demographic gaps in meetings. These concerns were shared with the joint PI/CPC committee for outreach. Despite the motion to create a separate PI/CPC for D04 not passing, safety forums led to more groups including safety statements in meeting scripts and discussing safety at the group level.

**DISTRICT 40 (SANTA CLARA SOUTH) – PAM S.:** Our final district meeting of the panel featured a celebratory potluck, filled two open positions, and unanimously voted to bid for the Summer Assembly and contribute to ACYPAA 52 for ASL interpretation. The 2025 budget was reviewed, and a motion to transition bank signers to incoming Panel 75 officers was approved. Outgoing DCMC Karen C. wrapped up the meeting with a musical YouTube video. I thank Karen for her leadership and look forward to continuing my service as the incoming DCMC.

**DISTRICT 05 (SAN MATEO) – BRENT M.:** We elected five of nine DCMs, surpassing previous panels, which filled only three. A \$200 housekeeping motion for ACYPAA's ASL needs passed, but a \$500 motion to fund PI-CPC for Plain Language Big Books was rejected. We discussed using excess funds for a Founder's Day event, increasing PRAASA participation, and scholarships for the online International Conference. Panel 75 will start busy. Our 50th Alkathon season began strong, with over 1,000 coffee cups used at the well-attended Thanksgiving event, held at the same location since 1979. **DISTRICT 06 (SAN FRANCISCO) – DAN B.**: We elected all Officer and Committee Chair positions, along with one DCM. Key elections include Jamie

Committee Chair positions, along with one DCM. Key elections include Jamie M. as Archivist and DCM, Constance C. as Literature Chair, Amarco D. as Accessibilities Chair, Melanie R. as Tech Chair, Tony N. as BTG Chair, Julie S. as Liaison to SF/Marin Intergroup, and Ken H. as Liaison to Intergroup PI/CPC. Elections for H&I and District 16 Liaisons will continue in January. The 2025 Travel Reimbursement Guidelines were discussed and will be revisited next year. I've started pass-it-ons with incoming DCMC David S. It's been an honor to serve as District Chair, and I look forward to continuing to grow in service.

**DISTRICT 07 (ALAMEDA NORTH) – MANISHA G.**: Our last meeting of the year was a traditional holiday potluck party. Madeleine P. from Oregon spoke on Safety & Inclusion in AA, and Olis from Oakland spoke on the Grapevine podcasts. We had a trivia game in teams, where each team chose their names. We presented our proposed budget for 2025, which will be discussed and finalized in the next meeting. We have an almost full set of officers and liaisons. We accomplished a lot on this panel - including going to a fully hybrid setup, being committed to a more inclusive culture that reflects the demographics of our district and fostering great discussions and sharing sessions on topics such as the transgender pamphlet.

**DISTRICT 70 (ALAMEDA SOUTH) – EILEEN P.**: District 70 would like to thank our VAOs for November and December who facilitated our district elections. Most of our positions are filled and the officers are doing their pass-it-ons. At our end-of-year meeting, we had a potluck and a special guest Dan B. from San Francisco gave a presentation on the General Service App, which District 70 is excited about implementing in the next panel. District 70 also approved a housekeeping motion to help fund ASL interpretation at ACYPAA.

blended business with celebration, featuring a potluck and new faces. We filled the remaining Panel 75 positions, and pass-it-ons are underway. The incoming panel is already planning for the 2/1 Agenda Topics Workshop, with flyers available. We passed a \$200 motion for ACYPAA's ASL fund and continued discussing a PRAASA scholarship fund of up to \$1500. The accessibilities ad hoc committee will present its final report next month. A service trivia game awarded a Grapevine issue to the winner, and GSRs shared updates on childcare, marathon meetings, and holiday events. The meeting concluded with reflections on the panel, highlighting how intimidating commitments can feel but how rewarding the learning process is.

**DISTRICT 09 (SOLANO SOUTH) – DONNA F.**: Billie C. stepped up to be DCMC for panel 75! We have a treasurer, recording secretary, and registrar, along with current and incoming GSRs, so our district will remain an active

member of CNCA06. We are getting speakers together for our 19th Annual Inter District Workshop in Lake County, D13, on January 25. We are coordinating a workshop on the Plain Language Big Book that Teddy B-W will host on Sunday, February 16 at the Benicia Senior Center from 1-4 pm. **DISTRICT 90 (SOLANO NORTH) – STEVE L.:** We have all officer positions filled and said our goodbyes at our last district meeting. The next panel is in good hands, and this has been a great panel, thank you for helping me be of service.

**DISTRICT 10 (MARIN) – DYLAN R.**: At our final district business meeting of panel 73. our visiting area officer continued the election process filling all positions except two liasons. We approved contributing \$3000 of our excess funds to GSO and moved another housekeeping motion to new business regarding a request for literature funds by the PI/CPC committee. **DISTRICT 11 (NAPA) – SANDRA S.**: We held a celebratory potluck for incoming and outgoing officers, chairs, and liaisons, replacing the regular meeting. Members shared insights from their service roles or their hopes for

meeting. Members shared insights from their service roles or their hopes for new positions. The 2025 budget will be presented for review in January. The district looks forward to the Inter-District Workshop hosted by District 13 and continues discussing PRAASA scholarships as a budget line item. The Napa Thanksgiving Alcathon was successful, and Intergroup has planned Christmas and New Year's Alcathons, with flyers available at <u>Aanapa.org</u>.

**DISTRICT 12 (SONOMA) – DENISE G.**: As Panel 73 ends, we are preparing for next year with most District Officer and Sub-Committee Chair positions filled. Openings for Alternate DCMC, Archives, PICPC, and I&T Chair remain but are expected to be filled soon. In December, outgoing and incoming officers met to finalize tasks and welcome new leaders, exchanging pass-it-ons over pizza and candy. January will kick off with PRAASA 2025 scholarships and planning for the February 15th Agenda Topics Workshop. Flyers will be available at the January Area Meeting.

**DISTRICT 13 (LAKE) – CHRIS W.**: District 13 is working to fill officer positions and connect with GSRs. We are preparing to host the Inter-District Workshop on January 25, 2025, with Districts 11, 90, and 9. Following the 2025 GSC theme "Working Together, Increasing Trust" topics of discussion will be: "Delegating- It's ok to ask for help," "Closing the gap-how do we make the voice of every group count?" and "Our Financial Responsibility in carrying the

message." We look forward to contributing to the agenda topics and sharing our group conscience with the new delegate. Additionally, we are preparing our budget for presentation to Lake County's 58 AA meetings.

**DISTRICT 14 (MENDOCINO) – TIM D.**.: (Read for Warren R.) District 14 filled all but two Panel 75 positions (Inland PI/CPC and Inland Intergroup Liaison). A visiting officer presented on Concept 12. We're excited about the new panel and upcoming events. Mendypaa has a new committee, and our coastal Intergroup's energetic events coordinator has already planned five events for 2025.

**DISTRICT 15 (HUMBOLDT/DEL NORTE) – MEGAN M.:** Despite the holidays, 25 people attended our December meeting. We passed a motion to send \$20 to the ACYPAA ASL fund. We're still seeking a recording secretary as ours recovers from a hospital stay. I used Zoom's AI to summarize the meeting. Excitingly, we filled the CPC/PI Chair position, which had been vacant for four years. Thank you to Panel 73's trusted servants for helping me grow.

**DISTRICT 16 (SPANISH CENTRAL) – PEDRO M.:** We have our new serving members of District 16 ready for panel 75 with enthusiasm. We will have our last La Viña writing workshop of the panel on December 29th. Everyone is welcome.

**DISTRICT 17 (SPANISH SOUTH) – LUIS R.:** Thanks to the VAO and the two invited people who spoke to us about their experience in general service and about the NCCAA event next year in Sacramento. An outgoing GSR raised her hand for the service of La Viña, and with her, six outgoing GSRs remain serving in the district. New GSRs are starting to show up for the next panel; we had about six already. We had an internal meeting, and we are planning the PRAASA event in Alaska.

**DISTRICT 18 (SPANISH NORTH) – RODRIGO Z.:** We continue working very closely with our groups and motivating them to elect a GSR for the next panel. Our public information committee continues working with probation officers. We did our pass-it-on meeting in November.

**DISTRICT 19 (SPANISH SOUTH SOUTH) – SARA N**.: We thank the visitor from the area who told us about her experience and her service. We are now ready for the change of servants for panel 75.

**DISTRICT 20 (SPANISH EAST) – WILFREDO.**: We continue visiting the groups in our district. On December 16th our business meeting was held, in which

the delivery of the new service table for panel 75 was made. The panel is very, very motivated to carry out the service. The new committee for the 6th Hispanic Forum was also created. Happy celebrations always with the hope of continuing in this wonderful program.

# AREA STANDING & SUB-COMMITTEES, SHARING SESSIONS, AND LIAISON REPORTS

**ACCESSIBILITIES – THOM H.:** (Submitted electronically) We had our election for the officers to serve during Panel 75. They are Enrique M. - chair; Mollie M.- alt chair; and Dawn Y.- recording secretary. Afterward, we had a lengthy discussion about the agenda for the upcoming Panel. I would like to thank Area 06 for allowing me to learn and grow during my time as the Accessibilities Chair.

**ARCHIVES – CAROL H.:** We had a great Open House this month with tours, lunch, and an interview with our outgoing Delegate, showcasing the fun and excitement of Archives. In our elections, Elvia P. was chosen as Panel 75 Chair, Keily C. as alternate, Tim W. as historian, and Ben G. will continue as Digital Systems Administrator. Thank you to everyone who made the past two years rewarding and exciting!

**BRIDGING THE GAP – JOHN O.**: The BTG Forum was very successful with 53 attendees and 30 registrations. Thank you to everyone who shared best practices and BTG history. Thanks to Sascha and District 06. I met with Lynn for the pass-along and wish the new BTG team success. They will meet in person on January 18th. A few key positions remain open, and I hope for a Spanish-speaking volunteer to become the BTG Spanish coordinator. Gracias! During this panel, we had 393 BTG volunteers, 2,505 blue cards processed, 815 presentations, and 584 successful bridges. Thank you for supporting BTG!

CNCA COMMENTS/COMENTARIOS – CHUCK B.: Since starting in February 2023, CoCo County's newsletter distribution dropped from mailing 700 English and 100 Spanish copies to just 19 Spanish and 13 English in December. What once took four hours now takes about an hour, and printing costs fell from \$480 to \$94. This shift is thanks to our new digital newsletter, saving paper, time, and money. If you're one of the 32 receiving a paper copy, please re-sign up at cnca06.org to continue. Thank you for allowing us to serve!

**FINANCE – JAVIER L.:** The Finance Committee reviewed the internal motions on today's agenda to determine the financial impact. We will be bringing up the 2025 budget for questions. Thank you to the committees for providing us with their budget information. We have a motion that is on today's agenda as new business. Thank you to the people who helped us staple the budget sheets together. Thank you for allowing me to serve you.

**INTERPRETATION & TRANSLATION – JOSE L.**: The committee translated the Comments and Comentarios of the month and 12 more documents. Being part of the I&T Committee and helping the area to achieve our common goal of including all AA members has been a soul-fulfilling journey. We are ready to help the next panel members with the service transition.

**PI/CPC - MIGUEL H.**: We had Tracy a new PI CPC Chair for D15. We kept the meeting for open discussion to give ourselves the chance to ask questions and share experiences. Passing it on and rotation are important for any commitment. Mendocino is working hard with people without homes, providing information related to AA on the system of rehabilitation. We reviewed some basic points for those who just are getting into this great 12-step work. Our job as PI/CPC is to inform the public and cooperate with professionals about what AA is and is not, keeping A.A. accessible enough to receive those who seek sobriety.

**TECHNOLOGY – DON L.**: We had a visitor at our final meeting, and our VAO shared reflections on the Hybrid Team's growth and future hopes for the Tech Committee. The team adapted well during the November ACM, handling room changes and tech challenges smoothly. This flexibility ensures better handling of similar situations in the future. We passed responsibility for the DigitalJoy Text-To-Vote subscription to the Treasurer and Finance Committee. Reflections from Panel 73 highlighted key achievements, including completing guidelines and improving documentation. However, challenges remain, such as outdated cameras, understaffing of the Hybrid Team, and opportunities for collaboration with other committees. The Hybrid Team needs online volunteers for Panel 75 ACMs and Assemblies. Contact Don L. if interested. If you are available,

please contact Hybrid Event Coordinator Don L. at hybridteam@cnca06.org or 925-354-2018.

**WEBSITE – JAMES B.**: I would like to thank Jose P., Jeff D., Cathy P. and Kirk, for their time, energy, commitment, and work on this committee. Patching and updating of the site continued as needed throughout the month. We discussed our pass-it-ons and preparations to turn over the site to the new committee. We also are working with the InMotion hosting to upgrade the underlying host operating system to resolve a certificate error. The certificate error is a problem when you try to access the webmail for <a href="mailto:cnca06.org">cnca06.org</a> email addresses.

**DCM SHARING SESSION – MAUREEN G.**: The DCM sharing session discussed the topic of Pass-it-Ons. We welcomed plenty of incoming DCMs. Some of the ways to serve well as a District Committee Member include: demonstrating how to enjoy being in general service, increasing confidence and humility, practicing resting service face, observing what the needs are and responding, learning more deeply about inventory by facilitating, using the DCM voice at Area to participate in decision-making, visiting meetings without GSRs to support and encourage a way to express love for AA and self, and learning more about General Service by giving it away like a sobriety sponsor does with the steps. If anyone would like the body of the Pass-it-On documents that will be made available email maureendistrict12@gmail.com.

LINGUISTIC SHARING SESSION FOR SPANISH SPEAKERS – JUAN: We studied the service manual, discussed what it means to be a GSR, and heard all about what GSRs do for their group. We also discussed informing our families about the service and having a service sponsor. Many new GSRs were excited to start their service. We'll continue discussing the responsibilities of a GSR next month.

**LITERATURE/GRAPEVINE/LA VIÑA SHARING SESSION – MATT E.**: Today's sharing session was a Writing Workshop, which was well attended. Several stories were completed and will be submitted to Grapevine AND La Viña! Outgoing literature chairs and grapevine/la vina reps, please make sure you

let your successors know about this sharing session and let them know they can contact Jose L. with any questions.

**H&I - JAMES C.**: I've been involved with H&I since 1996. I'm the Region 60 Chair, which is San Mateo, San Francisco, and Marin Counties. I'm also the liaison to So. Cal. H&I and the new liaison to CNCA. In Southern California, they have a standing committee called "Contact on Release" that has partnered with BTG. I'd like to institute something like that in our Area. We are in a much better financial situation than last year; we're nearly up to prepandemic levels in the services and literature we provide. If anyone has comments or suggestions about sparking interest in the partnership with BTG, please let me know.

**ACYPAA – EVAN J**.: The All California Young People in A.A. conference is in Santa Cruz on Feb. 6-9th. Pre-registration is \$45. We are hosting an online alcathon on Zoom on Dec. 25th from 9 am to 9 pm and a Mafia Night on January 4th, 7-11:30 pm. There will be (a \$40) pre-conference arcade and laser tag event on Feb. 6th, 9-11 pm at 400 Beach Street in Santa Cruz. The website for pre-registration, merchandise, events, and flyers is www.acypaa.org

**CENTRAL OFFICES – DON Z.**: The Intergroups and Central Offices of A.A. (ICOAA) have met weekly online since April 2020 to address common issues. This month, discussions covered phones, by-laws, staffing, newsletters, group contributions, and bookstore challenges with orders and pricing. The 2nd printing of the Plain Language Big Book is expected in 4-6 weeks. We debated including non-Central Office members in meetings, considering the impact on autonomy. San Diego's International Women's Conference is full, but online participation is available. Next year's ICOAA conference will be held September 18-21 in Nashville, TN.

**NCCAA - CHASE C.**: Our upcoming conference is in Modesto, on March 7-9th 2025. We will have speakers from Los Angeles and Las Vegas. There will be Al-Anon, Spanish-speaking participation, ASL interpretation, CNIA delegate's report, and H&I panel. The council decided not to have a conference in the fall of next year after the International Convention. NCCAAA has been carrying the message since 1947. In 1950, Bill W. asked all the Areas to elect

a delegate. NCCAA was the original forum for delegates to be elected. The first Area 06 Delegate was Nick N. and he served on Budget and Nominating Committees.

HISPANIC WOMEN'S WORKSHOP - MARICRUZ: Here is the final report of the 9th Hispanic Women's Workshop 2024. Thanks to all who attended and supported us to have an event for Hispanic women, since they are in great need. An average of around 200 women attended in person and 40 online from all areas in California and some from other states. We started with breakfast and fellowship, followed by nine speakers, each with a topic related to Hispanic Women. Next, we had lunch before entering the work tables where the resolutions were presented, and people via Zoom also participated with a table and topic. From the areas that contributed, \$4,800 was collected, and from the districts and groups, which also contributed, a total of \$10,755 was collected. The total expenditure of the event was \$6,346.76. We will distribute \$2,500 to Area 07, which will be the next host of the event. The rest (\$1,908.24) was agreed to distribute to the Area, to the General Services Board, and to each Hispanic district that supported us. The total list of contributions and expenses that were generated has already been delivered to the participating areas. I am very grateful. Thank you for letting me serve.

**LA VIÑA ANNIVERSARY - JUAN C.:** I'm from District 40 and am the liaison for the 29th anniversary of La Viña in Area 06. We attended the drawing for the motto and emblem that took place on December 7 in Area 05 Southern California. The winner was our colleague Bill L. from that same area. The anniversary will take place on July 25-27, 2025. Hispanic districts 16, 17, 18, 19, and 20 are also invited to participate.

### **AREA BUSINESS**

#### **PRESENTATIONS**

- Bridging The Gap Workshop Weekend Recap, Missoula, Montana
  - Presented by Gavin O, Bridging the Gap Committee

<u>Report submitted electronically:</u> BTGWW was held this year in Missoula, Montana. BTG members from around the United States attended. There was

a contingent from Calgary, Canada, and Quebec, Canada that attended as well. BTG Speaker Danielle C. from Washington presented how she was unable to leave her house to get to meetings and was forced to attend Zoom meetings. She was able to do something new in BTG which was to start an online-only District 25 serving in her Area 72. She wanted to provide this opportunity to bridge others via Zoom meetings for people getting out of treatment who are also unable to attend meetings in person. I found this a novel idea to allow people from anywhere in the world to attend their BTG meetings. Gavin presented the Airtable platform to automate administrative tasks and collaborate for the service positions of BTG District Chair, Phone Coordinator, and Meeting Presenters. How we can copy the workspace to give to districts to use for free? Sascha presented how San Francisco District 06 uses Airtable to automatically send emails to clients coming out of facilities on their release date using the Airtable system. Next year BTGWW will be held in Los Angeles, CA.

- 2025 CNCA Budget *Presented by the CNCA Finance Committee*<u>Presentation</u>: The committee updated the 2024 actual column with YTD

  November numbers and projections for the cash balance since we now have
  11 months of data to base the projection. The Finance Committee doesn't
  have the authority to stop spending what has been approved by the area.

  This budget represents a spending plan given the current conditions and
  requirements of the area. It's an estimation; what happens might be
  somewhat different. Although we may spend more than planned, we still
  expect to end the year with a positive cash balance and not dip into our
  prudent reserve. *Questions:* Q: Line 69 PRAASA Alt. Delegate says \$1,500, but
  total PRAASA says \$1,200. A: The \$1,200 was a mistake. It's \$1,500
  total. There were no objections. Budget << APPROVED. >>
  - Panel 75 CNCA Newsletter (Comments/Comentarios) Bid Presented by District 12 Sonoma

<u>Presentation:</u> Denise G., outgoing DCMC for D12 presented. Total bid cost \$2,067.09. Through November to date, D08 has spent \$2,820, sending 32 newsletters per month for the last quarter. Therefore, the current bid represents cost savings. Sonoma County Intergroup printer will support our

printing efforts. There were no questions. Vote by simple majority; none were opposed. **Newsletter bid << APPROVED. >>** 

 Fall Election Assembly Recap - Presented by Districts 07 and 70 Alameda North and South

<u>Presentation:</u> Cassie R. and Bridget L., assembly co-chairs, presented. It was a great time to connect between our two districts. We filled positions and volunteers equitably. It worked well for us to start meeting in January on Zoom. The committees did not meet separately, we all met together. One of our GSRs promised 50 volunteers and delivered. Many volunteers were called on by their sponsors to participate and had no prior experience in general service. It worked well to have an unofficial recording secretary who took notes and shared them with the committee members. We were allowed entry the night before. We had dinner at the same location, which provided some advantages. In the end, we had 15-20 volunteers available to get the room back together, which helped with our pass-it-on to Santa Cruz. We were nervous because it had been a long time since we had hosted an assembly, but things went smoothly once we committed. We came in under budget: \$9,050 budgeted and \$8,433.22 actual. There was a comment to get compostable paper goods instead of styrofoam. It's more expensive but more environmentally sustainable. Finding the space was a challenge, so we acknowledge the efforts made to secure the space.

#### **OLD BUSINESS**

 That California Northern Coastal Area (CNCA) 06 adopt the General Service App as a communication tool, at no cost to the Area. -Presented by District 06 San Francisco 10/26/24

<u>Discussion:</u> **Group/district consciences**: None. **Personal opinions**: Dan B., outgoing DCMC of District 06 gave a recap of the background of the motion and the app. It's developed in collaboration with the original developer of the Meeting Guide App. Several trusted servants have been beta-testing. Now outgoing DCMCs received a workshop on how to use it. // This seems like a no-brainer. I think people should be able to see it first. People in my district who have seen it think it's a good idea. It has a simple format and is easy to use. The chair took a sense of the room if the body was ready to

vote. Vote by 2/3 substantial unanimity. Thirty-four were in favor; none against; and 8 abstentions. There was no minority opinion. **Motion << PASSED.** >>

 That California Northern Coastal Area (CNCA) 06 reimburse the Area Bridging the Gap Committee's Conference Coordinator for roundtrip travel to the four Area Assemblies each year. -Presented by the CNCA Bridging the Gap Committee

<u>Discussion:</u> Group/district consciences: None. Personal opinions: The need to hear from the BTG committee at assemblies is being filled by the area chair and that person is being reimbursed for travel expenses. If they can't come, they can have someone else go in their place. I don't see a need for this motion. // I have the same understanding as the previous speaker. Is there anything I'm missing that an alternative can't be reimbursed if the chair can't fulfill the responsibility? // I have had this position in the past and was not being reimbursed, which was fine because I could afford it. If we require someone in service to set up and be present at the BTG table, we should reimburse them for their travel. This year's coordinator wasn't able to because they couldn't afford the travel. The chair was able to fill that need and it wasn't a burden because they were reimbursed for travel, but he was essentially serving two positions. Would we eliminate the position if they can't afford to travel out of pocket? // I'm against this motion because there should be enough people available to coordinate the materials that need to go to the exhibit. That's what the Archives Committee did when I was a member of it and it was never an issue. This is an expense and position that's perhaps not needed. The chair took a sense of the room if ready to vote. Vote by 2/3 substantial unanimity. Eight were in favor, 30 against; and 10 abstained. No minority opinion was shared. **Motion << FAILED. >>** 

#### WHAT'S ON YOUR MIND?

Jennifer B. told the story of the history of "the porch," or the area where the past delegates sit, then presented the traditional feather duster to outgoing delegate Eric. // Jackie B. presented a tribute to Miguel H., outgoing alternate delegate, a First Edition Big Book signed by members of CNCA. // Miguel

expressed his gratitude for having served the Area and an appreciation for the spirit of rotation. // There are Pre-Conference Assembly save-the-date flyers available. There is something unique. There are QR codes on the back that will take you to a special website to book a hotel in Santa Cruz at a special rate. It's a nice hotel for \$150/night (normally it would be about \$300/night). There isn't a contract or minimum. We have 40 rooms and they will hold more at the same rate. // I'm on the interpretation and translation committee. D08 sent almost \$2,000 to GSO. Another DCMC said that they are sending \$2,000 to GSO. I hear a lot of people say in discussions that we need to keep funds locally. Here we have ACYPAA needing funds for interpretation and they have to grovel. Maybe we should be more liberal with our extra funds. // I didn't think I'd ever do general service. It has been such a blessing and enriching part of my sobriety. You all have helped me grow and achieve my sobriety milestone today. // Thanks to D08 table for making general service so fun. // I got an email saying that there are still plenty of rooms available for the 2025 International Convention. // Thanks to our outgoing trusted servants and welcome our incoming trusted servants. Our Area's enthusiasm led me to take on the general service app as a communication tool. I don't think that's the end of the conversation about enhancing communication via technology. The CNCA technology committee could be a good source to lean on to vet technology needs and issues and do a gap analysis. The 2018 A.A. communications audit that the General Service Board received. I think our Area could benefit from looking at that. // I'm rotating out as DCM but I don't want to leave. I want to continue to serve the groups in my district.

Drew B. closed the meeting at 3:28 with the Responsibility Declaration.
Respectfully submitted,
Sarah B.
CNCA Recording Secretary, Panel 73



# **FINANCIAL REPORTS**

#### California Northern Coastal Area

Budget vs. Actuals: 2024 Budget - FY24 P&L January - November, 2024

	TOTAL	
	ACTUAL	BUDGET
Revenue		
002 Group Contributions	101,050.37	108,000.00
003 District Contributions	26,442.34	16,500.00
004 Assembly Contributions	1,763.37	6,000.00
004a ASM Coffee Contributions	743.87	
004b ASM Food Contributions	2,863.61	
004c ASM Registration Contributions	1,991.00	
Total 004 Assembly Contributions	7,361.85	6,000.00
005 Tradition 7, Area Comm.	3,866.85	3,666.63
008 Personal/Misc Contributions	4,850.86	6,141.63
010 Interest Income	3.17	4.62
Total Revenue	\$143,575.44	\$140,312.88
GROSS PROFIT	\$143,575.44	\$140,312.88
Expenditures		
020 EXPENSE		
021 Delegate Expense	10,218.10	9,653.38
050 Officer Expense	24,500.98	33,265.24
130 Committee Expenses	28,022.89	40,373.38
300 General Expenses		
310 Assembly Expenses	30,822.48	35,630.00
340 Area Committee Expenses	30,086.41	29,765.00
360 Administration and Fees	4,259.84	3,591.63
370 Other Conference	4,300.00	4,950.00
Total 300 General Expenses	69,468.73	73,936.63
Total 020 EXPENSE	132,210.70	157,228.63
Total Expenditures	\$132,210.70	\$157,228.63
NET OPERATING REVENUE	\$11,364.74	\$ -16,915.75
NET REVENUE	\$11,364.74	\$ -16,915.75

California Northern Coastal Area Statement of Financial Position As of November 30, 2024							
							Total
ASSETS							
Current Assets							
Bank Accounts							
Operating Funds - Checking		20,011.29					
Prudent Reserve - Savings		13,851.15					
Total Bank Accounts	\$	33,862.44					
Other Current Assets							
Assembly Deposits		4,750.00					
Undeposited Funds		3,938.01					
Total Other Current Assets	\$	8,688.01					
Total Current Assets	\$	42,550.45					
TOTAL ASSETS	\$	42,550.45					
LIABILITIES AND EQUITY							
Liabilities							
Total Liabilities							
Equity							
Operating Funds ~ Adjusted		17,334.67					
Prudent Reserve ~ Savings		13,851.15					
Net Revenue		11,364.63					
Total Equity	\$	42,550.45					
TOTAL LIABILITIES AND EQUITY	\$	42,550.45					
Wednesday, Jan 01, 202	5 11:24:29 AM GMT-8 - C	ash Basis					

# **AREA MOTIONS**

#### **OLD BUSINESS**

- That CNCA contribute \$300 to ACYPAA 52 Host Committee to assist with the funding of American Sign Language (ASL) Interpreters. -Presented by the ACYPAA 52 Host Committee on 11/23/24
- That the ACM, Area Standing Committees, and Area Subcommittees that meet in the same month as CNCA's assemblies are conducted online only during those months. -Presented by the CNCA Finance Committee on 11/23/24

### (Assembly)

- To add an inventory question to page 30 of the pamphlet, "The A.A. Group", that reads: Do our group members know where to find up to date information about A.A. on the websites and newsletters of central offices and intergroups, districts, areas, aa.org, and A.A. Grapevine? Presented by District 12 Sonoma at the Area Committee Meeting 9/28/24
- That CNCA 06 create a SubCommittee on Safety and Inclusion. Presented by District 04 Santa Clara North Safety Committee at the
   Area Committee Meeting on 11/23/24

# CALIFORNIA NORTHERN COASTAL AREA 06 (CNCA 06) OF ALCOHOLICS ANONYMOUS PRESENTS

# PRE-CONFERENCE ASSEMBLY 2024

"Working Together, Increasing Trust"

# SAVE THE DATE! APRIL 5 & 6, 2024

Santa Cruz Civic Auditorium 307 Church St, Santa Cruz, CA 95060

Zoom ID: <u>632 553 607</u> | Password: 1935

#### Saturday, April 5

Orientation

Area Business Meeting

Lunch

Remarks from the Delegate

Sharing on the Conference Theme

**Group Consciences** 

What's on your Mind?

#### Sunday, April 6

Group Consciences (continued) What's on your Mind?



**Attending online?** Spanish-English interpretation and Closed Captioning will be provided on Zoom.

**Attending in-person?** Bring your <u>FM RADIO</u> for Spanish-English interpretation and Assisted Listening.



#### SPECIAL GROUP RATE FOR CNCA ATTENDEES:

### **Courtyard Santa Cruz**

313 Riverside Ave, Santa Cruz, CA 95060

\$ 159 USD per night

Last Day to Book: Monday, February 17, 2025

SCAN FOR GROUP RATE



bit.ly/PreConf-2025-Hotel

**CALENDAR - PANEL 75** 

Panel 75 Calendar – CNCA 06 PANEL YEAR ONE - 2025

January 18: Area Committee Meeting (ACM) – Please Note: 3rd

Saturday February 22: Area Committee Meeting (ACM)

March 7 - 9: PRAASA (Pacific Region A.A. Service Assembly) March 22: Area

Committee Meeting (ACM)

**April 5 & 6:** Pre-Conference Assembly

April 26: Area Committee Meeting (ACM)

April 27 - May 3: 75th General Service Conference

May 17: Post Conference Assembly

May 24: Area Committee Meeting (ACM)

**June 28**: Area Committee Meeting (ACM)

July 3 - 6: A.A. International Convention

**July 26**: Area Committee Meeting (ACM)

August 2: Summer Assembly

**August 23:** Area Committee Meeting (ACM)

**September 27**: Area Committee Meeting (ACM)

October 25: Area Committee Meeting (ACM)

**November 1**: Fall Inventory Assembly

**November 22**: Area Committee Meeting (ACM)

December 20: Area Committee Meeting (ACM) - Please Note: 3rd Saturday

#### **PANEL 75 ASSEMBLY DATES**

2025 Pre-Conference Assembly April 5 & 6, 2025 Santa Cruz Civic Auditorium 307 Church St, Santa Cruz, CA Hosted by Districts 03 & 19

2025 Post Conference Assembly May 17, 2025

Saroyan Hall

825 Brotherhood Way, San Francisco, CA Hosted by Districts 05 & 06

2025 Summer Assembly August 2, 2025

2025 Fall Inventory Assembly November 2025 (TBD) Napa Valley Expo 575 3rd St, Napa, CA Hosted by Districts 11 & 18

2026 Pre-Conference Assembly April 11 & 12, 2026 2026 Post Conference Assembly May 16, 2026

2026 Summer Assembly Aug 8, 2026

2026 Fall Election Assembly November 7, 2026

# COMMITTEES AND SHARING SESSIONS

CNCA 06 ACM, STANDING & SUB-COMMITTEES, and SHARING SESSIONS

CNCA 06 ACM – Area Committee business meeting (HYBRID) - meets at 12:30pm on the 4th Saturday of each month, except January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 632 553 607. Contact CNCA Chair Drew B. for questions/password: <a href="mailto:chair@cnca06.org">chair@cnca06.org</a>

Accessibilities committee (HYBRID) - meets at 11:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday. Zoom meeting ID: 987 0872 2632. Contact Accessibilities Chair Enrique E. for questions/password: <a href="mailto:accessibilitieschair@cnca06.org">accessibilitieschair@cnca06.org</a>

Archives committee (HYBRID) - meets at 10:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 987 0872 2632. Contact Archives Chair for questions/password: <a href="mailto:archiveschair@cnca06.org">archiveschair@cnca06.org</a>

Bridging the Gap (BTG) committee (ONLINE only) - meets at 7pm on the 4th Thursday of each month, except November it meets HYBRID at the ACM. Zoom meeting ID: 988 7891 7593. Contact BTG Chair Lynn K. for questions/password: <a href="mailto:btgchair@cnca06.org">btgchair@cnca06.org</a>

DCM sharing session (HYBRID) - meets at 11:00am on the 4th Saturday each month, except in January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 568 947 843. Contact CNCA Chair Drew B. for questions/password: <a href="mailto:chair@cnca06.org">chair@cnca06.org</a>

DCMC sharing session - Closed Meeting - DCMCs and Alternate DCMCs only. (HYBRID) - meets at 10:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 568 947 843. Contact CNCA Chair Drew B. for questions/password: <a href="mailto:chair@cnca06.org">chair@cnca06.org</a>

Finance committee - Closed Meeting – Finance committee members only (inperson) - meets at 11:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Contact Finance Chair for questions: <a href="mailto:finance@cnca06.org">finance@cnca06.org</a>

Interpretation & Translation committee (ONLINE only) - meets at 7:00pm on the 4th Wednesday of each month.

Zoom meeting ID: 964 6132 5139. Contact I&T Chair Jose L for questions/password: <a href="mailto:interpret@cnca06.org">interpret@cnca06.org</a>

Linguistic sharing session for Spanish Speakers (in-person) - meets at 10:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Contact CNCA Chair Drew B. for questions: <a href="mailto:chair@cnca06.org">chair@cnca06.org</a>

Literature/Grapevine/La Viña sharing session (HYBRID) - meets at 9:00am on the 4th Saturday of each month, except in January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 987 0872 2632. Contact Literature Chair Jose L. for questions/password: <a href="mailto:literature@cnca06.org">literature@cnca06.org</a>

Public Information/Cooperation with the Professional Community (PI/CPC) committee (HYBRID) - meets at 9:00am on the 4th Saturday of each month, except in January and December it meets the 3rd Saturday.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 568 947 843. Contact PI/CPC Chair Claudia N.for questions/password: <a href="mailto:alternatedelegate@cnca06.org">alternatedelegate@cnca06.org</a>

Technology committee (ONLINE only) - meets at 7:00pm on the 2nd Monday of each month.

Zoom meeting ID: 961 5695 6661. Contact Tech Chair for questions/password: <a href="techchair@cnca06.org">techchair@cnca06.org</a>

Website committee (ONLINE only) - meets at 5:15pm on the 3rd Thursday of each month.

Zoom Meeting ID: 843 8245 4422 Contact Web Chair for

questions/password: webchair@cnca06.org

## **CONTACT US**

Delegate

Chitra S.

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Alternate Delegate

Claudia N.

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Drew B.

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Registrar

Sarah B.

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**Recording Secretary** 

Jackie B.

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Literature/Grapevine/La Viña Jose L. <u>Literature@cnca06.org</u>

Pacific Regional Trustee Reilly K prtreillyk@gmail.com

**CNCA** 

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