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### **CHAIR'S PREVIEW**

One again we will spend two consecutive weekends together with the ACM and summer Assembly in back to back weekends. The International AA convention was a life changing experience for me and likely the other 34,000 attendees who made their way to Vancouver.

I danced to 80s hits on a pier with Bob W. our General Service Office manager on Thursday night and got "all the way down" with my friends from the Sunday Night Castro Speaker Discussion meeting at the big Saturday night dance. The love and unity of the whole weekend was overwhelming.

At both the ACM and the Summer Assembly we will have Old Business that will be available for a vote if the group conscious is ready. At the ACM, we have the question of a Sharing Session on safety and digital Comments and Commentarios. At the Assembly, we will see if we want to suggest a change to the AA Group Pamphlet as well a Public Information service piece. Make sure you bring your hands... you will need to raise them!

Yours in Love & Service, Drew B. Panel 75 CNCA Chair



### **DELEGATE'S CORNER**

How we treat each other is more important than what we do....

I was at a PRAASA the first time I heard this spiritual axiom, delivered by a past trustee on the final day when our leaders share a little of what they have learned through years in our program, in General Service. In my phone I have a page in my notes section called PRAASA Gold (full of all the golden nugget phrases we hear that have slowly changed who I am).

As I wrote this phrase down, I thought "this can't be right". I had literally led my whole life with the idea of needing to win, be better than, achieve. The Golden Rule, sportsmanship, how we treat each other, was just something people said who weren't trying to get ahead. But if this statement was actually true, then I had been focused incorrectly my whole life. It took a few more years to soak in, for me to really buy into the idea - that what we are doing is just the setting for how we treat each other. And if we fail to act with love and tolerance, the situation just presents itself again. It's like a test from my higher power: how am I going to respond when my buttons are pressed. Nope, try again.

This panel the theme of safety and inclusion keeps popping up. So much work is being done by our districts to bring up healthy conversations around the things we don't like to talk about. There's so much to learn here. When I am disturbed, there is something wrong with me. Have I taken inventory, talked to my sponsor, shared my thoughts with another alcoholic? How do I go from blaming others to taking care of my own needs? Where am I needing to be responsible? When I am triggered, how can I go from wanting the external circumstances to be different to changing what I can control (my own actions and mindset).

I love the shift that AA has given me - it is so empowering. This new pair of glasses allows me to take action when I am uncomfortable- I can look inside, and ask why I am at unease. I can pray, meditate, and create a safe space inside myself. I don't have to wait for the external world to be the way I want anymore. I can create the environment I need. I can be loving, kind, tolerant, and peaceful.

This is so different from the me that loves to instigate, cause drama, and stir things up.

I am still both sides, but now I have tools to create calm. Thank you General Service.

Chitra S. Delegate CNCA 06, Panel 75



### **ASSEMBLY BUSINESS MEETING MINUTES**

# CALIFORNIA NORTHERN COASTAL AREA 06 (CNCA 06) ASSEMBLY BUSINESS MEETING MINUTES FOR 2025 POST-CONFERENCE ASSEMBLY

The Post-Conference Assembly business meeting was held in a hybrid format on May 17, 2025, with virtual attendees participating via Zoom and in-person attendees at Saroyan Hall in San Francisco, CA. Drew B. opened the meeting at 9:14 a.m., followed by the Serenity Prayer. The A.A. Preamble was read by: Olis S. (District 07). Mu X. (District 40) read the Twelve Traditions in English and Rosa D. (District 20) read the Twelve Traditions in Spanish. Twelve past Delegates were present: Diane O. (Panel 35), Bob D. (Panel 36, Area 28), Barbra M. (Panel 41), Francisco A. (Panel 55), David N. (Panel 59), Jim F. (Panel 59, Area 38), Ken M. (Panel 61), Raymundo L. (Panel 65), Teddy B-W (Panel 69), Jennifer B. (Panel 71) and Eric L. (Panel 73). Teddy B-W currently serves as a General Service Trustee and Jennifer Brontsema serves as Trustee-at-Large/US on the General Service Board. There was also one past trustee present, David N. (past General Service Board Trustee). There were five past Area Officers present: Judy W., Magdaleno O., Margarete V.A., Michael Q. and Miguel H.

The Pre-Conference 2025 minutes were accepted as published in the May 2025 CNCA Comments and Comentarios.

Registered attendance: 203 voting (50 online; 153 in-person) / 119 non-voting (41 online; 78 in-person).

#### **OFFICER REPORTS**

**DELEGATE – CHITRA S.:** Thank you for sending me to New York. I'm a glitter ninja, and I get to show up fully as myself. The Pacific Region will host a hospitality suite at the 2025 International Convention in Vancouver. Drew B. will be the chair for our hospitality suite. Please visit while you are in Vancouver and connect with members from other Areas in the Pacific Region. To volunteer in the hospitality suite, email Drew at <a href="mailto:chair@cnca06.org">cnca06.org</a>. A total of 5,000 volunteers are needed for the convention, including greeters and readers for the main meetings. To volunteer as a reader or greeter, visit <a href="mailto:icvwc2025.org">icvwc2025.org</a>. The <a href="mailto:Advance Program">Advance Program</a> has been released and emailed to — Dregistered attendees. You can also find it on <a href="mailto:aa.org/international-convention">aa.org/international-convention</a>. It includes details on badge pickup, scooter rentals for accessibility, transportation, expected weather, and the full schedule of panels and events. Have a wonderful International Convention!

**ALTERNATE DELEGATE – CLAUDIA N.:** The first General Service Conference was held in New York in April 1951. It lasted four days and brought together 37 delegates from the U.S. and Canada, along with 15 trustees, Bill W., and staff from G.S.O. and the Grapevine. This year, the Conference had 135 voting members, with 93 delegates doing the work, voting, and discussing committee recommendations. A.A.W.S. is currently seeking a Non-Trustee Director (NTD). This is a voluntary

service position that begins after the 2026 Conference. Interested A.A. members are encouraged to submit a résumé. Visit <u>aa.org</u> for details. Bill W. often spoke about the chance meetings that made A.A. possible – Dr. Jung and Rowland H.; Rowland and Ebby T.; Ebby and Bill at a kitchen table; Bill and Dr. Bob at Henrietta Seiberling's home. Today, I thank God for those moments that created "this thing" that saved my life – and so many others.

CHAIR – DREW B.: In Vancouver, B.C. Canada, A.A. will hold its International Convention for the first time in a decade. Our Pacific Region will host a hospitality suite at the Fairmont Waterfront Hotel in MacKenzie Ballroom 1. This information is included in the <a href="Advance Program">Advance Program</a>. Our Area needs volunteers to help staff the hospitality suite during the hours CNCA is scheduled to host. If you're attending the Convention, please consider signing up to help. Later today, Chitra will share highlights from the 75th General Service Conference. Some of you may already know that a remarkable thing happened: two past Delegates from our Area were elected to serve as Class B Trustees on the General Service Board. Jennifer B. was elected as Trustee-at-Large/U.S., and Teddy B-W as a General Service Trustee. Teddy will continue his service on the Grapevine corporate board, now as a Trustee-Director.

**TREASURER – DAN B.:** As of April YTD, CNCA is doing well financially. We've received \$51,000 in income from group and district contributions and collections at ACMs and Assemblies. Expenses are slightly higher at \$52,000 and include the Pre-Conference Assembly, committee expenses, and officer travel. Our net operating revenue is approximately - (\$800) and we have \$23,000 in our checking account. We're exploring a Venmo for Nonprofit account, and we've started using our new credit card for safer electronic purchases. Please encourage groups to contribute at <a href="mailto:cnca06.org/contribute">cnca06.org/contribute</a>. Checks are still accepted, but they take more time to process. The cost of this Assembly is about \$7,000: \$4,000 for the site, \$2,000 for food, \$150 for coffee, and \$100 for additional parking. Our Assemblies are worth the expense, and we all share the responsibility to make them self-supporting.

ASSEMBLY COORDINATOR – MATT E.: Thank you so much to Districts 05 and 06 for hosting and making us all feel welcome today. We are still looking for bids for all 2026 assemblies, including the Pre-Conference. A few districts have expressed interest. If your district plans to submit a bid, please contact me at <a href="mailto:assemblycoordinator@cnca06.org">assemblycoordinator@cnca06.org</a>. There are specific procedures we need to follow to ensure we're in line with Area guidelines, so early communication is key. Looking ahead, our next assembly will be the Summer Assembly on August 2 at the San Jose Scottish Rite Center.

**REGISTRAR – SARAH B.:** A lot has happened in the last month! At the April ACM, I shared that I'm using mail merge to send automated confirmation emails to new trusted servants and status-check emails to potentially outdated contacts. Since last month, I've sent about 120 status checks and 250 confirmation emails. I'm so grateful for technology and everyone in service, past, present, and future. "Modem-to-modem

or face-to-face, A.A.'s speak the language of the heart in all its power and simplicity." – Forward to the Fourth Edition of *Alcoholics Anonymous*.

**RECORDING SECRETARY – JACKIE B.:** The first Recording Secretary's Workshop of Panel 75 will be held Thursday, June 5, at 7:00 p.m. on Zoom. A "Minutes 101" orientation for new secretaries will begin at 6:45 p.m., followed by the main session from 7:00 to 8:00 p.m. Topics include anonymity-protected minutes, data privacy, and best practices for AI tools and cloud storage, with guest presenters from the Web and Tech Committees. Spanish interpretation will be provided. Flyers have been emailed to DCMCs and Committee Chairs. The Motions Book is our Area's primary record of business from 1971 to today. In the section on Assembly history, I learned that our Area's first Post-Conference Assembly was held in 1969 in Santa Rosa. Email recordingsecretary@cnca06.org for a digital copy.

LITERATURE/GRAPEVINE/LA VIÑA – JOSE L.: Members, committees, and groups can purchase literature through their local Area, District, Intergroup/Central Office, or at onlineliterature.aa.org. Special discounted literature packages are available for Corrections, Accessibilities, Treatment, and PICPC Committees. AAWS and Grapevine are monitoring international tariff conditions; while pricing remains stable, updates will be shared if changes occur. Subscribe to the Grapevine and La Viña apps and support the Carry the Message Project! Check out the podcast, YouTube channel, and encourage others to subscribe. The Trustees' CPC/Treatment and Accessibilities Committee launched the Military Veteran Interview Project, inviting U.S. and Canadian Veterans to share their A.A. experience through anonymity-protected audio interviews. New ASL videos for Deaf alcoholics are now on the Grapevine & La Viña YouTube channel. The "American Sign Language" playlist features stories by Deaf alcoholics for Deaf alcoholics. Visit youtube.com/@AAGrapevine.

#### **AREA STANDING & SUB-COMMITTEES REPORTS**

**ACCESSIBILITIES – ENRIQUE E.:** The purpose of the Accessibilities Committee is guided by A.A.'s Responsibility Statement. We are committed to providing information and resources to help make A.A. accessible to all alcoholics who reach out for help. Access barriers may be physical, mental, geographical, cultural, or related to safety and inclusivity. We have flyers available for safety workshops in both Spanish and English, as well as accessibility checklists for meetings and groups. During our next committee meeting before the ACM, we will hear a presentation on the *Plain Language Big Book*, which is an excellent tool for accessibility.

**ARCHIVES – ELVIA P.:** According to the Area Motions Book, a 1991 Ad-Hoc Committee on Archives was formed to report on: A) The per annum spent on Archives rent and monthly allowance; B) How present Archives operations and plans reflect the Spirit of A.A.'s Traditions; and C) The future direction of CNCA Archives.

The report stated that the Archives Committee was making progress but that its success would depend on the support and participation of the Area Committee, District Representatives, and interested A.A. members.

**BRIDGING THE GAP – LYNN K.:** Bridging the Gap is a 12th Step subcommittee of General Service. BTG gives presentations to rehabilitation centers, detox centers, jails, prisons, and hospitals to inform them that A.A. is available to newcomers upon their release. We then accompany the newcomer to meetings in their home communities. Every district has the opportunity to elect its own BTG Chair to build a committee and expand volunteer support. We are still seeking BTG Chairs for Districts 2, 9, 13, 15, 17, 18, 19, and 20.

**FINANCE – JEFF D.:** The Finance Committee is currently preparing for the upcoming budget season. The Area is entering the time of year when our normal expenses are at their highest. The cost to have a Delegate attend the General Service Conference is approximately \$9,000, and GSO requests that Areas send a minimum contribution of \$2,200. Via a past area motion, our Area raised that minimum amount to \$3,500. GSO has indicated this year that additional support would be greatly appreciated; therefore, the Finance Committee is considering a proposal to increase our 2025 contribution to a net total of no more than \$5,000.

**INTERPRETATION AND TRANSLATION – LUIS R.:** We are very excited and grateful to hear the Delegate's Report on the General Service Conference, one of the most important events for our community. The I&T committee is responsible for making sure every Spanish-speaking person can hear and understand it. In A.A., no borders or barriers prevent us from embracing one another. Our committee continues working hard to meet the needs of the community, and we are grateful to be of service.

**PI/CPC – CLAUDIA N.:** Public Information helps inform the greater community about A.A. and alcoholism so they may find help for themselves or a problem drinker. Cooperation with the Professional Community (CPC) provides information to professionals who work with alcoholics – where we are, what we are, what we can and cannot do. The CPC Desk at GSO publishes a newsletter for professionals called *About A.A.* The latest issue, "Common Myths and Misconceptions about Alcoholics Anonymous," covers A.A. history, spirituality vs. religion, and our connection to medical professionals. The most recent membership survey stated that 53% of members were referred to A.A. by professionals – our outreach to professionals has a big impact. The Area's PICPC Committee meets in a hybrid format at 9:00 a.m. before the ACM in Petaluma.

**TECHNOLOGY – MEG B.:** The Technology Committee supports Area 06 by managing tech updates and producing hybrid events like this Assembly. We're known for digital innovation and unity with our Spanish-speaking districts. Now, we're exploring how tech can better serve all members. Got ideas? Visit the Tech Table! Plus, join us this fall for a workshop on "Tech in AA: What is GSO doing?"

**WEBSITE** – **SANDRA S.:** The CNCA Web Committee provides digital communication resources to alcoholics, trusted servants, professionals, and the public about Area activities and business. The website is available in English and Spanish at <a href="mailto:cnca06.org">cnca06.org</a> and offers current Area information. The committee consists of six members and holds monthly open meetings – visitors are welcome. This month, a subcommittee was formed to explore revamping the website and gathering input on the Area's needs and usage. If you have suggestions or feedback for the committee, please email <a href="mailto:webchair@cnca06.org">webchair@cnca06.org</a>. We encourage everyone to explore and utilize the CNCA website regularly.

#### **AREA BUSINESS**

#### **PRESENTATIONS**

• General Service App Update – Presented by Dan B., Area Treasurer

**Presentation:** Josh R., developer of the Meeting Guide App, and I created the General Service app. In April, Apple approved the app for its App Store. During the Pre-Conference Assembly, we solicited beta testers with Android phones to help with Google's approval process. We went through a two-week testing process with Android volunteers from our Area. Thanks to these volunteers, Google approved our app for the Google Play Store. The app is now available in both the Apple App Store and Google Play Store. To download the app, search for "General Service" in your App Store and look for the upside-down triangle icon. Remember to enable location services. A mid-June workshop for DCMCs will cover uploading information. Suggestions for enhancements are welcome.

**Questions:** Q: In San Mateo, I didn't see my district show up on the app — what's going on? A: That means your DCMC hasn't uploaded the information yet. A workshop is planned for District Chairs in May or June to demonstrate how to upload content to the app. // Q: As registrar, do I have to re-enter everyone's info on the app? A: No, registrars don't need to do anything. Anyone can download the app, and the DCMC will upload district information. //

Trustee-at-Large/US – Jennifer B., Trustee-at-Large/US

**Presentation:** I'm learning more about being Trustee-at-Large and getting pretty pumped about it. I'm now logged into Onboard, which is how we share information within the Conference and Trustees. My responsibilities include attending quarterly General Service Board meetings, serving on the International Committee all four years (Vice Chair this year, Chair in the last two), presenting at Regional Forums, and attending the World Service Meeting (WSM) every other year and the Meeting of the Americas (REDELA) in alternate years. This June, I'll attend Bulgaria's 8th General Service Conference alongside our International Desk staff. In October, I'm going to Bolivia for REDELA, and next year's WSM is in Portugal. Recently, Kenya invited us to their East Africa Convention, and I'm thrilled to attend and meet Esther, whom I previously interviewed virtually. I'm excited, grateful, and learning so much.

Keep putting your hand up and encouraging others – who knows, you might end up in Kenya too!

 Class B General Service Trustee – Teddy B-W., Class B General Service Trustee

**Presentation:** I would like to thank all of you for pouring so much love and service into me over the years and for preparing me. This room holds many memories – I was here in 2011 when we had an assembly, and the person who got me involved in general service, Jeff O., is no longer with us, but I feel he's here in spirit today. I'm filled with joy that I can pour all your love and service back out in this new service commitment. I'll be traveling too, though mostly to Albuquerque – unlike Jennifer, who truly will be trotting the road of happy destiny. As General Service Trustees, we share duties of care, loyalty, and obedience, ensuring that resources support our Fifth Tradition and are used responsibly in accordance with the law. I'll also continue serving on the Grapevine Board and numerous committees, including International Conventions, Regional Forums, Nominating, and Literature. Thank you again – I'm honored and grateful to serve.

#### **NEW BUSINESS:**

To add an inventory question to page 30 of the pamphlet, "The A.A. Group", that reads: Do our group members know where to find up to date information about A.A. on the websites and newsletters of central offices and intergroups, districts, areas, aa.org, and A.A. Grapevine? – Presented by District 12 Sonoma at the Area Committee Meeting 9/28/24

Discussion: Group Consciences: Felton Group unanimously approved this. // My group also unanimously supports it. // We believe this will be a useful tool from General Service. Many people are unaware that this information exists. // It would be beneficial to all groups. // We support adding the inventory question. It helps inform members about available resources. // Very important addition. Many don't know where to find A.A. info. One minority opinion said there's already plenty. Another person didn't even know the pamphlet existed. // Two people said to leave the pamphlet as is. // Adding this will help us get better, more current information and encourage group inventories. // Our group agreed unanimously. // My group was against it. They felt that most people already knew this information. Two longtimers didn't even know how to use the internet. A minority opinion supported it, saying it would help members learn how to find information. // We felt this would allow members to better serve the fellowship. // Our group fully agreed – it's a great idea. Even if not discussed, simply seeing the question might inspire people to seek out information and share it with their group. // Thank you for the ASL interpreters - I'm a Deaf member. My group was unanimously in favor. Newcomers often don't know where to find current info on aa.org or our district site. We'd like more awareness of DeafAA.org. // My group thought this was a good question to help all members find info and recommend resources to newcomers and people who can't access audio content in La Viña. // Personal Opinions: If you're going to include this information in the pamphlet, consider adding the General Service app. // Most groups don't conduct inventories, so adding this might prompt more. In Texas, inventories were common.

When I moved here, no one even knew they were supposed to do one. // There's room to amplify this content within the other inventory questions. // We should raise awareness of how to access A.A. info, especially for younger members. // In the Latin American community, there's less access to information. This should go out as widely as possible. // By adding this question, we'll recognize what needs to be done so new members can access the info. It prompts us to ask what we're doing for newcomers and how we can communicate better. // I like the idea, but feel our focus should be on providing vision. Are we nitpicking? We have so many pamphlets – are the other questions outdated? Do we need a separate pamphlet just for inventories? Is this the best use of Conference time for a single question in a single pamphlet? GSRs will report back to their groups about this assembly and the pamphlet. The agenda topic process will generate a wide conversation across the Fellowship, which will be a real benefit. //

# <<Motion to become Old Business at the Summer Assembly on August 2, 2025.>>

That CNCA06 request that A.A. produce a public information service piece
with a simple and consistent message, including QR codes, that could be
used across the United States/Canada service structure. And to request that
A.A. use the service piece in a public information campaign. – Presented by
District 01 Monterey.

Discussion: Group Consciences: We support the PI piece, including the QR codes. // We are in favor; we concluded it's not promotion, it's providing information to the public. For example, not having to bring so many pamphlets during PI presentations. My home group is a women's group, and we believe a QR code is a simple and easy way to convey the message. Someone suggested that scanning the code would be a good experience to quickly find information on A.A. One member, who is on a PI committee, says they already use a QR code and find it very helpful. When traveling, they use a lot of QR codes and think it would be beneficial in A.A. // My group is in favor and says it will help people find A.A. Put them in bathrooms because that's where people hit their bottoms. // Majority in favor; QR codes are useful and accessible for young people. Everybody has a cell phone. // My group was mostly against it. They felt the cost wouldn't be worth it, that it was promotion, and the money would be better spent on H&I. // A few members felt it would be a great tool for PI since their group uses a QR code in their own 12th step work. Many people don't know where A.A. is, and outreach would be beneficial. Minority opinion asked about the line between attraction and promotion, what this campaign would involve, and said it might be more useful to improve SEO. // Concern that stickers might create litter; some places wouldn't allow them and they'd just be trashed. One person raised a security issue: QR codes can be altered and lead somewhere harmful. // It's not promotion, just answering questions. Public places are a good idea. No need to type in a web address; the QR code takes you right there. // Largely in favor. We think it will reach people that current pamphlets don't. // Majority in favor. Some feel QR codes would carry the message quicker and more accessibly. Very efficient. // My district is excited to have stickers we can put on bathroom doors. We think it would be a "god shot" to many people. // It would be a great PICPC tool and

increase membership. // We believe this would make A.A. info more accessible. The info exists elsewhere, but many people aren't tech-savvy. Minority opinion was concerned about cost. // Q: A question was asked at our District sharing session about where to see examples. (Motion-maker responded): A: Examples were handed out at PRAASA and the Pre-Conference Assembly. // Some asked how this would be accomplished and said it seemed too ambitious. They suggested printable stickers where local Intergroups or Districts could add hotline numbers. // My group supported it, but someone asked what other locations besides bathrooms could use a QR code. // Personal Opinions: We often forget how hard it is to find information today. QR codes are everywhere. // I'm concerned this motion is being interpreted as promoting stickers. I'm against stickers; they seem promotional and unattractive. // I also worry stickers will end up where they're not wanted. I support service pieces, not stickers. (Chair clarified stickers aren't in the motion.) // When A.A. began, it was one alcoholic talking to another. That's what we need more of - not more cards and pamphlets. We should be less anonymous and reach out directly. // At a school PI event, no young people took pamphlets but everyone had a phone and scanned the QR code. // I like the idea, but we need more than pamphlets. The Area should support groups doing PI work. My group just elected a PI Chair. This ties to the pamphlet inventory question 12 about outreach to professionals. // If this passes, I hope it goes to high schools. I'm a mom and care about the next generation. // Anything that improves communication helps. I'm on PI and can't always carry cards - QRs would help. // We used to have a bus placard that said, "If you drink, it's your business. If you want to stop, it's ours." My group wants to bring that back. // From an accessibility perspective, this idea makes sense. I got sober on Zoom - tech matters. We need to stay open. // My company discourages the use of public QR codes. They can be spoofed or hacked. You don't always know where you'll end up. // My district uses QR codes heavily. We should adapt. Let's educate members on how to use them safely. The motion mentions a service piece, not stickers. // In 1990, we had 2 million members. In 2024, still be 2 million. Flat for 34 years. // That doesn't worry me - it's about quality of sobriety, not quantity. Not just more traffic to the website. // I agree we need more outreach. I'm not sure QR codes are the best way, but we have to do something. // Longtimers are staying home post-pandemic. We need new platforms to reach people and point them to the Meeting Guide app. // At our Access table, we have six QR codes that link to service materials. But we still need face-to-face connection. // There are five PI service cards with space for local QR codes. Was the motion maker aware? (Answer: Yes. The cards are for local committees; this service piece would link to aa.org.) // We must remember not everyone has a smartphone. Many can't access digital resources. // I got a phone book with the wrong number for the local A.A. office. Local info isn't always accurate. // At the Pre-Conference, I liked the idea of a sticker in a bathroom, but public QR codes raise security and legal issues. It feels promotional. // Could be useful for professional outreach. // I came to A.A. through a therapist's referral. Later, I found pamphlets at a medical office. Professional outreach matters. A bathroom QR sticker has risks. // The motion says A.A. should produce the piece. But A.A. is all of us groups, districts, Area. My group already has a QR flyer for outreach. Public info takes many forms. // In A.A., we say we need something, and someone already has it. Regardless of this motion, groups and districts can create materials now. PICPC already has examples. // What about those who can't access websites? How do we

reach them? // A judge told me about A.A. Google doesn't treat our slogans as promotional. Our name needs to be more visible. // Bill and Bob went into institutions to share about A.A. I didn't even know what PICPC was until recently. We should go to jails, courts, and doctors – talk directly. Our literature says, "A more important demonstration lies ahead of us in our homes and occupations." Share at work or school. One alcoholic talking to another. // If QR codes are risky, why not just print aa.org or an 800 number? //

## <<Motion to become Old Business at the Summer Assembly on August 2, 2025.>>

The business meeting was closed at 11:58 am.

#### WHAT'S ON YOUR MIND?

\*\*What's On Your Mind:\*\* Thank you to Chitra and our trustees, Teddy and Jennifer. // Attendance: 229 in person, 90 online - 319 total. Thanks to the registration volunteers. // \\$1,827 in contributions today. // Third Legacy Workshop is hosting a 12-week Service Manual study. // Thank you to San Francisco and San Mateo for hosting. I was moved by the message about imperfect servants making amends. I've dropped out of General Service twice and never finished a panel. I struggle with perfectionism. It helped to hear that others experience this too. Gossip can make service harder. // As Chair of Santa Cruz's Joint Safety Committee, I noted the motion to create an Assembly Safety & Inclusion Committee. Our Area Accessibility Committee has already been holding safety workshops, especially in Spanishspeaking districts. In Santa Cruz, I haven't heard about these efforts, despite having been involved in safety work for four years. We'd like to be informed. // District 40 is hosting the Summer Assembly in San Jose on August 2, 2025. // Thanks to Districts 05 and 06, co-host chairs Susan and Justin, the DCMCs, District 16 for dinner, and to San Francisco and Marin Intergroup and Oficina Central for bringing the bookstore for the first time after the ACM motion. // My group discussed the inventory question and raised concerns about people finding dual diagnosis meetings in local A.A. directories that don't follow our literature or Traditions. // This is my first Assembly. Thank you to Chitra for a great presentation. I'm grateful to serve as liaison from District 20 to District 07. // There are audiobooks for the Steps and Traditions but not for the Service Manual. That would be helpful. Thanks also to the ASL team. // District 11 is hosting the Fall Assembly on November 1. The night before will be a Halloween party and anniversary chip night, with a past trustee as the main speaker. Plan your costumes! //

The Post-Conference Assembly was closed on Saturday, May 17, 2025, at 4:10 p.m. by Drew B. with the Responsibility Declaration.

Respectfully submitted, Jackie B.

#### CNCA Recording Secretary, Panel 75

<u>Disclaimer</u>: Al tools were used to help with transcription, editing, and proofreading. A trusted servant reviewed and approved all final content to make sure it's accurate and follows A.A. principles.

### **AREA BUSINESS MEETING MINUTES**

CALIFORNIA NORTHERN COASTAL AREA 06 (CNCA 06)
AREA COMMITTEE MEETING MINUTES
June 28, 2025

The monthly Area Committee Meeting (ACM) was held using a hybrid format on June 28, 2025 with virtual attendees on Zoom and in-person attendees at the Petaluma Community Center. Drew B. opened the meeting at 12:30 pm, followed by the Serenity Prayer. The AA Preamble was read by: Roy H. (District 70)], Gabriel M. (District 18)] read Tradition 6 in Spanish and Lou S/ (District 90) read Concept VI in English. We welcomed four new GSRs. There were five past Delegates present: Diane O. (Panel 35), Bob D. (Panel 36 Area 28), Joann L. (Panel 67), Jennifer B. (Panel 71) and Eric L. (Panel 73). Jennifer B. also currently serves as a Trustee-at-Large/U.S. The May minutes and the financial report were accepted as published in the *CNCA Comments* and *Comentarios*. Birthdays: 112/7. Attendance: @140 (@40 online and @100 in person).

#### OFFICER REPORTS

**DELEGATE – CHITRA S.:** Thank you to all the districts that invited me to give my Delegate's Report. I had a ton of fun and appreciate all the hugs and delicious food! I recommend exploring the new General Service app – scroll down on the Area tab to the section on "What Happened to the Agenda Topics?" to read the Conference results and vote counts. The updated <u>A.A. Guidelines on Safety and A.A. Groups</u> (MG-25) area available on <u>aa.org</u> for download. Procedures are in place for electing our next Pacific Regional Trustee and our Area will select our nominee at the Fall Assembly. I yield my time to Jennifer B., Trustee-at-large/US, to share with us about her recent trip abroad.

**TRUSTEE-AT-LARGE/US – JENNIFER B.:** I recently returned from Bulgaria, where I attended their General Service Conference as part of my new role as Trustee-at-Large. I arrived on Founders Day and was warmly welcomed by the chair of their conference. It was touching to connect with fellow alcoholics doing incredible service. We brought them a Big Book signed by our General Service Board, and I received a

Bulgarian Big Book in return. Bulgaria has 512 members and 47 groups. They don't have a central office or GSO, so the same people organizing the Conference also do the service work – there's a strong sense of humility and excitement. One member joked that their Conference cost the equivalent of 50 days of drinking! At the International Convention, I'll be facilitating a hybrid "AA Around the World" call-up meeting featuring speakers from Bulgaria, New Zealand, and Mongolia.

ALTERNATE DELEGATE – CLAUDIA N.: As Alternate Delegate, I'm occasionally made aware of anonymity breaks in our Area. A recent one prompted me to revisit our literature and traditions – "Understanding Anonymity," "Anonymity in the Digital Age," and the letter "Anonymity to the Media" are all great reminders. Our tradition of anonymity protects A.A., reminding us principles, not personalities, guide us and that no single member speaks for A.A. as a whole. At the International, I'll be moderating a panel on Anonymity and our public message, looking at how we present A.A. through news outlets, social media, and to the Fellowship and professionals. Check out the 2025 IC Checklist for info on badges, passports, the app, and more. A virtual program track is available for those at home.

CHAIR – DREW B.: We are one-quarter of the way through Panel 75. Please review the Website Survey flyer created by our Ad Hoc Committee. I also have our International Convention Pacific Region hospitality flyer and the CNCA speaker list, which includes all of our CNCA folks who will be sharing or leading panels in Vancouver. Today we have three items of new business and one housekeeping motion. This afternoon, we'll also hear a bid for the Post-Conference Assembly. Three assemblies remain open for bids for this panel that a District can bid to host. Please contact the Assembly Coordinator at <a href="mailto:assemblycoordinator@cnca06.org">assemblycoordinator@cnca06.org</a> for more information.

**TREASURER – DAN B.:** As of May, we are doing decent financially. We've received \$62,000 in group and district contributions and 7th Tradition collections at ACMs and Assemblies. Expenses totaled \$63,000, including officer, assembly, committee, and admin costs, resulting in a net operating revenue of – (\$1,200). We have \$28,000 in checking before paying \$11,000 in reimbursements. Our 2024 tax return has been signed and is being filed; we neither owe nor are owed any money. We'll be using Venmo for the 7th Tradition and are working to open a nonprofit Venmo account. Our new PayPal account and recently filed tax return will support this process. Please encourage groups to contribute electronically at <a href="mailto:cnca06.org/contribute">cnca06.org/contribute</a> (include a group service number if possible). Checks are still accepted but processing them takes longer.

**ASSEMBLY COORDINATOR – MATT E.:** The Summer Assembly is right around the corner! We'll see each other at the July ACM, and then just one week later—on Saturday, August 2—we'll meet again at the Scottish Rite Center in San Jose for the FUN Assembly. Preliminary flyers will be sent to DCMCs and Committee Chairs next week. We often ask how to encourage and increase participation in General Service -- my first Area event was the 2018 Summer Assembly in Fortuna, and I've been

hooked ever since. Today we'll hear a bid from District 90 Solano North for the 2026 Post-Conference Assembly. If your District is interested in hosting an assembly in 2026 or 2027, please email <a href="mailto:assemblycoordinator@cnca06.org">assemblycoordinator@cnca06.org</a>.

**REGISTRAR – SARAH B.:** Keeping group records up to date just got easier! I set up an automation on Airtable that will periodically email members whose information hasn't been updated in over a year to confirm if they're still serving. I also helped a Florida delegate use our data to show travel distances to assemblies. Using district meeting locations as a starting point, the farthest drive to the post-conference was 353 miles, with a median of 86 miles. Attendance dropped as distance increased. If you ever want to geek out on data, I'm your gal.

**RECORDING SECRETARY – JACKIE B.:** Thank you to everyone who attended the Secretary's Recording Workshop. A sample minutes template and the orientation slideshow are now available. Another workshop will be held early next year on the topic "Creating a District Motions Book". I appreciated last month's discussion on the Area Motions Book, and I've sent copies to everyone who requested one. If you'd like a copy in English or Spanish, please email <a href="mailto:recordingsecretary@cnca06.org">recordingsecretary@cnca06.org</a>. Did you know that in 1986 our Area submitted a bid to host the International Convention? The proposed venues were Candlestick Park and Moscone Center.

LITERATURE/GRAPEVINE/LA VIÑA – JOSE L.: Literature and Grapevine/La Viña highlights from the 75th General Service Conference include: 1) A revised five-year plan for La Viña (2026–2030) failed, but a recommendation for annually review both magazines' five-year plans was approved; 2) the pamphlet AA Grapevine and La Viña: Our Meetings in Print will be revised; 3) a membership survey will assess Grapevine offerings, with reports due in 2026 and 2027; 4) proposed Grapevine book titles include a second collection of women's stories, a photo collection, and a Spanish collection on service; 5) Living Sober will be revised; 6) Revisions to the Plain Language Big Book has been deferred until 2027; 7) A proposal to add the Concepts to the Twelve Steps and Twelve Traditions failed; 8) Updates to the pamphlets The Twelve Steps Illustrated, Indigenous People in A.A. and Questions and Answers on Sponsorship passed; and 9) The animated video of the Twelve Concepts Illustrated passed.

#### **DISTRICT REPORTS**

**DISTRICT 01 (MONTEREY) – ELENA B.:** We participated in Salinas Unity Day on June 8, where our District staffed a table and connected with attendees to raise awareness about General Service. Several individuals expressed interest in receiving the A.A. Service Manual. While we continue to face challenges resolving our bank account issues, the Finance Committee is committed to finding a solution so future panels won't face the same difficulties. Our Visitation Committee held its first meeting, assigning members to visit unrepresented groups.

**DISTRICT 02 (SALINAS/SAN BENITO) – JUAN T.:** District 08 heard the Delegate's Report this month and was inspired by the experience. Two of our GSRs are headed to the International Convention! We continue to support our groups with love and service.

**DISTRICT 03 (SANTA CRUZ) – RYAN A.:** A few new GSRs are trickling in, and we had a great discussion about the Area business item on the Safety Sharing Session. We're looking forward to hosting the Delegate in August and will be having a potluck – all are wewlcome!

potluck and our Delegate shared her report. July will be full of activity with housekeeping motions and new business from PI/CPC, SCYPAA, Bridging the Gap, and Unity Day. Save the date for Unity Day on August 24 at the Milpitas Community Center – our Delegate will also share her report there. Our Accessibility Committee is launching a series of sharing sessions, starting July 20 at 4 PM on Zoom, focused on Traumatic Brain Injuries.

**DISTRICT 40 (SANTA CLARA SOUTH) – PAM S.:** District 40 is full of energy as we prepare to host the CNCA Summer Assembly on August 2 in San Jose. Our Alternate DCMC is serving as Chair and working closely with the Area Coordinator and our district members to bring together a truly "fun assembly." In response to strong support for Friday events that build connections, we'll also host a dinner and speaker meeting on August 1. Flyers are available at the table. We're also excited that many of our members will be attending the International Convention – we look forward to hearing about their experiences. See you in San Jose!

**DISTRICT 05 (SAN MATEO) – JONATHAN L.:** District 05 is actively planning Unity Day on July 13 from 12–4 PM at Beresford Recreation Center in San Mateo. We're excited to welcome service committees and host fun activities, including karaoke from PENYPAA. Our GSRs and members are eager to hear the Delegate's report and learn about the Conference. At our last meeting, we discussed a motion to add content to *Living Sober* about anxiety and depression. Most positions are filled, but we're still looking for a new PI/CPC Chair.

**DISTRICT 06 (SAN FRANCISCO) – DAVID S.:** This month, we finally had time to delve into discussion topics, which included setting intentions for our panel and a conversation about officer reports. Intergroup will host its annual gala on September 6–Olis S. will be the AA speaker, and Father Tom W. will be the guest Al-Anon speaker. Our district has tentatively scheduled our Unity Day for September 20, and our first inter-district event, co-hosted with District 5, is also tentatively scheduled for October 18.

**DISTRICT 07 (ALAMEDA NORTH) – BRIDGET L:** Our visiting Area Officer presented on service and the impact of the Grapevine and La Viña. We have two open District positions – DCM of Subdistrict 04 and Accessibilities Chair. Four out of

five Subdistricts have active DCMs. We plan to host public information tables at both the Solano Stroll and Oakland Pride. Bridging the Gap is in need of volunteers. We are exploring the creation of a safety presence.

**DISTRICT 70 (ALAMEDA SOUTH)–CHASE C.:** District 70 welcomed our Delegate this month, and the biggest takeaway from her report was: "If you don't know what to do, be of service." On July 5, we're hosting a watch party to hear the main speaker from the International Convention in Vancouver, facilitated by our District DCM. At our July District meeting, we'll welcome guest speaker Vera F., a past AAWS non-trustee director. District 70 meets in a hybrid format – check our page on the General Service App for meeting details and how to attend.

**DISTRICT 08 (CONTRA COSTA) – CHUCK B:** At the June district meeting, we hosted our Delegate's Report from the 75th General Service Conference. Thanks to our CNCA Delegate for the comprehensive report and for answering our questions.

**DISTRICT 09 (SOLANO SOUTH) – BILLIE JO C.:** I am excited to share that we are hosting a workshop on July 26th, the same day as our district meeting. Mark your calendars: July 26th from 2:00 - 4:00 p.m. at the Vallejo Fellowship located at 1115 Amador Street, Vallejo. The topics are "Physical, Emotional, and Spiritual Sobriety."

**DISTRICT 90 (SOLANO NORTH) – DEBRA M.:** This month, we had a wonderful Unity Day Ice Cream Social with our Delegate's report. Thank you to Matt for guiding us so we could make a bid to host the 2026 Post-Conference Assembly. We've started adding information to the General Service App. Dixon has joined our Area, and we are now looking to fill two more DCM positions. We look forward to continuing to grow awareness of the importance of General Service in our district.

personal and collective meaning of accepting a group commitment. We approved several items: adding a group inventory question on accessing A.A. information, creating a public information QR code for consistent messaging, and launching a monthly Area-wide online Safety Forum. We explored co-hosting the Summer 2026 Assembly with Sonoma District and simulated a group inventory using the Delegate's recent guidelines—"a profound evaluation process." We also shared ways to stay informed about AA, Area sharing sessions, and highlights from the CNCA06 website.

**DISTRICT 11 (NAPA) – DUNCAN L.:** Unfortunately, our Alt-DCMC and a DCM stepped down; however, we welcomed three new GSRs. We welcomed three new GSRs. Our June meeting was focused on technology, featuring presentations on a Napa Valley Service wiki page and the General Service App. We hosted Unity Day on June 14, which featured our Delegate's Conference report. Host planning is underway for the Fall Inventory Assembly.

**DISTRICT 12 (SONOMA) – MAUREEN G.:** District 12's Delegate BBQ on June 2 drew about 200 attendees, and the conference presentation was well received. GSRs are sharing their service experience at recovery meetings. The I&T Committee is revising guidelines, taking inventory, and working on implementing the General Service App. Access Sonoma County is planning a Safety Workshop for September. We will hold an election for Alternate DCMC in August. We're refining sub-district meetings and gathering GSR feedback.

**DISTRICT 13 (LAKE) – CHRIS W.:** The 35th Annual Lake County Soberfest will be on July 18 - 20, 2025.

**DISTRICT 14 (MENDOCINO) – TIM D. (DCM):** District 14 approved our revised reimbursement guidelines. We are planning a Unity Day event later this year. The Pacific Home Group has posted QR codes linking to Coastal Intergroup activities. Our district is also using a QR code sheet to connect newcomers with AA information and the Meeting Guide App. Our visiting Area Officer gave a detailed introduction to the new General Service App, which sparked great interest and is already being updated with our District information. Everyone is encouraged to explore and share it

**DISTRICT 15 (HUMBOLDT/DEL NORTE) – JANINE L.:** We have secured a venue for Unity Day on July 19 and are excited to finalize the planning with H&I and Intergroup. Our visiting Area Visiting Officer shared his journey in General Service. He expressed his love for his current position as Area Chair, noting that it aligns well with his outgoing personality and organizational skills. We continue to work on establishing our PI/CPC Committee. The District discussed several officer position vacancies, including bridging the gap, accessibility, and recording secretary roles. The District was introduced to and discussed the launch of the new general services app, which will serve as an additional communication channel for the district.

**DISTRICT 16 (SPANISH CENTRAL) – ROSALBA P.:** District 16 will celebrate its 39th anniversary on August 10. We are taking action to acquire radios to support translation at future A.A. events. We continue visiting groups without GSRs to raise awareness about the importance of electing a representative. We are also informing our groups about the 6th Hispanic Forum and its purpose. We thank our visiting Area Officer for the valuable information they shared. We still have vacant service positions in our district.

**DISTRICT 17 (SPANISH SOUTH) – ERIC R.:** District 17 held a small workshop focused on how to be of service in General Service. We were grateful to have our Delegate visit, answer our questions, and share her experience. Our anniversary celebration will take place at 9:00 a.m. Everyone is invited to attend!

**DISTRICT 18 (SPANISH NORTH) – JOSE G.:** Our Delegate visited us this month. We continue visiting groups – especially those without a GSR – to share updates on what's happening in our A.A. community. We accepted several invitations from

groups to speak about General Service. Our anniversary will be held on August 24 at the Nueva Vida Group space.

**DISTRICT 19 (SPANISH SOUTH SOUTH) – ADAN M.:** Our Delegate shared her report with us this month and our GSRs were very enthusiastic and grateful for her message. We've been building unity by participating in events with other districts, and we thank all the districts who participated in our anniversary. We continue visiting groups without GSRs to encourage participation in General Service.

plan to bid to host next year's Election Assembly. Our District will host the next Hispanic Interdistrict Meeting on September 14. We joined District 19's Unity Day and look forward to participating in District 17's Anniversary. We're hosting a safety demonstration on July 8 and the Delegate's Report on July 28.

# AREA STANDING & SUB-COMMITTEES, SHARING SESSIONS, AND LIAISON REPORTS

ACCESSIBILITIES – ENRIQUE E.: Today's session featured a presentation by Josh R., creator of the Meeting Guide app, with a focus on accessibility. He explained how meetings can ensure their information is accurate and accessible and previewed updates to help members find ASL meetings online. We were shocked to learn there are only 118 sign language meetings listed in the app and none in the Bay Area. Next month will feature a presentation on ASL. Access Message of the Month: Does your district have an Accessibility Committee?

ARCHIVES – ELVIA P.: La Viña will celebrate its 29th Anniversary this year. In 1991, Spanish-speaking A.A. members requested that Grapevine articles be made available in Spanish. In response, the Grapevine published monthly Spanish articles, followed by a special Spanish edition in 1995. The first edition of the bi-monthly La Viña magazine was published in 1996. Western Roundup Living Sober in San Francisco celebrates its 49th anniversary by marching in the Pride Parade and hosting a booth. District Archives Chairs are working together to organize and clear out documents. We hope to purchase new equipment to support their efforts soon.

**BRIDGING THE GAP – LYNN K.:** This month, we heard reports from 10 districts, with 52 presentations, 195 requests for contact, 16 successful bridges, and nine new volunteers. We also received three out-of-state requests from Texas, Iowa, and New York. Due to low attendance, we'll be selecting someone to attend the Bridging the Gap Workshop Weekend next month. We still have 8 District BTG Chair positions open. All committees are actively working to recruit more presenters and volunteers.

**COMMENTS/COMMENTARIOS – BLAKE L.:** We thank everyone who contributed to the June newsletters, with a special acknowledgement to the I&T Committee for their translations.

**FINANCE – JEFF D.:** The Finance Committee reviewed the Treasurer's Financial Statements and found them accurate. We thank the Area Officers and Committee Chairs for sticking so closely to the 2025 budget. 2026 budget worksheets will be available next week via Google Drive for Officers and Committee Chairs to complete. Our taxes are now filed, and we're moving forward with electronic contributions.

**INTERPRETATION AND TRANSLATION (I&T) – LUIS R. (READ BY JAVIER L.):** Over the last month, we translated an average of 14 reports and provided interpretation for 10 meetings. We're speaking with the Finance and Treasury Committees about possibly purchasing more radios to meet upcoming assembly needs. We welcomed a new member-at-large to the committee.

**PI/CPC – CLAUDIA N.:** The PI/CPC Committee meets to provide resources, share ideas, and support anyone interested in this service. At today's meeting, a member from District 12 shared outreach tools for public and professional audiences, including English and Spanish literature posters, waiting room flyers with QR-coded cards, and a poster generator tool. He also walked us through an AA Overview presentation used with professionals. Next month, Julia from District 03 will share how she sets up her PICPC tables. Our next meeting is July 26th at 9:00 a.m. All are welcome!

**TECHNOLOGY – MEG B.:** We have begun planning the Area's email migration, with the purpose of enhancing communication and document collaboration. District 20 will host our upcoming Tech Workshop with a tentative date in October. Topics will include the Grapevine and La Viña apps, the Meeting Guide app, A.A. websites, A.A. podcasts, and the General Service app. We're also rolling out QR codes for 7th Tradition contributions at hybrid assemblies, with more helpful slides coming soon – thanks for the feedback! Lastly, we're looking for a volunteer to support online service at the Summer Assembly. Contact me at <a href="technology@cnca06.org">technology@cnca06.org</a> if you are interested.

**WEBSITE – SANDRA S.:** The Ad Hoc Website Committee created a survey to gather input at the ACM. We reviewed what's needed to complete an email migration to either Outlook or Gmail; Area Officers will decide which platform to use. Spanish Districts, please contact Magdaleno with updates for the Spanish homepage. June's posts are live on the website. We're waiting on ACM approval to send a committee member to the Technology Workshop in November. The committee will have a display table at the Summer and Fall Assemblies. Questions? Email webchair@cnca06.org.

**DCM SHARING SESSION – MATT E.:** We heard a valuable presentation on what to do after Agenda Topics season. The presenter created a beautiful PDF with talking points and suggested next steps, which will be made available in both English and Spanish.

**SPANISH LINGUISTIC SHARING SESSION – ROSA:** A presentation was given about the General Service and Meeting Guide apps, encouraging members from Hispanic linguistic districts to download and explore them. The Meeting Guide app, available since 2015 on both iPhone and Android, is fully accessible in Spanish and includes vital information for newcomers, such as meeting locations and Intergroup offices. Flyers were distributed with links to find districts and additional resources. A workshop in Spanish was also held to demonstrate the app's features.

**LITERATURE/GRAPEVINE/LA VIÑA SHARING SESSION – JAIME.:** We reviewed the outcomes from the 2025 General Service Conference, specifically actions related to Grapevine and La Viña. We discussed the differences between Advisory Actions, Floor Actions, and Recommendations. Participation was strong, with thoughtful sharing and engagement throughout.

H & I (HOSPITAL AND INSTITUTION COMMITTEE) – JAMES C.: Several positions are rotating out in July, and the following commitments are open: NorCal Committee Chair, Finance Committee Member, Archives Chair, Literature Chair, and Web Chair. If you're interested in expanding your service into H&I, our next business meeting is Sunday, July 27, at 11:00 a.m. Visit <a href="handinorcal.org">handinorcal.org</a> for meeting location and hybrid log-in details. Our financial picture is improving but remains neutral, so we're trimming costs by considering online-only quarterly meetings and ending literature stockpiling. Our outreach efforts to Spanish-speaking districts continue, and we've filled the Spanish Communication Chair. IVSS continues growing and seeks new sponsors.

YPAA (YOUNG PEOPLE IN A.A.) - VACANT: No report.

INTERGROUPS AND CENTRAL OFFICES – DON Z.: This month, many Central Offices held Founders' Day events. We discussed whether Central Office websites and newsletters should include information about social events (e.g., bowling, bingo, softball). For website postings, it is considered best practice to use JPEGs rather than PDFs, as personally identifying information is not searchable in JPEGs. We discussed insurance coverage for special events and offsite activities, particularly for groups meeting in church facilities. Some Intergroup Boards are encouraging board members to visit meetings and serve in the office to gain firsthand experience. Literature updates included news of seasonal sales from December 15 through February 15, as well as reminders that delayed items may result in unexpected charges when shipped. The 2025 ICOAA seminar will take place in Memphis, Tennessee, from September 19-21.

**INTERGRUPOS Y OFICINAS CENTRALES – FIDEL P.:** Officina Central Hispana Costa Norte is made up of 17 groups and includes committees such as Public Information, Literature, La Viña and Grapevine, Step 12, and Formal Sponsorship. They hold their business meeting on the first Thursday of each month, and on the third Friday, all groups come together for Unity at the group La Alegría de Vivir. In

April and May, 75 people received the message, including eight women. Lastly, the office will celebrate its 20th anniversary on September 20.

NCCAA (NORTHERN CALIFORNIA COUNCIL OF A.A.) – CHASE C. AND EDUARDO: We're excited to have a member of the 2026 Spring Host Committee serving as Spanish Liaison for the NCCAA Conference. We hope you'll attend! You can register and find volunteer info at <a href="NorCalAA.org">NorCalAA.org</a>. The next NCCAA will be held in San Ramon March 20–22, 2026, at the San Ramon Marriott. We're currently visiting venues for Fall 2026 in Stockton. If your area is interested in hosting a future conference, please contact Sue B. through the NCCAA Website Contact Page.

**HISPANIC WOMEN'S WORKSHOP - VACANT:** No report.

**LA VIÑA ANNIVERSARY – JUAN CARLOS M.:** The 29th Anniversary of La Viña will take place July 25 – 27, 2025, at the Pacific Palms Resort in the City of Industry, CA (Area 05, Southern California). The banquet is \$80 for adults and \$55 for children. Event registration is \$30. A play will be performed at the La Viña Anniversary and also at the AA International Convention on Friday, July 4, and Saturday, July 5, at 6:00 p.m. at Christ Church Cathedral, 690 Burrard Street.

**FORO HISPANO – ISRAEL F.:** District 19 is enthusiastically planning the program with the support of all our groups. The Foro will take place on Sunday, November 2, from 8 a.m. to 4 p.m. in Seaside, CA. Thank you for your support.

#### **AREA BUSINESS**

#### **ASSEMBLY BID:**

 Bid for 2026 Post Conference Assembly – Presented by District 90 Solano North

**Presentation:** The proposed venue is the Ulatis Community Center in Vacaville, a familiar and well-sized facility where time constraints won't be an issue for this Assembly.

**Questions:** Q: Will there be pipe cleaners? A: Yes.

Vote by Simple Majority: <<Assembly Bid Approved >>

#### **HOUSEKEEPING MOTIONS:**

- That CNCA purchase a combination printer/scanner/copier and extended warranty for the Archives Committee at a cost not to exceed \$400.00.
  - Presented by the CNCA Archives Committee

**Presentation:** We want to purchase a Brother monochrome laser all in one printer. The printer we currently have is not working properly.

Questions: Q: Does the printer also print in color? A: Yes. // Q: How many documents are you printing? What is the general usage? A: We print quite a bit, including group history forms and archival documents that need to be scanned and reprinted. // Q: Is this expense included in your annual budget? (Finance Chair) A: It was not included in the Archives budget request last year, but funds are available and it won't impact the budget. (P73 Archives Chair) A: Because Archives hasn't purchased equipment in recent years, the Panel 73 Committee was not allowed to request funds for this in the 2025 budget. // Q: Are you printing more or scanning more? Laser cartridges are more expensive than ink. A: Our digital analyst and committee chair reviewed options and found that this laser model is more costeffective than using inkjet over time. // Q: What are the warranty details, and why not use a scanner app on a phone? A: We do a large amount of scanning as we digitize hard copy archival materials. This Brother model has a good warranty and separates toner and drum, which helps reduce costs. // Q: Do you have a current scanner? A: Yes, but it would be helpful to have a second so we can scan from two stations during workdays. //

Vote by General Consent: No objections. << Housekeeping Motion Passed>>

**OLD BUSINESS:** None

#### **NEW BUSINESS:**

 That CNCA06 create an ongoing, regularly scheduled Sharing Session on Safety and Inclusion – Presented by the District 04 (Santa Clara North) Safety Committee

*Impact of the Motion:* If this motion passes, the area will conduct a monthly sharing session on safety and inclusion. Time and place will determine cost. If the sharing session is online only, the cost will be for online meeting software and translation. If the meeting is in person, the cost will include room rental in addition to online meeting software and translation. If the motion does not pass, there will not be any safety and inclusion sharing session, and nothing will change.

**Discussion:** Group consciences: The District 04 Safety Committee determined that the room rental would be \$600 per year and interpretation about \$900 per year. // District 10 supports this unanimously. We would appreciate having a space to bring issues and hear how others handle them using the Traditions. // District 70 supports a session on safety but opposes the inclusion piece, finding it potentially controversial. // District 07 supports the proposal. Though many resources exist, more attention is needed. // District 04 overwhelmingly supports it; minority opinion feels adding "inclusion" muddles the focus on safety. // One group is mixed – some like the idea, others think the Traditions already cover inclusion and are concerned it could become a "department of complaints." // District 20 reports 3 of 6 people

support the motion. // District 03 supports this idea as a way for members in the Area to share solutions. // Our Area has a relatively new Accessibilities Committee and its purpose already includes safety. Members should bring safety concerns there rather than create something new. // Personal opinions: I'm in favor but feel there should be a balance between those seeking help and those bringing solutions. // Q: Will this be hybrid? (Motion-maker) A: It depends on room availability, but it will definitely be online. // Q: What about concerns around room availability and hybrid costs? (Area Chair) A: The motion is about having the session; logistics will be figured out later. // Q: Will there be professional resources available for triggering topics? (Motionmaker) A: District 04 has had professionals participate in safety workshops, so it's possible. // Our district wants something on safety. My personal opinion is that safety and inclusion is too big, and inclusion might better belong under Accessibilities. // Members are interested in discussing this and bringing information back to their groups and areas. // In Language of the Heart, Bill asked if A.A. could transcend barriers of race, language, culture and prejudice. I think we should create a space for these kinds of discussions. // The long-term goal is for this to be part of the Accessibilities Committee, but right now it's a new and emerging issue. General Service isn't a great guide—they've taken 14 years to work on their safety service piece, SMF-209, // <<Motion to become Old Business at the Area Committee Meeting on July 26, 2025>>

 That CNCA publish the Comments and Comentarios exclusively in a digital format. by Chase C. and Meg B

**Impact of the Motion:** If this motion passes, the area will only send *Comments* and *Comentarios* as they are today in a digital format. The printed and physically mailed version will not be available. If this motion does not pass, the area will continue to offer a physically printed and mailed version of the *Comments* and *Comentarios* costing roughly \$4 to \$6 per copy.

**Discussion:** Group consciences: District 70 is generally in favor. Minority opinion from some older members is that they might have difficulty accessing the digital *Comments* because they're not tech savvy. That said, the General Service app has printable PDFs of the *Comments* and *Comentarios* under the Area tab. Personal opinions: This makes sense from a cost-saving perspective and reflects the reality that we live in a digital world. // My district is currently doing the *Comments* and my personal opinion is that mailing is a hassle. One person can execute the digital newsletter instead of needing a whole group to assembly and mail printed copies. // Q: Was this requested because no one asked for mailed copies last month? Has that changed? (*Motion-maker*) A: No, there are still no requests for printed copies this month. // Personally, I think it's reasonable. Most people have phones and access to the General Service app. I used to get the paper copies and they just piled up. No one's requesting them, so why keep printing? // <<Motion to become Old Business at the Area Committee Meeting on July 26, 2025>>

 That CNCA 06 fund one member from the Web Committee to attend in person the 2025 National A.A. Technology Workshop not to exceed the budgeted cost of \$1200.- Presented by the CNCA Web committee *Impact of the Motion:* If this motion passes, CNCA will fund one member of the Area Web Committee to the 2025 National A.A. Technology Workshop. The budget, as stated in the motion, is up to \$1,200. If the motion does not pass, the area will not send a member from the Web Committee and there will be zero impact.

Discussion: Group consciences: District 70 wants to know if a second person is going and paying out of pocket? Should there be an alternate? What's the sobriety requirement? // (Motion-maker) A: I became Web Chair in February. I talked with the Tech Chair and brought back to my committee the idea of alternating in-person attendance between the Tech and Web committees. One of our members attended virtually last year and felt he didn't get the full impact. Personal Opinions: I objected last month because this is a new situation: two committees sending people to the same hybrid event. Everything moves so fast with hybrid and tech now. I wanted time to talk it through. // I support at the very least offering a virtual scholarship, but overall I'm in favor of this motion. I've learned the real value of these workshops is the conversations you have in the hallways, connections which are harder to make virtually. // Q: When is the workshop? (Area Chair) A: First weekend in November, in Cincinnati. << Motion to become Old Business at the Area Committee Meeting on [DATE]>>

#### **DISCUSSION TOPICS:**

Summer Assembly Topics

**Topic Suggestions:** Setting Intentions in Service // Service Sponsorship // Are We Inclusive or Are We Exclusive? // What's an Outside Issue? // How to Make a Motion // Anonymity and Recording/Photographing AA Events // Traditions and Group Problems – Past and Present // How Do We Reach the Newcomer on Zoom? // How Are We Carrying the Message with the *Plain Language Big Book*? // Standing Committees Education (e.g., Bridging the Gap) // Accessibilities 101 // AA and AI // Transparency and Communication // Local Customs and Small "t" Traditions // We Are Not Personally Punitive // Are We Carrying the Message or the Mess in General Service? // Personal Safety in 12th Step Work.

#### WHAT'S ON YOUR MIND?

**Discussion:** Tech Hospitality Suite at International will have charging stations, bookmarks, and reps from NAATW, TIAA Forum, and Code for Recovery. // Website Committee wants feedback from users at all levels – a <u>survey link</u> is in the chair's email and on flyers. // I want to make amends for a joke I made earlier that was inappropriate and may have been triggering. // District 04's Accessibility Committee's is holding a sharing session on July 20<sup>th</sup> on the topic of traumatic brain injury (TBI), dual diagnosis, and physical disabilities. Visit <u>district04cnca.org</u> for <u>flyer</u> and details. // Please avoid congregating in the lobby in the mornings – we don't pay for that space. Let's keep foot traffic moving and use the meeting rooms instead. // Correction: there is an ASL meeting in the Bay Area but it's not listed as such in the app. If your group has a specialty format, make sure it's included – the app helps

A.A. stay accessible. // On a recent 12th step call, I remembered my favorite Big Book quote that reminds me to go anywhere if I can be helpful. // Interpretation is available at every Area event, committee meeting and sharing session. Radios are provided. // I analyzed the Post-Conference attendance by district, weighted by number of groups. reaistered lf you're interested in that data. at <a href="mailto:registrar@cnca06.org">registrar@cnca06.org</a>. // Happy 15 years to Pedro! // Grapevine's The Next Frontier: Emotional Sobriety I & II collector's edition is now available, along with calendars and greeting cards. These help Grapevine and La Viña remain selfsupporting. // I really appreciated the rambunctious energy in the room today - it reminded me that joy is attractive to newcomers.

The meeting was closed at 12:20 PM by Drew B. with the Responsibility Declaration.

Respectfully submitted, Jackie Bendzinski CNCA Recording Secretary, Panel 74





## FINANCIAL REPORTS

#### California Northern Coastal Area

Budget vs. Actuals: 2025 Budget - FY25 P&L

January - May, 2025

	TOTAL	
	ACTUAL	BUDGET
Revenue		
002 Group Contributions	50,877.25	48,500.00
003 District Contributions	2,580.00	9,000.00
004 Assembly Contributions	5,417.20	4,000.00
005 Tradition 7, Area Comm.	1,386.99	1,666.65
008 Personal/Misc Contributions	1,870.07	1,250.00
010 Interest Income	1.69	1.65
Total Revenue	\$62,133.20	\$64,418.30
GROSS PROFIT	\$62,133.20	\$64,418.30
Expenditures		
020 EXPENSE		
021 Delegate Expense	5,278.73	5,275.05
050 Officer Expense	14,941.42	15,651.70
130 Committee Expenses	11,046.85	16,197.60
300 General Expenses		
310 Assembly Expenses	16,151.30	17,790.00
340 Area Committee Expenses	12,545.15	14,399.80
360 Administration and Fees	608.52	1,183.35
370 Other Conference	2,500.00	3,681.25
Total 300 General Expenses	31,804.97	37,054.40
Total 020 EXPENSE	63,071.97	74,178.75
Square Fees	223.91	
Square Uncat. Expenses	23.24	
Total Expenditures	\$63,319.12	\$74,178.75
NET OPERATING REVENUE	\$ -1,185.92	\$ -9,760.45
NET REVENUE	\$ -1,185.92	\$ -9,760.45

#### Statement of Financial Position

#### California Northern Coastal Area As of May 31, 2025

DISTRIBUTION ACCOUNT	TOTAL
Assets	
Current Assets	
Bank Accounts	
Operating Funds - Checking	20,543.28
PRAASA	
Prudent Reserve - Savings	13,851.84
Total for Bank Accounts	\$34,395.12
Accounts Receivable	
Other Current Assets	
Assembly Deposits	3,500.0
Undeposited Funds	98.0
Total for Other Current Assets	\$3,598.0
Total for Current Assets	\$37,993.1
Fixed Assets	
Other Assets	
Total for Assets	\$37,993.1
Liabilities and Equity	
Liabilities	
Current Liabilities	
Accounts Payable	
Credit Cards	
CORP Account - Business Adv - 0912	
Business Advantage Credit Card	1,513.6
Total for CORP Account - Business Adv - 0912	\$1,513.6
Total for Credit Cards	\$1,513.6
Other Current Liabilities	
Total for Current Liabilities	\$1,513.6
Long-term Liabilities	
Total for Liabilities	\$1,513.6
Equity	
Operating Funds ~ Adjusted	23,814.2
Net Income	-1,185.9
Prudent Reserve ~ Savings	13,851.1
Total for Equity	\$36,479.5

Cash Basis Wednesday, July 09, 2025 06:36 PM GMTZ

# **AREA MOTIONS**

**OPEN MOTIONS** 

#### **UPCOMING MOTIONS**

#### Summer Assembly - August 2, 2025

• To add an inventory question to page 30 of the pamphlet, "The A.A. Group", that reads:

Do our group members know where to find up to date information about A.A. on the websites and newsletters of central offices and intergroups, districts, areas, aa.org, and A.A. Grapevine? - Presented by District 12 Sonoma at the Area Committee Meeting on September 28, 2024

• That CNCA06 request that A.A. produce a public information service piece with a simple and consistent message, including QR codes, that could be used across the United States/Canada service structure. And to request that AA use the service piece

in a public information campaign. — Presented by District 01 Monterey.

#### Area Committee Meeting (ACM) – June 28, 2025

- That CNCA06 create an ongoing, regularly scheduled Sharing Session on Safety and Inclusion *Presented by the District 04 (Santa Clara North) Safety Committee*
- That CNCA publish the Comments and Comentarios exclusively in a digital format.— Presented by Chase C. and Meg B.
- That CNCA 06 fund one member from the Web Committee to attend in person the 2025 National A.A. Technology Workshop not to exceed the budgeted cost of \$1200. *Presented by the CNCA Web Committee*

# CALIFORNIA NORTHERN COASTAL AREA 06 (CNCA 06) OF ALCOHOLICS ANONYMOUS PRESENTS

# SUMMER ASSEMBLY

## **SATURDAY AUGUST 2nd 2025**

San Jose Scottish Rite

2455 Masonic Drive, San Jose, CA 95125

Zoom ID: 632 553 607 | Password: 1935

Online Workshop Sessions Zoom ID: 922 0046 7813 | Password: 1935

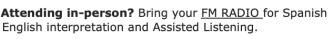
REGISTRATION 8:00 – 9:00 AM
ORIENTATION 9:00 – 9:15 AM
AREA BUSINESS MEETING 9:15 AM - 12:00 PM

LUNCH 12:00 - 1:00 PM

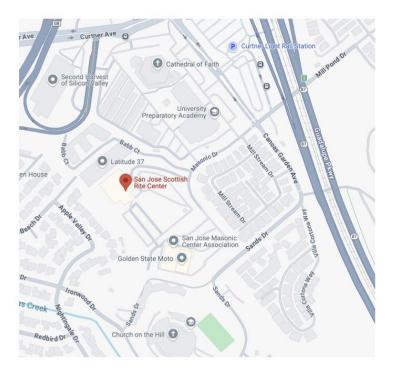
WORKSHOP SESSION I 1:00 – 2:15 PM
WORKSHOP SESSION II 2:30 – 3:45 PM
REPORT BACK 4:00 – 4:30 PM
WHAT'S ON YOUR MIND? 4:30 – 5:00 PM



**Attending online?** Spanish-English interpretation and Closed Captioning will be provided on Zoom.







#### Lodging in San Jose, CA:

SureStay Plus by Best Western San Jose Central City

2650 Monterey Rd, San Jose, CA 95111

https://www.bestwestern.com/ Front Desk: (408) 279-6600

Nightly Rate: \$120 - \$145

#### Holiday Inn Express & Suites San Jose

2660 Monterey Rd, San Jose, CA 95111 https://www.ihg.com/holidayinnexpress/

Front Desk: (408) 930-7219 Nightly Rate: \$180 - \$200

#### Signature Inn San Jose

1215 S 1st St, San Jose, CA 95110

https://www.sonesta.com/signature-inn/

Front Desk: (408) 280-5300 Nightly Rate: \$80 - \$100

## **CALENDAR - PANEL 75**

Panel 75 Calendar – CNCA 06 PANEL YEAR ONE - 2025

January 18: Area Committee Meeting (ACM) - Please Note: 3rd Saturday February

22: Area Committee Meeting (ACM)

March 7 - 9: PRAASA (Pacific Region A.A. Service Assembly)

March 22: Area Committee Meeting (ACM) **April 5 & 6:** Pre-Conference Assembly **April 26:** Area Committee Meeting (ACM)

April 27 - May 3: 75th General Service Conference

May 17: Post Conference Assembly
May 24: Area Committee Meeting (ACM)
June 28: Area Committee Meeting (ACM)
July 3 – 6: A.A. International Convention

**July 26**: Area Committee Meeting (ACM)

August 2: Summer Assembly

**August 23:** Area Committee Meeting (ACM) **September 27:** Area Committee Meeting (ACM) **October 25:** Area Committee Meeting (ACM)

**November 1**: Fall Inventory Assembly

**November 22**: Area Committee Meeting (ACM)

December 20: Area Committee Meeting (ACM) - Please Note: 3rd Saturday

#### **PANEL 75 ASSEMBLY DATES**

2025 Pre-Conference Assembly April 5 & 6, 2025 Santa Cruz Civic Auditorium 307 Church St, Santa Cruz, CA Hosted by Districts 03 & 19

2025 Post Conference Assembly May 17, 2025 Saroyan Hall 825 Brotherhood Way, San Francisco, CA Hosted by Districts 05 & 06

2025 Summer Assembly Scottish Rite San Jose 2455 Masonic Drive, San Jose August 2, 2025

2025 Fall Inventory Assembly November 1, 2025 Napa Valley Expo 575 3rd St, Napa, CA Hosted by Districts 11 & 18 2026 Pre-Conference Assembly April 11 & 12, 2026 2026 Post Conference Assembly Ulatis Community Center 1000 Ulatis Drive, Vacaville, CA 95687 Hosted by District 90 May 16, 2026

2026 Summer Assembly Aug 8, 2026

2026 Fall Election Assembly November 7, 2026

# COMMITTEES AND SHARING SESSIONS

CNCA O6 ACM, STANDING & SUB-COMMITTEES, and SHARING SESSIONS

CNCA O6 ACM - Area Committee business meeting (HYBRID) - meets at 12:30pm on the 4th Saturday of each month, except January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 632 553 607. Contact CNCA Chair Drew B. for questions/password: chair@cncaO6.org

Accessibilities committee (HYBRID) - meets at 11:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday.

Zoom meeting ID: 987 0872 2632. Contact Accessibilities Chair Enrique E. for questions/password: accessibilitieschair@cnca06.org

Archives committee (HYBRID) - meets at 10:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 987 0872 2632. Contact Archives Chair Elivia P. for questions/password: archiveschair@cnca06.org

Bridging the Gap (BTG) committee (ONLINE only) - meets at 7pm on the 4th Thursday of each month, except November it meets HYBRID at the ACM.

Zoom meeting ID: 988 7891 7593. Contact BTG Chair Lynn K. for questions/password: btgchair@cnca06.org

DCM sharing session (HYBRID) - meets at 11:00am on the 4th Saturday each month, except in January and December it meets the 3rd Saturday.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 568 947 843. Contact CNCA Chair Drew B. for questions/password: chair@cnca06.org

DCMC sharing session - Closed Meeting - DCMCs and Alternate DCMCs only. (HYBRID) - meets at 10:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom meeting ID: 568 947 843. Contact CNCA Chair Drew B. for questions/password: chair@cnca06.org

Finance committee - Closed Meeting - Finance committee members only (in-person) - meets at 11:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Contact Finance Chair Jeff D.for questions: finance@cnca06.org

Interpretation & Translation committee (ONLINE only) - meets at 7:00pm on the 4th Wednesday of each month. Zoom meeting ID: 964 6132 5139. Contact I&T Chair Luis R. for questions/password: interpret@cnca06.org

Linguistic sharing session for Spanish Speakers (in-person) - meets at 10:00am on the 4th Saturday of each month, except January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Contact CNCA Chair Drew B. for questions: <a href="mailto:chair@cnca06.org">chair@cnca06.org</a>

Literature/Grapevine/La Viña sharing session (HYBRID) - meets at 9:00am on the 4th Saturday of each month, except in January and December it meets the 3rd Saturday. Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom

meeting ID: 987 0872 2632. Contact Literature Chair Jose L. for questions/password: literature@cnca06.org

Public Information/Cooperation with the Professional Community (PI/CPC) committee (HYBRID) - meets at 9:00am on the 4th Saturday of each month, except in January and December it meets the 3rd Saturday.

Address: Petaluma Community Center, 320 N. McDowell Blvd., Petaluma, CA 94954. Zoom

meeting ID: 568 947 843. Contact PI/CPC Chair Claudia N.for

questions/password: alternatedelegate@cnca06.org

Technology committee (ONLINE only) - meets at 7:00pm on the 2nd Monday of each month. Zoom meeting ID: 961 5695 6661. Contact Tech Chair Meg B. for questions/password: techchair@cnca06.org

Website committee (ONLINE only) - meets at 5:15pm on the 3rd Thursday of each month.

Zoom Meeting ID: 843 8245 4422 Contact Web Chair Manisha G. for

questions/password: webchair@cnca06.org

## **CONTACT US**

Delegate Chitra S. Delegate@cnca06.org

Alternate Delegate Claudia N. <u>AlternateDelegate@cnca06.org</u>

Chair Drew B. Chair@cnca06.org Treasurer Dan B. Treasurer@cnca06.org

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Registrar Sarah B. Registrar@cnca06.org

Recording Secretary
Jackie B.
RecordingSecretary@cnca06.org
Literature/Grapevine/La Viña
Jose L.
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Pacific Regional Trustee Reilly K prtreillyk@gmail.com

CNCA 1390 N. McDowell Blvd Suite G - 339 Petaluma, CA 94954 www.cnca06.org

NorCal H&I Committee PO Box 192490 San Francisco, CA 94119-2490 www.handinorcal.org

**Contributions to General Service Board:** 

General Service Office PO Box 2407 James A Farley Station New York, NY 10116-2407

All other Correspondence: General Service Office -aa.org PO Box 459 Grand Central Station New York, NY 10163 212-870-3400



